

TALON MARKS

CERRITOS COLLEGE

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All hail the queen: Megan Kim was named homecoming queen on Saturday. She was escorted by her friend, Jonathan Lim, and she was sponsored by Phi Theta Kappa.

Kim takes home the crown

BRIANA HICKS
News Editor
@askCelena

“I was pretty confident after elections because a lot of people told me ‘oh, I voted for ballot number two,’ which was my number. But I was still shocked when [my name was called],” expressed homecoming queen Megan Kim.

During half time at the homecoming football game, the winner for homecoming queen was announced, and much to Kim’s surprise, she won the crown.

“I’ll be honest [...], this is my second time [running for] homecoming [queen, and] I was a princess last year. I didn’t win obviously, but what I learned was I [campaigned] too hard for the princess round.

“It’s top seven, people [can] vote for seven people, so for the princess round [this year] I didn’t [campaign] too hard. I just [sat] by the voting stations and [said] ‘hey, if you’re voting, vote for me.’”

She continued, “For the queen [campaigning], I went all out. I got posters, my friend Alexa Mendoza designed the poster, and flyer[s], and t-shirts for me. I made 43 t-shirts [and] handed them out to students. Students were walking around advertising me [in my t-shirts] and I had my poster[s] ev-

erywhere.

“I went to see the football team, wrestling team, baseball team, and [also] this is when all my friends came out to support me. They didn’t campaign [with] me in the princess round, so they campaigned the queen round.”

Kim did admit that campaigners and candidates were making fun of her because she was in a dress, but she had on running shoes.

“They were saying [things] like ‘oh my gosh, you’re really running people down!’” They were throwing [insults] at me, and I noticed it. They didn’t think I [would].”

She expressed that she did not want to reveal the name of the campaigners and candidates who were making fun of her.

“It was really hard, but I did manage to ignore them. What I did was, I focused on myself a lot because as soon as I [would’ve gotten] distracted [I would’ve lost the campaign]. Even though they were yelling over me, [and] they were laughing at me, I just ignored [them].”

Kim said she was successful in winning people over by telling them all the things she had accomplished for the students at Cerritos by being apart of student government.

“[Students] seemed to really like it. [People would tell me] ‘you

worked hard, I’m [going to] vote for you.’ My friends [also] said some things [to help me get more votes].”

Princess Bailey Ann Spillane, sponsored by the Math Club, admitted that she was honestly disappointed because she thought that she could break the mold as a woman in a wheel chair accompanied by a transgender woman.

“We were really trying to break the mold and be the face of the future. We were trying our best, but you know, it is what it is.”

She continued, “We didn’t work that hard [to campaign] this time around, only because as [the president of the Math Club] I will not miss class for something like this. I wasn’t going to do that and be a bad role model for the rest of my students.”

Princess Elizabeth Aceves, sponsored by Karbarkada Club, expressed that she knew that because Kim put in a lot of effort, time, and money into campaigning, it wasn’t really a surprise that she won the crown.

“But it’s like good for you, you worked hard for it. I didn’t campaign as hard [because] I was [...] new to this. I just talked to people [and] passed out some flyers, but I wasn’t campaigning with

posters, [or] candy.

“[I only campaigned in my] classes. [...] Other people that were campaigning for me, [went] into other classes and I was kind of busy either with tennis practice or I had to work. This wasn’t my priority.”

She continued, “I wasn’t disappointed, I mean, I don’t think [Kim] was the best candidate. If you look at the [princess] election, she had [less votes than Bailey and I], so it’s kind of like how did she out of nowhere [win the queen elections]. But like I said, she did campaign harder toward the end. You probably saw her running around campus.”



Crown fit for a queen: Megan Kim said she was shocked when they announced her as the winner. She used her loss from last year’s election to help her win this year’s election.

Low enrollment top priority for Cerritos faculty

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Cerritos College has gone through some major changes the last few years, from a new president to new buildings and even a change in enrollment.

On Oct. 5, at the board of trustees meeting, Dr. Fierro gave a presentation about where the college was in terms of enrollment.

Fierro explained that enrollment has been declining in the last year and hasn’t improved.

“Our enrollment started to decline at the end of the fall semester and became more noticeable in the spring semester,” he said.

During the presentation he went on to explain some of the factors that may have an effect on students signing up.

The biggest one is the unemployment rate. The current unemployment rate is 5.3 percent in LA county, which is the lowest in the last seven years.

Fierro went on to say, “Historically, when the economy improves, enrollment goes down.”

Due to the fact that the economy is stronger, more jobs are provided, and thus students are choosing to go straight to work rather than go to school.

In addition to that, another external factor in lower enrollment is that full-time students are reverting to a part-time schedule in order to get a job or deal with family circumstances.

For Fierro and the school, the goal is to increase full-time equivalencies to meet the

base the state had set.

“The current projections is to generate \$17,250 full time equivalent students

but we want to increase that and we are working to increase that to \$17,619 to be able to meet the base that was assigned by the state,” he said.

Student trustee Karen Patron gave a positive reaction regarding the low enrollment situation.

“Dr. Fierro is finding ways to increase our FTES by offering more courses, which will not only benefit new students, but students currently enrolled,” she said.

Offering more courses is the main strategy to increase FTES, but there are several in the works.

Some of the ways stated are:

- Increase the number of sections offered for Fridays and weekends
- Increase the number of hybrid courses with block schedules
- Increase the number of online courses
- Dual/Concurrent Enrollment programs at local high schools
- Finish the development of full online programs
- Maximizing summer schedules

A number of nine-week courses have been added and numbers have been steadily increasing according to Fierro.

The goal for the spring semester is to increase the number of sections per course and have a robust set of courses during the summer to make sure the school hits its mark.

Cerritos looks to implement online degrees

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For accounting major Kelsey Budgett, online classes are beneficial because some students don’t like making the everyday commute to college.

“I’d rather just come two days a week, so if I can’t fit them all in one day then I usually just resort to online.”

She noted that she is currently taking an online class and that’s usually how she takes her business classes.

According to College President Dr. Jose Fierro, there hasn’t been a need to expand the number of online classes.

However, there is a growing demand. “Many of our students want the option

to take online classes. This change will require us to work together and develop a process that provides support for faculty and students,” he said.

According to Fierro, general education courses are in high demand.

The college president feels the institution should move toward combination classes that would allow students to get their degrees online.

Welding major Daniel Gonzalez said, “I think it would be a good idea, however, there are certain things you would have to say no to and yes to.”

Budgett also sees this as a good move because she knows students with children who would be interested in online degrees.

Fierro said that faculty and staff would need to start planning a way that will allow

students to utilize the current online classes offered and figure out a set of online classes to help students receive their degrees from home.

“[...] We need to look at our current offerings and complement them with classes that would allow our students to finish a degree program 100 percent online.

“I know this is a conversation that would take time and would require the expertise of our faculty and staff to make it work in the best possible way,” he said.

However, not all students see online classes and degrees as something they would be interested in.

Art history major Judy Lin said, “I do not like online classes, [because] I don’t see my professor[s] personally. Seeing them keeps me focused and it’s better, I’m better

with regular class sessions.”

Gonzalez agreed with Lin citing the inability to be hands-on with online classes.

“I feel that they are good, however, I feel like it defeats the purpose i.e. if you are doing a hands-on class. You can’t do a welding class online, unless you are going to weld your computer together,” Gonzalez said.

However, he feels online classes are great to fulfill general education requirements.

“There are certain things they’re not great for. I would take standard curriculum like English or Math, I wouldn’t take science because I feel like that is more hands on.

I would do some of the things that I just show my work or something that solves a problem. I don’t want to take an online class that I would rather have a hands-on approach to.”

Fierro is also looking into offering more hybrid classes for students. Hybrid classes are when students only come to class once a week for their class meeting time, while they do online work for the second class meeting.

During fall semester, the college is offering more than 200 online sections such as English, business, computer and information sciences, accounting, among others.

A plan was discussed during the Oct. 5 board of trustees meeting to increase weekend and online classes to meet student’s needs.

Fierro said, “We are working on this plan as we speak, and I am hoping we can begin seeing these classes during the spring semester.”

Mother's Comfort Room opens

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New Mother's Comfort Room is now available to students and staff members on campus, it is designed for the sole use of new mothers.

On Sept. 29 Miya Walker, director of College Relations and Public Affairs said, "The idea for the Mother's Comfort Room came from Maria del Carmen-Lizarraga, Administrative Clerk II, Technology.

"Carmen-Lizarraga participated in the President's Falcon Leadership Academy last year. As part of the Academy's final project, each participant was asked to address any area of campus it wanted to improve and provide a solution."

Walker added, "Carmen-Lizarraga's project was originally called, "Location Room," to provide new mothers with a safe, private place to breast feed and care for their babies. Her project was among the top-three.

