

gency is.

Gallivan later said after the forum, "I think text is absolutely the wave of the future [...] it's something we're looking at."

Gallivan believes that though it is out of reach now, they are definitely looking into ways people can text emergencies in when unable to call.

Hillary Mennella, associate dean of Student Health, stated that there were ways for students to be more involved in campus safety also.

She said, "A lot of times students feel more comfortable coming to their peers, their good friends, if they're going through something instead of faculty and staff so [students] may actually be one of the first ones to know that something is going on and the best thing [students] can do is not brush a person off."

Students pay a fee of \$19 that, according to Mennella, can get them access to services like the Student Health Service Department.

She said, "To see a counselor or a nurse practitioner is free."

If a student is not willing to talk to a counselor, Mennella encourages the student's friend to try to talk to health services to learn how to handle such a situation Non-religious invocation of the s

receives little to no support after an ASCC Senate vote

> SEBASTIAN ECHEVERRY Editor-in-Chief

The Associated Students of Cerritos College Senate took the non-religious invocation, a discussion item presented by board member Zurich Lewis on Sept. 2, and voted to not support this proposal by a landslide in a 19 to two vote.

What is invocation?

Non-religious invocation is a call for wisdom or call for authority.

Lewis stresses that in this case it would be non-religious.

Student trustee Victor Villalobos asked for the board of trustees to hold off on its decision about the matter until the student senators in ASCC gathered the viewpoints of the students.

The viewpoints were gathered, analyzed and discussed within the voting senators.

The voting senators

Party whip Gloria Sedano said, "I think two senators voted for having religious invocation because they thought that it would promote inclusiveness for other religions."

However, the senator is one of the 19 voters that stand against non-religious in-vocation.

She said, "I voted against non-religious invocation because I think it's a loophole toward religious invocation, which is actually offensive toward other religions."

The discussion

Using parliamentary procedure, a procedure that prevents one side to dominate discussion, Ivan Oryarzabal, ASCC vice president, allowed for the item to be discussed.

Senator Daniel Flores also stood against non-religious invocation.

He said, "I'm opposed to it only because there are laws like separation from church and state and a lot of the students here feel that we shouldn't bring [invocation] in the first place. We believe that our board of trustees has more important things to do than doing stuff like that."

Lewis invites feedback

Board member Lewis was appreciative of ASCC Senate's stance, but he believes he will continue to pursue non-religious invocation.

Lewis said, "I am happy to hear and consider the opinions of everyone even if it is diametrically opposed to my own. That is the beauty of a college, a marketplace of ideas. However, there is a strong minority within that senate whose voices must also be heard in our continued dialogue on this issue, both at the board table as well as outside the boardroom."

The small voice Lewis spoke about was the two senators that decided to vote for it. Sedano said, "It was almost a unanimous vote, the two senators that voted for it were senators Adrian Gomez and Melissa Chavez."

Board's response

During the board meeting when Lewis brought up non-religious invocation, board member John Paul Drayer was worried about getting a possible lawsuit because of the proposal.

President/Superintendent Dr. Jose Fierro assured Drayer and the rest of the board that if non-religious invocation does go through, that it will be done in a legal matter.

Flores said, "We already say the pledge of allegiance and already do other ceremonial things. I think that the agenda is so packed, we will be wasting time on that to bring the whole campus into it, that makes some students uncomfortable."

NEWS FULL STORY ON PAGE 2 ASCC Senate discuss mascot raise



CAMPUS LIFE FULL STORY ON PAGE 3 Welcome Doc and Marty, October 21, 2015 is here



SPORTS FULL STORY ON PAGE 6 Women's water polo hope to turn things around



2 - NEWS

Ample support for nurses

Registered nurse provides information for students

> ROB FLORES Staff Writer

Ann Voorhies, registered nurse, hosted an informational presentation about the nursing program. The presentation was yesterday at 11 a.m. to noon in room S102.

Requirements to Join

Requirements to join the nursing program include:

- High school graduation or equivalent.
- Completion of English 100, Math 80 & Reading 54 with a C grade or higher

LVN applicants selecting the 30 unit option are required to complete the placement test process for advisement purposes, but are not required to complete the above courses.

Nursing major Joanna Barcelona said, "After watching this presentation, I am excited to finish my education and become a nurse."

Barcelona heard about the presentation via email from Project Hope.

Nursing major Wendy Mendoza said, "I heard about this event from friends in my microbiology class."

After attending the presentation Mendoza is motivated to pursue her goal to become a nurse.

Danyll Williams-Masser serves as a program assistant for Project Hope and was responsible for promoting the presentation.

Masser said, "I spent time pass-





Flying High: Franco the falcon at the Oct. 10 homecoming game held at Cerritos College. Franco has served as both animator and comic relief at sporting events, meetings, and special events around cam-

ASCC Senate discusses mascot raise

SEBASTIAN ECHEVERRY Editor-In-Chief

Franco Falcon was originally hired to don the newly bought falcon suite, goof around with the students, make appearances at club events and sporting events and promote a sense of school pride within the campus community of students and faculty alike.

According to some Associated Students of Cerritos College Senators, he has not only exceeded expectations for the job description, but has gone way above the call, and the hourly pay.

From making guest appearances at major games like the homecoming football game to the campus-wide 60th celebration, Franco Falcon has also taken to social media tweeting at students and staff of the campus and engaging with fans on Instagram. ASCC Senate has taken time to discuss a possible hourly wage increase for the mascot.

As of now, the mascot is paid \$9.93 and according to the 2015-2016 ASCC budget book, there is a total of \$6,672.60 allocated for the mascot.

During the last meeting on Wednesday ASCC Senate Vice President Ivan Oyarzabal presented the item of a wage increase as president of the senate, he has no affiliation with the proposed wage increase.

Senator Daniel Flores belives the mascot should get a wage increase.

He said, "I think ASCC should fund [mascot pay raise] for ASCC events.

