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Come one, come all!
The candidates running for Cerritos College
President, Vice President and Student Trustee are
lined up and ready to serve the community.

Here, the candidates express who they are and what their goals are so that the students and staff know their candidates better.



ASCC Vice Presidential Candidates



Hope Garcia *Com. Fine Arts and
Convocation
*"The door will



*ASCC Court member.

*"Now I can give back"



http://on.fb. me/1GIurAl

Athena Sanchez *Party Whip for ASCC
*"Students need someone that is not going
to be a push over."





Ivan Oyarzabal *ASCC Senator
* "I will help steer
senate in the right



http://on.fb. me/1Cc2nAk



Suleyma Castillo *ICC President



Sana Khalid-

*Com of Student Out Reach
*"I am a person that will
find a solution for you."



Vistar Villalabas

Victor Villalobos*ASCC Senator
*"I have commitment to the student body."



FULL STORY ON PAGE 6

Photos courtesy of Hugo Glez
Photo Illiustration by Sebastian Echeverry/ TM

Awards for the students

ALDEMAR SANCHEZ
Freelance Writer
@Al_Sanchez_15

Cerritos College awarded 13 scholarships and recognized 65 students for their achievements in their academic excellence at the Academic Excellence Awards.

The awards were on Thursday, April 2 in the Burnight Theatre.

The Academic Excellence Awards started in 1981 to recognize student's academic achievements.

Dr. David Betancourt, chairperson for the academic excellence committee said the student recipients were chosen by each department based on academic achievement.

The ceremony began with Dr. Joanna Schilling acknowledging the special guests that were in attendance that evening with Trustee Bob Arthur, Vice President of Student Services, Dr. Stephen Johnson and the faculty escorts.

Faculty Senate President Michelle Lewellen introduced the keynote speaker of the night, Dr. Frank Mixson, who was also awarded the 2014-2015 Most Outstanding Faculty Winner.

Mixson said in his speech, "Remember where you began your journey, at a community college. A college whose sole purpose is to serve its community. In such, you (the students) should consider choosing a life of purpose yourself, one that would undoubtedly benefit others."

Robin Gaitan was awarded the English Department Scholarship, Raymond Van Ness awarded the Jules Crane Scholarship, Wei He awarded the Glorya Welch Scholarship and Dalia Jimenez and Eric Campos awarded the Dr. Keith Allen Hinrichsen Scholarship.

Nathanael Marquez was awarded the Academic Excellence Award in Economics.

Marquez said, "It is a great honor to receive these awards. My siblings are here tonight and I'm proud to be able to encourage them to be successful."

Each of the recipients was allowed to have a faculty escort accompany them while receiving their award.

Darryl Valdez, recipient of the Academics Excellence Award in Music, said he was grateful for Dr. Betancourt, who has helped him through his years at Cerritos College and who was his faculty escort for the ceremony.

NEWS FULL STORY ON PAGE 3



ARTS
Rock out with your fox out



SPORTS FULL STORY ON PAGE 7
Long journey home for local resident







Spring snapshot: Child Development major Pearl Netrayana posing for her portrait in the Social Photography Club booth. The Spring Festival provided snacks and games at Falcon square on April 2. Right: Ishmel Albert showcases his Mr. Cerritos award

Chili, 'Uptown Funk' and video games

Students take a break from studies to participate in Spring Festival games, food, music and performances by student artists.

Mr.Cerritos Competition ARMANDO JACOBO Online Editor @_Jacobo_Armando

Ishmel Albert stole the show and the Mr. Cerritos title with "Uptown Funk."

The 33rd annual Mr. Cerritos event held at the Student Center on April 1 largely reflects the role of fall's homecoming queen.

Contestants appeared in dress clothes and walked a runway, answered questions, lip-synced and performed a dance to a soundtrack.

Participants and sponsors included: Dauvee Simon (Radio Broadcasting Club), Ishmel Albert (Kabarkada Club), Lewter Melegrito (Order of the Falcon) and Michael Melindo (Social Photography Club).

Albert came into the contest without high hopes and mainly for the experience.

"It feels really good, I didn't expect to win. My club just nominated me just for the fun of it and I felt like winning Mr. Cerritos was a huge accomplishment because I'm just a nobody here. I'm Mr. Cerritos now," he

His performance of "Uptown Funk" by Bruno Mars turned heads and demanded attention, as audience members not involved in the choreography joined in

"People in my club knew the dance (to Uptown Funk)... I had no idea what to do so they mentored me. We watched the music video over and over again with Bruno Mars and his back-up dancers. Yesterday we were at the (Kabarkada club) president's house trying to get this," Albert added.

Host Ray Marr indulged in the festivities and what goes into the Mr. Cerritos event.

"I've been doing Mr. Cerritos and all the homecoming events since 1974, so I've been doing this for almost 40 years now. Every year it's a little different but it's also the same. The questions they give us are pretty much the same. They want to keep it family-friendly and

clean. We want everyone to have a good time."

Chili and cupcake competition

CARLOS HOLGUIN Staff Writer 🍸 @CH_Woodstock

ASCC helped cook things up this April 1 in the Student Center by hosting the chili and cupcake contest.

Part of the Spring Festival events that have been taking place this past week, the event allowed clubs to show off their cooking combinations and skill to be judged, leaving the winners awards and cash for their clubs.

Genesis Jimenez, medical assistant major, made her chili for the Passion for Children club, who visit charities and distribute toys to orphaned children and those

According to Jimenez, her chili was made of corn, kidney beans, barbecue beans, sausage, tomato and on-

"I can't tell you the seasoning though, it's a family recipe and secret," she added.

"Just the beans alone took an hour to cook, and the seasoning took about a half hour to add."

which was comprised of students and staff members, would go from bowl to bowl, sampling the different chilies.

In order to keep the voting unbiased, each pot was not labeled with the name of the club that made it, but

Winners were announced midway through the Mr. Cerritos competition, with Diane Flores, child development major, winning favorite chili on behalf of the Phi Theta Kappa club, using a recipe that won her the same award last year.

Lorena Alvarez, culinary arts major, won for most creative ingredients by making "a bacon cupcake with a chocolate mousse filling, a maple butter cream and candied bacon on top."

"I thought that the winner was going to be announced right after not during the competition," Flores

"I didn't get a chance to try anyone's chili, I had to run out and feed the parking meter!"

Christopher Gonzales, radiology major, boasted that the Anthropology Club was making the best kind of chilies.

