

TALON MARKS

CERRITOS COLLEGE

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New policy allows tattooed students to donate

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The American Red Cross blood donation bus was stationed at Falcon Square on Monday and will continue to be there until Thursday from 8:30 a.m. to 7:30 p.m.

The American Red Cross has made a change in their tattoo policy and it is no longer required to wait 12 months to donate blood after getting a tattoo. This is posted on a sign on a table to inform students.

Senior account manager of donor resources development Guinevere Endter said, "I want donors to know that now you can donate even on the day you get a tattoo as long as the tattoo is done at an establishment licensed by the state of California."

The change in policy is in part due to the California legislation the Safe Body Art Act that was signed into law by the governor on October 2011.

Endter said anyone who wants to donate can sign up and goes through a series of steps needed to make sure they are eligible to donate.

Jorge Ramos a business major was there to give blood. For him it was his first time donating.

He said, "Today something good happened. I'm happy and I wanted to spread the love. I saw the bus and decided to donate. I would not have donated if the bus wasn't here."

Unlike Ramos, Julio Flores, biology major, knows the procedure very well.

He said, "This is about my tenth time donating. I started [donating blood] my sophomore year in high school. I donate because I like helping people."

Irene Nino de Rivera, anthropology major, also started donating at an early age.

She said, "My first time donating was in high school. I've only donated a few times since then. It is more difficult for women to donate because of the iron level requirement, men don't have that problem."

Another person there to donate was administrative justice major Jose Gutierrez.

It was his third time donating. Gutierrez said, "I have a universal blood type, I get e-mails and calls to donate all the time."

The students emphasized their goal was to help those in need.

Donors stay in the canteen for 10 to 15 minutes eating cookies and drinking juice and receive a free t-shirt.

IT'S CRUNCH TIME



Faculty is looking to shorten the academic calendar to increase student success rates

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If students haven't already heard, there is a possibility that Cerritos College might be changing to a 16 week school session that would be implemented in about two years.

Cerritos College is one of the last community colleges to still have 18 week sessions.

Community colleges like Rio Hondo, Mt. San Antonio, Pasadena City, Santa Monica, East Los Angeles, Long Beach and El Camino moved to a 16 week system.

ASCC Senator Luis Guzman met with a task force and came up and presented a resolution at an ASCC Senate meeting on April 1 to bring more attention to this plan.

Guzman said, "I heard of this idea a month ago, it was one of professor Namalas' reports that he did for faculty senate, I presented a resolution in ASCC Senate to show that the students want this, and they want to be part of the process."

According to Solomon Namala, President of Cerritos College Faculty Foundation, many studies have shown that the shorter semester, the more engaged the students are.

"When we seriously talked about it in 2008 or so, we actually had another task force like this and we met and we said ok we are going to do this by 2010 or so but the recession hit and the president at the time said to implement this at the time we needed about \$250,000 to do this change. So it got postponed," Namala said.

Students drop out of school for various reasons ranging from jobs, tuition and textbook rates increasing, personal life and Namala had noticed that students usually drop out at 14 weeks.

Pros:

Students retention and success rate increase when term is shorter
Cerritos College aligned with CSUs, transferring would be smoother
Possible winter session because there is an extra month

Cons:

Higher administrative costs (costs for programming registration and record keeping)
Some programs may be affected by increase in class meeting times
Longer class hours

There is a task force which represents faculty and Namala is the faculty union president.

The two task force meetings left will be held April 29 at 4:30 p.m. at the LA conference room and May 13 at 4:30 p.m. at the LA conference room.

The final decision about this change would be up to the school president and Board of Trustees.

Namala said, "If they say yes, we want commitment from faculty administration and we need a firm date and we would like to have this start in two years from now, that's our goal but we don't know what our administration will say."

See related opinion: on Page 4

Votes introduce new ASCC leadership and trustee

LAUREN TORRES
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Eduardo De La Rosa and Ivan Oyarzabal are the new president and vice president, while Victor Villalobos is the new student trustee.

Students and ASCC hopefuls clamored outside of the Student Activities Center last night at an unusually late hour, all waiting for the results of the student elections.

The crowd gathered as the results were put up and were able to find out at once that De La Rosa and Oyarzabal were the new president and vice president, while Villalobos the new student trustee.

De La Rosa's platform focused on expanding improvements at Cerritos, with a focus on improving life on campus for students who take night classes. This included making counselors more available to those students, addressing limited library hours and creating a safer environment.

De La Rosa was not on-site for the results.

Oyarzabal said of the victory, "I'd like to thank all of the students that participated in the elections. I believe the true victory was engaging students and motivating the student body to become an active participant in local politics."

Running opposite of De La Rosa was Hope Garcia.

She said, "It was a great run. I wish it didn't have to end so soon [...] I wish him [De La Rosa] the best with my respects from one candidate to another."

Villalobos, who was on site for the results, said of his victory, "It feels surreal. We earned it."

He added, "I want to say thank you to all the students that believed in me and trusted me that I could provide that for them."

Suleyma Castillo, who also ran for student trustee, also stuck around to see the results.

After the results she said, "I'm okay with either way that it went [...] obviously we're all in student government, so I think we all have different ideas of how to implement what the role of the student trustee is. Each one of us has a passion for student government so I feel all three of us would have been a good candidate."

Joseph Fierro, a campaigner for De La Rosa and Oyarzabal, said, "It's unbelievable. It's not an easy thing [...] a victory like this helps a lot. I want to congratulate Hope Garcia and Athena Sanchez and their campaign managers for fighting hard."

De La Rosa, Oyarzabal, and Villalobos will take their new student government seats starting next semester.

NEWS

FULL STORY ON PAGE 3

'\$1,000 is our goal,' Math Club President said



ARTS

FULL STORY ON PAGE 6

Drum line hopes to inspire more school spirit



SPORTS

FULL STORY ON PAGE 9

Women athletes address sexism in sports





VIRTUAL WALK OF FAME

Like the path of fame and glory that rolls throughout the Hollywood area, Cerritos College has been given its very own walk of fame.

One of the students in this interactive is Jaymee Del Rosario, who is part of the Mars One missions. She said, “Ask questions. Learn to adapt into the environment of where you want to be. Be curious... You’re paying to go to school and to learn. Take advantage.”

The image to the left of this text is a clickable interactive on the Talon Marks website. Every star belongs to one of 12 individuals. Once you click on one, it will take you to an audio story, video story or an article about the person.

The departments featured are S.T.E.M., Arts, Student Government, Liberal Arts and Sports.

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Number increase at the voting polls

More could be done to increase polls, according to ASCC members

DENNY CRISTALES
Freelance Writer
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Voting turnouts were higher, but more can be done to increase the numbers, according to ASCC students.

The ASCC elections for president, vice-president and student trustee yielded more student involvement when it came to voting polls in comparison to last year.

No exact numbers are available, according to Gilbert Contreras, dean of Student Services, but a slight increase from last year's elections shows more student engagement.

Campaign managers out on campus promoting policies for certain candidates were a factor for the higher turnout, according to Contreras.

"I think perception has a lot to do with it," he said. "It looked like there was a lot more activity this year ... Overall, I think it gave [the elections] more visibility and people were interested."

However, managers for Hope Garcia and Eduardo De La Rosa slightly disagree with Contreras' point of view.

Christopher Brown and Joseph Fierro both said that engaging students on a consistent basis about policies, not just during a four-day span of elections, would inform students a considerable amount about student government.

And informing students is part of the turnout problem.

"You always have to grab that estimate number [of votes] and compare it to Cerritos College students," Fierro said. "I don't necessarily qualify all of this as a higher turnout. A higher turnout would be like, 1,000 students."

