

CERRITOS COLLEGE

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Sex crime in men's room



ILLUSTRATION BY: DANIEL GREEN/TM
A male student was in a campus restroom when a unknown man appeared behind him with his genitals exposed. The student pushed him away and the man ran off campus.

Breaking down the mentality of sex crimes

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"See, men aren't afraid like, 'Oh God, I'm going to get raped!.' They're pissed that you would even threaten their masculinity," Cerritos College sociology professor, Dianne Pirtle said.

Specializing in human sexuality, she commented on the sexual assault that happened on campus last Monday in the Social Science Building.

"That guy is actually lucky that the student didn't start to beat the crap out of him, because it touches their sense of masculinity," Pirtle said.

Benson "Fwea" Louis-Pierre, a criminal justice major said his reaction would have been more than just a push.

"I would have really gotten physical and stuff would have gotten ugly," Louis-Pierre said.

According to Pirtle, people that commit these sexual assaults often-times have similar characteristics.

"They typically have terribly low self-esteem, low self-confidence and they feel inadequate, and it's the only way that they know to be able to get aroused," she said.

Dr. Todd Gaffaney, a clinical psychologist and Cerritos College professor, gave his opinion on the mindset that the violator may have had.

"They have a sexual disorder and emotional problems or they wouldn't do that," Gaffaney said.

He added, "The mindset of exhibitionist is different then that of a molester. Right there, you have an exhibitionist and (the incident) probably would have resulted in more behavior if the victim had given permission."

In this situation, the violator may have even been turned on by the simple reaction of a push be-

cause they like the attention, Pirtle said.

She compared this type of genital exhibitionism to the actions of "Peeping Toms."

"We had some guy looking into girls stalls like two years ago and the man would sneak into the girls restrooms with a mirror to spy on girls," Pirtle said.

She offered a comparison between the gender difference in the incident.

"Women, we're fearful because men are larger than we are. It's a sense of power over us. Men react very differently than women. Their worries are about their egos, their manhoods. We're worried about whether or not we're going to get raped and survive this."

Gaffaney agreed with this statement to a certain degree, but said that men also experience an emotional trauma.

English major Sixto Montenez said that if he were sexually assaulted, he would respond in a similar way.

"I'd be devastated. I would probably be so furious that I would want to hurt someone and be depressed that I would never want to talk to anyone," he said.

Gaffaney said, "Men could too fear for their life, especially if they fought back. It's a fair comparison only to a certain degree that women are more likely to fear for their lives because of previous experience and what we know about sexual assaults and rape, but it could also be the same for men."

"Because of personal violation and betrayal, (he is) likely going to respond with anger," Gaffaney said.

Valente Huerta, sociology major, said that he would take matters further by filing a police report on the individual.

"I would get a restraining order or have (him) arrested," he said.

Sexual predator expose self to male student

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A Cerritos College student was sexually harassed by a man in the men's restroom on the ground floor of the Social Science Building in the morning on Monday, Sept. 16.

According to Cerritos College Campus Police Captain Tom Gallivan, the incident was addressed to campus police the following day.

The notice wasn't released until the evening time but Student Services Dean Steven Johnson said the reason for getting the notice out so late in the day was because of the process and publishing the campus police has to go through before it was released.

Johnson said that the notices are published as soon as possible so that the campus can be aware of the safety alerts immediately.

Once the notice went through processing and publishing, Gallivan then published the notice to the campus through Emergency Text Alerts.

According to the notice, the suspect was described as a black man between 40 and 45 years old and about 6 feet tall, 180 pounds. It also states

that he had dark eyes, a shaved head and discolored teeth.

Psychology professor Todd Gaffaney said he is aware of who the victim is and said he believes the victim pushed the suspect away from him upon exposing himself.

Gallivan talked about the process that campus police has taken to catch the individual.

"We notify all of our cadets and the officers so they have a description of the individual. This individual kind of stands out from what you saw, so we put out the description to all of our staff and then we put out the alert to alert you."

"(We) post it on all the buildings and then we contact the local agencies that surround the school to see if they have any similar type of crimes. We'll see if any of the agencies have had some kind of contact with a subject matching the description."

He said that the campus has contacted both the Norwalk and Cerritos police stations.

Since he has only been working for the campus police station since March, Gallivan is unaware of any previous sexual assaults on campus but he finds this case particularly odd.

"I haven't heard of anything like this before. A

very, very unusual case. That's why we're hoping (to) get the help of the students to see if they have seen this individual around town, not just on the campus."

Someone might have seen him at a local shopping center or someplace within the community. And that's why we are asking for assistance, for the student body to be our eyes and ears.

We can't be everywhere and they are probably around the location surrounding the school more than we are. So it would be nice if anybody sees anybody matching the description. It would be nice for them to give us a call."

The campus police station is located on New Falcon Way in the back of the college. They can also be reached by phone at (562) 402-3674.

"We're hoping (to) get the help of the students to see if they have seen this individual around town, not just on the campus."

— TOM GALLIVAN

Cerritos College Campus Police Captain

Statistics on sexual assaults among diverse groups

Women

- One out of every six women has been a victim of attempted or completed rape in their lifetime.
- 17.7 women have been victims of attempted or completed rape.

Men

- One in 33 (or three percent) men have been a victim of sexual assault.
- 2.78 million men have been victims of sexual assault or rape.

Children

- 15 percent of sexual assault and rape victims are under the age of twelve.
- 93 percent of child victims know their attacker.

- All women: 17.6%
- White women: 17.7%
- Black women: 18.8%
- Asian Pacific Islander women: 6.8%
- American Indian/Alaskan women: 34.1%
- Mixed race women: 24.4%

- Victims of sexual assault are:
- 3 times more likely to suffer from depression.
- 6 times more likely to suffer from post-traumatic stress disorder.
- 13 times more likely to abuse alcohol.
- 26 times more likely to abuse drugs.