"The district adopted the idea as a way to increase accommodations for new mothers and developed the Mother's Comfort Room. It will be an added support service for staff and students."

She added that the Mother's Comfort Room gives mothers an opportunity to determine and meet their own needs in a safe, private place.

"The district is providing assistance in the form of a private room for new mothers to use," Walker said.

Sarah Pirtle, Multimedia Production specialist, is a new mother and came back from maternity leave on Sept. 19 when the New Mother's Comfort Room was already available.

She said she had the opportunity to use the New Mother's Comfort Room and she loves it and it's super private.

Pirtle said, "14 years ago, when I had my first kid there was nothing like that available, it was always in the bathroom."

She said, "Take advantage of this it's a great opportunity, the room is nice and I encourage the new mothers to come and use it."

She added that a small refrigerator will be put in for the babies' milk and other resources.

Alejandra Guzman, administration of justice major, thought it was a really good idea for new mothers.

"The fact that previously they have to use the bathroom, which is not the best place to be trying to feed their baby, it's a very intimate private moment and it's not the best place," she said.

Anita Rios, assistant from Vice President of Student Services Stephen B. Johnson said, "Johnson is part of the New Mother's Comfort Room and in decorating it he will be adding a few more things to the room.

"At this moment it can only be open with someone who has access to open the room with a key," she said.

Rios also said later on a key lock for a keypad door will be added and for students and staff to be able to have access to the code and go in they will have to fill in a form.

Speech language and pathology assistance major Andrea Macapagal was unaware of the New Mother's Comfort Room.

"I think it's great, there are many students on campus who are new mothers and for them to be able to have a private room with her baby is good," she said.



Absorbing valuable information: Sociology major, Taylor Harden was one of the 12 students who attended the Enterprise- Rent-a-Car workshop. She was interested in obtaining more detailed information in how to present yourself at an interview and what to take with you.

Students in awe at Enterprise Workshop

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Enterprise Rent-A-Car was founded in 1957 and is now the largest car rental company in North America, 12 students attended the workshop, a few of them were engaged by asking questions about the information provided.

Enterprise Rent-A-Car workshop took place on Oct. 18 from 11 a.m. to noon in LC 217.

The representative from Talent Acquisition Manager Southern California Airport Susie Arellano-Reed has worked for the company for 17 years.

Students like business major Alexis Diaz said, "It was informative, it showed me a lot of possibilities that I can look into now, as a newbie or looking at when I graduated with a major."

She said, "It opened my eyes and I'm going to go online and looking into more options."

Sociology major Taylor Harden said, "I loved it, it was very informative. It let me know there's a lot of opportunities and growth in the business, I appreciated that. It allowed me to know I can continue to go to school, get a job and [the potential to escalate on different positions within time."

Engineering major Bernardo Portillo said, "I thought it was a good presentation, very informative, I learned a lot from the company, [found out] it's not just to a rent a car."

Each market, branch, and position pays differently.

- Union - manager training with a degree, will start close to \$50,000.00 per year,
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Listening attentively: Enterprise Rent-A-Car workshop was presented by Talent Acquisition Manager Susie Arellano-Reed. Students who assisted were engaged with the information that was provided.

- Area Manager
- Branch Manager
- Assistant Manager
- Management Assistant

Arellano-Reed said, "You want just a job? Good, work it, but work it because you never know for how long you'll be working for the company, and maybe from just a job it might turn into your career."

"Southern California offers what is called customer service bonus, \$300 where every one within that airport market will get paid every month as long as each reaches a 90 percent and over."

Arellano-Reed added, "For students who were unable to attend this workshop, you should definitely reach out to Career Services here on campus to gather that information as well."

For further information you can contact:

Arellano-Reed, www.enterpriseholdings.com

424-223-6900, 424-223-6895, 310-817-8307

Counselor Career Services Clara Ross-Jones,

Located at the MPB - room 201 or 562-860-2451 Ext.

2356

A history on immigration and citizenship policies

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An audience comprised of staff and students were present in the Teleconference Center to receive an in-depth explanation of the AB-540 program and the evolution of citizenship policies throughout the history of the United States.

The event was held on Oct. 13 and the audience listened while the guest speaker for the workshop, Dr. Elena Macias, presented a Power Point about the main purpose of the AB-540 program and also discussed past policies and laws that have been either detrimental or beneficial to both documented and undocumented immigrants.

The assembly bill program allows undocumented students, who meet the necessary specific criteria, the ability to pay for in-state tuition for community colleges and universities in California ultimately allowing these students to attend said institutions.

Some of the criteria for eligibility includes the following:

- The applicant must have been enrolled and attended a California high school and attained academic credits for a minimum of three years
- Must have also attended a California elementary or middle school for a minimum of three years
- Must have attained a high school diploma or GED

For students who are currently at a non-legal citizenship status, the applicant must have filed an affidavit with a higher education institution notifying that he or she has already filed to legalize citizenship status.

Students can apply for the AB-540 program simply by filling out the assembly bill form which is available at the Cerritos College Admissions and Records website then filing the form with the Admissions and Records Office here on campus.

However, according to statistics presented

by Dr. Macias, it states that the amount of returning and current applicants for the AB-540 program has decreased quite considerably in the past school year.

Macias ascertains that this is due to the stigma that is attached with being an undocumented immigrant in the United States and the fear of being outed as such and ultimately deported.

He states what is needed to be done by staff and students and what must be taken into consideration in order to ensure a safe environment for undocumented students.

"We need to understand the biases that have influenced immigration policies since the 1800s such as exclusion, racism, fear, ignorance and the more recent criminalization of immigrants," he said.

Macias went on to say that faculty and staff is capable of creating a safe environment and squashing a campus climate that may be intimidating for undocumented students by acknowledging the AB-540 program and comprehending that undocumented students

have the right to an education and are here to stay.

AB-540 and Puente Counselor Rosa Carrillo stated possible future plans for the program and Cerritos campus, "We would like to have a resource center for students to feel safe and get answers for any questions that they may have."





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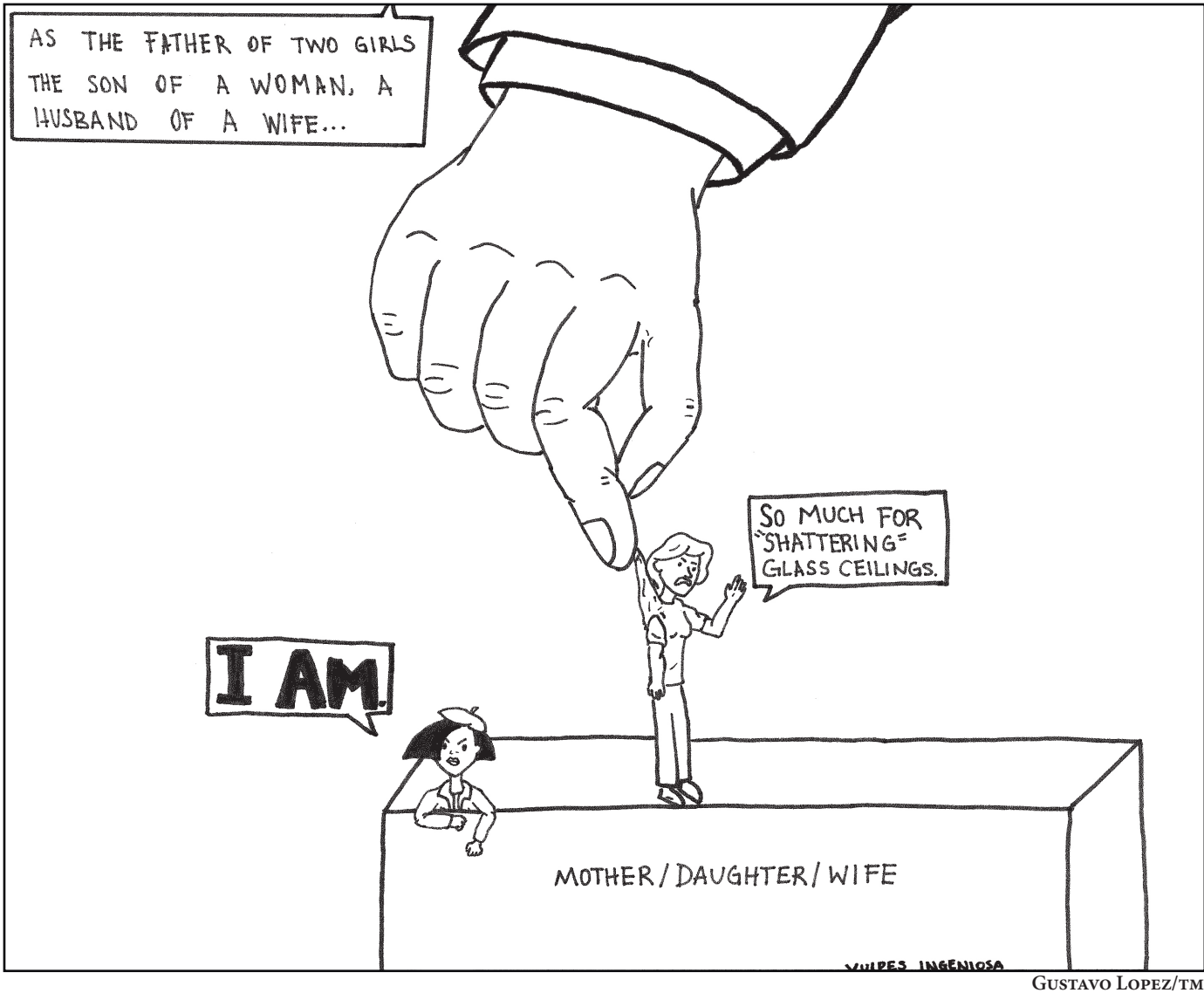
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EDITORIAL



Women are not meant for male consumption

Locker room talk?

