

TALON MARKS

CERRITOS COLLEGE

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FIRST ISSUE FREE, ADDITIONAL COPIES \$1



Passion for Children Club raises funds for children in need in Africa. On Wednesday it will participate in Global Village.

See full story on talonmarks.com

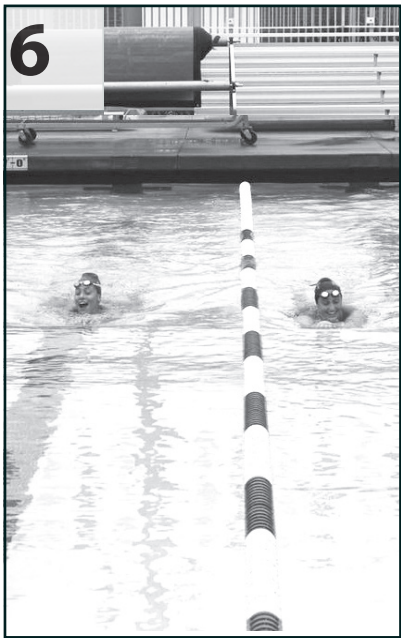
INSIDE THE MARKS

2 There's a new Dean of Student Services on campus.

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4 Free comic book day at Metropolis Comics.

5 Eshmade signs letter of intent for UCSB.



GUSTAVO OLGUIN/TM

FREE SPEECH ZONE

Q: What causes people to get distracted while driving?

Cynthia Ascencio



"All the social networks have become so popular, I think that a lot of people want that attention."

CERRITOS' HISTORY

This month in Cerritos College History:

April 14, 1967:

"Battle of the Sexes" band battle event to raise money for a Korean orphanage.

April 26, 1972:

George Carlin and Richie Havens perform in the Cerritos College gym as part of spring concert.

April 30, 1975:

A new sociology class, "Human Sexuality," is announced to be offered in the fall semester.



PHOTO ILLUSTRATION BY: ALEXANDRA SCOVILLE/TM

Vote attempted on Makinano, denied by senate

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A vote of no confidence was attempted on student trustee Lance Makinano, per two members of the senate who felt that they were misrepresented on the recent initiative of the 100 new sections implemented for summer school.

The senate meeting last Wednesday had the motion taken into consideration by Jennifer Ovalle and Earvin Chavez to grant the vote upon Makinano.

Ultimately it was denied through democratic vote, but the matter still lingers.

"We don't have confidence in you to fulfill your responsibilities as student trustee," said Chavez, the treasurer of The Social Equality Club.

This matter all stems from a board of trustee meeting from Wednesday, April 2, where Ovalle, the president of the Social Equality Club, claims that Makinano gave his word that he would provide his public support on the initiative for more sections during the upcoming summer semester.

"There was a 40-minute discussion period for our item, and he said nothing," according to Ovalle.

A vote of no confidence, if it were to pass, would have to go past cabinet and senate, so it would have to pass both houses. From there the board can take action or request in consideration of removing Makinano.

"Everybody was shocked when they said that they wanted to do a vote of no confidence," Aldemar Sanchez, vice-president of Associated Students of Cerritos College, said.

As far as not speaking up, Makinano has his reasons.

"I give them their word, but they didn't say what I required from them to back this initiative, which are statistics. Should a student trustee back up an initiative without proper information?"

He continued, "I personally talked to board members. They were on board with adding class sections already. There was no reason for us to go grand standing, which is how I viewed it, and try to add more to it because the point was made ... There was no need for me to voice my opinion, or the student's opinion because we had already reached consensus.

"So everybody that knows politics, when we play this political game, there's a time to shout, there's a time to say yes, there's a time to agree. That was a time to agree. We all agreed that they would be added, and we knew that. We came away from the board meeting with the statement that we're committed to add."

Sanchez has worked with Makinano during his tenure, and notes the involvement on campus.

"For them to say 'oh, Lance doesn't take stuff out of his day or doesn't help voice the student's opinion,' it's kind of dumb because that's what he does all the time."

Jimmy Valdez, the co-founder of the Social Equality Club says that it's nothing personal.

See "No Confidence" on page 2.

Trustee results in, president run-off looming

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The end of the Cerritos College student trustee votes saw Daniel Flores gain the position, winning by a landslide; with Aldemar Sanchez and Miles Aiello concluding the presidential race in run-off elections on Wednesday and Thursday.

The voting took place across campus last Thursday. Flores, member of the Social Equality Club, earned 488 votes, with 199, 189, and 38 votes following Joseph Nino, Lance Makinano and Vanessa Vega.

"Regardless of who won, I was very proud of the trustee election turnout," Nino said. "It had been a tough few weeks preparing for it all and I was glad to see the outreach from candidates and campaigners. When I heard that Daniel had the most votes, it was of no surprise. His campaign team worked hard for every vote."

The presidential election will conclude with a run-off, as Aiello didn't hold more than 50 percent of the votes.

At the end of it, the votes for the presidential votes were 363 for Miles Aiello and Charles Caguioa, 301 for Aldemar Sanchez and Dennis Garcia and 75 votes for Hector Arellano and Charles Zuniga.