For more info visit
Rainn.org



<http://bit.ly/gRnm1>

Red Cross collects blood from students

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On Monday, the American Red Cross conducted a blood drive arrived at Cerritos College, prompting potential donors eager to help save lives to queue outside the truck parked in Falcon Square.

A majority of contributors were seasoned blood givers and were happy to donate their blood multiple times.

Laura Hurtado, a homemaker who had been donating her blood for 15 years, gladly accompanied her daughter when she heard that the blood drive was on campus.

"I donate every chance I get,"

Hurtado said. "My blood type is the most common and it helps preemies."

Kevin Orellana, a liberal arts major, had donated blood three times over the last four years. "I like the idea of saving a life," Orellana said. "I've received blood myself, so I know the impact a simple donation can make."

Other givers had personal reasons for donating. Meghan Gonzalez, a biology major, has a six year old sister with stage 4 cancer in her liver.

"My sister needs blood transfusions all the time, so my entire family donates blood," Gonzalez said. "I know the blood doesn't go

directly to my sister, but I feel better afterwards because I feel like I really helped somebody."

Likewise, Ibet Garcia, an aspiring elementary school teacher, started donating blood a year ago and enjoyed hearing how many lives she saved. However, she also donates blood in memory of her uncle.

"I had an uncle who would always need blood and have his blood washed, so that's why I donate," Garcia said. "I mean, I know he's not here anymore, but it's still nice."

Jorge Folgar, a 23 year old the-

ater major, likes to give blood often.

"I have (type) O blood, so it can be used for anyone. I can help basically anybody," he said.

Donating as much as a double pint every four months since the age of 18, Folgar qualifies as a dedicated helper.

"The need is always there, so if I'm not donating with the Red Cross, I'll be donating with Kaiser. Basically anywhere that's close," Folgar said.

The blood drive will remain in Falcon Square until Sept. 12.



PHOTO BY: DANIEL QUINTERO/TM

Students wait patiently to donate blood to the Red Cross. The organization parked their station outside the college bookstore for an entire week in September.

Homecoming 2013:Comic-Con



COURTESY OF THE ASSOCIATED STUDENTS OF CERRITOS COLLEGE
Cindy Phan dresses a the Wicked Witch in a banner for Homecoming. ASCC decided to choose Comic-Con as the theme for this semester's event taking place in October

New theme chosen to spark creativity

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Clubs prepare to take off after the announcement of Comic-Con as this years Homecoming theme. This year's homecoming theme and schedule were among the things discussed at the annual homecoming kick-off luncheon Thursday. Excitement ran high as this year's homecoming theme was announced to be "Comic Con." "I want to scream out loud," said German Sanchez, president of the sci-fi club. "There's a theme that caters to the nerds of Cerritos College." Student activity coordinator Amna Jara helped pick the theme, taking input from student leaders and discussing it with staff. "We wanted something new and something broad so we can have really good floats," Jara said. Participating clubs will have a budget of \$400 to build a float that fits with this year's theme. While the theme is expected to

bring in creative floats, some clubs are finding it difficult to come up with ideas. "Our first thought was what are we going to do," math club co-advisor Angie Conley said. "Who's the superhero that uses math?" With last year's theme being Broadway musicals and the previous year's being rock 'n' roll, the music club is up for a challenge. "Since there aren't any musical superheroes, we don't know what exactly can relate to us," music club president Gabriel Garcia said. Some clubs have already started brainstorming on float ideas. Sanchez said he's leaning toward something that not many people are going to see and something that is "interesting to do visually," such as 'Godzilla.'" According to Sanchez, who is also vice president of the anime club, the anime club is planning to do something based on the anime "Attack on Titan." The math club has also started brainstorming with Conley, hint-

ing that "it's going to be a superhero that has brains just as much as (he has) brawns." Not all clubs are planning on participating in this year's homecoming activities. Cosmetology club president Celina Gonzalez said that due to its busy schedule, the cosmetology club might not participate in the float building activities. "We would like to participate, but we have tournaments coming up in September," vice president of speech and debate Miles Aiello said. "It takes a lot of prep. It takes a lot of time, so I don't think we will be participating this year." Clubs will also be able to choose to sponsor someone for the homecoming court. Homecoming applications will be available on Sept. 23 in the Student Activities office and will be due on Oct. 2 at 9 a.m.



PHOTO BY: DANIEL QUINTERO/TM
Students eat at the Homecoming Luncheon while waiting for this year's theme

Job Placement Center helps students find work

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The Job Placement Center is where people can get free employment services for those in the Cerritos College community. Job Placement Center provides info regarding employment opportunities on and off the campus such as part-time work, full-time work and internships. Terrie Lopez, director of Career and Assessment Services, goes on to talk about the purpose of the Job Placement Center. "The main mission is to guide and assist students throughout their job search process. This is done by helping students identify their skills, interests and values and how they factor in when looking for a job." Not only that, but the Job Placement Center also provides help with a student's interview skills and creating resumes through various workshops. Rose Vazquez, Career Services administrative assistant, talks about the difficulties students have when they are in the process of finding a job "It is very time consuming, so a lot of students don't take the time to prepare themselves. That's something that our employers that have come to our job fairs have told us." Vazquez expresses that students aren't confident themselves, when it

comes to finding a job. "A lot of (students) don't feel like they have any experience. I can tell you that even if you don't have a specific work related experience, students have experience were they got involved with community service or at their local churches, even on campus and in their clubs." The Job Placement Center has a lab with computers and folders with job listings that can help with the job search. For the actual job interview, counselors at the Job Placement Center will do mock interviews to sharpen their communication skills when it comes to a real interview. Jorge Rios, Job Placement technician, talks about how students should go about using their services, "If you come in, sign in up front with the receptionist, in the back we have cubicle that is strictly for job placement." "We have a variety of job placement binders such as the categorized job listings, we have two of those, we include in the binders office work and labor market information." The Job Placement Center is open Mondays and Thursdays from 8 a.m. to 4:30 p.m., Tuesdays and Wednesdays from 8 a.m. to 7 p.m. and Fridays from 8 a.m. to 12 p.m. The center will also be hosting a Resume Basics workshop on Oct.1 and again on Oct. 8 from 11 a.m. to noon in Business Education 105.