"As far as that, though, it goes back to ASCC. I don't think we're outreaching enough to students. It's something we need to start working on."

Outreaching students and actually engaging them is still something that doesn't necessarily have a plan yet, according to Fierro.

It's a critical thing to work on, according to Brown, as a lot of effort goes into the campaigns, but not a lot is received back.

He mentioned that sometimes you just get students who straight up aren't interested.

Brown said, "You get a lot of people who just aren't interested in politics whatsoever. Or, they just don't know anything about it, or they don't have time ... We need more things open to the public so they get a better understanding."

"We're here on campus and we're here to help you move forward."

Fierro reiterated the expansion

of student engagement past just the campaign elections.

He said that continuously spreading ASCC's plans out to the public could be of great benefit when it comes to getting people attentive about ideas and eventually political happenings.

"On a daily basis, we should be letting people know who ASCC is," he said. "Votes are something, but students are only engaged with ASCC for only those four voting days. After that, we just disappear."

Regardless, Contreras believes the higher turnout from last year's elections proves that activity is growing from inside and outside ASCC.

Different ideas to increase the turnout even further are welcome.

"We should all have different points of view as to how we can deliver the best possible outcome for students," he said.

As far as more personal interactions with students go, Brown said there is still something that needs to be figured out to capture their interest.

"There's that variable of the unknown right now that we need to touch into," he said. "With that said, the unknown is something that we're going to have to research. We need to know what that is to get other students involved."



SEBASTIAN ECHEVERRY/ TM
Textbooks for a cause: Alexis Hernandez, civil engineering major, is buying books in support of the SU CASA organization Tuesday, April 14 on the sidewalk outside the library.

Math Club fundraiser for 10 years going

SEBASTIAN ECHEVERRY
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The Math Club is hosting a book fundraising event from Monday through Thursday.

The goal in sight for the club is to raise over \$1,000.

It's simple math.

Students give books, or buy books and all the proceeds go to the SU CASA organization, they specialize in preventing domestic abuse.

President of the Math Club Ruben Alvarez said that the club has been helping SU CASA for at least 10 years.

"This happens once a year, every year, for at least the past 10 years," he said. "So basically, we collect books throughout the entire year and we try to host this event with SU CASA."

According to Alvarez, books range from novels and short stories to textbooks and reference books.

The novels and short stories go for about \$1 or \$5 and the textbooks and reference books go for \$10 or \$40.

Alvarez says the books the clubs collect include Cerritos College textbooks and that they are mostly students' favorites because they could use them to complete classwork.

He said, "Last year we raised over \$800 and our goal for this year is to raise over \$1,000."

"Our first day, on Monday, we raised over \$300."

As long as they are out there, Alvarez said he wants to keep the amount they raise at the end of each day \$300.

"100 percent of the proceeds go to [SU CASA], so that's like the biggest event that the Math Club does every year, its our way to volunteer," he said.

According to Alvarez, today is the longest day, they will be out there from 10 a.m. to 7 p.m. in an effort to give access to the night-time students.

Alvarez said he feels the love and support the students want to give to the community because the price offered to the buyer, for example \$5, is over-paid to \$40 all coming from the goodness of the student's heart.

"It's really nice when we see stuff like that, because it shows that Cerritos College students really care," Alvarez said.

Ariel Perez, aerospace engineer major, helped

the club from Monday through Tuesday, helping with book look-ups and customer service with students.

According to Perez the books that mostly get donated to the cause are textbooks.

She said, "There was this [woman] that said she had all these textbooks laying around the house and she didn't know what to do with them."

"We mostly get textbooks because students don't know what to do with them."

Ulises Villa is an ESL student that was looking for books that could help him with his English classes.

He said, "It is great that they are helping the SU CASA organization because there are people that have to live with violence at home."

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Possible new look coming for the student ID cards

MICHAEL GARCIA
News Copy Editor
@MikeGarcia1337

The ID Center and student IDs could be seeing improvements coming if the Associated Students of Cerritos College (ASCC) Senate passes the funding for it in today's senate meeting.

The meeting will be held today at 2 p.m. in BK 111, which is located east of the bookstore and across from the game room.

Dean of Student Services Dr. Gilbert Contreras oversees the ID Center and said that there are plans to move the ID Center along with other offices to the one-stop sometime in the near future.

He said that he has been working on addressing this issue all year.

"It's one of the things that I work to continually improve. I feel that getting students the best, most productive, most reliable ID's would really help with our branding, and with our institution and help develop school pride."

As for cost, the initial start up cost will be \$23,131. Costs will go to the hardware like the printer and the high quality cameras and software costs. After that, ongoing costs would remain around the same as they are currently.

The new ID cards would be provided by CI Solutions, a local card and service provider that will be on site for any technical problems that may occur.

CI Solutions is the company that provides ID Cards

for other community colleges and provides service to more than 85 percent of the California Community college market.

Dr. Contreras said, "They're on site and they offer the most advanced technology, the best printer on the market and I want to bring services to Cerritos that give our students the best that's out there."

Currently, ID cards have both a bar code on the front and two magnetic stripes on the back. The campus is continually looking to unify how cards are used and plans on dropping the magnetic stripes on the back and focusing solely on the bar codes.

There would be technical support available on site and students will be able to vote on a design for the new ID cards.

He said the cards are high quality and durable. The new printer is expected to last for eight years and the new cards should last for at least five years.

Nikki Jones, administrative clerk of the ID Center said that the new ideas would be a good idea because they have had the same design for so long.

She said, "The way they look is fine but I think it's a good idea that they're trying to improve them."

If the ASCC Senate does not approve the request, the current vendor will remain for the ID cards.

Improving the look of Cerritos College IDs will be delayed and Student Affairs will look at other options for Cerritos College IDs.



TALON MARKS is a First Amendment publication.

Editorials express the views of the Editorial Board. Other opinions express the view of the author and are not to be considered opinions of the publication's staff, the Editorial Board, the advisers, the Cerritos College Associated Students, the college administration or the Board of Trustees.

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EDITORIAL



CARLOS MARQUEZ/TM

RFRA scares the public but provides good action

The Religious Freedom Restoration Act that was recently signed into effect in Indiana caused some to believe that the law was using religion as a form of shield to lash out at the LGBT community and not look like a bigot.

This caused discussion and debate over the freedom of business in a free market against the obligation to serve to a public community in a public market.

Business officials like Tim Cook of Apple came out to claim that the law was damaging to the community.

However, the corrected and revised law states that the government cannot inhibit religious freedom and those that feel that their religion has been hurt by the government could file a claim and lawsuit.

Nowhere in the bill does it mention anything pertaining to the LGBT community.

Looking at the law in this way, the RFRA has some sense to it and has protection that the people need. The nation should accept this new law as long as it stays close to the guidelines it has already stated in the bill and not change dramatically.

Because if this bill's guidelines change, it could easily go down a path that will harm fellow citizens based on what they believe is their God or what

sexual orientation they are interested in.

The 'fixes' that have been made to the law do not fully provide a potent solution. The call to action would be to get more specific and be transparent with the law.

The way the bill is set up still leaves a lot of unanswered and in the end, people in the LGBT community might and will face some sort of subtle discrimination under this bill.

At the federal level, there are laws that protect people based on their beliefs and religions.

However, there are no federal laws or Indiana laws for that matter, which offer protection to those that have different sexual orientations.

And that is where misinterpretation of the laws like the RFRA can be upheaved and used against the LGBT community for a specific agenda.

The media and those involved in said issue are pouring too much into the possibility of discriminative actions against the LGBT community, but are not looking at the law as a whole.