Aiello said, "Heading into the elections, my team and I felt as if we had a really good amount of support. Facing off with Aldemar next week, I feel like its going to be a war; a war that will crown the team that doesn't try harder, but the team that executes and communicates consistently and more effectively."

With the trustee elections, Flores was elated at the outcome and campus investment in the entire process.

He said, "The amount of student participation in this election is incredible, to have their support is another feeling altogether. As a club this is what we are aiming for, we want more students involved in the political decision making process."

Arellano added, "I am very happy that Daniel became our trustee because he will make a difference for the students."

Coming off the heels of the vote of no confidence with Makinano situation that occurred last Wednesday, when two senators from the Social Equality Club, the club Flores is a part of, tried to ...

See "Run-off" on page 2.



JOE ZERMENO/TM

Trustee: Daniel Flores at a board of trustee meeting. He received a total of 488 votes to win the election and become student trustee.

Diversity week on campus

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Diversity Week began this week on Monday and will end on Thursday. It is a four-day event that will have activities for students to participate in and will be located at Falcon Square in Cerritos College.

The event did not start off on the right foot.

On Monday, the first day of the event was scheduled to have a variety of clubs holding fund raisers and giving students information about their club and what they will be doing throughout Diversity Week.

According to Aracely Lopez, a member of Operation Outreach, other clubs cancelled last minute due to Easter Sunday.

The only group that was out on Falcon Square on Monday was Operation Outreach.

The second day of Diversity Week was Earth Day. This event began from 10:30 a.m. to 1 p.m. It started off with council members from Norwalk, board members from Cerritos College and the-Go Green committee all meeting up at the Student Center and presented what the Go-Green committee has been doing over the semester.

According to Juan Ramirez, the Associated Students of Cerritos College president, said that he wants Cerritos College to start a partnership with the city of Norwalk to help the Go-Green committee and what they are trying to achieve in there program to become a success.

Miles Aiello, the Co-Chair of the Go-Green committee, said that some of their future plans include to insert more recycling bins around campus and also trying to hire more students to their committee so that they can become recycling technicians, which includes pay of \$12.15 an hour.

After the meeting, both the Go-Green committee and Operation Outreach held a recycling event for students on campus. Students brought either four plastic bottles or four cans to recycle and in return they received a reusable eco-friendly plastic cup.

Jose Santana chemical engineering major said, "I think it's really cool that the school is trying to take steps towards eco-friendliness and I think it's a good steps toward (that)."

Valarie Corral, paralegal major said, "It's cool, it's fun (and) obviously it's very environmentally conscious."

An eco-friendly car that was provided by GM. Rochelle Desamito, a contract employee for GM, said that the car is here to show that there's more to just gasoline and that the car runs on no emissions so it helps the world.

Diversity Week will continue throughout the week with Global Village being held on Wednesday and on Thursday, with free food handed out to students.

Each club will represent a country and will be selling items from the country.

Students will have an opportunity to win a prize and receive food if they present a school I.D.

New dean of student services

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There's a new Dean of Student Services, and he advocates student success through the development of leadership; additionally, putting student issues at the "forefront."

Gilbert Contreras officially entered his position on March 31. Prior to that, he attended the Hall of Fame dinner where he got an idea about the people surrounding the Cerritos College community.

"I've received a tremendous welcome from the Cerritos College family ... and then when I started, I started at a great time. There was a lot of activity going on; the Spring Festival, the elections, the clubs being active; just a tremendous amount of activity and people have been very warm. Getting to go around to the different shared governance committees and talking to students and getting out there and meeting people. It's been a very warm reception here at Cerritos College."

He follows in the footsteps of his sister, who was the first in his family to attend college. Although he never personally attended Cerritos College, a lot of his family members did.

Contreras said, "For me, personally, it's been the gateway for higher education for my family. My sister was the first to go on to college, and she started at Cerritos College. And she kind of opened the doors for all of us ... so it's really nice to be at Cerritos College. I'm really excited, I've met a lot of people and I'm looking forward to helping out and helping more students walk that stage at commencement."

Contreras has been active, as he has been present in the Associated Students of Cerritos College senate meetings and the ASCC debate before that. It's about getting an idea as to how the student population goes

about their business.

He said, "At first I really wanted to get a pulse of what's going on. I want to focus on students, particularly in leadership. I think leadership is very key among students and it would help transform the college in a lot of ways to focus on the seven circles, what the college is trying to accomplish, and help students hone in on the message as to how we all work collectively to insure that students are successful."

One way he intends to do that is shortening the amount of time it takes to get a degree.

"A lot of students are struggling right now to get classes or struggling in developmental ed classes. We all have to work together to make sure students walk across that stage in a timely manner. Otherwise it would take six, seven, eight years to get that bachelor's, you know. And we need to get out there to start working."

However, student engagement would be necessary in order to reach that step.

"As a dean of student services, contributing what I can to help students feel comfortable here, feel safe here and feel that we're advocating for their needs to be successful," said Contreras.

The Falcon Spotlight, a WPMR broadcast hosted by Cerritos College student Rob Flores, had Contreras as a guest Monday, and Flores thought the new dean was a benefit for the school.

He said, "He's awesome. A way better improvement than our previous dean."

Contreras strives for the academic success of college students through the appliance of his personal principles.

"Working with faculty, working with the students, working with the administration, working with everybody who's doing that everybody is the key. What I can contribute is leadership in the areas of student development and leadership development."