While Gonzales himself did not make the chili, he stood in for its creator.

"We have here a beef and wild boar chili with a bit of an habanero punch."

Gonzales hoped that the chili would take first place for its taste, the length it took to make the dish was a challenge in and of itself.

"The original cook said that it took him all night. He had to cook the lentils and boar on a separate skillet, then run it through a food processor to get the right

Winners were awarded with a plaque that commemorated their award and received money for their clubs.

Spring Festival at Falcon Square

PERLA LARA Staff Writer ブ @PSLaraLara

The music entertainment was provided by the During the contest members of the judging panel, WPMD Club with a group of rappers on stage including a female rapper and business major Joe Escandon known as djxstatik providing the beats for the Spring Festival.

> There were also games and memorable activities for fellow students on April 2.

> The Club President Simon Saveon also known as Ignite said, "The WPMD club started as a campus program over 40 years ago and in 1999 it officially started as a club that any Cerritos student could join."

> Saveon was one of the rappers on stage. For him the Spring Festival is the first annual event for the club.

He added, "It's my favorite it has the most structure. We started with a crowd of 10 people and that turned into 60 people, we had a steady crowd of 45 throughout the day."

The female rapper on stage was WPMD club member and pediatric nursing major Lucia Romero also known as Lucyfer.

Romero said, "I started writing poetry in the sixth grade and officially started rapping in the tenth grade. I want to be that woman that makes others step up."

The club's performance also had the impromptu addition of music and dance double major Emani Acosta.

"I have stage experience and wanted to try rapping to get a new experience. I'm definitely joining the club."

Another club that had a large turnout was the Social Photography Club where their booth sold professional portraits for only one dollar.

Club President and ASCC Associate Justice Michael Melindo said, "We started at 10 a.m. and it has been non-stop clients. Our club is a new club but we have 100 members and we wanted to give back to the students."

The photographer Anne Salas is a professional and normally charges \$500 for her work, but did it for \$1 because she wanted to give something to the students.

Child Development major Pearl Netrayana had her portrait taken.

She said, "I had fun I am looking forward to the pic-

Face painting was provided by The Artists Society. Club President Hope Garcia said, "Our club is one of the oldest standing clubs on campus its been here long enough for Mr. Portigal to be around, we painted over 30 faces including three full face paintings it was a good



New standards for community college student-athletes to improve success

PERLA LARA Staff Writer @PSLaraLara

With the goal of increasing the academic and completion standards of student-athletes, the California Community College Athletic Association has approved new bylaws. The changes to the bylaws will be in effect starting Wednesday, July 1.

The California Community College Athletic Association sets the bylaws for the community college student-athlete.

The bylaws are a 19-page document that can be found in the CCCAA website which details all the academic requirements a community college athlete has to meet in order to continue playing his or her sport.

With the current eligibility bylaws, student-athletes are required to complete 24 units with a 2.0 grade point average or better in between seasons. With at least 18 of those units being from academic classes. With the new bylaws, a student-athlete is also required to pass at least six units from one semester to the next in order to maintain eligibility to play a sport.

Athletic Director Dan Clauss says, "If a cross-country studentathlete competes in the fall and then wants to compete in track and field in the spring in order for him to do that he has to at least pass six units with a 2.0 or better grade point av-

With the old bylaws, that athlete who competed in the fall and failed all of his classes would have still been eligible to compete in the

Clauss said, "The purpose of adding the six units is to ensure that the students are completing grades. We want the athletes to receive their AA degrees and be able to transfer."

With the new bylaw, it will be Eligibility Specialist Lucy Romero who makes sure that students are eligible to play in a different sport. She handles the eligibility status of the 533 student athletes for the 2014 to 2015 school year.

She said, "My job is not difficult it's being able to deal with different scenarios and give every case individual attention. When you think you've seen it all something new shows up like a student that has eight transcripts and you have to make sure there are no repeated courses and that every course counts toward their major."

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California State University, Long Beach College of Continuing and Professional Education

Student equity committee formed for student success

Monica Gallardo Opinion Editor 🧖 aradioeggs

"The Student Equity Committee is to support the continuing achievement of student equity in access to the college, course completion, ESL and basic skills completion, degree and certificate achievement and transfer velocity," said Vice President of Student Ser-

vices Stephen Johnson.

The Committee will facilitate and follow the Student Equity Plan. It will also administer funding requests, monitor practices within the committee and report them to the college.

"The committee's work will be focused on student equity outcomes and achievement," he added.

The Student Equity Plan looks at student performance trends and

Johnson said, "As we review the

data, we will consider supporting programs and services designed to enhance our effectiveness in one or more of the five indicators: access, course completion, ESL and basic skills (Math and English) completion, degree and certificate achievement and transfer velocity."

Psychology major Andrew Tijerina said, "I think it'd be smart to put a flyer in almost all the classrooms so students can be aware of this committee, and have one in the Admissions office too."

ASCC considering online voting

MICHAEL GARCIA News Copy Editor @talonmarks

Cerritos College is looking to implement online voting for future presidential and student trustee elections that would go into effect next year. Chief Justice Alejandra Lopez said that if passed at next week's ASCC Senate meeting, it could go into effect as early as Fall

The system would work with the company Simply Voting, and it is already being used on other campuses like Rio Hondo, California State University San Marcus and University of California Davis.

Simply Voting would work as an annual membership and if successful, it would continue to be used in the following years.

Simply Voting's system works in three steps. 1. The Election Set-up 2. Voting and 3. Results.

Set-up is quick and would only take about two weeks, according to Lopez, who spoke with Simply Voting's technical service. The voting would be done with students' MyCerritos login to authenticate their votes and results would be available immediately after the

Lopez said, "It would bring in a lot more participation from students. It's beneficial because we could easily use the MyCerritos site."

Amna Jara, Student Activities Coordinator, said, "Maybe we could have online voting next year for senate [elections]."

Students that have night classes and might miss polling booths could also get involved with the possibility online voting.

She said that no more than 2,000 votes were counted last year and that was one of the bigger turnouts that she had seen.

Voting would be strictly online during the ongoing elections where it's being implemented but Lopez still recommends candidates to set up booths with laptops for students to vote, as well as to remind students that there are elections going on and that they should vote.

Students could even vote through the web browsers on their phones if they have a smartphone available.

Costs for the system would be \$6,000 for five elections, senate, homecoming court, homecoming queen, presidential and trustee elections. This charge would be annual and would continue for the next elections if it is

Funding would come through the ASCC budget and it is set to be on next week's budget to be voted on by ASCC Senate at next week's meeting.

