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Fine Arts departments to relocate in spring



Building from the Ground Up: Construction workers work to finish the new Fine Arts Building, which is expected to open in Jan. 2017. The new building will have art history classrooms that were designed by art and humanities professor Julie Trager and art history professor James MacDevitt.

TERREL EMERSON
Online Editor
@sir_chatterbox

The finishing touches are being placed on one of the newest buildings on the Cerritos College campus.

The new Fine Arts and Communications Building is expected to meet the projected open date of Jan. 2017.

Director of Physical Plants and Construction Services David Moore said, "The building was always forecast[ed] to be completed in Spring semester 2017. That would be January 2017."

In order to ensure the campus will be set for the grand unveiling additional overtime work has been implemented to finish the structure.

Moore said, "On a large scale construction project there are times when contractors may work overtime to get back on schedule or meet a milestone.

"However, this has no impact on the cost of the contract with the builders and thus no cost to the district.

"There has been no unusual or accelerated overtime production

dictated by the district," he said.

The decision seems to be by choice and not a necessary need.

"The schedule has remained constant through the planning and construction schedule," he stated.

Moore admitted that there was an obvious need for the new building citing, "Have you seen the old one?"

Art and humanities professor Julie Trager is excited at the thought of the new building being so close to opening.

"What more can I say than I am thrilled. My colleague James MacDevitt and I designed the new art history classrooms.

"It reflects our teaching methodology. It will be uplifting to teach in an aesthetic and positive environment," she said.

She is currently teaching in FA 43, where some ceiling tiles are missing exposing various components of the building structure.

Trager added, "I am sure the students will appreciate [this new building]."

The anticipation will only build as the campus gets to unveiling.

Student success the aim of new program

Initiative to help students succeed kicks off

BRIANA HICKS
News Editor
@askCelena

Cerritos Complete, a new program for graduating high school students, kicked off this year.

The beginning of the fall semester welcomed 526 incoming freshmen students who were part of the school's new program.

Director of Educational Partnerships and Programs Sue Parsons said, "K-16 Bridge to college was extremely successful this year because of the tremendous collaboration of many individuals [...] on campus.

"Our kick-off on Aug. 10 was especially an exciting day after nine months of planning, coordination and tireless work of the K-16 leadership team [Carla Yorke, Paul Bleak, Sylvia Bello-Gardner, and Clara Ross]."

Bello-Gardner expressed that the Cerritos Complete program is a merit-based scholarship program designed to increase college completion.

She said, "Cerritos Complete merit-based scholarship will cover tuition or books and priority registration for the fall and spring semesters.

"Students who are in the K-16 program are part of Cerritos Complete."

Parsons expanded on Bello-Gardner's explanation of the program, "The comprehensive college program is a partnership with our school districts and is designed to

help students navigate their way into college.

She added that the aim is also for students to "successfully complete their first year, and excel in completing college."

Parsons said that in order for students to remain in this program, students are required to:

- Remain enrolled in all courses in order to be part of K-16 Bridge.
- Should submit form to the Educational Partnerships & Programs office. Students must adhere to the College's withdrawal dates.
- Must attend and complete a K-16 Bridge education planning workshop and a K-16 Bridge career workshop in order to receive their guaranteed spring 2017 schedule.
- Must maintain a minimum 2.0 GPA.

She also worked with College President Dr. Jose Fierro to launch the program.

Fierro, who worked on the program for a year, said that because the college's strategic plan is heavily focused on initiatives designed to increase graduation rates for students, Cerritos Complete will utilize programmatic pathways to meet this goal.

He said, "[This is a list of] only a few of the benefits of Cerritos Complete. "This is not a comprehensive list: step-by-step assistance in completing the college's early success program, counseling appointment and career exploration assistance, K-16 Bridge workshops and a personalized (12-15 units recommended) schedule for fall and spring semesters."



Collision at Drop-Off : Two cars collided with one another in the school parking lot. The two women sustained minor injuries from the collision, but were both able to walk away.

Words exchanged after collision

TERREL EMERSON
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Uber driver, Elizabeth Soria tried to fight back tears when recalling the accident, "I was dropping someone off and I just heard a loud bang. The other witness said [the other driver] was speeding and she hit me."

At 8:10 a.m., Soria was turning into the Cerritos College drop-off area in front of the Social Science Building there she collided with biology major, Audra Berger.

"I was driving, looking for a space and [Soria] didn't see me. She came out of the blue, out of nowhere, I didn't see her. I mean if you're driving straight you look to your left but you don't expect [...] someone to swerve in and the person doesn't see you and that person can hurt you," Berger said.

According to Soria, words were exchanged upon exiting the vehicles. However, Berger took the confrontation too far.

"She said, 'It wasn't my fault, you were the one that didn't look.' She was even saying that

she was going to kill me," Soria said, "She literally went crazy."

Berger denied that any verbal threats were exchanged.

"I'm not the argumentative type[...] I told her I didn't want to argue with her. I didn't hear she was threatened, I felt I was hurt and she totally damaged my car," Berger said.

Berger, who was driving a 2012 BMW 328i, denied any report of a conversation between the two, in fact she claimed Soria was the aggressor after getting out of her damaged 2014 Kia Optima.

"Her car got messed up, but my car got messed up worse than hers. Her car had a bigger impact than mine. I'm praying because I see electrical wires hanging out [of my car]. Her car can get fixed but I'm praying mine is salvageable," Berger added.

Citing the verbal exchange, Soria said she chose to wait until campus police arrived on the scene before exchanging information with Berger.

Campus police officer Daniel Arriola responded to the call at 8:15 a.m.

"I got a call for a traffic collision at a drop-off zone and drivers yelling at each other," he said.

However, he denied any report that there was a verbal threat involved.

Soria's car had damage to the front passenger side door and a busted left tire after jumping the curb.

Berger's car, on the other hand, suffered damage to the front left headlight of her motor vehicle. She disclosed that she had just got the car eight months ago.

Because of the deployment of the airbag in Berger's motor vehicle, she suffered a bloody nose but refused any medical attention.

"I don't want to deal with any hospitals, [police officers] saw that I had a bloody nose. It doesn't matter. It's just a bloody nose, it'll go away," Berger said

On the contrary, Soria was waiting on her husband to take her to the hospital, citing leg pain and right arm numbness.

Arriola admitted that he had yet to determine who was at fault for the accident and has yet to finish his investigation.



Stand in no line: Students utilize Qless app’s text updates to avoid long wait times. The app allows students to check their wait time without being physically present at the financial aid office.

LESLIE CASTANEDA/TM

Financial aid adopts a new wait app

LESLIE CASTANEDA
Staff Writer
@talonmarks

It is never a good thought when it comes to having to wait in line, anywhere.

The college has now brought an idea for that stressful thought. “Qless app was first used at Fullerton college and was introduced to Cerritos College during a meeting,” said Financial aid Assistant Director Jamie Quiroz.

Introducing QLess

The app was worked on and set up by Quiroz and Ulysses Valencia, Financial Aid Technician, in February and debuted in May.

“Once it was confirmed that we would be debuting Qless, we brought

the idea of making flyers, placing the announcement on both electronic marquees, one that is on the west side of the campus and the other being on the north side, and also a Facebook blast,” said Quiroz.

The Minor Flaw

The financial aid department decided not to buy the application being that if that were the case, it would allow every department in the school to use it, but this department would be the only one paying for it.

“It has helped all of us out so much and we are happy to have this application, for the department and for the students. They can go buy food, go to class, or any other activity without having to be present and waiting in line,” said Dean of Student Support Services Kimberly Westby.

Quiroz expressed, “Unfortunately there is a down side to it all but just a minor one being that the application has gone down for a couple of minutes

and gives us a tiny scare but there is definitely more positive than negative.”

Very few students sit at the chairs provided in front of the financial aid office unless they know that their wait time is under 20 minutes.

Math major, Crystal Gutierrez said, “This is a great idea. It said an hour wait when I signed in from home and once I arrived I was notified that my wait time was now only 10 minutes.”

The Student’s Point of View

Psychology major, Marilyn Lopez, agreed with Gutierrez, “I like it. It saves time. The first time I used it, I was able to get in line while in class and I did not have to wait. It is so easy to use and I hope it starts being used in other offices.”

The Student Success Center is looking into bringing this up for its department and there has been talk of when other departments will use QLess.