DENNY CRISTALES/TM
"Falcon Spotlight": New Dean of Student Services Gilbert Contreras as a guest on the Falcon Spotlight, a WMPD radio show. He stresses the importance of leadership.



GUSTAVO OLGUIN/TM
Counseling: Assistant Director Vicky Daniels (left) and Director Deana Porter (right) discuss what the Low Cost Community Counseling Center is currently doing. Porter was one of professor Todd Gaffney's former students.

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A former student of psychology professor Todd Gaffney has become the director of a counseling center and now gives training for anyone who is interested in becoming a counselor.

Deana Porter was Gaffney's student in the early 90s and is the director of the Low Cost Community Counseling Center, which has been around for 40 years.

The counseling center provides individual and group counseling on issues that range from veterans coming back from war to domestic violence that are available in English and Spanish.

Porter was offered an opportunity to intern at the counseling center to get her feet wet and see what it's like to work in the field.

"One day, he announces to the class that he knows of a counseling center that the students can go volunteer and learn how to be counselors and work with people," she said.

Now it's come full circle, because Porter now has some of Gaffney's cur-

rent students training at the counseling center.

"They are learning a lot of skills on how to interact with people, build a rapport with them and we do a lot of role playing so they can feel what it's like to sit and talk with a person," she said.

Gaffney currently teaches abnormal psychology and personal and social adjustment. He feels that the theories he teaches can help reinforce their training.

"Some of the exercises and some of the concepts relate to the kind of training that they have over there," he said. "Although the training that they are getting over there is completely hands-on."

Melissa Jimenez, psychology major, is one of the students that is training and thinks that the training has reassured her that this is what she wants to do as a career.

"I think that's important because it's not all over the place and she is giving us valuable information that we can not only use now, but in our futures as well," Jimenez said.

Gaffney thinks that the training is important and the students are lucky that they are able to get it so early in their academic careers.

Training offered for those interested in counseling

"Most students have to be on a graduate level to get this kind of training," he said. "They are getting it at lower division. They are ahead of the game."

Gaffney recognizes the Health Center on campus as a resource, but thinks that the LCCC has some advantages over the one on campus.

The LCCC is another possible location, besides the one on campus, for students to get help with their mental health issues.

"The disadvantage to the one on campus is that it's time limited. You have three to five sessions, then they make referrals," he said. "The advantage to a community counseling center is that the stay is uninterrupted."

Jimenez echoes the thoughts of her professor by saying that the discounted first session along with the counselors set the counseling center apart.

"We have a lot of counselors that are their age so they will be able to be on the same level and they may be able to open up a little bit more," she said.

For more information on the you can go to the website at www.LCCCC.org.

"No Confidence" continued from page 1

"It is just to let people know that we as students don't feel represented by the student trustee," he said. "His position is to voice the opinion of the whole student body ... Would you guys want someone who's not doing their job? We're not telling anybody what to do. We're not saying he's a bad person. For all I know he's an amazing person. It's nothing personal ... We as students, we feel like we can't trust him anymore."

Chavez added, "In logic you never attack anybody. It's called appeal to the person. You never argue by attacking the individual. What you do is attack actions and arguments. It's not personal. It's just something that he didn't do."

On top of that, accusations of Makinano not consistently attending the senate meetings and breaking a bylaw was also addressed.

"Another thing he hasn't been doing is that he's supposed to show at least two times a month to give reports to the senate," Chavez said. "And he never shows up. He's only showed up, I believe, twice at the beginning of the semester."

Ovalle said, "That's in our student government bylaws. So technically he is breaking a bylaw."

Makinano admitted that he was indeed upset at the entire situation. He believes that he's been



TAKEN FROM CERRITOS COLLEGE WEBSITE

doing his job.

"The senate has spoken. They know that I'm doing my job. Yes, I'm a little upset, because you know what, I fought for us. I've been fighting for us."

"I fought for Iraq, I fought here as the ASCC president, as a current student trustee; I even fight up and down the state with other student trustees to band together ... Those are the things that I do. There's things that people don't know what I do. You know why? Because you don't know what the job of the student trustee is. The student trustee position is a 24/7 district job."

Makinano added, "Remember this, fight the good fight, don't let people keep you down; the senate already spoke, this matter's crushed. And if they want to continue it, it's going to be personal. Not on my part, but on theirs. I'll continue doing my job, and let's leave it at that."

The next senate meeting is Wednesday at 2 p.m. in room BK 111 and BK 112, where this can be addressed once more.

"Run-off" continued from page 1

... vote Makinano from his trustee position, there is a talk of concern that that situation may have skewed results.

Flores denies this.

"The vote of no confidence did not sway the results in anyway because students at large hardly know or hear about what is happening in ASCC," he said. "We engaged with every type of student on campus and shared our platform that was based on results. That is the reason why the students came out and voted, they want to see this college go back to an affordable two-year institution with services that will help them transfer on to the next level."

He now looks at his future goals.

"Along with other students, we plan to build the bridge between the Board of Trustees and the student voice; it has been fragmented for a while now. We will collectively focus on increasing the courses being offered, increasing the amount textbooks the library has on reserves and making sure no fees are levied upon the student body population."

