

TALON MARKS

Simple Cut Meals: 'Enticing and Tasty'

Jasmine Martinez

News Editor
@talonmarks



WE MAKE LIFE SIMPLE FOR YOU

COURTESY OF VICTOR RODRIGUEZ

"Don't be scared of taking action now because a lot of people wait it out and they plan and they plan and they talk themselves out of it," said Andres Perez.

Vice Presidents of Phi Beta Lambda and Alpha Gamma Sigma, Perez and Alex Ochoa, decided to kick-start their venture "Simple Cut Meals," a meal preparation business in October 2018.

"We give [customers] a menu [on] Monday, you go ahead and look it over. We give you two options of the meal of the week to see which one you would like. Then, from there, you put in your order Wednesday, then we pick up the payment," Perez explained.

Perez and Ochoa then would process the order, cook the meals on Sunday and deliver to customers on Monday.

They plan on launching an application, along with Instagram and website, that gives people different food options, taking into account allergies and other factors to make their business accessible to more people.

"There's so much we could do with the business and so much we would like to do with it that there's no limits for us, really," Perez said, "Our main thing we want to focus on is really giving people that healthy lifestyle or, you know, just options really."

"Further on, we also want to

see which charities we can donate to and really, you know, make a difference in people's lives," he said.

Perez and Ochoa's future plans take into consideration legal matters, inventory and funding.

Jerry Ramos, business administration professor and club

adviser, mentioned that 70 to 90 percent of small businesses fail within their first year.

He said, "This venture that they have is possible, at the same time, they need to lay out the foundation for success, meaning create a business plan."

The business partners un-

derstand the notion of trial and error and learning from possible failures.

"I like to prove things wrong. I like to be that percentage [that] doesn't fail just because in high school, [people] thought I wasn't going to go to college, I did," Ochoa said, "And I'm excelling in college now. So, I like proving people wrong, I like proving statistics wrong."

During Business Week, Perez and Ochoa competed in the student pitch competition on Oct. 4, where they won first place in presenting their business idea to Cerritos College business professors and faculty.

They provided a sample of the food and "[The judges] loved it" Perez laughed, "At least that's what they told us."

After the competition, two professors approached them and told them they were interested in becoming customers.

"What they thought was pretty neat about our business pitch was we had really thorough research and we also had really good numbers in regards to like what we spend, how much the company is going to make... and what our potential losses can be," said Ochoa.

Perez saw the competitors didn't have that

According to the business partners, presenting their pitch in front of the professors was an ideal way to prepare for possible future investors and learn how to market themselves.

"I look forward to retiring early," Ochoa laughed.



JASMINE MARTINEZ

Small-Business Partners: Vice President of Phi Beta Lambda, Andres Perez, and VP of Alpha Gamma Sigma, Alex Ochoa, hope to offer affordable, healthy, pre-made meals. "Simple Cut Meals" wants to keep it organic and fresh.



"If stores don't improve the quality of their halloween costumes, Amazon is going to run them to the ground."

Opinion | Page 4



'Oedipus the King' theatre production is impressive

A & E | Page 5



Make the Los Angeles Lakers great again

Sports | Page 7

Cerritos dentistry students volunteer in LA

Jasmine Martinez

News Editor
@talonmarks

Carmelita Islas Mendez

Managing Editor
@talonmarks

Cerritos College students from dental programs on campus volunteered to provide dental care to Angelenos. The event took place at The Reef in Downtown L.A., Oct. 13-15, however students only volunteered to help for Oct. 15.

There was a mixture of students from two classes that attended the event said Anne Contreras, adjunct professor for dental assisting.

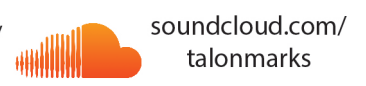
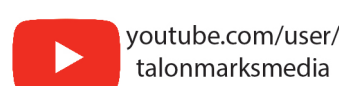
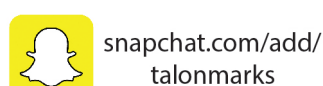
Students came from the dental assisting or dental hygiene classes that are offered on campus.

Contreras said that the event was organized to help people from low-income backgrounds or who can not afford health insurance. She said, "A lot of them stay in line for days so that they are able to be seen for a medical, vision and dental treatment."

Students were able to not only help patients, but also have hands on experience with patients said Kendall Kaller, dental assisting major.

Students were also able to practice skills learned in class such as taking x-rays, assisting with sterilization of instruments, setting

CONTINUED ON PAGE 2





COURTESY OF ANNE CONTRERAS



JASMINE MARTINEZ

Dental Assistant Major: Kendall Kallar demonstrates

CONTINUED FROM PAGE 1

up the barriers and removing saliva from the patient's mouth using professional equipment.

Having only practiced on themselves and instructional equipment, students were new to having live patients.

It was intimidating to be working with patients, but that there was a lot of guidance from Cerritos professors and dental surgeon said Kaller and Yeimi Graciano, another student at the event.

Graciano, dental hygienist major, said that working with patients was something new, but that it was a good experience to gain confidence.

Graciano said that though she considers herself to be a shy and awkward person, she found that working with the patients went

well. She said she felt confident talking to the patients and would hold conversations with them as well.

Contreras was "amazed" at the work from students.

She said, "They are only ten weeks into [the course], I mean they are really doing well."

Kaller said that it was intimidating working alongside dental surgeons while still being new to live patients, but that they were very helpful and encouraging.

She said, "I never felt like 'Oh, I have no idea about what I'm supposed to be doing' because everyone was willing to help."

Contreras said that the programs strive to prepare students for the future."

Annual conference for men promotes entrepreneurial skills

Naila Salguero

Staff Writer
@talonmarks

The Department of Adult Education and Diversity Program hosted its fourth annual "Fortaleciendo al Hombre" held in the Student Center on Oct. 13.

The conference provided insights and ideas to involve and strengthen men with their families. This year focused on "Micro Entrepreneur," along with areas focusing on health, education and civics.

The conference was a free event and open to the public, specifically for men. It also had guest speakers sharing their stories about health facilitated by Glenn Canales, education with Ignacio Rojas and civics by Rigo-berto Reyes along with keynote speaker Moises Perez-Martinez.