ASCC Senate meetings are held every Wednesday at 2 p.m. in BK 111 which is located east of the bookstore and across from the Game Room.

Dreamt is the only word that ends in a-m-t.

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Phi Beta Lambda: PBL members Aldemar Sanchez, Johanna Hernandez and Roxanna Lopez receiving fifth place in hospitality management from Director of Membership Angad Singh Padda. Several of the competitions were ones compromised of

Phi Beta Lambda club wins awards

GUSTAVO LOPEZ Editor-in-Chief Gus_Lop07

"This is a culmination of heart, desire and the determination of our students to say 'Cerritos College does offer quality education' and it's a testament that we can compete with four year and UCs so I'm proud of everybody," Business Professor Jerry Ramos said of his Phi Beta Lambda club chapter.

The Cerritos College chapter of Phi Beta Lambda competed in the State Business Leadership Conference, in which several chapters from community colleges and UCs and CSUs across California compete and network.

The conference was held in the Ontario Airport Hotel and Conference Center from March 27 to 29.

Many of the members participated in competitions for public speaking, marketing analysis and business law among others.

The club members competing were:

- Aldemar Sanchez
- Alex Martinez
- Anthony Gilmore • Belen Lopez
- Bryan Enriquez
- Chris Brown
- Crystal Brosious David Cota
- Johanna Hernandez
- Jonathan Lam Kimberly Rios
- Olivia Rodriguez
- Patricia Quezada Roxanna Lopez
- Sana Khalid Sirena Holan

On March 27, the Phi Beta Lambda chapters were treated to a motivational speech by Keynote speaker Boris Burgarski, an entrepreneur and national public speaker with 20 years of experience.

Burgarski told the audience to never settle, to learn the difference between real success and imagined suc-

"From just trying to get a business up, it's challenge enough. I've hired the wrong people, I've had a CFOs who've robbed me, you name it. It's been a ride, 10 companies and I'm still on my feet," he said.

He added that his passion and his vision of greatness were the things that kept him going through the tough times and that it wasn't about money but about doing something great.

He also had advice for students, "I've counseled a lot of students and the biggest problem they have is that they want to do everything and they want everything now. You really need to take the time to figure out what you're passionate about and if you can start a career

Sana Khalid participated in the Miss Phi Beta Lambda competition in which women from different chapters competed to be crowned.

Each candidate was asked a series of trivia questions from PBL history and the March of Dimes, a partner of Phi Beta Lambda.

For the second portion, each contestant showcased her individual talent.

Khalid sang an original song which she wrote when she was going through tough times.

She said, "I really love performing, it's really enjoyable for me. Usually I get nervous but I make sure to tell myself 'have fun with this."

Khalid said she enjoyed the camaraderie between

the contestants as much as the contest.

Victor Chen, a PBL member from UC Berekely enjoyed the casual questions during the Miss PBL com-

"I liked how they're indirect and it really tested you. You really get to know the person almost, just by the way they respond," he said.

Melissa Vasquez, of UC Riverside and one of the contestants in the pageant rapped the entire alphabet using words that started with each letter.

According to Vasquez, "I saw it on Youtube and I thought it'd be really fun to learn a rap, I've never rapped before."

She enjoyed the challenge that performing the rap and how it allowed her to engage in new things.

Soon afterward, the Phi Beta Lambda members were busy studying for Saturday's competitions. The club members stayed up until the late hours of the night.

The following members won awards:

- Sirena Holan won fifth place in business communications and management concepts
- Aldemar Sanchez placed third in Parliamentary Procedure and fifth in hospitality management with Roxanna Lopez and Johanna Hernandez
- Sana Khalid won fourth place in public speak-
- Olivia Rodriguez, fifth in accounting, fourth in accounting for professionals and analysis deci-
- Roxanna Lopez placed fifth in hospitality management and third in human resources management
- Johanna Hernandez placed third in human resources, fourth in retail management and fifth in hospitality management
- Belen Lopez, Bryan Enriques and Anthony Gilmore placed third in business law
- David Cota placed fifth in accounting analysis
- Kimberly Rios and Patricia Quezada placed second in marketing analysis & decision mak-
- Crysal Brosious won third place in human resources management
- Jonathan Lam won first place in information management and hospitality management, second placed in client services and networking concepts, and entrepreneurship concepts.

Belen Lopez and Bryan Enriquez competed in marketing analysis and decision in which they had to devise a plan to run an actual store.

"I don't feel like we had any difficulties, I feel like I was just really excited to do it. I felt so passionate about the topic that [there] wasn't enough time to present,"

Jonathan Lam, business major and two-year member of the club said, "I was speechless, I was like 'oh my God' it was amazing. This one, [Hospitality management] because I really put a lot of work into this one. This meant so much for me."

He added, "The competitive events are great and it gives the students recognition for their resumes and for potential employers and it's a great way to represent Cerritos College and show that we have students leaders who take time out of their weekend for their professional and personal development."

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EDITORIAL



Religious beliefs are no excuse for hateful bigotry

Would you shoot someone for having a mole on his or her face? Would you do it if the law stated that such individuals should be killed?

If you're intrigued or even outraged into what kind of hellish logic would follow such a law, much less propose it, turn your attention to the "Sodomite Suppression Act."

The Sodomite Suppression Act basically dehumanizes the gay community and calls for the wholesale murder of a group of individuals due to no fault of its own.

Freedom of speech should not be was Adolf Hitler's "Final Solution." this fix-all that allows an individual to spew forth hateful speech or intolerant ideas.

That is what separates the true meaning of "freedom of speech" from hate speech.

If this is an issue of morality then it is up to people who don't necessarily use the Bible to color their moral compass and for those who do use a Bible to help them lead their way. They should understand that this is about treating all people with respect and dignity.

There are those who don't hide behind an old book to justify their hate and these are the people that need help understanding that this is about treating all people with respect.

The proposed legislation drafted by Matthew Laughlin of Huntington Beach, used such colorful phrases as ".... buggery, called also sodomy, is a

monstrous evil that Almighty God, giver of freedom and liberty, commands us to suppress on pain of utter destruction even as he overthrew Sodom and Gomorrah." This guy must be all the rage

The religious side of this document, which is extremely prevalent and extremist, can be a whole separate editorial, but there's only so much space on

The document can be accessed at: http://bit.ly/1b60X3O.