Another example of an issue that could arise due to the vagueness of the law is that a pharmacy will not give service to someone based on their religious beliefs.

The real enemy is the way the law

is worded.

For starters, the bill's language is very misleading and in some instances the wording contradicts itself.

That leaves the law open to interpretation and those with intentions to hurt a certain community could truly cause some harm toward it.

The public has blown up this aspect of the issue so much that it seems as if that is the law's sole purpose, to serve as a hate crime for communities such as the LGBT community.

The law is okay, average and decent. Looking at the gist of it all, the law means to do right, similar to the law signed by President Bill Clinton in 1993.

Fixing the law the first time still leaves the bill open to different interpretations.

Indiana had a problem by not having a state law on the books that would protect religion. When it went in to try to fix that issue by including it in the RFRA, the problems weren't fully addressed.

Civil rights should be something every American should have and laws that are designed to be for the greater good of the nation should be clear and transparent.

A much needed break

DENNY CRISTALES
Freelance Writer
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If you could have less school, why would you say no?

At least that's the mindset taken if you're a scumbag college student like myself.

The thought of shortening the school semester to 16 weeks is enticing.

Given differing circumstances, you're either balancing school with work, school with parenting or anything else.

It's usually one big juggling game when it comes to the college life.

So, why not capitalize on a chance to make it easier?

It's not the proverbial tapping out in the middle of the ring if you decide to make things easier. Do it if it's a possibility.

It's common sense. Why make things unnecessarily more demanding?

Obviously everyone is capable of undergoing the 18-week grind of school if so many currently and before us have

done so already.

However, two weeks off is a significant amount of time even if it's not apparent at first glance.

It allows a more focused mindset from an educational standpoint in the long term.

Ever hit those ruts in the semester where you're just kind of over everything? Where things seem to drag on a little too long?

That's exactly what could be avoided with 16-week semesters.

Shortening things by two weeks doesn't necessarily solve anything and everything, but it's certainly something that's welcome.

Now, maybe you need those extra two weeks to boost some grades or maybe you're a teacher who can benefit from the extra hours and money.

As mentioned, it doesn't solve everything, but it's a convenience for some people and I just happen to fall in to that category.

If you're a student, why not shorten the semester?

California's major water fiasco

CARLOS HOLGUIN
Staff Writer
@ch_woodstock

With the drought here in California four years in the making, Governor Jerry Brown has enacted limitations and rules that the citizens of California must follow. This is the first time that these rules have been implemented.

As students and citizens of the state, we have an obligation to follow these limitations and help our state.

The drought is now so severe that around 66 percent of the state is in the D3, or extreme drought, category according to the California Drought Monitor. That means an estimated 37 million people in California are being affected by the drought, including residents within the surrounding areas of Norwalk, Cerritos and the entire Los Angeles County as a whole.

Back in 2010, right before the



What do you think of the Religious Freedom Act?

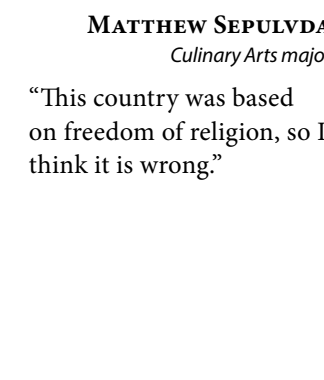
COMPILED BY:
BRIANA VELARDE

PHOTOGRAPHS BY:
GUSTAVO LOPEZ



KAYLA ZAMORA
Undecided major

"I don't really have an opinion, everybody deserves to have thier own belief."



MATTHEW SEPULVEDA
Culinary Arts major

"This country was based on freedom of religion, so I think it is wrong."



REMY GAMA
Administration major

"A business is a business, people's rights or beliefs should not be judged."



JONATHAN MATHIAS
Accounting major

"Everyone should be treated equally, that is basically mistreating people."



DULCE JIMENEZ
Communications major

"I believe it's unfair, everyone has rights and should be treated equal."





HILLARY CLINTON AT THE LEONARD CENTER FIELD HOUSE AT MACALESTER COLLEGE IN MINNESOTA IN OCTOBER 2014. (RICHARD TSONG-TAATAIRR/MINNEAPOLIS STAR TRIBUNE/MCT)

Clinton: A hope women need

KARLA ENRIQUEZ
Staff Writer
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Hillary Clinton launching a presidential campaign is noteworthy for two reasons: One because she is a woman and two because she is back in the running after her 2008 attempt at candidacy.

If Clinton wins, she could be the first United States woman president, a historical feat.

It is important for women all across the board to have Clinton running for the Democratic slot because not many women have participated in the past.

In a presidential election history that spans 238 years, only about 35 women have launched a campaign in the past.

Out of those 35, about seven represented the Republican Party, who tend to have conservative ideas when it comes to women and lesbian-gay-bisexual-trans-queer rights. It is of outmost importance that

Clinton openly supports LGBTQ and reproductive rights.

Clinton qualified herself as pro-choice on the subject of abortion, but in the past has supported foster care and adoption, never bringing her religious beliefs into her decision.

It is also important to recognize that Clinton has supported and pushed for funding toward the "Prevention First Act," which is a bill intended to reduce unplanned pregnancies, abortions and the improvement of access toward women's health care.

Given her views, if she wins the Democratic nomination and furthermore if she wins the election, this could mean that big changes could be on the horizon for women.

With the surge of conservative opposition to "Planned Parenthood" and abortion clinics coupled with the shutting down of said clinics, Clinton's support would make a difference for women's choice.

The presidential hopeful has

evolved throughout the years on her gay rights stance, appearing in a 2013 video endorsing same-sex marriage.

"Gay rights are human rights and human rights are gay rights," Clinton has said in the past.

Hope lies in an evolution in thought when it comes to Clinton's stance on Palestinian-Israeli relations. Her views in the past have been problematic at best.

In 2015, much has been left desired from her pro-Israel views.

With a count of 246 votes versus her opponent Barack Obama at 478 votes in the 2008 primaries, it is exciting to see that Clinton was not demoralized from coming back to give the presidential run a second try.

The United States and the world would benefit greatly from a woman leader who champions and supports the rights of two of the most oppressed groups.

Hillary Clinton, "It's Our Time."

What do you think of Hillary Clinton's Presidential candidacy?

COMPILED BY: CARLOS HOLGUIN

PHOTOGRAPHS BY: SAMANTHA VASQUEZ



BRANDI FORD
Psychology major

"It would be cool to have a woman president but I still need to do my research on her policies."



VINNY BLACKBURN
Music major

"I was unaware that she's running. I think she's smart."



RACHAEL TAULBEE
English major

"I feel great about it. I don't know where I stand for her as a political candidate but I'm really happy there's a female running."



DANIEL HERNANDEZ
Math major

"I've been wanting her to run since the beginning. It's really exciting for me."



LESLIE SOTO
Psychology major

"It would be really awesome to finally have a female president. She would bring something new to the table."

New characters for Nintendo

CARLOS MARQUEZ
Staff Writer
@TalonMarks

With Nintendo opening voting polls for fans to suggest more Downloadable Content characters, the company is doing a move that its fellow competitors are failing at.

It seems that Nintendo got on its knees and listened to the fans prayers to expand the universe we know as Super Smash Brothers.

Considering looking for other characters of the Nintendo world to be featured in the game, the company seems to be open to involve characters from other franchises to crossover into the Nintendo world.

By recently featuring Pacman, Sonic and Megaman, most of the fans are suggesting old heroes from our childhood to be part of this epic brawl.

Taking the top of the list is Banjo Kazooie, one of the most suggested characters next to Crash Bandicoot and Rayman.