"The district is composed of the board of trustees and administrators, if those at the highest level feel they need to budget toward a mascot, rather than issues such as course increments for students, the hiring of permanent faculty and increasing academic resources, it would not be okay not only to me but to many students on campus."

He also mentioned that the senators did not have sufficient information to make a well-educated stance, the item then is still in premature developmental stages.

After the meeting Dr. Gilbert Contreras, dean of Student Services, said he has a liking for the wage increase saying, "I always support higher paying jobs for students, we need more jobs for students that pay a better rate" however, he urges senators to acknowledge the minimum wage for the state of California.

A senator in support for the possible wage increase is Gloria Sedano.

She said, "I am for the increase in wage of the mascot because it is my understanding that he does more than what he was originally asked to do.

"It's only fair to pay him for the extra services he does."

Due to the recent southern Californian heat wave, the mascot faces obstacles.

The mascot's Twitter account occasionally interacts with mascots from professional sports teams.

She said, "He does more than we expect him to do, he's at every single event and he does, as a character, bring in more audience so I support it. We are all about student jobs."

There is nothing in legislation yet that will guarantee a pay raise for the mascot.

However, with support from some senators it may become legislation.

Flores said, "I do feel we should budget toward tangible products such as more hydration stations, microwaves, student billboards and academic resources."



ing out flyers and emails throughout the semester to promote this presentation."

She assists in coordinating field trips for the nursing program.

The Status Quo

Voorhies, director of nursing, said, "Currently our program has 190 students."

Students who enter the program are enrolled in 12 units minimum and complete in two years.

The nursing program only allows students to complete their science courses twice.

Students are encouraged not to take an extended leave from the program because space is limited.

Voorhies explained that the program tries its best to accommodate student needs when placing them at a job training site.

She explained that the nursing field dates back to the 16th century and has become more science based over time.

Medicine has become more complex and with that so has the type of courses required to enter the field.

Among other changes in the field, nursing is no longer a female-only profession.

Cerritos College has two male nursing instructors.

Funding

Voorhies said, "We are happy to have a supportive district, they helped fund the construction of our lab facility."

She explained that funding comes from the district yearly grants from the chancellor's office.

The minimum GPA required for a nursing program at a CSU or UC is a 3.0.



Toni Reveles/TM

Transfer Workshop: Brittany Lundeen explains the process of the UC application. She led the UC Workshop where she served as a step by step guide.

Transferring Out

TONI REVELES Staff Writer @Toniharmony

Maribel Rodriguez, who has been attending Cerritos since fall 2012 is in "disbelief" that she is finally transferring.

Last Thursday, Rodriguez and other students who are almost done completing their 60 transferable units attended a workshop to help them apply for Universities of California.

Most of the students in attendance have been going to Cerritos College for three to five years working for this moment to happen.

Even though it is just the application process, the students were excited to know that they are finally ready and able to transfer.

The workshop was held by Brittany Lundeen, who has been doing this workshop since 2004, when she went to the Transfer Center. The best thing about this workshop for Lundeen was the fact that students were exploring their options, "I'm glad students are considering other options. Most students think that when they go to a community college they have to go to a Cal State, but that is not their only option," she said.

Lundeen started the workshop on time and instructed everyone to go to University of California website and create their account.

She explained the application step by step, which is why students attend these workshops.

Rodriguez found the workshop to be extremely helpful, she said, "You have guidance every step of the way and guidance for different scenarios." Lundeen is aware of this which, is why she explains every step carefully and explains the different options and steps during the workshop.



FRANK RODARTE/TM

Stress and relaxation: Department of Mental Health brought in Maria Cevallos to educate students on the subject of stress. Students and faculty came together to learn the different causes, symptoms, and treatments to deal with stress.

Students talk about stress

FRANK RODARTE Staff Writer

As midterm season rapidly approaches, students will be subjected to mass amounts of coffee, lack of sleep and tons of stress.

Cerritos College partnered up with the Department of Mental Health to bring in Maria Cevallos to host a stress and relaxation workshop.

Cevallos has been involved in stress relief for the past 18 years, and enjoys educating the public on stress related topics.

She has been interested in being a social worker since she was 16.

The workshop was put together by the Cerritos College Re-Entry Resource specialist Shannon Estrada.

She tried to put together at least two workshops during each semester one, which deals with stress re-

lief and another, that help individuals dealing with depression.

The workshop took place yesterday and was open to students and even faculty members that were interested in coping with stress.

"I wish more people would have come," Estrada said about the attendance at the workshop.

It started with everyone breaking up into groups and discussing what each person does to cope with the stress and this was used as an icebreaker to get everyone comfortable with one another.

Each attendee was then asked to share what it was that stresses he or she out in front of everyone.

The majority responded with work, school and family/kids as being a major cause of stress.

Student Lisandra Romero said, "I am very stressed with work and school and I thought this workshop was very helpful."

The workshop listed the attend-

ees with common causes of stress such as work, relationship difficulties, financial problems, major life changes and even being too busy as a factor.

Cevallos also informed the cognitive symptoms that could be associated with stress such as memory problems, inability to concentrate, poor judgment, seeing only the negative, anxious or racing thoughts and constant worrying.

She continued to educate on the physical symptoms of stress such as aches, pains, chest pain, rapid heartbeat, frequent colds and even loss of sex drive.

Everyone goes through stress including Cevallos who said, "I have my own stressors, and my techniques do help."

Her techniques to deal with stress included deep breathing, meditation, exercise and most importantly laughter. **HE FUTURE**

NELCOME (mm GREAT < SCDTT !

Tech of the 'future' available today

> SEBASTIAN ECHEVERRY Editor-in-Chief @C_bass581141

Time travel, hover boards and self-lacing shoelaces are all high tech advancements that make "Back to the Future Part II" as iconic as ever, but how close are we to having them in real life?

