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Hot stuff rules at Mr. Cerritos, chili contests

BY ALLYN MATTOX
EDITOR IN CHIEF

Students had to cool off after the Associated Students of Cerritos College celebrated Hoe Down Days with its Mr. Cerritos and Chili Cook-off contests on Wednesday.

The six contestants in the Mr. Cerritos Contest were sponsored by various clubs on campus and were judged in a variety of different areas including personality, dress, speaking skills, poise, appearance, intelligence and audience appeal.

The Cosmetology Club sponsored this year's winner, Brady Huff.

Huff, who first appeared on stage while "Born to be Wild" played, is a junior who plans to start working in October at Gallagher's Hair Salon in Downey.

Wayne Nunnery, the emcee of the event, posed a question to Huff, "If you were stopped by a female traffic cop, use your charm to get the officer not to cite you."

Huff answered, "I'd probably show her my butt."

Huff also drove the audience wild when he lip synced to "NSYNC's 'It's gonna be me.'"

Huff stripped his shirt off at the end of the song, to rounding applause.

Huff also strutted his stuff in the bathing suit competition, wearing only trunks, as he stopped to flex his muscles for the women judges.

The second place winner was David E. Rodriguez, sponsored by the Salsa Club.

Rodriguez is a sophomore and is studying child development.

Rodriguez came on stage danc-

ing salsa-style to "Conga" by Miami Sound Machine, and slid on his belly to kiss judge and homecoming queen Carolina Mojarró on the cheek.

Freshman David Williams, a business administration major, was asked by Nunnery, "If your bank made a \$1 million error that the bank would not catch for 72 hours, what would you do?"

Without hesitating, Williams replied, "I would return it. I wouldn't give it a second thought."

Williams also brought some laughs to the competition when he lip synced to the "Theme From Gilligan's Island" and when he wore a Tiphon Lagoon T-shirt in the bathing suit competition.

Philosophy Club's Louis Clark performed his lip sync competition in a toga while singing Dream A Little Dream of Me.

Other contestants included David Garcia, sponsored by the Poetry and Arts Club, and Mark Kostrikin, sponsored by the International Student Association.

The Chili Cook-off was the other hot competition taking place in the student center.

Winners of the Hottest Chile Award were Fernando Garcia and Arthur Christopher, Culinary Art Students.

The winner of the Most Unique Chili Award went to Louis Clark, who was also a candidate for Mr. Cerritos.

The winner of the Favorite Chili Award went to Culinary Arts students Valerie, Gilda, Bertha, Shawn, Jose, and Sherita.

More Hoe Down Day photos on page 5



David Rodriguez, runnerup during Mr. Cerritos contest, tries to bribe judges with flowers.

Student Senate approves health fee

BY CARMEN ALVIZURES
FEATURES EDITOR

In a meeting marked by dispute, the senate members of the Associated Students of Cerritos College approved the \$2 health fee increase on Wednesday.

Sixteen students voted in favor of the increase while two voted against.

There were no abstentions.

Nassrin Bonyadloo, member of the ASCC executive cabinet and presidential candidate, attended this meeting in order to give the executive report.

In this case, the report covered a synopsis of the cabinet's rejection of the proposal.

Director of Student Health Services Charles Gale was also present to answer any questions senators may have had about the fee recommendation.

As of now, students pay \$10 for their health fees during fall and spring semesters and \$5 during the summer session.

Once at the podium, Bonyadloo went into full detail on why the cabinet had not recommended the health fee proposal last Monday.

Noting that in fall of 1991, the health fee was \$7.50 for fall and spring semesters and \$5 for summer, Bonyadloo pointed out that the economy "has been doing fine."

"I don't see why they have to double this," she said in reference to the increase proposal.

The proposal, if implemented this summer, would equal a \$12 charge for fall and spring semesters and \$9 for summer session.

Senators also had a census review from student health services that showed a considerable growth in visits from 5,826 in 1995-6 to 9,000 in 2000-01.

According to Bonyadloo, one person can go in five times and count as five persons.

As she was talking about the census review, ASCC Vice President Tim Stavakis interjected.

"Give us a report," Stavakis told Bonyadloo. "Give us the recommendation."

"This is the reason why we do this before we vote," she responded and proceeded to talk about other colleges whose health fees are as of now at \$11 for fall and spring.

She also talked about the additional services with revenue increase page, where specific

Continued on page 2

Lynn will return to vice president role

ALLYN MATTOX
EDITOR IN CHIEF

Dr. Morgan Lynn, interim president at Cerritos College, will be returning to her prior job as vice president of academic affairs when Dr. Jane Harmon assumes the position of Cerritos College president on June 1.

Lynn filled the interim position of president after Dr. Fred Gaskin resigned last May to accept a position in Arizona.

Lynn grew up in the Chicago area and moved to California in 1974 with her husband and two small children.

Lynn quit college as a junior to get mar-

ried and start a family.

As soon as she moved, she was faced with divorce and raising two small children on her own.

Lynn returned to college at California State University, Northridge, where she earned her bachelor's and master's degrees in psychology.

One of the first classes that Lynn needed to take was a statistics class, which was a prerequisite for all of her other classes.

The only time the class was available was at 7 a.m.

Living alone and raising her children,

Lynn was faced with a childcare dilemma.

Her children were in elementary school, and she felt she needed to be home to get her children off to school.

Lynn credits a mentor and teacher of hers, Darlene Pacheco, for helping her accomplish her goals.

Pacheco felt it was so important for Lynn to continue her education, that she volunteered to come to Lynn's home two mornings a week to get her children off to school so Lynn could attend her class.

Lynn believes that many women today are hindered from furthering their education

because of childcare responsibilities.

Lynn finished her two degrees in three and one-half years.

She wrote her thesis on Sex Gender Identification and Fear of Success.

Her thesis discusses whether people feel that they have more masculine, feminine, or androgynous characteristics.

She then researched and determined that people who feel that they have masculine characteristics have the least fear of success.

Lynn has since worked in a variety of administrative jobs in community colleges.

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New president Dr. Jane Harmon (center) poses with the board of trustees.

Allyn Mattox/TM

Harmon finalizes contract as new Cerritos president

BY ALLYN MATTOX
EDITOR IN CHIEF

The Board of Trustees finalized contract negotiations with Dr. Jane Harmon on Friday in a specially called meeting to make her the new president of Cerritos College.

Cheryl Eppler, Board of Trustees' president, announced, "The board has met in closed session and come to an agreement and signed a contract with Dr. Jane Harmon to make her the new president of our college beginning June 1."

As soon as the contract was signed, Harmon, who had flown in from New York, began to assimilate into the California culture and assume her new duties as president, meeting with various departments while touring the campus on Friday.

Harmon also attended Monte Carlo Night, a Cerritos College

Foundation fundraiser, on Saturday.

At Monte Carlo Night Harmon was introduced to a variety of community supporters of the college by many of the board members and administrators that attended.

Harmon was also very pleased about making the two winning bids on silent auction items.

Harmon made the highest bid on a dinner for eight, which will be prepared by Culinary Arts' students and is hoping that she will have a home to hold the dinner at soon.

She also purchased a beauty day at a local day spa, which she feels she will need once she has settled into her new home and her new job.

"I went to the gaming tables and put out my chips," Harmon said, "and Peter Hardash, our vice president of business services, was right

at my elbow telling me I was betting too much."

Harmon joked that Hardash told her to only bet a \$5 chip, and she responded by playing a \$100 chip.

Harmon also enjoyed sunny California weather with a walk on the beach on Sunday and then dinner at a Cuban restaurant in Orange.

Although Harmon officially will be starting as the new president on June 1, she will start learning the ropes with Interim President Dr. Morgan Lynn on May 7.

As to why Harmon thinks the board selected her as the new president, she stated, "I think I have a long history of building relationships between programs, departments, divisions, colleges and communities."

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Senate okays fee increase

Continued from page 1
amounts are stated.
In this page, \$40,000 is mentioned as being proposed to upgrade computer systems in the health center, Bonyadloo thought that this upgrade was unnecessary.

"Right now we don't need that much technology, we are updated," she said.

"Sorry it's taking long," she added apologetically referring to her report.

Bonyadloo went on to remind the students that immunization programs were among the services that were started in fall 2000.

Covered by these programs, there has been an addition of a sponsored Hepatitis B immunization for students under 19.

"Our students average around age 27 so these are words on paper," she pointed out to the senators.

"We know that the students don't even know about the health center so therefore there is not that much of a demand for it," Bonyadloo said.

Stavrakis alluded to the time factor a speaker has at the podium and told Bonyadloo to "wrap it up."

"Wrapping it up," Bonyadloo responded, "on page two the mental health that they want a \$50,000 budget for, it still hasn't been accessed even though it's on budget."

Having said that, Bonyadloo reported that the executive cabinet had rejected the proposal and left the podium.

During the question and answer period, Gale stood up and gave a background on the health fee increase proposal.

"On March 5, there was a notice sent out to all of the campuses saying that we can increase that fee to \$12 and \$9," the director of the health center said.

