

TALON MARKS

CERRITOS COLLEGE

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MONIQUE NETHINGTON/TM

Solidarity: Men, women and children gather at the front steps of city hall to protest against Trump's inauguration. The protest was also a rally for equality for women and other minority groups.

Feminist protesters take arms against patriarchy in Los Angeles

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The Women's March organized by UFCW Local 770 took place on Jan. 21 in Pershing Square located in Downtown L.A.

Individuals of all creeds, ethnicities and sexualities lined the steps of the Los Angeles City Hall to protest the rights for women and all people that are struggling to be recognized and receive the rights that every individual deserves.

The march took place from 9 a.m. to 4 p.m., which during its

duration was conducted safely and peaceably.

The streets of 1st and Spring were barely visible due to the throngs of individuals all holding posters with topical slogans such as "Nasty Woman", "Pussy grabs back", and "Resist!", (in honor of the passing of Carrie Fisher).

The crowd made up of mostly young college students peaceably protested for the rights of all, and against Donald Trump.

The march served as an outlet not only for the voices of women to be heard, but the voices of undocumented immigrants, the LGBTQIA

community, and simply those who do not agree with the concept of a Trump-led presidency.

17 year old Eli Cohen who was present at the march since 8:30 a.m. stresses the importance of the Women's March.

He says, "I came to show support for women and their issues, which they are currently still fighting for..."

"It's for women and past women. We broke records today. Everyone, anyone came here to show support by sticking together, in the face of unpredictability, we must stand together," He said.

Roughly 750,000 persons participated in the Los Angeles Women's March, making it the largest participated march in years.

Although young adults made up the majority of the marchers, older individuals such as Art Goldberg went out to show support for the right's of women.

Goldberg said, "I have been doing this since the early sixties. I really want to see a change in the world.

I am thrilled to see [your] generation standing out there and changing the world, what that means is that young people fight back and organize," he said.

Young men and women stood upon the steps of City Hall carrying signs peaceably demanding the continuation of certain programs, such as Planned Parenthood, which is beneficial to the health and well-being of women.

DACA and the DREAM Act were also rallied for, which benefit the rights of undocumented immigrants.

Young women such as Sophi Panzarella and Paris Levy sat peaceably atop a bus stop shelter in front of Pershing Square so that they can not only be heard, but seen.

Panzarella says that her and Levy are part of "the feminist majority" and that they walked during the initial march to "to protect women's rights and human rights."

The general purpose of the march, as stated by an official flyer, was that "the march is open to everyone who stands for human rights, civil liberties, tolerance of diversity, and compassion for our shared humanity."

Ashley Hernandez shares this sentiment, "Marches are a way to start coming together as a community and have our voices heard."

Professor Najarian marches in Washington

JENNY GONZALEZ
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Professor of Art & Design Hagop Najarian and his family decided to travel to Washington D.C. for the Women's March and expressed that he had no idea of the magnitude of people at the march.

He traveled with his wife and daughter, stating, "My daughter is at Berkeley and when the elections happened she was involved with the protests on campus. She's a linguistics French major with a minor in women's studies and she really wanted to go, and my wife wanted to go and I thought we should all go."

"[We went] mainly for my daughter I mean I would have probably gone to the [Los Angeles] march as well. We knew the history of [the march] and the magnitude and she clearly is very passionate about it," Najarian said.

He said the weather was better in Washington than in California. "The weather was completely beautiful. It was about 50 degrees and cool... if you dressed for it. I just had like a shirt and an army jacket on. We were more concerned about standing in the rain," Najarian expressed.

Najarian and his family first travelled to Baltimore and took a Greyhound to Washington D.C. because everything was booked up. He states, "We got up at 4:30 a.m. and ended up in D.C. at six

a.m... no one was there [but] three women came [to us] and said 'Hi are you here for the march? Here is the path, let's walk you through here' and they took us to the stage."

According to womensmarch.com, "On Saturday, over 5 Million of us worldwide and over 1 Million in Washington, D.C., came to march..."

Najarian agrees that the number of people at the venue was excessive. "I kept looking back and because of the pink hats, I could see the heads growing and at one point I did a couple high camera shots and I had no idea until I saw the video of the helicopter view that it was just pouring in with

people. There was an exceptionally large crowd."

He adds, "This is what was beautiful. You met strangers you never knew, some from Portland Oregon, some from Idaho some from Boston... some from New York that just came to be there..."

"Their stories were all what really solidified my belief again [that] there are great people out there that know the situation is rough and the only way to fix it is to stick together and challenge things as they come up," Najarian expressed.

"Everyone was so kind. [A] guy had cracker snacks for people if they were getting hungry, the

person to the left of me had a seizure and the amount of courtesy for that was just extraordinary as far as people getting out of the way. The doctor in the crowd, not a medic from the organization, started it and made sure he didn't move," Najarian said.

While Najarian was in Washington D.C., a smaller protest happened in Los Angeles.

Fitness trainer Seth Gee said, "I don't think it's just about women. This is the Women's March but it's about something bigger than that and embracing everyone in America.

"I love how diverse it is I was really happy to see that and I think it's a really good representation of Los Angeles. It's a little unorganized but I didn't know what I was expecting I think it's really awesome," Gee expressed.

Najarian can agree and say, "It was no longer a women's march.

"It was this equality thing of 'everyone should not be overlooked' and be considered as a rightful American. Najarian expressed.

It just kept growing and growing with the community and the positive vibes.

HAGOP NAJARIAN
Art and design professor



COURTESY OF HAGOP NAJARIAN

Standing up for equal rights: Najarian (left) and his wife pictured at the Washington D.C. protest. Over one million people showed up to the event.



PERLA LARA/TM

Paint on walls: Fa 4 Collective artist Cynthia Lujan is working on her mural for the Far Bazaar event. She is painting recreated photos of the Syrian refugee crisis.

Art and architecture combine for Far Bazaar

MONIQUE NETHINGTON
Editor-in-Chief
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very tight in terms of like total realism."

To create the aesthetic for this piece she is using spray paint, latex paint, oil sticks, acrylic paint and permanent markers.