Kazooie seems to be the most probable character to become part of the game, due to the fact that Microsoft's Head in Division and Studio Phil Spencer has

shown interest in working with Nintendo.

Besides these highly demanded characters, this could be a chance for Nintendo to give life again to some fallen, or even forgotten, heroes such as Spyro, Klonoa and the legendary Bomberman, just to name a few.

On top of that, if these characters succeed in a comeback chance like this one, it opens the door for Nintendo to fully revive its respective series or obtain the copyrights for some of them and attract more players to the Nintendo products and services.

Comparing this action with one of its competitors, Capcom for example, Nintendo seems more open to its consumers opinions.

Capcom, on the other hand, has failed to deliver to its fan's expectations due to the fact that it had cancelled many Megaman titles and failed attempt of the Darkstalkers franchise, which is a cult classic video game.

Many fans seem frustrated and are moving to new grounds in the video game world.

So if you can't decide between Xbox and Playstation, why not choose Nintendo?

Letter to the Editor:

From Dave,

This is in reference to an opinion article in [last] week's Talon Marks – Religious beliefs are no excuse for hateful bigotry.

I feel I need to answer this article since it references the Bible and the Christian faith as the culprit behind this umbilical and ungodly bill from a man that is probably not even a Christian.

The person who is writing this article, it seems they actually believe they have any idea or knowledge of scripture and what it means to be a Christian, they have

Dear Dave,

While I understand and respect your beliefs, the editorial from last week's print edition was not written to chastise or judge all Christians as a whole. It was made clear that not all Christians are bigots. It's a separate sect of that religion that practices bigotry and calls it

no idea and should not be spewing lies on there interpretation of scripture, when they have no faith at all in Christ Jesus.

Jesus himself speaks against gay marriage and homosexuality as being sin and if Christians porously takes part in this sin, in any way, shape or form they're sinning "right along with them" and God won't have that. Christians hate the sin not the sinner, the sin is what we speak out against "not hate or bigotry."

Thank you.

religious right. Much like Fred Phelps' Westboro Baptist sect. However I disagree with the policy of "hating the sin not the sinner" when it comes to the LGBT community. Someone else's sexual preferences or identity should not be judge on someone's personal beliefs. To do so would be infringing on the free will and right to happiness of the another person. Why hate the sin when it isn't one?



MAISEI WILLIAMS AS ARYA STARK IN "GAME OF THRONES" (HBO)

Battles, deceit, sex, 'Thrones'

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It's felt like an eternity since the last time we saw the Game of Thrones television series, but Sunday it returned and it continued with the storylines that have captivated the masses.

For those of you who need a refresher, here is a quick rundown of what happened last season:

- Tyrion and Varys are in Pentos after escaping King's Landing and contemplating joining Dany's cause.
- Dany is handling problems with the Sons of Harpy in Meeren, a group who oppose Dany's rule in the city.
- Jon Snow is dealing with the arrival of Stannis Baratheon and the red priestess Melisandre.
- In King's Landing, the Lannisters are dealing with the death of Tywin and a power

struggle between House Tyrell and House Lannister.

- Arya is journeying to Bravos.

"Burning Man" set the stage of what might come this season, which could make for one of the best seasons for GoT.

Storylines changed dramatically with the deaths of Tywin Lannister and Sandor Clegane, as well as the arrival of Stannis Baratheon at The Wall.

There wasn't much that happened other than reminding the audience of what last season left off with, but that doesn't mean it wasn't a good episode.

It gave the audience hope for the next episodes.

There are still those juicy plots and schemes that the audience loves to hate.

It is exciting to see some of the new characters such as the Sand Snakes, the hotheaded bastard daughters of Oberyn Martell.

One of the burning questions

is if Dany will ever find one of her missing dragons and what will happen after Arya arrives at Bravos.

"Burning Man" hints on what could possibly happen, especially the scene in the beginning with Cersei Lannister.

The dialogue is witty and fresh, especially with the scenes with Tyrion and Varys as they talk about life on the run.

The world of GoT looks beautiful as ever, from the extravagant set of the Great Sept in Kings Landing to the exotic lands of Meeren.

It will be interesting to see what the show will do since it will be deviating from the books.

The show has been deviating more and more from the books from the previous seasons, causing mixed reactions.

However, I don't think it will stop people from watching GoT.

Audiences have been hearing "Winter is Coming" since the beginning of the season and it's almost here.



LAUREN TORRES/TM
Can you hear the beat? Members of the drum line in mid practice. They usually meet two hours before their class starts.

Drum line plays for school spirit

LAUREN TORRES
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@laur_literature

If you hear the unmistakable sound of drumming on campus for long periods of time, it's because the drum line has arrived an hour or two early for class just to practice on its own.

The drum line has been noticeably absent from a handful of campus events.

That's because before last fall, it mostly functioned as part of the Pep Band and only until recently began to operate on its own.

The change came by suggestion of ASCC, who asked the group if it could start attending more campus events to help rally up school spirit.

It was recently approved to be mobilized, which means equipment has been ordered that will allow the musicians to play while standing and walking, which in turn will make it easier for them to play more events.

David Betancourt, who teaches the drum line class, said, "We haven't had a drum line here before [...] so we couldn't really go from zero to 100 in just a month."

"We didn't realize we'd be able to put this together, and then we did, so we've got probably eight or 10 performances this year, which is quite a lot considering we didn't hire any extra faculty [...] we don't have any funding for that, most of it we just do on our own."

The lack of funding is also responsible for the group having no uniforms, which cost about \$1,000 a piece, which most drum lines do. The band handled this by coordinating jackets instead.

Fernando Hernandez, a nursing major, said, "We're still trying to build the team up, so now we're going to be on campus more."

Hernandez has been on the drum line for two semesters now and helps coordinate the first-timers of the group.

He said, "We're going to be performing a lot here in the quad, hopefully we can perform out here, just to kind of draw people's attention [...] that's our goal, to perform every week."

While Betancourt teaches the group, it is mostly self-run and self-motivated. Betancourt helps organize events for the band to play at and oversees it while it practices, but gives it plenty of room to teach itself.

"[The band] is really teaching [itself] and to me that's pretty awesome. I love my job as a teacher but to me, if students learn how to teach themselves, if I can help them with that that's awesome."

Jesús Cisneros, a biology major, said, "We're just trying to incorporate more school spirit because it's pretty much dead, no one's really into it. You don't see people wearing their Cerritos clothes or really into the school activities. We don't have much to work with but we just use whatever we have to kind of get ourselves incorporated in school activities, be more active."

This is Cisneros' first semester with the drum line.

As for showing up early for practice, Cisneros cited excitement for becoming more involved with school activities as one of the reasons everyone is so motivated. The other?

"We just love to play. It's not every day you get permission to just bang the drums at five in the morning, you know?"

This will also be the first year that the drum line will be active during the summer semester at Cerritos.

"This year it just blew up," Betancourt said. "I mean class starts at seven, those guys are out there practicing at five, which is really cool. I mean for what other class does your student show up two hours early every week? [The students are] just pumped about it."



KARLA ENRIQUEZ/TM
Don't know yet: Janet Cisneros, music major, practiced Mozart's Clarinet Concerto in A major. She hopes to hear back from the University of the Pacific, Northern Arizona University School of Music and Azusa Pacific. She has heard great feedback from professors at those institutions.

Leading the way in 'A' major

KARLA ENRIQUEZ
Staff Writer
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The notes of Mozart's Clarinet Concerto in A major swam out of a black Buffet Crampon clarinet and trickled into the music building's hallway at the hands of a black cardigan donning music student.