From the list of 40 campuses that the senators were looking at, Gale clarified that all will be going through the same process as Cerritos College.

He also stressed that their fees

would increase.

"The majority will be \$12 and \$9," he said.

One of the areas that the increase would cover would be the added service provided to the students.

"As the services go up so do the fees," Gale pointed out.

Senator asked and received answer from Gale on issues such as the mental health hours, immunizations, physical exams and drop-in visits.

Bonyadloo inquired if she could ask three questions, but was cut short after the second one when Stravakis stopped her in mid sentence.

"Did you finish your answer?" Stravakis asked Gale who was answering one of Bonyadloo's questions when she raised another issue.

A short time later, Stravakis intervened again. "I won't have a debate," he said bluntly.

An unidentified senator motioned for the discussion to end so the senate could proceed to vote.

The majority voted with an aye.

At a separate interview Gale affirmed that there is a need to clarify issues.

"I want people to know that the health fee is not going to solely support mental health services," he said.

"Maybe 30-40% is going toward mental health services."

As for the decision that the executive cabinet made in rejecting the health fee proposal, Gale said that opinions are always welcomed.

"I believe everyone is entitled to their opinion. I am not directing this toward the executive cabinet, but I believe in general, in life, sometimes we make judgments on things we are not truly informed on."

"One of the best ways to remove judgments is to be informed," Gale added.

Information is something Gale has found to be essential about the health center.



Allyn Mattox/TM

Dr. Erlinda Martinez discusses Silent Auction items with Maureen May, former Re-entry Resource Specialist.

MONTE CARLO NIGHT

Fund raiser was social gala

BY ALLYN MATTOX
EDITOR-IN-CHIEF

The Cerritos College Foundation held its third annual Monte Carlo Night at the Long Beach Yacht Club on Saturday.

According to Steve Richardson, executive director of the Cerritos College Foundation, the money raised on behalf of Cerritos College students has not yet been added up.

The evening started at 6:30 p.m. with a reception for corporate sponsors of the event and was opened to the public at 7:30 p.m.

The elegant evening featured a variety of activities including a silent auction, a live auction, a magic show, dancing, caricatures and Las Vegas-style gambling tables.

The Leon Guide Orchestra performed big band hits for the crowd's listening and dancing enjoyment.

Elegantly dressed for the evening were Board of Trustee members Cheryl Epple, Bob Verdeber, Dr. Ted Edmiston, Bob Arthur, and John Moore. Dr. Jane Harmon, who has just been hired as

the new president of Cerritos College, was also present with her husband Rodger Kemp.

Dr. Morgan Lynn, interim president of Cerritos College, Peter Hardash, vice president of business services, and Dr. Erlinda Martinez, vice president of student services, were also present.

The silent auction had various items displayed for bidding, such as Dodge tickets, a gondola ride, a Pepsi vending machine, teeth-cleaning services, estate-planning services, tea at the Ritz Carlton Hotel and a dinner prepared by the Cerritos College Culinary Arts students.

The live auction items included four Club 33 passes at Disneyland, a week in a Lake Tahoe cabin, a helicopter ride with the Los Angeles Sheriff's Department, and a golf weekend in San Diego.

The gaming tables were spread inside and outside of the club, which overlooks the Naples Harbor in Long Beach.

"The evening was completely sold out and very well attended," Richardson said.

Kim Corbitt, an alumni relations specialist, worked taking photographs at the event.

"It was a wonderful venue," Corbitt said. "You could walk outside and look over the water. It was a beautiful evening."

Corbitt said that guests enjoyed the dessert bar that was supplied by the Culinary Arts students.

The dessert bar included a variety of cakes, pastries, candies, and chocolate covered strawberries that were decorated to look like tuxedos.

"People really enjoyed themselves," Corbitt said. "It was a wonderful evening."

The foundation raises money for student awards and scholarships, including the Academic Excellence program, the honors program, a book voucher program, student scholarships and a variety of other programs that need funding throughout the year.

This year tickets were priced at \$100 per couple or \$75 per individual ticket.



Adrianne Atkins/TM

HOT MUSIC -- Music instructor Gary Pritchard moved his music class outside Tuesday afternoon because the combination of good weather and an electrical Stage Three Alert left classrooms too hot.

Breast cancer walk sponsored by HPER

BY ALLYN MATTOX
EDITOR-IN-CHIEF

The Cerritos College Physical Education Department is sponsoring its first Breast Cancer Awareness Walk on March 29 at 11 a.m. in Falcon Square.

The walk is planned to celebrate survivors of breast cancer and to educate men and women about breast cancer.

There is no cost to participate in the walk, but donations are encouraged.

Checks may be made payable to the Susan G. Komen Foundation.

Special guests will include Karen Van Kirk, executive director of "Team Survivor," radio station Power 106, and representatives from the Susan G. Komen Foundation.

Prizes will be awarded to the three highest donors to the foundation.

A Spirit Award will also be presented to the division or group (fac-

ulty or staff) with the most participants.

Individuals who have been affected by breast cancer and who would like to be recognized should contact Carrie Gleckner at (562) 860-2451 ext 2876.

Participants are encouraged to pre-register in the P.E. Department before March 28.

If the event is cancelled due to rain, it will be rescheduled for April 3.

Dr. Morgan Lynn steps down

Continued from page 1

She returned to college at University of California, Los Angeles, where she earned her doctorate in education in 1995.

Her doctoral dissertation was on symbolic leadership, which illustrates how an administrator can show leadership skills by using actions instead of words and through the use of symbols.

Lynn filled the position of Cerritos College president, thinking that she may not be ready to assume all of her new responsibilities. Those feelings quickly changed.

Lynn believes that she handled

the job in a professional manner, but looks forward to returning to her job as vice president of academic affairs.

She also believes that in the future she has a responsibility to look for a job as a college president.

Bob Chester, faculty senate president, said, "Morgan Lynn was very successful as our interim president, because she is a strong advocate for instructional programs and for students."

"She is approachable, reasonable, fair and very smart."

"That is an excellent combination, and we really enjoyed having

her as interim president."

Next on Lynn's agenda is a two-week trip to Italy, which she will be taking at the end of May.

Lynn promised herself the trip as a graduation gift when she earned her doctoral degree in 1995.

Since that time, one of her daughters married and the other graduated from college.

Lynn's daughters are grown and on their own now.

Lynn is ready for her vacation and ready to help Harmon in her new position as the newly selected president of Cerritos College.

Clothesline wants your old t-shirts

The Feminist Majority is going to present the Clothesline Project on March 22 from 11 a.m. to 1 p.m. in Falcon Square.

The purpose of the event is to educate people about domestic violence by asking victims to write statements on the T-shirts.

Participants are asked to convey messages of hope and understanding for all kinds of abuse. The shirts will be displayed on campus.

The Project is asking all instructors at Cerritos College to please donate any color T-shirt that is no longer being used.

Please leave the donated T-shirts in a box in the Social Science building, downstairs in the secretary's office.

Questions or comments may be directed to Karen Pinaud at quepasakaren@yahoo.com.

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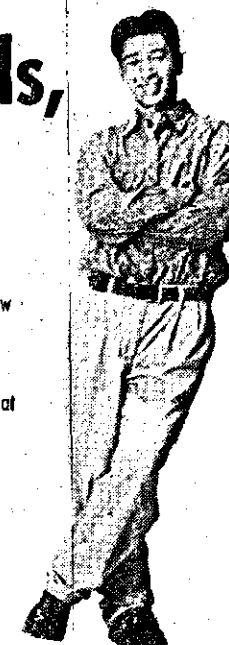
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Harmon signs as president

Continued from page 1

"I think that is one of the things this college was looking for, someone that could continue to build really strong relationships."

Harmon said that she has worked with a variety of high-risk students to help them be successful in college.

"I plan on meeting with student government on a regular basis any way I can connect," Harmon said.

At Harmon's prior campus, Adirondack Community College in New York, tuition was \$2100 for 12 units per semester.

Harmon felt that the tuition was high due to dropping enrollment and lack of community support for the college.

She looks forward to working at a campus where the enrollment is growing and the community is supportive of the college.

She feels the success of Cerritos College is because people pay attention to student success and listen to what students need.

Harmon was impressed with the Transfer Center, which helps students transfer to four-year colleges and universities.

Harmon also praised the Innovation Center that addresses faculty and staff development issues, which she feels are critical when technology is changing the way everyone is doing his or her job.

Harmon spoke highly of the Board of Trustee members.

"They love this college," Harmon said. "They really support the people."

"They make it very clear that they want the stability and excitement that is at this institution to continue and that is something I am really committed to."

Regarding reaching out to faculty and support staff on campus, Harmon feels that she has already started.

She has been in close contact with Bob Chester, faculty senate president, throughout the selection process and since she has been on campus.

She looks forward to meeting more support staff members, whom she believes are an important group of people on campus.

Harmon also stated, "I like to walk around and talk with people on campus. I am going to try to see everyone on a regular basis."

"I do believe in an open-door policy," Harmon continues, "but I want to hear about the good things that are happening here, too."

"I need to champion those things. I need to hear about them from the people involved with them."

