

Cerritos celebrates veterans



PHOTOS BY DERRICK COLEMAN

Veterans Week friendly competition: Financial aid staff, the Commerce Music Club, and Cerritos College veterans participated in a few rounds of tug-of-war competitions, with financial aid staff ultimately taking first place. This was the second event of Veterans Week, taking place on Nov. 6.

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Veterans Week at Cerritos College kicked off with an open house, where food and music were provided for staff and stu-

dents to mingle and learn about services and participate in some friendly competition.

The Veterans Resource Center, established in 2010, is hosting the events taking place until Nov. 8.

Tug-of-war participants received clothing gear as prizes much to the excitement of Michael Gonzalez, a non-veteran who works for the Financial Aid office.

“They mean me everything to me, they give me freedom and everything we stand for as a nation,” Gonzalez said, “They are our frontlines to have free will here.”

V.R.C. counselor Felipe Salazar said the campus roughly serves about 545 student veterans and the center continues holding the events to support veterans.

He said the week-long event

also helps bring more awareness and connections with “not only student veterans, but other students as well and knowing that we value our veterans here.”

2018 is the third year the Commerce Music Club provided their services, blasting a mix of mainstream music through both events.

Salazar said navy and marine corp recruiters also participated.

The financial aid staff, Commerce Music Club, and Cerritos College Veterans competed against each other in multiple rounds of tug-of-war, with the financial aid office ultimately taking first place.

To Robert Samms, director of veterans affairs, being a veteran is about service and sacrifice, to ensure that people get the same responsibilities and rights.”

Lynwood fall festival raises funds for sheriff foundation

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The city of Lynwood hosted its first four-day Fall Festival, which took place from Nov. 1-4., to raise funds for the Century Sheriff Foundation.

The Lynwood Fall Festival, organized by the Lynwood Chamber of Commerce, was a free public event that featured rides, food and also provided free health services to the Lynwood community.

The festival featured its own

unique musical features of local resident performers by including expected performances by Lynwood and Firebaugh high school dance groups.

Edwin Hernandez, Chamber of Commerce executive director and CEO, said he hopes that the event will be here to stay as an annual occurrence and said the goal of these types of events is to bring the Lynwood community closer.

According to Hernandez, “We hope to raise funds for the [Century Sheriff] Foundation and all the money will go to them. We,

as the Chamber of Commerce, try to help them since we have the experience of organizing events.

“Century Sheriff Foundation is located here in Lynwood and we hope by organizing these type of events, we hope to bring law enforcement and the community together to make peace with each other.”

The festival also gave an opportunity for small food businesses to reach out and sell to the community.

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EUNICE BARRON



EUNICE BARRON

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Edwin Hernandez also said, “The idea for this event was by the city board which it’s members are current small business owners” for which this event gave a platform for local small business to be seen within the community.

Jonathan Robles, co-owner of Collective Avenue Coffee, runs his small business in the same location as the festival said, “For this event, it is definitely community focused.”

As a Lynwood resident himself,

he states that these types of events will bring the community close and build some sort of bond with his small coffee business.

Robles hopes that these types of events will bring more neighboring to the Lynwood and other city communities by selling their coffee.

Robles also stated that, “We [Collective Avenue] try to be community-focused by the use coffee to build the community and improving it.”

Students advocate for women’s health

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It has been a year since administration justice major Kimberly Cuthbert has been experiencing shooting pain in her leg and extreme pain in her abdomen causing her to limp and double over.

Only until recently has Cubthral been diagnosed with stage two endometriosis due to what she says is incompetence from her former primary health-care provider.

Cuthbert said, “I guess you could say that everything started in November 2017 I noticed that when I would get up from sitting down, I would start limping but I really paid no attention, everything changed this January of 2018.”

It wasn’t until January when Cuthbert when to urgent care with “a simple sickness because I have bronchitis,” however, when she was seen cuthbert said that inflammation was felt in “my lower, right quadrant.”

Due to curiosity, Cuthbert looked up which organs fell under the lower, right quadrant of the body, it was then that she discovered that the area where she was experiencing inflammation contained the ovaries, fallopian tubes and the appendix.

It was then Cuthbert, being scared about where the pain was occurring called her primary physician.

Cuthbert said, “he [primary physician] saw me on January 12 2017 and he got mad and he said that he did not know urgent care chose not to the ultrasound, he did not understand as to why urgent care sent me back to him, they reason why I told him urgent care sent me back to him is because they couldn’t do anything else on that matter.”

From that point on, Cuthbert felt like a human pinball as she was pushed from nurse practitioner to doctor, without receiving any proper diagnosis or medical treatment.”

Throughout the the ten months that Cuthbert was attempting to receive medical attention, it was unbeknownst to her that she had a ruptured cyst, which was causing all the immense pain she was experiencing.

According to the site UpToDate, which is used by medical staff in the Health and Well-



COURTESY OF CREATIVE COMMONS/ PROGRESS OHIO

TransLatin@ Coalition CEO: Bamby Salcedo encouraged and affirmed the crowd that transgender and non-binary people are here to stay and fight. She hugged many protestors after the event ‘corazon a corazon,’ heart to heart.

ness Center, “Endometriosis is a condition where tissue, similar to the tissues that normally grows inside the uterus, also grows outside the uterus.”