Charging stations bring life to library resource center

Device chargers now available in library

ETHAN ORTIZ
Editor-in-Chief
@EthanEnvy95

In the era that we live in, students have to use cell phones to communicate with one another to work on group projects and to research and work on assignments.

With students constantly putting their devices to use, the Library installed charging stations so devices can last an entire day.

Dean of Academic Success Shawna Baskette, introduced how the stations came to be.

“The charging stations were recommended by the facilities department, [...], facilities were renovating the upper floor of the building, and made a recommendation to have one (charging station) for the area that was being renovated,” she said.

The project was to simply put one station in the upper floor of the Library Resource Center, but once Baskette saw the machines, she bought two more.

She said, “I thought they were great, so I bought two more and placed one in the Library and one downstairs in the Success Center, so we now have a total of three charging stations in this building.”

According to Baskette, students have been using the stations successfully.

Shamier Major, computer science major, said, “I’ve actually used them a fair bit, if I’m stuck in school, doing my school work, [...], I tend to use them a lot.

“They are very useful, I just hate it because [a lot of students] use them and I have to walk around and find one that is not being used and not all taken up at the same time,” she said.

The Library charging station is located by the copy machines next to the computer lab.

The stations look like the ID card money refilling machines, but there is a locker that holds the

device to keep it protected. The steps to use the stations are:

- Open the locker and connect the android or iPhone device
- Close the locker and use a number code securing the device inside

As of now there is no time limit for how long a student can use the space, so students can take advantage of the station for as long as is needed.

Angela Mejia, nursing major, has used the station a few times.

“I don’t plan to use them often, because I don’t kill my battery much at school, but the stations have helped me out twice, the two times I’ve used them,” she said.

Carlos Martinez, business major, said, “I use it a couple of times a week, like twice, [...], it has helped [in a major way], when my phone is dying, I can just connect it to an outlet and keep it connected throughout the day, [...], so yeah, it is very helpful.”

As of now there have not been any issues with stations regarding theft or leaving a phone overnight.



PERLA LARA/TM

Recharged: The stations include coded lockers for safety. There are three in the Library Center.



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EDITORIAL



CARLOS MARQUEZ/TM

Alcohol drinkers vulnerable to dangerous bystander effect

Whether it is one cup of vodka on the rocks or three Jack and Cokes, it is well known that college students drink.

They either drink themselves into oblivion on a Friday night, or have the occasional glass of wine at a restaurant.

One thing is certain though; these alcoholic beverages are beneficial to the sick predator who is looking to take advantage of the unsuspecting.

Alcohol alone is not the issue, but in the hands of the wrong person is problematic and dangerous.

According to the National Institute on Alcohol Abuse and Alcoholism, approximately 97,000 students ages 18-24 have reported alcohol-related sexual assault or date rape.

The same organization also revealed that approximately 696,000 students ages 18-24 are assaulted by another student who was also drinking.

The public tends to go the victim-blaming route which is lazy, uninformed, and reserved for the conservative who still refers to sexually empowered women as sluts.

Regulating alcohol at schools or the money hungry bars adjacent to colleges is important, but teaching consent at an early age, while also discussing hyper masculinity will likely reduce the amount of cases reported.

A NIAAA report states, "Alcohol contributes to sexual assault through multiple pathways, often exacerbating existing risk factors. Beliefs about alcohol's effects on sexual and aggressive behavior, stereotypes about drinking women, and alcohol's effects on cogni-

tive and motor skills contribute to alcohol-involved sexual assault.

It goes on to say that it is never the survivor's fault; it is the sole responsibility of the perpetrator.

It is not just about alcohol, it is about entitlement and the "boys will be boys" mentality.

The equation of alcohol + individual does not equal rape.

Sexual assault is not the result of a couple of college bros having a night of drinking; it is the result of power and control that is programmed since childhood.

As a society, we need to change our outlook and start teaching children, young adults, and those around us about gender equality, the importance of "yes mean yes" and speaking up when witnessing sexual violence.

Oftentimes, the bystander's reaction is suppressed by fear, shock, or assuming that someone else will make the call.

During an emergency, a bystander's mistake of assuming someone else will make the call to authorities will not consider that other bystanders will think the same thoughts, which will, in turn jeopardize the victim's chance of surviving.

Kitty Genovese is a perfect example of this phenomena. In 1964, a woman was raped and repeatedly stabbed.

A total of 38 neighbors did nothing but witness and hear the incident.

A neighbor finally decided to call 911, while Kitty's neighbor Sophia Farar, consoled her while the police arrived.

The bystander effect is also named

the Genovese Syndrome due to a lack of by-stander involvement when a situation occurs.

According to sexualityandu.ca, most of these crimes go unreported.

It is necessary to teach about the bystander effect, the notion that when there is more than one person witnessing an emergency, people tend to not react or push responsibility onto others.

Also, teach that it is unjust to assume that others have already made a fateful call that can save the life of another.

Colleges should have a class specifically focused on the culture they house.

Cerritos College offers a program named Project SAFE, which discusses dating and domestic violence, sexual assault and stalking.

The program hosts a series of workshops each semester on a variety of subjects and also offers a plethora of sociology courses where these subjects are discussed.

The choice starts with each individual. If a college student became more mindful of his/her surroundings when drinking alcoholic substances, the level of awareness makes the likelihood of predator attacks minimal and also forms a tighter bond withing the community.

So many people (students included) are afraid of becoming involved in someone else's problems or causing a bigger scene, but they fail to realize that by doing so, they can save lives.

College students will drink no matter the circumstances, but if they watch for each other, they reduce the likelihood of assault.



FREE SPEECH ZONE

Do you think classes are overcrowded?

COMPILED BY:
ALVARO BAYONA

PHOTOGRAPHS BY:
BENJAMIN GARCIA

JENNIFER GUIJARRO
psycho-biology major

"The classes that I'm attending are not crowded. Most of the classes are about 25 students."



DANIEL WHITE
art major

"Classes are normally crowded during the beginning [of the school year] but they tend to thin out."



ANDRES CELIS
art major

"Yeah, I think classes are overcrowded. There are a lot of students trying to apply to Cerritos, there aren't enough classes for that many students. They should offer more math classes, [and] offer more classes at night."



ARMANDO ESPINOSA
computer science major

"No, I think [classes] are reasonable. Maybe in some classes at the beginning, but then people drop."



OLIVIA VALDEZ
child development major

"I think some classes can be over crowded. This is an over populated school. I would hire more professors and [build more buildings.]"



THE ENVELOPE

Give me tacos or give me death

BENJAMIN GARCIA
Co-Multimedia Editor
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"If you don't do something about it, you're going to have taco trucks on every corner," founder of Latinos for Trump, Marco Guterrez said on MSNBC.

The National Coalition for the Homeless estimates that 2.3 to 3.5 million people are homeless; 15.3 million children live in food-insecure households; and there are more than 23,000 Subway sandwich restaurants nationwide, and no taco-serving institutions at Cerritos College.

Every American is obligated to vote for Hillary Clinton so as to not disrupt immigration in order to expand the reach of ethnic food across the United States; and they should furthermore demand that ethnic food distribution be subsidized by the government, so that it can be free for the most vulnerable members of society.

The workforce is wasted on doing menial tasks that do not help anyone except the greedy corporate overlords who line

their pockets with the blood, sweat, and tears of the noble proletariat.

Allowing people to feed the hungry is a benefit of an easy pathway to citizenship; they would commit to work that is beneficial for this nation, as long as we get a president that gives more importance to domestic problems than foreign disputes.

Another benefit of admitting immigrant peoples with "dominant" cultures to serve ethnic food is the eradication of the abominable bourgeoisie's bistros on wheels, which lead the culinary gentrification that Los Angeles faces today.

The most efficient way of doing away with the hipster food trucks, is to seize the means of foodie production and turn them to outlets for healthy, organic food-free of carcinogenic substances such as GMOs is a basic human right.

The needs of the many include accessible ethnic food. It is true that socialist taco trucks on every corner is our civic right.

DAVID JENKINS
Staff Writer
@Mr_Sniknej

Regressing to Jim Crow segregation

white peers; this is absolute blatant racism!

These tactics are both illiberal and regressive. The proponents of this segregation are trying to fight intolerance with intolerance.

The latest that is seen of this situation is in California State University in Los Angeles (CSULA).