Arellano is pleased with Flores as the new trustee, but fears for the future of Cerritos College, as he feels Aiello and Sanchez are not up to snuff for the job. He wishes that students had given him more of a chance.

"Now in the other hand I'm concerned that Aldemar and Miles are facing off because both of them are

a bad choice as student leaders. Because both of them will continue with the same bias-popularity based leadership. I wish that my fellow students would have given me the opportunity of leading them because I would have changed things for the better. I don't feel defeated because I believe that success doesn't come without defeat."

With the presidential elections now at a run-off, both Aiello and Sanchez are really pushing their individual platforms and encouraging student engagement.

Sanchez said, "We both fought really hard to try to win this election that we pretty much cut the votes in half. My feeling when seeing the results and seeing a run-off election made me feel determined to bring it stronger and better for next week."

He added, "Dennis and myself feel very confident this coming week not only in ourselves, but in our campaign group and in our supporters."

ASCC President Juan Ramirez had never witnessed a run-off election in the three years that he has attended the school.

"Like I told Aldemar and Miles, regardless of the results, shake hands with your opponents and congratulate them for an amazing campaign whether you win or lose. After all, we do what we do because we believe in helping the students."



“What causes people to get distracted while driving?”

COMPILED BY:
SOLMAYRA MENDEZ

PHOTOGRAPHS BY:
MARIA LOPEZ



DIEGO SALAZAR
Undecided major

“They believe it’s more important to text back or talk back to the person that’s texting them instead of focusing on their driving.”



JESSICA PONZE
Child development major

“Their phones mainly, they hear their phones go off or like a text message, they just automatically think ‘I have to get that.’”



JACQUELINE MAZA
Child Development major

“I believe it’s because people are so used to technology, they’re so used to it and they don’t really care what’s going to happen.”



DAILHAN KIM
Global studies major

“I think cellphones are apart of the culture, with out it I can’t do anything.”



TIANA ROSAS
Undecided major

“It became a habit, we can’t let go of our phones. We have to be on our phone every minute.”



CHRISTOFER BRACAMONTES
Civil engineer major

Because responsibility is at fault, it hits everyone and you’re just caught at a moment and then you’re thinking while you’re driving.



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Anxiety is an issue

My lungs felt like they couldn’t hold any air. I couldn’t breathe. The room felt hot and I began to sweat. I was panicking. Should I leave the class and miss out an important lecture? Or should I stay and hope that whatever was happening would go away and no one would notice that I was losing it?

Anxiety has been a part of my life for years. I didn’t know what it was it just felt normal, until someone told me that it wasn’t.

Luckily, I was told that I could talk to a counselor to sort out the issues that were going on in my life that were making me get panic attacks.

These past months I’ve learned that anxiety should not be something that keeps you from doing things and that there is always help.

Being in college can become a big stressor in all our lives, and sometimes anxiety and stress can feel overwhelming to the point of wanting to just die. After going through the abyss, we should realize that there is help out there.

No one should judge someone who is going through anxiety and stress because it can happen to anyone. Students should realize that they are not all perfect and there are times where they won’t be able to control everything, and that is okay.

In retrospect, I can say that going to the campus Student Health Clinic was the best decision I made that day because I learned more about myself and why I had a panic attack.

If you have a mental health issue like anxiety or feel like there is no one there to help you, do not be afraid because there is help.

•EDITORIAL•



JEFF DURHAM/MCT

Distractive driving is a big deal

There have been some new ads developing lately targeting the younger generation that tend to get distracted while driving.

It goes beyond just texting while driving. That just barely scratches the surface.

Being distracted while driving contains three areas: manual, visual and cognitive.

Manual is when the driver takes his/her hands off the road, visual is when the driver takes his/her eyes off the road and cognitive is when the driver takes his/her mind off the road.

All of these can be equally destructive to not just the driver, but to any passenger, other drivers or pedestrians.

Not to mention friends and family members that will be affected if you, as the driver, get hurt while being distracted and driving.

People get so serious around 16 or 17 when it’s time to get their license, but once that ID comes in the mail the seriousness fades away and they get too relaxed.

According to distraction.gov 10% of drivers under the age of 20 involved in fatal crashes were distracted at the time of the incident.

How much more does that percentage have to go up before people realize not only is it not safe to drive while distracted, but it’s just straight

up stupid and irresponsible to do so?

Everything can wait. Your text messages and phone calls can wait. Fixing your make up or hair in the mirror can wait.

Also, your car is not a night club, there is no reason to turn up the music to the point of not being able to hear sirens or some other alert.

When will this society and generation realize it doesn’t matter if you “look cool” while driving?

How much “cooler” will you look laying in a casket?

Think before you get in the car, even if you’re a passenger in the car make sure the driver stays focused.

Even if that means limiting the conversation to a minimum.

Talking to passengers in the car is considered a distraction for driving too.

You can get so caught up in a conversation (that can be easily saved for later) and miss a stop sign, or run a red light.

And usually these go without any injury or even a ticket. They go virtually unnoticed.

But just because you don’t get caught or get hurt doesn’t mean it still isn’t wrong.

The more you run the risk, the higher the

risk goes up. You increase your changes of getting hurt or hurting someone else.