She is not the only artist from fa4 who will be featured in the exhibit, rather the entire collective will be participating.

According to their website, "Fa4 collective is a group of artists who follow their creative calling as individuals and work together to establish a network of support, education, and personal growth.

"We aim to encourage creative engagement by working inside and outside of art institutions through exhibitions, educational workshops, and cultural events," stated the website.

Lujan, and the collective, with their work are bringing together not only community but attention to issues taking place on a global.

The outside wall of the painting classroom of the old Fine Arts Building has been transformed into a conceptual art piece that represents the refugee crisis happening in Syria.

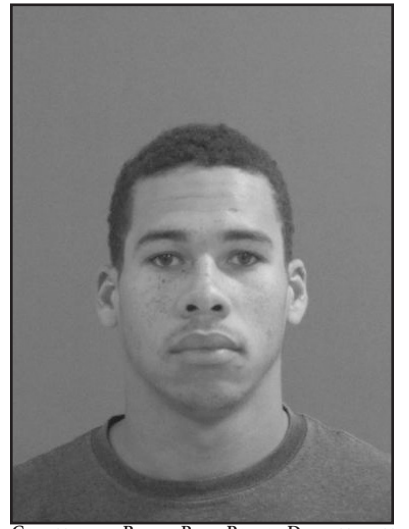
Cynthia Lujan is an artist part of the Los Angeles based art collective called fa4, which is being a featured exhibit at FAR Bazaar.

"I'm sourcing imagery for this mural off the internet, instagram and different digital platforms. I wanted to do it in this format [so it looks] like it's on your phone, with the square composition. The imagery is of people crossing the sea," she said.

She said, "Something like my personal style of painting is more rough it's not as precise in certain areas so not all of it is going to be



First meeting: Cerritos College Board of Trustees members gather for the first meeting of the year. This is the first meeting in which Trustee Lewis Zurich will run as board president.



COURTESY OF BUENA PARK POLICE DEPARTMENT

Former Falcon awaits trial for sexual assault

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Former Cerritos College athlete, and assistant coach, has plead not guilty in connection to the sexual assault of three underage females.

According to a press release drafted by the Orange County District Attorney's office, "Joshua Christopher Owens, 23, La Palma, [Tuesday, Jan. 6] was charged with one felony count of oral copulation of a minor under 16, one felony count of digital penetration of a minor, and six misdemeanor counts of child annoyance."

The Buena Park Police Department first became aware of the crime in early November when a student, and member of the water polo team, at Kennedy High School in La Palma disclosed to faculty members of the assault.

Officers began their investigation and soon after arrested Owens on Nov 21, 2016.

During the time of the assaults, Owens was employed at Kennedy as the women's water polo and swim coach, between 2014-2016. Simultaneously, he was student and later an assistant coach at Cerritos College.

The victims of the assaults identities are not being released at this time but it is during his time at Kennedy that he met the girls.

Former Cerritos College water polo athlete who knew Owens personally was very surprised by the news of his arrest.

She said, "His family is very strict and very religious. They are super into water polo and swimming."

She added that what made it even more shocking was that he talked about his player in such high regard like they were family.

"Looking back, in that context and the way he spoke, it is a little weird," she finished.

Owens is now out on bail and has had an order of protection placed on him. He is scheduled to reappear in court on Feb. 15 for Pre-trial depositions.

Personal problems take over first Board of Trustees meeting

MONIQUE NETHINGTON
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Under the leadership of new board president Lewis Zurich, the first meeting of year for the Cerritos College Board of Trustees meeting saw presentation of school recognition awards, reviews and project plan presentations.

Breaking point

However the meeting was overshadowed by controversy and personal problems between members.

The meeting, which was held Wednesday, Jan. 18, was winding down to a close when arguments erupted between Trustee John Paul Drayer and Trustee Marisa Perez.

The back and forth began when item 51 was open for discussion. The item's topic was about who the board would nominate for CCCT.

Perez's name was thrown in for nomination, which immediately prompted an indirect objection from Drayer.

This began a heated discussion amongst the board if there was a possibility of there being two nom-

inations for CCCT.

However the bylaws do not allow for such nomination, and if they were to do so the nomination would be invalid.

This then prompted Drayer to call for Perez to disqualify herself from nomination, which sparked an argument between the two that lasted approximately 10 minutes.

Perez said, "Trustee Drayer has been direct to only speak to me at the board and knows very clearly why I don't communicate with him."

She then continues to describe an incident which resulted in allegations of harassment by Drayer in which law enforcement presence of needed.

At the end of the exchange, the board called for a roll vote on the nomination item that fell in favor of Trustee Perez where she will run to represent Cerritos College.

In response to the argument and comments and made Perez said, "It's an issue and I have a family. I will be protective of my family at all costs."

The incidents mention were vaguely explained by Miya Walker,

Director Public Affairs, [insert position], saying, "We have said that it was an issue that you have been working with through law enforcement, doesn't go much further beyond that."

Perez's focus now is obtaining the position on the CCCT board.

She said, "I have to get Compton College to vote for me in the board. Then, I would have to go over to Pasadena City College and they as a board of trustees would have to vote for me."

"I have to get all of these different trustee boards across the state to vote for me. It's just communicating with them. When we're going to the convention this week, we're really trying to meet as many people as possible and let them know what our priorities and how we could be a voice for them," Perez finished.

Back on track

Despite the drama the first meeting of the year was a productive one having given out four awards, heard to different presentations and had movement

through the agenda.

The first award given out was to Dave Gunn, multimedia production specialist as Classified Employee of the Month for Nov. 2016.

According to Dr. Fierro Gunn played a vital role in the transition from TalonNet to Canvas and is also just as vital in finding a solution to get access to the locked grades still lost in the TalonNet shutdown.

Three other awards were given to Philip Grois, Anna Edwards, and Terry Price for their years of service to Cerritos College and its students.

New challenge

The meeting continued with a presentation of the feasible study that was taken last year on ways to campaign and fundraise for the Cerritos College Foundation.