A campus group named Black Student Union demanded (more like dictated) that the university create a "housing space delegated for black students" and went on about the preposterous notion of "microaggressions."

Students who make these claims usually get what they demand due to intimidation and fear. People who disagree with these demands don't voice their opposition out of fear of being called a racist.

The University of Chicago opposed these isolated and segregated spaces by promoting ideas of the enlightenment, the "freedom of inquiry and expression."

The university wrote a letter to freshmen students saying;

"Our commitment to academic freedom means that we do not support so-called trigger warnings, we do not cancel invited speakers because their topics might prove controversial, and we do not condone the creation of intellectual safe spaces where individuals can retreat from ideas and perspectives at odds with their own."

This is what we need to do. Let's build intellectual spaces instead, where positions can be discussed, such as the issues of racial tension in our country. Allow these individuals to make their argument in a public forum.

You don't just demand people do things under the notion of oppression; you make your case to the public, and in return, the public may applaud or critique your case.

Let's not allow the diversity of people stifle the diversity of ideas.

Buddhism lecture shares new ideas

PERLA LARA
College Life Editor
@PsLaraLara

What does Buddhism have to say about the environment and climate change?

According to Philosophy Professor Kim Berling the answer is nothing, at least not directly in the original Buddhist doctrine.

However, she explained to a crowd of 17 people who attended her presentation on Sept. 6, the doctrine does have the concept of karma, which is talks about our actions being harmful or beneficial.

She said, “Do good and be good, if you live just by one rule of karma that would be it, do good and be good [...] human morality and connections with the environment are intimate.”

Berling’s main point was, “We can either negatively affect our environment or positively affect it. Our internal and external environment in early Buddhism is intimately connected.

“If I have ugliness inside of me guess what’s going to come out of me, ugliness. If I feel ugly and angry inside I’m going to then want to express that into my environment, I won’t have any problems throwing trash outside because I want the outside to match the inside.”

She continued, “Ecological Buddhism is a field that developed because the public wanted to know what Buddhism would say about the environment.”

Now there are books, websites, conferences, and centers devoted to Ecological Buddhism. However, for Berling, a Buddhist scholar, she had two criticisms for Ecological Buddhism.

She said, “The Buddhist said nothing about climate change so we really had to invent a field of environmental ethics for Buddhism, it’s really its own creation I’d say in the last 20 to 30 years. It’s a field that didn’t exist before.

“My little bit of a criticism of it is that some involved in it now are making quite a bit of money from writing books and opening environmental centers, that goes against the spirit of Buddhism a little bit, and that a lot of what these people are presenting aren’t authentic Buddhist ideas.”

Philosophy Club President Mohammed Hassan thought the presentation was interesting, he said, “It offered a really good perspective that you usually don’t get in America. I really enjoyed it, I really like when Dr. Berling comes to talk, it made me more interested in finding out about Buddhism.”

Other attendees were also drawn to the perspective of changing one’s inner self in order to change the environment.

Philosophy professor Timothy Chatman also thought the presentation was great, “It highlighted I have to work on myself if I want to change [...] It starts at home, I affect my brothers, my sisters, my mom and everybody so if I want the world to change I also have to be willing to look at myself”

Berling said, “You must work on your inner self for that to then affect your external interactions with everything, if you’re a mess inside everything you do then in your life usually ends up a mess but if you work on your self [...] then your outer life tends to respond to that, my advice is work on your internal life and let that spill out into the world in a positive way, in a beautiful way.”



The wait is over: Edmundo Leva, undecided major, receives his free In N Out burger after waiting in line. He was able to receive the burger with his valid student ID and current semester sticker. BRIANA VELARDE/TM

Free In-N-Out draws a big crowd

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Despite the lack of significant student foot traffic on Club Info Day, blue canopies offered sanctuary to those students who were interested in joining the various campus clubs available.

Campus clubs assembled at Falcon Square on Wednesday, to show their colors in the search for new recruits.

Community members listened to fellow students discuss the benefits that come with being a member over the diverse variety of voices and music, clubs such as anthropology, WPMD, Karbarkada Club.

Campus clubs can offer a sense of belonging and camaraderie, especially to new students.

Natalia Valdez, a member of MEChA found a sense of security in the club, “When I came here I didn’t know anybody and as soon as I found out Cerritos College had a club rush, I literally felt like I found home [...], a really huge support system to spread out diversity.”

Clubs help students succeed

Vice President of the Math Club, Armando Avila said, “Math Club is designed to be able to help people with mathematics and studying, any level of mathematics. Our current goal at this moment is to connect as many STEM programs to provide our members with some amazing opportunities not only with field trips but education.”

Clubs provide an outlet for students to have fun, be a part of campus life, and interact with other students who share common interests.

As Student Alliance for Equality Club Vice President Isaac Simons-Araya puts it, “Our goal is to help promote and advocate our social equality at all different levels so that’s religious freedoms, sexual identity, gender identity, and other different movements

“It’s really about creating a safe environment and a space for people to feel welcomed, people of all kinds.”



Warm Welcome: Franco Falcon giving a hug to art and graphic design major James Fernando Boror Lopez during the Welcome night event. As students stood in line waiting for their free In-N-Out burger the Cerritos College mascot greeted and entertained them. PERLA LARA/TM

Traditional welcomed

While Club Info Day was happening, In N Out brought a crowd of students to Falcon Square.

The first day of the event was at 11 a.m. on Wednesday.

Although the burger was free there were a couple of requirements in order to receive it.

Students and faculty had to have a valid Cerritos College ID and the current semester sticker.

Kimberly Silva, women’s studies major, said, “This is my first semester waiting in line for In N Out. I have my own food, but it’s free food so I can’t deny free food.”

Silva also stated that she would be more involved if the campus offered these free meals monthly.

Cosmetology major Cindy Palomo said, “I’ve been waiting in line for 15 minutes,

and I will stay in line as long as it takes. [The school] usually has this [welcome week] within the first two days so I expect a good turn out.”

Welcome Week is usually during the first week of classes.

For the current semester, the school decided to combine Club Info Day and Welcome Week.

Interim Dean of Student Services Frances Gusman said, “We felt that the clubs needed a few weeks to get a little bit more organized. A lot of times our students aren’t ready to pick up and go and put on an event of this size during the first week of school.”

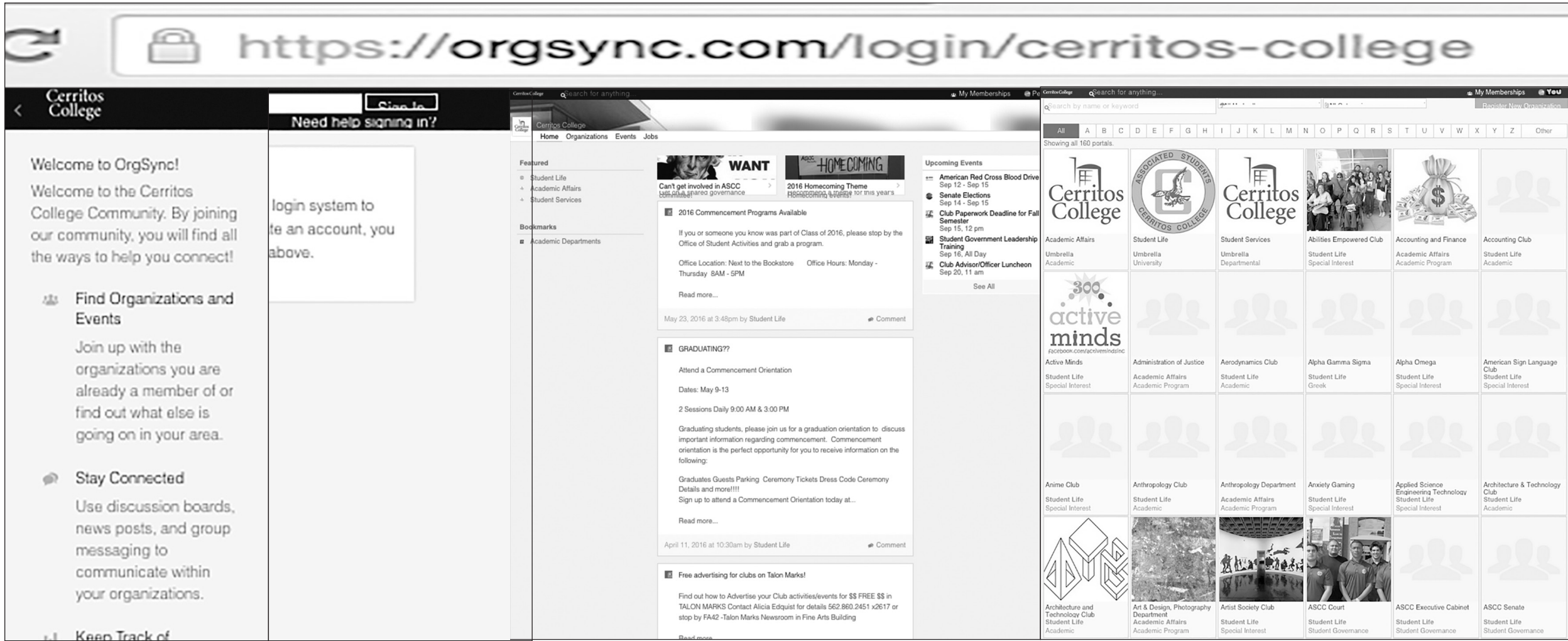
Edmundo Leva, undecided major, said, “Having welcome week is pretty cool, I only would have waited for 30 minutes max for the food.”