If it sounds familiar it's because that

kill gays and those guilty of spreading the "gay agenda."

There is no way any sane, moral person would vote on this even if it got on

Let's focus on the strong anti-gay vibe here. As the document goes on it becomes more of a call for intolerance and bigotry than it does for religious freedom and free speech.

Not only does it target gays but LG-BTQ allies. The document states: ".... Every offender shall be fined \$1 million per occurrence and/or imprisoned up to 10 years, and/or expelled from the boundaries of the state of California for

At what point does this become the call for something illegal and not freedom of speech?

This proposal almost goes hand-inhand with Indiana's Religious Freedom Restoration Act, but while that one veils bigotry as "religious freedom" this one masks bigotry and hate as religious duty.

Obviously, this is a very complex and sensitive issue because of religion, sexual orientation or beliefs and prejudice, but it's time we sat down as a nation to have an adult conversation on why this kind of document should not be allowed, freedom of speech notwith-

It's time we sat down and talked about the acceptance of all sexual orien-This proposal is highly unlikely to tations, identities and beyond that. That pass because of its outrageous claims to acceptance and faith do not need to be polar opposites.

These old prejudices are holding us back as a society. If one can argue that the Bible is anti-gay, then any Bible scholar can argue that we should stone anyone who works on Sundays as per

That is one misconception, that religion and LGBTQ rights are forever against each other.

There are other sects of faiths that follow the same creed but are accepting of all people.

There is still a long way to go in the fight for equal rights for everyone and it's detrimental to think that this kind of thing has no effect on what is quickly becoming a majority. We must express our diverse opinions without resorting to death threats to anyone.

FREE SPEECH ZONE

What do you think of the **Sodomite Suppression Act?**

COMPILED BY: Amanda Del Cid

PHOTOGRAPHS BY: Laura Brown



TOBECHI UGWUMBA Film Production major

"I think that it is unconstitutional. That sounds like a legalized hate crime. I'm against something that sounds that horrible."



"I feel strongly against this because we should not kill That is a commandment in the Bible. Even though I don't believe that being gay is the right thing to be, I feel that there is a certain level of respect that we can have for it."



STEVE GIVENS Art and Animation major

"That is actually un-American if you think about it. Isn't this the land of the



ZELTZIN MEDINA Nursing major

"I think that it is stupid. It's violating every human right. It is primitive."



MONTE WILLIAMS Kinesiology major

"I feel like that is not right for people to do that, kill people that are gay. They should let them live free. Let them be."

Student-athletes deserve money

ALEX NAVEJA Sports Editor

🌌 @TalonMarks

As the Los Angeles Dodgers start another baseball season, there is one question that runs through every Dodgers fan: Will we be able to watch the Dodgers games now?

The answer to that is no, unless you subscribe to Time Warner Cable. It is the only cable provider that owns the right to show Dodger games on a regular basis, via the channel SportsNetLA.

You may be able to catch a couple of games on ESPN or FOX 11, but it doesn't compare to being able to watch every game every day. If the Dodgers make it to the playoffs, luckily fans get to watch games on FOX 11 and on TBS, but that is only for playoffs. How else can you watch a Dodger game?

Another way you can watch a Dodger game is if you buy tickets to a game and watch the team live in person. That's a better experience, but the problem with that is the fact of paying so much money

to go to so many games.

Where are the Dodgers?

Fortunately, Time Warner Cable was nice enough to allow the last six games of the 2014 season to play for every cable company, with the Dodgers clinching a playoff spot during that six-game show-

It is not fair to the local Los Angeles residents to have to suffer not being able to watch the Dodgers and not be able to watch America's favorite past time. It is also not fair for the Dodger fans that cannot afford to have cable since it would cost more to go to the games.

Dodger games should be open to the public. The only reason why Time Warner Cable is the only TV provider with Dodger games is because of money and that it enhances the attendance of the games, so since people can't watch the games from home, they will come to the home stretches.

If the Dodgers want the games to be public again, they need to have talks with the other TV providers and see if they can reach an agreement with each other to show games again.

CARLOS HOLGUIN

Staff Writer @ch_woodstock

Many colleges pay student-athletes with enticing deals of scholarships that give almost-free educa-

However, that is not enough. It can be a series of traps that may hinder more than help, as colleges seem to turn a blind eye to the situation they put their students in by asking them to be on their team.

By accepting these scholarships, student-athletes have agreed to a long list of terms and conditions created by the National Collegiate Athletic Association that they must comply by, but that sets them apart from other students on campus.

Hours of work and dedication go into their sport, leaving little time for classes.

Some colleges solved this problem by having student-athletes enroll in classes that were easier or simply didn't exist.

This not only robs the studentathletes of their education, but also defies the same agreement set forth by the NCAA in multiple ways.

It ignores the fact that students must "have been admitted as a regularly enrolled, degree-seeking student according to the published entrance requirements of your school."

By taking special classes, they are treated differently.

Grades, however, are the least of their worries, as they must also face the harsh realities of having to pay for injuries they sustain while

While the NCAA makes insurance mandatory for players, it does not provide any compensation for injuries. Instead, the college decides on what it will pay for insurance claims on students. This means that either the school covers the cost completely or the player must pay out-of-pocket.

While professional athletes use their salaries to pay for injuries, college-level players do not have that luxury, as they may not accept gifts, sponsorships or any type of monetary value for their work.

This leaves players who do not go pro virtually broke with a useless degree.

Meanwhile, their coaches have salaries that lay in the millions before they are approached for deals from sporting companies or athletic clothing lines.

One man should not be paid millions for the work of a team consisting of hard-working players, who are young adults committing their college years to a sport they hope will help them continue in

By refusing to pay student athletes for their time and work, the NCAA has created a system where even though it can pay student-athletes, it refuses to do so, simply for a love of the game it has created.

Remembering Selena



CELIDA ESCUBAR

Psychology Major

expresses herself. [If she were alive

today] she'd be more famous. She

did music, she did clothes, she did

a lot of stuff."

Suly Rayo

Physical Therapy Major

'Dreaming of You."

"Como La Flor', because she

RICHARD SILVA Culinary Arts Major

"Bidi-Bidi Bom Bom'. She was one of the first people to fuse pop and the Latin culture together and reggae too, and I thought that was cool cause then other people started trying it. I think her legacy is the culture [...] nobody was really thinking 'let's add this little flavor here' and now a days everyone is combining all these styles to make something new."