It was a phrase that, up until a week ago, conjured up sweaty male bodies discussing workout regimens or whatever it is that men talk about in locker rooms.

Now it conjures up images of Donald Trump's small hands going places he, nor anyone else, have a right to go.

Against this debacle, Trump's war machine on sanity is still strong, even as Republicans are jumping ship, drawing the line at the "rapey" Trump.

Fleeing republicans spouting lines like, "As a father of two PRECIOUS daughters..." is unacceptable.

Think about the beginning of this sentence long and hard, a phrase that Trump has probably never heard in his life.

It suddenly shifts the focus away from women and redirects to a man's relative relationship to women.

What about women who aren't in any way associated with you? Where is the outrage then?

You shouldn't think of the correlation of women "as someone's daughter/sister/mother" to feel anger.

It should be because its an affront to women as human beings, not because of men's relationship to them.

Women don't belong to men or their place in relation to men, but to themselves.

How many times will it have to be repeated to be understood?

We have to keep this issue on the track that it is the objectification of women.

It normalizes rape culture, and sexual aggression toward women and diminishes women's voice in an issue that is centered around women.

These remarks validate the feelings and actions of other degenerates like Trump.

If we don't confront this issue now, this "grab her by the [expletive]" mentality will remain.

Mysogyny will continue to bleed through every crevice it possibly can and will continue to oppress the female voice.

Let's move away from Trump, and realize that in one way or another it is a mentality that is more widespread and common than we think.

To some degree, enough men think that ignoring this idea isn't a very smart thing to do.

That is why this mentality and its validation of rape culture is so dangerous to reason and most importantly, to women.

So how do you fix this deficit of logic and empathy?

How do you flush men of the idea that women belong to them as sexual objects if not mothers and daughters or sisters and wives?

To say anyone has a plan short of Huxley's conditioning or re-education camps, there is no fix-all.

It starts with you.

It's unfortunate that the burden falls upon our shoulders, something that should be common-bloody-sense.

This dangerous idea is one we must all confront through workshops, meet-

ings and through force if necessary.

There are a lot of people with the "it's not my job to educate you" mentality, and while it is true, sticking to it is detrimental to the progress we can make in eliminating this long-standing mentality that has hovered over us for centuries.

We have to teach each other and extend the courtesy to others that this is wrong.

Something you'd think would be common sense isn't. That's what's scary.

It's how normalized this attitude is, so normalized that we teach little girls that it's their fault if they are assaulted, that instead of believing assault and rape victims, people doubt them instead.

We subconsciously put men and their needs above women's, mainly because it is a trait we have been taught and we need to learn how to remove these habits and create new lessons to teach future generations.

Trump's words have given a recognizable face to rape culture.

He's like the mascot of rape culture and a lot of men are the fans that encourage him.

We have to call out this disgusting behavior where we see it, from whoever, man or woman.

This is how we will learn and overcome this way of thinking.

Respectability politics aside, these issues need to be addressed viciously if necessary.

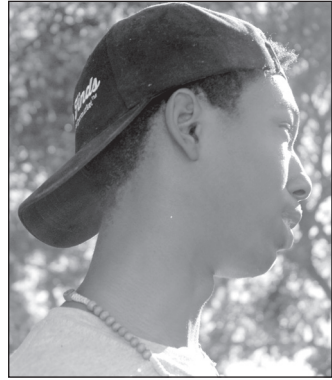
They need to be addressed in the moment no matter who the victim is to avoid this dangerous mentality.



How should we as a society deal with rape allegations?

COMPILED BY:
MAX PEREZ

PHOTOGRAPHS BY:
MONIQUE NETHINGTON



BLAIR RUCKER
electrical engineering major

"I believe that public execution needs to come back and it should be for rapists. I feel like any kind of rape is wrong. You should have that person stand trial but at the same time if the other person is lying about it, they should be fined."

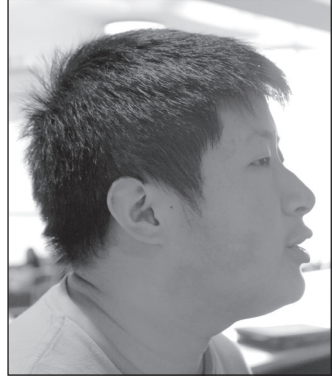
CINDY RODRIGUEZ
child development major

"I feel that you should always be on the victim's side and keep looking for any evidence because there have been a lot of cases where people have been falsely accused."



MATTHEW KIM
art major

"Some kind of police that can help them in some way should be called. Also, the person should at least talk to someone who can really help them (like family) to help them so they can know what to do."



MARIELA QUINONEZ
elementary education major

"Society should do more questioning and be more together as a community to find the answers and not let the pervert get out that fast."



CASSANDRA VILLA
business major

"You can always go to court but there is not going to be any witnesses. You always have to take his word versus her word... You just have to ... get more insight as to who the person is and then... judge them by their character."



THE ENVELOPE Love & Sex: The art of the first date

BENJAMIN GARCIA
Co-Multimedia Editor
[@pieloverable](#)

It's not easy to start dating new people after a rough break-up, especially if one has social anxiety or another sort of mental illness. Yours truly has come up with five strategies to make your first date after a break-up fun and successful!

DON'T BRING UP YOUR EX: This is the most important strategy, that's why it's listed first. Bringing up the person who you regularly had sex with and exchanged "I love you's" is gross. It will make the other person uncomfortable, annoyed, or jealous. It also shows you are not over your former lover. If you bring up your ex on the first date, you lose! If the other person does this, you need to decide if you would like to follow-up with a second date.

Do not flash your insecurities or tragedies: This will also make the other person uncomfortable. It shows that you are both lacking an adequate amount of self-esteem or are narcissistic. It looks like you're fishing for complements or pity. If your date does this, they might be hard to keep happy later on.

Keep the conversation light and surface level. It may not yet be appropriate for you to talk about your missionary trip to Uganda, your childhood traumas or your Tumblr. If there is a lull in conversation, talk about these things: Movies, music, books, food, school. Because you are just getting to know the other person, you do not need to reveal too much about yourself; you might scare them away. Remember that they need to like you on the surface before they can love

you. The deep stuff is important but you must respect the due process.

Be polite: It's not necessary to smother the other person in complements; especially if they revolve around their bodies. Still, let them know that you are interested. There is some idea that has infected the gay community that suggests that it's cute to insult people. This idea is stupid! Be nice, even if you are not interested in a second date. They are taking time to be with you, so at least pretend to be grateful.

Be yourself: In the end, you would want someone to love you for you, try to facilitate this happening by not giving any wrong impressions. Be genuine. Show your date all the things you love about yourself. Be yourself; unless you can be a mermaid, then be a mermaid.

Patriarchy is alive and worldwide

KARLA ENRIQUEZ
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The United States still operates under a system, which treats women as second-class citizens with oppression contingent on their race.

While most women in the U.S. don't have to ask for their father's permission for everyday decisions, women still face serious oppression.

Institutional oppression for women is alive and well, including:

- Facing systemic misogyny seen in the workplace and in pornography, along with the culture it cultivates
- Facing cat-calling everyday
- Having anti-abortion laws and scare tactics

This list of horrors that ultimately ends in death for thousands of women continues endlessly. A lot of men and white women in some cases probably don't notice this because they probably have benefitted from said oppression.

There are women living in the United States who live in a home where the father's word is law.

For some, this means not receiving a high school or college education and helping the household financially by joining the workforce.

When we have someone like Donald Trump normalize rape culture and men, like his sons, telling women that workplace harassment is something women need to get used to, we can't afford to erase our experiences.