Club Info Night and In N Out

Welcome Week continued with Club Info night.



Burger worth the wait: Students waiting in line to receive their free In-N-Out burger and chips. According to ASCC President Saul Lopez 1,000 burgers were set to be given out to students. BRIANA VELARDE/TM



SCREENSHOTS FROM ORGSYNC.COM

OrgSync gains positive response from student body

JENNY GONZALEZ
Opinion Editor
@jennnnay44

OrgSync is an online platform ASCC funded to digitally organize the clubs at Cerritos College.

Kay Uraze, mechanical engineer major and BioChem Club member states, “I use it for doing surveys and to catch up on latest news with what our clubs are doing.

“If they have new events posted or need things like forms to fill out for trips [...] we have the forms right there.

“They’re posted and [...] we can send them directly to whoever we

need to send them to on OrgSync. It’s pretty cool.”

She stated that she can use the platform to stay updated.

“OrgSync is better in terms of connecting people and clubs together, so for me, someone who is part of multiple clubs, I need to know what is going on.

“Since I’m right there, [and] everything is right there, I can get a hold of [information] a lot faster, a lot better, [and] a lot more efficiently”

Amna Jara, Student Activities Coordinator, introduced the platform to ASCC. “I met the representatives from OrgSync at a national

conference and I was just really excited for an opportunity for us to be able to go paperless and for the clubs to have a centralized location where they can access all the information.

It took about 2 years for OrgSync to be implemented.

“When we started this semester, we had 284 users; right now, we have 366 users. In three weeks we’ve increased our users by 122 people [...] 41 clubs” Jara stated.

The deadline to submit a renewal application is on Friday.

Jara also mentions the time lapse between the introduction of the program through ASCC ap-

proval was two years.

She now only accepts electronic copies of all documents through the website.

Mary Guce, psychology major, said, “We’re going to try to have [the students or club members] link up on OrgSync this semester. I’m going to try to advertise our events in there.”

She adds, “I think it’s really helpful and it’s better to communicate like that.”

Joseph Escandon, from Commercial Music Club, states, “Yeah [we] are using OrgSync. Right now we’re allowing the members to tell us when they would like to meet. It’s

a poll that’s created [...] so we have an idea [of] what [day and time] works best.”

He also adds that he is in charge of managing OrgSync so he sends out a mass email of both club, and school events every Friday.

He adds, “I kind of take it upon myself to at least get our members that information.”

Not all clubs use OrgSync, Julia Plecnik, kinesiology major and president of the Triathlon Club stated, “[...] I’d rather be e-mailing and texting people instead of having them do it [on OrgSync]. I don’t check [it]. I only do forms- it’s just a lot easier for me [...]”

Abigail Machado, psychology major from Psychology Club, states, “I think it’s pretty interesting because they’re trying to push it for the clubs first and then the whole school overall.”

Pearl Netrayana, club representative for the Abilities Empowered Club stated that the club is on OrgSync but she still has to learn to use it. She plans on using it for the club.

Jara also mentions that “for the [students] that aren’t sure about how to access [OrgSync], they just come and talk to us. I have an open door policy so they can talk to me about it anytime. I sit down and I help them out with any problems.”

RE-ENTRY RESOURCE PROGRAM WORKSHOPS - FALL 2016

Scholarship Workshop

Join us as we walk through the Cerritos College Foundation Scholarship Application process

1. Learn how to apply and begin your application!
2. Get tips on how to write your best personal statement!
3. Get a detailed list of available scholarships!

Wed., Aug. 24 – 11-Noon & 3-4pm, BE 122
Tues., Aug. 30 – 11-Noon & 3-4pm, BE 122



Scholarship Drop-in Lab

Stop by our application clinic for help with your Cerritos College Foundation Scholarship Application!

Get help with...

- Scholarship matching and submitting your application
- Converting your transcripts and technical issues
- Letters of recommendation and more

Tues., Sept. 13 – 11-12:30pm, BE 122
Wed., Sept. 14 – 2-3:30pm, BE 122

Building Successful Communication Skills Workshop

Topics covered include:

- How to recognize miscommunication
- Common barriers to communicating well
- Active listening skills
- Four styles of communicating
- How to teach this to your kids

Thurs., Sept. 15 – 11-Noon, BE 109

Depression Workshop

Depression is a common illness that can affect anyone.

Attend our workshop and learn:

- The definition and symptoms of Depression
- What strategies to take to prevent depression
- Where to get help
- Maintaining a support system
- Referral information



Mon., Sept. 19 – 11-Noon, MP 203

Four Keys to Balancing Family and School

Do you find yourself sitting in class thinking about what you need to do at home? Yes? Then this workshop is for you. Topics covered include:

- Time management
- Study skills
- Building a support system
- Finding quality child care

Tues., Sept., 27 – 11-Noon, BE 105

Stress & Relaxation Workshop

Attend our workshop and learn:

- What stress is and how it manifests in your life
- Is there a cure?
- Common causes, signs and symptoms of stress
- How it affects children, adolescents and adults
- What you can do to build resilience
- Coping strategies to decrease negative effects of stress

Wed., Oct. 5 – 11-Noon, MP 211

Free Drawing Each Month

Attend at least one workshop listed on this flyer and be entered into a drawing at the end of that month.



Reasonable accommodations and/or alternate formats of this document are available upon request. Please contact Career Services at (562) 860-2451, ext. 2362 or email Shannon Estrada at sestrada@cerritos.edu a minimum of 7 school days in advance. Career Services is located in the Multipurpose Building 201.

ITT Tech closures mark the end of an institute

ALVARO BAYONA
Staff Writer
@talonmarks

Just like Rome, another powerful civilization has fallen. Of course, it wasn’t a real civilization, but a metaphor to describe this sudden surprise.

ITT Technical Institute, the place that once called the attention of many students and staff has plundered below the void.

It once held its ground with a firm belief of higher education.

According to the Chicago Tribune the shutdown leaves at least 40,000 students in 38 states to drop out and 8,000 employees without a job.

As of Sept. 6, ITT Tech has shut down all of their campuses.

In addition, students who took out loans for their tuition now have to deal with debt from the government.

According to CNN Money, the reason why ITT Tech shut down was due to the government deciding to take down federal financial aid for all the new students.

This affected the students since they rely on government financial aid for tuition.

According to breitbart.com, the United States De-

partment of Education banned ITT Tech from enrolling new students who use financial aid.

Jose Acedo, commercial music major, said, “I believe it was a good thing they closed down because the institute really misled students in education. I chose Cerritos College over an institute like ITT Tech because Cerritos has a better opportunity to succeed than a vocational school.”

He continued, “A degree can get you further and is better than a certificate. I feel as though the certificate you earn in a vocation school will limit you in your job while someone who earns a degree at school can go beyond.

“In fact, some jobs won’t even take certificates, and now with the ITT Tech problem, all those students are going to have to deal with debt, and that really hurts.

Nursing major Gloria Pozuelos said, “I didn’t think it was fair that the institute shut down because it left the students without a future. They struggled all they could in the time they spent in there, only for their home [ITT Tech] to shut them down.”

“I chose a place like Cerritos College rather than a vocational place like ITT Tech because I’d rather be somewhere local than go to a far place. I just hope the students can make it to their goals in a similar way.”