The first men's conference was held in 2015 with 120 men in attendance. Community Relations Coordinator Gloria Del La Torre expressed how many men felt "appreciated that they too are being thought of."

The following conferences became bigger as word got out from other men and women who share

their experiences, more people became interested in going.

This year 207 men reserved, and throughout the whole conference everyone seemed inspired.

Guest Jorge De La Torre attended his first men's conference and enjoyed it so much that he says he would come back again.

De La Torre said, "Time is flying by and I haven't started my own business, so the main topic is to build a business of your own or to expand one.

"I always had it in my mind to start my own, but it was just a thought. I never had the right resources to be guided to the right path, maybe if I was younger things would have been different," said Del La Torre.

He continued saying, "I would be more than happy to go back next year and invite more people."

Founder of the conference Daryabuth Martinez said she would get calls from the district saying how they heard amazing things about the conference.

It first began with the women's conference; Martinez started the first ever conference back in 2014.

Martinez has been working at Cerritos College for 20 years; with her experiences the idea of starting a conference first came about when many women would come up to her and talk about their issues and struggles. With so many, it was difficult for her to help them one by one.

Some of the struggles these women were facing were being unable to take classes, being single mothers, and some being undocumented.

Martinez also realized how difficult it was not only for her struggles, but also for others to have an education because of the difficulty in the language. There are many women who hold back or feel discouraged to pursue an education.

One day she decided to come up with an event where women could feel comfortable among other women, and that's when the women's conference first established.

Each year they have different themes, the first year was how education is important to women.

Martinez had an idea "Maybe I can help the men?" She continues, "Maybe we can empower men like we do for the women?"



NAILA SALGUERO

'Fortaleciendo': Guest Speaker Ignacio Rojas spoke about education during the "Fortaleciendo al Hombre" conference on Oct. 13. Rojas was one of four speakers, including himself, to speak at the event which provided tools for men.

Netflix's latest conquest? Billboard advertising along the Sunset Strip

By David Ng
Los Angeles Times

Netflix is once again crashing the party to the chagrin of Hollywood studios, but this time in an old-school way — by acquiring billboards along the Sunset Strip.

The digital streaming Goliath has quietly bought up prime billboard space along the mile-and-a-half-long section of Sunset Boulevard in West Hollywood that is among the most coveted advertising properties in

the country.

Along this winding stretch filled with tourists, the major studios and networks have historically promoted their latest titles with massive outdoor ads that tower over the street's upscale shops and restaurants.

Netflix in recent months has purchased at least 18 billboard faces from Regency Outdoor Advertising, in a deal estimated to be worth tens of millions

of dollars, according to ad industry insiders. The billboards, which are concentrated around Sunset Plaza and the Chateau Marmont, are already Netflix-branded, but some still carry ads for other studios and advertisers because of previous agreements with Regency.

Netflix is expected to eventually use the billboards to give its own TV shows and movies a big push. The streaming company is already promoting the final season of "House of Cards" on the newly acquired billboards, as well as the series "Daredevil," "The Chilling Adventures of Sabrina" and the animated "Big Mouth."

Netflix confirmed it has acquired an unspecified number of billboards in Los Angeles but declined to give further details. Regency didn't respond to requests for comment. Reuters first reported in July that a potential deal was in the works.

The city of West Hollywood estimates that Regency owned about 50 billboard faces along the Strip, including each side of

two-face billboards, according to a 2014 city survey.

A spokeswoman for West Hollywood said the city doesn't have any information on the size of the deal or the purchase price.

Although the dollar amount of the acquisition is probably just a drop in the bucket for Netflix, which is expected to spend as much as \$13 billion this year on content, the billboard play represents a significant symbolic move for the streaming company, signaling an investment in prestige marketing and aggressive awards campaigning.

The billboards will enhance Los Gatos, Calif.-based Netflix's physical presence in L.A. The company established its local headquarters at Sunset Bronson Studios in Hollywood last year and is already expanding into 13-story tower being constructed across the street.

Like almost everything Netflix does, the billboard purchase has riled up the competition — and not just in the entertainment industry. Local advertisers say the acquisition will decrease available billboard inventory and push up prices for a location that already commands top dollar.

"As an advertiser, it has

really rained on the parade. It's put a lot of upward pricing pressure on what's left," said Gino Sesto, founder of Dash Two, a Los Angeles-based digital and outdoor media buying agency. "This is the most prime, sought-after inventory in L.A."

Billboard ads along the Strip have typically commanded prices at least twice those on any other street in Hollywood, according to local advertising agencies. Thanks to Netflix, those rental prices — which can be as much as \$200,000 or more a month — have now risen by about 20 percent to 35 percent, they said.

That means other studios will probably shell out more money to promote their titles just as Oscar awards season is set to kick off. The Strip has historically been a favorite location for studios to place for-your-consideration billboard ads because of the large concentration of Academy voters and studio executives who live in the surrounding areas, like the Hollywood Hills.

This year, Netflix has a serious Oscar contender in Alfonso Cuarón's "Roma," a Spanish-language drama that has earned raves and is set to debut in December.

For more, read on Talonmarks.com

Cerritos College Police Department



LOST & FOUND

On Thursday, Oct. 11 in the area of the Business Education Building.

Items: metal women's ring with several clear stones.

Please contact Campus Police for lost and found items.

Call Campus Police 562-860-2451 ext 2325

SEE SOMETHING, SAY SOMETHING

How to Contact Campus Police Services

Emergencies

- Dial "911" from any campus telephone
- Dial (562) 402-3674 from your cell phone — this is the Campus Police emergency line (you are advised to save this number in "Favorites" on your cell phone)

Non-Emergencies

- Dial Ext. 2325 from any campus telephone
- Dial (562) 924-3618 from your cell phone