Janet Cisneros, a promising clarinet player and music major, is no stranger to the embouchure, the technique used to develop the sound of the clarinet.

Cisneros began playing in middle school where she chose the clarinet instead of saxophone.

"I intended to play [it] in the first place, but when the band director brought the clarinet out, that was like 'Oh, I'm going to play that one.' I was drawn to it," Cisneros said.

"I still remember how giddy and full of life she was when she knew she wanted to pick the clarinet as her instrument at [Montebello Intermediate.] The first time I ever heard her play I knew she was always going to keep at it," Luisa Cisneros, her younger sister, said.

Surrounded by classic rock, such as The Beatles and a grandmother who played the guitar, Cisneros' musical foundation was set in childhood.

Cisneros began playing in a marching band with Montebello High School's "Mighty Oiler Band," an experience she qualified as amazing.

She mused, "It was really an eye opener. It was musically challenging."

During her high school experience, she underwent one of her most memorable moments.

In an outdoor setting, with Whittier's Daily News present to interview her bandleader, Larry Covellone, who she listed as her mentor, Cisneros conducted Bach's "Fugue in G minor."

"That was the moment when I was like 'this is what I want to do.' It was one of those moments, like the clarinet, but for conducting," Cisneros said.

She added, "I practiced what I could by observing him. He was an amazing influence when it came to conducting and his presence on the podium. I felt this energy and adrenaline, but I was really calm and just went with it."

The young musician was the only senior who was willing to conduct that spring, a tradition that Covellone allowed any student to undertake.

"He inspired me to think about music as a career and he is still my mentor to this day, we still keep in touch," Cisneros added.

She attended East Los Angeles College, where she says lack of funding interfered with the music program.

One of Janet's sister's proudest moments came from the musician's time at ELAC.

"The one huge moment I can remember that left an impression on me was when she played a solo piece with ELAC Symphonic Orchestra. Seeing her up on stage playing to a crowd with such calmness and intensity made me realize just how far she had come. It was a really proud moment for me to see her going for her dreams," Luisa said.

Cisneros arrived at Cerritos in Fall 2009 and entered the applied music program.

"I'm not going to say that ELAC is a bad college, its just here the music program is a lot better, maybe due to funding and a wonderful director of bands, [like] Dr. David Betancourt," Cisneros said.

"I could tell right away that she had a real desire to learn and become a band director. It also didn't take long for me to realize that she was willing to put in the work to build her skills as a musician and teacher," Betancourt said.

He partly attributes her success to her work ethic and "can-do" attitude.

Jason Lopez, Cisneros' clarinet partner at Cerritos, illustrates Janet as an expressive, technically proficient and humble musician who helps others when they need it.

"She is great to work with and I'm able to share some of my experiences with her and vice versa, which helps us learn music in an environment that doesn't feel overly competitive," Lopez said.

He added, "She impressed me because of her tone. A good tone on the clarinet is proof that you have taken the right steps to digest any musical education you've received, as well as the dedication to your craft. It's rare, or nearly impossible, for anybody to just pick up an instrument and instantly sound good."

It takes a lot of work and definitely does not happen overnight.

The decision to become a bandleader did not come overnight either.

After she conducted Montebello High's band, she notified Covellone that she had found her calling.

"Don't you want to have a family? As you can see this takes up a lot of time," the bandleader responded.

Cisneros insisted that she did not go into the profession blind and knew of the sacrifices.

"There weren't that many female band directors, there are more now, but at that time I remember going to competitions. All I saw were male band directors and it's not bad but I was like 'Why aren't there more women?,' she added.

One of Cisneros' goals is to break the glass ceiling.

"Of course it's possible. Slowly but surely you begin to see [women in the field.] I think we're getting more support."

"Some people [are] still stuck in a very different way of thought. What I would say is just go for it."

"I really want to finish my education and get my doctorate, that's my long-term goal."

Cisneros' goal lies in teaching, but she knows the difficulty of that happening straight out of college, so she stressed flexibility.

She added, "You have to be able to play other instruments, and the wonderful thing about music is that you are exposed to so many other different options and that's just the nature of the whole career. You can gig [or] you can be in the symphony if you'd like to."

Betancourt said of Cisneros' teaching goal, "I look forward to the day when I can call Janet a peer in our profession. She deserves success and I know she will achieve her dream of becoming a teacher."

Cisneros has a favorable future ahead with submissions and auditions to The University of the Pacific Conservatory of Music, Northern Arizona University School of Music and Azusa Pacific.

With positive responses from professors and a band director from the institutions she applied to, Cisneros' talent will span to places much larger than the music building's hallway at Cerritos that her music has filled.

Back for one last ride

BRIANA VELARDE
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"Furious 7" was the most anticipated movie of 2015.

It is the best installment of the franchise to date. The two-hour long film has fast and luxurious super-cars, extravagant parties, nonstop action, amazing stunts and

most importantly it expresses the concept of family. This film is definitely worth the price of a movie ticket.

With each sequel, "The Fast and the Furious" franchise has grown from being a simple and interesting story about street racers to a tale where the core group has been turned into superheroes without

the flashy costumes.

James Wan, who is very successful as director for horror franchises like "Saw," "Insidious" and "The Conjuring," now takes a stab at both directing action and taking over an already successful franchise.

"Furious 7" starts off with the crew being hunted down by a member of the Shaw clan for its actions in "Fast and Furious 6." Wan didn't

only continue the action packed street racing, but added some brutal fist fights.

This film focuses on the fight to keep the group safe so that all its members can return to a life of normalcy in the home of Los Angeles, two things it had finally attained after six previous movies.

Though the film gives us non-stop action and awesome stunts, the

true message is centered on the concept of family. Not blood related, but the family you can choose. The message of the film is strengthened due to Paul Walker's passing.

After the death of Paul Walker, who was killed in a car crash during the making of "Furious 7," everyone was left wondering what was going to happen to his character, Brian O'Conner.

The film turns emotional toward the end.

The tribute to Walker is a perfect way to end the film, not only do we see how much Walker meant to the franchise but also how much he meant to Vin Diesel and all others who were close to him. The film gave us one last ride with Walker showing a montage of his work from the first six furious films.

April 24
Piano Lecture Series open to general public
A series of piano performances will be available to the public free of charge.
The lecture series will be in room BC-51.
11 a.m.

April 28
Ceremony to award arts students
A month-long arts exhibition will showcase student work and art at the Arts Gallery in room FA 50.
Over 135 works will be displayed.
5 p.m.

May 1
Theatre play just a 'Hair' strand away
The theatre department's interpretation of Hair will debut at the Burnight Theatre in May.
Dates are May 1, 2, 7, 8, 9 and 10.
6 a.m.

We review movies!

You can read our opinion on movies at a website near you on our page www.talonmarks.com

Starring: Staff Writers
Director: Arts Editor
Rating: ★★★★★

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Cosmetology cuts a great deal in free haircuts

LAUREN TORRES
Staff Writer
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If you're lucky enough to be in the right place at the right time and happen to have an abundance of split ends, you may be one of the lucky few Cerritos students selected to get a free haircut at the Cosmetology department.

While the Cosmetology students usually practice on dummy heads or clients coming in for their low-priced services on Mondays, some days are particularly slow. Slow enough that the instructor, Ms. Novinski, sent out four of her students to find clients to practice on with the promise of a free haircut.

Monet Wrtaza, a cosmetology and business major, said, "She [Ms. Novinski] does it occasionally, maybe once a semester, she'll give us business cards and we'll pass them out to anyone we think might be interested. We just pick a handful of people and write our names on the back, so when they come in they know to ask for us."