This will be the first major campaign for the school in which Trustee Carmen Avalos said she looks forward to being a part of.

The ending result of the presentation, given by The Institute for Philanthropic Excellence, showed

that the school needs to the college needs to expand on relations with potential donors in the community in order to raise the funds needed and to have a successful campaign.

The final presentation given was on the Audited Financial Reports for the fiscal year ending June 30, 2016.

In which an associate for the audit firm of Christy White and Associates said, "The college needs to expand on relations with potential donors in the community."

Finally at the end of the meeting the Trustees gave their final remarks, where startling accusation was made by Drayer.

He said, "People in the community have relayed to me that people have sexually harassing me during the campaign and someone did it to me directly."

Drayer was unavailable to comment fully on the subject but did say that sexual harassment has continued as a direct result and that it has become a hostile work environment.

Despite the disagreement Lewis hopes to move forward through the year successfully and smoothly.



Students and Faculty look upon the flooded success center as the damage is assessed. The flooding occurred on the afternoon of Jan 20, 2017.

SoCal storms bring damage to Cerritos College Success Center

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At approximately 12 p.m. on Friday, Jan. 20 the Success Center was slightly flooded due to a back up drainage pipe near the rear exit of the building.

The flooding caused damage to the carpets but not to the computers situated in that area.

Michelle Rodriguez, Success Center Specialist said that when she came in to work, there was no damage, but "somewhere after 12 p.m., maybe 12:30 p.m." she noticed the flooding.

"I.T. [staff] was able to get here and they removed all the computers and turned off the electricity to [the] pole [holding electricity ports] and they are going to remove them until facilities can come in and dry

it out," Rodriguez said.

I.T. Manager Javier Banuelos assessed the damage with, Custodian for Facilities Department Kevin Butler before other supervisors and electricians did.

Butler said, "I tried to contact my manager to see if he could come over. He would be better equipped to know how much damage it is. It is significant damage right now; it's a good thing [the IT staff] got the computers out because with the wiring you don't want to get the computers damaged."

Yvette Juarez, Administration Clerk III received the call that her office was flooded at approximately 1 p.m. "It's my day off so I [was] surprised," she said.

"I haven't checked the boxes at the bottom because I don't want to yet. I'm just going to wait until everything settles in, but I don't think

[there is damage] because mostly everything is on top," she said.

Butler mentions that the drain outside the door is not draining and causing the water to go into the building.

David Moore, Director of Physical Planning and Construction Services says that the damaged carpet was removed Tuesday while the dry-wall was taken out which resulted to be of 18 to 24 inches of dry-wall restoration.

Moore also said that Facilities does not know the monetary amount that is equivalent to the damage yet since the flooding occurred Friday.

"Either the pump was overwhelmed or the pump failed, but we've checked the pump out and it seems to be working fine. We probably just had a lot of rain in a short period of time," he stated.

EDITORIAL

Big is truly beautiful



LUCILA DAVIES/TM

The average size of the adult woman is now 14 to 16. Now, we all have an idea what the physique of the currently average woman looks like, ample, shapely and full figured.

However, compare that image to the images seen on magazine covers, on fashion runways and in mainstream media.

Granted there are models such as Ashley Graham and actresses such as Melissa McCarthy who have gained notoriety for being plus-sized while celebrating the naturality of their physique.

Notice that a variation of the word “natural” is used here, why? Because that is exactly what the human body is, natural.

The human body is natural, beautiful and should therefore be observed and accepted with the respect that all natural, beautiful things are given.

For example, we look at a tree and notice the distinct curvature and various bumps and grooves, yet we don’t judge the tree. We don’t berate the tree, we don’t insult or harass the tree, we just marvel at the tree and simply say that it has been formed and shaped that way.

So, if something compassionate can be said about a tree, then why isn’t the same sentiment being extended to an organism actually capable of thought and emotion?

For some women, and people for that matter, it can be difficult to look into the mirror and be pleased with what they see, some will take drastic measures to live up to society’s unrealistic expectations such as performing physically taxing, strenuous exercises or denying their body of the necessary sustenance that it needs to function healthily.

And why? Because they see an unrealistically photoshopped image or because society has dictated that if they are not able to fit into

single-digit sized clothing, then you are obese.

That if your body requires a slightly larger calorie intake due to the way that your body is structured then you are considered a pig?

Newsflash, not everyone is built to be thin or skinny, it’s simple genetics.

Some women are naturally full-figured, naturally predisposed to fit in double-digit sized clothing, that is just the way their body and frame has been structured.

The concept it so easily explained, yet not so easily understood.

Does society not realize the countless number of individuals who have developed an eating disorder because of the concept that one must be thin in order to be accepted and adored?

It is obvious that mainstream society is essentially promoting self-harm every time an image of some popular media idol is photoshopped, every time clothing stores do not carry double-digit or plus sized clothing or every time only thin women are being represented in fashion or in television.

The phrase is “Big is beautiful”, not “Thin is tantalizing”, why not keep it that way?

Let’s put the thought of self harm on the back burner for a bit and discuss fat shaming and bullying.

Fat shaming is a perfect example of how mainstream media and society has perverted the mind into thinking that one must be able to see another’s rib or shoulder blade popping out in order to be deemed attractive.

Even children have been fat shamed, children!

Fat shaming is bullying, it is essentially emotional abuse.

It is a human being telling another human being that that person is disgusting, unwanted,

and ugly.

Do you understand how detrimental that is to another’s psyche?

When a person is being called fat or disgusting, which could be anywhere, in public, online, it doesn’t matter, that individual is being stripped of all confidence and self-worth.

The confidence is then replaced with thoughts of worthlessness, self-esteem plummets, and depression ensues, engulfing that person with thoughts that they are nobody, that they are unimportant, that don’t deserve to love or be loved because they are “ugly” and “disgusting.”

Fat shaming is essentially the killing of another person.

Emotional abuse is not the only form of fat shaming, there is also physical abuse.

Granted most of the time the physical abuse aspect of fat shaming is done to a child by another child, i.e shoving, punching in middle school or high school.

But violence is violence, no matter in what way that you look at it.