When Marty McFly and Emmett "Doc" Brown traveled from 1985 to 2015 in the film, 2015 had all these advancements for commercial use.

According to Dr. Thad Szabo, professor of physics and astronomy in the Physical Science and Technology Department, some of these things can actually happen.

Unfortunately, it is not as easy as it appeared in the film.

Sorry Einstein, looks like you won't be able to time travel in the Delorean. "

However, if Einstein and the gang just so happen to get near a black hole, where there is large amounts forward, but there is no make wires out of it, but you of gravity, then they may just have a shot as to moving forward in time.

Szabo said, "'Interstellar' did [time travel] a lot better actually, if kind of cosmic censor- temperatures can stay at -190 you are near a strong gravitational source time will slow down for you, but it will continue to pass at the same rate for everybody else."

Even if we developed a ship to

withstand that amount of pressure, Szabo said the ship or vessel will need enormous amounts of energy to escape the pull of the black hole.

ship.

Professor of physics and astronomy

He said, "The stronger the gravitational force, the more the effect is, it's a relativistic affect.

the idea, and it just can't be commercialized yet. However, Lexus actually just released a prototype of its hover board and showcased it in a EDM-tuned promotional video.

Szabo said, "[Lexus] is using super conductivity, we played with this a little bit. I worked at the National High Magnetic Field Lab when I was in Florida state, and a lot of what we were looking for was super conductivity."

So, electrons can travel through something and they will never stop, according to Szabo, the idea would be great for electrical plants, so energy could travel without loss of energy output.

He said, "The problem is, you need things like helium, the usual temperature of liquid helium is -269 degrees Celsius [-452.2 degrees Fahrenheit] you can do it with liquid nitrogen, that's about

-190 degrees Celsius [-310 Fahrenheit] [...] the problem It is possible to move is the stuff that uses liquid nitrogen is brittle, you can't physical way to go back can make a hover board."

[in time]. There is this then work on magnets, only if degrees Celsius, [-130 Fahr-- Dr. Thad Szabo enheit.]

But keeping cool is going to take a lot more than Pepsi Perfect and shiny retro glasses for McFly, energy trying to

flow into the board from the environment would begin to heat up the liquid nitrogen, making it useless.

The self-tying shoe laces mechanic is probably the most realistic according to Szabo.

"You can build nano robots along a fiber and



PHOTO ILLUSTRATION BY CARLOS MARQUEZ/TM

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GIGAWAT

Doc and Marty experience accurate depiction of 2015

TERREL EMERSON Sports Copy Editor @sir_chatterbox

In "Back to the Future Part II," Doc Brown and Marty McFly go to the date of Oct. 21 2015 in order to save Marty's son from a disaster.

Now, 30 years later, we've arrived to the date and we can say things look a little different than what Marty first experienced, but there are still many similarities.

Some of the things that seemed so far-fetched at the time have become a societal norm now.

In the film, there were multiple flat panel televisions ranging in size.

Today, almost everyone has a flat-screen television and they all vary in sizes. Along with the television itself, the motion picture also depicted a six-channel television screen, which today can be viewed with the push of a button.

Biometric data is used in order to get into security systems. Apple has created a new passcode for their iPhone where anybody can unlock their phone with their fingerprint.

The use of video chats seemed like a huge advancement, however, Oovoo, Skype and Facetime can be used on everyday cell phones.

In honor of "Back to the Future Day," Universal Pictures released a parody trailer for "Jaws 19."

The self-lacing Marty McFly Nike sneakers were very popular in the film. According to nydailynews. com Tinker Hatfield has hinted at the possible release of the "Marty McFly's" under the Nike dealer.

Probably the most far-out prediction was the belief that the Chicago Cubs would defeat a Miami team and win the World Series.

While it may have seemed impossible at the time, currently the Chicago Cubs are in the National League Championship Series with a possible chance to play in the 2015 world series.

Not everything predicted in the film came true and we sure don't dress the same way as predicted.

It seems as if more was right than wrong when it comes to the film. Maybe predicting the future is possible.

"So if you get near a black hole, and you don't get ripped into shreds, time will pass more slowly for you [...] so what you will see is a week going by, but everybody else will see like a month going by."

Marty McFly could have made it to the future on October 21, 2015, but he could never get back home to 1985, maybe he's among us riding on a two-wheeled Segway, like all those Viners.

Which brings up the hover board that helped McFly escape Griff Tannen and his goons in 2015. Can we have one pretty please?

Well the closest we'll get now is the aforementioned two-wheeled Segways, or "hover boards," because Szabo broke down some theories behind have them manipulate the fiber to tie itself," he said.

Most of this technology is either a plausible theory, or industrial-sized, but as more items get reduced to fit into normal every day people's lives, then is it all worth it?

Paulina Alvarez, liberal arts major, said, "I see it more as a luxury, something to have for fun I really hope not to see everyone, personally, with a hover board one day, but I do agree with it, it's a cool item, just not to take over walking."

Looking at 1985 and looking at 2015, it's no secret that we've advanced in at least in some areas that Doc Brown would be proud of.

A timeless trilogy worth celebrating

GUSTAVO LOPEZ Online Editor @mother_goose107

Today is the day Marty Mc-Fly arrives in 2015 to save his son from ending up in prison and ends up unleashing a chain of events in "Back to the Future Part II."

Today is Back to the Future Day and this iconic trilogy has had an impact on many.

"That was the day Marty McFly went to the future of flying cars, controlling the weather and hoverboards," said Gabriel Martos, business major.

In the first part of the trilogy, the movie opens with Marty McFly playing the guitar while plugged into Doc's super amp.

He decides to meet Doc in the parking lot of a JC Penny to test his time machine. After a successful test with Doc's dog, Einstein, the terrorists who worked with Doc, show up and gun him down, as Marty flees in the DeLorean to November 5, 1955. The rest as they say, is history. Martos' personal favorite is the first film, because of how the movie portrayed the butterfly effect of messing with the past.