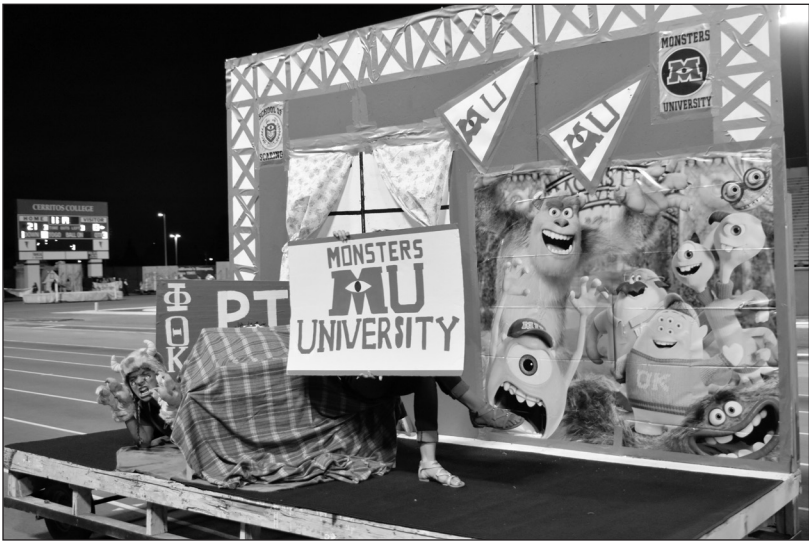
There is a real patriarchy that still needs to be slain in our home turf and it is dangerous to overlook.

However, it is time that western feminism wakes up and acknowledges the plight of women who do not look like its followers; it's time to be inclusive.

As a whole, we should use our privilege to help women who don't have the same advantages that others have.

We need to stand in solidarity and take action while making sure that we heal the wounds of all the women back home.





MU University: Phi Theta Kappa took home the Faculty Award during homecoming on Saturday, Oct. 15. The award was for Most Humorous.



A long time ago: Carlos Adolfo Diaz Soto dressed as Darth Vader while on the Phi Beta Lambda float. The Business Club used the Star Wars theme and won the President's Trophy.



Off with their hair: The Cosmetology Club took the ASCC Award on Saturday, Oct. 15 with the Alice in Wonderland float. The award was for best design.

A happily ever after homecoming

BRIANA VELARDE
Arts & Entertainment Editor
@breevee

Homecoming traditions continue with clubs building floats to unveil at the games' halftime show.

Clubs gathered on Oct. 10 to start preparing their floats for the contest.

This year's homecoming float contest revolved around the theme "Happily Ever After."

According to cosmetology major, Cassie Lopez, the club was provided with a \$250 budget given by ASCC.

"It was kind of a time crunch [...] I think what could have worked better was that we could have received our budget and the regulations sooner," she said.

The clubs were also given a week's time frame to complete the building of the float.

The unveiling of the floats takes place during the homecoming halftime show. Clubs gather in a line to walk Falcon Stadium and showcase their float building.

The Cosmetology Club was awarded "Best Design."

Lopez explained how building the float was a little bit of a task. As far as trying to figure out a theme and how to incorporate what the club wanted into it.

"We really wanted to make it something that was around our club[...] our major and everything. The theme of our float was Alice in Wonderland but we pretty much fused cosmetology into it so we changed it to Alice in Cosmoland," she said.

The iFalcon Club used the Big Hero 6 theme. They were awarded "Most Unusual."

Communications major, Adriana Laureano, said, "I'm guessing we won that award because we had Baymax walking around and Baymax looks like an unusual character."

Laureano mentioned that the clubs were supposed to start the float building on a Monday but they didn't start until Wednesday.

"I think preparation as to building the float went well. Monday we just got the money and we planned out what we were going to do. On Tuesday we bought the supplies and Wednesday is when we started the actual building," she said.

Amongst the themes were:

- The Incredibles- Triathlon Club
- High School Musical- Dynamic Dance Club
- Aladdin- Child Development Club
- Lilo & Stitch - Safe Club
- Monsters University- Phi Theta Kappa
- WALL E- Commercial Music Club
- Star Wars- Phi Beta Lambda

- Frozen- Accounting Club
 - Maleficent- Math Club
- Of all the floats Dental Hygiene Club was awarded "Best Overall."

The club chose the Peter Pan theme and incorporated the saying "Floss, Brush and Pixie Dust" to incorporate dental hygiene.

Although most clubs needed the full week time frame they were given, Dental Hygiene just needed three days.

Jewels Beverly, vice president of the Dental Hygiene Club, explained that members were done with the float Oct. 12 so then the club would be able to just focus on the performance and costumes.

"We worked really hard and the first night we got a lot done and I think we were the only ones out here because most clubs were still out buying supplies," she said.

Once clubs have showcased a week's hard work of float building, they must tear down the float right after half time, in the shortest time possible.

Laureano didn't seem to be bothered about tearing down all their hard work. She believed the event went really well.

"This is the first time I was involved with the float building because this is my first year here. It was really cool to see [clubs] go all out with everything," she said.



Let it go: Accounting Club "Don't Freeze Our Assets" float won the most creative and original award from the Board of trustees. The float also had a club member in an olaf costume



Big hero wins: The iFalcon club won the Coaches most unusual award.



Floss and brush: The Dental Hygiene Club won the Amy Dozier Award at Homecoming on Saturday, Oct. 15. This was the Sweepstakes/Best Overall Award.

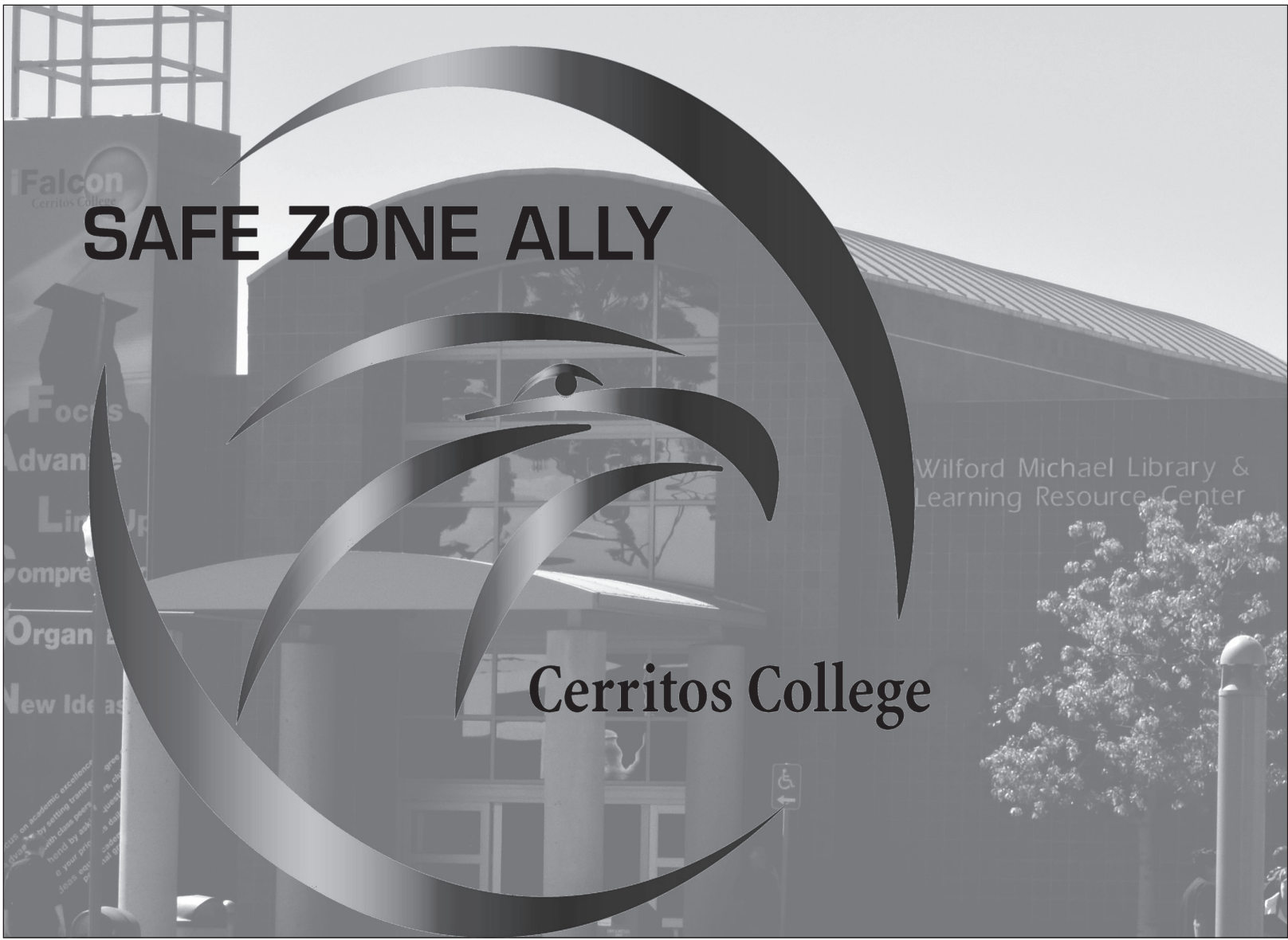


PHOTO ILLUSTRATION BY PERLA LARA/TM

Partial list of safe zone allies

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Source: <http://cms.cerritos.edu/safezone>

Safe Zone program provides allies for LGBTQ community

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The Safe Zone program is not just another sign that is posted around campus.