Solicitors can be a disturbance or a benefit to students on campus

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When he first started asking students to join LA Fitness, Boris Arias felt the cold shoulder from students as a solicitor on the Cerritos College campus. "Because it is my first sales job, when I started working here it was pretty tough because I got rejected a lot," Arias said, "the students didn't like the idea of our one week passes because they felt we were trying to catch them in." When it comes to vendors on campus, the overall theme is that students don't like being harassed. "Obviously people don't want to be insulted or bugged," said psychology major, Genesis Arreaga. While advocating free tuition for higher education with the Peace and Freedom Party, James Joseph said he preferred to sit at his table and wait for student to approach him because he couldn't relay his message if he was following students. "I prefer not to harass the students. I think that if they don't like what I'm saying, they can leave. Those who want to talk to me will come," said Joseph. With this mindset, more student are likely to feel comfortable, according to Cecilia Palomera, a psychology major. "As long as they don't bug me or harass me on my way to class, like by trying to stop me, I'm okay with them," Palomera said, "but if I want

the information I'm definitely going to go towards the booth." Students' attitude toward solicitors depends not only on the way the vendors approach the students, but also on how the students feel at that specific time, Arreaga said. "If the student is having a good day, he or she will cooperate, but if they're rushing to class, they'll most likely want them (solicitors) to back off." Arreaga only had a problem when a man tried to spread the word of God through an obscene act. "There was a guy here that had a huge sign that said, 'You're going to Hell!'" Arreaga said, "because I'm someone who believes, I know it is something they're supposed to be doing, but there are other ways to do it (spread the word)." Despite the struggle of being shot down, Arias saw his presence as beneficial to the campus. "I'm a life changer. That's what I call myself because I feel I'm out here to change life by promoting fitness and wellness, Arias said. "I don't feel I'm selling anything I just feel like I'm spreading the word." Melissa Duenas, a chemistry major, also said that LA fitness was the most relevant booth on the Cerritos College Campus because it encourages students to exercise. "College is stressful and students overwhelm themselves and gain a lot of weight because of it," Duenas said.

Convocation raves: 'Year of Recovery'

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Dr. Linda Lacy calls this school year 'the year of recovery' as aspirations for superior educational planning, remaining fiscally strong, reducing textbook costs and preparation for the upcoming accreditation, among other things, were the topics discussed Thursday, Sept. 19 during the Cerritos College Convocation at the Burnight Center Theater. "It was very informative," David Betancourt, coordinator of the Center for Teaching Excellence, said. "You become invested in your day to day teaching in the classroom and it's nice to be here, sit back and know what's happening in the big picture here on campus." Talks of change and steps in the right direction echoed throughout the theater, as faculty and representatives of Cerritos College each had time to share their plans and concerns around campus, most prominently being financial concerns. Lacy explained that in the previous three years, Cerritos college lost 16 million dollars from a 90 million dollar budget, and during this time, classes and services were cut. "The reason we say this is the year of recovery is because Proposition 30 has passed and we're not making cuts anymore," Dr. JoAnna Schilling said. "The last few years, all we've had to do is cut, so this year what we're looking to do is to create clear pathways and educational plans for students so they can know how to reach their goals." Added Lacy, "we're still far away from where we want to be, but we're making great progress toward our goals with little steps at a time." Creating clear pathways for students toward their degree was a point addressed during the

convocation, in addition to reducing textbook costs, as the price has risen by 186 percent, and finding alternatives such as e-books or open education programs. Schilling said, "We want an educational plan that tells you the courses you need to take and makes suggestions for your general education so once a student signs on for a particular plan we can make sure that we schedule the classes and make sure the students actually obtain what they are looking for." The open education program would allow students to purchase books at a discount, in addition to increased access for the material, as one would be able to access the information through Talonnet. Business administration professor Robert Livingston said, "The average cost for a textbook that isn't part of the open education program is 205 dollars and the average cost for a textbook that is apart of the program is 19 dollars. The program is being run very responsibly." The upcoming accreditation also came up as issues from the previous evaluation were said to be addressed and a timeline of events was displayed, showcasing when things were to take place. Such as a final report being submitted in December, the accreditation committee visiting campus in March and a response from the ACCJC in June. Construction around campus was mentioned and the new Liberal Arts building is scheduled for completion by the summer of 2014 and the relocation of the Child Development center taking affect Apr. 2014. "The tax money here in the Cerritos community helps fuel the construction you see here

on campus," Schilling said. "All the construction here is being funded from our last bond, which is measure CC and is finishing up, and our new bond, which is measure G." She added, "That has actually been easier than funding from the state, which funds classes, and that's where I think it gets confusing because students see all of the buildings going up and we're cutting classes." "The problem is that we're getting money for one thing, but we can't use it for something else." "What you see around you is going to make a huge difference and now we need to make sure we have the classes the students need inside of these buildings." Improvements in the Human Resources department are also being made as vice president Mary Anne Gularte said, "we're looking to better our process and procedures and utilize technology to improve our services." We're soliciting feedback and input from the entire campus on how we can improve and provide better service for the college." There were many positives in the convocation, but the financial problems are not going to just go away as Livingston noted. "I think the question long-term for education is complex and it's going to take some time to work it out. It's a moving target, there are so many things going on, not just here in California, but nationally." Betancourt believes that one should not be discouraged and move forward. "This is the first year, in three years, where we're not getting that message, 'get ready, here we go again.' Now we're able to give a sigh and go, 'OK, it feels like we can start rebuilding again.'" He added, "The school's priority is one priority, student success. Everything here revolves around that."