He added, "All the characters that were in the first film, have their own characteristics."

In the third film, They work together to send Marty back to 1885, to where Doc Brown is trapped.

As a whole, the trilogy does a good job tying in the movies together, in a seamless fashion that shows how every event in the series was meant to happen.

Zach Marin, undecided major, said, "I like westerns [...] I like how he gets all those fancy cowboy clothes from 1985 and then it's like 'oh these aren't authentic at all. I thought it was pretty funny.""

He is disappointed that the future isn't as it was in the second film.

The final movie is underrated, unfortunately since personalities of characters like Biff Tannen or Principal Strickland, all get their own little backstory, without sacrificing screen time.

It's no wonder as to why this trilogy has it's own day of celebration.

4 - OPINION

Wednesday, Oct. 21, 2015 • www.talonmarks.com

TALON MARKS

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I TOLD YOU, YOU'LL SHOOT YOUR EYE OUT FEDERAL GOVERNMENT STATE **GUN CONTROL** GOVERNMENT

CARLOS MARQUEZ/TM

Gun laws should be handled by the federal government

In 2015 alone, there has been a total of 264 mass shootings according to Independent.

The answer to all this? "Stuff happens," as Jeb Bush so candidly blurted out to a group of Republican voters, he said that there really isn't much anyone can do about these mass shootings.

There are 51 constitutions in the United States, one for every state and one for the entire country.

If a state constitution challenges the federal constitution, the federal one comes out on top.

So why isn't the federal government hard-hitting on gun-laws in Congress? Background checks at the state level ing numbers of mass shootings and the federal government has to put its foot down.

ufacturers, that's just bad for business of course, and less money from gun manufacturers means less leverage.

Senator Dick Durbin, minority whip, complained to NY magazine that there is a "death grip" that the NRA has in Congress.

Going to war with the NRA and the Gun Owners of America [GOA] is a sure loss.

However, two police officers from Milwaukee found the Achilles Heel.

Officer Bryan Norberg and former officer Graham Kunisch along with city officials successfully sued Badger Guns shop for negligence after a gunman obtained a semi-automatic pistol from are not enough to stop the rapidly grow- a straw buyer, a buyer that bought the gun but doesn't own it, and shot the two police officers in the face, according to The Atlantic.

position of tax to the industry putting the price for importers and manufacturers at \$1,000 per year and the price for dealers at \$500 per year.

So in defense of the NRA it states that by paying yearly taxes it is heavily regulated already.

Produce import tax to the United States according to U.S. Customs and Border Protection states that tax will not exceed \$485 nor shall it be lower than \$25, and that per shipment, it costs \$2 to \$9.

Import tax is an obstacle many companies have to already abide to, so it is futile for weapons manufacturers to say that tax is a heavy regulation.

Police brutality brings back million man march

BRIANA HICKS Staff Writer 🥑 @askCelena

The Million Man March took place in Washington D.C. 20 years ago.

It was a peaceful protest that fought for the rights and equalities of African Americans.

On Oct. 10th, people from across America rallied in honor

of the 20th anniversary. The rally was known as "Justice or Else."

The question is, what was the relevance of holding another peaceful protest, especially on such a historic day?

I believe that although America has come far in creating equal rights for minorities, there is still a long way to go.

In every rule, every system and program, there are flaws and loopholes that people choose not to acknowledge.

Since 2014 police brutality has gotten increasingly worse, many of the lives slain by cops have received no justice in the judicial system.

The lives of people such as Eric Garner, who died when the cops put him in an illegal chokehold, Michael Brown was unarmed and killed, Tamir Rice was only 12 years-old when he was killed for having a toy gun, and Sandra Bland mysteriously died while she was in a detention cell.

These losses have touched the hearts of many across America.

Throughout the past two years, there has been peaceful protest in different cities.

The movement "Black Lives Matter," has spread like wildfire. The list goes on, but the long riots going on.

However, when protests take place, there is never any media around to "capture" it, which in the end leaves the media to portray black people as aggressive, violent and out of control.

For example, there was a 4 year-old black boy who was interviewed last year by a reporter.

They asked him if he was going to stay away from guns when he got older.

The little boy said, "No because I'm going to have a gun."

The news station ended his interview with those overwhelmingly sad words.

What wasn't aired until a few weeks later was the rest of the interview.

The reporter asked him why, and he said "because I'm going to be the police!"

For the media to portray that harmless little boy in such a negative light was not only disgusting, but also detrimental for his future.

If the rest of his interview hadn't aired later, he would've gone through the rest of his life facing discrimination for something he said as a kid.

When has a 4 year-old ever been accountable for anything that they've said or done?

Most likely, he doesn't even truly understand the severity of what he is saying because he is just copying the behaviors around him.

The message that seems to be subconsciously shown to the world is that the lives of African Americans are not of importance, that black people are aggressive, who essentially made their own bed in the issue of police brutality.

The "Justice or Else" rally

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According to New York magazine, Minority Leader Henry Reid said, "One thing is clear, to pass background checks we need Republicans to stop acting as puppets of the National Rifle Association [NRA]."

The NRA is supported financially by gun manufactures, according to NPR. org.

Money talks.

And when it comes to writing legislation and laws, without a doubt the NRA has something to do with it.

It doesn't want to hurt the gun man-

Now, obviously they didn't directly sue the NRA and the GOA, but the case is a rarity given the fact that Protection of Lawful Commerce in Arms shields the industry.

The law passed in 2005 states that lawsuits against the industry put a burden on the business.

The industry states that the federal, state, and local levels are already heavily regulated by the Gun Control Act of 1968, the National Firearms Act and the Arms Export Control Act.

The National Firearms Act is an im-

RICK LOOMIS/MCT

Federal government has to allow lawsuits to stand in the Supreme Court. It's a strong solution that can help in having the NRA lobby not against gun

control, but work together so that the laws actually work. A mother having to hug her child for the last time before going to school

obviously isn't enough to have Congress and pro-gun activists stand for change, money finds its way in the process.