It is a horrible and unjust abuse that is committed simply by what is seen in the mainstream, what society has conditioned us to think what the concept of ideal beauty is.

All variations of the human form should be widely illustrated and demonstrated in mainstream society because, surprise surprise, we are all diverse and unique individuals.

We all deserve to be represented positively, we all deserve to have our natural beauty celebrated.

Because “big” is indeed beautiful and should never be told otherwise.

-THE ENVELOPE-

The depressed are not too oppressed to be successful

BENJAMIN GARCIA
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Fetishism and stigmatism of mental illness are both disgusting.

Perhaps the cause of my strong opinion about this was when a boy said, “You should treat your depression how I treat my seasonal allergies and just ignore it.” He should treat his opinions the way the corporate overlords treat their surplus and not share them! That same boy made me cry for needing medication, yet used me as his hypomaniac pixie dream boy; speaking of which, neuro-divergent people are more likely to be abused? Scary stuff.

It’s unfair how there is fetishism and stigma. One or the other, please! We are often thought to be sensitive, talented and vulnerable (men are attracted to mentally ill people for the same reason they like their partners to wear heels, it’s harder for them to run away.) Sometimes we who have mental illnesses, social disabilities and personality disorders often cannot relate to people or form relationships easily.

What I’m saying is buyer beware. If a person tells you that they have needs that are different from yours, you must be considerate and proceed if and ONLY if you are prepared to deal with it.

While there is a misguided fetish for mentally-ill people, there is also a stigma based on the misinformation that mentally ill people are lazy; this leads to 50 percent of employers saying they would not hire someone treated for depression according to a CNN article.

There are more severe stigmas.

The first thing you learn in high school health class is that “schizophrenia is scary.”

Stigmas lead to people not wanting to talk about, seek treatment for and be diagnosed with illness. This is wasteful because we have so much to contribute to society. I hesitated in writing this column because I didn’t want to lose my credibility.

Lately, I have been bragging about mental illness. I’m proud because it is an hurdle to jump. As I continue to succeed, I am trying harder because not only do I have to allocate energy to accomplish the task at hand, but fight a war with my own mind. People who are not depressed are the lazy ones!

Besides that, it seems people without illnesses are dense, which is why I refer to them as “bricks.” More than 30 academic papers support a link between intellect and mental illness. Everyday the village idiots of the world tweet complaints of relationships and brainwashed praises of films produced by right-wing conglomerates. They don’t look outside their tiny worlds, revolutions, oppression, Netflix original series Lady Dynamite starring bipolar comedian Maria Bamford.

I have major depression -- I will use it to write better than all of those “normal” writers. If I am going to be angry, I will overcome obstacles by learning how to focus and command my rage. If I am going to be anxious, I will never be caught off guard for lack of preparation; and if schizophrenia is so scary, I will make myself the scariest person on the planet; and in this way, I will not have to worry about people plotting against me.

NATASHA MOLINA
Staff Writer
@natashamolina93

Rise in support of Planned Parenthood

Defunding, the dreaded word that has been threatening the continuation of Planned Parenthood, which has been providing Americans with reproductive health services for 100 years.

Republican House Speaker Paul Ryan is attempting to repeal Obamacare which directly affects the future of Planned Parenthood.

One might ask themselves: “Well who cares if P.P. gets defunded, its not like its going to directly affect me, right?”

Well friends, that is where you are gravely mistaken. Let’s talk about the numerous services P.P. provides for people: STI/STD testing and treatment, contraception, cancer screening and prevention, abortion services, pregnancy tests, prenatal services and adoption referrals. Not comfortable with talking to your parents about sex? P.P. has you covered.

To those pro-lifers that have given P.P. such a

hard time over the years; at their facilities, abortions make up only three percent of services provided. Take that pro-lifers!

That three percent is what is being used to justify stripping million of Americans of free reproductive health services.

That percentage is so low because people, regardless of insurance status, are receiving the reproductive health care they need in order to prevent unwanted pregnancies, and thus abortions.

This on going battle of pro-life Republicans meddling into women’s rights to choose over their own bodies is dangerously terrifying.

Women do not just use birth control to prevent pregnancy. Many women take birth control to treat medical conditions that interrupt their daily lives.

I can not imagine what it will be like for millions of Americans to have to pay an excessive amount of money once treatments such as the contraceptive pill are no longer free.

P.P. is so much more than abortion services

than those against it would like you to believe. It is a safe haven where one can comfortably be treated no matter what economical status one may be.

Donate!
Volunteer!

Planned Parenthood could use all of the support it can get.

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Wearing makeup must be respected as an art form

JOCELYN TORRALBA
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“Real women don’t need makeup to be beautiful,” people say this, as if they have any idea what women need or don’t need.

Men captioning a picture “This is why I have trust issues” of a woman before and after makeup. “Take her out swimming on the first date,” as if I don’t wear setting spray, duh. “You must be ugly under all that makeup.” No, boo. My fresh face is gorgeous.

I’m tired of men having opinions about women wearing makeup. I don’t care if you think my highlight is too much, my contour is too strong, my lashes are too big or if I look better with less.

We don’t wear it for you. You think we’re blending our expensive eyeshadow to impress you? Of course not!

Being pleasing to random men is nobody’s reason for wearing makeup. No woman is that desperate for random guys approval of how their face looks.

Gay men, lesbians and transgender people also wear makeup -- so that’s evidence that it’s not all about you.

There are many reasons for women to wear makeup, a man’s opinion is seldom one of them. We wear it to feel confident, have fun, feel sexy and because we want to!

Next time you’re tempted to offer your opinion, please do us all a favor and don’t. Now excuse me while I touch up my lipstick.

MARCK PARRA
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If you shop at Forever 21 you are indirectly supporting a business that produces its products in sweatshops that pays less than half of the state minimum wage.

According to a story first reported by the Los Angeles Times, Forever 21 is manufacturing its clothing in those type of factories throughout Southern California.

Of course this is wrong and this type of practice should not have a place in any type of business. Paying your workers \$4 an hour for work is one of the most unfair things you can do. It’s messed up, plain and simple.