Harmon will be here for the graduation ceremony, although Lynn will still be serving as the interim president at commencement.

Harmon looks forward to selling her New York home and purchasing one close to the Cerritos College campus.

"My husband and I are risk-takers and adventurers," Harmon stated, "and this is just another adventure for us."



Mary Lou Reyes (white coat) and Lucy Chramcow (standing) of the Student Health Center listen in as Gina Rangel and Meg Tijerina of the American Red Cross discuss the upcoming Health Fair and Blood Drive.

Upcoming event gets healthy promo

ARMANDO BROWN
ONLINE EDITOR

Representatives of the Student Health Center and the American Red Cross were out promoting their upcoming Health Fair and Blood Drive during Hoe Down Day festivities last week.

While students were inside the Student Center eating free fried chicken and listening to a live country music band, Health Center and Red Cross reps were outside the Student Center handing out information about the fair, and signing students up for the blood drive.

This semester's health fair will be held March 29, from 11 a.m. - 3 p.m. at the Falcon square. Along the north walkway, the Health Center, as well as approximately 45 companies from around the area will have tables set up.

At the tables the Health Center will be offering various tests, such as:

- Blood pressure screenings, which can alert people if they have high blood pressure.
- Glucose screenings, which can alert people if they are pre diabetic or already diabetic and not know it. Those who are already diabetic can stop by and have them selves checked out.
- Dental checkups, and free toothbrushes to go with them.
- HIV testing in the HIV truck.

Radio station Power 106 will be on hand playing music, and there will be giveaways and a raffle every hour.

According to Student Health Services Program Assistant Lucy Chramcow, the Health Fair is a way to educate people about what sort of programs and services are available at the Center.

It also promotes what Health Services Director Charles E. Gale calls "prevention."

He says the screenings they offer can possibly prevent illness or disease by making people aware of any that might be developing while it is still early.

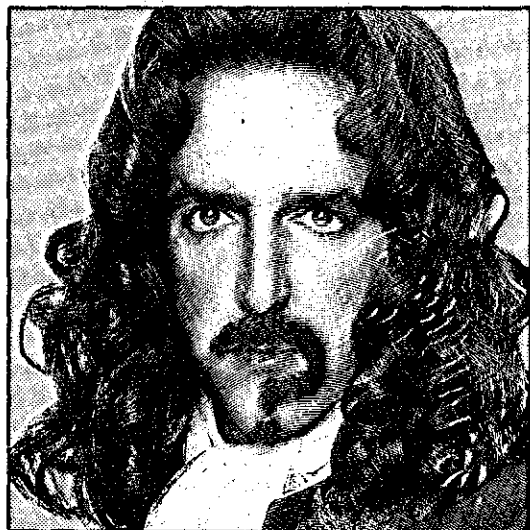
The American Red Cross will be holding a blood drive during the fair, and will be located in the Student Activities Conference Room (next to the book store) from 10 a.m. - 4 p.m.

Students interested in donating blood can sign up at the health center between now and March 29, or they can simply walk in on the day of the blood drive.

This Friday the American Red Cross will be having an Adult CPR certification class in the Student Center from 1:30 p.m. - 5:30 p.m.

March 30, they will have a Basic First Aid class also from 1:30 p.m. - 5:30 p.m.

Both classes are free, and they are open to students, staff and faculty.



The Question Marquis

Ask the Question Marquis is a sporadically produced advice column, because proper loving takes time. It is to be read with a silly French accent. The views of the Question Marquis are his alone and are in no way to be construed as representative of his sponsor, Questia, you American pigs.

Ask the Question Marquis

Q: Dear Question Marquis: My girlfriend seems distant lately. And I can't get her to take off her sunglasses. I wonder if she's seeing someone else. What should I say to her? - Paul in Dallas

A: Ah, mon ami. I think I can help you with this. Your female is probably feeling that you spend more time with the library than with her delicate, sensuous frame. (I am making the assumptions about her, but for your sake, I hope that I am right, you know?) But you are having many of the research papers, correct? So you have two options to send you on the path toward a satisfactory loving scenario.

Option 1. When you are writing the research papers, you can save time by going to questia.com. Listen, this is brand new. You can skip all of the tedious working, because the full text of the books and journal articles is all online. Search for the keywords, highlight the text. Also, you are not going to believe this, but if you want to quote something, you just click a button and Questia puts it in your paper, footnotes it, and formats the bibliography automatically. And right now you can get two days of Questia free. So try it. When your girlfriend sees how much better your papers become and how much more time you have for her, she will be looking at you with her naked eyes that seem to say, "Hollo. I like you. Much, much more than I like pâté de fois gras," or whatever it is these girls like now.*

Option 2. You can challenge her to a duel.

Also, what are sunglasses?

"It is the joke of an imbecile who longs to have my knowledge and looks. Challenge the pig to a duel."

Q: Dear Question Marquis: My friend sent me this photo. I don't get it. Is it a joke, or is it some deeper commentary on the effect of technology on culture? - Cosmo in Grand Rapids

A: It is the joke of an imbecile who longs to have my knowledge and looks. Challenge the pig to a duel.

Q: Dear Question Marquis: How come you know about computers and dot.coms, but you've never heard of sunglasses? - Michelle in Boston

A: Oh, sunglasses. Of course I know sunglasses. I thought you said "St. Molasses." I am not familiar with that one. The patron saint of sorghum? What?

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Health: The 10 risky things women do

BY CARMEN ALVIZURES
FEATURE EDITOR

As part of Women's History Month, Clinical Nursing Instructor Esther Robinson led a seminar entitled "Ten Risky Things Women Do To Mess Up Their Health" on Thursday.

Although in one hour Robinson could not cover all of the 10 items thoroughly and in detail, she covered eight during the seminar.

The idea behind the list of the 10 risky things is that of Robinson's, and according to her, her list has an order, a personal one.

"These (items) are not necessarily in order by scientific standards," Robinson clarified at the beginning of the seminar.

"I put them in this list the way I see it as a woman, personally, and as a nurse."

"I hope I can help you," she told the audience during her introduction.

"If you are doing anything that is not healthy at this point, hopefully some of the information you hear today will help you change that."

BREAST SELF-EXAMINATIONS

"The first thing that women do to mess up their health is that they don't take care of their boobies," she began.

The room exploded into laughter.

"It sounds funny, but it's the truth right? They're probably the two closest friends that you have in the world, but you ignore them."

"While your regular friends that are fellow human beings may not necessarily be able to kill you, these friends can kill you."

"If you are a woman, your chances of getting breast cancer increases as you get older."

In some cultures, Robinson told the audience, women are taught that touching their bodies is sinful. In terms of self-examinations, culture can play a role on whether a woman will perform a self-exam or not.

"Being black," she said, "I can attest to that. As part of the culture, you don't touch yourself."

Looking around, Robinson noted that there was a range of age groups present, but she emphasized that all women are at risk.

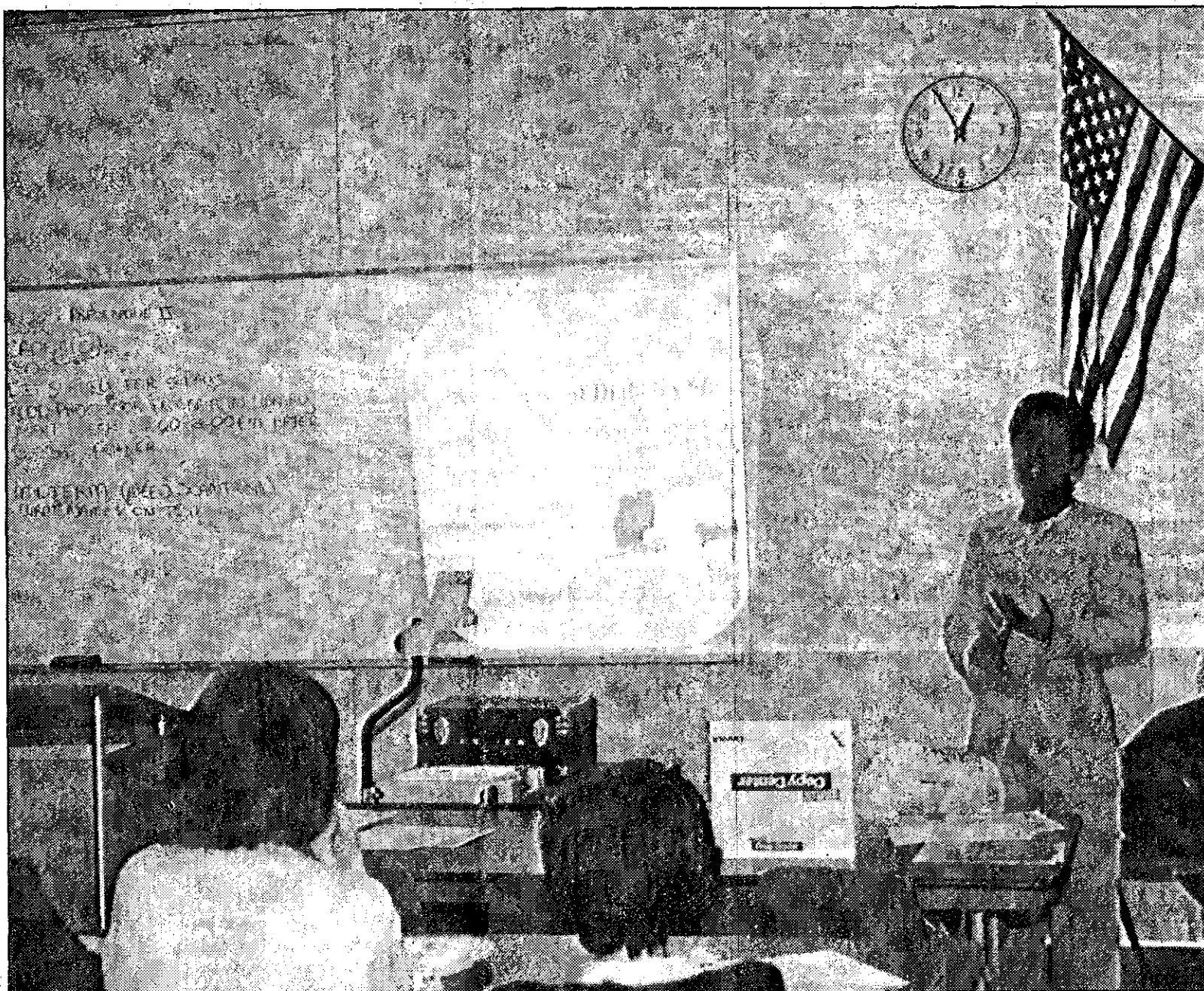
"As long as you have these two," Robinson said pointing to her chest, "you are at risk of developing breast cancer."