EDITORS’ PICKS

ED BOARD

@talonmarks

Issues you should know

- Co-Multimedia Editor Benjamin Garcia said, “You can get hepatitis b from an unclean toilet seats. Your personal health is important to the collective student body.”
- Sports Editor Monique Nethington said, “Do not share needles, be aware of what’s going in your body.”
- Arts & Entertainment Editor Briana Velarde said, “Sleep deprivation can lead to higher risk of chronic health problems, like high blood pressure, heart disease and strokes.”
- Opinion Editor Jenny Gonzalez said, “Cow milk has fat, puss and antibiotics that are given to the cow to produce more milk. Be careful.”
- Managing Editor Karla Enriquez said, “Human Papillomavirus vaccines are important and is something men under 21 and women under 26 could look into. The vaccine protects against cancers caused by HPV.”

Author stirs students

BENJAMIN GARCIA
Co-Multimedia Editor
@pieloverable

Author Reyna Grande was invited into the Cerritos College Student Center to speak about her experiences as a community college student.

The event took place on Sept. 9. Grande said, “My message for the students was to continue to persevere, [...], to have goals for the future, and to not let any obstacles inhibit them from becoming the people that they want to be.”

Grande listed the obstacles she had faced along the path of education.

These obstacles include being undocumented and living in fear of being deported, not speaking the vernacular or not speaking it well, domestic issues such as the presence of alcoholism and abuse and the lack of support in scholastic pursuit from either parent.

Grande continued, “I didn’t get help from [...] my parents to go to college, so I had to make it on my own. As a Latina, I encountered a lot of discrimination. Oftentimes, I felt that I didn’t really have much to contribute.

“Latino students especially have a lot to deal with. We are living in a political climate that’s[...] unfriendly[...] now more than ever, we need our Latino students to show the best. We are being judged harshly. I definitely think Latino students today can relate to a lot of the things I went through,” she said.

In attendance were students of Cerritos College and Norwalk High School, ESL specialists and community members who gathered to gain a better understanding of the struggles that Latino students face and to be encouraged to carry on despite these struggles.

Sara Borjas, who is a creative writing professor at University of California, Riverside explained her role in the event after Grande’s talk said, “I was contacted by Dr. Frank Gaik of the English Department, who asked me to speak about my experience as a writer and college student.

[This event was to] give [the students] an idea of what a path to college looks like as a Xicana writer and to give guidance and [...] encourage people to use college as a source of self development; to develop your own identity, to develop your family’s identity, and [to develop] the world you’re going to end up living in.”

Borjas, is a widely published Latina poet, who strives to be a voice for Latinos in the writing community.

She stated, “It was really dope being here. I was excited [...] to give guidance and inspire. Seeing all these people here makes me super grateful to be here and for [all] to be interested in doing the same things I’m trying to do.”

Public Relations Coordinator for MEChA Club, Natalia Valdez was present at the event and spoke about her reasons for taking the time to be in the audience.

“I came to represent [MEChA] and the school because we found out that Norwalk High School was here [...] and it also has a MEChA Club, and I read some of her books, I thought this was my chance to come see her.”

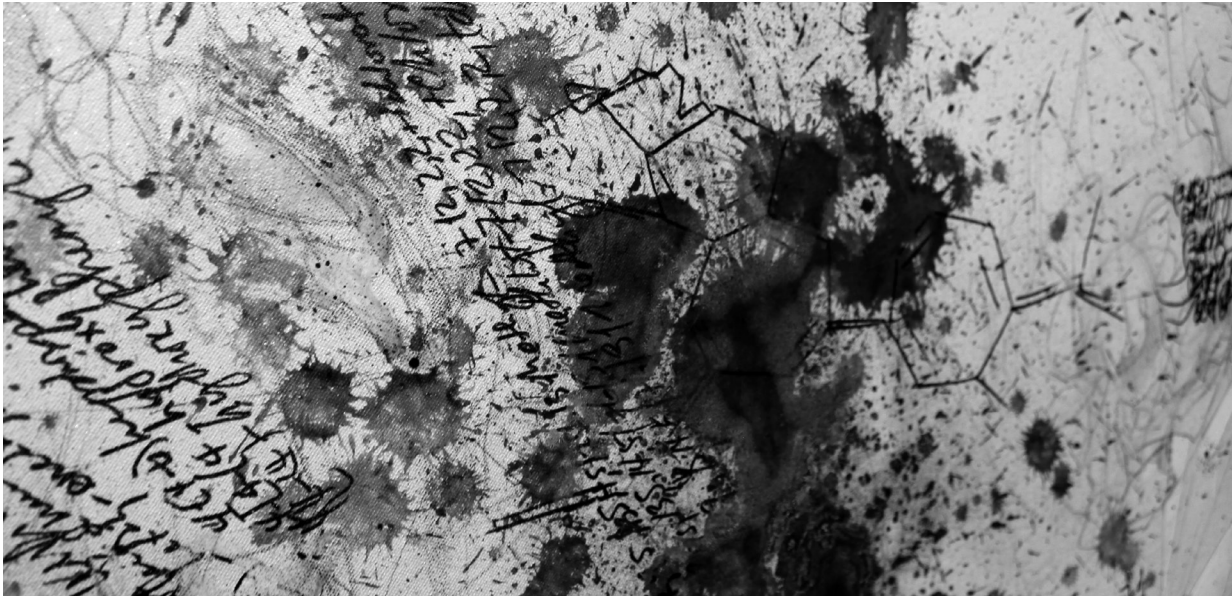
Valdez went on to say that the author’s call to action, “Dream with your eyes open” affected her. “I’m Puerto Rican and Mexican but I was born here, I have always felt like I was in between three borders.

“I don’t know what to do. I have never had a plan for myself and I think her words inspired me to find out what I want to do with my life.”

McPhee achieves solo exhibition



Abstract work: “A Single Dose of Synthetic Estrogen Can Prolong This Golden Hour” painting was one of Christina McPhee’s recent work. Students and faculty were all intrigued by this particular painting at the art gallery’s opening reception.



A closer look: McPhee incorporated the chemical compound of the synthetic estrogen into her painting. Military doctors from the Iraq War would inject soldiers with it to help stop bleeding.

BRIANA VELARDE
Arts & Entertainment Editor
@breevee_

Second Sight, a solo exhibition of recent work by conceptual painter and new media artist, Christina McPhee is now displayed at the Cerritos College Art Gallery.

Opening reception for the art work was held on Sept. 8 in FA 50. McPhee’s paintings are an ink-over-oil process.

Director and Curator of Cerritos College Art Gallery James MacDevitt said, “She starts with the oil and creates a spectrum of color and then starts to insert the drawing on top of it. Even though this is abstract work, there’s political undertones that are really powerful.”

Abstract Art

“A Single Dose of Synthetic Estrogen Can Prolong This Golden Hour” is one of McPhee’s paintings that kept grabbing the attention of many students.

The painting depicts the disintegrating and absorbent chemical IDs for estrogen.

The “Golden Hour” is a term used by military doctors on the battle field. If a soldier is wounded and if you get the person to a doctor within that hour the soldier can be saved.

McPhee said, “Synthetic estrogen had been sent by mistake to the battlefields in Iraq. The military doctors found if they injected the wounds with the synthetic estrogen that they can stop the bleeding.”

She incorporated the chemical compound of the synthetic estrogen into the painting along with red paint.

Francisco Tapia, studio arts major, was one of the students intrigued by the painting.

“I like that she relates her paintings to issues that are currently happening or have happened around the world. I see the abstract work that she brings when she adds certain quotes or even certain images that she adds.”

Second Sight is one of the first

solo exhibitions since MacDevitt took over the gallery seven years ago. He was so impressed with McPhee’s work he thought she deserved a solo presentation.

McPhee has switched to new media and video based art.

She became the founding moderator of one of the most important online platforms called “Empyre” based out of Cornell University.

She has been leading discussions for new media for the last 15 years.

Book Debut

There will be two other events happening beside opening reception.

“We are going to have an artist talk on Monday, Sept. 19 at 6:30 p.m. in FA 43. We are also going to have a closing reception along with a book release,” said MacDevitt.

There is a book coming out with Punctum Press called “Christina McPhee: A Common Place Book.”

The closing reception will debut her new book. The reception will take place on Saturday, Nov. 12 which is a Saturday to invite the outside community and will be the last day her work is displayed.