But there are individuals out there who turn the other cheek and

shop at their favorite businesses, knowing full well.

It’s more than just wanting to turn the other cheek.

When you’re a broke full-time college student juggling a part-time job on the side, you do not have the financial means to be humanitarian.

I am a “broke” college student and shop at Forever 21.

If I had a magic debit card with unlimited funds, I would pass on the morally incorrect jacket that was produced in a sweatshop and opt for the nicer, designer jacket that could be made in heaven itself. Sadly, such debit cards don’t exist.

We’re going with the cheaper bomber jacket, guaranteed. That does not make us any less of human. It’s called being resourceful. Shopping at Forever 21 is justifiable.

TALON MARKS

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Philosophy professors welcome students to a new semester

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Each semester offers students on campus the opportunity to join a club.

The Philosophy club held its first meeting of the semester on Tuesday, at 11 a.m. in the Social Science building in room 137.

In the room, students were presented with the opportunity to listen to many of the faculty members of the philosophy department.

The meeting started out with brief speeches from each professor in attendance of who they are, and why they chose a career in philosophy.

Most of the professors kept resorting to three common themes in their individual speeches: love, tolerance, and individuality.

“We have to learn have empathy and to show compassion and love to one another, even if we disagree,” Philosophy Professor Ted Stolze states, “That’s the essence of philosophy.”

Philosophy professor Tim Chatman believes its important for any student attending Cerritos College to take a philosophy class, especially Critical Thinking, as it can help any student with real life situations.

“Philosophy, and Critical Thinking in particular, can help improve your ‘BS’ detector,” Chatman ex-

plains, “It helps you to think for yourself, and that is very important in today’s world, given the political nature of our country. You need to think for yourself, now more than ever.”

The professors encouraged students to take a look at all of the philosophy courses offered at Cerritos College as philosophy is an extensive subject with something for everyone.

As for the student turnout, club facilitator Jorge Lopez saw the student count as a very positive one.

Lopez said, “I think the turnout was great. We had a lot of new students who are interested in philosophy for the first time show up, and that’s always a positive thing.”

Mohammad Hasan, the other facilitator for the philosophy club, also liked the meetings turnout, but believes more students will attend the later meetings because of the extra incentives attending the meetings grants them.

“The turnout was not bad at all. I believe more students will attend later meeting once we get guest speakers to attend. Students love a guest speaker. Every seat in the room gets filled up,” Hasan said.

More than anything, the club encourages people to always be an individual and to not conform.

The philosophy club meets every Tuesday at 11 a.m. in Social Science 137.



DAVID JENKINS/TM
Dancing in unity: Students, staff and faulty members alike dancing to the rhythm. Daunte Fyall leading the crowd.

A tribute to MLK

DAVID JENKINS
Arts& Entertainment
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As students come back from a four day weekend, a tribute was paid to Martin Luther King Jr. on-stage at the Student Center Jan. 18.

There were drummers, dancing, food and a short lecture by both Dr. Anthony Lee and Professor Damon Cagnolatti on the importance of what MLK did and spoke of.

“An unbelievably successful event,” Dr. Lee said.

He continued, “It was a very difficult room, a lot of people eating and talking [but] they did it. They over came all that. They got everybody involved. It was a great success.”

“They” being the three performers of the event. Coming all the way from Africa were Thiane Diouf, Baye Diouf and Daunte Fyall, they were able to get 30-40 people on to the stage and got everyone to dance.

Among those dancing on stage was Cerritos College counselor Sheela Hoyle.

She said, “I had a great time, it was a remarkable event in honor of Martin Luther King and to remember him and his vision and his legacy.

“Also, commemorating the

black history events which are going to take place in the month of February. All students, faculty and staff all participated and it was an awesome event.”

Psychology and medicine major, Tenia Cunningham, attended the show and was really satisfied with how it went.

“The event was amazing. The interacting of everybody. Just the program itself, it was interesting and leadership wise. It was really good. I had a lot of fun, we as people should be like this all the time,” she said.

While there was much dancing and interaction, there was also the serious note to the event. Dr. Lee being of age to remember when MLK marched in Washington, which had an impact on both the black and white communities.

Director of College Relations, Miya Walker, believes people walked away with the main message in mind.

“I believe people walked away feeling inspired and hopefully learned something new that they didn’t know about Dr. King and about African culture and African-American culture,” she said.

Walker hopes that more people will come out to other Black History Month events that will take place all through out February.



DENNIS OSORIO/TM
Grunge revival: Computer software engineering major Abraham Lope rocking his soft-grunge outfit. Staying tru to his personal style.



DENNIS OSORIO/TM
Stylin’ Music-audio engineering major Jeffrey Aaron posing after helping some Dynamic Dance club members master their choreography.

Ballin’ on a college budget

DENNIS OSORIO
Staff Writer
@talonmarks

Living in the 21st century, young college students, males’ way of dressing has evolved from generation to generation and is molded by the mainstream popular culture, social expectations, ideals and beliefs.

Fashion among students has always been something outstanding in society but it is always changing.

For example, we had the 50s where high school girls would wear their petticoats or full skirts, and sweaters.

On the other hand, men would basically dress up as John Travolta from Grease and do something very weird to their hair.

Pretty much, college students

mimic what they see as a trend, this is why the fashion industry is up to date with the trendiest styles.

For example Zara, a clothing and accessories retailer knows that having the most stylish clothes means that a young audience will want to keep on consuming no matter what the price is.

So how to keep up with it when we are young and broke?

Cerritos College student Jeffrey Aaron who is pursuing a career in music- audio engineering, says that fashion is very important and it is much more than what one wears.

“It is what makes you you and what makes you stand out from everybody else,” he said.

Aaron also says that his way of dressing is influenced by different cultures, but mainly his friend’s success, who got into the fashion

industry by designing clothes and bought a house because of his dedication.

Aaron shared, “I do have an expensive taste, but the thing is, people put a logo on something and think their prices should go high. If you want to create your own style, why not create your own clothes?”