So hit them where it hurts. The more lawsuits filed against gun manufacturers on a basis of negligence can help Congress finally put the heat on gun laws.

list of lost lives has grown weary and tiresome.

The fact that the rally "Justice or Else" was held on the 20th anniversary of the Million Man March was a cry to the world.

Unfortunately, the peaceful protest that was held in honor of those lives was not televised.

One of the many problems that black people are facing this time around is negative media portrayal.

Every time the police kill a black person, the media swoops in and only shows the constant

was the biggest protest that has been held in 20 years, and yet it seemed like there was no mention about it on any news stations across America.

The rally was a statement that the people who stand behind black lives matter would not rest until the problem is fixed.

The name, "Justice or Else," is a wake up call that if things don't change soon, then drastic measures will be taken.

For it is not only a warning to America, it seems to appear to be the last straw.

Sanders aims to close today's wage gap

KARLA ENRIOUEZ News Editor 🔰 @karlamenriquez

Bernie Sanders is the best candidate in the race toward the democratic nomination simply because he wants to lead a revolution that will change the current dire state of affairs in the United States.

The American dream has become a myth in today's society because the wage gap is bigger than ever and Sanders is trying to alleviate this by implementing viable options.

Because of income inequality, today's youth enrolled in college and universities all across the nation will most likely never achieve upward mobility.

This means that despite the hard work many students are putting in, they won't necessarily get out of the social class they were born in.

According to Pew Research, the upper class median net worth is 70 times larger than that of the lower and middle class.

This makes it almost impossible to get into the upper class.

One of the solutions Sanders is presenting to help alleviate this issue is to provide free tuition for college students at the expense of Wall Street.

The bill Sanders has already presented to Congress will cost \$750 billion over the next 10 years.

This bill proposes to tax every Wall Street investment trade transaction and would raise \$350 billion yearly.

Sanders also wants to create jobs that allow for decent pay, therefore, increasing the quality of life for citizens.

The democratic hopeful has introduced legislation to invest \$1 trillion in re-building the nation's infrastructure, which can create 13 million jobs with decent pay.

He has also opposed free-trade agreements like the Trans-Pacific Partnership, which send jobs overseas and provides low wages and unsafe working conditions.

Sanders has already introduced a bill titled Employ Young Americans Now Act.

This bill would provide \$5 billion in funding to employ one million Ameri-

can youth ages 16-24.

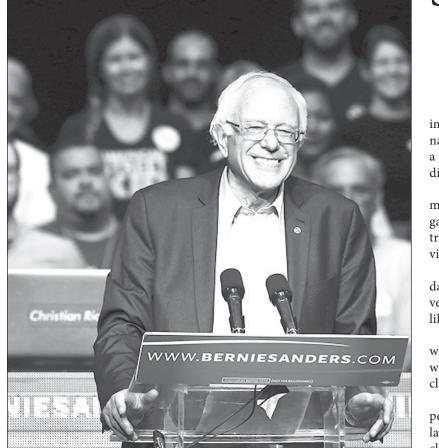
Sanders is also one of the few candidates who has acknowledged that black lives matter and has re-introduced the case of Sandra Bland, the black woman who was arrested and whose subsequent death still has questions surrounding it.

The Vermont politician wants to require police to keep public logs of all police shootings and deaths that happen under police custody.

Last but definitely not least, Sanders stands with women when it comes to reproductive rights and believes that women should have control over their own bodies, not the government.

The 74-yeard-old Brooklyn native also supports LGBTQ rights, a fair and humane immigration reform, believes in climate change and wants to strengthen and expand our social security.

In a race where gimmicks rule and hate rhetoric is spewed every couple of days, the nation ought to stop and give the passionate democratic socialist more than just a sympathetic listen because "he would never stand a chance."



Wednesday, Oct. 21, 2015 • www.talonmarks.com

SPORTS - 5

Kishawn Holmes stands up to cancer



Every October the NFL shows its support for breast cancer awareness by having its players and officials wear pink. It has become such a phenomenon that it has even trickled down to the college and the high school ranks.

Although, it is strictly optional it is clear to see that some players wear pink more than others.

During the Homecoming game against El Camino, running back Kishawn Holmes stuck out like a sore thumb in the sea of blue as he was dripping in pink accessories.

"My grandmother [Marsha Clark] has bone cancer and my god mother [Gyna Ward] has breast cancer. It just gives me all the motivation I need to do something with myself because they are being strong and fighting so I need to be strong and fight," Holmes proclaimed.

Holmes credits both of these women as driving factors as to why he pushes himself to the limit, dayin and day-out.

"If it wasn't for them I wouldn't have the drive I have now," Holmes stated

On the football field is where Holmes and many other players choose to take their stand, but he is aware it is much deeper than that.

"They struggle with something way bigger than a sport, [it's] their life. They have to be strong so they are really my heroes because they are the definition of drive and dedication," Holmes explained.

He added, "They wake up everyday and do not complain about anything they just go on and work harder."

Head coach Frank Mazzotta said, "He just loves football. He's a hard working person he hasn't played for a year and has come out and has done a real nice job for us.

We are really pleased with him he took the time to work his way into the starting lineup. Hard work and football is what he loves."

It seems to have become an obligation of sorts for Holmes as he acknowledges that it is a chance for him to show all the love and support he has for those battling the deadly disease and those who have lost their battle.

A battle that none of them asked for and none of them can control.

Importance is an understatement in regards to how Holmes feels support should be for those affected.

"They're fighting a battle that's so much more then a sport so I pay my tribute by balling out for them," Holmes conceded.

If his stats in the month of October are any indication of how he plays his heart out for cancer patients, his numbers tell the story.

He has 310 rushing yards and three touchdowns in the three October games his team has played so far.