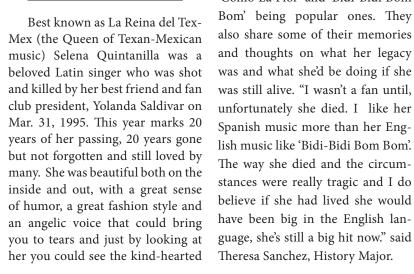


Daniel Luquin Architecture Major

"Como La Flor, even though her brother would write all of the music, I feel like she got it down, she sang from the heart. You don't see too many Mexican-American kids in too much art, it's not in the mainstream. From what her biography and all that she'd probably be doing fashion even more so than music."

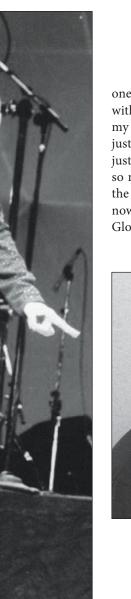


NICOLETTE AGUIRRE Arts Editor @nicolette093



person she was. So students share some of their favorite songs of her 'Como La Flor' and 'Bidi-Bidi Bom Bom' being popular ones. They also share some of their memories and thoughts on what her legacy was and what she'd be doing if she was still alive. "I wasn't a fan until, unfortunately she died. I like her Spanish music more than her English music like 'Bidi-Bidi Bom Bom'. The way she died and the circumstances were really tragic and I do believe if she had lived she would

TAKEN FROM DAILY MAIL



"I like almost every song, but if I had to pick one it would be Bidi-'Bidi Bom Bom'. That's the first song I ever heard from her and I was so amazed when I heard that song and after that I just heard every single other song. I don't think there has ever been anyone close to her, to reach her level."



REBECCA VALENZUELA Theatre Major

"Well, I know the most known one is 'Como La Flor' and I grew up with that song around the house, my grandma would play it. I think just for Latina artists everywehere, just being known so worldwide by so many people, she kind of paved the way for a lot of Latina artists now a days. She'd probably be like Gloria Estefan, still producing music and recording."



LILA TORRE

Music Major

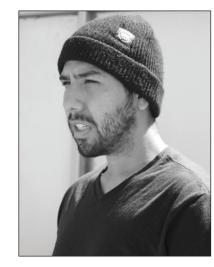
ROBERT ARREOLA Communications Major

"My mom would always play 'Techno Cumbia'. Her legacy was, as a woman she really stood out. There were boundaries for women to stay closed in the box and she stepped out."



JORGE HERNANDEZ Automotive Major

"That 'Bidi-Bidi Bom Bom' song, it set the bar. I think she was a trend setter too. Thereare artists that try to mimick her style. She was very artistic in her own way."







MEChA members dance to inform about culture

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CARLOS HOLGUIN Staff Writer 🥤 @ch_woodstock

MEChA Club members used the week of Cesar Chavez to inform others of their culture.

As sociology major Raul Armenta played the traditional Mexican song 'El Son De La Negra' loudly over speakers.

Members of the MEChA club danced a folklorico to a crowd that grew as the dance continued.

"We're here to help not only acknowledge Cesar Chavez and his importance, but also to inform others who may not know who he was or what he did," said Armenta.

Laura Montion, psychology major and another dancer began their performance while wearing elaborate dances.

"We dance not just for Chavez, but to represent our country and culture.

"This is a dance that is meant to inspire others," said Montion.

After the first dance, spectators were allowed to approach a booth that had been created by the club for photos.

The booth featured home-made cards and posters built in the style of the popular game Loteria, where images are matched in a style similar to bingo.

The cards feature images made famous by Chavez, including images of Chavez himself.

Students who approached the booth could take photos with the management major and Jesus Oce-

dancers between the two performances.

Juliet Martinez, female co-chair of the MECha club, also danced in the event.

She noted the lack of representation for hispanics on campus.

"People feel like it doesn't matter anymore, but it does," Martinez

"Other clubs on campus have a lot going, so why don't we? This is how we get noticed."

Students did notice as the second performance began with a group dance consisting of five dancers dancing to 'Y Como Quieres Que Te Quiera' brought a large crowd of students to watch.

Richardo Moreno, hospitality

gueda, criminal justice major, both stopped to watch the performance.

"We heard the music from across campus and decided to check it out," stated Ocegueda.

"It made me feel like I was back in middle or high school."

Moreno joked that hearing the music made him feel "like I was at

"They're really giving it justice though, the dance and culture," he added. "For representation, it's a

Martinez could not elaborate as to why the representation on campus was so low.

"I can't really talk about that here, but there are definitely multiple reasons here on campus that we can't express ourselves and culture."

Rock out with your fox out



Courtesy of Atomafox

Origin of punk band, Atomafox

NICOLETTE AGUIRRE Arts Editor

After reconnecting through Facebook in 2011 Rheesa Tran and Brittany Ibarra began to jam again and started the punk band Atomafox in November of 2011, but became whole around February 2012.

Guitarist Rheesa paralegal studies major and drummer Brittany have been best friends since middle school and had an all-female band back then but lost touch after sophomore year of high school.

When they reconnected they began jamming once again at Holloway Production studios in Santa Fe Springs.

That's when they found their bassist Ana Cabezas, engineering major, who worked at the studio and was suggested to them by the owner

"They're practicing and my boss asked [them] 'hey do you guys need another member...I know someone who pretty much plays all the instruments, so here's her number, give her a call.'

"And a couple days afterwards I received a call from my guitarist Rheesa, she sent me a few songs to learn and was like 'hey if you can learn these come on over, we'll jam out,' and I did, I showed up [and] we played the songs and it clicked ever since," Cabezas said.

Being an all-female band there is always comes to writing but they tend to write about criticism towards them. Rheesa says, "Any time we walk into a bar or venue before a performance, we get a lot of negative criticism.

"The moment people see us walking in and setting up our equipment the, comments begin.

"We've overheard people mocking us and making dismissive comments. People just don't take us seriously, we're always underestimated.

"From the audience to the staff, it's not until after we play, that we get a different response, positive feedback and compliments."

Other common problems they deal with according to Cabezas, "Technical difficulties, transportation and a lot of the times, which is sad, it comes down to the promoters, it's either 'pay to play' or just straight up 'if you don't bring in a crowd you're either going last or go-

Either way Destiny Shaw, Cabezas' girlfriend thinks their music is fun, catchy and outgoing. "I think it's got a hint of 'raunchy' as well, which is something that helps them stick out in my view.

"Their live shows are good and it seems the crowd can tell they really enjoy playing. It's admirable," said Shaw.