Editorial

Solicitors at Cerritos

For more on solicitors on campus read this week's editorial.

FULL STORY ON PAGE 3

Homecoming

Homecoming Meeting and Applications Due

A Homecoming Committee meeting will be held at 11 a.m. in BK 111

Homecoming Applications due on Oct. 2 at 3 p.m.

Club Activities

Inter-Club Council

ICC meeting in room BK 111 at 11 a.m.

HOMECOMING

Homecoming Elections

Homecoming Elections will be held on Oct. 10 from 9 a.m. -2 p.m. and from 5-9 p.m.

ONLINE POLL

What do you think of the Homecoming theme?

A. Great! I love it!
B. Sounds like fun.
C. I really don't care.
D. Was that the only option?
E. Sounds like a waste of time.

VOTE ON TALONMARKS.COM



“How do you feel about solicitors at Cerritos College?”

COMPILED BY:
ALAN LEYVA
PHOTOGRAPHS BY: JONATHAN GARZA

FREE
SPEECH
ZONE



DHRUTI KHETANI
Business major

“They’re OK. If they try to impose it or force it on you then it’s just a little too much.”

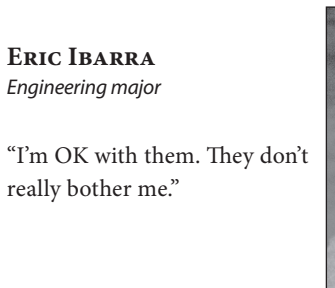
SIMON VONG
Biology major

“It’s business. You know people are trying to make money. There’s nothing wrong with it as long as it’s legal.”



MICHAEL ROMAN
Undecided major

“I don’t mind. They don’t really bother me.”



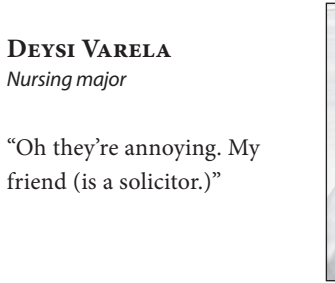
ERIC IBARRA
Engineering major

“I’m OK with them. They don’t really bother me.”



EVELYNE RODRIGUEZ
Art major

“I don’t mind as long as they don’t bother people that don’t want anything to do with their business.”

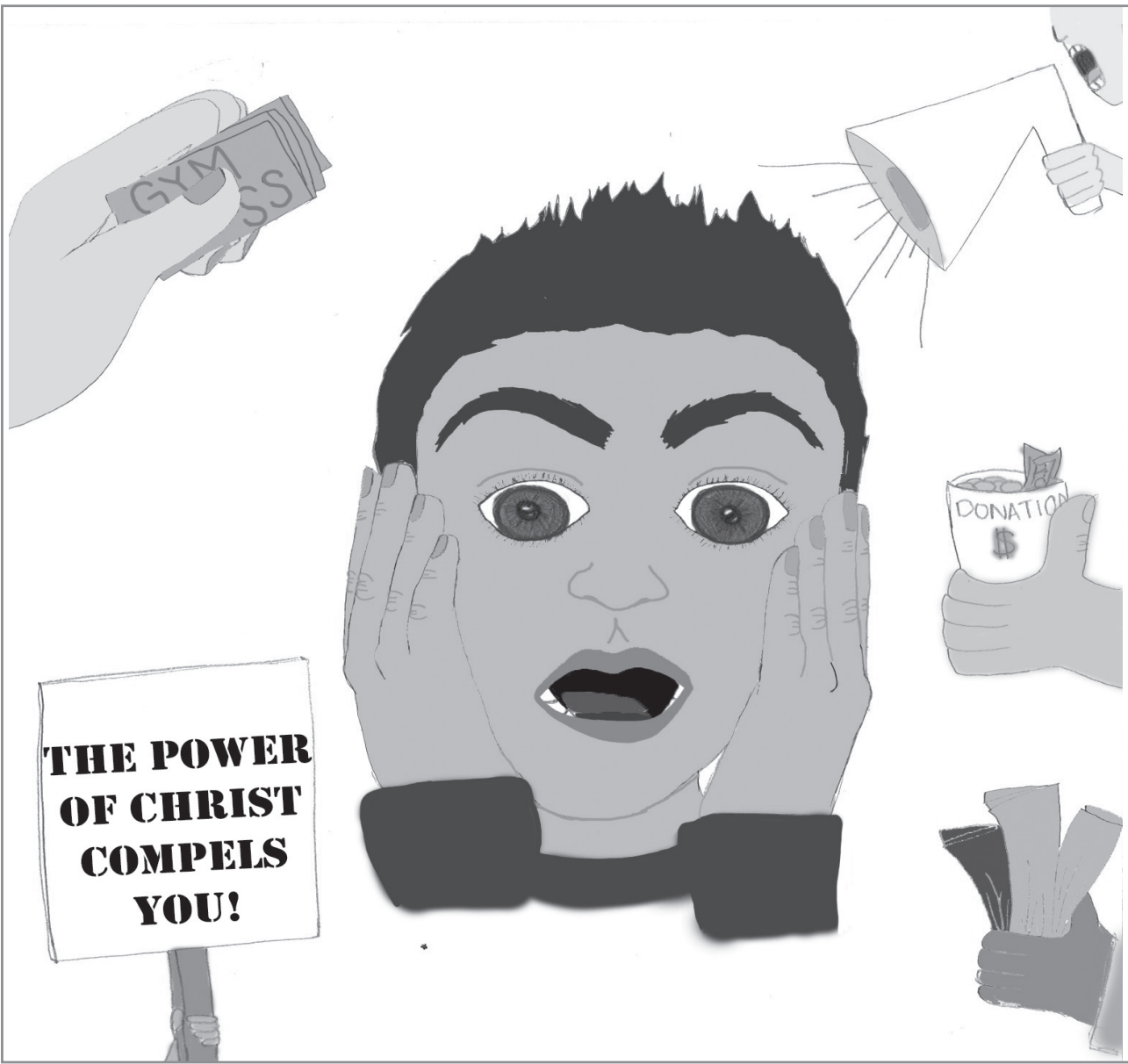


DEYSI VARELA
Nursing major

“Oh they’re annoying. My friend (is a solicitor.)”