As easy as giving away free haircuts sounds, there was still an obstacle to overcome.

"Asking is kind of hard," Wrtaza said. "It was, because a lot of people already had haircuts done. You could tell people got haircuts over the weekend, or people had class [to go to]. At the end we did have a really good rush of people, I think we had 15 people come in, and for us that's a lot on a Monday. Usually Mondays are pretty slow."

The usual price for a haircut by a Cerritos cosmetology student is \$5.

While the students working on clients are not licensed yet, Wrtaza assured that most things people ask for they've already been taught to do. It's the surprises that really throw them off and make client work a true learning experience.

"Sometimes clients come by and say they don't have any color in their hair and then when you go and lift a color from their hair, other colors pop up that they didn't tell us about and then we have to work with that ... We have to fix it. That's a little nerve-racking."

Despite these challenges, students need and enjoy the opportunity to work on real people.

Cosmetology major Troy Garcia said, "It makes me more comfortable, because a doll head you can pull pretty hard on and you can do anything with it. It's not the same at all because it's not a real client. That's why I like taking real clients, because I just want to get more comfortable with people, and not a plastic head."

Wrtaza echoed the positive reaction to working on real clients.

"It's good. Most people who come in for a free haircut, it's nice. They're not really picky, they just want to get something done and it's free. We're not licensed or anything yet so it's not going to be perfect, but if you come in for a trim or something, that's pretty simple."



KARLA ENRIQUEZ/TM

Seldom-seen class shines: Dr. Steve Clifford, English professor, said, "No, I don't think students know about [the class]. When you open up the college schedule, there's so much there on any given semester that it's hard to figure out what you might want to take. We try to publicize [the class] within the English department, but that only gets out to a minimal number of students." He thinks the students take a great deal out of the readings in poetry classes.

Poetry: the forgotten art

KARLA ENRIQUEZ
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How can a student learn to shed a fear if they're not properly informed of the available resources?

Enter the Cerritos College Readings in Poetry class and the seeming lack of student knowledge in its existence.

"I think not enough students are aware that the class is offered, which is unfortunate because the class is a great learning experience. I myself didn't know the class was available until it was recommended to me by someone else," Maria Antuñez, English major said.

Dr. Steve Clifford, English professor at Cerritos College, echoed this sentiment.

"No, I don't think students

know about it. "When you open up the college schedule, there's so much there on any given semester that it's hard to figure out what you might want to take. We try to publicize [the classes] within the English department, but that only gets out to a minimal number of students," Clifford said.

"A lot of it now is word of mouth," Clifford continued.

A possible solution for increased poetry class notoriety may lie in social media.

"We need some kind of an online presence that is linked to social media that allows students to be able to explore based on certain interests they have, certain attributes, certain things they are good at, certain things they know they want to accomplish that

would allow them to enter searches and then find some interactive material through video, through audio, with people they can talk to, with description of courses, times they're offered and be able to build a virtual schedule for themselves," said the English professor.

Readings in Poetry is a Cal-State and UC transferable class that also serves as a humanities requirement for many GE plans.

"Primarily, this is a course that helps students understand [...] why read poetry at all? What is it that we gain from poetry and how do we begin to understand what poetry does? We look at the structure and form of poetry, how do we write poems, how do poets write poems," Clifford said.

ford said. He stresses that not a great deal of poetry writing happens in this class. "That would freak some of them out," the English professor added.

Why take a poetry class? Antuñez said, "I think it's a great way to promote literacy. Poetry allows us to create sketches of our lives through imagery, symbolic language and metaphors."

She added, "Poetry gives a little more freedom than the average English classes, because it allows you to break the rules and express yourself more freely than an essay with a word count. Poetry is also an amazing way to build emotional resilience, it helps us adapt to stressful situations or crisis.

"A poetry class offers

students an opportunity to understand what we often assume are very individual experiences in a much more universal way," Clifford said.

He shared that "[The course] would give students all kinds of options that they don't understand that they have to explore the creative side of their brains even as the other half of their brains are doing more rigorous calculating that they do in other disciplines.

"It is something that [students] might want to try out even if they hated their junior high school English teacher or [are] scared to death of poetry, that this course offers a whole different approach.

As put by Robert Frost, "Poetry is a momentary stay against confusion."

'Death Cab for Cutie' a good ride for music

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Change is a constant in life. We have people entering and leaving our lives as we continue to make the best lives we can.

Dealing with these emotions can be stressful and at times some cannot be done without doing something to relieve the pressure.

After four years without an album and a divorce from his then-wife Zoey Deschanel, guitarist and founding member Chris Walla, Ben Gibbard and his band Death Cab for Cutie have taken what was left and created something that is beyond what the band has put out in years.

The new album's title, Kintsugi, refers to a Japanese technique for repairing broken pottery that uses the cracks and breaks lines as a way to enhance the visual of the pottery.

This is a title that becomes more and more appropriate with songs like "No Room in Frame," acknowledging the breaks that Gibbard has gone through, with lyrics like "Was I in your way when the cameras turned to face you?" and "Hold No Guns," arguably the quietest song on the album.

Its striking line "Cause numbers change and people fall and friends they always splinter."

The title comes back into play with the overall tone of the album.

While the subject matter may seem said on the surface, the beats feature synth tunes and upbeat guitar.

Instead of wallowing in self-pity and loss, the

band has come together to embrace the loss and move forward. The cracks become a part of the image, and the band creates a melancholy sadness.


In that acceptance lies the greatest strength of Kintsugi, as the melody of songs creates a feeling that is somehow simultaneously familiar and new.

The sounds, while not minimalist, harkens back to the critically acclaimed albums Transatlanticism and Plans by being a way to express the band's true feeling while keeping the songs not only good for radio play (Black Sun being the obvious choice, with Good Help a likely contender as well) but well enough lyrically to warrant a closer listen.

If Kintsugi is truly an evolution for the band, then it is headed in the right direction.

Kintsugi not only receives a five out of five, but also may go down as the best album from Death Cab.

Life is complicated.



A study at USC is evaluating a lifestyle intervention for young adults with diabetes. Compensation is offered.