Aside from that, Atomafox released an album on May 5, 2014 called "Out of the Woods," which is available on iTunes and Spotify.

They don't have a specific theme when it

stories based on personal experiences or inspired by movies and comic books.

"Our music and lyrics are really just all over the place, it's mostly fictional stories. There's a song in there called 'Witchy' and it's about witches, there's another song called 'Gotham City Sirens' [based on the Batman villians], we have a song 'Project 51' that's about aliens.

"So it's really fictional, there's some stuff about love but not really, I mean the most love song that we have is called 'Echo' and it's about Greek mythology," said Cabezas.

They're in the process of writing new material but it's a bit harsh to get together due to their schedules.

Besides that their music might be going in a different direction meaning they'll still be in the punk area but they might get slower or heavier or even darker.

Tran added, "Following our second album, which we plan to release next year, we [also] plan to go on a small tour [...] we have a few upcoming shows. This Sunday, we'll be playing at The Slidebar in Fullerton for Battle of the Bands Warped Tour. It's 21 and over and a free

"We'd really appreciate the support from who can attend, it starts at 8 p.m. We'll also be playing the first Southern California women's mini music festival on Sep. 26."

Any way you want it! That's the way you need it! Any way you want it!'

Getting what you want, when you want at Stacked

Lauren Torres Staff Writer @laur_literature

Stacked, a modern Americancuisine restaurant located near the Cerritos Mall, has found a new, innovative way to stack itself high and above the competition.

Upon entering one is immediately set into a mellow mood with the dimmed lighting and multi-colored glass windows decorating the restaurant.

As the afternoon turns into night the lighting follows suit and the music picks up to a more upbeat tempo that changes the atmosphere into one more suited for after-work cocktails or dinner.

After being seated and shown how to use their technologically driven system for ordering (an iPad-looking device), it was clear what sets Stacked apart from the many other restaurants to choose from in the area; you control your entire eating experience.

The set-up of the menu is made so that you can choose what food and drinks you want, when you want, and customize it any way you want it. The best part yet? Depending on how you customize your meal, the price can actually drop.

This is especially great for vegetarians, as opting to have a dish without the meat in it will drop the price of the meal by at least a few

restaurant, explained, "It's all about getting exactly what you want, it's about customizing your experience

and making it a very personal experience for each and every guest."

For example, you may want to try the Rosemary's Chicken Macaroni and Cheese, but you hate garlic, so you can drag that item off the meal, maybe replace regular noodles with gluten free ones, then add pesto on the side.

For the record, the Rosemary's Chicken Macaroni and Cheese is a delicious twist on the classic recipe and exploding with flavor.

There is also the option to customize any meal you want from scratch, instead of working off of one of their signature items.

Stacked's menu offers customizable pizzas, salads, sandwiches, burgers, macaroni and cheese and desserts.

The menu is full of great addons, everything from jalapeno bacon to fresh basil can be added or taken off of an item.

Another perk of their ordering system is that absolutely every option available is on their menu. If you happen to have a question, there is also a button for calling a waiter, as well as a button for paying when you're done eating.

Stacked also has an excellent selection of beers and cocktails to choose from. Along with the usual Bud Light there's also Arrogant Bastard Ale and seasonal brews, such as Bells Kalamazoo Stout, to pick

If beer isn't your thing, the cocktails are also refreshing. Try a Stacked Mule, their take on a Moscow Mule, or Raspberry Peach Lemonade, an alcoholic twist on a delicious summer drink.

With a visit to Stacked you can Paul Motenko, co-CEO of the expect to get exactly what you want, without the fuss, and have nothing to worry about except which sauce to get with your cookie-ice cream sandwich.

'To Pimp for a Butterfly'

The Good Kid's thearatical return

KARLA ENRIQUEZ 🥤 @karlamenriquez

Compton's prodigal son, Kendrick Lamar returns after the success of his 2012 debut epic, 'Good Kid m.A.A.D. City', with his socially conscious poetry in 'To Pimp A Butterfly.'

"By the the time you hear the next pop, the funk shall be within you."

The first 40 seconds of the album pose as a funk album as opposed to a modern hip-hop record.

Incidentally, George Clinton of Parliament Funkadelic fame, is featured on the opening track, 'Wesley's Theory', which can be a modern roller-rink anthem.

The professed inspiration stemming from Miles Davis and Parliament while writing the album is deeply evident throughout the 16 tracks.

Songs like 'For Free?,' 'Institutionalized' 'Alright', and 'How Much A Dollar Cost' all exhibit jazz influence.

True to Kendrick's poetic-nature, each track is interweaved with a spoken word interlude that progressively builds on the same poem throughout the album culminating in a conversation with hip-hop legend, Tupac.

A hip-hop 'War of the Worlds', 'To Pimp a Butterfly' plays out like a drama that the listener hears and visualizes, specifically in the moments where he douses the tracks with instances of real-life moments in an album already full of reality.

Lamar narrates his fight against being 'pimped' by the music industry and living an ostentatious lifestyle personified as 'Lucy.'

'To Pimp a Butterfly' is replete with social and political commen-

'The Blacker the Berry', a track that grabs the listener by the shirt demanding attention, has Lamar spitting, 'I mean its evident I'm irrelevant to society,' alluding to the disregard for black lives in The United States.

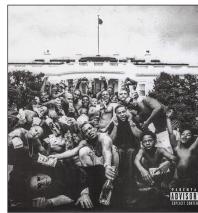
The rapper makes mention of colorism, a form of oppression by use of light skin vs dark skin in 'Complexion (a Zulu Love)'.

In the electric guitar infused celebration track, 'I', which samples Isley Brother's 'That Lady', the rapper cuts into the seemingly live track to have a conversation about embracing the much debated use of the Nword by explaining its origins.

'Definition; royalty; King royalty.'

'Description: Black emperor, King, ruler.'

Lamar's genius continues to shine in 'King Kunta,' a juxtaposition of the rapper's status as a wealthy black man alongside historical figure Kunta Kinte, a rebellious



Taken From High Snobiety

black slave, showing his continued

The epic roller coaster tosses amid lines of self-confessed insecurities and swishes by poor mental health, at the time of writing and a culmination that leaves the listener wondering just what they were hit

The chilling final track, 'Mortal Man', showcases Tupac having a conversation on current race relations and the voices who empowered a generation, leaving Lamar to realize that he is now the one carries the torch.