PAP TESTS

"If you are a woman, especially if you are sexually active, you should be getting regular, yearly pap smears," Robinson said.

Pap tests can probably be the most sensitive medical technique, but they are necessary to detect cervical cancer at the earliest stages.

According to the overheads shown during the presentation, about 12,900 new cases of invasive cervical cancer will be diagnosed in 2001.



Esther Robinson uses a projector while she talks about the behaviors that get women in trouble when it comes to their health.

Armando Brown/TM

About 4,400 women will die of the disease this year.

Robinson shared with the audience an idea to not forget pap tests; one can schedule an appointment on one's birthday.

"By doing that," she said referring to the birthday appointment, "you are giving yourself more opportunities of having more birthdays in the future."

SMOKING

Robinson referred to a 2000 study from the National Institutes of Health during this part of the seminar.

In this study, it was found that about 1,500 girls begin smoking each day.

This study also found that more than 140,000 women die prematurely from tobacco-related illnesses each year.

One of the reasons why this happens is that women are more susceptible to the addictive properties of nicotine.

Women who smoke are 20-70% more likely to develop lung cancer than men.

Cholesterol wise, smoking has also been shown to lower HDL ("good") cholesterol levels.

However, cigarette and tobacco

use is one of the six major risk factors of heart disease that one can change, treat or modify.

DIABETES

Diabetes affects more women

than what the general consensus maintains.

"Women are not aware of their diabetic status," Robinson said pointing to the overhead.

"They don't know if they are diabetic or at risk."

In 1997, about 10.2 Americans were diagnosed with diabetes.

About 5.6 million of those cases were those of women.

In that same year, about 63,000 people died from diabetes and about 55% were women.

BLOOD PRESSURE

Some women, even if they go to a doctor's office, are not aware of their blood pressure level.

"Every time you go to the doctor's office," Robinson reminded the audience, "and someone checks your blood pressure, you should ask that person what it was so you can keep track of it every time."

At home, you can go to your local health departments, you can monitor it that way."

The seriousness of knowing blood pressure levels is in the numbers.

"Nearly 50 million Americans have high blood pressure," Robinson stated.

"Older women are particularly likely to develop high blood pressure."

"I see a lot of young faces and you are going to say 'I don't have it,'" Robinson said, "but if you have a family history of cardiovascular diseases you are at risk for it."

Ten risky things women do to mess up their health:

1. Women do not do self-examinations on their breasts on a monthly basis.
2. Women do not schedule yearly pap tests.
3. Some women's alcohol consumption exceeds the one glass of wine per day rule.
4. Some women smoke.
5. Women do not keep track of their weight.
6. Women do not partake in physical activities that can benefit their health.
7. Women are not aware of their blood pressure level and do not keep track of it.
8. Women are not aware of their diabetic level, they do not know if they are diabetic or at risk.
9. Women are unaware of their cholesterol level and may not know the difference between "good" cholesterol and "bad" cholesterol.
10. Women do not have health insurance or if they have insurance, they do not take advantage of it.

Adapted from Esther Robinson's seminar on "Ten risky things women do to mess up their health." Each woman's case is different and these behaviors may not apply to all women.



Juliette Minces talks about issues affecting women in Islam.

Armando Brown/TM

Islam: A woman is half a man

BY CARMEN ALVIZURES
FEATURE EDITOR

Juliette Minces, a writer and sociologist specialist, presented a lecture on women in Islam last Wednesday.

According to Minces, women are an important topic in Muslim countries.

"Islam," she said, "introduced rules in countries where there were no strong rules."

Making use of her hands, Minces said, "Islam spread rapidly."

"It entered different societies with a very supple predication."

There were different types of marriages and polygamy made its presence known.

She offered an analogy.

"Women were like cattle," Minces told the audience.

Women could be kidnapped, sold or left without proper compensation at any time.

"You can imagine the pressures on a girl," she said. In these societies, Minces continued, "marriage is a contract between two groups or families."

Usually, the marriages have a motive. For example, a land dispute or a fight between families can be avoided or mended with a marriage between families.

A remark that got the audience's attention was that

of a woman being half a man.

"A woman is always half a man," Minces explained. "A man witness equals two women witnesses."

A woman is fragile, unable to take care of herself, has a sexual appetite, and lies.

The exception to the rule would be that of the mothers and sisters who are trustworthy. The wife, however, is not.

Sabika Mithani, an Islamic student who attended the lecture did not agree with the way Mince presented the lecture.

"I think she wasn't as neutral, she leaned toward the negative perspective such as when she made the cracks about a man having four women and treating them equally and the front rows were laughing."

The first year student felt that the portrayal of Islamic women was not impartial.

"I just feel that she portrayed a negative image rather than a neutral image."

"I found it to be one sided," Mithani said.

Engineering student Dario Lara thought the lecture was informative, but he also found it to be incomplete.

"I think that she is not really making a point because she is just giving us what is happening, but she is not giving us a solution."

EVENT

Health Fair
Tuesday, March 27
10 a.m. to 3 p.m.
Student Center

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FEATURE

March 21, 2001

TALON MARKS

Page 5

Hoe Down Days



BOOTH DAY – Warm, sunny days are here again. Great day to pick up an ice cone and cool off from the heat.

John Kitano/TM

Nancy Ballard/TM
MR. CERRITOS – Louis Clark, Philosophy Club

Music, food, fun, free – YAHOOO!

ARMANDO BROWN
ONLINE EDITOR

The Western Luncheon and concert in the Student Center was the place to be as Cerritos College's Hoe Down Days wrapped up last Thursday.

Free food was being given away, and people came out of the woodwork to get some.

If there was someone you had not seen in awhile, you probably could have seen that person at the luncheon.

The Student Center was transformed into an indoor picnic as groups of friends sat around the big tables, while others who did not know one another sat at tables together and quickly became friends.

The mood was just too festive to not feel like you knew everyone

there.

And an overflow crowd spilled outside, where the same good time was being had.

Surprisingly, the whole thing went off like clockwork.

There was very little waiting in line as the A.S.C.C. staff kept it moving in an orderly fashion.

And the culinary arts students loaded the plates up with food faster than a jackrabbit running from a fox.

The western lunch consisted of fried chicken, baked beans, corn on the cob, a roll and a coke.