No one’s life is worth a text to your friend that says you’re five minutes away. They can wait. Tell your friends “I am driving. Please don’t text or call me. I will be there when I get there.”

If they don’t like that then get better friends.

It’s sad to know how careless people can be.

Whether young or old that thought of “It’ll never happen to me” goes through most people’s heads.

It’s that kind of thinking that gets people placed in hospitals, or worse. If you need to fix your make up, pull over to the side of the road or pull into a near by parking lot.

Better yet, give yourself more time in the morning to put on make up or don’t put on any at all.

They say the risk is usually worth the reward, but with distracted driving there is no reward.



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Break the habit

One of the many troubles that arise from college students is difficulty in keeping up academically. Many students have trouble for many different reasons. Some examples are poor study skills, poor time management or even poor sleeping habits. All of these examples can affect a student’s grade and performance.

There are many study habits that should be followed and there are also study habits students should stay away from in order to succeed.

With the spring semester coming to an end, it would be best for students to start prioritizing their study habits.

First, many students probably sit on their beds with their books scattered around their room with their music blasting in their ears. It’s best if students provide themselves with a good study location. An area that is quiet, well organized and free of distractions.

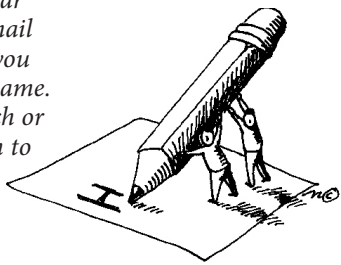
Second, it’s important to avoid distractions. Many people today have trouble staying away from their computers or phones for a certain amount of time. These distractions are best kept away. Every minute counts so it’s best if students turn off their phones and keep away from their laptops unless they require it for their studies.

Setting a number of break times is important. Do what you need to do during your break and get back to studying when time’s up.

Third, many students have difficulties studying alone, so in these cases, students can form a study group with students who are in the same class or subject. Make sure the study group stays focus on the subject and not socialize with each other about off topic items.

Lastly, start sooner than later. Rewriting notes, making flashcards and going through the textbook takes time, so students should not leave it until the last minute. It is important to start studying as early as possible. Some students may need more study time than others, so know yourselves and know how much time you would need to be prepared during your exams.


Did one of us write something that ground your gears? Do you want to congratulate us on the great job we’re doing? Whatever the case may be, we would love to hear from you, our readers. Send a **LETTER** to the **EDITOR**. We accept electronic mail at **editor@talonmarks.com** and boring regular mail at our office in **FA-42**. If you want your letter or e-mail to be printed, you must proudly sign it with your real name. Letters in poor taste will not be printed. This means we don’t want any hate speech or conspiracy theories (unless they’re hilarious). We only edit your letters for length to print them, but they appear in full online. If the subject of your letter is campus-related, then it will be given priority.



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Gear up for free comic books



Comics book store : Though this seems like a lot of comic books it doesn't compare to the 3,500 comics that will be given away May 3 at Metropolis Comics in Bellflower.

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John Berry, manager of Metropolis Comics in Bellflower, has previously come in at 8 a.m. on Free Comic Book day, to start setting up the 3,500+ comics that they intend to give away. The earliest he's seen customers line up for Free Comic Book day are at 6:30 a.m. He is excited for the upcoming Free Comic Book Day on May 3. "I'm just like 'wow, they're really dedicated. So it's kind of cool to see that dedication and that excitement regarding comics." He said. "I've always been the ring leader of Free Comic Book Day before I became manager, I was already event coordinator, the one that threw all the parties, I still do." Berry said. Free Comic Book day is the first Saturday of May each year. Not only does this event take place in America, but it's also a global event. The first Free Comic Book Day took place in June of 2002 as a broad promotional event. Metropolis Comics has been participating in Free Comic Book Day for 12 years. They will be having everything for any comic book fan, young and old. DC's brand new Event Book will launch Future's End. This story arc launches on Free Comic Book day so fans will be able to obtain the free issue No.0 as well as be able to come the following

week to buy issue No.1. Darkhorse will have an Avatar comic based on the animated series, along with a Hellboy comic. Marvel is going to release a Guardians of the Galaxy and a spin-off that features Rocket Raccoon as the main protagonist. Judge Dredd will also have a Free Comic Book Day comic. For the more kid friendly comics, there will be the Smurfs, Teen Titans, Walt Disney's Uncle Scrooge with Donald Duck and Hello Kitty. Boom Studio's kid-friendly Ka-Boom will have everything from Snoopy to Adventure Time. For a taste of nostalgia Buck Rogers comic strips will also be making an appearance on Free Comic Book Day at Metropolis Comics. Not only will there be free comics but there will also be raffles and artists selling their prints or doing sketches for customers. The Comic Book Legal Defense Fund will also be at Metropolis Comics. They're a group dedicated to bringing awareness against comic book censorship. David Trejo, medical assisting major, is also excited for Free Comic Book Day. He plans on getting there two hours earlier because he's heard that it gets really full really early. He first heard about Free Comic Book Day from a friend while attending WonderCon. "There's a comic called Zombie Girls, I think." Trejo said about picking up a few comics. "I definitely want to win a few raffles and I

want to see the cosplay. I don't know it'll be my first time doing this, I just want to experience it" He added. "I look forward to it every year. But I mean I couldn't do it without the help of my employees or volunteers that we have here. With everybody pitching in because it takes a lot of people to make this happen." Berry said. "It would be nice to have people come to Metropolis Comics but [people] can go to www.comicshoplocator.com and punch in their zip code and it will automatically tell them what comic stores are participating that day." Metropolis Comics is located at 16509 Bellflower Blvd. in Bellflower. For more information on participating comic shops or if fans just want a little history about the event, go to www.freecomicbookday.com.