Solo Exhibition

MacDevitt went to visit the Central California coast at the beginning of the summer to see McPhee’s work.

“I drove five hours to see her work and selected pieces that would showcase her practices right now,” he said.

McPhee displayed her work here at Cerritos College because she wanted to see if students would be excited to look at this work and see all of the elements in it.

Jordan Wng, arts major, said, “I like how her work looks like it wasn’t done with much thought but it obviously was. I see a lot of chemical formulas, writing and texture its just crazy.”

Latina poet and librarian promotes literacy

BENJAMIN GARCIA
Co-Multimedia Editor
@pieloverable

Cerritos College Faculty Librarian Paula Pereira and professor of creative writing at University of California, Riverside, Sara Borjas were invited to speak at Hear My Story, Know My World literature celebration.

The event took place on Sept. 9 at the Student Center.

Literature Celebration

“I decided to talk about my book and encourage [students] to talk about their life stories as well hear my own. I was an ESL student myself when I first got to Cerritos College, that inspired me because I couldn’t find many books that would be appropriate for adults.

“I decided I needed to do something about it,” Pereira explained about the choice to write, illustrate, and self-publish her book, “How I Learned English: The Story of a Brave Mexican Girl.”

During the portion of the event, which was allotted to her workshop, she told the attendees her story and led them through a brainstorming session to set them well on their way toward telling their own story of struggle and success.

The first 50 people in attendance of the event were given a free copy of Pereira’s book.

The book aims to motivate English learners to become proficient in the language.

In addition to having published her own book, it will now be used in ESL classes at Cerritos.

Book Process

The faculty librarian came to the United States from Brazil without fully knowing English.

As a result of the language barrier she lived through many experiences common to Latino immigrants in Cerritos’s ESL classes today.

Paula Pereira continued, “I was working in a library in Texas at the time I wrote the book. There were a lot of ESL students but I noticed they were not being motivated, so I wanted to motivate them. I wrote it and illustrated the book too, it took me three years to learn how to draw and paint.”

The book is a short paperback picture book. It is about a woman who immigrates to Texas from her family’s ranch in Mexico.

She finds a job in a Mexican market where she makes friends with people who share her culture and then pushes herself to learn English and get an education.

“My book is to inspire people who are learning English. I have students from middle and high

“I wrote it and illustrated the book too, it took me three years to learn how to draw and paint.”

PAULA PEREIRA
Librarian

schools and colleges across the country reading it.

“I have received a lot of feedback from ESL students [as well as] instructors who use it in their classes as part of their curriculum.

Student Feedback

“The students love it, it resonated with them because the main character goes to college and achieves the American dream.”

Borjas also had a talk; the talk revolved around the value of making the choice to college, especially as a Latina who grew up in a dysfunctional home, and the need for solidarity amidst Latinos, especially ones who write.

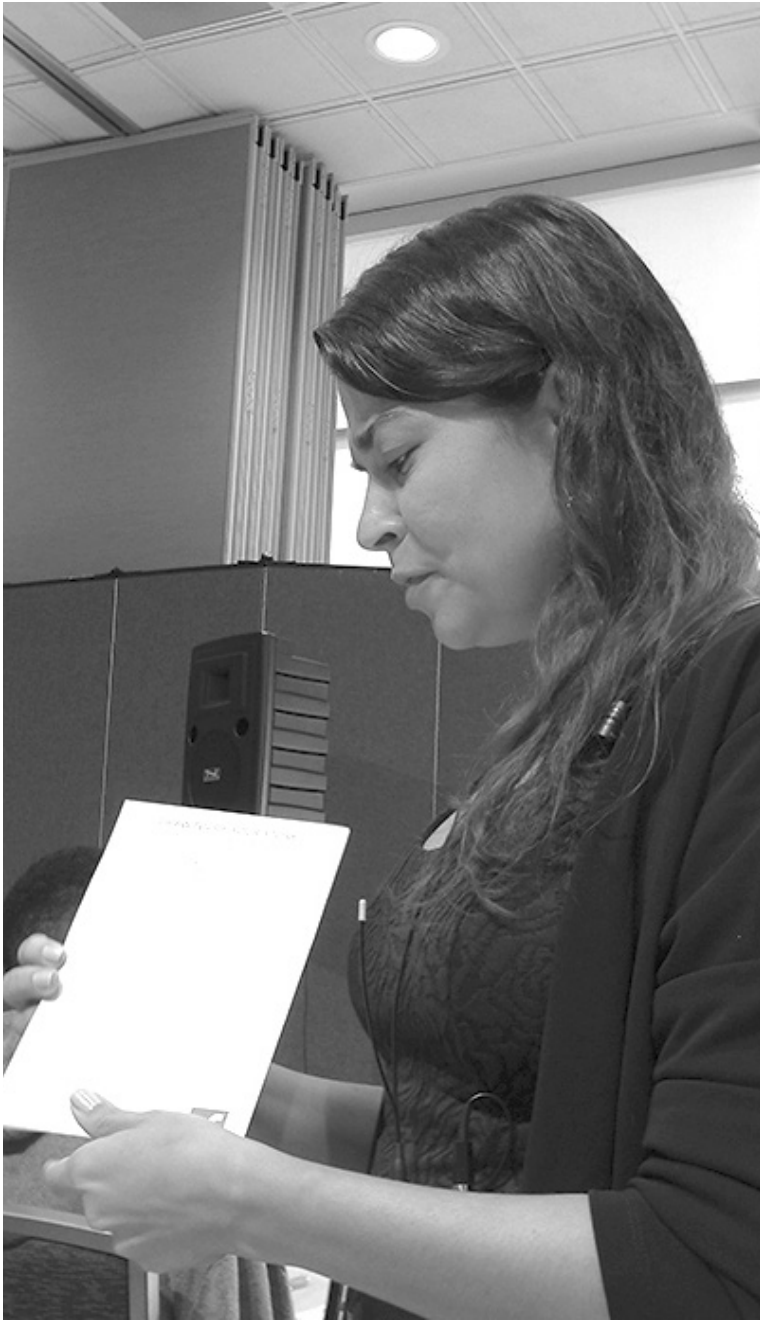
After the talk she stated, “I really strive to be a part of the community and to strengthen it, not only the writing community, but Latino writers, people who don’t see themselves in literature often until they take a Chicano studies class or a Latino literature class.

“I’m trying to maintain [Latino visibility in literature] but also be a part of it by speaking about it and by reaching out and helping people that look like me.”

Public Relations Coordinator for MEChA Natalia Valdez was in attendance to represent her club.

“In the past I felt like I have always had to settle because I’m limited.

“She went to community college and I’m in community college[...]I think I found peace of mind.”



Tell me your story: Paula Pereira wrote, illustrated and self-published her book: How I Learned English: The Story of a Brave Mexican Girl. Here she is leading the students in writing their life story.



MONIQUE NETHINGTON/ TM
Post-game rally: Football head coach Frank Mazzotta (center) speaks to the entire team after a disappointing 31-19 loss to the Fullerton College Hornets. This is the first time since 2011 that Cerritos Football has started the season 0-2.

Football struggles continue

By MAX PEREZ
Staff Writer
@talonmarks

The Cerritos Falcons struggled for the second consecutive week at their home opener, losing to the Fullerton Hornets 31-19. The offense had problems in the passing game as evident by the combined nine for 25 performance through the air. Coach Frank Mazzotta said, “Offensively we’re not where we should be.” Starting quarterback Nick Mitchell had a hard time getting into rhythm, throwing seven and 18 for a total of 87 yards with one touchdown and one interception. His performance led him to being pulled in the fourth quarter, and backup quarterback Connor Crook

taking over. Points for the Falcons were few and far between due to their inability to consistently score. In the first quarter, Mitchell threw a screen pass to running back Kishawn Holmes that went for a 47-yard touchdown. The only other touchdown of the game for the Falcons was a two-yard touchdown run by running back Querale Hall who ended the day with 87 yards rushing. The Falcons scored a field goal in the second quarter, and in the fourth quarter, Fullerton quarterback, Jordan Hoy intentionally ran out of the back of his own end zone with four seconds left giving the Cerritos a safety.

Continued on Page 8

Women’s Water polo strong season start is interrupted

MONIQUE NETHINGTON
Sports Editor
@sniquee94

The women’s water polo hits off the beginning the season with a 4-1 record. Already having played one conference game, and a weekend long tournament, the team has the momentum to move forward with a winning record.