He also shared his thoughts about Kanye’s shoe line “Yeezy Boost” which run for approximately \$1,000- \$2,000, saying that he loves the design but that the price is outrageous.

“See, the trend is going to be the death of art,” Aaron expressed.

Computer software engineering major, Abraham Lopez, agrees that his way of dressing is influenced by his 80’s heavy metal, thrash metal, music preference. “I kind of see what those band members wear and

I try to find what they wear,” Lopez shared.

Lopez belongs to that group of people who do not shop a lot but instead has those favorite pants or shirts from years ago that he won’t let go of.

“That’s kind of the cool thing about it, is that they get super ripped and faded, and that gives the image that I’m trying to go for. A lot of people buy new jeans and they kind of make them fade or cut them on purpose, when mine just happened naturally over time,” Lopez said.

Also, Lopez believes that if a design is worth his money, there are other options for a lot cheaper.

“I have seen shirts that have holes and it is ridiculous that people pay that much money for a shirt when I can make myself one from a \$2 shirt that I find at a thrift shop,”

Active Minds against stigma

BIANCA MARTINEZ
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@talonmarks

The Active Minds club has had a presence on campus and ever since has been advocating for the awareness of mental illness, which afflicts one in every four adults, according to a statistic compiled by the Active Minds organization.

Active Minds hosts on-campus events and exhibits such as the White House Healthy Challenge, which occurred Jan. 9, and the Send Silence Packing exhibit, which occurred in late September 2016.

The Active Minds club on Cerritos campus is just a small chapter of a larger organization which goes under the same moniker as the club.

The goal of both the Active Minds club and organization is to raise awareness about mental health disorders, especially among college students, erase stigma about living with a mental disorder and assist students in getting the help and care

they need to diagnose, treat and cope with their mental state.

Vice President for the Active Minds Cerritos chapter, Georgette Farias, states the importance of mental health advocacy and how Active Minds participates in doing so, “Many people view mental illness in a negative light. They view people with a mental illness as weak or lazy. They are unaware that it is about chemical imbalances in the brain, sometimes it’s hereditary, sometimes it is uncontrollable. There is no shame in having a mental illness. ‘Depression is a flaw in chemistry not in character.’

“We aim to raise awareness of this and educate our peers. When the Send Silence Packing event was brought to Cerritos it was an eye opener to many students of the facts on student suicide.”

The club takes special initiative in ensuring that college students get the necessary help and acceptance they need in order to receive the proper treatment for their mental

illness.

Steven La Vigne, Active Minds advisor for the Cerritos College chapter, explains the club’s participation with the White House Healthy Challenge and the reason why this event is important and relatable to college students.

He said, “The significance of the event is that health care coverage helps provide prevention and early prevention opportunities to our most valued resource, our students. Our desire is to outreach by sharing health care information options along with provide enrollment opportunities to uninsured individuals on our college campus, and to the communities we serve.”

La Vigne goes on, “This event is important because one in five young people in the United States don’t have health insurance necessitating the need to outreach, inform and provide enrollment opportunities to our students. Thus, there is an opportunity for our students to benefit from this event by learning about

their health care options while also being provided on-campus enrollment opportunities.”

1 in 4 college students are affected by some variation of mental illness, a statistic which reveals that each college student is either directly or indirectly affected by a mental disorder, according to both Farias and the Active Minds organization.

Active Minds club President Rebecca Johnson shares some important statistics pertaining to the suicide rate of those with an untreated mental disorder, “Suicide is the second leading cause of death among college students, claiming the lives of 1,100 students each year. More than half of college students have had suicidal thoughts and 1 in 10 students seriously consider attempting suicide. Half of students who have suicidal thoughts never seek counseling or treatment. 80-90 percent of college students who die by suicide were not receiving help from their college counseling centers.”

Commercial Music Album Release

Friday, Feb. 3 at 7 p.m. Burnight Center Theater
Free & Open to the Public

The Commercial Music Program will present a concert to celebrate the release of two new albums. The first album is by a newly formed student band named Out of Nowhere. This band consists of seven students from the program. The members of Out of Nowhere will perform songs from their new EP release titled This Moment. All the songs on the album were written and arranged by the commercial music students in the band.

The second performance is a multimedia presentation of a full-length album titled Entropy, written by Dr. Andrew Maz. Alumni and current students of the commercial music program will accompany Dr. Maz for the performance of this album.

Both albums were recorded, edited, and mixed by commercial music students at the College.

The event will showcase the technologies available in the Commercial Music program as well as the talented musicians and technicians in the program. The live concert will also feature video, lighting, and choreography designed and performed by students.



James McAvoy in Split (Universal Pictuers)

M. Night Shyamalan kills it again

NATASHA MOLINA
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M. Night Shyamalan's returns to the big screen with his latest film "Split".

Like his other films which are not shy to surprising cliff hanging twists, "Split" was not about to be an exception of this rule.

Overall, this film's unpredictability and refreshing story-line makes for an entertaining watch.

With James McAvoy as the film's main protagonist, well antagonist, we get to see many different facets of his performance -literally.

McAvoy plays a character that suffers from dissociative identity disorder, who nonetheless has 24 different personalities.

Dennis, the first of many personalities that is encountered throughout this film abducts three teenage girls from a mall, drugs them and then takes them to his dungeon-like home.

It may sound like an "oh no not another kidnapping type movie," but when the girls wake up they are trapped in a small quaint room with a functioning bathroom and beds. Terrified and confused the girls are greeted by Patricia a strict proper english woman who is also another personality McAvoy portrays.

One of the most interesting characters McAvoy plays is a nine-year-old boy named Hedwig whom befriends one of the three girls Casey (Anya Taylor-Joy).

Casey sees Hedwig as an opportunity to escape, but will soon realize that Hedwig knows a secret that could change everything.

McAvoy's performance is quiet impeccable with eloquent transitions from personality to personality, perhaps being one of his best roles yet.

His versatility and dedication to portraying such different characters to the best of his abilities really shows. This will leave many audience members the edge of their seats wondering what will happen next.