Get frightened with 'Oculus'

Movie Review

"Oculus"

Starring: Tim Russell

Director: Mike Flanagan

Rating: ★★

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Created by the producers of "Paranormal Activity" and "Insidious", and directed by Mike Flanagan, "Oculus" has caused immense hype from its audience, and has gained positive reviews from critics, naming it "One of the scariest movies they've seen in years" according to Hollywoodlife.com. The film begins with Tim Russell (Brenton Thwaites) being released after 11 years from a mental institution for the murder of his father. He then reunites with his older sister, Kaylie Russell (Karen Gillan) and both decide to hold to


the promise they made as kids, to return to their old home and destroy the malicious mirror they believe is the cause of their childhood nightmare. The site where they witnessed their parents brutally murdered. While Tim was locked up in the mental hospital, Kaylie ambitiously researched thousands of cases in which other victims have died and the mirror has been in the crime scene; Her evidence proved that her father as well as her mother, were possessed by the mirror and that it was not truly him who murdered his wife. Despite the surprising jump scares over hideous-looking spirits, "Oculus" foreshadows it's ending in the first 20 minutes of the film. However, it did an excellent job of intriguing the audience by jumping back and forth from the present day Tim and Kaylie, to their childhood selves. Kaylie's tactic for knowing when she is in the present is due to her iPhone camera or any other camera by showing her what reality is and not what is in her mind since the mirror manipulates her and her brother's thoughts. Sometimes it was hard to distinguish which reality was actually real. The childhood scenes, or the adult scenes. Nonetheless, it caught my attention, and even though it was way too repetitive in some aspects, it kept the audience wanting to know what happens next. As the film progresses, the audience starts to learn who, or what is really in the haunted mirror, and we learn that the mirror, no matter how hard one tries to break it. It cannot be destroyed and it will eventually hurt or even kill those that try to do so. Unlike other typical ghost and supernatural movies, "Oculus" did a great job of balancing between emotional scares and physical scares. Some parts of the movie made you want to throw your popcorn at the person next to you because the actors do exactly what you don't want them to do.

Other parts make you almost shed a tear of how messed up this film is. What this movie lacked though, was explaining more about what the word "Oculus" means. We get it, the movie is about a haunted and evil mirror, but a history of the word would have been great. Although the film has received good feedback, there could have been room for improvement for this movie. The acting was good, but what is the point of having good actors if the characters just went around in a full circle? It makes no sense. The ending basically "déjà vu's" their childhood. So nothing good came out of the end, just nothing. But yet it is a movie you want to see over and over again until you figure out what really happened in the movie; was it all just hallucinations, or was it reality? Go on and find out, you'll definitely see because after all, with "Oculus", "you see what it wants you to see."

What would you like to see added in the game room?


Compiled by: Grester Celis-Acosta

Photographs by: Gustavo Lopez




- Cyndy Salinas
Math major

"I've seen a lot of people complain about the glare on the screen sometimes, so maybe if they were to put something on the windows it could make it darker."



- Noah Guerrero
Art major.

"Oh, maybe an Xbox or a PS3 station because cooperative play helps people connect with one another."



-Christian Sanchez
Computer science major.

"More modern consoles like the Xbox One and PS4 because old school [was] fun when we were kids, but it's better to have these because it will attract more people."

Upcoming movies

April 25	May 2
<i>The Other Women</i>	<i>The Amazing Spider-man 2</i>
<i>The Quiet Ones</i>	<i>Walk Of Shame</i>
<i>Brick Mansion</i>	<i>Belle</i>
<i>Locke</i>	<i>Beneath The Harvest Sky</i>
<i>Blue Ruin</i>	<i>Mr. Jones</i>
<i>For No Good Reason</i>	<i>Bad Johnson</i>
<i>The German Doctor</i>	

<div>Music Department</div> <div>Do You Hear What I Hear?</div> <div>On Friday April 25, at 11 a.m. a music concert will be held at the Burnight Center Building in Room BC-51</div> <div>Free Admission</div>	<div>Music Department</div> <div>8th Annual Spring Sing Concert</div> <div>Sunday April 27 at 4 p.m. the location is at the California Heights United Methodist Church #759 Orange Ave. Long Beach, Ca 90807</div> <div>Free Admission</div>	<div>Theatre Department</div> <div>The Boys From Syracuse a musical comedy</div> <div>This musical comedy show will be located at the Burnight Center. Dates are May 2, 3, 8, 9 & 10 at 8 p.m. and May 11 @ 2p.m. Buy tickets online or call 562-467-5058</div> <div>www.cerritos.edu/theatre</div>	<div>Music Department</div> <div>Guitar Ensemble Concert</div> <div>On Saturday May 10 at 8 p.m. It will be located at the Burnight Center building Music Department Room BC-51</div> <div>Free Admission</div>	<div>Muisic Department</div> <div>Choir, Band & Orchestra Spring Concert</div> <div>The last Music spring concert will be Friday May 16 at 7 p.m. at the Burnhgt Center Theatre. For guaranteeing seated buy tickets online</div> <div>www.cerritos.edu/music</div>
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Australia, Norwalk and now Santa Barbara

Eshmade signs letter of intent

DENNY CRISTALES
News Editor
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Hailing from Australia, migrating to the United States, reaching Cerritos College and now, Santa Barbara. Tennis team Captain Nathan Eshmade is definitely going places.