UPCOMING CAMPUS EVENTS

Monday	Tuesday	Wednesday	Thursday	Friday
		October 17 Study Abroad in Florence Information Session 3 p.m., LA 103	18 Flu Vaccines Available 9 a.m. Student Health Services	19 Piano Concert Lecture Series 11 a.m.- 12:30 p.m. Burnight Center Theatre
22 President's Hour 11 a.m.- 12 p.m. Falcon Square	23 Latinx Awareness Month: Hidden Patriots 11 a.m.- 12:15 p.m. Science 201	24 Find a Book Library Skills Workshop 4-4:30 p.m.	25 Zombie Fest 2018 11 a.m. Student Activities	26
29 2019-20 Free Dream Act Application Workshops 10-11 a.m. Financial Aid Resource Center	30 Polychromatic Mojo: Color as Content 6-9 p.m. Cerritos College Art Gallery	31 Ghost Story Contest Due at 11:59 p.m.	November 1	2 Fall 2018 Dance Concert 8 p.m. Burnight Center Theatre
5	6 Veteran's Week 11 a.m.- 1 p.m. Falcon Square	7	8 I am Frida Khalo! 8-9:30 p.m. Burnight Center Theatre	9
12 Veteran's Day Campus Closed	13	14	15	16

The Earth will die in 2038 unless you vote

Recent hurricanes like Michael, which wreaked major havoc throughout Florida, demonstrates that we can no longer ignore climate change, we must pump the brakes on fossil fuel emissions and start rethinking on how we can help reduce these emissions.

The United Nations have unveiled a grim report by the Intergovernmental Panel on Climate Change on Oct. 8 declaring that humanity only has till 2030 to limit global warming by 1.5°C so future children don't have to live in an actual post-apocalyptic world.

For decades, scientists have warned the public about greenhouse gas emissions, acidic sea level rising at a rapid pace, melting major ice caps, major heat waves, crop failures and droughts as the list of impacts goes on.

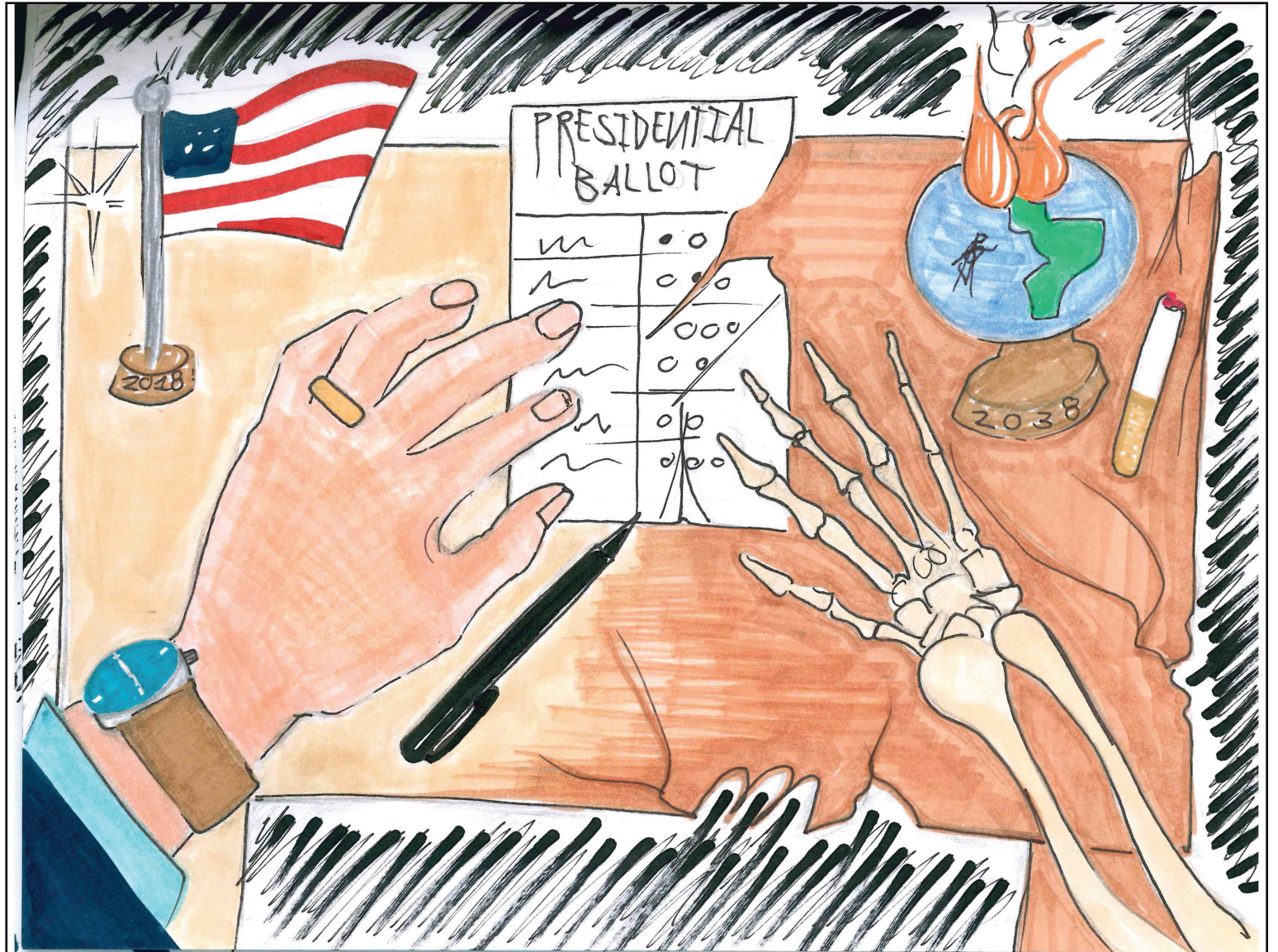
By now you're probably thinking, "I'm sick of hearing about climate change! It's already too late for us to make a difference."

It's only natural that pessimism kicks in and we're left with dread and hopelessness as this inescapable warning threatens our world.

The point of the IPCC report is to inform the public that we still have a chance to limit fossil fuel resources - from how we produce food, what we put on our land, to how we generate and use energy.

Taking action is the best way to combat these feelings and you'll be doing the world a big favor like reducing meat consumption, carpooling to work or school, if that's not your thing there's always cycling and other modes of transportation, buy energy-efficient light bulbs, do the good ole reuse, reduce, recycle system.

The little things we can do can help the bigger problem, however, we must realize that the major polluters are the fossil fuel and energy corporations along with



JOSE ISABELLES/FREELANCE ILLUSTRATOR

our government who enable these corporate giants to do what they want.

Climate change policy shouldn't be considered as a partisan issue that only one party supports and not the other.