Cuthbert says that her reports of pain went ignored and was told by physicians and a nurse practitioner that she was making up the severity of the pain she was experiencing.

It wasn’t until she was switched to her current doctor, that Cuthbert was diagnosed as having endometriosis, “If it hadn’t been for her, I don’t know where I’ll be. I think I’ll still be trying to figure out if I have endometriosis.”

Cuthbert thinks that her symptoms took this long to diagnose because “it’s the type of doctors that really just don’t care about the female experience, especially the male doctors, I feel like they don’t know what we women go through every single month, I mean, for me, I self-diagnosed myself.”

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Visual lecture discusses drawings from African American artists

Bridget R. Cooks, guest speaker for the Black Index, shines light on the representation of the black community in the media through the works of three artists.

Elizabeth Corcoles

A&E Editor
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Bridget R. Cooks, guest speaker for The Black Index lecture, discussed drawings from three African American artists who are shining a light on how the black community is photographed and perceived in the media. The presentation on Oct. 30 was part of the Visual and Cultural Studies lecture series.

The heavy topic referenced

works by artists Kenyatta A.C. Hinckle, Titus Kaphar and Whitfield Lovell.

“The artists recreate images of black people in ways that are alternative ways of thinking about blacks through photography,” said Cooks, the author of Exhibiting Blackness: African Americans and the American Art Museum.

Cooks’ focuses on the artists and their drawings because they are adding a different element to how people in the black commu-

nity are being depicted.

“They’re using source material, suggests that through a more artistic representation, drawing in particular, you’re able to learn more and different things about black people than the ways we’re often pictured through photography or mug shots,” she said.

In the three artists’ work, people can see that “they are trying to create a counter index, a different way of picturing black

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COURTESY OF BRIDGET R. COOKS

CONTINUED FROM PAGE 2

people, that's an alternative to other standard photographic pictures," Cooks said.

Cooks said, "Many people, black and non-black, are trying to survive in a moment where there is a lot of racial violence.

"I think that these artists are

trying to process the age that we live in, trying to sustain ourselves physically, emotionally and spiritually," Cooks said. "And that they're trying to figure out ways to help us think about our own value, and to help us grieve over the people that have been murdered."

Spring 2019 Journalism & Radio-TV courses

JOUR 121 Multimedia Reporting 3.0 Units

This course will provide a basic introduction to multimedia storytelling with a journalism emphasis. Techniques that will be explored include use of video, photos, audio, animation, and text to convey interactive news and feature stories through the World Wide Web and other electronic media. Transfer Credit: CSU

Ticket #22886 | MW 3 p.m. - 5:15 p.m. | FA245 -- Alicia Edquist

RTV 152 Introduction to Broadcasting 3.0 Units

As an introduction to the basic phases of radio and television broadcasting, this course covers historical, legal, and practical aspects of broadcasting. Students will learn microphone and camera techniques, studio procedure, and station staffing as well. Field trips to radio and television stations may be included. Transfer Credit: CSU

Ticket #21626 | TTH 12:30 p.m. - 1:50 p.m. | FA245 -- Alicia Edquist

JOUR 107A College Newspaper 3.0 Units

This course focuses on writing and producing student news publications using the Talon Marks student media--school newspaper, talonmarks.com, social media, and others--as a practical laboratory that produces a journalistic product for distribution to a college-wide audience.

Ticket #23310 | MW 12:30 p.m. - 2:50 p.m. | FA245 -- Christian Brown

JOUR 101 Beginning Newswriting & Reporting 3.0 Units

This course focuses on the principles of newsgathering and newswriting, with emphasis on journalistic writing. Basic news story structure and development, news evaluation, newsgathering methods, interviewing, craftsmanship, and reporting techniques in general are explored. Newspaper and other news and information media are analyzed. The course is particularly recommended for English and communications majors and those planning careers in news media, public relations, communications, corporate communications and news and informational media. Transfer Credit: CSU; UC

Prerequisite: Completion of ENGL 52, or ENGL 72 or ESL 152 or equivalent with a grade of "C" or higher, or "Pass,"