He signed his letter of intent for UC Santa Barbara, officially allowing him to transfer to the Division I school for the upcoming fall semester.

“It feels really good to know that I signed the letter finally and to know that I’m definitely going to UC Santa Barbara now,” he said. “It’s all official. The signing was very professional. So it was a really good feeling.”

The sophomore is undefeated in singles play for the season, going 22-0 in this season, and 47-2 overall in his two-year tenure.

Eshmade said, “Going undefeated is a really good feeling, but I’m not the underdog anymore. It’s hard. You’ve got to stay on top of your game or else someone will get under your skin. Definitely being undefeated is a huge confidence boost.”

He added, “I know when I transfer to UC Santa Barbara it’s not going to be the same story. I’m going to have to work twice as hard than I already am now. But I’m already looking forward to that.”

When Eshmade decided on Cerritos College, he knew what to expect. It wasn’t the familiar game of tennis, but rather, it was knowing that he was going to have to be independent if he would commit to this.

“I (have) no family at all. They’re all back home in Australia. So I came out here all by myself knowing that it was just going to be me, so I would have to do everything for myself; that included groceries, washing; everything that my mom and dad help me out with at home ... I miss my family everyday but I always talk to my parents, and my friends at home always message me. I miss it, but I don’t feel too homesick because my tennis team is like a family to me.”

Jose Pacquing knows Eshmade leaving for Santa Barbara will leave a void but the freshman knows it’s a necessary step.

“At the end of the day, being here was to get to somewhere else,” he said. “He is great here but he’s

not reaching his full potential. I think D-I is perfect for him. He’s had a perfect conference record; he’s never lost. Why stay? He’s obviously proven himself here. So I think UC Santa Barbara is great.”

Eshmade recalls the contrast between the Australian style of play between the American style. It was a craft he had to master. But support from the coaching staff helped him reach a level of consistency.

“These last two years have been more consistent. I’m waiting for the right ball, I’m not trying to destroy the ball after the first or second ball; I wait five or six balls, then I’ll go for the kill. That was the biggest change, getting my consistency level up and adapting to that, because everyone here likes to get the ball back in play. They don’t like to finish points off, where that’s me. But now I can do both which is probably my biggest change adapting from Australia to America.”

Even though the attacking style has had to simmer down with that adjustment.

“He’s a fighter. He’ll fight for his win,” Paquing said. “You can tell during every game, even if he’s mentally frustrated, he’ll come back from that. And that’s why he’s our captain because he encourages that throughout the team when he’s not playing.”

Eshmade will miss that camaraderie.

“Yeah, it’s a very sad feeling. Obviously being a captain as a sophomore and having such a good reputation, especially the (men’s) game in the semi-finals with the huge freshmen team; I don’t think any other team has this many freshmen involved and reach the semi-finals, it’s a huge thing to do. It makes me sad, but I made them all better people, better players. I can see it. They keep telling me that they’re going to miss me a lot. It’s hard to take in but they understand it’s the next stepping stone in my life and I’ve got to keep going. So I’m definitely going to miss them a lot.”

The two-year career at Cerritos College had Eshmade not only undergo tennis, but also the pursuit of his AA degree. The most difficult thing, according to him, has been not getting sidetracked and staying focused while juggling academics and athletics.

And now it got him a spot at Santa Barbara. “All that support from everyone has been absolutely incredible. Without them, I wouldn’t have made it this far.”

PHOTO ILLUSTRATION BY: DENNY CRISTALES/TM

Power serve: Nathan Eshmade is undefeated in singles play for the season, going 22-0. Eshmade has signed a letter of intent for UC Santa Barbara.

Track and field teams head to Long Beach prelims

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The Cerritos College men and women’s track and field teams managed to hold their own against competitive four year university athletes at the Long Beach State invitational on Friday and Saturday.

Although the competition was not taken quite as serious in comparison to other meets by the coaching staff, the Falcons proved that they could run, jump and throw just as good as the four year athletes with prestigious school titles on their uniforms.

The meet was set up in a way to give respectable competition to the four year university athletes.

Many of the schools competing in the meet included Ohio State, Long Beach State and schools from Alaska.

The meet lasted from 8 a.m. to 9 p.m. according to men’s assistant coach, Marco Anzures.

“It’s a big meet,” Anzures said.

The two day meet proved to be a valuable warm up assignment for the athletes as they prepared for the Long Beach City College prelims.

The fierce competition from the higher level athletes gave the Falcons a battle in which they proved themselves among the elite track and field athletes.

“Preparation for the prelims so far is pretty much a tune-up,” Anzures said.

Competitor of the Long Beach State Invitational,

Ariel Melendez said that the event went well for her and her teammates as a whole.