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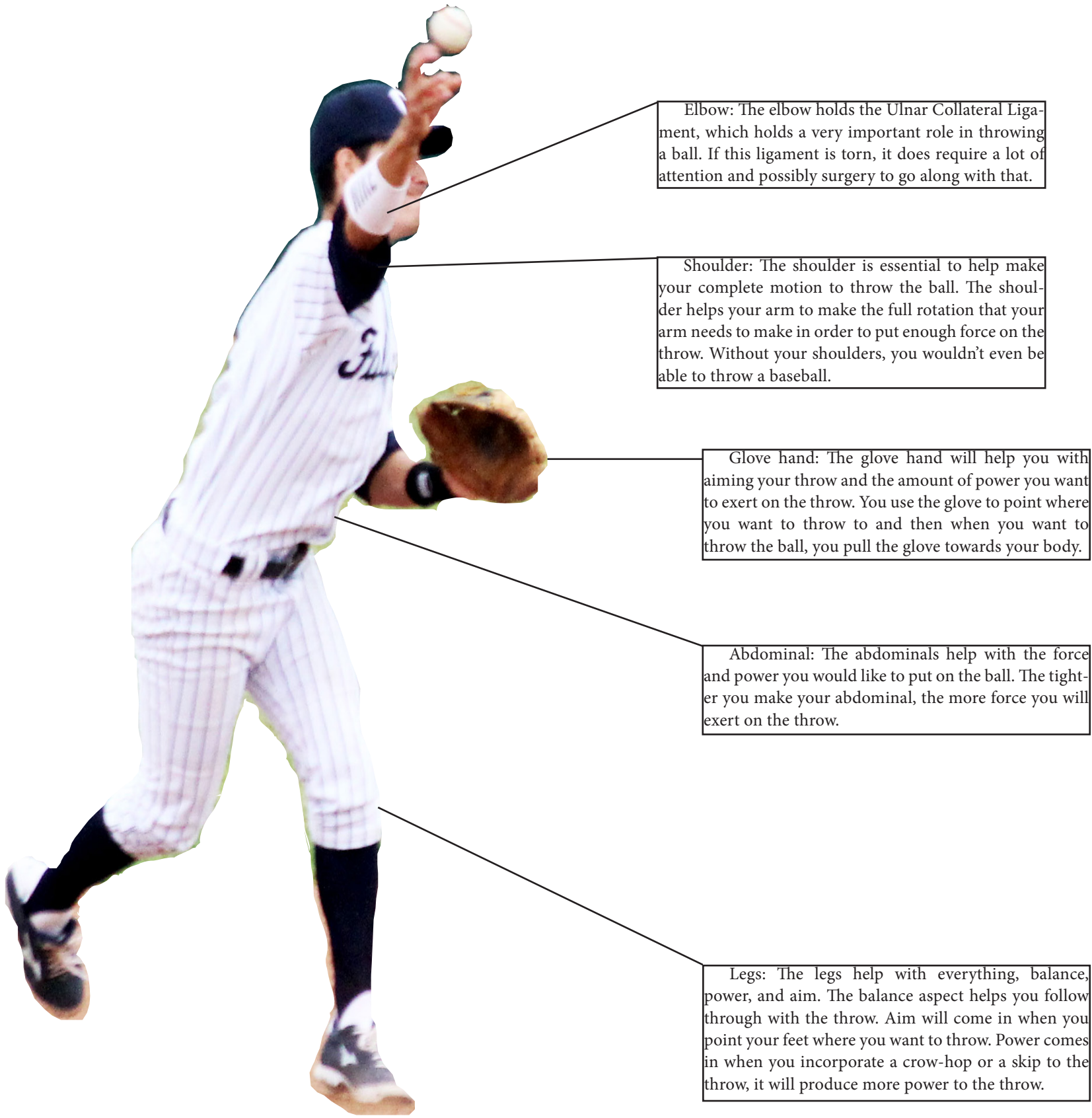
Shortstop to rehab from rare torn UCL

Falcons shortstop Daniel Lopez works against the grain to a speedy rehab recovery

MARIO JIMENEZ
Staff Writer
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When a pitcher tears his Ulnar Collateral Ligament (UCL) in baseball, it means the end of his season. A torn UCL is a common injury among pitchers and usually requires Tommy John surgery to repair the ligament. TJ's is a surgery known in the medical field as UCL reconstruction. UCL tears are most common among pitchers because of the strain they put on their elbows each time they fire a pitch home. As common as a torn UCL is among pitchers, it is extremely rare among position players. So when Falcons sophomore shortstop Daniel Lopez hyperextended his throwing arm at a play at second earlier this season. He hoped a hyperextension was all he would have to deal with. As it turns out Lopez explains he is out for the year, "I'm a medical red shirt now because of a torn UCL, which is usually the ligament pitchers need repaired by Tommy

John surgery," Lopez said he felt a sharp pain around his elbow when the injury first occurred and hasn't been able to stretch his elbow since the day of the injury. However the tear in his elbow is only a partial tear and does not require surgery to repair, just plenty of rehabbing. Lopez has been playing baseball since his toddler years and this is the first time he has ever had to miss any extended playing time regardless of the reason. Lopez said "This is like my first real injury, so this is all a new experience for me." Lopez is not used to taking time off the field so it's understandable that he's eager to get back on the field. He is progressing fairly quickly through rehab. Lopez added, "I've been rehabbing for about two weeks now and I've already started taking ground balls again and I'm going to start throwing again within a month or two." Lopez wasn't expecting his season to end prematurely as he was starting to come along after a slow start in which he batted .176 with no home runs and one RBI in seven games. Lopez is now using the 2015 season as a growing lesson so he can come back a smarter, more mature, experienced player in 2016.



Elbow: The elbow holds the Ulnar Collateral Ligament, which holds a very important role in throwing a ball. If this ligament is torn, it does require a lot of attention and possibly surgery to go along with that.

Shoulder: The shoulder is essential to help make your complete motion to throw the ball. The shoulder helps your arm to make the full rotation that your arm needs to make in order to put enough force on the throw. Without your shoulders, you wouldn't even be able to throw a baseball.

Glove hand: The glove hand will help you with aiming your throw and the amount of power you want to exert on the throw. You use the glove to point where you want to throw to and then when you want to throw the ball, you pull the glove towards your body.

Abdominal: The abdominals help with the force and power you would like to put on the ball. The tighter you make your abdominal, the more force you will exert on the throw.

Legs: The legs help with everything, balance, power, and aim. The balance aspect helps you follow through with the throw. Aim will come in when you point your feet where you want to throw. Power comes in when you incorporate a crow-hop or a skip to the throw, it will produce more power to the throw.



Emily Curiel/TM
Taking batting practice: The Falcons position players are taking batting practice in the roll-away. Their next series is against El Camino College.

Pitching brings out the brooms

Falcons pitching dominated series as they sweep East Los Angeles College, only allowing three runs in series

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Sports Editor
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Pitchers were on their dominating side as they only allow four earned runs in total in the whole series against East Los Angeles College. Head Coach Ken Gaylord was very happy with his team's overall performance in the series. He said, "The first game we were a little tentative in the first game, but I liked that we were aggressive in our at-bats, and our pitching is really good. We only gave up four earned runs."

Not only were the big things executed in this series, but the little things as well. Right handed pitcher Travis Bonner was not able to play through this series, but he was still able to sit the sidelines and support his teammates. "Knowing we are two games behind Long Beach, that was a big series for us to win. We played our small ball, did what we needed to do to get the wins," Bonner said about the team's effort. The Falcons are currently 10-5 in conference play and are in a good spot to contend in play-offs, but there are still two series that remain in the regular season against El Camino and Los Angeles Harbor. As the season is coming close to an end, the Falcons cannot make any errors through these last two series if they want to ensure themselves a play-off spot and a conference title.

If the team wants to ensure themselves of a conference title, they must sweep both opponents. Bonner liked the way his team was looking for the El Camino series. "El Camino is a high offensive team with power, but as long as we play our ball, we can win," he said. El Camino is one of the teams that the Falcons have a hard time with due to their offense. Outfielder Nick Vasquez also thinks the same about El Camino being a very challenging school. "So far El Camino is the school that is giving us the biggest hard time and also Long Beach. We weren't playing as a team when we played them," he said. The next series for the Falcons would be against El Camino starting on Tuesday, April 14 at home with a game time start at 2:30 p.m.