It is an important issue to all Americans, it's a human rights issue. It will affect the most vulnerable people, animals and our ecosystems first and the hardest.

We cannot keep deniers of climate control to keep running our government any longer, we must vote them out of office so there can finally be some actual climate change policies taken place.

Politicians are putting Americans in danger by not doing anything and just blindly continue to ignore that climate change is a serious threat to our world.

It is urgent for young voters to really get out there are vote in the 2018 midterm elections which take place this Nov. 6.

Whether you affiliate with either the Democratic or Republican party, your vote matters and really makes a difference.

Millennials have been politically active lately and it is our duty as educated college students to spread the word on registering and voting this year.

The 2016 presidential election showed a spike in young voters so with that being said, it is emphasized to do your research and vote for a candidate who highlights the important issues that you believe should be taken seriously.

Even though, climate change isn't a number one issue discussed in politics, it should always be a concern for people who truly care about the environment and ensure that the candidate supports climate change.

One candidate who is in favor of saving the environment is Harley Rouda.

Again, climate change is

brushed off by political leaders, but this Democratic politician is taking a step forward on the importance of saving the environment.

Be serious about wanting to make a difference in our economy and in our political system.

As young Americans, we must use our rights and take advantage of our adolescent aspiring attitudes in bettering our government.

We must vote for someone who challenges other politicians issues and policies that do not benefit the environment or the people.

Halloween costumes need better quality or better prices

Alison Hernandez

Online Editor
@alisonshnews

Companies keep taking advantage of Halloween consumerism by producing low quality costumes at ridiculous prices and they need to knock it off before a competitor like Amazon runs them to the ground the same way it did Toys R Us.

If you head over to a store that actually does sell Halloween costumes, like Party City, you can buy a costume for \$30 to 40 that

looks great in the picture but once you pull it out you'll realize the fabric is thin and the costume is held closed by some cheap velcro closures.

Maybe if you're willing to spend \$50 - 60 on a costume you'll get a slightly better costume, though the fabric will still be lower quality and you'll need to spend \$20 - 30 more to get the wig and whatever other accessories are pictured but not included with the costume. You could possibly combine these sentences.

All this radical pricing occurs because Halloween happens once a year and people may not have many choices when it comes to getting costumes for their holiday events.

Some people might decide to just make their own costumes from scratch since they can ensure their costume will be made from better materials that way.

However, not everyone has the time or the skills to put into making a costume they might only use once and store away until next

year or just get rid of altogether.

For people who can't make their own costume they can go to online sites like Etsy and pay someone else to craft them a higher quality costume tailored just for them.

There are definitely cheaper, more affordable, options online especially with marketplaces like Amazon existing.

And with services like Prime, online marketplaces can be even more convenient than buying in stores because they'll deliver your

costume straight to your door.

Or if someone is willing to pay more for higher quality they can get something even better than what most stores have available from a costume maker on sites like Etsy.

So if stores want to keep the Halloween sales going they need to take a step back and decide whether to give better prices for the costumes they provide or increase the quality so that customers don't feel like they're being robbed.

Talon Marks is a First Amendment publication.

Editorials express the views of the Editorial Board. Other opinions express the view of the author and are not to be considered opinions of the publication's staff, the Editorial Board, the advisers, the Cerritos College Associated Students, the college administration or the Board of Trustees.

Production and printing of Talon Marks is partially funded by the Associated Students of Cerritos College.

Newsroom offices are located in the Fine Arts & Communications Building, Room FA245.

Cerritos College is located at 11110 Alondra Blvd., Norwalk, CA 90650

Telephone number: (562) 860-2451, ext. 2618

Vol. 63
© 2018 Talon Marks

Fall 2018
STAFF

Editor-in-Chief Bianca Martinez
Managing Editor Carmelita Islas Mendez
Online Editor Alison Hernandez
News Editor Jasmine Martinez
Sports Editor Carlos Ruiz
Arts & Entertainment Editor Elizabeth Corcoles

Staff Writers
Rebecca Aguila
Eunice Barron
Cindy Canas
Derrick Coleman
Denise Lopez
Christopher Martinez
Karen Miramontes
Marilyn Parra
Keanu Ruffo
Naila Salguero
Randy Tejada
Tiara White

Guadalupe Zaragoza

Faculty Adviser
Christian Brown

Instructional Lab Tech I/Adjunct
Alicia Edquist

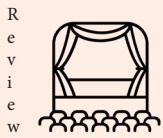
JACC Pacesetter Award
2009-2010



COURTESY OF SARAH PIRTLE

Oedipus: Carlos Holguin, as Kreon, in the Cerritos College Theatre Department production of the ancient Greek play, "Oedipus the King" by Sophocles. The theatre production of the play had their final showing on Oct. 14.

Theatre production of 'Oedipus the King' proved commanding



Bianca Martinez
Editor-in-Chief
@biancamart1955

The Cerritos College Theatre Department demonstrated that they can perform and produce "Oedipus the King," the ancient Greek drama, with minor hitches.

The play was written by ancient Greek playwright Sophocles, opened on Oct. 5 and could be seen Oct. 6 and 11-14.

The production exhibited that the black box in the Burnight Center studio can easily be converted into an intimate historic setting, as two rows of seating flanked each side of stage layout and four rows of seating faced a sturdy structure modeled as an allusion to a royal palace in Thebes, Greece.

The chorus of Thebans, comprised of cast members Breana Alexander, Chloe Avila, Cory Bragg, Marybeth de Guzman, Fernando de la Cruz, Sofia Moreno, Karina Rodriguez, Angelo Santos and Capone Walker opened the production with ominous chanting.

The Priest of Zeus and leader of the Thebans, Sinead Le, who portrayed her role with the conviction of any showboat mystic, with theatrical vocal projection and body movements that sold her performance.

The chorus of Thebans appeared after every interaction between the main characters and were a spectacle of their own.

The ambient music, atmospheric lighting and in-sync chanting and motions, made it appear to the audience as though they were privy to an intimate ritual as the chorus did their choreography without any major mistakes.

In tradition with ancient Greek

plays, the entire cast wore masks remarkably similar to those originally donned by actors in the era when "Oedipus the King" was first performed.