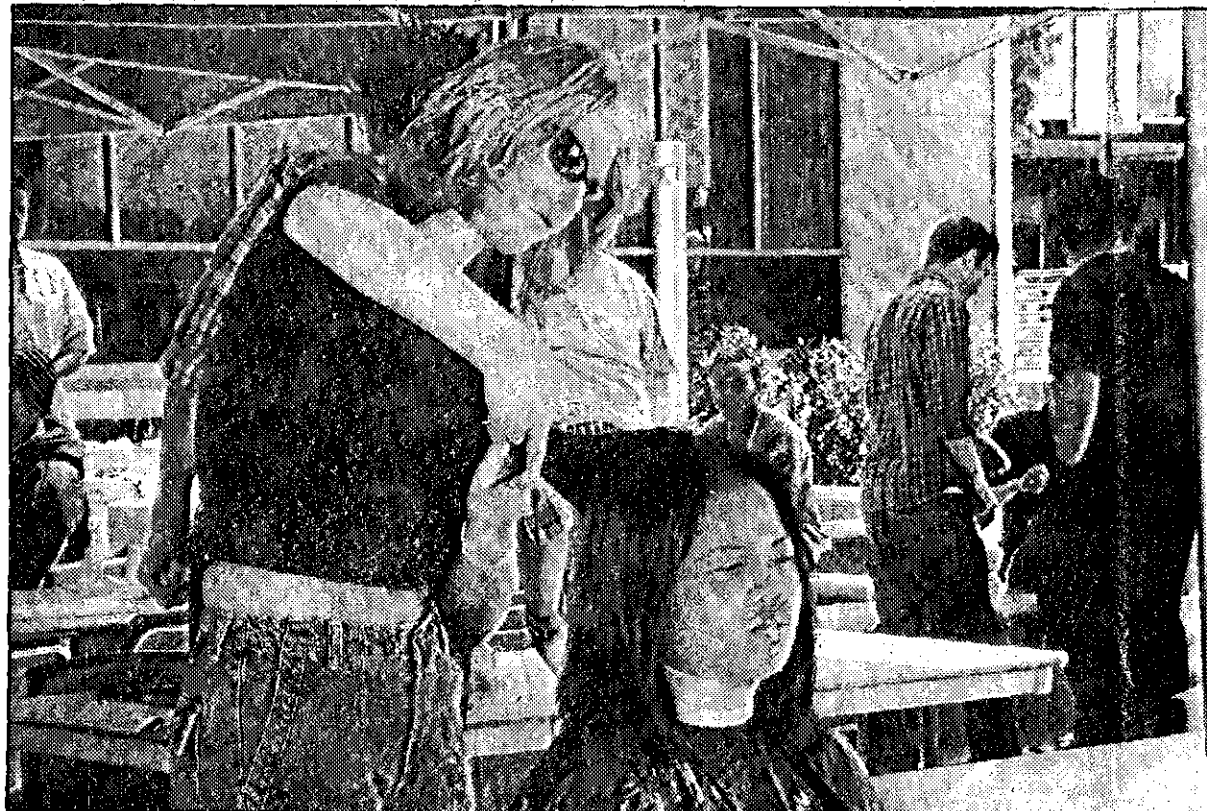
And in keeping with the theme, a country western band played on the stage.

FREE FOOD, FREE ENTERTAINMENT, AND A GOOD TIME WAS HAD BY ALL.



Armando Brown/TM

TWO STEPPING – The Jim Gibson Band was on hand to satisfy our desire for a western beat.

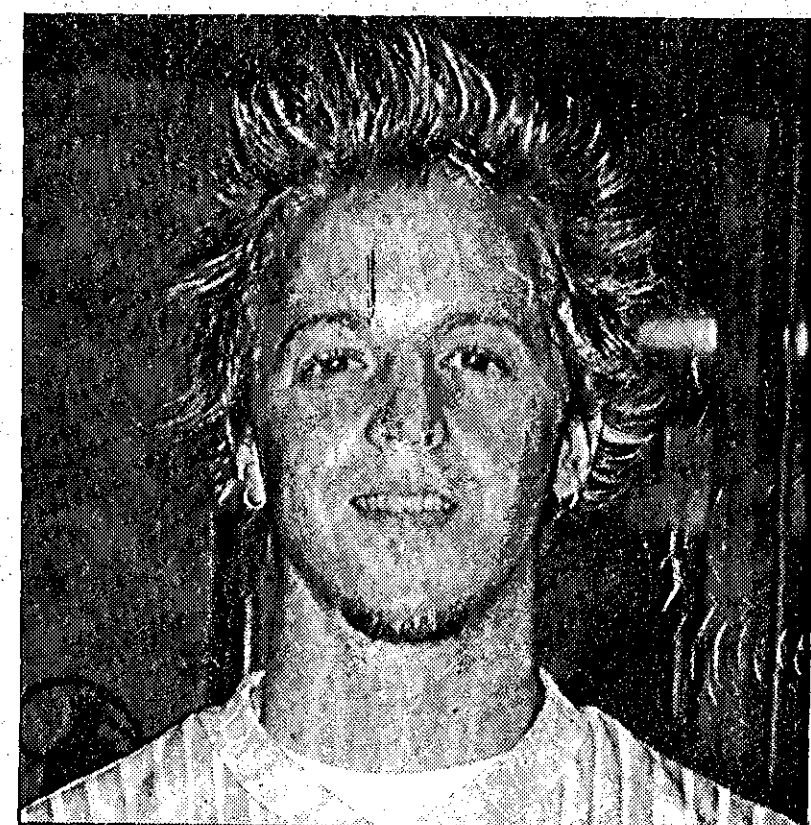


LEFT – Sun therapy starts with a new do. Cosmetology Club is there to accomplish the mission at an affordable price.

John Kitano/TM

RIGHT – The winner of the Mr. Cerritos Contest Brady Huff sponsored by the Cosmetology Club.

Adrianne Adkins/TM



Room Service delivers two thumbs up

BY K.C. CARTER
A&E EDITOR

"Room Service" definitely delivers, audiences gave room service a standing ovation, and two thumbs up, way up.

This is latest play put on by Theatre Department here at Cerritos College it has become a great success with audiences.

Robin Huber, who has directed at least a dozen plays here at Cerritos College, was excited to get this play going.

After a two-year absence from directing, Hueber has definitely come back and should be very pleased with the success of the play.

Performances took place last Thursday, Friday, Saturday, and Sunday. Each of one of these were sold out performances.

Since the beginning of the semester the cast of "Room Service" has been hard at work on the production of this play.

As the opening of the play approached, the cast was disheartened when Lori McCartney, a student here at Cerritos College, had to withdraw from her role in the play.

However the cast of "Room Service" was able to find a replacement for McCartney, move on, and deliver a great play.

BACKGROUND

"Room Service," is a farce about a producer and director and the lengths they will go to just to get their production on the stage, while trying to make a quick dollar. In order to make that quick dollar, they must hurry to get the play off and running in order to pay their debt at the hotel.

The performance begins in the year 1937 and is set in Room 920 at the "White Way Hotel" in Times Square.

ACTORS

The leading male roles of the play were Gordon Miller, who was played by Tony Paniagua, and Harry Binon played Christopher Alvarado.

In a past interview Alvarado said, "This is what I want to do."

"When I step on stage, it's like I become someone else."

"You have no idea what it's like, unless you do it."

On stage, Alvarado and Paniagua truly took the play seriously. Their portrayal of two hoodwinks was absolutely hysterical, and the two actors complemented each other very well.

They both showed great strength and determination. Various actors played the supporting male roles.

Nick Laris plays Leo Davis, the author of the play that the director and producer want to put on to the

stage.

Jon Butcher plays Gregory Wagner, the hotel manager, and Dave Wrathall plays Faker Englund, the bubble-headed friend of the producer and director.

Three cheers for Wrathall for his portrayal of the likeable dumb-witted character Faker Englund.

With a very minor supporting part in the play, Wrathall definitely stole the show.

He showed excellent comedy skills, such as those possessed by such actors as John Goodman, John Lithgow and Steve Martin.

If he keeps up with his excellent acting skills, he most likely will be hitting the big time very soon.

Nick Laris said this in a recent interview, "It's a great stress reliever, acting. Once you're out there, we just focus because that is important."

Laris was definitely focused.

Our hats go off to him for his performance as the young, good-hearted, naive playwright.

ACTRESSES

As for the actresses in "Room Service," Kat Johnson played the lead role of Christine Marlowe.

She is also a student here at Cerritos College.

Johnson is no stranger to acting. When she was younger, she was a regular on Nickelodeon's show "All That."

Johnson not only delivers a terrific performance as a sassy actress, but also as the girlfriend of the hoodwinker Paniagua, played by Gordon Miller.

The supporting actresses' roles were Jennifer Tullmuck, who plays Simone Jenkins, the backer for the play, and Yezmin Bernal, who plays Hilda Manney, the hotel assistant manager.

Previously Bernal has said that she was just doing the play for fun and that she hoped that audiences would enjoy the performance.