With Joy's character having a turbulent past and well now present, her performance also does not fall short one bit. Her character's courage, intelligence and all around kickass survival instincts will make for an audience favorite.

If you are a M. Night Shyamalan fan you will most definitely appreciate the twists and surprising ending.

Movie Review

Split

Starring: James McAvoy
Director: M. Night Shyamalan
Rating: ★★★★★



Art for all: Tommy Canalles spray painting onto the old Fine Arts building which will be torn down in February. Just getting down the finishing touches detailing the lightening in the background.

Cerritos College hosts FAR Bazaar

MONIQUE NETHINGTON
Editor-In-Cheif
@sniqueee94

The arts is coming to the Cerritos College campus in the form of Foundation for Art Resources Bazaar, an alternative art fair and collective.

FAR Bazaar is a non-commercial art fair that showcases art collectives, artist run spaces and local art schools who have had effect on the regional art scene.

The foundation has a history of, taking abandoned buildings and turning them into art fair spaces dating back to the 1990s.

This years FAR Bazaar is special for two separate reasons.

The first being that it is the 40th anniversary of FAR, which start back in 1977. The second reason being that this is the last event being held in the old Fine Arts building.

After the conclusion of FAR Bazaar the building will be demolished sometime during the month of February.

Art Director James Macdevitt said, "FAR is a very celebrated art foundation. It's a non-profit advocacy group, it's a nomadic institution, that passes its leadership to new board members every two or three years, so the foundation is always rejuvenated with new blood."

This art collective gives a chance for different local, and non-local, art communities to come together in one place.

The event happening at Cerritos College also allows the art students of the college to network with different collectives and schools, as well as the opportunity to help with the installation process.

The event will take place on Saturday, and extend until Sunday. Both days will begin at 10 a.m. and will end at 10 p.m., in the old Fine Arts Building.

"[The event] I am expecting is probably going to get somewhere in the magnitude of a couple thousand visitors, over the course of the two days, it will be very busy," Macdevitt said, "There is over 300 artist participating in the exhibition alone,"

Among the artists participating in the event are Ben Jackel and Valerie Wilcox who are part of Durden and Ray, an art collective based in LA.

The collective is made up of 24 artist all of whom are working together to create an out of the box exhibit.

Wilcox said, "It's a big collaboration. We are working over each other's marks, erasing marks- you're not going to really see individual artist by themselves."

Jackel said, "Since [the space] is going to be demolished, we didn't want to just have a

regular art show. A lot of people have done different things here and I think through the week we can keep responding to each [other's art]."

He continued to describe that the creation of this particular exhibit as, "just a fun different thing to do."

The event itself will feature many different types of exhibits, installations, demonstrations and lectures.

This will include film screenings, live music installations, performance art and interactive art installations.

Simultaneously the Cerritos College Art in Residence program, featuring Stephanie Deumer, will open.

It will feature Deumer's 3D woodworking installation named, 'Features of the Same face'.

The installation is inspired by an old doll house her mother had while Deumer was a child and can be seen on display in the new Fine Arts Building's project space in the art gallery.

The art gallery will also display two other exhibit with the work from about 50 former FAR board members.

There will also be a series of panels in the new art history lecture hall.

The first will discuss the history of different art collectives in Southern California.

The speakers will include Carol Cheh and Ronnie Kim who are both experts in the field. The second will be on aging modernist architecture.

According to Macdevitt, "[The old fine arts building] is sort of seminal work of mid-century architecture and is very much connected to the style architecture that was built post war."

Macdevitt hopes to have this event be more than just an event for the art world but for the community of Southern California.

"I hoping for the community to come out," he said,

"I want the people in the general vicinity to see FAR Bazaar schedule"



<http://bit.ly/2jPAk8G>



We play: From left to right commercial music majors Terrance Alexander, Alejandro Haegendoreens, Emili Alexa Romani, Oscar Chavez, Justin Matteau and Andrew Jones. Together they formed "Out of Nowhere."

Commerical music students prep for EP release

PERLA LARA
Managing Editor
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"Honestly I thought 'we're not going to be a band'. That was my honest thought; just because our first time [meeting as a band] we just started playing and jamming out and they [other band members] were like 'ok sing' and I was like 'what do you want me to sing I don't know anything, I can't just start singing something.[...] ' I was like I don't know if we can do this we all have very different styles." Emili Alexa Romani, thought as she met with her classmates to form the

band "Out of Nowhere" for the first time.

That meeting took place October 2016, now the band is preparing for its first concert and the release of its first Extended Play album release on Feb. 3 in the Burnight Theatre at 7 p.m.

The group began as a challenge from Cerritos College Director of Commercial Music Andrew Maz.

After sharing commercial music classes bass player Andrew Jones, vocalist and keyboard player Justin Matteau, vocalist and guitarist Oscar Chavez, drum player Terrance Alexander, piano player Su Ha and

Romani accepted Maz's challenge and formed "Out of Nowhere."

Doubt and skepticism turned into excitement once the band made progress on its first song.

Matteau said "As soon as we had the makings of the first song[...], we were like 'wow we can actually make songs and do this together. This could actually work.'"

Jones described the bands' music as, "heartfelt more introspective kind of songs, as far as our lyrical content we tend to focus on what's going on [emotionally] as oppose to what's going on [externally]. Musically it's pop rock, it's nice safe

catchy tunes with introspective lyrics to go along with it."

Haegendoreens added, "We all have different backgrounds in music, definitely everyone's style and background come out in multiple songs and fuses together."

Romani sings four out of the six songs that will be released in the bands EP.

She is also the main songwriter in the group, with Chavez writing and singing the song "Us" that will be included in the upcoming EP.

Every aspect of the band is handled by a student of Cerritos College, from the writing, singing, play-

ing, to the sound engineer, the band manager and the social media it is all work undertaken by students.

Alexander emphasizes, "We're up and coming students and we put everything together ourselves."

The band members devote their time after work and classes practicing from 7 p.m. onward because as Jones states, "We genuinely love it, and we love playing music, we love expressing ourselves."

Haegendoreens sees the upcoming concert, EP and subsequent album release as a something music students can look forward to, and follow.