Ticket #20453 | TTH 9:30 a.m. - 10:50 a.m. | FA245 -- Christian Brown

JOUR 100 Mass Communications and Society 3.0 Units

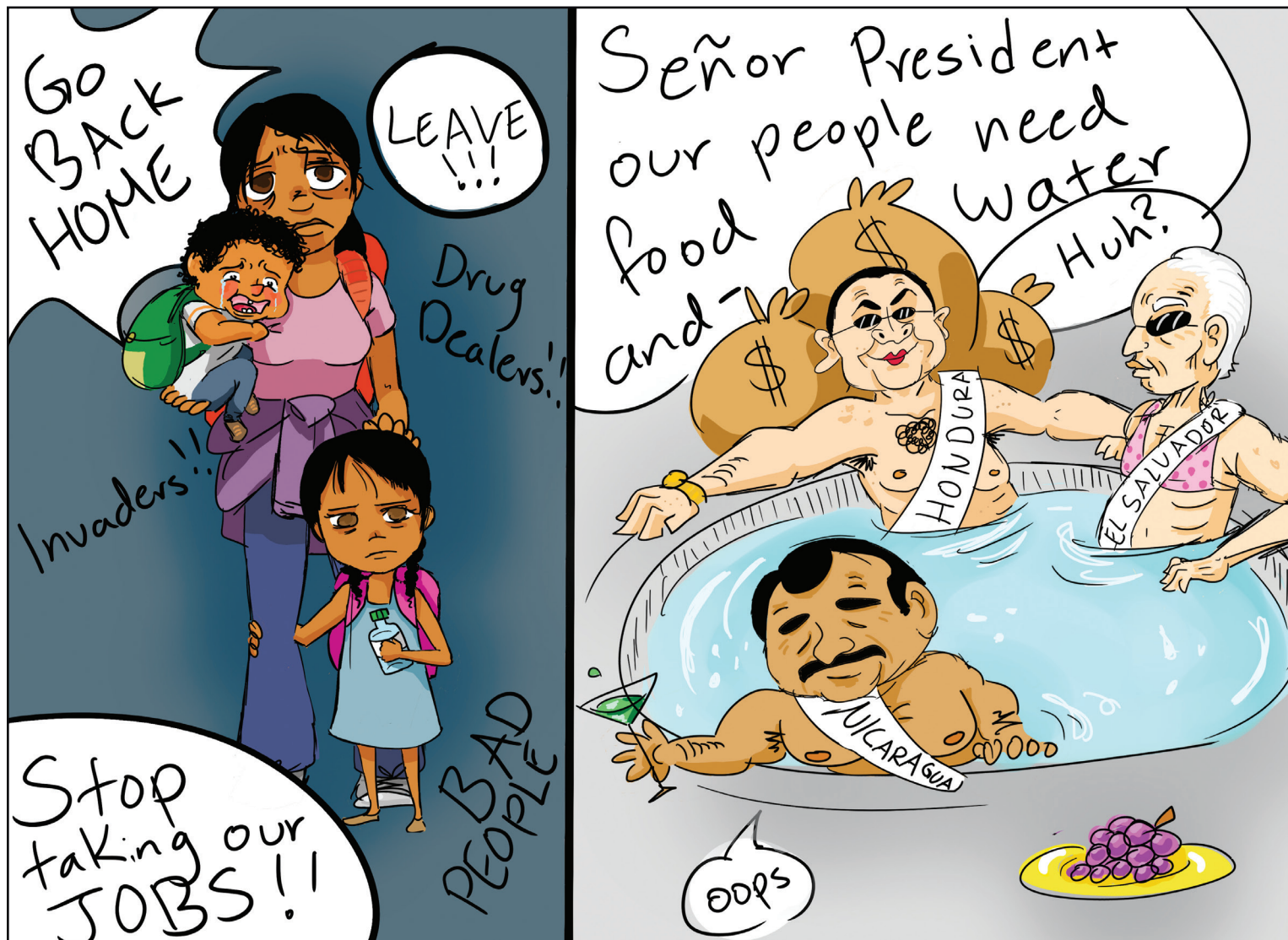
The course examines the impact of mass media in national and international political, economic, cultural and behavioral contexts. It assesses contemporary trends in media-society relations; historical facts that have shaped the structures, practices and products of the mass media industries and trends in media-society relations. Transfer Credit: CSU; UC

Ticket #20452 | MW 9:30 a.m. - 10:50 a.m. | FA134 -- Christian Brown

UPCOMING CAMPUS EVENTS

Monday	Tuesday	Wednesday	Thursday	Friday
		November 7 2019-2020 FAFSA application workshop 9- 11 a.m., Financial Aid Resource Center	8 Veterans Day Ceremony 11 a.m. Falcon Square	9 I am Frida Kahlo! 8 p.m. Burnight Center Theatre
12 Veteran's Day Campus Closed	13 International Education Week Opening Ceremony 11 a.m.- 12:30 p.m. Student Center	14	15 2019-2020 Dream Act application workshop 10-11 a.m. Financial Aid Resource Center	16
19 2019-20 Free Dream Act Application Workshops 10-11 a.m. Financial Aid Resource Center	20 L.A. Regional Food Bank 11 a.m.- 1 p.m. Falcon Square Art Gallery	21 Polychromatic Mojo: Color as Content 11 a.m. FA107	22 Thanksgiving Recess Campus Closed	23 Thanksgiving Recess Campus Closed
25	26 Veteran's Week 11 a.m.- 1 p.m. Falcon Square	27	28 Financing Your transfer Education 11 a.m.- 12 p.m. Financial Aid Resource Center	29
December 2	3	4	5	6

Stop the demonizing migrants, blame the governments instead!



SOFIA GALLEGOS/FREELANCE ILLUSTRATOR

In past weeks President Donald Trump and his conservative minions have been doing nothing but complain and demonize the current Central American migrant caravan by calling them “invaders.”