Holmes was open about his displeasure with the actions of the NFL.

"I think it's not right because everyone has a chance to express themselves and that is [their] chance to express [their] feelings and love towards [their] family members by wearing pink all season [or eye black]," Holmes stated.

"The NFL is not right I believe everyone should be able to [express themselves] all season. It's kind of heart-breaking,"

Compassion spews from Holmes and he is sure to send a message to anyone who has been affected by cancer or anyone who is battling it.

He added, "You are the true champion, a real fighter. Don't ever think that you are not the strongest person on the planet cause I'll give all the talents the lord above blessed me with to have your drive and determination. You are an angel, only God knows how hard you fight daily and I'll always have the utmost

No Feelings a Llowed

NFL mishandles big issues but not minor offenses

TERREL EMERSON Sports Copy Editor @sir_chatterbox

Corrupt, negligent, moneyhungry. Those are some of the things the National Football League has been called in recent memory.

Following cases such as the Ray Rice domestic violence case and Tom Brady's deflate-gate, in which the NFL dropped the ball in many people's eyes. It seems as though the NFL would find little time in worrying about uniform policy, right?

Wrong!

Pittsburgh Steelers DeAngelo Williams

and Cameron Heyward have both had their respective runins in regards to the league's

policy on uniforms. Williams lost his mother in May of 2014 due to breast cancer, because of that Williams thought it would be cool if he could honor his mother by wearing pink accessories throughout the entire season as oppose to just October.

October is Breast Cancer Awareness month.

Williams was told by league officials that he could not wear pink outside of the month of October.

This is not the first time he has tried to be creative in support of the disease. In the past Williams has painted his toenails pink to honor those affected.

In response to being told no to such a sensitive topic, Williams decided to dye the tips of his dreads pink instead.

Cerritos Falcon defensive tackle David Fangupo gave his opinion on the matter.

"I understand the NFL's stance on uniform policy, but if [the players] are going to alter the uniforms at all why not be for a person they're playing for?" Fangupo said.

Fangupo was not aware of the matter that had taken place in the NFL.

Williams' teammate Cameron Heyward's approach to the situation was less than appealing to the league. Heyward sported the words "Iron Head" on his eye-black during the Steelers Oct. 12 contest.

"Iron Head" was the nickname of Heyward's late father, Craig, who died in 2006 after a battle with cancer. Following the game Heyward was fined almost \$5,800.

That didn't seem to change much as Heyward wore the eye black again this past Sunday.

Fangupo's teammate Anthony Murray also commented on the topic.

He feels, "[That] the NFL holds players to a certain level of excellence to an extent," however, it doesn't justify this.

"The reason will never make sense because there isn't a valid reason as to why a man supporting his [parent] and the cause of [cancer] isn't right," Murray explained.

"I think the NFL does a good job with handling major issues off the field but with things like this...I think they do a horrible job of honoring certain things," Murray added.

With so much negativity surrounding an organization of this caliber it seems that it may only get worse from here.



Walker's arm helps lead Falcons as they snag late win from Bulldogs

TERREL EMERSON Sports Copy Editor @sir chatterbox

Two weeks ago, Cerritos College's quarterback Jimmy Walker said, "When I'm down someone picks me up, when they're down I pick them up." That is exactly what Walker had to do on a night where the running game only accounted for 44 of the 374 yards in a 31-28 win over the Allan Hancock Bulldogs.

Behind the arm of Jimmy Walker and the leg of Corey Bojorquez, Cerritos College improved to 6-1.

Walker doesn't seem fazed in a time where all the weight seems to be on his shoulders.

"It's really no added pressure," he said. "It's just executing what you're trying to do for the majority of the game and we hit them on some big plays."

Walker threw for 330 yards and four touchdowns. Three of the touchdowns were to wide receiver De'Jai Whitaker including a 75-yard score on the first play of the game.

"I preferred the deep ball because the corner[backs] were playing press and they couldn't really back up," Whitaker explained.

Whitaker averages 128.8 yards per game versus just 34.5 last season.

The Bulldog defense was aggressive for the majority of the game. Even sending eight players at a time at Walker.

"They [were] playing the bear defense, which means eight men at the line of scrimmage, you have to throw

zotta made clear. "We didn't have any choice."

It seems Whitaker has evolved into a premier target for Walker as he accounts for 10 of Walker's 21 touchdowns on the season.

The aforementioned running game was not a factor in this game as it has been in the past few weeks as Falcon rushers only averaged 1.8 yards per carry.

Mazzotta as he looked at the recent past for the Bulldog defense.

"Long Beach City College who was undefeated gained one yard on them. The team the week before was minus eight," Mazzotta recalled. "You just can't run on that bear defense and everyone knows it, so you have to throw it around."

While the Falcons' offense found rhythm through the air, the Bulldogs' offense just couldn't get any big yardage through the air.

Allan Hancock starting quarterback Curry Parham only had seven completions for 80 yards and an interception.

Deon Smalls is the one who came up with the interception.

However, the secondary seemed to stay in unison especially when it was needed most.

On two separate occasions, defensive back Anthony Murray went down. Following the game, Murray admitted that the second stint was because the wind was knocked out of him.

The first time Murray went down sion.

the ball," head coach Frank Maz- he instantly grabbed for his right ankle. He missed the home opener due to a slight ligament tear in that same

> Despite the past, Murray doesn't seem to let it bother him.

"It was a tweak. I know it's injured, but I try my best not to think about it in the midst of the game, I just play through it," Murray stated.

After he was seen holding his ankle, fellow defensive back Thadd Surprisingly, it did not shock Daniels had to be called from his teammate's side.

> In due course, it came as no surprise that with the game on the line on fourth and long Allan Hancock would target the injured Murray to try and win the game.

"Today it really wasn't my day. It's not how you start its how you finish," Murray said.