Cerritos vs Rio Hondo

In their season opener the Falcons went up against conference mate Rio Hondo. They were able to out play the Road Runners, and win, with a score of 18-3. Although the team had a few mistakes early in the first quarter the women were able to gain comfortability, and gain dominance on the scoreboard. “We were nervous,” Coach Sergio Macias said, “[We had] five turnovers, a lot of missed opportunities [and] first game jitters.” The nervousness and mistakes were nothing to be too concerned about. As the game went on, the team found its footing and began performing at its skill level. “There was no reason to panic,” he said, “We just kind of got better, more comfortable [and] more confident throughout the game.” Sophomore, two meter position holder, Vanessa Hinojosa really got the game rolling scoring the team’s first goal of the day. She was able to record four of the first five goals of the game. “As a new team [we] are playing pretty well overall,” Hinojosa said as she commented on the team’s overall performance in the game. In the second quarter, the Falcons led defensively having a total of 15 steals recorded at the end of the game. Three of which were credited to sophomore Channon Owens who was the team leader in steals for the day. Going into the second half, Cer-

ritos took a commanding lead over the Road Runners extending the score to 12. Freshman Isabella Sierra was a big stand out for the team scoring the first goal of the third quarter. She followed that up with an assist to Hinojosa who scored the next goal, as well as scoring her second goal of the game. This all took place in a span of just a little over two minutes. The dominance continued well into the last quarter completely shutting down Rio Hondo’s offense not allowing any shots to hit the back of the net. Cerritos was able to finish the game off with five consecutive goals to finish with a total of 13. A good thing through the entire game that Coach Macias saw was “everyone contributing.” “We had six or seven scorers, which was good to see.” “Our bench players that came in played with some confidence which was good,” he finished.

Cuesta Tournament: Cerritos vs West Valley

The women traveled to Cuesta College in San Luis Obispo to compete in a tournament. On the first day of the tournament the Falcons faced West Valley College where it shutout since 2012 and finished the game with a score of 13-0. Although the season opened well, there were still some concerns coming from some of the players. Hinojosa said, “We need to play smarter, communicate better and [we need to] be more aggressive.” Communication also commented on the teams communication. She also said the team needed to have, “sharper defense and needed to come out stronger in the first quarter,” Doing what Prohroff and Hinojosa hoped the team would, it came out strong in the first quarter posting the first five of 13 goals in the game. Sophomore Mikaela Padilla, proved to be a powerhouse leading

the team with four goals. She went to score two of the first five goals in the first quarter while Sierra scored the number one goal with the help of Padilla. Sierra also went on to score the last goal of the quarter as well, which followed a goal by Prohroff in the third minute. Adding to the lead and to an already strong individual season Hinojosa scored the beginning of the second quarter. It was followed by Padilla, who went on to score her third goal of the game. As the second quarter went underway and the shut out continued again. Padilla started off making a statement scoring the first goal of the half. In total the women had six different goal scorers with the team totaling 37 shots on goal. The teams also totaled nine assists and 22 steals.

Cuesta Tournament: Cerritos vs Cuesta College

The momentum from the shut-out continued over to the next game. The Falcons competed against the host school Cuesta College. The women of Cerritos would go on to win the game 15-4. The team began the game scoring two goals however Cuesta answered back scoring two goals as well. It left the first quarter with the game tied. However, the Falcons answered back scoring five goals that would go uncontested. Sierra would prove to be the standout player in this match scoring in all four quarters for a total of 4 goals, and having three steals in the game. Defensively Owens and Hinojosa shutdown Cuesta’s offense accounting for nine of the 18 steals in the game.

Cuesta Tournament :The Final Day

The following two games would

prove to be not as strong as the they previously played. In the game against Diablo Valley, defensively the team did not perform. They allowed 5 goals to find the back of the net during the game. The Falcons did score 10 goals in the entire match which seems miniscule to their previous 15 and 18 point scores. The team would go on to win holding Diablo Valley to just those five goals. The final score recorded was 10-5. The weekend, unfortunately ended in disappointment. The Falcons ended the weekend with a 13-7 loss to the Santa Barbara

City College Vaqueros. The 1-0 nothing lead in the first quarter quickly turned to a 6-1 deficit in favor of Santa Barbara. Cerritos would get off another shot off that would find the back of the net during the second quarter. However, as the game continued the Vaqueros too a commanding 11-2 lead against the Falcons. Even with another tremendous performance by Sierra late in the fourth quarter the team could not come out with the win. She posted three goals in the quarter and four throughout the entire game. Unfortunately, the good attempts did not weigh the mistakes made earlier and with a total

of 19 turnovers Cerritos ultimately lost the game. Going forward Coach Macias he wants to see everyone, “Continue to give the same effort, learn from our mistakes [and] accept mistakes because [the team] is just part of the game.” “[We need to] just grow as a team and build more of a cohesive unit, amongst this group.” “That will hopefully make up for what we lack as far as talent,” he finished. The women have their home opener Wednesday at 3 p.m. The team will host East Los Angeles College in the first conference game of the season.



MONIQUE NETHINGTON/ TM
Preparation: Attacker Valeria Barboza begin to set up a play in a team scrimmage. This was in preparation for the Cuesta Tournament where they would go 3-0.

THE CHATTERBOX CORNER

With grace and poise, Sager continues to battle Leukemia

“That’s when it truly hit me, you are loved by so many not by what you do but who you are. People love you because they feel like they know you.”

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Scan to read The Chatterbox Corner

http://bit.ly/2c7hapB

VOLLEYBALL

Fall 2016 Schedule: Up-coming games

Wednesday: at Riverside 5 p.m.

Sept. 23: vs El Camino 6p.m.

Sept.28: at El Camino Compton 6 p.m.

Sept. 30: vs Long Beach City College 6p.m.

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WOMEN’S SOCCER

Fall 2016 Schedule: Up-coming games

Wednesday: at Monterey 1:30 p.m.

Friday: vs Clark College at Vancouver (WA) 3:30 p.m.

Sept. 25: at Fresno City 11 a.m.

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CROSS COUNTRY

Fall 2016 Schedule: Up-coming games

Friday: SoCal Preview Meet at Irvine Regional Park 9 a.m.

Sept. 23: Golden West Invite at Central Park (HB) 9 a.m.

Oct. 7: Foothill Invite at San Bernardino 9 a.m.

VISIT TALONMARKS.COM/SPORTS

WRESTLING

Fall 2016 Schedule: Up-coming matches

Saturday: at Mt. SAC Duals 9 a.m.

Sat., Sept. 24: West Hills Tournament 9 a.m.

Sat., Oct. 1: at Santa Ana Tournament 9 a.m.

VISIT TALONMARKS.COM/SPORTS



It's a draw: Midfielder Edwin Corona works his way up the field through an Oxnard defensive player during Tuesdays game. The game eventually ended with a 2-2

MONIQUE NETHINGTON/ TM

An average start to a hopeful season

By MONIQUE NETHIN
Sports Editor
@talonmarks

After a disappointing 2015 season the Cerritos men's soccer team has had an impressive start to the current season earning an early record of 2-2-2.

The men began their season with a non-conference win against Citrus College.

After a 45 minute delay due to bus complications Cerritos finally made it to the field, and obtained a 7-0 over Citrus

Team captain Austin De Medeiros said, "We started [by] getting the ball, going forward and not stay-

ing on our half too long."

"When you are constantly going at the other team you're going find their holes and gaps to fill," he added

Cerritos jumped at the opportunity to take an early lead with a Luis Garcia Goal.

Less then 30 seconds later sophomore Edwin Corona scored his first goal.

This was the first of three goals for Corona. He returns this season after being a red shirt player on last season team.

"Well it's good. I shouldn't have taken a year off," Corona said, "Things happen [...] I am glad to be back."

The men dominated on defense

holding the Owls to just two shots on goal and only one on target.

Later that weekend the team would travel to Hartnell College to participate in its tournament.

They finished the weekend with 1-1-1 in the event.

The only successful game of the tournament was against LA Mission. The game proved to be a close call with a final score being 3-2.

In regards to the performance has a whole in the tournament play Corona stated that, "It was kind of harder. We couldn't handle the pressure."

Moving on from as mediocre performance at the Hartnell Tournament the Falcons went onto play

Golden West College.