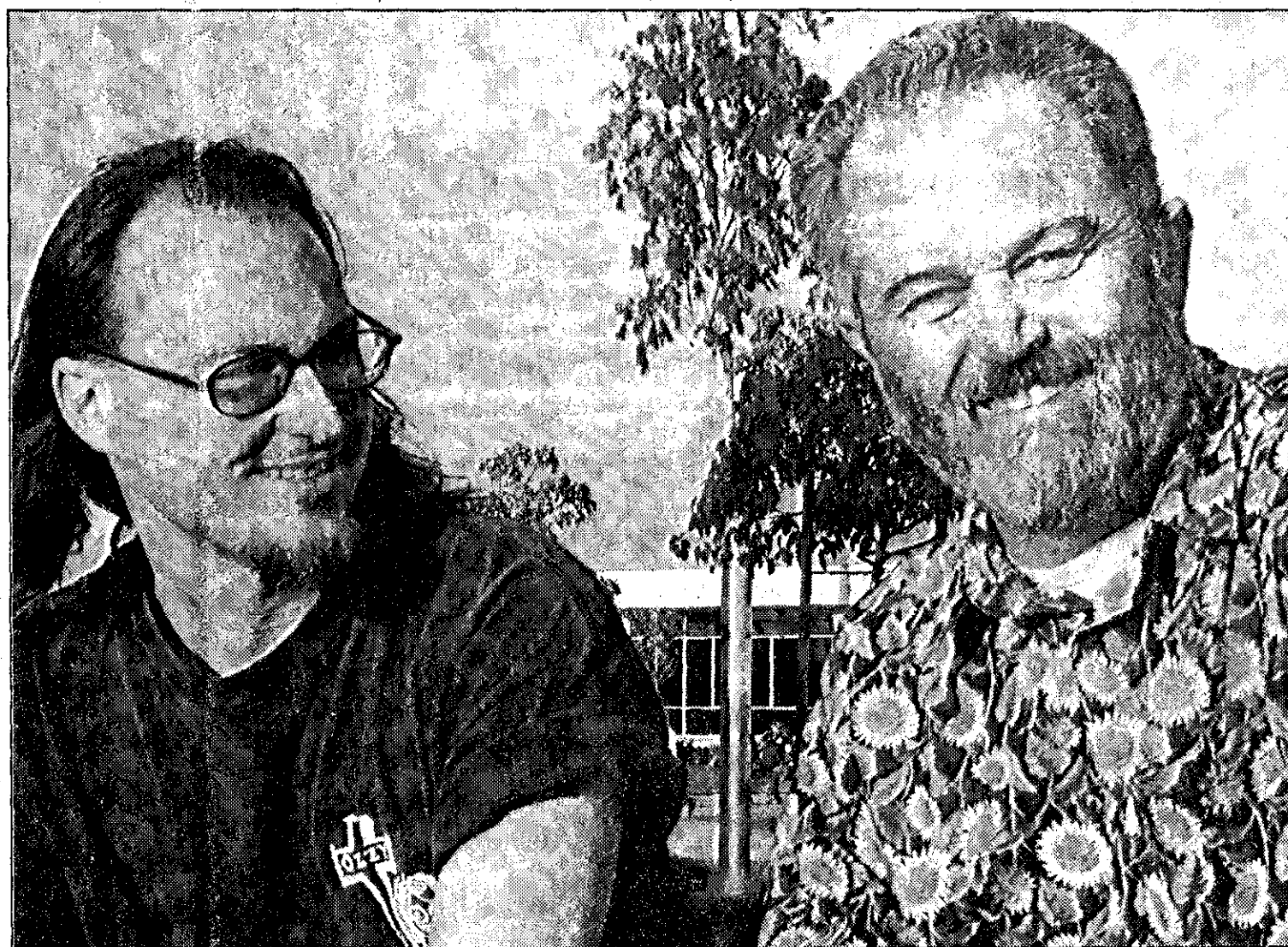
If this statement was true, both of these actresses definitely enjoyed themselves on stage, as well as entertaining the audience.

Bernal gave an outstanding performance as the likeable, optimistic assistant manager of the hotel.

When Tullmuck took the stage and opened her mouth, one could tell that a lot of work went into bringing this character to life.

DIRECTOR

Though Huber took a break from directing, the success of "Room Service," has proven that he has not lost his touch of bringing a play to the stage. Since all of the actors and actresses were tremendously good, one may say that Hueber has definitely, without a shadow of a doubt, directed a great play.



Irma Perez/TM

ART N' ROLL - Gene Kirkland and Mike Coppenger just shooting the breeze outside on Cerritos Campus

Kirkland featured photographer

BY FABIAN DUARTE
TALON MARKS STAFF WRITER

The Cerritos College Art Gallery will have the work of photographer Gene Kirkland as well as students and faculty of Cerritos College.

Kirkland is a nationally known photographer and was once the apprentice of Photography Department Chairman Mike Coppenger here at Cerritos College.

The Art Gallery will have a special reception this Wednesday in order to celebrate the opening of this new exhibit. The reception will begin at 6 p.m. and end at 8 p.m.

As for the special reception, refreshments will be served and promptness is encouraged.

The Art Gallery will be showcasing his artwork as well as Cerritos College students on Wednesday until April 5.

Rock n' roll photography has been the key to Kirkland's success. With muses like Black Sabbath founder Ozzy Osbourne and the rock band Aerosmith, it is no wonder why Kirkland has achieved notoriety in his field.

The exhibit was once again put together by Geoffrey Allen. Allen who has put together in the last few months certain art exhibits like "Skin Deep" and "Meet You at Colinga," he is also the Art Gallery director here at Cerritos College.

Allen had this to say, "The Art Gallery is fortunate to feature an artist who is popular

among celebrities, plus it's also a good way to showcase his talent as a photographer."

Photography has many forms of expression. Not to mention, many aspects of life, such as natural settings, celebrity portrait and sport actions, the mentioned expressions will certainly be shown in the artwork of the faculty and students of Cerritos College.

The Art Gallery is located in the Arts and Crafts building, Room 50 next to the Ceramics lab. For more information you can, contact the Art Gallery by calling (562) 860-2451 ext. 2612 or you can browse The Art Gallery website at www.cerritos.edu/gallery.

Auditions for 1940 take place

BY SERGIO RAMIREZ
STAFF WRITER

Auditions for the new drama department production, "1940's Radio" were held at the Burnight Center Theatre on Monday and Tuesday.

Beginning at 8 p.m., show business hopefuls began lining up inside, waiting for their turn to be seen and heard by the casting director.

For some, it was simply a chance to have some fun and test their show business aptitude. For others it was an opportunity to get experience for possible future Hollywood careers.

Actress Claudia Aicardi, for one, has future aspirations that she thinks she can test in this production.

"I want to act for a living, and

you can't be picky over what role you get offered," she said.

"Because of my height, I usually get offered the role of either the tough girl or the ditzy, but I can't complain."

Aicardi is approximately 5' 10". Another show business hopeful is Brenda Banda.

She wants to do musical theater and has auditioned for a Pasadena playhouse production of "West Side Story."

"I'm hoping to do films too, eventually," Banda said.

Other people who auditioned, however, simply tried out to have a good time.

The two-part audition consisted of singing, where the actors were seen individually by the casting director, and a dance recital, where the actors showed what they could

do in groups of three at a time.

The dance got more difficult and complex as the evening went on.

"I'm not usually a dancer!" confessed Banda, after one particularly strenuous set.

While some obviously had little dance experience, that did nothing to dampen their enthusiasm or even their will to try.

"You have to love what you do, and this is what I love. I'm going to take this as far as I can," said Aicardi.

A few minutes later she was called in to be seen by the casting director, which is just another step on the long show business road.

CONCERTS

March 21

Naked Eye

Student Center-6pm

Free Admission

March 23

Susie Hansen Latin Band

Student Center-7:30 p.m.

Adults \$10 Students/Seniors \$5

March 24

SAT Scholarship

Burnight Theater-12 p.m.

Admission

Frankenstein offers beauty and cash

BY CLAUDIA VALDEZ
STAFF WRITER

Actress Tiffani Thiessen is sponsoring an essay contest in recognition of Mary Shelly and her novel, Frankenstein.

Roger Ernest, English Instructor says, "This is to get students excited about writing and seeing how students can really apply the skills that they learn in their English composition and English literature classes."

The Liberal Arts English Department will award up to three prizes totaling \$500 for the best

essays that argue the influences of Shelley.

"We were lucky enough to have Tiffani Thiessen support the efforts of students in areas of scholarship and give us a \$500 budget for this first Frankenstein literary essay contest and we are very excited," Ernest added.

Pre-law student, Chris Larkins, who will be participating in the contest said, "I like to write and I've always been kind of curious to see how my writing will stand up against somebody else's."

"Thiessen thought it was a great opportunity to have students really see that the Hollywood versions of Frankenstein are really only as result of Mary Shelly who wrote Frankenstein," Ernest said.

Students who are interested in participating in the contest may pick up entry forms in the Liberal Arts office and submit them by Apr. 6.

Thiessen will be presenting the checks on Apr. 23 in the Teleconference room at 10 a.m.



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WOMEN'S TENNIS

Cerritos rolls over L.A. City

BY ARMANDO BROWN
STAFF WRITER

Dora Prado and Charese Arrogante, the No. 1 and No. 2 tennis players on Cerritos' women's team, did not compete in singles action against L.A. City Thursday, but the Falcons were still able to defeat their opponent, 9-0.

L.A. City has a new and fairly inexperienced program, so Falcons' coach Terri Button gave her top two players a rest, and moved her No. 7 and No. 8 players — who do not see a lot of action — into the lineup.

To do this, Button moved everybody else up two places, which put Jennifer Herzog (No. 7) and Kowani Collins (No. 8), in the No. 5 and No. 6 spots respectively.

No problem. Mayra Mariscal, who moved up to No. 1 from No. 3, easily defeated L.A. City's No. 1, Ana Jun 6-0, 6-0. Jeannette Manzo, playing at No. 2 from her usual No. 4 spot, downed L.A. City's Candice Walker 6-0, 6-1.

Lara Yturriaga, who moved up two spots to No. 3,

convincingly beat Leslie Lima 6-0, 6-0.