The real group of people that Trump and conservatives should point fingers at are the Honduran, Salvadoran and Guatemalan governments who are responsible for not looking out after their citizens.

The United States is also responsible for the crisis due to past involvement with Central

American countries by supporting and funding wars, and sending aid money to prevent them from turning into communist countries.

As a long term consequence, the real reason these countries are “third world” is because the governments keep all the aid money to themselves and ignore their people.

The United States government is no saint in this problem and should take responsibility for its actions as well.

People in the migrant caravan are escaping violence, hun-

ger, poverty and corruption from their native countries, joining this caravan is the only opportunity they have to flee their country.

The majority of these migrants have no resources to request political asylum and do whatever they can without help to escape from the living conditions they were in their home countries.

It’s disgusting to hear complaints from many far-right conservatives and republicans about how these “invaders” are breaking the law and they feel entitled to enter the country.

These people also love to criti-

cize developing countries and their governments, as well as the people, by expressing how they should go back and fix their countries as if it is an easy task.

Hey, far-right wingers it is easy for you to complain and criticize other countries when for all of your life you have been living in a privileged developed country with no experience with what’s it like to suffer from extreme poverty and persecution.

Poverty in the United States is way different than in other countries where the government does not help their citizens for any-

thing.

It is easy to complain and criticize when most of these people live in better conditions and they have no idea of what’s really going on outside the country.

The truth is that, unlike the United States, peaceful protest does not work in most Latin American countries.

Since protesting often leads to chaos, the government does not bother to hear from its citizens.

It is also absurd to hear crazy assumptions that are most likely not true such as when President Trump assumed that Middle Eastern terrorists and gang members from MS-13 were hidden in the caravan.

Where is the evidence that proves that these middle eastern terrorists and gang members are hiding in the caravan?

President Trump’s statement is invalid, he cannot assume anything without actual proof.

It is ridiculous to bring up assumptions that paint all migrants as criminals and fuel foolish conspiracy theories which are far from the truth.

If President Trump wants to fix this migrant crisis then stop sending aid money to these countries and talk some sense into the Central American governments to actually do their job and take responsibility for looking after their citizens.

An immigration reform is also another task that President Trump must find a way to do so that people can come into the country without breaking any laws and the process can be faster.

The United States cannot keep this migrant crisis as a political topic to get more votes and power there has to be a solution to this including taking responsibility of the long term consequences.

Pressuring someone to vote is not the same as encouraging

Alison Hernandez

Online Editor
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Aggressively pushing others to vote by guilt tripping or pressuring them does more harm than good and needs to stop, people need to figure out how to actually encourage others to vote before the next election season or they’ll risk discouraging people from voting altogether.

U.S. citizens took to the polls on Tuesday, November 6, to vote for the future of this country, and some voters took things too far when they began to make posts insulting or just guilt-tripping others into voting.

Peer pressure and guilt trip-

ping others into voting may be effective to an extent, people may fear disappointing their friends and peers, or even angering them by not voting.

However, this type of mentality can turn voting into more of a chore, instead of it being something one should do because they genuinely care about the future of their country.

People shouldn’t want to vote because they’re afraid, they should want to vote because they have been informed about the issues and genuinely care about making a difference.

When people feel that they are forced into doing something they’re more likely to just want to

get things over with and may not take the time to get informed and make educated decisions.

Making poor decisions can be just as, if not more, detrimental than not voting at all because then people will be giving their support with their vote.

There’s a difference between encouraging others to vote and pressuring them to vote.

You can make informed posts telling people about policies and the people running, you can’t go around telling people that they’re ‘dumbasses’ for not voting.

Going around telling people that they’re dead to you just because they couldn’t or decided not to vote doesn’t make a positive

impact on them, in fact it could just encourage them to continue not to vote.

Things that might actually get people to vote is taking the time to educate them on the voting process and spreading information that makes voting an easier process.

Help people figure out where their nearest poll is, post reminders of when and how ballots should be mailed and when polls open and close.

Posts informing people about propositions and the candidates on the ballot can make things seem less overwhelming and help people make their choices.

Tell others how the process

to register to vote works, offer to provide transportation if someone you know doesn’t have any.

All these things would work so much better at motivating and encouraging others to vote than getting angry, insulting, or making posts about disowning them ever would.

Some people may not vote because they don’t understand how things work or they are unaware of their options they have.

So before the next election season comes, help educate and inform instead of making passive aggressive posts that just make people feel bad instead of making them motivated to do what’s right and vote.

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Editorials express the views of the Editorial Board. Other opinions express the view of the author and are not to be considered opinions of the publication’s staff, the Editorial Board, the advisers, the Cerritos College Associated Students, the college administration or the Board of Trustees.

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Colors and printmaking come together at art gallery



ELIZABETH CORCOLES

Fine art: As students, artists and faculty mingled at the new exhibits at the Fine Arts gallery, curator's Hagop Najarian and Sergio Teran, mingled as well and hosted their guests. The exhibits can be seen at the Fine Arts gallery daily, up until Dec. 7.