•EDITORIAL•



ILLUSTRATED BY LAUREN GANDARA/TM

Take one and then go away

Every day, students deal with numerous distractions from every direction such as work, family or the media.

It can be hard to block out these distractions and find a way to focus on class and assignments or just relax.

The campus should be one of the few places where students can put their outside life on the back burner and concentrate on obtaining an education.

Unfortunately, the campus can be disturbed by the outside world.

It seems every other day we get reminded by a solicitor that someone wants something solicited to us, and they place themselves along Falcon Square.

They seem to be worse during the beginning of the semester when they have a crop of students to prey on.

It can be a nuisance trying to avoid someone trying to sell you a gym membership or hand you a flyer

of a mutilated pig.

This can be especially annoying when you are trying to get to class or leave to get to work on time and someone will not take no for an answer.

On one hand, you can’t help but sympathize with some of the solicitors.

Some are just trying to do their job and have to make a certain quota or they truly believe in their cause and want to spread a message that they truly believe in.

However, even the most sympathetic person can reach a breaking point after feeling pestered every day.

It would help if the college tried to set stricter guidelines on how often solicitors can come to campus or even what kind are allowed.

Do we really need to have gyms and banks trying to sell accounts every other week?

Most college-aged students should know how to obtain these things by themselves.

Thankfully, the companies seem to be a minor nuisance compared to others who visit the campus at times.

When people come to yell at students and tell them that they are going to hell, they cause a more serious distraction.

Most religious visitors seem to be respectful of students and try to peacefully spread their message in an appropriate way.

The ones that harass students should only be given so many chances before being kicked off campus.

But if students complain that they are a bother, they should be talked to or banned from the campus.

If students see a company that is suspicious or feel that someone is going to extreme lengths to grab attention, they should let someone know.

Students have the power and responsibility to change the atmosphere of the campus if they speak out and let the college know that they are unhappy.

Paying college athletes would bring more problems



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Four big-name players come to mind that got suspended because they took money under the table feeling that they deserved to get paid before going pro.

They are Terrelle Pryor, Dez Bryant, Chris Webber and Marcus Camby.

There has been so much talk the last few months on whether or not Division-I college athletes should get paid or not.

They should not get paid. On top of everything they already get what

other college students do not.

College athletes already get free tuition, also special treatment for class registration and also extra help on making sure they pass their class so they can play on game day.

Does the NCAA make money off of a lot of these players?

Yes they do, but let’s be honest it is mostly the star players and they usually go in the draft of their respected sports, typically football or basketball.

Paying for one sport means that they would have to pay every other sport in college and it’s not worth it.

Yes people come to see sports like track and field, volleyball, etc. but they don’t generate as much funds.

They come from the basketball and football athletes., which are the

major two. Nobody is even talking about paying the other sports. Once they start paying them and not paying other sports there will be a huge revolt and there will be a bigger problem then they already have.

Should the NCAA not hammer out so many fines or suspensions when an athlete goes out and makes money on their jersey, autograph or boosters to help them get money?

Maybe not, but to literally give them a salary would be ludicrous and most schools would go bankrupt.

There are 346 Division-I colleges in the United States and every one is required to have at least seven sports for men and women.

So just imagine how much money schools would end up losing if they had to pay all of their athletes.



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Embrace technological advances

The use and constant creation of new technology is helping us and improving our way of life as humans. The evidence is all around you, even in your pocket right now.

Thanks to technology, we have risen to unimaginable heights in the past decade.

Technological advances have allowed us to create a world with hundreds of codes and encryptions that zoom from one place to another.

The world has gotten much smaller due to technology and everyone is connected in some shape or form.

It is possible to view a loved one thousands of miles away in the palm of your hand.

People around the world can now carry a little bit of home with them every time they step outside with their mobile, wifi-entwined, devices.

The anthropoids that came before us went from bare hands, to rocks, to spears and arrows and later went on to invent the wheel that, to this day, we still use and redesign every time we develop new technology.

Without technology, entire countries and ways of life will vanish into thin air.

Those that say how technology hurts us, rant and rage from a blog on an electronic computer themselves, then drive off in a machine created by technological ingenuity and preach how technology is decimating human ways.

In a modern world where stock markets are displayed on LED teleprompters, it is vital to be tech savvy.

From the multi-billion dollar companies down to the college students registering for classes to ensure themselves a future, technology is the norm.

We hang out in the same room as our friends, but post funny moments to our timelines on Facebook and Twitter.

The modern-day teenager can’t go one second without ‘LOL’-ing their friend in the other class. College papers are submitted through emails and educational databases.

There is no stopping the technological revolution, even if we as humans begin to stray from basic biological actions.

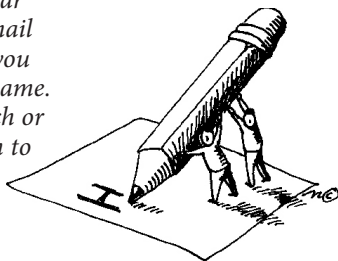
Whoever is not on the same page as the modern world might as well just log off Facebook and resort to smoke signals.