While Murray may not have been worried in crunch time Mazzotta wasn't as confident even joking that Murray was four feet, two inches.

It is quite possible that the superstar of the game was punter Corey Bojorquez, as he pinned Allan Hancock inside the 20-yard line two times.

However, it wasn't so much the number of times he did it, but when he did it.

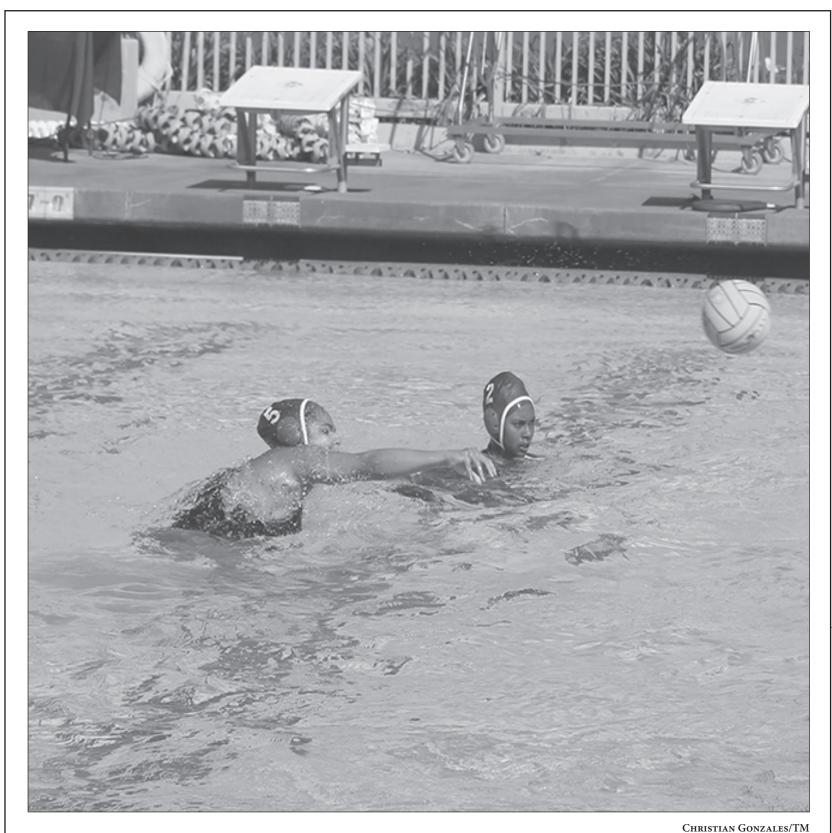
"You have to show it you can't just be all about the talk," Bojorquez explained. "After the game everyone sees it and people actually realize that kickers do make a difference."

Prior to the season, Mazzotta went on record saying the Falcons may have the best kicker in the divi-



BRIANA HICKS/TM Scoring early: De'Jai Whitaker reels in a 75-yard touchdown pass from Jimmy Walker. The play occurred on the first play of the game only 12 seconds in.

6 - SPORTS



Women's water polo: Freshman attacker Jenny Parra shoots at goal in a game against Chaffey College on Oct. 7. Parra has 22 goals in the season with 7 as-

Rabb hopes to turn things around

TONI REVELES Staff Writer @Talonmarks

The season for the women's water polo team has started and continued on a rocky road to success.

Out of its last six games, the team has only won one game in the month of October, most of the games have been within striking distance.

to her net at the hands of other opponents. Center defender Rabb has scored one goal

and has played good defense with a total of 17 steals in the season.

Looking ahead for the rest of the season, the team wants to end on a good note to make for a great offseason.

goalie for the team. She has allowed 177 goals be a great chance to prepare for the two day Battle of the Beach tournament on Friday and Saturday.

> He said, "It is an opportunity for us to win and to prepare for this weekends tournament where we will be playing some of the top teams in the state."

Led by Orosco and Pulido, team gets fourth place win

CHRISTIAN GONZALES Sports Editor @ChrisG_Sports

The 6K course included a total of 112 runners, as the Falcons saw their top two runners Maria Orosco and Marvlu Pulido finish in 12th and 13th places and led in the Lewis and Clark Invitational last Saturday.

"It was a big confidence booster and we were the only ones from a community college and we all beat our [personal record] and it was a big boost for the team," Pulido said.

The women's cross country traveled to McIver Park in Estracada, Oregon this past weekend.

Cerritos College was the only community college in California to participate in the invitational.

The women competed against division II schools from Oregon and a total of 10 teams that ran the 6K course.

Cerritos College finished with 114 team points and were just shy out of third place by four team points.

Head coach Bryan Ramos said, "It was great trip. It gave the a

chance to compete against different schools other than the normal schools we usually compete against."

The Falcons will now have a week off and look to prepare for the South Coast Conference Championships at Columbia Park in Palos Verdes on Oct. 30.

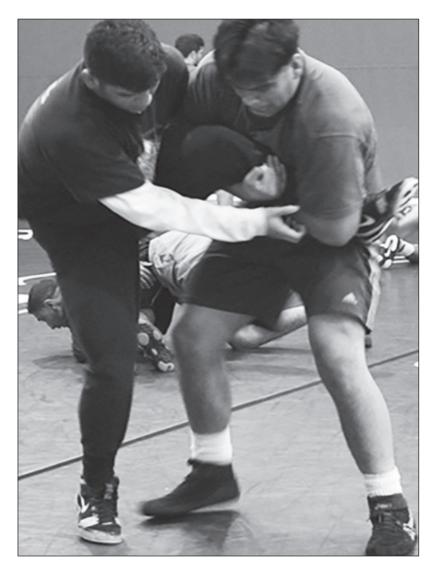
Sophomore runner Orosco stayed with a pack of runners and finished the course with a time of 22 minutes and 58 seconds.

As sophomore captain Pulido took 13th place with a time of 23 minutes and three seconds.