Kagoma strikes again

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@Wario1189

The tennis teams at Cerritos College feature a number of foreign players from around the world. Amadi Kagoma is one of them. Amadi hails from Kenya, which is an east African nation that sits next to the Indian Ocean. Kagoma is here at Cerritos on a tennis scholarship and talked about the difference (as far as tennis goes) between the USA and his native homeland. Kagoma said, "Here there are a lot of facilities that's the main (difference). Everywhere you go you find tennis courts and there are a lot of people playing this sport." Kagoma brings up a good point talking about facilities and what's

available to athletes here in the USA because most of the equipment and facilities available to athletes in the USA are more often than not state of the art or close to it. Kagoma explains that because of this, many of the athletes in Kenya choose to take another route. "[Back] home we don't really have many facilities and the ones that you find aren't as good as the ones here. So you find [out] that people choose to play a different sport rather than playing tennis because the facilities aren't as good as here." Kagoma first started playing tennis when he was nine-years-old and noticed soon enough that tennis would get him places if he dedicated himself 100% to the sport. "When I started playing tennis at the age of nine, I didn't really like

it. What made me like tennis is that my older brother got a scholarship to go and play for my country in Sudan so everything was paid for and I was amused by that," Kagoma said. At that point in his life Kagoma made his mind up and decided to seriously pursue tennis full time in life. Kagoma added, "I realized tennis can take you far, it can make you travel, it can get you things and [places] compared to other sports. So from that period I thought I should start taking it serious. So I adjusted and started playing more often and increasing my conditioning and my practices working toward a specific goal, which was to become a big tennis player." Kagoma has developed into a big tennis player at Cerritos where he has a combined record of 45-6 in



Christian Gonzales/TM
Prepare the swing: Kagoma practices on his backhand swing. The Falcons played College of the Canyons yesterday, April 14.



We Can Do It: Physical trainer Debbie Jensen aspires to teach about stereotypes, discrimination and prejudice in her women in sports course and aims to break the barrier between men and women athletics. Jensen teaches about women's rights and showcases videos as vivid examples depicting discrimination in women athletics.

PHOTO ILLUSTRATION BY ARMANDO JACOBO

Women in sports class target prejudice

KARLA ENRIQUEZ
Staff Writer
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Billie Jean King, Mia Hamm, Laila Ali, Lorena Ochoa and Serena Williams are all famous women in sports who have faced opposition in the field.

Students at Cerritos College can learn about them and other players by taking the Women in Sports class.

"I do get girls in there sometimes that think we're going to play sports. We look at women in sports who have been visionaries, innovators and champions and how they fit in one or all three of those categories," said Debbie Jensen, instructor of the Women in Sports course.

"I teach homophobia, intolerance and discrimination and what athletes have had to endure just because they want to play sports because that's a tough issue. The third part we'll go into Title IX, which is very important for girls to know about."

Title IX is part of the United States Education Amendments of 1972 states that no person in the United States be denied the

benefits or be subjected to discrimination based on sex under any education program or activity receiving federal financial assistance.

The former women's soccer coach talks about the beginnings of women in sports and how that correlated with women's role in society and how that in turn affected their uniform on the field.

"We look at the life of Amy Homans, who was fighting for P.E. and what that looked like.

"She was the first one to add education, the education piece had to be there for women and their struggle was even being a part of a faculty at a university, and the meaning behind it."

"As we go through the decades we show how things have changed slowly and would occur to allow women to get into the workforce and that sort of paralleled with what was going on in sports," Jensen said.

Jensen's class details women's struggle throughout the years in a patriarchal society where women needed male allies to get into Olympics, which is now filled with women

athletes.

"A lot of times the sports helped get the women where they needed to get for advancement. Women's entrance into the Olympics and what it took. Women's place was in society (within) a male-dominated society in business and making all of the rules," she said.

Jensen expressed a need for male athletes as allies in the fight against patriarchy in sports.

"We go through some quotes that are very ugly by Baron de Coubertin, who started the modern Olympics in 1896 and then how unbelievable it is to our generation that they could say such things. That ties in the end with Title IX," Jensen said.

"An Olympiad with females would be impractical, uninteresting, unaesthetic and improper," reads an Official Report of the 1912 Games in Stockholm, which was most likely penned by Coubertin.

She expressed that the class allows her to expose an ugly side of sports and society that pertains to societal views on athletes and the masculine and feminine roles that

are attached to them.

In a class that focuses on both past and present, Jensen showcases the still prevalent injustices at the hand of intolerance.

Coach Jensen shows a video titled: "Training Rules: No Drinking, No Drugs, No Lesbians."

It details the 20-plus year reign of intolerant Penn State coach Rainey Portland, who humiliates anyone she perceives to engage in homosexual activity.

"We go through the class and we find that this type of discrimination in women's sports by a female coach is still going on and that is a pivotal point in the semester," she said.

The seemingly transformative video has allowed students who struggle with intolerant families steer their views around.

"I feel proud and I think of quality when it comes to women playing sports, sports that back in-time were considered to be only for men," Marcella Sanchez, architecture major, said.

Coach Jensen believes women in sports are, "a good class for women as well as men,

because I think I get to introduce a few ideas of the way women have been treated because they were thinking outside of the norm of what society deemed appropriate for women."

"I really want [students] to understand that we had to have somebody to break through those barriers and those were our pioneers, and the price that they had to pay just for women to be able to play sports and who would think about that."

She added, "We study champion in two definitions. One, standing in the pedestal getting your medal.

"The other, women who were championed for the rights of women and I always hope that the kids will leave the class understanding discrimination and prejudice and what it means to have those ideas and what it means to actually act on them and the consequences of treating people unfairly just because they want to balance a ball or throw a ball."

NIGHTS WEEKEND

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

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Happy 30th Anniversary

Women's Tennis made history this season as they get out of their 30-year drought of no play-offs. Along with breaking a record of the biggest win streak in Cerritos College history.

CHRISTIAN GONZALES
Sport Associate
@ChrisG_Sports

Another milestone this season was when the Falcons reached the playoffs for the first time in 10 years.

The women's tennis team have been breaking multiple school records this season.

The women this season broke the longest winning streak in school history with 10 straight consecutive wins.

The winning streak record dated back from Feb. 26 against El Camino College in a conference match where Cerritos defeated El Camino 6-3 that began the winning streak.

The team to break the winning streak of Cerritos were conference rivals Mt. San Antonio, who defeated Cerritos with the close game 5-4 on March 24.

Another milestone this season was when the Falcons reached the playoffs for the first time in 10 years.

It was a 10-year drought for the women's tennis team.

But the Falcons weren't done as their season continued with play in the South Coast Conference Tournament.

The South West Conference Tournament was this past weekend April 9 to 11 where all three of Cerritos doubles teams qualified for California Community College Athletic Association (CCCCAA) State Championships at Ojai.

Taylor Heath and Mariia Yatse- no placed second in the South West Conference Tournament.

The top four singles competitors from Cerritos tennis team qualified for CCCCCAA State Championship on April 23 to 26.

The Falcons are 19-6 this season which is enough to earn them the no. 4 seed in SoCal, which continues with second round play on April 14 against no. 2 seed Glendale.

Head coach Alvin Kim said, "Its been a long road trying to rebuild this program and now finally we are finally seeing some fruit of it."

He added, "We are one of the best teams in California and we have some of the best players in California and we will be looking to represent."

Stef Flores, a major in communications said, "We are really motivated and happy we have progress more through the season, we are taking it match by match in the playoffs."

She added, "We were stoked because we were losing in the beginning and coach (Kim) was mad at us because we had so much potential until we turned it on."

For CCCCCAA State Championship Flores said, "To keep up with the basics and relax and try to do things well and not hit the ball out."

Taylor Heath a major in Engineering said, "We are really excited to play everyday. It had a lot of positive energy and we are like a family and I feel like that's what separates us from the other teams and we push each other."



CHRISTIAN GONZALES/TM
Returning the ball: Milos Zoric returns a forehand from the baseline. Zoric went 12-1 in singles game.



MARIO JIMENEZ/TM
The winning point: Anastasia Khomyachenko returns the ball with a backhand. She went 18-6 in singles.

Tennis team loses second round of South Coast Regional Play-offs

Men's tennis fell to College of the Desert on Tuesday with a final score of 6-1

Women's tennis fell to Glendale on Tuesday with a final score of 5-4

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