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Why technology is bad
bit.ly/14F05wp



Did one of us write something that ground your gears? Do you want to congratulate us on the great job we’re doing? Whatever the case may be, we would love to hear from you, our readers. Send a **LETTER to the EDITOR**. We accept electronic mail at editor@talonmarks.com and boring regular mail at our office in FA-42. If you want your letter or e-mail to be printed, you must proudly sign it with your real name. Letters in poor taste will not be printed. This means we don’t want any hate speech or conspiracy theories (unless they’re hilarious). We only edit your letters for length to print them, but they appear in full online. If the subject of your letter is campus-related, then it will be given priority.



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Jiving and jamming on student stage

A way to express freedom through dance resides with the Dynamic Dance Club.

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“I didn’t even know it was a club. I just walked in there, one of my friends said, ‘Hey, let’s go see my friend,’” engineering major Peter Rodriguez said about the Dynamic Dance Club.

The club meets every first and third Monday of each month from 2 to 3 p.m. in Fine Arts Building in room 54 then from 3 to 4 p.m. on the Student Center stage.

Rodriguez added, “Dancing is a great relief from stress. (It’s) somewhere where you’re not surrounded with danger.”

Broderick Woods, business management major, is president of the club and has been dancing

since he was 15 years old, dancing at house parties freely.

He fell in love with dance, especially when he discovered Latin dance and feels that is where he performs strongest. He has been dancing at Cerritos College since 2008 with the Dance Department.

Last semester, he came up with the idea for the Dynamic Dance Club.

“I wanted to give the opportunity for people to dance through their emotions. There’s so much we go through in our lifetime these days. We go through depression and financial loss.

“Some people don’t take that well. I’m trying to give another opportunity to give them a positive outlet (to) dance through their emotions,” Woods said.

The group consists of all different types of dancing such as hip-hop, break dancing, salsa, Latin dance and everything in between.

Woods said, “no experience needed” in order to join the club. All you need to have is a minimum grade point average of 2.0 and at least be enrolled in one class with at least a unit. Most

importantly, a new member must want to learn to dance.

According to Woods, many people confuse this club with the Dance Department.

Rodriguez joined on accident, but ended up liking it.

He said dancing took him out of all of the bad things he would do before, and by dancing out all of his emotions, it made him feel better about himself.

Rodriguez said that his club has its own social events like house parties and kickbacks among themselves to just hang around.

Judy Mendez, undecided major, said that she loves dancing bachata because it is a sexy, romantic and very passionate partner dance.

She used to be shy to be on stage in front of a crowd, but being in the club made her more confident about herself and now she can dance anywhere without being shy.

“We are like a family,” Mendez said.



ANDREW CASILLAS/TM
Balance: Photography major Jasmine Alcayde pulls off a “Nike.”



ANDREW CASILLAS/TM
Jammin’ Jimmy: History of Rock professor Jim Simmons lets his soul run free through musical expression.

Professor plays in band

Multi-talented professor teaches and plays in a band.

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Jim Simmons, a professor that teaches history of rock at Cerritos College, rocks out on the side with his band 4 Level Interchange. The band consists of Will Brahm on guitar, Rosy Rosenquist on drums, Ray Enix on bass and Simmons on keyboard.

Simmons mentioned, “I’ve had this band since 2005, but I’ve had a lot of different players who just rotate through.”

He has been playing the keyboard for many years with a focus in jazz.

He said about his band, “It was actually a band I was using at my senior recital as a jazz major in Cal State Long Beach.”

Simmons ended up graduating from CSULB in 2005 and then got his master’s from UC Irvine in 2007.

His band performs at different venues on the weekends including

a set it did on Sept. 14 at DiPiazza’s, a restaurant in Long Beach.

He said about the set, “(It) was 65 minutes. Normally we play for an hour and a half.”

Simmons said he enjoys it when his band is able to play longer sets.

“We like to play longer because it benefits us. We get to stretch and play tunes longer. Instead of 45 minutes, we’ll play longer (and) instead of playing two sets, it’s like playing two shows.”

According to its page on ReverbNation, the band’s music sounds similar to Tribal Tech, Steely Dan and King Crimson.



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Passing limits: Freshman Adriana Alcaraz practicing her wrestling skill at the Falcon gymnasium. She previously wrestled at Downey High School and will attempt to compete this season for Cerritos College.

LUIS GUZMAN/ TM

Alcaraz pursues passion for wrestling

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It is not a typical thing to see a female wrestler wrestling for the Cerritos College wrestling team, but freshman 125-pounder Adriana Alcaraz is committed to proving she's worthy against her male teammates.

Alcaraz is one of three women who are a part of the Falcons wrestling team this season.

Her first stint with wrestling started her junior year at Downey High School.

Other than wrestling, Alcaraz is also majoring in cosmetology.

"Adriana is kind of new to wrestling. She wrestled one year in high school, so to make that jump from a high school team to a college one is a big jump," head coach Don Garriott said.

"She is actually the one that is the most consistent. She's at practice every day. For her, I think she is using this year to be better."

Alcaraz's future plans include the possibility of transferring to UC Davis.

As of right now, she is trying to accomplish all the goals she has set for herself.

She said about her team, "It gives you a

chance to show what you really have. Since I'm a girl, it gives me a chance to see what kind of skills I have. And even if I don't know (something), I can learn more and more everyday."

Alcaraz's parents weren't that supportive in her choice to continue wrestling.

"To this day, they aren't supportive at all. They said that I should be more of a girly-girl and join a girl's sport."

Garriott said about the females on his team, "Female wrestling has become such a common thing. I don't really think there is a reaction toward them on the team. A lot of the guys are kind of focused on their own thing."