Taking 27th place overall was freshman Adriana Velasco and posted a time of 24 minutes one second.

In the pack of runners behind Velasco, was sophomore Elsa Vazquez, who finished 29th place with a time of 24 minutes and five seconds.

The fifth runner to finish the 6K course and put the icing on the cake for the team score, was freshman Alexis Garfias, who earned 45th place overall and finished the race with a time of 24 minutes and 37 seconds.



Head coach Sergio Macias says the team being young and inexperienced might be the issue, "We are playing a lot of good competition and altogether we're hoping it prepares us for the conference tournament."

Even though the team is not succeeding Macias said, "I think overall our team has improved, I think we struggle in tough situations, but that's due to lack of experience."

Sophomore Amanda Rabb, who has had 102 blocks all season said, "We had some rough days. Some of our key players played a rough game and sometimes multiple players have rough days on the same days."

Goalie and center defender Rabb plays two posistions for the team. Rabb mostly plays

The rest of the season will not be easy as the team looks ahead to play in a conference match against Pasadena City College on Wednesday.

Rabb said, "Last year we played them two times and let them get to us, in order for us to win we need to come out strong and get an early lead and play our game not theirs."

Sophomore Lucila Davies thinks her team has a great chance of winning, "I think from what I've heard so far we are pretty even at the same level and I think we have a good shot of winning."

Attacker Davies has played in 15 games so far in the season. She has a total of seven goals and two assists in the season.

Davies has a total of four steals in the season as an attacker.

record. Macias thinks Wednesday's game would

On Friday the team will play against Fullerton College at Long Beach City College at 8 a.m.

The second game of the tournament on Friday will be at Cerritos College at 1:50 p.m. and a opponent is yet to be determined.

The third game which will be on Sunday will also be at home and no opponent or time has been announced yet.

The falcons are 5-12 in the season and look to start a winning streak to gain momentum. Cerritos College is currently on a 5 game losing streak.

The team is currently 2-3 in conference games and hope to go 3-3 when they play at home against Pasadena City College and turn things around in the season.

Cerritos College will play only its third game of the season at home and have a 1-1

Rodriguez helps defeat the Los Angeles Trade-Tech Beavers



VANESSA VILLASENOR/TM **Striving for more goals:** *Isareal Rodriguez a driver for the men's waterpolo* team attempts to make a shot against Los Angeles Trade-Tech. At the end of the game he scored a pair of two goals for the Falcons win against the Beavers

VANESSA VILLASENOR Campus Life Copy Editor @Vanerebe95

The men's water polo team defeated conference opponent Los Angeles Trade-Tech College 16-3 Oct. 14 in a home game.

The Falcons held the LATT Beavers by leading the game up 12 goals before the opposing team was able to coin its first goal of the game.

However, not everyone shared the same thoughts about the first half.

Head coach Joe Abing said, "We had a disappointing second quarter but outside of that a lot of our players had some great playing time."

Some of those players contributed to the seven goals in the first quarter, one in the second, five in the third and ultimately three in the fourth.

Out of those 16 goals four of them were scored by CCCAA player of the month freshman utility Angel Rojas who previously broke the re-

cord for most goals in a game during the team's game against Chaffey College on Oct. 7.

Unlike Abing, Rojas believed his team had a great game and an easy win against LATT because the players did what needed to be done, which was to play an organized game.

Although the Falcons have some time to rest before their next game Abing plans to use that time to work on being more vocal while in the water since he felt that this game was far too quiet.

"I think we did okay communicating but of course we have more to work on if we are going to face Long Beach City College again," said Rojas about the team's biggest competitor which it lost to on Oct. 12 at Long Beach City College.

This game marked the team's final game of the South Coast conference before Cerritos' post-season in which it will take part in the Golden West Tournament on Friday and Saturday.

TONI REVELES/TM

Wrestling: (Left) Oscar Martinez is 8-0 in matches this season in the 197 weight class. (Right) Jesse Gomez is 14-0 in matches this season in the 285 weight class. Both Martinez and Gomez are practicing their moves in practice.

Wrestling slams opponents, win three out of four matches over the weekend

TONI REVELES Staff Writer @Talonmarks

During the Southern California

The first match they played was

Sophomore Jesse Gomez, who

Team Duel Championships, Cerri-

tos' wrestling team won three of its

against East Los Angeles College

where the team won by a whopping

has won all of his matches, said "We

shut them out [...] the team just

went out there and wrestled against

Angeles College sophomore Elijah

Wilson came up with the fastest pin

of the day coming in a 32 seconds

from Santa Ana College with the

final score being 29-18, and Cuesta

College with the final score being

really well its one loss to Palomar

College, with the final score being

18-24, cost them the chance to play

for the Championship at the South-

match against Palomar, he decid-

ed to look at this loss as a positive

thing, "It's better to lose now than to

Even though Gomez, won his

ern California Team Duel.

Although the wrestling team did

The team's other victories came

since the match first started.

During the match with East Los

four matches.

East Los Angeles."

51-0.

31-13.

lose at a state championship."

Oscar Martinez, who did not wrestle at the Bakersfield Duel Tournament because of weight, wrestled here and won all his matches at the Southern California Duel.

Martinez described this loss as a tough one, "It's tough to know that we lost to a team we already beat but we lost some matches where we won before.

"They came with a little chip on their shoulder." Martinez said.

Head coach Don Garriott said, "We lost three matches that day and with the team being young and inconsistent we could improve, some of the younger guys need to do more of the extra stuff like lifting weights on their own."

Now the team looks forward to facing Rio Hondo College on Wednesday.

Gomez is also looking forward to Wednesday's match, "I'm very excited every match is important and it's a tough team to wrestle and we're ready."

Martinez also stated, "I'm excited, get to show the things I'm working on and show everybody that we could get a state championship."

As practice gets started coach Garriott said about Rio Hondo, "We match up well with them, we're a little banged up but we'll be fine."