The costumes for King Oedipus, his wife and mother, Jocasta and his brother-in-law and uncle, Kreon were decadent in their use of richly colored gauzy fabric and metallic-colored masks, which bore more expression in comparison.

Erik Guijarro's depiction of Oedipus was strong in regards to delivery and exhibiting proper use of emotion when the scene called for it, though he did stumble over his lines a couple of times.

“Guijarro as he delivered his lines with strong, emotion-inducing projection...”
Bianca Martinez
Editor-in-chief

Guijarro efficiently expressed Oedipus's internal and external turmoil throughout the entirety of the play legitimately.

Because of his performance, Guijarro successfully caused the audience to sit with attention when he appeared in the palace doorway with a mask bloodied at the eyes.

In the play Oedipus, he stabs his eyes out after uncovering the fact that his wife is actually his mother and discovering her death from suicide.

The servant, played by Christopher Amador, who revealed the news of Jocasta's death and Oedipus's self-mutilation, neither the eye-gouging or suicide was physically acted in tradition to Greek tragedy, literally set the stage for Guijarro as he delivered his lines with strong, emotion-inducing projection in cadence with the background sound of

drumming.

The role of Teiresias, played by Susano Salcedo, had to be the biggest miss of the production as he was overhyped in his introduction as the prophet servant of the Greek god, Apollo, and could simply not deliver.

Now, when one envisions a prophet and servant of Apollo, for the most part, they envision a bad-ass guy with a larger-than-life presence and a booming voice.

Instead, what the audience essentially received was a kiss and a promise, due to Salcedo's poor projection and odd-sounding voice, which he obviously chose for his character.

Salcedo sounded and acted like a minor character featured in an episode of "The Simpsons" or "Futurama," where the character tries in vain to sound ominous and omnipotent, but instead turns out to be some shrimpy guy in an oversized coat.

There were a couple of other actors who treaded on Salcedo's path of weak delivery, but managed to gain momentum and deliver a believable and emotional performance.

The roles of Shepherd, played by Matthew Fernandez, and Kreon, portrayed by Carlos Holguin, almost fell down the Salcedo rabbit hole had they not accumulated the right amount of force to deliver a strong performance to save their bacon.

When Holguin first appeared on stage, he delivered his lines haltingly and without appropriate emotion.

However, when Holguin appeared for a second time he commanded the audience with his passionate and fiery presence, so much so that he even caused some of the audience members to jump.

Despite a few hiccups, the Cerritos College production of "Oedipus the King" invoked a few gasps due to the cast's successful line delivery and acting.

Bianca Bitches: My culture is not your costume

Bianca Martinez
Editor-in-Chief
@biancamart1955

Here we are, the middle of October has crept upon us and found us costumeless for those overrated Halloween parties thrown by friends we met in a community college philosophy, political science or anthropology course who think they are the king of irony.

Well, kiddos, there are a handful of ironic costumes for you to choose from, just peruse through any of the Halloween episodes of "The Office" or "How I Met Your Mother" and replicate any of the costumes featured there.



You are better off replicating an it-has-already-been-seen idea than trying and failing at playing the, "originality card."

What I mean when I refer to the "originality card," is that a lot of people think that dressing culturally offensive is an original, quirky and ironic costume idea.

Perdon pendejo pero mi cultura is not a Halloween costume for you to parade around in.

If you don't understand what the first part of the sentence said, then pick up a Spanish-to-English dictionary and learn the language of the culture that you are trying to appropriate.

For example, don't put on ripped and bloody traditional Mexican attire, paint your face like a calavera, or sugar skull, and go around telling people that you are a scary Mexican skeleton.

Dia de Los Muertos is a two-day holiday, which takes place Nov. 1-2 and celebrates the lives of loved ones who have passed

on and greeting them with their favorite food, drink and items, as they cross-over from the afterlife into the living world.

For some, these days are not only days of celebration, but a day of mourning, especially on the first day when the lives of children and infants who have passed away are honored.

No one wants to be mourning their loved one, while some ignoramus is getting plastered off cheap tequila and shouting arriba in a gory costume.

According to National Geographic, "Assured that the dead would be insulted by mourning or sadness, Dia de los Muertos celebrates the lives of the deceased with food, drink, parties, and activities the dead enjoyed in life.

Dia de los Muertos recognizes death as a natural part of the human experience, a continuum with birth, childhood, and growing up to become a contributing member of the community."

This holiday is, by no means Mexican Halloween, so if you are a non-Hispanic considering attending one of the many events, held in Los Angeles catering to the Dia de Los Muertos celebration, please put your tired-ass Pennywise costume down and just enjoy the beautiful culture being celebrated.

You can even participate in the festivities by painting your face like a calavera and donning appropriate traditional attire.

I am not condemning anyone from celebrating a culture, but they must be aware of the major difference between celebrating and appropriating.

Dia de Los Muertos is a tradition that must be regarded with respect due to its emotional significance.

There are processions and altars families have spent weeks constructing and preparing for as it is a way to honor their ancestors.

Be considerate this Halloween season and keep those racially offensive costume ideas out of your mind and away from those celebrating their cultura and their loved ones.

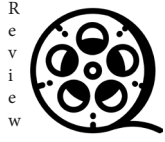
For more Bianca Bitches visit talonmarks.



CREATIVE COMMONS

Dia de Los Muertos: Day of the Dead Celebration at Mission St. Luis Rey in Oceanside, CA. Dia de Los Muertos is a traditional celebration in Hispanic culture.

Netflix's 'Apostle' is the perfect spine-thrilling film



Guadalupe Zaragoza
Staff Writer
@talonmarks

Within his new full-length film on Netflix "Apostle," Gareth Evans follows a rather new and different path that includes a full-fledged horror with a dark, nasty and discordant story surrounding a religious cult, which premiered on Oct. 12. It's a chilling gore with incredible creativity, leaving the audience at the edge of their seat.

Set in the 20th century, the film follows a former priest, named Thomas Richardson, played by Dan Stevens, who is also the long-lost son of a wealthy man.

When he returns home, it is discovered that his sister was kidnapped and held ransom on a remote island by a cult. Stevens takes it upon himself to rescue his sister.

Stevens gave a powerhouse performance as a drug-addicted Richardson who experienced hell on the island of Erisden.