It was a close game overall with both teams being held at 0-0.

In a last ditch effort the Rustlers were able to capitalize on a Cerritos mistake and score the only goal of the game.

"We just had a mental breakdown toward the end of the half," Corona said.

He then repeated, "We just couldn't handle it."

In Tuesdays game against Oxnard it was again an average performance with the game ending with a 2-2 tie.

Coach Benny Artiaga said "We did well, we executed the gameplan [and] we played hard."



MONIQUE NETHINGTON

Injury to insult: Linebacker Kijon Washington is being assisted off the field by Brian Cable and an assistant after suffering an ankle injury in Saturday nights game. He would later return to the game after receiving treatment.

Football struggles

Continued from Page 8

The Falcons played a physical game, but defensively they were not able to stop Hoy who threw for 230 yards and ran for another 123, with three total touchdowns.

Coach Mazzotta thought the team, "Played a lot of defense."

He added, "We put our defense in some tough spots."

But he didn't use that as an excuse, saying,

"We didn't play good defense at times."

Outside linebacker Brevenn Howard stated, "I feel like we just needed to come out with more intensity."

Running back Kishawn Holmes admitted that the team had a lot of "little mistakes."

Coach Mazzotta stayed optimistic stating, "We're getting there."

Players on the team shared the same optimism of their coach.

Howard stated, "After this, we shouldn't lose again."

Coach Mazzotta added that, "It's

hard for people to see the progress, but we can see it."

Holmes had strong feeling about the game.

He even went as far as to say, "We outplayed them by far, it's just [that] you make mistakes and the other team capitalizes [on them]."

Holmes also went on to sing the praises of his offensive line saying, "They played their [lives] out."

Howard seconded Holmes statement by saying, "They play very fast. They're very strong."

The defense had some problems in this game, coach Mazzotta stated, "We just weren't making tackles."

But Mazzotta concluded that, "We don't give up and we're going to get better."

Although the Falcons have had a rough start to the season they are not letting it effect their mind set towards the coming season.

About next week's home game against Palomar, Holmes stated, "I'm always excited for every game."

Cerritos men's water polo team has hot start to season

By MAX PEREZ
Staff Writer
@talonmarks

The men's water polo team started its extensive first week with seven wins and only one loss.

Cross Country Road Trip

The season began with a cross country trip to Maryland where the team participated in the Naval Academy Tournament.

On the first day of competition the team came out and won all three of its games against Salem International University, (20-13), Navy "B" team, (19-18) in overtime and Penn St-Behrend College, (23-7).

The team's depth showed as scoring was coming from a multitude of players, and both freshman goalies Matthew Contreras and Jason Curiel were able to play very well.

In the second day of competition the Falcons came away with one win and one loss.

Coach Joe Abing said, "The travel definitely caught up to us on Sunday."

The team won its first game against Mckendree University (IL) (14-11), but lost its second and final game against Gannon University (PA) (11-10).

The last day of competition was not as easy for the Falcons.

Prior to the second day of competition one of the team's van was broken into while sight seeing in Washington D.C. and half of the team's equipment was stolen.

This proved to be a tough blow to the team and was a possible reason for their lackluster play on the second day.

Driver Anthony Govoni stated, "We thought we weren't going to play our last game, so everyone got kind of lazy."

Coach Abing went on to say, "We were mentally pretty beat up,

in addition to being physically tired. By the end of the trip we were pretty beat up."

"It was a really good bonding experience," Abing stated while later adding, "[It was] definitely a success."

Driver Jeffrey Park agreed with coach saying, "We meshed pretty well during the tournament."

Cerritos vs Rio Hondo

After returning home from D.C. the team played its first conference game of the season against Rio Hondo where the team won in a convincing fashion beating them 17-4.

Against Rio Hondo, the team was able to again show their depth with nine different players scoring and both goalies Contreras and Curiel combining for seven saves.

Brothers Angel and Jesus Rojas proved to a power house duo for the match.

A. Rojas recorded six goals for the day and nine steal. Leading the goal scorers of the team.

While his brother put down five assist and three for the day.

It was also a good day for newcomers. As there were three freshman goal scorers.

Abing was pleased with the game and added "Lots of depth [...] so I'm able to rotate a lot of guys that we're able to wear other teams down."

Tournament Play

Cerritos continued its hot start with games against Citrus and Palomar as a part of the Golden West Tournament.

The Falcons were able to pull out two wins beating Citrus, 22-10 and Palomar, 17-11.

The team was lead by Angel Rojas and Ever Resendiz, who both scored 12 goals in the tournament

according to the Cerritos Falcons website.

However, coach would like the team to limit turnovers, and to simply "keep getting better"

Park believes in "defense first," and that communication is key as well as making the most of the opponents mistakes.

Govoni simply thinks the team needs to not take games lightly.

After an impressive first week of playing from all players, Angel Rojas who according to Abing is, "One of the best players in the state."

Rojas is currently leading the team in goals(46), assists(20) and steals(24).

If Rojas continues his level of play throughout the season he has a chance to have more than 100 goals, assists and steals in one season, an accomplishment he was one assist away from completing last year.

Coach Abing believes that the way this season is going to be for Rojas he will have a good chance to meet the mark.

"Teams are going to be double teaming him a lot, so I would anticipate he's going to have a high number of assists."

Ever Resendiz, who coach described as "a really strong defender," is second on the team with 20 goals.

The team is off to a great start but coach thinks for this team to stay at this level it will need to stay focused.

"We need to be careful we don't get over confident," Abing stated, "We just need to keep practicing hard."

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“We thought we weren't going to play our last game, so everyone got kind of lazy.”

— ANTHONY GOVONI

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CAREER SERVICES WORKSHOPS

FALL 2016

Choosing a Major

Explore major and career choices through this hands-on workshop

Thurs., Aug. 11th, 2-3:30pm - BE 121

Tues., Aug. 23rd, 1-2:30pm - BE 121

Wed., Aug. 31st, 2-3:30pm - BE 121

Wed., Sept. 7th, 5-6:30pm - BE 122

Mon., Sept. 12th, 4-5:30pm - BE 117

Thurs., Sept. 15th, 11am-12:30pm - BE 121

Tues., Sept. 20th, 2-3:30pm - BE 121

Thurs., Sept. 29th, 11am-12:30pm - BE 121

Mon., Oct. 3rd, 2-3:30pm - BE 121

Wed., Oct. 12th, 4-5:30pm - BE 117

Thurs., Nov. 17th, 11-12:30pm - BE 121

Resume Basics

Learn the basics of resume structure and content

Mon., Sept. 19th, 2-3:00pm - BE 116

Tues., Oct. 4th, 11-Noon - BE 106

Thurs., Oct. 6th, 11-Noon - MP 203

Tues., Oct. 11th, 6-7:00pm - BE 106

Mon., Oct. 17th, 1-2:00pm - BE 116

Tues., Nov. 8th, 11-Noon - BE 106

Resume Critique Walk-ins

Quick feedback on resumes

Wednesdays, 3-4pm starting in Sept., MP 201

Prepping for the Job Fair

Find out how to market yourself to employers

Tues., Oct. 11th, 11:00am-Noon - BE 106

Career Café

Join us for cookies, coffee, and conversation on various career-related topics!

Mon., Sept. 26th, 2-3:00pm - MP 201

Mon., Oct. 31st, 2-3:00pm - MP 201

Mon., Nov. 28, 2-3:00pm - MP 201

INROADS Internships

Thurs., Sept. 1st, 11am-Noon - BE 111

Enterprise Rent-A-Car Info Session

Tues., Oct. 18th, 11am-Noon - LC 217

Interviewing Techniques

Discover tips & techniques to prepare for job interviews

Wed., Sept. 28th, 3-4:00pm - BE 109

Tues., Oct. 25th, 11-Noon - BE 106

Disney College Program Internships

Learn about opportunities and requirements to apply

Tues., Sept. 13th - 11-Noon - BE 106

SAVE THE DATE!

Major's Fair-Tues., Sept. 20th, 10:30am

Job Fair - Tues., Oct. 18th, 9:30am

Falcon Square

Reasonable accommodations and/or alternate formats of this document are available upon request.

Please contact Career Services at (562) 860-2451, ext. 2356 or email us at career-services-info@cerritos.edu a minimum of 7 school days in advance. Career Services is located at MP-201.