For undecided major, Jessica Summers, it is a comforting sign that reminds her there are people on campus who will understand her individual struggle as a transgender student.

Summers said, “I recently came out. It was just a few months ago and I didn’t want to start the school year not being myself, and I was a little terrified because it was going to be one of my first true experiences in society with people I’m going to see every single day.

“Early in the semester I ran into AJ [Amna Jara, Student Activities coordinator,] I was like ‘hi’ and she didn’t recognize me and I explained to her who I was and it clicked and that’s when I found out about the campus being a safe campus [...] I started noticing all the little signs that say where it’s a safe zone and where I can go to if I need help or anything.”

The beginning

The person responsible for starting the Safe Zone program is now the Safe Zone Program Coordinator Lance Kayser.

He explained how the Safe Zone program was started on campus, “In fall 2012 I wanted to create a safe zone here at Cerritos, so I started talking to my dean [David Fabish, Dean of Liberal Arts] and one of the VP’s who’s no longer here at Cerritos and they were both very supportive.

“First we created a committee with different people [...] who were all invested in making sure Cerritos was a safe space for students, particularly LGBTQ stu-

dents. Once we did that, we began first by [going to] Cal State Long Beach and we did its safe zone training first to go through it ourselves and to get ideas. [Cal State Long Beach Safe Zone program was] very nice and giving and it allowed us to use some of its ideas.

The program’s objectives are the following:

- Have Safe Zone allies to utilize their gained knowledge and skills to foster a supportive and safe atmosphere for LGBTQ students, faculty, and staff.
- Have Safe Zone training participants become part of an identifiable campus network of Safe Zone allies.

What allies can do

Kayser said there are about 275 faculty, staff, administrators and about 90 students that are a part of the ally network.

Those individuals have three main things each is tasked to-do according to Kayser:

- First is to listen. If someone comes to you with an issue or a question just listen sometimes that’s all that is needed.
- Second is to help. If you can, if there is something that you can directly do to help them, obviously you’re going to do it.
- Third is to refer. If you get a question or an issue that you can’t solve [...] then you would refer to the Health Center if they need testing or if they need psychological services, or some other service, we also have on the [Cerritos College Safe Zone] website <http://cms.cerritos.edu/safezone/> services outside of the campus as well.

Title IX Coordinator Valyncia Raphael experienced and completed the Safe Zone training, she said, “We did some activities and had some discussions

based on what it might be like for a student that is identified as LGBTQ. What’s it like to have a really really big part of [his] identity that is hidden from people, and how hard it might be for someone that’s in the closet or not out.”

Empathy is required

“Some of the exercises try to help us empathize with someone who might be in the closet and become familiarized with terminology and some realities of the LBTQ identity.”

Empathy and acceptance is what Summers wants to get from her peers and her teachers, “I just want when people look at me they see who I am. When I tell them that my name is Jessica they don’t question me and say ‘that’s your name?’”

The U.S. Department of Justice and the U.S. Department of Education issued a dear college letter where examples and guidance were provided on how to be compliant with the Title IX regulations.

Raphael’s position as the school’s Title IX coordinator implements regulations, prohibits discrimination based on a student’s gender identity and discrimination based on a student’s transgender status.

Some students on campus do not know about the Safe Zone program or the Title IX regulations.

In the future, Raphael plans on creating a group with students to work on Title IX issues that students on campus have.

Interested students should email Raphael at vraphael@cerritos.edu their contact information and state they would like to be a part of the group.

Undecided major Sebastian Lopez said he did not know that the

campus had a safe zone program.

However, he stated, “I figured it would be like that [have a program that prohibits discrimination] and it should be like that.”

Zoology major Sara Hernandez also did not know about the Safe Zone program on campus.

She said, “There should be equal rights for everybody [...] I feel like everybody respects each other, and respects everybody’s decision.”

Summers states, “It’s understanding, it’s acceptance that’s what I want from my peers, I just want the acceptance and so far, I’ve gotten it.”

However, there is one issue that Summers is asking help with, that is feeling comfortable using the women’s restrooms on campus.

She realized that using the restroom was an issue she said, “A problem I had to ask these things, which bathroom am I not going to find people because I feel uncomfortable, because I don’t want to upset anybody? And I shouldn’t have to feel like that.”

Both Raphael and Kayser are looking into the school designating single stall bathrooms which anyone who feels the need for more privacy can use.

Summers concluded “I’ve been so thankful to a lot of people here on campus for reaching out to me, and talking to me, seeing that’s an issue and trying to help me do something about it. To them I say thank you because there is no way I could have taken my classes this semester and done the work to my potential behind all of the stress, behind you know, figuring myself out.”

“
It’s understanding, it’s acceptance that’s what I want from my peers, I just want the acceptance and so far, I’ve gotten it.
”

JESSICA SUMMERS
Undecided major

Your personal insight in four 350 word answers



UC application personal insight questions

Required question: Please describe how you have prepared for your intended major, including your readiness to succeed in your upper-division courses once you enroll at the university.

Choose to answer any three of the following seven questions:

1. Describe an example of your leadership experience in which you have positively influenced others, helped resolve disputes, or contributed to group efforts over time.
2. Every person has a creative side, and it can be expressed in many ways: problem solving, original and innovative thinking, and artistically, to name a few. Describe how you express your creative side.
3. What would you say is your greatest talent or skill? How have you developed and demonstrated that talent over time?
4. Describe how you have taken advantage of a significant educational opportunity or worked to overcome an educational barrier you have faced.
5. Describe the most significant challenge you have faced and the steps you have taken to overcome this challenge. How has this challenge affected your academic achievement?
6. What have you done to make your school or your community a better place?
7. What is the one thing that you think sets you apart from other candidates applying to the University of California?

Source: admission.universityofcalifornia.edu

The UC application changes questions

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Transferring to any of the UC universities is determined by the UC application that is submitted. The application takes into account the applicant’s grade point average and how well the personal insight questions are answered.

A student’s GPA is only half of the story, the other half is letting the application readers know who the applicant is and why they are a good fit in one of the UC’s.

The UC application deadline is Nov. 30 applicants have until then to gather all the application requirements and complete them.

That means answering four personal insight questions each with a 350 max word count.

According to the www.universityofcalifornia.edu website going from answering two personal insight questions of 500 words each to answering four personal insight questions each with a 350 max word count “is the biggest change in to the UC application in nearly a decade, but don’t get rattled – the change puts students in the driver’s seat.”

Even though there is a four question requirement applicants have eight question options to choose from.

That means choosing the questions they

can answer best.

Questions that would show the UC application readers the applicants personal characteristics that would make them a good fit for a UC university.

Elementary studies major Emily Venegas did not know about the change, “I didn’t know, [...] I’d rather do the four questions. I think it’d be easier for me to explain each [short] question than one long [answer question] because I can’t go on and on like that.”

Business major Christy Medina is a first semester student. She did not know about the changes to the UC application, her goal is to transfer.

She said, “I have questions, I’m new [to college] I want to transfer.”

Transfer Center Center Co-Director Brittany Lundeen has recommendations for students, “Use the Transfer Center services early. Whether it is their first semester or their last there are activities that can help in the transfer process.

Speaking to a representative from the university, and meeting with a Transfer Center counselor all can help students make an informed decision on where they want to go next.

Once the student decides where to go the educational plan is much easier to layout. Remember starting at the community college is starting fresh. students who may not have had the best grades in high school can come here and be straight ‘A’ students. Cerritos College student can truly start here and go anywhere!”

UC personal insight writing tips
• Start early: Give yourself plenty of time for preparation, careful composition and revisions.
• Write persuasively: Making a list of accomplishments, activities, awards or work will lessen the impact of your words. Expand on a topic by using specific, concrete examples to support the points you want to make.
• Use “I” statements: Talk about yourself so that we can get to know your personality, talents, accomplishments and potential for success on a UC campus. Use “I” and “my” statements in your responses.
• Proofread and edit: You should proofread your work and make sure your writing is clear. Grammatical and spelling errors can be distracting to the reader and get in the way of what you’re trying to communicate.
• Solicit feedback: Family, teachers and friends can offer valuable suggestions. Ask advice of whomever you like, but do not plagiarize from sources in print or online and do not use anyone’s published words but your own.
• Copy and paste: Once you are satisfied with your answers, save them in plain text and paste them into the space provided in the application. Proofread once more to make sure no odd characters or line breaks have appeared.
• Relax: This is one of many pieces of information we consider in reviewing your application. Your responses can only add value to the application. An admission decision will not be based on this section alone.
Source: admission.universityofcalifornia.edu



Traditional Pep Band: David Betancourt leads the Pep Band in performing during this year's homecoming game on Saturday. One responsibility of the band is to provide school spirit for the fans in attendance.