“I got my PR (1029) for the 400,” Melendez said.

Even though Melendez’s skills truly shine when it comes to distance events, the track and field coaching staff feels that certain athletes can compete well in other events outside their comfort zone.

“I have to think its the same mentality,” Melendez said. “So switching events does not throw me off, I have to get in the zone in which ever event I am put in.”

Running side by side with the four year athletes, Melendez was not shaken by the difference of collegiate athletic division.

“It was intimidating at first but then overall, it gives me a little push and a little more drive to see how far I can push myself,” Melendez said.

Ramiro Santana was active in the Long Beach State invitational and will also be competing in the Long Beach City College prelims.

“Physically and mentally I was a little nervous, we were competing against four year athletes which are at a higher level than us,” Santana said.

According to Santana he believes the invitational has given him the training and confidence he needs to compete in the conference prelims.

The transportation will arrive at 11:30 a.m. on Tuesday and the meet will commence at noon according to Melendez.



DENNY CRISTALES/ TM

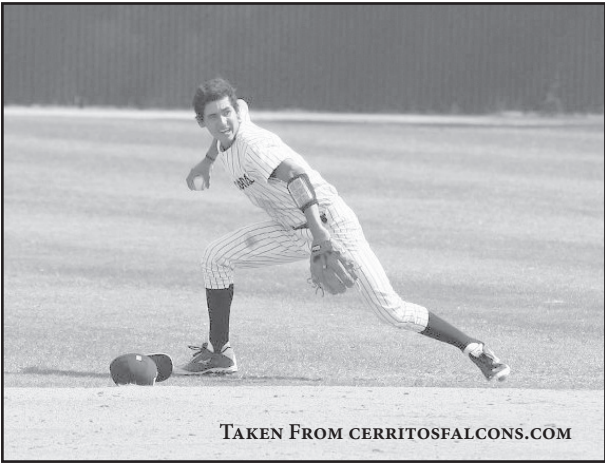
Invitational provides Prelim training: Sophomore Kathia Avila sprints down the track past freshman Jeni Vickers. The two runners will compete in the Long Beach City College Prelims, Avila running the 1500 and the 5000 event and Vickers running 100HH and 400IH.

Baseball

Apr 24 El Camino Compton Center away 2:30 p.m.

Following the home game against El Camino Compton Center, the Falcons will travel to the Tartars’ baseball field for the second game.

Game time 2:30 p.m.



Softball

May 3 at TBA CCCAA Regional Playoffs 1st Round

Following the game on Tuesday the Falcons took out Los Angeles Harbor 14-0 in the fifth inning. Keeping up the winning locomotive it has kept throughout the season, the softball team will venture into the first day of playoffs. The team has a 29-10 statistic overall. Conference statistic stands at 17-3.

Game time TBA

Scan to watch an interview with track athlete Destiny Talalemtu.



<http://bit.ly/1kZcin4>

Record setting swimmers have deep bond

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Two members of the women's swim team have qualified for state and one has a conference record under her belt from the South Coast Conference Championships on April 17 and 18.

Freshman swimmer Amanda Loya has been trying to break the conference record since the beginning of the season and now holds the Cerritos College 100 meter breaststroke record.

"It was really exciting. It was something that I wanted to do from the get-go," she said. "I knew 1:09 was my best time coming in, so I did whatever it took."

While Loya holds her record, fellow swimmer Carla Harvey is working toward a conference record of her own.

Head coach Sergio Macias feels that having that record is something special for any swimmer to earn.

Harvey is competing in the 100 meter backstroke and was so close to breaking the record at the SCC Championships.

"Last year I was .02 (away from breaking the record) and this year, to look up and see I was .01 (away). I was really mad, but I have another chance to break it at state," Harvey said.

Harvey is also .5 seconds away from the 50 meter backstroke record, which was set in 2008 with a time of 28.29 seconds.

Loya matches Harvey's ambition for the upcoming championships, even though she has already has one record to her name.

"I want to break the 200 individual medley record," Loya said. She is two seconds away from her second record and feels that if it wasn't for a mishap with her glasses, she would be able to easily drop those two seconds from her time.

The state championships are from May 1 to May 3 and Loya is starting to feel the nerves of how big this competition is for her.

"I am really nervous and anxious because there is a lot of good competition with my events that I am swimming," she said. "It's very nerve wrecking."

Although the team did not get a relay to qualify for state like Macias wanted to, he feels that that the season went great based on the potential they had.

"Overall our goal as a swim team is to improve throughout the season and get your best time at the end of the season," he said. Cerritos College placed sixth in the SCC Championship with 217 points on the first day of the event and finished in fifth place with 430 points on the second day.

"I'm so excited. Me and Amanda (Loya) are like sisters," Harvey said. "She just became my other half this season, so I am really happy that we both made it."



PHOTO ILLUSTRATION BY: DENNY CRISTALES AND GUSTAVO OLGUIN/TM
100 backstroke meter: Freshman Amanda Loya (left) currently holds the Cerritos College backstroke 100 meter record. The next target in sight for her is the 200 individual medley record. Sophomore Carla Harvey (right) is very ambitious in her swimming career. She is currently 0.1 seconds away from breaking 100 meter backstroke at the SCC championship.

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