At No. 4, Jessica Colocho had the toughest match of the day. However, she still knocked off L.A. City's Iris Vansciver 7-5, 6-3.

Herzog had an easy time with Divina Leone, winning her match 6-0, 6-0.

And Collins beat Diana Inigo 6-0, 6-2.

DOUBLES

Although they did not compete in singles, Prado and Arrogante played in doubles, and annihilated Jun and Walker 8-0.

At the No. 2 spot, Coach Button decided to rest Mariscal and Manzo, and moved Yturriaga and Colocho into it. They then proceeded to whip Vansciver and Leone 8-0.

At the No. 3 doubles spot Button played Collins and No. 9 player Jasmine Liao. They were able to defeat L.A. City's No. 3 team, 8-2.

The Falcons had already beaten the Cubs earlier in the season by the same score of 9-0.

However, Yturriaga said that LACC "has

improved from the last time we played them, (and that) this was a tougher match."

Apparently the Cubs have acquired a new player (Vansciver) since the last meeting between the two teams. And she was the player who gave the Falcons the most trouble in the No. 4 singles match.

Why the resting of the players?

Besides giving the reserves playing time, Coach Button was trying to rest them for what she considers a "big week [this] week."

Cerritos traveled to Marymount on Tuesday, and hosts Pasadena Thursday.

According to Button, they are both tough teams.

On March 29, the Falcons will host a double header against L.A. Southwest. They will be playing their regularly scheduled match, and they will be making up a match that was rained out on Feb. 27.

Button said it's the first time she has ever been involved in a tennis double header.

She plans on juggling the lineup similarly to the way she did in this latest match so as not to wear her players out.



SERVICE - Jessica Colocho (right) gets set as Lara Yturriaga serves during the doubles match against L.A. City.



SAFE AT HOME - Monique Palacios of Long Beach scores in the top of the third inning as the ball gets away from Cerritos catcher Jennifer Dorado (25). Becky Schueller (17) also scored on the play, a single by Denise Perez.

Softball team gets ripped again

BY DAVID AMEZCUA
STAFF WRITER

The Cerritos College softball team has a 2-18 record after losing 18-0 to Long Beach City College Friday at Nancy Kelly Field.

In the top of the first inning, Long Beach (19-2) scored seven runs.

Tara Drinkwater of the Vikings drove in Jill Calhoun on a bunt to make the score 1-0.

Becky Schueller then drove in Drinkwater and Monaye Bernal on a single to make the score 3-0. Tracy Barrientos drove in Schueller and Monique Palacios to make the score 5-0.

Barrientos scored on a bad throw to first base to make the score 6-0.

Sha Oliver drove in Elida Gil De Montes to make the score 7-0.

In the top of the second inning Palacios drove in Oliver to make the score 8-0.

Schueller scored on a wild pitch, and Palacios scored on a walk to make the score 10-0.

Calhoun singled in Barrientos to make the score 11-0.

In the top of the third inning,

Denise Perez singled in Schueller and Palacios to make the score 13-0.

Calhoun then drove in two more runs, driving in Perez and Barrientos.

Calhoun scored on a single by Bernal to make the score, 16-0.

The Vikings increased their lead with two more runs in the fourth inning.

Palacios scored on a wild pitch, then Calhoun singled in Barrientos.

Viking Coach Shellie McCall said her team played good defense. "We went out and played our game."

The Vikings are first in the conference with a 6-0 record.

NOTES

El Camino's Delicia Mendoza shut out the Falcons for the second time in a week, allowing no hits as the Warriors won, 12-0.

El Camino scored nine runs in the fourth inning, when the game was called by the mercy rule.

In their last four games, the Falcons have scored no runs while giving up 45.

BASEBALL

Pitchers throw shutout

BY DAVID AMEZCUA
STAFF WRITER

The Falcons' Erick Morales pitched eight scoreless innings, recording four strikeouts and allowing just five hits in shutting out East Los Angeles College, 7-0 Saturday at Kincaid Field.

Cerritos is now 11-8 for the season, 6-2 in the South Coast Conference.

Morales, who now has a 5-0 record with three complete games, said that the offense, defense and pitching all came through.

"Our pitching took advantage of our good defense."

Bryan Baker drove in Joseph Ammirato on a ground out to make the score 1-0 in the bottom of the first inning.

In the second inning, Carl Johnson of the Falcons drove in Hector Zamora on a single, then Ammirato singled in center fielder Kalen Norton to make the score 3-0.

Falcon right fielder Ruben Salazar singled in Baker to make the score 4-0 in the bottom of the fifth inning.

Jesse Lugo drove in Ammirato on a single to make the score 5-0 in the bottom of the sixth inning.

Norton hit his third homerun of the season. He drove in Brett Cayton to make the score 7-0 in the bottom of the seventh inning.

Norton said that the team played the way they wanted to play, meaning that everybody did what they needed to do in order to win. "If we keep playing this way we will win."

"Nothing could stop this team from

scoring. Not even the defensive changes that the Huskies made."

Ivan Rodriguez pitched the final inning for Cerritos.

He said he uses the performance of the other pitchers to keep him going when he comes in to close the game.

"Everything came through for us, meaning the pitching, the defense and the offense."

Falcon Coach Ken Gaylord said that everything came through, meaning the pitching, hitting and defense. "The defensive changes that the Huskies made didn't stop the team from scoring."

Ammirato said that the team played all-around baseball, meaning that everybody did what they had to in order to win.

"When they made their defensive changes we just stuck to our game plan, which was to put the ball into play and play defense."

NOTES

Norton clubbed a three-run homer in the third inning as the Falcons recorded 15 hits in a 13-6 win over Compton College Mar. 13 at Kincaid Field.

The game was moved to Cerritos when Compton was unable to get its field ready by game time.

Salazar had four hits and drove in two runs, and scored three times.

Ammirato scored twice and drove in two runs.

Designated hitter Carl Johnson also drove in two runs.



DOMINATION - Cerritos pitcher Erick Morales puts the ball in play during the Falcons' 7-0 win over East L.A. College. Morales hurled eight scoreless innings.

SOFTBALL

Falcons give up only two runs

BY JOHN KITANO
SPORTS EDITOR

A chain is only as strong as its weakest link. If that link fails, the chain breaks.

Both offense and defense serve as links to winning a game.

The Cerritos softball team can make plays in the field, and can produce runs.

What is necessary for them to win is to do both in the same game.

The Falcons were shut out by El Camino pitcher Delicia Mendoza as the Warriors recorded a 2-0 win Wednesday at Nancy Kelly Field.

Falcons' coach Lynn Laughon said, "We're staying in the games. What we're doing is, we're slowly improving."

"But, one day we improve on the defense and one day we improve on the offense. We need to get it together and have a whole game."

Despite three errors by the Falcons, they were able to stay with El Camino.

The Warriors left nine runners on base, eight of them in scoring position, as Cerritos was able to get out of trouble during the game thanks to timely fielding and pitching.

El Camino scored in the top of the first inning when third baseman Eva Rodriguez singled home center fielder Angeline Hawley.

Hawley scored the Warriors' other run in the seventh on a single by left fielder Sarah Cooke.

The Falcons had just three singles, but could not advance a runner past second base.

Cerritos third baseman Janet Jensen said that the Warriors have a good defense. "They didn't have any errors in this game."

Laughon added that the Falcons' bats "were not alive today, and the other day they're alive at [East L.A. College], and then the defense wasn't there."

"So, it's one or the other."

"Cerritos needs to come together, and play offense and defense, and then that should produce a win for us."

EDITORIAL

Page 8

TALON MARKS

March 21, 2001

EDITORIAL

Women's Month needs accurate audience

Women's History Month is an opportunity to view and appreciate the history that may have been edited out of books.

Unfortunately, unlike the history books read in the classroom, going to any one of the events surrounding Women's History Month is more of an option than it is a requirement.

Let us keep in mind that Women's History Month presents an alternative to an already established mode of thinking, otherwise known as canons.

The version of history that you read or have read in high school and college probably belongs to a canon, an authoritative list of books.

It is fair to say that men authored most of these books and that the subjects presented in those pages are about men.

Not too much of a diverse setting, one would say.

Although canons have existed and continue to exist, there has been an effort to include books written by and about women.

According to the National Women's History Project, a 1992 national study found that history texts devote only two to three percent of their total content to women.

"History must tell the whole story," the NWHPP's mission statement reads.

But who is listening?

For there to be a bridge of communication, two ends must be present, the audience and the information.

Women's History Month is about presenting more accurate information about the contributions women have made throughout time.

Women's History Month should also be about presenting a more accurate audience.