Pep Band brings spirit

BRIANA VELARDE
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Pep band continues to bring tradition by providing a musical canvas for the homecoming game.

Dr. David Betancourt has directed the band for 18 years at Cerritos College.

One of the bands include Pep Band which students can get a unit credit for. The course can be taken for a maximum of four times.

The responsibility of the Pep Band is to provide entertainment and school spirit at scheduled home football games.

The class emphasizes on the development of individual musicianship through large group rehearsals. Performances include both on and off campus events.

Saturday, Betancourt directed his students to perform at homecoming. The band played the instruments on the bleachers along with family and friends that were cheering for the football team.

The band showed school spirit by wearing blue hats with "Pep Band" embroidered in white. Betancourt himself showed spirit by painting his face half white and



Drumming it up: Fernando Hernandez plays his instrument during the homecoming game. He has been in the Pep Band since 2013.

half blue.

"We need to know how to fit into the game without getting in the way of our players. We kind of provide a musical canvas for the game. A lot of the students need to memorize the songs because sometimes they will need to play at a snap of a finger. We practice every week, once a week," he said.

Amongst one of the band members was Fernando Hernandez, criminal justice major.

Hernandez shared that he has been a part of the Pep Band since 2013. He prepared along with the rest of the group on Thursday nights until they got it 100 percent right.

"I wouldn't change anything about the event it has been the same for years, this is a tradition for us to play. You learn variety of music, Betancourt shows us that you can bring old music and still have fun with it," he said.

The band has members that have been members for years but also it has members that have just joined.

Amber Marin, political science major joined the band while it being her first semester here at Cerritos College. She joined along with one of her friends.

"My friend made me join the band with her. We were in Pep Band in high school so it just felt like a natural transition," she said.

The homecoming vibe is amazing according to Marin but she would love to see more people in the stands because it would be a better vibe with a fuller crowd.

"Being able to play for people who genuinely love the school as much as we do is just really amazing we are happy to provide that extra little entertainment," she said.

Betancourt and the band keep the school spirit alive at games while having fun.

"We have a good time and we just enjoy it because we contribute to the game and get the crowd pumped up and even the players," Betancourt concluded.

Mother of missing woman speaks at play

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Karla Castañeda, the mother of a 13-year-old girl who disappeared in Ciudad Juarez, spoke at the Spanish showing of the Women of Juarez play, detailing the corruption that led her to flee Mexico.

The Friday performance saw Castañeda, who is seeking asylum in the United States, in the front row of the Studio Theater as actors related the story of the hundreds of women who have gone missing in the Mexican city.

"Sitting here was like going back in time and reliving it all," Castañeda said.

Her daughter, Cinthia Castañeda Alvarado, went missing on October 24, 2008 after going to return a pair of shoes.

One of the last times she was seen was by Castañeda's neighbor, who saw her get on a bus carrying a box of shoes.

Actions being made

"The next day, I received a call from a person who identified herself as Hilda. She told me she saw my daughter crying while being held by a man who was 45-50 years of age at a monument in the city at around 11 a.m."

Believing the man was the girl's father, the woman on the other end

of the receiver decided not to check on the child, even though their gaze didn't break for a while.

"She worked in human resources, so she was going to make a missing person's photo for me, but the authorities intimidated her out of doing so," Castañeda claimed. The mother never heard from Hilda again.

History major Mariana Elizalde, felt a personal connection to Castañeda's account.

"It really struck me, I'm from Mexico, and when I go I do hear people talk about missing girls, it's different to hear the stories than to have a mother here tell you her story.

"It touched my heart, it makes me think 'what can I do?' It easily could have been me," she recalled.

Likewise, Counseling Department Program Assistant Nayeli Dueñas was moved to tears by Castañeda's story.

"It was very emotional, I have kids of my own and just to think of ever looking for a child that young, it's stunning what is going on over there, how nothing is being done and just seeing how police are acting," she said.

Since the disappearance, Castañeda has become an activist seeking answers from the government about the disappearance of her daughter and others.

"I have done marches and strikes, the last thing I was able to

do in Juarez was a march to Chihuahua City, the state capital," she said.

She is referring to a 200-mile plus trek that mothers of missing women embarked on called Walk for Life in January 2013.

The march went on for eight days and nights and it was after this that Castañeda began receiving threats.

Threats by Governor

According to Castañeda Chihuahua Governor Cesar Duarte refused to meet with the mothers and fathers who were part of the march.

"He wanted a private audience with us, and I told the other mothers that we would agree to a public one because otherwise, no one would know what happened but us," the mother stated, "in a public setting in front of the press he won't be able to deny us anything," she said.

During the public audience, Castañeda confronted the governor.

"The governor called me after and offered me a large sum so I would stop looking for my daughter and inform the government what the other mothers planned on doing," Castañeda stated.

According to the mother, she and others participating in a march were shot at and intimidated through various tactics including tear gas.

Castañeda ultimately ended up fleeing Juarez after police forces en-

tered her home.

"They did that because I wasn't willing to sell myself to the government, I wasn't going to stop looking for my daughter and other mothers were supporting me," she said

Leaving Juarez

After learning that the police also arrived at the homes of her mother, brothers, and grandmother, Castañeda reached the conclusion that if she stayed she would probably wound up dead and fled with her four children.

After spending a week detained in immigration services and after a reported robbery at the hands of a reporter who claimed was going to help her she received help from a friend in Los Angeles.

Cinthia's case has since been closed in Juarez but Castañeda states that she will continue to look for her daughter.

"I've done two hunger strikes outside of the Mexican Consulate, the first one was done because I was going to be given a few remains that were allegedly my daughter's."

After the hunger strike, authorities declared that there had been a mistake and the remains did not in fact belong to Castañeda's daughter.

Castañeda shared her wish with the audience, that more people will spread awareness and with the simple act of emailing local authorities, change will come.

Movie Review

Kevin Hart: What Now?

Starring: Kevin Hart
Director: Leslie Small and Tim Story
Rating: ★★★★★

BRIANA VELARDE
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Part of stand-up comedy's appeal is that the main figures, the comedians, are relatable; they flesh out stories that we understand the inherent humor in and build upon it.

Kevin Hart, one of the most recognizable comedians today with a career that has been skyrocketing, built his career on this concept. He is a small man with a Napoleonic complex a mile wide, but he's relatable.

However, with his most recent production of Kevin Hart: What Now?, we see a heinous decline in form, as the entire special comes off as a sort of weird, ego-driven pat on the back that Hart gives to himself, resulting in a comedy production only his faithful fans will enjoy.

The movie was filmed in Philadelphia's Lincoln Financial Field in an attempt to break a record for the largest stand-up special audience.

For the entire stand-up performance, Hart's voice echoes throughout the stadium, a distraction audible to the audience viewing the film.

This egotistical excess is evident from the very beginning, as a James Bond-like intro puts Hart in the position of super-spy hero in a confusingly written skit where Hart portrays himself as a sort of comedy badass, culminating in a scene where he kills multiple men with his bare hands.

This intro skit lacks any real

sense of cohesive comedy, the jokes are forced into the setting and very few parts are actually laugh-out-loud funny.

The one enjoyable portion of this intro is the cameos of Halle Berry, Don Cheadle and Ed Helms.

The content of the special itself is middling at best, Hart's best work has been done in previous stand-up specials and this event really pales in comparison.

How is someone sitting in a movie theater or even watching this at home suppose to relate to jokes about the difficulties of being incredibly successful, braggadocious anecdotes about how hard it is to have a super-long driveway that goes up to his mansion, how he laments that his kids don't have "edge" since he sends them to private schools?

Sound effects and a giant LCD screen illustrating them coddle his punch lines, as if the effort given to the jokes already wasn't simple enough.

His attire is bedazzled in gold (even his microphone is gold). Not only was this unnecessary, but completely distracting. Worst of all, Hart has become a new generation's Jeff Foxworthy.

It is impressive that Hart can sell so many tickets, but what is the point if your act has gone stale and you provide nothing worthy to fans?

Hart was once a very powerful and new comedian, but he is going to have to evolve to have any sort of impact in the coming years.



Fall Hit: Managing Editor Karla Enriquez demonstrates a fall outfit. Coats and plaid are a major hit for fall fashion.

Mo' fashion: Fall 2016 plaid outfit tips

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Sports Editor
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Plaid is the American and Canadian name for the Scottish tartan patterns that literally dominated so many of the collections presented on the runway.

It's a perfect trend for fall. This awesome print is a casual, easy way to spice up your wardrobe.