'To Pimp A Butterfly' is a theatrical ride through juxtapositions and metaphors for low points, insecurities, realizations and self-

An instant classic, 'To Pimp A Butterfly' is essentially, the sophomore album that comes back very much alive to tell the tale of sur-

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Powerful offense: Sophomore Crystal Cano uses her strong offense and versatile defense to help the Falcons. The team is currently 18-12 overall and 11-4 in the South

Long journey home for local resident

Monica Gallardo Opinion Editor 🔰 @radioeggs

"Family plays a big part. I love having my family come out and watch me play," sophomore Crystal Cano said. The psychology major has been playing softball for seven years and currently leads the Cerritos Falcons in home runs (10) and runs-batted-in (46).

Her home run total ranks her fifth in community colleges across the state and she is tied for fourth with the most RBIs.

The 19-year-old grew up watching college softball and was inspired by her sister to get on

Assistant coach Jenel Guadagno said, "She's definitely been a sparkplug for us in the hitting spot. She's shaken up our lineup, hitting the ball hard and scoring runs when we need to and she's all around a great kid and a great athlete. She definitely fits in well with our program."

Despite being a local graduate from Norwalk High School, the road to Cerritos College was a tough one to endure.

"I went to a Division II school called Lynn

junior year of high school when we went to a started. "I didn't think I was going to be liked showcase in Orlando," she said. "My senior year I had an official visit to the school. I fell in love in, but after a while I got to know the [women] with the campus, met the coaches, met the girls so I was all in."

Cano soon learned that she would need her family by her side to fulfill her enjoyment in playing the sport. "I was literally across the country from coast to coast so I was like, I need to go back home and find a school that is closer and where all my family can watch me play. You know, you only get so many years to play."

After spending a season with the Fighting Knights, Cano decided it was time to come back home. With help from a former coach, she contacted Cerritos College's head softball coach Kodee Murray and quickly worked to become a Falcon.

"My coaches back in Florida knew that I was missing home and they knew that I wanted to transfer. They tried every way possible to try to convince me to stay, but I just got on the phone with coach Murray and we did it within a week of transferring back."

Despite her strong desire to return to her family, Cano was nervous to join the Cerritos University in South Florida. I got recruited my Falcons softball team right before the season

by the [women], didn't think I was going to fit more. I felt more comfortable and honestly I love the game. I love playing with [them] here at Cer-

Due to being a private school with its own courses, most of Cano's credits from Lynn University did not transfer back to Cerritos, meaning she would have to start over. She planned out her schedule with athletic counselor Mike Miles and with the help of Murray, has already found herself caught up in her classes.

"We have to turn in a grade-check and our coaches base our grades off of how many hours we have to complete in study hall," Cano said. "So it's good because it's a requirement for me to come here and actually get my homework done, so it's always academics first and then softball, that's what's going to get you to the university."

She has caught the eyes from schools such as California State University San Marcos and San Bernardino, but has yet to decide on her future and will take this experience into account when choosing where to transfer. "I gave myself a twohour limit, that's it, driving distance, not flying

Free Sports Zone

How do you feel about Dodger games only being shown through Time Warner Cable?

> COMPILED BY: ALEX NAVEJA

PHOTOGRAPHS BY: Monica Gallardo



QUINN RUCKER Electrical Engineering major

"It's stupid because I feel like everyone should have a chance to watch a Dodger game and have that equal right to watch. Time Warner needs to find a way to show it to the Dodger fans that want to watch."

TITTEONA WILLIAMS English major

"I think this idea is stupid, shouldn't it be on basic cable? It makes sense to have it open to the public. What about the people that can't afford cable?"



DAMIEN TEYSSIER History major

"It is unfair, with me being a Dodger fan and the only way to watch a Dodger game is to take time out of my day and go watch a game. I can't even record Dodger games on my DVR since I have Dish."

KATELYNN BROWN Undecided major

"Personally, I am not into sports and I am not interhave Verizon and I hardly watch TV as it is."



GIOVANNI RUIZ Civil Engineering major

"I don't think that is right for them to do that, I think that Dodger games should be open to the public no matter what network you have."

'Pressure' for women's SCC dive, swim

DENNY CRISTALES Freelance Writer @Den_Crist

Pressure.

A great amount of it looms with South Coast Conference Championships coming up for both the women's diving and swimming teams.

Amanda Rabb, for instance, has a lot of that pressure building up as she is preparing for both championship weekends.

It's up to her to see if she gives in to the stress. She said, "Sometimes you do, sometimes you don't. Sometimes you crack under the pressure and it gets to you, but you just have to try your hardest and mentally just block it out."

Diving starts the tournament on Friday and swimming begins next Thursday.

vitational at Pasadena, where it finished in 16th place with seven team points.

Despite a holistic effort being necessary to garner up enough points to win meets, Amanda Loya chalked it up to just maintaining focus on yourself and being the best you can be.

Loya said she broke the school record for the 100-yard breaststroke last season, and she intends on doing it again. Her motivation stems from setting those types of goals for herself.

"I've been focusing on my training and I kind of just wait until conference," she said. "There's more pressure to do well. A lot of pressure to win. When I have a lot of pressure I tend to just block it out, focus on myself and get in the zone."

Distractions are a problem, too. Rabb identifies this by saying that swimming

The women's swim team is coming off an in- is just as much about swimming against yourself as it is swimming against other competitors.

> It's against her own personal time. And also getting to state championships.

> She said, "I get that only the top people only get to (the) state (championships). It comes down to the point where you can only beat yourself now.

> "Every win and every loss you build up over the season, it helps your character to able to compete at conference."

> As far as handling everything coming her way these next two weeks, even Rabb herself doesn't know how she's going to handle it.

> She said, "Honestly, I have no idea. I have to dive this weekend; I have conference diving championships this weekend. And the following week I have swim, so it's going to be difficult."



DENNY CRISTALES/TM

Adjustments are necessary in three-game series against ELAC

DENNY CRISTALES Freelance Writer @Den_Crist

ELAC and Cerritos College are going to be very familiar with one another once the week concludes.

A string of three games against ELAC for the baseball team will have it fighting to win at least two of the next three games in the regular-season series if the team wants any hope in ranking first place.

The schedule consists of Cerritos facing ELAC on Tuesday at home, Thursday in an away game and Saturday at home again.

Two games out of first place, the baseball team has an overall record of 15-12 and a conference record of

Shane Preston talked playing better by batting with more efficiency and strength, but the important part is actually doing it.