The character's outrage upon what he witnessed allowed Stevens to reach into his inner Nicolas Cage level of madness, while staying grounded when facing evil or swimming in literal feces and blood.

Other characters included Michael Sheen's Malcolm, who is the self-appointed prophet that has enough danger and charm to keep viewers from knowing his intentions.

Lucy Boynton plays Malcom's daughter, whose character is the only good individual throughout the story provides the moral sanity the film needed.

Playing the character Quinn, Mark Lewis Jones captivates the audience by acting as the cult's glue and muscle that becomes mad and frightening as the story continues.

Director Gareth Evans really knew how to build tension. For example, the audience feared

Thomas would get caught at any split second as there was new dangers that approached him.

Besides trying to figure out where his sister was taken, Thomas begins to raise questions and then finds answers to the cult's odd daily routines.

Why do the cult members fill flasks with blood left outside their homes at night? Who is this "She" that the cult worships?

The film continues to build this tension until it reaches the final act, which is an explosion of craziness that takes the audience through a wild roller coaster that pulls "Apostle" towards a folk horror.

The questioning of God's existence and if we enslave it, is the core theme of "Apostle," and the answers may excite and surprise the audience who want a deeper understanding of mythology.

Evans delivered instinctive torture scenes with limb-crushing set-pieces that will leave the audience's skin crawling.

Perfectly capturing the beautiful landscape of the island, cinematographer Matt Flannery also captured the gruesome and terrifying savagery of animals and humans.

Flannery's camera and stunt work is exceptionally phenomenal, there is a feeling of unpleasantness from the impact of every wound and spiking.

Evans has proven to not only deliver master action films with remarkable choreography, but he also delivers a petrifying folk horror tale that enriches mythology and violence.

"Apostle" holds much gratitude to the classic horror films. However, Evans somehow manages to make this film feel fresh and new, while it grasps enough to gratify those who are here for a horror.



CREATIVE COMMONS

Classics: "A Nightmare Before Christmas," a Tim Burton original, is the perfect film to watch for a slight scare, but fun happy sing-along. If a night of scare isn't ideal, then stay in for a Tim Burton movie-thon.

Spend time with the king of spooky, Tim Burton

Bianca Martinez
Editor-in-chief
@biancamart1955

Looking for spooky basket fodder? Or just want to take part in the season and have a Halloween movie marathon, but you can't stand gore or being scared? Then grab your coziest blanket and take a look at this list of Tim Burton movies you can watch peacefully with the lights off.

Of course, you can't have a non-scary movie list without the master, Tim Burton. Burton's marathon-able films are the perfect mix of dark and entertaining, without anxiety-induced insomnia.

"Beetlejuice" (1988)

Chant along with Geena Davis and Alec Baldwin, the infamous words as you see a grimy Michael Keaton trying to swindle a marriage with the wonderfully gloomy, Winona Ryder.

"Edward Scissorhands" (1990)

Watch as a young Johnny Depp navigates life in a suburban town with scissors for hands, after his creator, unexpectedly passes away.

"The Nightmare Before Christmas" (1993)

Take a trip down memory lane and sing along with the catchy tunes in this claymated musical.

"The Corpse Bride" (2005)

If necromancy is more your speed, you are cordially invited to the union of Victor Van Dort and Emily, his corpse bride.

"Sweeney Todd" (2007)

A musical about revenge, murder and cannibalism, tune in as you hear Johnny Depp and Helena Bonham Carter sing about pies and straight razors.

"Frankenweenie" (2012)

Like the concept of Frankenstein, but love the concept of animals even more? Then get your heartbroken, then immediately repaired with this reanimated take.

"Dark Shadows" (2012)

Into vampires but hate "Twilight?" Then this movie is the one for you, plus it's a bit funny and nobody sparkles.

"Miss Peregrine's Home for Peculiar Children" (2016)

If you are into fantasy adventures that border on the supernatural, you might enjoy this most recent Burton film with spooky thematic elements.

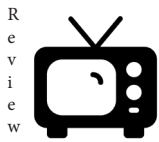
So cozy on up and enjoy these classic films.



ROBERT MARQUARDT/GETTY IMAGES

Apostle: Gareth Evans and Nate Bolotin attend the red carpet premiere of Netflix's "Apostle" at Sala Retiro during Sitges Film Festival 2018 on Oct. 6 in Sitges, Spain.

Season premiere of 'Riverdale,' sensationally chilling



Eunice Barron
Staff Writer
@talonmarks

The CW welcomed back "Riverdale" with its season three premiere on Oct. 10. Returning with a suspenseful and chilling season, filled with much anticipation over, thrills and the incorporation of a supernatural theme.

The season premiere was theatrically sensational on introducing the viewers with events that gave the audience chills and goosebumps, just in time for Halloween.

The events in question were in continuation from season two.

Such as Archie Andrews' murder trial, the introduction of a mysterious cult and a supernatural villain who is set to invade the small town of Riverdale.

Season two left many fans on a cliffhanger about what direction the future of the characters and the small town of Riverdale will have in store for them.

Season three did not disappoint as far as where it left off and finally gave viewers some relief on what's going to happen to the beloved Archie characters and possible plot predictions.

The plot starts with Archie Andrews' murder trial and possible jail time for a murder he did not commit.

This season's two biggest mysteries also make their grand entrance with the introduction of a new villain, the "Gargoyle King"

and a mysterious farm cult with supernatural abilities, of which involves Betty Cooper's family.

This season also includes feuds

that were left off last season, starting with the Lodge family abusing their power and wealth in the town.



GAGE SKIDMORE/CREATIVE COMMONS

Riverdale: Cole Sprouse and Ashleigh Murray speaking at the 2017 Wonder-Con, for "Riverdale", at the Anaheim Convention Center in Anaheim. The season three premiere of "Riverdale" was on Oct. 10.

The antagonist of the show, Hiram Lodge, played by Mark Consuelos, and his daughter Veronica, played by Camila Mendes, declared war on his daughter and plotted to separate her from Archie Andrews, who is played by KJ Apa.

One of the other dilemmas that took place was with the Southside Serpents and their gang leader Jughead Jones, played by Cole Sprouse, and their nasty confrontation with their rival gang, the Ghoulies.