Alcaraz talked about how the other wrestlers on the team support her.

"They treat me equally. (It) doesn't matter if I am a girl. They will still kick my (butt) no matter what."

Her goals for this semester is to get her associate's degree.

Alcaraz went on to describe what she wants to accomplish in wrestling, "I really want to go to nationals. I hope I do one day."

"Even though people tell me that 'you can't because you're a girl,' and this and

that, I'm sure if I (stay) positive and I do what I've got to do, I would probably make it."

Dalton Foster, a 133-pounder, gave his thoughts on Alcaraz and the rest of the women on the team.

"I am actually very impressed with them. They have been coming out and they have been working just as hard as any of the guys and they have been competing just as well as any of the guys."

Foster said about the sexes meshing with one another, "I have nothing against them. If they are willing to put in the effort that the rest of us are willing to put in, then I've got nothing against them."

George Mariscal, another 133-pounder, said, "To me, anyone who is actually willing to (participate in) the sport of wrestling, whether (he or she) be a male or female, I give mad props to anybody who is willing to come out to (partake in) the sport."

He added, "I don't think it's a sport for everybody. It's definitely hard. You really need to put the work in. For (wrestling) being a male-dominant sport, (us) having some women coming out to the team, I think it's great. I think they're doing a great

job. I feel like they're working hard (and) they're putting the time in."

"I really don't see them as females, I see them more as my teammates. I would definitely say there is that camaraderie, even though there is that sex border."

Garriott went on to talk about Alcaraz and the other women wrestlers.

"The best way I can put their work ethic is, I don't even notice them during practice. I mean, if someone is not doing a certain thing, you notice that."

"I've always got guys who aren't running, or who are hurt or whatever. I don't even notice the girls in practice, so they must be doing what everybody else is doing."

Alcaraz talked about her inspirations for participating in the sport, "My inspirations are my coaches. They taught me from day one (how to do) the basics and taught me to do whatever I set my mind to do."

Even though there is no women's wrestling team at Cerritos College, coach Garriot mentioned the possibility of one.

"There's talk of women having their own wrestling team, because it's getting so big in high school that we're talking about bringing it into junior colleges."

Gonzalez reflects on his athletic career

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One is often told that if you work hard and stay focused, success will eventually be reached. That definitely seems to be the case for Louie Gonzalez, assistant coach for the men's soccer team at Cerritos College.

Although Gonzalez is only in his second year as an assistant coach at Cerritos College, he has already enjoyed success as part of the soccer team during the 2008-2009 school year.

"As an athlete, I had two great years," he said. "I just came in with the mentality that I had to help out the program."

During his first year, he received awards for most goals scored and most assists and was voted an All-American. His second year netted him another All-American award and National Player of the Year.

"All those awards gave me the motivation to return the following year," Gonzalez said, referring to his second year at Cerritos.

"The hard work paid off," he added.

After his Cerritos College career, he transferred to Cal Poly Pomona. He played two years there and received a few first team CCA awards and recognitions.

He landed a professional contract with the Los Angeles Blues, coming out of Cal Poly Pomona.

Although he claimed he didn't get too much playing time, he said that this was the time where coaching started becoming a passion for him.

"Around that period, I spent my time learning the coaching side of soccer and I liked it. That's why I'm here, to get even further coaching knowledge."

He added, "I came here as an assistant coach for my love for the game. I really wanted to stick with soccer."

Gonzalez seems to be building a good rapport with his players.

Freshman defender Alejandro Nunez said, "He works well with athletes. He's a cool guy."

Cerritos College men's soccer head coach Benny Artiaga thinks

highly of Gonzalez from his playing days.

"Not only was he team captain, National Player of the Year and an All-American, but he was my hardest worker. When you have all those attributes, you want him around your guys. You want him training them."

Gonzalez said, "There's a lot of good memories thinking back on all those years and what I did. I try to pass this knowledge on to all these kids."

Gonzalez aspires to be a head coach one day for any program.

He is still currently attending Cal Poly Pomona in an effort to gain his master's degree in sociology with an option in criminology.



DENNY CRISTALES/TM

Directing traffic: Men's soccer assistant coach Louie Gonzalez observes the team during a scrimmage while at practice.

SEPT. 25

Water polo teams play doubleheader

The water polo teams will face-off against Los Angeles Trade-Technical College at home in back-to-back matchups. Game times are 3 p.m. and 4:15 p.m. respectively.



SEPT. 26

Cal Lutheran tournament awaits men's water polo

Following the match against Los Angeles Trade-Technical College, the men's water polo team will partake in the Cal Lutheran tournament. The San Diego Mesa tournament will begin and extend throughout the week.

SEPT. 27

Cross country and wrestling in action

The cross country teams will travel to Central Park for the Golden West Invitational at 10 a.m. Meanwhile, the wrestling team will face Santa Rosa College at West Hills College at 7 p.m.



SEPT. 28

Wrestling and volleyball finish off the week

The wrestling team will be at the West Hills Tournament at 9 a.m. The volleyball team will face Allan Hancock in an away contest at 11 a.m. and afterward will face College of the Desert at 1 p.m.



Alert and ready: Freshman goalie Catherine Borunda setting herself into position to block a shot during practice. Nine games into the season, she has 63 saves.

Back-to-back games at home

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Sophomore center Catie Tuning is excited for the women's water polo team's first home game of the season, while sophomore Derek Klotzer enters the men's water polo game with a sense of confidence as both teams face Los Angeles Trade-Technical College Wednesday at home in a doubleheader.

Coming off this past weekend's events at the Chaffey Tournament, the women's water polo team holds an overall record of 3-6 and are looking ahead at a game that head coach Sergio Macias is calling "a must win."