Blowing away the competition: Freshman forward Alexis Clark pushes aside Los Angeles Southwest defender on the way to the basket. Clark would finish the game with four points and four rebounds as the Falcons cruise to their second straight conference win, putting them at 2-0 on the season.

Falcons remain undefeated after conference win

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The Falcons traveled to LA Southwest College and captured their second straight victory putting them at 2-0 in conference play. The Cerritos women's basketball team beat the Cougars 54-44 in a game Cerritos dominated, leading in nearly every statistical category. Despite coming away with the victory the team still has some areas it hopes to improve on. Cerritos shot only 42 percent from the free throw line making a total of 15 out of 35. Head coach Trisha Raniewicz said, "It's on us to get to the line against a physical team, and make them pay for being physical and knock down free throws." The first half of play between the two teams was all about defense with the half ending 17-14 in favor of Cerritos. "I wasn't happy with our first half," said Raniewicz. At the start of the second half Cerritos came out on a 9-0 run and took a 12 point lead. Despite the Cougars many attempts to take the lead Cerritos never allowed them to come within four points. The Falcons were not able to duplicate their shooting success from their previous game against EC-Compton. Cerritos shot 35 percent from the field against LA Southwest. However, Cerritos still managed to control the game. Freshman forward Crystal Ro-

driguez said, "We've just learned to play with each other, before it was all individual now we're all about the team." Raniewicz added, "I really respected how we came out from half time with a lot of energy." Second half issues were a weakness for the Falcons in pre-season, but in conference they have found ways to execute. In both conference games thus far Cerritos managed to not only score more than 25 points in the second halves of both games, but also come away with wins. The Falcons closed out the game against LA Southwest 54-44, and are now undefeated in conference play. Cerritos forced 14 turnovers, 12 of which were steals, and out rebounded LA Southwest 37 to 20. The Falcons struggled in pre-season posting a 5-13 record, but since conference play has begun the team has come into its own. "It feels more like a family," Rodriguez said, "through the struggles we've learned to stick together." The next challenge for Cerritos will be LA Harbor, who it will host this Wednesday LA Harbor is also 2-0 in conference after defeating Long Beach City and EC-Compton. No matter the opponent the Falcons feel they have a chance to win every game in conference. "Honestly if we work hard, and do what he have to do, it's definitely all wins [from here],"Rodriguez concluded.



Preparing for the year: Right to left Carlos Mendez and Biel Roca Carreras prepare themselves with the rest of the team for the new season. The men's season begins Saturday against Cal Lutheran University.

"Our goal is to try to win the state, we came really close last year from what I heard, hopefully we can help this guys on areas that they need to work on technically and tactically."
— Jon Neri

New year new season new expectations

MONIQUE NETHINGTON
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The institution of Cerritos College Women's Track and Field is one that extends back decades and includes seven CCCAA state championships. With a new generation of Falcons coming out into the competition, the coaching staff for the program has nothing but high hopes for the season which will begin on Feb. 4 for the South Coast Conference opener. Director of Track and Field Christopher Richardson said, "It's going to be interesting how they

step up. We have some pretty high-caliber meets [this season.]" He mentioned being invited to UCLA twice for invitationals which will see all the PAC-12 schools. "It's gonna be some heated competition toward the latter stage [of the season.] That's where [the women] get the exposure, that's the fun part." Now, with the team coming off its second straight state championship the quest for a third is underway. "The hardest thing is to repeat," Richardson said, "One hundred percent of our sophomores last year transferred [...] that is a great thing

Cerritos tennis strive for greatness

Mens tennis looking to avenge last season

LIZETTE SAINZ
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The Falcons are looking to build on their success from the previous season and compete for the state championship. Last season the Falcons enjoyed great success as a team finishing with a 24-4 overall record and going undefeated at 8-0 in conference. Cerritos concluded last season with a loss to Irvine Valley in the Southern California Regional Play-off championship. The men's tennis team consists of 13 total members, 10 of which are first year players. The team also consists of nine international players who will be looking to impact the team by winning Championships. Second year player Henry Ayesgia said, "My goal for this semester is to perform to the best of my ability and to win the state champion-

ship for the first time, that's something that we are working toward really hard and hopefully that can come true." Head Coach Alving Kim shares his players mentality "Last year unlike the women's we didn't win state, we didn't have any individual champions either, so to try to get as many of those as possible, [goal] No. 2 is the state [championship], our goal is to be No. 1, that's our intent," he said. First year Assistant Coach Jon Neri is excited about the opportunity of working with the team this year. Neri said, "Our goal is to try to win the state, we came really close last year from what I heard, hopefully we can help this guys on areas that they need to work on technically and tactically." Cerritos will begin their season against Cal Lutheran University Saturday. The Falcons will play their first conference game of the season on Feb. 28 against Mt. San Antonio College.

Cerritos womens tennis hope to repeat prior success

LIZETTE SAINZ
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The reigning Southern California women's tennis team champions will look to replicate last years' success this season. The Falcons finished with a 25-1 overall record and went 12-0 in conference play. Head Coach Alvin Kim said, "Last season was our first state championship, it was kind of like a dream season, we had an undefeated record in the state, we swept a lot of the awards as well, [...] pretty much as a season it was well expected." This years women's tennis team consists of six players, only three of which are returning players. Among the members there are multiple players from other countries looking to make their mark this season.

First year player Petra Such said, "I'm from Hungary and I'm 19 years old, I came here to study and to play tennis, my goal for this semester is to win as many matches as I can for my team." Last season the entire team faired well in both singles and doubles, every singles player and tandem had a winning record. Returning players on the team will hope to develop their skills. Sophomore Elizabeth Aceves said, "This season I'm just hoping to get better in doubles, I'm more passionate in doubles than singles. Hopefully I will learn [how to improve] my serves." Despite having success last season in conference and in the play-offs coach Kim understands that every season presents new challenges. "This season [it] will be hard to follow a season like that, we had some trouble with a couple recruits who cannot join our team on time, so we will not be as strong as we hope to be, we have a good group, we will do the best we can," Kim said.

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