This season could be the spookiest and darkest season yet, with the introduction of the first episode with a supernatural twist and for a possible crossover with upcoming spinoff, "The Chilling Adventures of Sabrina," which is set to premiere later this month on Netflix.



NAILA SALGUERO

No. 1: The men's soccer team are ranked No. 1 in the nation. Freshman midfielder No. 24 Carlos Perez crossing the ball past the defender against Long Beach City College at Cerritos College on Oct. 9, 2018 in a game that ended 1-1.

Falcons' soccer ranked No. 1 in the country

Carlos Ruiz
Sports Editor
@thecarlosruiz

The Falcons men's soccer team is 13 games into the season and the players say they're looking forward to the state title as they hold onto their No. 1 spot in the country.

Men's soccer has won 10 games, tied twice and lost one match so far in the season. They have scored 29 goals and conceded nine goals.

They won 1-0 against the team's biggest rival during an away game against Mt. San Antonio College on Oct. 12.

Head coach Benny Artiaga said, "Anytime you beat your rival it's a good and fun thing.

"Our rivalry with them is really good for college sports, we're not as good without them and they're not as good without us."

Artiaga said that it was one of the games the team looked forward to this year because at the end of it, both will be contending for the state title.

"The execution was great, we really played lights out," he said.

Artiaga expressed how the team has met expectations saying, "How can you complain if your No. 1 in the country?"

The hardest part for Artiaga now would be to keep the team motivated and hungry to continue winning games.

"It's really easy to put it in cruise control, but we're barely starting to hit our stride and peak [of the season]," Artiaga said.

Artiaga is hoping the team can continue performing at a high level, so they can have home field advantage in the playoffs.

Going into the next game against Chaffey College, Artiaga is confident that the team will win as long as they continue to play hard and do their job.



Within the season campaign the team has lost some key sophomore players due to injury.

Some of the players include Javier Cortez, defender; Bryan Rodriguez, midfielder; Carlos Payeras, forward; Christian Perez, forward who will be missing the rest of the season.

Perez said, "Despite being out for the season, I have confidence in my team. They're showing results and all the work they put in is paying off."

Perez is going to be supporting his team from the sidelines every step of the way for the rest of the season.

Even though the men's team is ranked No. 1, Perez says that the national ranking doesn't mean anything until they actually win something.

"I feel like my team is gonna take it this year, I have no doubts," Perez said.

Sophomore goalkeeper No. 1 Jordan Aldama is proud of the guys on the team and the program.

"We deserve that ranking and we're obviously showing game in, game out," Aldama said.

Aldama decides how to lead the team based on the way the game is going at that moment in time.

The Falcons are prideful in keeping clean sheets and making sure the ball doesn't go in at all.

"No keeper is ever happy when they get scored on, but I try to keep it positive with my team, so if they see I'm positive... everything will be alright," Aldama said.

The men's soccer team most recently won an away match against Chaffey College 3-2 on Oct. 16 holding its top spot in the nation.

Like the men's team the women are also ranked No. 1 in the nation at the moment and are one of the few teams left that are still undefeated.

The women's soccer team are riding a 13-game winning streak, the team has managed to score 71 goals within the 13 games they've won and have only conceded one goal early in the season.

Following the game against Mt. San Antonio, which resulted in a 4-0 win for the women's soccer team, they won 3-0 in an away match against Chaffey College on Oct. 16.

Shmackem: Showtime Lakers are officially back



Jah-Tosh Baruti
Freelancer
@press1800tosh

Showtime is back baby! As legendary Lakers broadcaster Chick Hearn would say, "The game's in the refrigerator, the door's closed, the light's out, the eggs are cooling, the butter's getting hard and the jello's jiggling."

If Hearn was still alive, Staples Center would hear that phrase many of nights. Along with other Chickisms such as "Slaaaaaam Dunk!!" and "no-look pass."

Fans will be in for a treat this season after receiving a basket full of tricks in recent seasons and missing the postseason for five consecutive years.

The new-look Lakers headlined by LeBron James, are projected to win 46 games, according to ESPN's Kevin Pelton.

ESPN has King James favored to win MVP No. 5, while Bran-

don Ingram is said to take home the Most Improved Player award.

One Laker being slept on, amidst James' arrival, is Lakers' 21-year-old forward Ingram who has shown throughout the summer and preseason that he's ready to take his game to new heights.

His preseason highs were 31 points and 10 rebounds.

When you add James, the Lakers now have the potential to be a championship team.

The two times that James switched teams, each team won 11 and 20 more games, respectively.

However many wins the Lakers earn, this team is destined for greatness this season.

Former Laker Mychal Thompson and Warriors' guard Klay Thompson's dad stated that the Lakers and Golden State Warriors will meet 13 times this season.

What round you may ask, he answered, "Oh, conference finals, man. You don't bring LeBron in to get eliminated in the second round. When has that ever happened to LeBron?"

The Lakers notched a 119-105 win in the final preseason game, completing back-to-back wins versus the Warriors.

Regular season action for the Lakers tips off on Oct. 18 at 7:30 p.m. in an away game against the Portland Trailblazers.

Sports Schedule

Cross Country

- Oct. 26, at **Don Knabe Community Regional Park (Cerritos)**
M: 10 a.m. W: 11 a.m.
- Nov. 2, at **Don Knabe Community Regional Park (Cerritos)**
M: 11 a.m. W: 12 a.m.

Football

- Oct. 20, 6 p.m. against **San Diego Mesa College**
- Oct. 27, 6 p.m. against *Mt. San Antonio College*
- Nov. 3, 6 p.m. against *Palomar College*

Volleyball

- Oct. 19, 6 p.m. against *Rio Hondo College*
- Oct. 24, 5 p.m. against **Mt. San Antonio College**
- Oct. 26, 6 p.m. against *East Los Angeles College*

Soccer

- Oct. 19, against **Pasadena City College**
W: 2 p.m. M: 4 p.m.
- Oct. 23, against **East Los Angeles College**
W: 2 p.m. M: 4 p.m.

Water Polo

- Oct. 17, against **Mt. San Antonio College**
W: 3 p.m. M: 4:30 p.m.
- Oct. 24, against **Long Beach City College**
W: 3 p.m. M: 4:30 p.m.