Professors Hagop Najarian and Sergio Teran curated the current exhibit at the Fine Arts Gallery. The themes included contemporary art and printmaking works.

Elizabeth Corcoles

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The Fine Arts gallery at Cerritos College opened their doors once again and hosted two different, but equally appealing showcases, one curated by professor Hagop Najarian and another by professor Sergio Teran.

The opening reception on Oct. 30, quickly filled with friends, colleagues and students of both Najarian and Teran.

While timing is everything, the curators seemed to have

picked a perfect time to showcase the art gallery; students are getting out of class, fellow colleagues are also done for the night and the evening went along smoothly as Najarian and Teran hosted and entertained their guests.

Keeping it local, Najarian and Teran selected to showcase artists in the Los Angeles area.

This isn't Najarian's first rodeo. Having painted dozens of art piece beforehand, he was able to curate the art showcase Polychromatic Mojo: Color as Content with ease.

Although, Najarian said the difficult part of curating was

theming the abundance of art pieces the artists generously gave, together, while being cautious as to not overcrowd the show.

Najarian's choice of art were paintings, which is fitting, since he recently had a showcase of his own at Rio Hondo College, exhibiting his abstract paintings.

Time and Space: 122 hours of Ink: Work from the Cerritos College Summer Printmaking Residency, curated by Teran focuses on the art of printmaking.

With the residency hosted by Teran, artists are invited to create pieces with the art of printmaking.

Printing is the art of multiples and is essentially making everything by hand and putting it onto paper, said Teran. While it does

not incorporate using anything digital, it is a traditional art form.

"The artists we've invited are pretty much professional artists. They're artists who have been around Los Angeles, who have made a name for themselves through art, they've worked as gallery artists and museum artists," said Teran.

The artists Teran had invited to showcase had never done printmaking before and had once attended the residency of printmaking. Thus the work displayed in the art gallery are new works for the artists.

While many of the artists showcased in the gallery were in attendance. Linda King, being one of them, explained the three paintings that are featured.

Working on several paintings at a time, King starts with pours, (pours are essentially dropping large amounts of paint into a certain spot of the canvas, and then making the pours into shapes and patterns) and edits them into shapes.

King's paintings can take up to seven months and her paintings have "developed to be sort of about memory, time, microscopic and the universe."

Audrey Chan, featured in the Time and Space showcase, had an interesting self-portrait made of silkscreen.

"You know, I haven't been really doing that many self-portraits, so it was just fun..."

For more on the story, visit talonmarks.com

Bianca Bitches: Practice what isn't preached in mainstream media

Bianca Martinez

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With witchcraft hitting the mainstream hard by becoming the plotline for shows such as "The Chilling Adventures of Sabrina" and "Charmed," a lot of impressionable viewers may feel compelled to practice a little magic themselves.

Everyone is allowed to practice whichever religion they wish, however, they should not go based off religions depicted in shows, as for the most part, religious practices are portrayed inaccurately in primetime series.

In fact, not all practicing witches' agree with the Netflix original, "The Chilling Adventures of Sabrina."

According to an article by the Huffington Post, "Other witches - particularly witches of color - thought the series reinforced old and harmful stereotypes about witchcraft and the people who practice it."

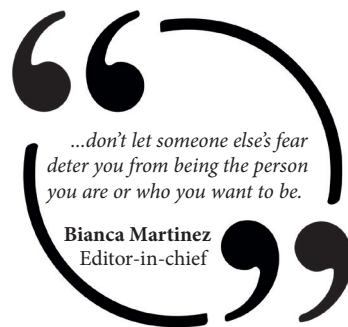
The series intertwined Wicca and Satanic practices, while demonizing both practices.

So you can put that fork and knife away because there will be no people eating if you wish to pursue Wicca.

You'll still have all your rights, plus unwavering tolerance if you decide to practice Satanism. Sorry if you wanted to go back into time before women were allowed to vote and Jim Crow laws were still in effect, but you won't be able to do so at The Satanic Temple.

According to The Satanic Temple About Us webpage, "The mission of The Satanic Temple is to encourage benevolence and empathy among all people, reject tyrannical authority, advocate practical common sense and justice, and be directed by the human conscience to undertake noble pursuits guided by the individual will."

The Satanic Temple is seeking legal action against "The Chilling Adventures of Sabrina" for using



a religious effigy and that The Satanic Temple was not asked for permission to use, as the statue is copyrighted.

Satanic Temple co-founder Lucien Greaves, said in a Rolling Stone article, "given the show's utilization of the Baphomet statue to represent an evil cannibalistic cult, a perception falsely associated with Satanism even in modern times.

"TST would have denied its use to the show creators, not only does it contradict what Baphomet represents, we owe it to those who identify with us to not allow this image, and by extension them, to be represented in this way."

If you wish to practice these religions, as it is your right to practice whichever religion you please, do some research first.

It only takes one action to demonize a religion to negatively

impact followers of the religion.