"It's our first conference home game. We just came off our best performance on Saturday, so we want to carry over from that game and hopefully do the same, if not better from our most recent game in Fresno."

Macias noted that the team is still adjusting to one another and that it is working on the basics in order to refine its game against opponents like Los Angeles Trade-Tech.

"Los Angeles Trade-Tech is undefeated. They're 2-0 and they have scored 30 goals in two games. It doesn't matter who they played against, they scored 30 goals so that means they're not scared to shoot."

Tuning added, "We need to go over the game plan and do everything together as a team."

The men's water polo team holds a 3-3 record, right at .500, and seeks to limit its mistakes, most prominently on the offensive side which has been described as reckless.

"As long as we have our counter attack before we pass the ball and make sure nobody is dropping off into the set, we should be able to run our offense cleanly and it should work perfectly," Klotzer said as he elaborated on the team's offense.

He added, "As long as we play our game and do what we're supposed to do and what we practice, we should win no problem."

The men's team's 13-10 away win against Mt. San Antonio College last Wednesday has given the team two consecutive wins, and on Wednesday, the team seeks to make it three.

"We need to go into this game focused and play our own game and not worry about the other team," freshman two-meter Michael Hanna said.

Freshman driver Matthew Skinas added, "If we play our game and do what we typically do, we'll definitely win."

Sophomore attacker Teresa Zuniga, along with the rest of the women's team, seeks to improve the overall record and spark some momentum heading into the first home game of the season.

"We'll come out strong and confident, but at the end of the day all that matters is the final score."

The women's game is at 3 p.m. while the men's game is at 4:15 p.m.

Development is the goal for cross country teams

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Although the entire team is not performing at Friday's meet in the Golden West Invitational, cross country director Christopher Richardson seeks to promote development in the men and women's cross country team's athletic and leadership skills.

"We're all on the same page and (have) the same accord heading into Friday's meet," he said. "Working and developing together as a team is what we're looking for."

Women's cross country has participated in the last two competitions, while the men's team has performed in all three of the previous ones.

Coming off the Lou Vasquez Invitational, the women and the men placed first and second, respectively, and strive for steady progress and improvement at every competition.

The overall focus and direction of the team has slightly shifted over the last few weeks.

"We've had to make adjustments in terms of our expectations on what our team wants to focus on, and that goes for both the men and the women," cross country head coach Marco Anzures said. "So, we're looking at how well we can work together as a team. These are all concepts coach Richardson and I are stressing."

Some of the top runners on both teams are sitting out Friday's meet at Huntington Beach

in Central Park in order to get some rest and allow some of the younger talent to attain further experience.

"I feel this meet will serve as a preparation for some of our athletes and provide some development for some of the newcomers and the ones that are really trying to get to that next level," Richardson said. "This meet is not going to be emphasized for top varsity runners. We're trying to give an opportunity to the lower-level athletes and get them to step up and get a good competitive feel."

The goal both coaches have for the team is to focus on the technical things of the sport as Anzures noted - things such as kicking really hard with one's feet or keeping up with the pace of the team throughout the race.

The intent is to develop and season the skill set of the runners on the team.

"Coming together as a team and setting goals where we can get a sense of personal satisfaction out of our race, other than just making it focused on a goal or outcome how we did individually."

He added, "We're looking to form those types of goals and having those translate to how well the team does."

"Every race is a learning opportunity and we are focusing on building good racing skills that we will need for races in the future."

Aside from the athletic aspect,

the team has to adjust working together as many of the runners on both teams are relatively new, and the need to get familiar with one another is crucial.

"A hard race effort for both teams is our focus because the skills we develop will help in the long run," Anzures said.

"As the season continues, we will stress developing consistency in practice, academics and personally in order to set us up for success late in the season."

Richardson notes that both the men's and women's team are similar in many ways and the need for leadership is something else they have in common with.

"They are very young teams and they are entering a new system. So for them to be able to learn and adapt, I think they are learning the maturity aspect of the sport."

"Once some key people step into leadership roles, it will be a pivotal shift on both teams. They're both very talented groups."

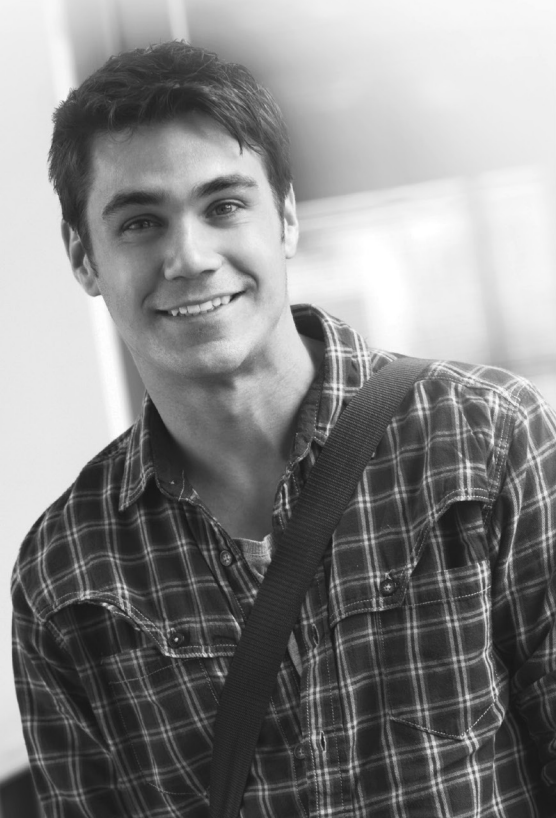
Despite the top runners sitting out of the upcoming competition, sophomore David Pleitez says that the team enters the meet with a sense of assertiveness.

"It's like any other meet. We are using each meet to improve ourselves to get ready for state. We learn from every race, so our goal right now is to improve on staying closer together as a team in the race."

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