That's where Preston credits the coaches for stepping in.

He said, "(Coaches) Hector (Zamora) and (Ken) Gaylord have really been working on us and helping us on the fundamentals."

Benny Arce also emphasized the coaches' influence. "Our pitching staff usually does a good job before running us down," he said. "And us as hitters, we're just trying to get some good hits and make those fast balls go the other way."

"Our coaches do a good job in preparing us, telling us who we're facing or if players are right-handed, lefthanded; curve-balled or fast-balled. We work on stuff like that during batting practice so I'm not coming in

Preparation also involves adjustments.

Daniel Lopez said, "Well, every team is different. We've never really played ELAC, so there will be adjustments. It's important to come in early and just put some work in regardless."

As far as techniques go, Arce did not hesitate to bring out the baseball lingo in order to specify what the team plans for these next three games.

"It's about trying to score runs, trying to get runners over, manufacture runs, sack bunt's, our BIs, less strike-outs; all that."

Preston added, "Hopefully we'll sweep ELAC and win conference."

Taking some hacks: Taking hacks on the tee, Kimo Hinton strikes at the ball by the baseball field. The team is emphasizing batting for the string of three games against East Los Angeles College.



Perla Lara,
Off-season workouts: Sara Hickman works out during her off-season volleyball class. She will no longer play for Cerritos

Hickman spikes on, off the court

PERLA LARA
Staff Writer

@PSLaraLara

The difference between a student and student-athlete is commitment and passion. Sara Hickman embodies the dedication and determination it takes to be an excellent student-athlete.

When Hickman entered kindergarten she became a student; when she played in her first sports game she became an athlete. But when she entered Cerritos College, she became a student-athlete.

For her, that means striving for excellence and doing much more than the minimum in both her academics and on her volleyball team.

Hickman graduated from La Mirada High School. After two years at Cerritos College she will be graduating with an Associates Degree in Communication Studies.

For Hickman, doing more than what is required is the norm.

"I only needed three units for my Associates Degree, but took a full schedule to get ahead for when I transfer. I am graduating with 77 units; I've taken 18 to 21 units every semester here."

Academics come first for Hickman who is a member of the Phi Theta Kappa honor society.

"If you have good grades, such as a 3.0, 3.5 or above grade point average you [have] a lot more options of where to transfer to."

Hickman added, "I know the

difference between me getting a scholarship and another good volleyball player getting a scholarship is our grade point averages."

She has been accepted to University of California Santa Barbara and is waiting to hear from University of California San Diego.

Volleyball head coach Teresa Velasquez-Ortega said, "Sara is the perfect example of a student-athlete. A student-athlete has to be a student first, you have to keep your grades up or else you can't play or transfer."

Velasquez-Ortega added, "If you want to keep playing the game that you love you have to transfer and keep playing."

Love and passion for volleyball is what motivates Hickman to keep

She said, "As an athlete you need passion and dedication. You need the dedication to go to practice even when you are exhausted and those who play the game with passion enjoy every second of the game, including practice. People with passion practice and find value in their improvements."

Hickman was originally a soccer player, she played soccer for 12 years. During her freshman year in high school, she also ran track.

However, thanks to a friend, and conflicting schedules, she was introduced to volleyball.

"Because we didn't have any classes together my best friend suggested that we both join volleyball

together. I loved it so I dropped everything and went to play volleyball full time."

She added, "As an athlete you have to play for your team. If I make a mistake I let my team down, the teammate next to me is trusting me to get to the ball.

"She trusts that I'm going to hit it after she sets it to me, if you play for yourself it won't work."

Last year Hickman was the cocaptain on the team.

Velazquez-Ortega said, "Sara had enthusiasm on the court, a competitive spirit, was the most positive on the court and brought the team together."

What makes Hickman truly outstanding is that on top of her academic and her athletic responsibilities she is also a member of student government and holds the position of Commissioner of Athletics in the ASCC Cabinet.

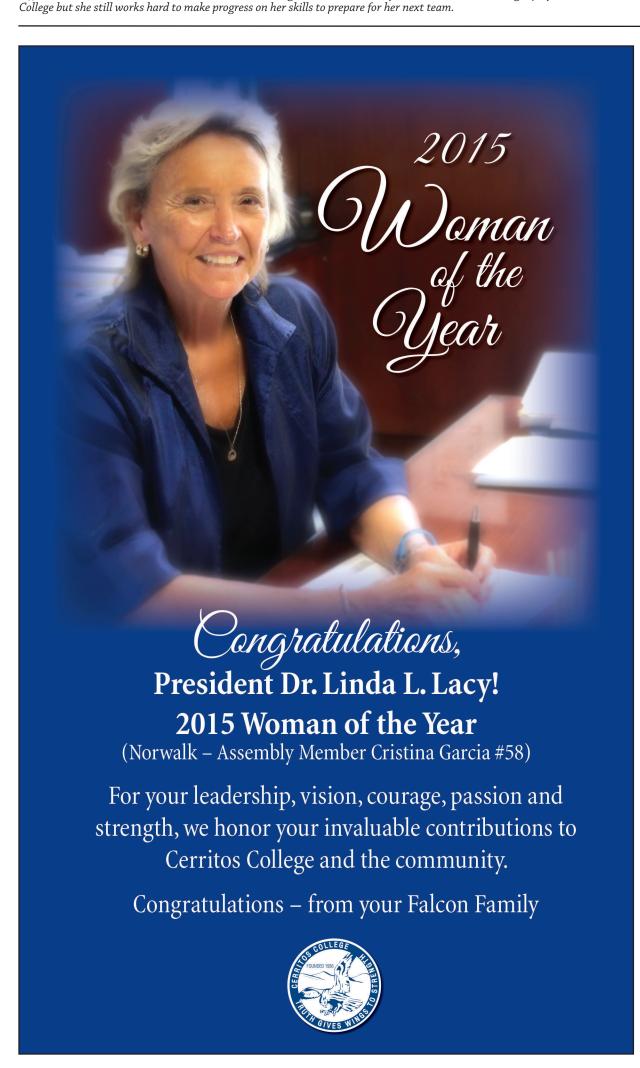
She also offers math tutoring to her fellow teammates.

Velasquez-Ortega said, "She pushes her teammates to go to study hall and improve grades and she also works one-on-one if they need it."

Hickman also strives to change the stereotype of the dumb jock.

"That stereotype isn't true any-

"We student-athletes should set the example for others to follow and represent the hard work it takes to be both a student and an athlete," she said





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