Practicers of Islam are still feeling the effects of an event that happened 17 years ago, but due to the ignorance of those who choose to believe in what is displayed in mainstream media, no further research was or is being done on the religion, leaving it to still be demonized.

Many people forget that all religions are allowed to be freely practiced.

However, most of us have allowed prejudice and ignorance to absorb us and in turn allowed ourselves to cast judgement unto

others for practicing a religion that hasn't been allowed to become ingrained into mainstream society and dictate our way of life.

Don't let ignorance and poor representation prevent you from practicing a religion that you've always wanted to practice or are currently practicing, but now feel like stopping because it's constantly being demonized.

Diversity has always been feared, don't let someone else's fear deter you from being the person you are or who you want to be.



MCT/NETFLIX

Reboot: The comic book series turned into a live-action series, "The Chilling Adventures of Sabrina," premiere went on darker path than the comics. The series premiered Oct. 17 on Netflix.

Fall dance concert brought more than one style to stage



COURTESY OF STEVE ROSA

Dance: The Dance Department put together their dance concert with help from faculty and special guest choreographer, Cyrian Reed. The concert put together with help from ASCC and could be seen Nov. 1-3.

Tiara White

Staff Writer

@talonmarks

The Cerritos College Dance Department and the Associated Students of Cerritos College held the first showing of the annual Fall Dance concert. The first showing took place on Nov. 1, with two shows that followed on Nov. 2-3.

Students from all backgrounds, talents and majors came together to showcase a two hour performance of various styles of dance.

Dance styles ranged from contemporary, hip-hop, salsa and African.

While there wasn't a specific theme to the whole show, dancer Solarith Van, undecided major, stated that "every piece itself was very specific to the choreographer." Was this source a coordinator or choreographer?

There were nine faculty choreographers with the help of a special guest choreographer Cyrian Reed.

For the opening number, choreographed by Christine Gregory with collaboration from the dancers, caught the audiences' attention with abstract movements with 19 students scattered around the stage.

Performance "Escenario o Calle," brought an endless amount of energy to close out act 1 that Darren Stokes, theatre major, described that this number "truly made me want to get out of my seat and dance."

Stokes said Escenario o Calle inspired him to go to the next audition for the next concert.

Chilon Woodard, kinesiology major, performed in four pieces.

Woodard felt the vision they had for the dance performance was met, "especially in their last

performance."

The closing hip-hop piece displayed high-energy that Woodard explained they worked really hard on.

As far as the practices went, each dancer had differing set days depending on which piece they were in.

It may seem difficult to juggle school, work and their social life with hours of practice, but Van has a positive outlook on all of it.

Van said, "If you love it enough there is no compromise or balance, you just do it. You struggle, but you do it."

It differs for every person though, Woodard stated that it was a bit more difficult trying to keep up with her social life.

"When you want to go out you feel so drained and some people don't understand that this isn't a recreational activity, this [is] your passion."

While some of the dancers had previous experience before this concert like Lauren Hodge, dance major, who has danced for two years, not everyone had the same advantage.

Some dancers just began dancing for the first time this semester.

Hodge explained that there were some challenges at first with the more newer dancers but "you get used to it and everyone comes together and helps each other out."

The fall dance concert had the audiences' eyes glued to the stage and was a "complete success," Stokes stated.

He added, "The concert as a whole deserved a standing ovation. The dancers were so energetic it made me want to jump on the stage with them."

Let the good times roll: Pep band always keeps it lit

Derrick Coleman

Staff Writer

@talonmarks

The Cerritos College pep band, led by David Betancourt, play at every game and provide the school spirit that is needed to win games. While the pep band carries a lot of history, the students in the band work hard for the pep rallies.

Although their main function is providing spirit for the school, they also make sure that they're exciting and fun to listen to.

Not only do the pep band perform at football games, but they also perform at other campus events when invited.

"We perform at other events on campus when we can. We like to bring the school spirit to any event," Betancourt said.

With the pep band being open for anyone to join, it makes it an open and welcoming environment.

While being able to read music notes is a requirement, being able to play skillfully isn't.

If and when students are in-

terested in joining the pep band, said Betancourt, they are placed within their level of skill.

During the fall semester, the pep band hold practice every Thursday.

This year the pep band has a guitar player, George Loukakis, which gives the band a more distinctive sound.

Loukakis joined the pep band with the intrigue of plugging in an amplifier to his guitar and playing loudly and resounding at football games.

While Mia Mars' interest in joining the pep band was more so of an approach by Betancourt, and her walking in on the pep band's rehearsal one night, Mars wanted to be that "one cool chick that plays the saxophone."

Fernando Hernandez said, "I started music in my eighth grade since my football career ended, I got injured pretty bad and I would no longer be able to play football. I decided to go with one of my other passions, which was music.

"I joined the drum line my

freshman year of high school over at Rancho High School and did [played in the band] all four years. Once I graduated, I told myself that I wanted to be in a college band and once I saw them [pep band] play, Betancourt told me to join the band."

Betancourt explained how the pep band learn new music.