The mission statement of the NWHPP begins with a quote:

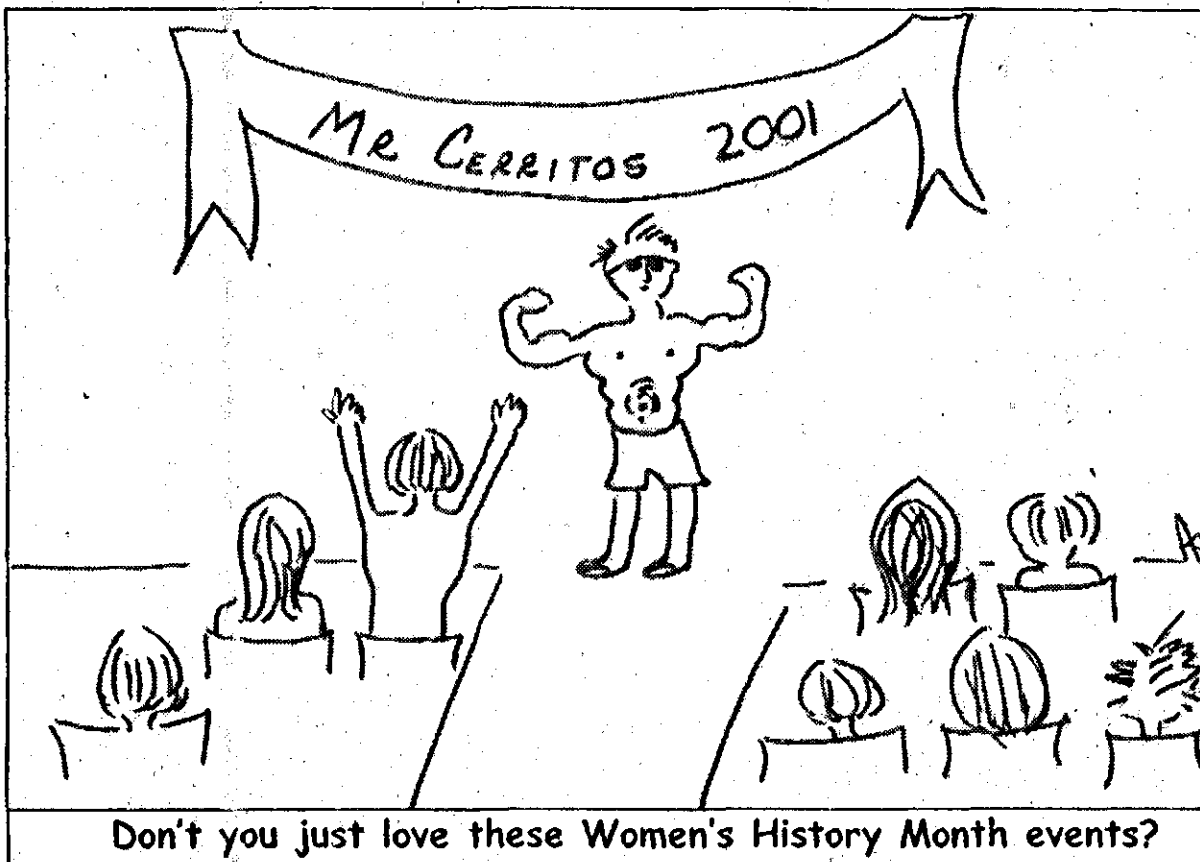
"Each time a girl opens a book and reads a womanless history, she learns she is worth less."

We would add to this quote that each time a boy opens a book and reads a womanless history, he learns that women are worthless as well.

Both men and women need to be actively present not only to represent an accurate audience, but also to respond as such.

Letters/Polley

All letters must be accompanied by the writer's name, signature, address and telephone number. If the letter is from a student, the Talon Marks prefers to know the student's major and year in college or any other significant identification, such as president of the honors society.



EDITORIAL

Pop-up ads drive us crazy

Internet pop-up ads are driving consumers crazy.

You scream in frustration as you frantically maneuver your mouse to close all of the ad windows that continuously pop up on your computer screen. You know, however, that they are just taunting you with their blessed existence and the little sign that reads: "will refresh every minute."

Pop-up ads are as common as they are annoying these days, with nearly every site being home to two or three different pop-up ads. Even search engines themselves have pop-up ads. For example, if you look up soccer on Yahoo.com, a pop-up ad for internet soccer.com suddenly appears. These ads may occasionally be helpful because they are at least related to what you are looking for.

Search engines are far from being the worst offenders. Web sites with more hits have more advertisements. Any site with free MP3s has massive amounts of pop-up ads.

Advertisers are trying almost anything to get unknowing Web surfers to click on their ad links. Advertisers will even use ads that look like warning windows to get people to click on their link. The window will say things like, "Your Internet connection is not optimized. Download Internet BOOST 2001 Now!"

Unknowingly, you push the OK button to discover that alas, you have been tricked again.

Little games also lure in the unaware user.

The moving monkey is a particular favorite, promising that if you punch the monkey, you will win \$20, which inevitably turns out to be "banana bucks" which

forces you to return grunting and angered to your essay research feeling all the more injured.

The very worst pop-up ads are not the ones on search engines or even the crafty warning signs and games, but the ads that actually follow you down the page.

Oh yes, these ads stay right at eye-level as you scroll down the page and they continuously block your view unless you push a tiny button that will lock the ad in place. This works for about a half a second before you press another link or the ad is refreshed, which occurs every minute or so.

The immense frustration and sense of absolute hopelessness that accompanies pop-up ads on the Internet has got to stop. Human beings were not made to be subjected to a continuous barrage of moving monkeys and stalking ads.

Opinion

The luckiest thing that ever happened to me

ARMANDO BROWN

ONLINE EDITOR

Before joining the "Talon Marks" staff, I remember the first thing I would turn to whenever I picked up the newspaper was "campus comment."

It was fun to see the kinds of answers students would give, what they looked like, and it was interesting to see what people were majoring in.

Many times I would answer the question to myself, and wonder, "Where are the people who go around asking the campus comment question? I would have given a good answer to that one."

Well, now that I'm on the staff I know where the people who ask the campus comment question are; in fact sometimes I'm one of those people. But I still can't get in campus comment because staff members are just not put in.

When we came up with this week's question, I thought to myself, "This is another one of those questions that I wish I could answer and have put in campus comment."

So even though I knew I would not get my picture in the

paper, I volunteered to write a column answering the question.

"What is the luckiest thing that ever happened to you?" Well, the more I thought about the question, I thought "Wow, there are so many lucky things that happens to a person over the course of their lifetime. How do you pick what the luckiest is?"

And the more I thought about it, the more I realized that there are so many lucky things that have happened to me during my life. However, they would all sound corny in the newspaper. And the more I thought about it, the more I wasn't so sure I wanted to put my answer in the paper any more.

However, it was too late. I had already volunteered to write this column.

So I thought long and hard, and realized that of all the lucky things that have happened to me, one thing stood out, no matter how corny it sounded, and no matter how much I tried to find another "most luckiest" thing.

So here it goes, here's the most luckiest, corniest thing that ever happened to me.

Two friends and myself were coming home after a trip to Sacramento. We were driving down the freeway in my friend's four-wheel drive. The two of them were inside, and I was sleeping outside in the bed of the truck. (It was a hot day)

Unbelievably, a bus driving in the lane next to us, somehow did not see us, and switched lanes right into us.

This caused us to turn over, and we proceeded to roll down the freeway.

Just as we began to turn over, I woke up, and got to watch myself being flung across the highway for what investigators later estimated was about 100 yards. Miraculously, I was not crushed by our rolling truck, or hit by other cars.

When I finally finished skidding across the highway, I stood up and began waving to the people in the cars that were slowing down to look at the accident.

I was okay.

The luckiest thing that ever happened to me is that I was not killed that day.

TALON Marks

The Talon Marks is a First Amendment publication. Editorials express the views of the Editorial Board. Other opinions express the view of the author and are not to be considered opinions of the publications staff, the Editorial Board, the advisers, the Cerritos College Associated Students, the college administration or the Board of Trustees.

Production and printing of the TALON MARKS is partially funded by the Associated Students of Cerritos College.

Facilities and academic supervision are provided by the Department of Journalism.

Newsroom offices are located in the Arts & Crafts Building, Room AC42, Cerritos College is located at 11110 Alondra Blvd., Norwalk, CA 90650. (562) 860-2451, ext. 2618. FAX (562) 467-5044.

Volume 46

2000-2001

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Letters to the Editor are subject to editing due to content and spacing. Letters must be submitted the Thursday before publication at Talon Marks, AC 42.

CAMPUS COMMENT

What's the luckiest thing that ever happened to you?

By David Amezcua
Photos by David Amezcua

"That I am in the United States, because we can accomplish any goal we want."

CARLOS MARTINEZ, NURSING



"Getting A's in my college classes and doing good in my classes."

ELAINE GARCIA, NURSING



"My boyfriend brought me a \$1.00 ticket and I won \$50."

EMILY PALAZIO, NURSING



"Having a child, because it changed my life."

ESTELA GALINDO, UNDECIDED



"Going back to school, because I got a second chance to start over."

HAVEY ROJAS, COMPUTER SCIENCE



"Getting my tax return back, because I need all the money I can get."

JAYDE CATER, PHYSICAL THERAPY



"Getting my B.A. in nursing, and finishing my A.A. degree."

MARIO GREPO, NURSING



"Having a daughter because she is the light of my life."

SUSAN IVISON, PARALEGAL