Button-ups are definitely not the only clothing item that can look great in a plaid print.

Fall jackets are the perfect opportunity to rock a plaid look.

Plaid is a great print, because it can take so many forms. It can be preppy, but it can also be grungy.

It depends on the color

schemes, what it is paired with and how the pattern is used. A black and red print would be a bit more edgy, while a pastel take would garner a totally different look.

Regardless, plaid is a great fall trend to try. You can wear it as pant, coat, skirt or even scarf.

Fall 2016 runway trends to avoid:

- **Tinsel** - Because no one should look like a waking 70s christmas tree.
- **Capalets** - You know the short cape looking things for your shoulders? Your shoulders don't need capes.
- **David Bowie Style Boots** - No offense to Bowie but they should have been buried with him.

Falcons clinch SoCal team duals

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As the Cerritos Falcon's wrestling team constantly take in championships this semester, the team looks toward the future and has set its eyes on the State Championship.

The wrestling team took first place in the Southern California Team Dual at Palomar College Saturday.

There, it faced Bakersfield, Santa Ana and Mt. San Antonio.

Of the many victories for Cerritos, one came from 174-pound freshmen Bryant Vasquez.

He went into his last few matches against Mt. San Antonio, with the odds against him.

However, he was able to come out victorious.

Vasquez said, "It was real good. I was actually wrestling the No. 1 guy in the state, so I was the underdog in that one. [...] I had to get the win."

With tournaments coming up against Santa Ana and Rio Hondo, Vasquez is ready to get more victories under his belt.

"I feel good about it, we've beat both of them already, we've beat them pretty easily. So, it should be a pretty good turn out," he said.

Out of the three colleges present at the tournament, Mt. San Antonio, was the toughest opponent according to the wrestlers.

Cerritos and Mt. SAC were tied toward the end of the meet and it was up to the 133-pound match for the Falcons to win.

Sophomore Anthony Vargas was the 133-pound wrestler that broke the tie.

Vargas said, "Honestly, all of us that won played a part in winning the dual. Even if I didn't win we still would have won on criteria.

"If I would've lost it we would've been 18-18, and we still

would have won because they'd go more into depth with each match and who got the bonus point and all that, so we still would've won. It was still a pretty intense match."

Looking toward Wednesday, Vargas is ready for Santa Ana.

"This Wednesday should be good, it does get a little heavy on my weight," he said

"But other than making weight it should be a smooth sail," he continued, "They're pretty tough, but everything will be good."

Head coach Don Garriott has time and time again said that what he looks forward to and prepares for is the State Championship.

He didn't shy away his confidence when he said, "This is the dual meet championship, it isn't the end of the season state.

"So, the champion from the south wrestles the champion from the north in the dual state championships. So, this means we're going [to state] for sure. We wrestled Fresno City and that team won the north. So, we'll see them some time mid-November," he said.

He also continued by speaking on Santa Ana, "Santa Ana is always a tough team.

"It's kind of a low week for us because we don't have a tournament this weekend, so we're going to give them some rest[...] have them heal up a bit."

Garriott expressed that he will have a different set up on who will wrestle and who doesn't in Santa Ana, even though the team has beaten them before.

He wants to allow his team to have a break and have them work on each individual's weight.

"We'll have a little bit of a different line up this time, we're going to let some men have a break from cutting weight, so our line up will be different. It may be a different sort of outcome, we'll see," Garriott concluded.



MONIQUE NETHINGTON/ TM

For the win: Miles Henry-Davis holds the Falcon's flag while he leads the Cerritos Football team out during the beginning of the homecoming game on Saturday. The team defeated Santa Monica College 35-13.

Pack running key to Falcon's success

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The Cerritos College men's cross country team was able to pull out a second place finish at the St. Joseph Invitational in Kings Park, New York on Saturday.

Carlos Mendoza said, "It was a really great experience. I had a fantastic time with the team."

Sticking with the coaching it has been given throughout the season the team was able to have five runners in the top 15 positions.

Mendoza was the first of the team to finish the race and second overall, recording a time of 27:20.1 minutes, just 10 seconds behind the first place finisher.

"It was a bit too late to catch up," he said, "[in my mind I said] 'stay at second place and do not let anyone pass me,'" he said.

He went onto say that keeping a strong mentality was what helped him keep the second place finish.

The next three runners from Cerritos were close behind all finishing within the same minute as Mendoza.

The second finisher for the team was Abraxaz Sanchez, who clocked a time of 27:40.1 placing him fifth in the competition.

Sanchez said, "We usually stay in a pack but [Mendoza] went ahead, and the last 200 meters is usually every man for himself."

Finishing in a pack were runners: Cristhian Macias (11th), Faustino Diaz (12th) and Anthony Lopez (13th), all of whom rounded

out the top five scoring positions for Cerritos.

"We always talk to each other that's what we like to focus on," Sanchez said, "things like that [help] in keeping us compact as a group."

Even though the team finished second place it was still felt the team could have taken the top spot with a little more push.

"Every single one of us could have passed another person, and we would have tied," he said.

Sanchez said, "Our speed was kind of fluctuating [...] when we should have kept it consistent the whole way."

The team now looks toward the South Coast Conference Championship, which takes place Oct. 28.

At that race Mt. SAC will be their stiffest competition.

Coach Bryan Ramos said, "[One of] the key things to this race is being aware of where [other teams are.]"

The focus during this "off" week is to train hard and focus on course knowledge.

The location of the course is Legg Lake Park in Whittier.

The course, unlike the rest is completely flat and one of the fastest this season.

"We want to focus on breaking the course down mile by mile," Ramos said, "It's as flat as a pancake."

He continued to say that if the team can stick to the pack running like it has been doing it will increase their position in the standings.

"If we can keep the time between all the finishers under 30 seconds [we could win]," Ramos said.

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It took until homecoming night, but it looks as if the once struggling Cerritos College offense seems to have found its way.

The Falcons were able to overcome a slow start on its annual night to defeat Santa Monica 35-13, Saturday.

The home crowd looked to be at a loss for words when the Falcons fell behind 13-0 with 12:07 left to play in the first half.

Defensive Coordinator Tom Caines felt the bye week had a lot to do with the slow start.

"We were a little bit rusty coming out of our bye week, so once we shook off the rust we started playing more like we do," Caines said.

From that point on Cerritos put 35 consecutive points on the board to stop Santa Monica in its tracks.

The rushing attack was used early to open up the aerial attack for the Falcons.

Running back Kishawn Holmes said, "It's a team effort so if the passing game isn't going, the running game can go. [Same as] if the running game isn't going, the passing game can go, it just depends how you prepare that week and what the defense is looking like."

Despite success on the ground Holmes had yet to find the end zone by way of a carry.

"It was never a monkey [on my back], it was a team effort. Now I happened to see the pay dirt three times so I feel good now," Holmes said.

He ended the night with 15 rushes for 93 yards and three touchdowns.

Quarterback Nick Mitchell recognized Holmes' play by saying, "[Holmes] has done a great job this year running the ball and opening up the passing game."

Queralé Hall also got in on the action racking up 86 yards in just six carries.

Because of the success on the ground game Mitchell was able to get into a flow early and find success often, much to the pleasure of his head coach Frank Mazzotta.

Mazzotta praised Mitchell for his improvement on the field, saying, "We're only as good as our quarterback."

Mitchell set season-highs for completions (16) and attempts (29). He ended the night 16-for-29, 199 yards, a touchdown and an interception.

One of the beneficiaries of Mitchell's progression was wide receiver Matt Rosales.

"I mean [Mitchell] was really scrambling, he was finding some open holes. He's really good on his feet and really mobile so he found us. He hung in there and took some shots. That's the strongest guy I've ever seen to stand in there and take [those] shots," Rosales said.

He would finish with six receptions for 84 yards and a touchdown.

Mitchell chimed in on the big night for his wide receiver.

"Rosie, he is a baller. He's had a touchdown in [three of the last four games], he almost had two tonight. He's a good player and I just love throwing him the ball," Mitchell said.

This is the second time in the last three weeks that Mitchell has seemed to gel with a particular wide receiver. Oct. 1 at Riverside, it was wide receiver Stacy Chukwumezie, now its Rosales.

Mitchell acknowledged that he is growing more comfortable within the offense.

"I love all of our receivers, I just feel like we're improving each and every week so I'm excited to see where we can be in the next couple of games," Mitchell said.

Though at times he has been critical of him, Mazzotta sees the advancement in Mitchell's game.

"He's been criticized pretty heavily, [Offensive Coordinator Dean Grosfeld] gets on his ass big time. The tough thing for us as coaches is he's new to the program. He's like a freshman.

"You'd think because he played five games in the Pac-12, he's going to walk in here and be able to function [...] He makes several decisions on his own. Sometimes, I worry that he might think he knows a little more because he

played in the Pac-12," Mazzotta said.