"It depends on the song," what we do to start the season off every year, is we will take about four or five songs that we know we need for games. It takes the pep band about two weeks to really get the songs.

And then every week after that, the pep band try to add about two to three more songs. By the time football season starts, they may have learned six or seven songs. Towards the end of the season they will have close to 20 to 30 songs.

Loukakis said, "I love that we're loud and the way Betancourt directs what we are doing." He also enjoys the songs they're playing, which include lot of pop culture music, like Chicano music.



DERRICK COLEMAN

Pep band: George Loukakis, playing guitar at the pep band's rehearsal. Loukakis favorite guitarist is David Gilmore from Pink Floyd.

Unbeaten streak continues

Randy Tejada
Staff Writer
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The Cerritos College men's soccer team obtained its 15th win of the season against Rio Hondo College on Nov. 2 by a score of 2-0.

Freshman forward No. 9 Kevin Diaz in the fourth minute and midfielder No. 7 Alberto Carrillo in the 15th minute scored for the Falcons.

Freshman defender No. 3 Ernesto Cueva and sophomore midfielder No. 8 Oscar Penate assisted for the first goal. Meanwhile midfielder Carrillo's goal was unassisted.

It was a really tight game from beginning to end. Cerritos had nine shots-on-goal, meanwhile Rio Hondo had five shots-on-goal throughout the match.

This game was the last conference crossover match for the Falcons this season.

After Cerritos' second goal, Rio Hondo was awarded a penalty kick in the 16th minute.

Cueva was given a yellow card for a foul in the penalty area. Sophomore goalkeeper No. 1 Jordan Aldama saved the penalty kick by diving to his left.

As the game was coming to a close, sophomore midfielder No. 10 Erick Gallinar stepped up to take a penalty shot after freshman midfielder No. 17 Bryan Ortega was tackled in the box.

A total of 20 fouls were called by the referee, Rio Hondo had 11 fouls, on the other hand Cerritos had only nine fouls throughout the 90 minutes.



COURTESY OF DARYL PETERSON/CERRITOS SPORTS INFORMATION

Possession: Freshman forward No. 9 Kevin Diaz using his strength to keep the defender away from the ball. Diaz had two shots and managed to net in one of his shots at Cerritos College against Rio Hondo College on Nov. 2, 2018.

Head coach Benjamin Artiaga stated, "It was a tough game, but the guys played excellent. It was a great win and against a great rival. Aldama saved that penalty kick and we dropped their morale."

Diaz spoke of the team's performance saying, "I think we did very well. We had an offensive triangle in case anyone missed the ball."

For the next match against El Camino, Diaz said it is important that they win since it would mean winning the conference championship.

He said, "We will keep playing the way we have been playing." Goalkeeper Aldama said of the team's performance, "I thought it was an okay match [since] we won."

Aldama stated, "I felt happy to

keep my clean sheet, I had to help my teammate [defender Cueva] because it was not his fault."

Freshman defender No. 18 Jorge Cardona stated, "For the next game we have to win at home to keep our No. 1 ranking in state and national rankings."

The men's soccer team most recently won 5-0 against El Camino College on Nov. 6, winning the conference title.

Sports Results

Cross Country

- Nov. 2, at Don Knabe Community Regional Park
W: 19th place
M: 10th place

Football

- Oct. 20, against Palomar College
Final Result: Loss, 45-35

Soccer

- Oct. 23, against El Camino College
W: Win, 12-0
M: Win, 5-0

Volleyball

- Nov. 2, against Los Angeles Trade-Tech
Final Result: Win, 3-0

Water Polo

- W: Nov. 3, against Chaffey College
Final Result: Win, 10-6

M: Nov. 3, against Long Beach City College
Final Result: Loss, 12-7

Wrestling

- Oct. 31, against Mt. San Antonio College
Final Result: Win, 24-19

Italics: Away event **Bold:** Home event
M: Men's team W: Women's team

Under the Radar: Water Polo

Under the Radar is a new sports column that will focus on international sports that rarely get recognition in media

Christopher Martinez
Staff Writer
@chris_reports_

One of the most underrated sports, which is also considered the second hardest sport in the world, is water polo.

It's a sport that is fun to play and learn.

Although many people do not know what it is, water polo is a

sport everyone should watch or try to play.

The physicality aspect of the game is tough due to the possibility of broken noses, scratched eyeballs, ruptured eardrums and concussions being almost guaranteed competing in a water polo game.

Like swimming, water polo has a platform every four years at the Olympic Summer games and that is when people get to see this sport they are not used to following.

The men and women's water

polo teams are both one of the most dominant teams in Olympic water polo history.

The women's team have achieved two back to back Olympic gold medals.

Both male and female athletes try their best to spread the word of the sport during their off season, they hold clinics and awareness for the sport.

At a professional level water polo has no following, but at the college and high school level it is just as popular as college football.

Cerritos College is fortunate enough to have one of the best water polo programs in California.

The Falcons head into the Southern California regional championships Friday Nov. 9, after posting a conference win versus Mt. San Antonio 5-4, followed by a southern coast conference loss to Long Beach City College.