Wrestling

- Oct. 17, 7 p.m. against *Santa Ana College*
- Oct. 24, 7:30 p.m. against **Rio Hondo College**
- Oct. 27, 7 a.m. against **Halloween Open**

M: Men's team W: Women's team

Italics: Away event **Bold:** Home event

Falcons lose three in a row



CARLOS RUIZ

Defense!!!: The Cerritos College defense held Fullerton College from scoring any points in the second half of the football game on Oct. 13, 2018. Sophomore line-backer No. 10 Latrell Stearns stopped the Long Beach City College running back with a hard tackle at Cerritos College on Sept. 29, 2018.

Keanu Ruffo

Staff Writer

@talonmarks

After starting the season 3-0 the Falcons football team lost its third game in a row against Fullerton College 35-25 on Oct. 13, following the loss, the team is now 3-3 overall in the season.

It was all Fullerton football in the first quarter as they ran over the Falcons defense by scoring three touchdowns to make the score 21-0.

Cerritos defensive end, No. 99 Anthony Shipton, shared what the problems were in the first quarter.

"We could've played harder, faster, and more as a team instead of playing for each other."

Cerritos would finally make a statement as they drove the ball down field to punch in the easy two-yard touchdown run made

by fullback, No. 44 Etieni Valele, with 7:52 left in the quarter.

Fullerton would answer right back three minutes later as they trampled over Cerritos defense once more to add another touchdown to their lead making the score 35-7 with 4:01 left in the second quarter.

On the next Cerritos drive, quarterback No. 11 Isaiah Bravo would connect with receivers C.J. Parks and Jacob Gasser to put the offense into Fullerton territory.

Looking like the offense would've scored another touchdown before the quarter ended, Bravo would throw an interception to end the half on a bad note.

Despite trailing Fullerton 35-7 at halftime, Coach Grosfeld kept it positive with his players and had encouraging words, "The halftime speech was about not giving up and having pride so we

represent ourselves well."

Grosfeld not only wanted his players to not give up and have pride but to show what kind of team they are, "The real thing was to come out in the second half and show what kind of character they have."

Early in the third, the defense did just that as cornerback, No. 20 Dior Denson, would pick off the ball to shift momentum toward Cerritos.

On Cerritos next drive, Running Back No. 3 Rhamondre Stevenson would follow his blockers and rumble down the field for 44-yards deep into Fullerton territory.

The Falcons next scoring drive came late in the fourth quarter where Carl Odom would score again, but this time rushing it into the end-zone.

The offense would go for two and would be successful making

the score 35-25 with Fullerton still ahead.

Unfortunately, that would be the last touchdown as time would run out for the Falcons.

Despite losing, Falcons took Grosfeld's halftime speech seriously and did not disappoint as the offense was able to score eighteen unanswered points while the defense gave up zero points.

Defensive captain Jason Nettles, expressed what needs to be done differently for this week's game, "We just gotta come out and play harder right from the start and not take any plays off"

The Cerritos College football team has its next conference opponent will be against San Diego Mesa which will also be the Falcon's homecoming game.

Both Cerritos College and San Diego Mesa College are 3-3 so far in the season and are coming off tough losses.

Under the Radar: 2018 Rip Curl Pro Portugal

Under the Radar is a new sports column that will focus on international sports that rarely get recognition in media

Christopher Martinez

Staff Writer

@talonmarks

Surfing at an international level is thriving, but it is the surfing in the beaches across the United States that is struggling to find a place with other big name sports.

Here in California, surfing is the state sport, though many believe it to be basketball, as modern surfing was pioneered in Southern California.

The surfing world has all eyes on Brazilian surfer Gabriel Medina as he defends his Moche Rip Curl Pro Portugal when he goes up against some of the biggest names in surfing.

One of Major contenders from around the world that are going after Medina is Australian surfer Julian Wilson who is an artist when it comes to surfing supertubos, a surf break and the venue of the Rip Curl Pro competition in Portugal.

Wilson is coming off his win in the France Pro and almost scoring a perfect two 10's.

Frederico Morais, a Portuguese native, will have a home advantage as he is surfing in his backyard, another surfer who knows supertubos. He knows the waves because he surfs there year round and would be likely to come out strong.

Brazilian surfer Ian Gouveia who is one of the worlds best barrel riders is going to have his skills on display as he looks to capitalize on the surf at supertubos.

The venue for this year's Rip Curl Pro in Portugal is known for the Atlantic hurricane season that can sometimes get very windy with lots of rain, which is bad for supertubos.

The competition, which starts Oct. 16 through Oct. 27, has some other factors along with the hurricane season in full effect.

Hurricanes off the coast tend to bring massive swells which can reach 10-meter waves, unfortunately a hurricane may cause north winds making it a bit harder to surf.

Sandbars are in perfect position for the swells to come out of the deep water and help change the direction of the wave, which allows for the shape of the wave to conform to the surfers needs.

Portugal offers some of the best beach breaks in the world offering some great surf and competition from all the competitors.

Read more of *Under the Radar* on talonmarks.com

Sports Results

Cross Country

- Oct. 5, at *Irvine Regional Park (Orange)*
W: 8th place
M: 6th place
- Oct. 13, at *UC Riverside AG-OPS Course (Riverside)*
W: 21st place
M: 18th place

Water Polo

- M: Oct. 12, against *Cal Lutheran University*
Final Result: Loss, 16-7
- W: Oct. 13, against *American River College*
Final Result: Loss, 15-13
Citrus College
Final Result: Win, 13-11

Soccer

- Oct. 12, against *Mt. San Antonio College*
W: Win, 4-0 M: Win, 1-0
- Oct. 16, against *Chaffey College*
W: Win, 3-0 M: Win, 3-2

Volleyball

- Oct. 10, against **Long Beach City College**
Final Result: Loss, 3-0
- Oct. 12, against *Los Angeles Harbor College*
Final Result: Loss, 3-0

Wrestling

- Oct. 10, against *Palomar College*
Final Result: Win, 24-19
- Oct. 13, *Southern California Regional Team Duals*
Final Result: Win, 37-7

Football

- Sept. 29, against **Long Beach City College**
Final Result: Loss, 46-32
- Oct. 13, against *Fullerton College*
Final Result: Loss, 35-25

M: Men's team W: Women's team

Italics: Away event Bold: Home event