"He just has to settle down and do what we ask him to do. He's throwing the ball better, he's worked on some of his mechanics. Some of them are mental," he added.

The 35-point showing would mark a new season-high for the club.

The next chance to improve on this showing is Saturday at Bakersfield.

After a forgettable first 18 minutes of football the defense settled down and forced five Corsair turnovers.

Cornerback Brandon Ezell was the recipient of two of the turnovers himself, including an interception that went for a touchdown.

"The receiver ran a little screen and the [other] receiver came to block me and I saw it so I jumped the first receiver and made a play on the ball," Ezell explained.

Forty-five seconds after Ezell's interception, Tyler Rios went and got one of his own.

The defense seemed to be trying to one-up each other on the field and that's something that Mazzotta likes to see.

"We're top-five in Southern California and we've played the other four. We've played all of them, so I don't think we're going to play better defensive teams," Mazzotta said.

As if that wasn't enough Ezell wasn't finished.

Late in the fourth quarter, Ezell skied for a pass in the back of the end zone and would come down with a one-handed interception, his second of the night.

"This time, I knew the ball was coming my way. I didn't know why but I just had this feeling, my brother Kijon [Washington] was filming me so it was one of those times for me to get a nice play on camera," Ezell said with a smile.

That was the second one-handed interception of the season for Ezell, his first came on the road against Golden West.

Following the game, Mazzotta named Holmes the player of the game and

He also added that Ezell was the player of the week for the Falcons.



Runners to your mark: Adrianna Velasco leads her team out of the starting corral during the Golden West Classic which took place on Sept. 23. The team will compete Oct. 28 at Legg Lake Park in Whittier for the South Coast Conference Championships.

Trip to New York proves fruitful for Falcons

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The women’s cross country team was able to return home with a first place win following a trip to Kings Park, New York, last Saturday. The team was able to compete at the St. Joseph Invitational, along with 18 other colleges, and come away with 48 team points, the lowest points received all season. “[The team] really stepped up to it,” said coach Bryan Ramos, “The women are really starting to see the benefit of [pack running.]” Sophomore Adriana Velasco led the team through the race, clocking in at 20:23.5 minutes which placed her in the fourth finishing position. The finish came at a close call with the fifth, sixth and seventh place runner finishing just three behind her time. “When we saw the times,” he said, “We knew that we were in it to win it.” The team was finally able to do what it had been lacking in past races. It had the ability to stay calm and work together as team. Ramos continued, “This is probably the best group running we have seen all year.”

When the concept of pack running finally made sense to the team; it was proved by the finishing of freshmen Raquel Hernandez and Katherine Batres. These two runners were not far behind getting Velasco. Hernandez, who finished in 6th place with a time of 20:26 minutes, was overall satisfied with the performance of herself and the team. She said, “In the beginning of the season we didn’t really know what we were doing. This race it finally felt right. “Out of all the races we finally knew [that] this is what we have to do.” Batres trailed behind Hernandez finishing 14th overall timing out at 20:57.7 minutes. The pack finishing continued with freshmen Rebecca Harris and Sabrina Padilla who rounded out the top-five scoring positions for Cerritos. The two women finished consecutively. Harris came in at 17th place with a time of 21:11 minutes, and Padilla just three seconds behind her for 18th place. “Overall we did pretty good,” Hernandez said, “[I know] there were a couple of women that were not happy with how they did.”

The focus will now be turned to the South Coast Conference Championships that is taking place on Oct. 28. “This is week is going to be for sure hard workout,” she said, “[We will] be thinking about this race during this week, for sure.” Ramos really wanted to see the time between the first finisher and the last finisher decreased during the St. Joseph Invitational. He said that if the time between the two can come down from 50 seconds to at least 45 seconds then the chances of placing in the top three are much greater. “On Friday, we are going to train at Legg Lake Park,” he said, “This will be our last hard workout before [the race].” The two biggest competitors for the women’s cross country team, at the championships, are Mt. SAC and LA Harbor. “They really need to be aware of where those teams are,” he continued. The overall strategy for that race will to shift the focus from worrying about times and splits. The key is to be aware of the overall position that each runner is terms of the other teams and the course.

Men’s water polo grabs first 20 wins in conference

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Cerritos and Mt. San Antonio, both undefeated in conference play battled for the top spot in the conference on Oct. 4. The game proved to be a shut-out with the final score being 19-18 in favor of Cerritos. Cerritos was up 13-10 at the half but Mt. SAC was able to claw back into the game and tie it up with one minute left in the fourth quarter. The game was tied 18-18 with just 30 seconds to go in the game. The Falcons had a six on five advantage, and possession of the ball. With the clock ticking down, driver Angel Rojas passed the ball to Ever Resendiz who was able to score the winning goal for Cerritos with 14 seconds left in the game. The victory moved Cerritos to 4-0 in conference play this season. The Falcons will play another conference rival and defending state champions Long Beach City College on Wednesday. Long Beach is also 4-0 in conference play and will be yet another test for the 20-2 Falcons. Driver Kameron Simmons was happy that his team got the win but admits the talent of Mt. SAC. “We didn’t expect Mt. SAC to be this good,” Simmons said. Simmons also added that coach Joe Abing does a great job keeping them grounded, stating, “He tells us to come and play every team like their the best in the conference, never take a team lightly.” Simmons added that a win like this gives confidence to the team, but it had the opposite effect on

Abing. “For me it’s like wow! We still have a lot to work on,” Abing said. Players and coaches alike admitted that the defense against Mt. SAC was unacceptable. “Defense,” Abing stated, “is the biggest thing.” Simmons seconded his coaches thoughts on defense, and added, “We need to work on starting and finishing games and keeping the consistency and drive every game.” The play of Scott McDill and Jeffrey Silverberg, both utility players for Mt. SAC, impressed the Falcons. “[Silverberg] played a brilliant game,” Abing admitted, “he hit some incredible shots.” Simmons also admitted, “Their No. 5 lit it up today.” After the home win against Mt. SAC, the Falcons became the first team to reach 20 wins in its conference this season earning victories against Saddleback(16-9) and Fullerton(20-9). The team was able to gain these wins at the Santa Monica Tournament, which took place on Friday. In the game against Saddleback, Cerritos jumped out to an early 10-1 lead and never looked back. Their game against Fullerton came almost immediately after the Saddleback game with little time to rest in between. Despite having little rest they were still were able to come away with a victory. Abing was satisfied with the performance of his team over the weekend and was also excited it gave him an opportunity to rotate players.

“We were able to pull further ahead, so we were able to get everyone some more experience and playing time,” Abing said. He added, “We had a good day, two good games for us.” The depth of the Falcons has been an area of strength all season and played a big part in their success this last weekend. “Having depth [also] not having to expend all your player’s energy on one game definitely helps,” he said. First-year Driver Jonathan Butz is one of those rotational players that allows coach to have confidence in his bench and sees the effect of having such a deep team. Butz said, “It’s important, so we can give our starters a break. “When we’re in there we give it one hundred percent so that the starters can get as much rest as they can so once they get back in their refreshed.” After the Mt. SAC game Abing stated that he had some concerns for his team, and feels that his team takes his criticisms very well. He said, “I don’t think they’re satisfied with where we’re at. “They don’t want to take anything for granted.” He added, “I think they know it’s my job to point out what needs to get done better.” The players have learned to trust the coach and the direction he has the team going. Butz stated that he fully trusts Abing, and added, “He’s the one looking for every possibility we can take to get better.”



Driver: Freshman hole set Ever Residez drives past the defender to put up a shot against El Camino on Oct. 3. The team went on to win 14-3

Chatterbox Corner

Criticizing Kershaw’s post-season struggle unfair

Los Angeles Dodgers’ starting pitcher Clayton Kershaw has faced some serious criticism about his lack of postseason resume’. The game of baseball is a little less forgiving than others.

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Men’s Soccer

Falcons flop last two match up.

The Cerritos College men’s soccer team failed to pull out any victories in their last two games. Friday the team lost its meeting with Mt. SAC 1-0 and lost 2-0 to Pasadena City Tuesday afternoon.

Women’s Soccer

Shutouts and wins keep coming for the women’s soccer team

The Falcons continue their hot streak defeating both Mt. SAC and Pasadena City College. The women shut out both teams; defeating Mt. SAC 4-0 and PCC 5-0.

Women’s Volleyball

Cerritos volleyball holds faces 2 straight losses.

Despite having a 2-2 conference record the Falcons fail to improve their overall record with two straight losses. The team lost to Mt. SAC on Wednesday 3-1 and to Pasadena City College 3-1 on Friday.

Women’s Water Polo

Falcon’s hold undefeated record in conference

The Cerritos College women’s water polo team defeated Mt. SAC in a close 5-3 victory. This brings the team’s record up to 13-5 overall and 6-0 for conference. The Falcons face LBCC on Wednesday.