The Falcons now have an overall season record of 19-8 heading into the first round of the Regional Championships against Orange Coast College.

Water polo is an ever demanding sport that needs to be given the respect it deserves.



COURTESY OF DARYL PETERSON/CERRITOS SPORTS INFORMATION

Pinned: Sophomore Joshua Brown pinned his opponent to the mat for the advantage. The Falcons won 24-19 against Mt. San Antonio College at Cerritos College on Oct. 31, 2018

Locking in the fall season

Carlos Ruiz
Sports Editor
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Following the 24-19 win against Mt. San Antonio on Oct. 31, the Falcons wrestling team managed to finish the conference season undefeated.

The Falcons' are currently ranked No. 2 in the state with an 11-0 overall record.

On Oct. 13, Falcons' wrestling completed the three peat and acquired the Southern California Team Dual Championship.

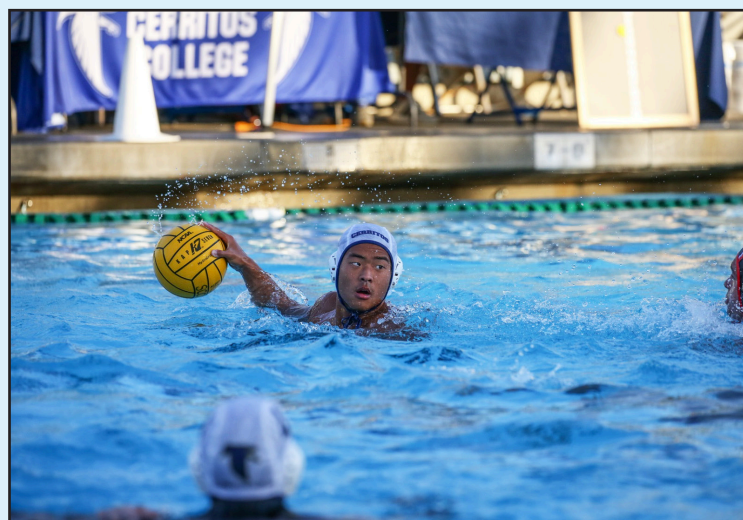
The Falcons' wrestling team has the East Los Angeles College Brawl next up at on Nov. 17.

The previous season, the team placed fourth during the state championship run and are looking to be on top of the mountain this time around.

"At Cerritos College, our goal is to win the conference, win the regional and win the state every year," said head coach Don Gariott before the season started this year.

The Falcons' wrestling team has the SoCal Regional Championships on Dec. 1.

They will be hosting the California Community College Athletic Association State Championships at Cerritos College on Dec. 7-8.



COURTESY OF DARYL PETERSON/CERRITOS SPORTS INFORMATION

Creativity: Sophomore utility No. 2 Dylan Sun looking to create a play. Sun had three goals at Cerritos College against Long Beach City College on Nov. 3.

Falcons battle for state championship spot



PHOTOS BY CARLOS RUIZ

Eyes on the Prize: Left: Freshman Vanesa Garcia leading the 5k for Cerritos College, she finished the race coming in 110th place with a time of 21 minutes and 41 seconds. Right: Sophomore captain Jamal Awad took 67th place in the men's Southern California Championship race at Don Knabe Community Regional Park on Nov. 2, 2018.



PHOTOS BY CARLOS RUIZ

Pushing Through the Pain: Left: Freshman Adrianna Martinez keeping a steady pace during the women's Southern California Championship 5k race finishing in 23 minutes. Right: Freshman Pablo Calderon eyeing the finish line, Calderon led the Falcons to a 10th place finish in the SoCal Championships at Don Knabe Community Regional Park on Nov. 2, 2018.

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Women's cross country runners saw the fall season come to an end as they fell short of the top 14, finishing in 19th place during the Southern California Championship race on Nov. 2.

They placed 19th with 548 team points.

The team needed to place top 14 to continue the season and head into the state championship race.

Head coach Bryan Ramos said, "It was an up and down day for us on the women's side, we definitely didn't run to our potential. We got stuck in the back and never really moved up."

He continued, "On top of that our No. 1 girl got sick, so that put us in a hole from the start."

Although the women's team was unable to move on, the men's

side found better luck placing 10th, being granted the opportunity to move forward.

The men's team placed 10th with 367 team points.

Freshman Pablo Calderon placed 45th, helping lead the team to a 10th place finish.

"This was a fast race, our goal was to go to state and the guys should be proud for placing 10," Ramos said.

Cerritos College cross country was able to host three meets this season, the SoCal Championship meet being the last.

The men's team is now going to fully prepare themselves mentally and physically for the state championship meet, according to Ramos.

Last season the men's team advanced to the state championships and finished in 11th place.

The Falcons will race in the State Championships at Woodward Park in Fresno on Nov. 17.



PHOTOS BY CARLOS RUIZ

Fast and Steady: Left: Sophomore Debora Lopez-Guzman running in a pack with her teammates at her side. Right: Freshman Pablo Calderon keeping his fast pace momentum at Don Knabe Community Regional Park on Nov. 2, 2018.