

## ASCC WELCOMES STUDENTS WITH FREE CHICKEN

Diana Morales  
Opinion & Social Media Editor

Cerritos College's ASCC student government continued to welcome back students to school by hosting the Falcon Play Day event at Falcon Square, Aug. 23.

ASCC encouraged students to stop by and participate in playing inflatable games while socializing with other students.

"It's the second week of school, right? We're just looking to create events that'll encourage campus community, obviously bringing people together," said Bryce Trevino, former chief justice of ASCC.

Everyone got a chance to stop by from 11 a.m. to 1 p.m. to see what was going on in Falcon Square. Students were able to play inflatable games such as basketball, soccer and axe throwing.

The Student Programming Board had student members there to recruit anyone interested in helping assist and create events.

"We're just here to advertise our program which is the SPB and we're the ones who create all these fun events for students.

"Right now, we're looking for more members so if you want to join SPB, let us know!" says Barbara Bispango, Vice Chair for the SPB.

Saige Frausto, president of the ASCC and Serafina Chun, chief justice, were both sitting at the ax throwing game talking to students about what it's like to be a member of ASCC to see if they'd like to join.

What got people's attention to stop by the event were the competitions and of course, the free Raising Cane's that the staff was providing.

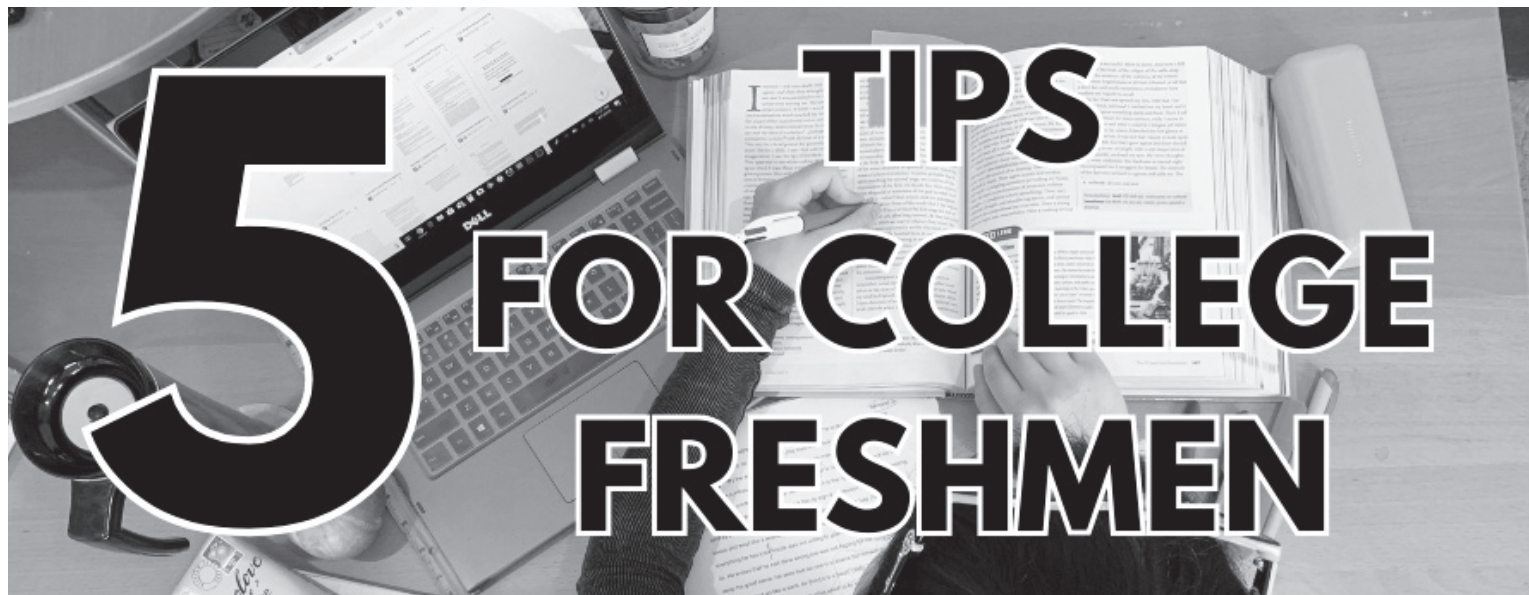
Students had to stop by each booth, talk to the board members and then compete with other students to win tickets for the free Cane's.

The winner would receive two tickets and the loser would receive one ticket; it only took three tickets to receive the free Cane's.

Even after students received free Cane's many continued participating and competing.



DIANA MORALES  
ASCC staff welcoming students.



Joel Carpio  
Editor in Chief

### 1. Don't overwhelm or stress yourself too much

Yes, there are going to be times in your college tenure when you will find yourself feeling stressed or overwhelmed, but don't overdo it. Find ways to mitigate your stress level. Do things you enjoy and have fun doing because if you don't you'll feel burnt out. Ride a bike, draw, watch sports, it doesn't matter what you do as long as it takes your mind off of what is stressing you out at the moment. It's important to take breaks.

### 2. Step outside of your comfort zone once in a while

We all like to stay in our secluded little bubbles and continue doing what feels comfortable to us but stepping out of your comfort zone can really open a lot of new doors for you. Join a club or get involved with student government. It's a chance for you to make new friends and discover a new interest you never knew you had which could lead to you majoring in that newfound interest.

### 3. Don't procrastinate

A lot of us like to do things at the last minute and push it off

PHOTO BY SHAINA TALMOOD, ILLUSTRATION BY EMANUEL GUADARRAMA

until the day before it's due, this is one of the worst things you could do. Do your work ahead of time and get it out of the way, you'll have more time to yourself after and you'll avoid the feeling of being stressed and rushed having to do your work at the last minute. Your mental health may suffer if you make procrastination a habit.

### 4. Don't be afraid to ask for help

Whether you need help in a course because you're struggling to understand the subject or your mental health isn't in a good place, ask for help. Almost everyone struggles with one or the other or even both, asking for help is one

of the most courageous things you can do. There's no shame in asking for help because it will only benefit you in the long run.

### 5. Don't be afraid of being alone

In college a lot of the time you're going to find yourself being alone. There is nothing wrong with doing things by yourself. You'll find that you are more productive and feel more at peace when you do things alone. Whether it's studying alone or just going out alone, you'll enjoy just as much as you do when you're with others.

## PRESIDENT AIMS TO GRADUATE 50% OF STUDENTS WITHIN FIVE YEARS

Emanuel Guadarrama  
News Editor

During the weekly Board of Trustee meeting on Aug. 16 at 7 p.m., Dr. Jose Fierro and Dr. Amber Hroch gave a presentation on the Stretch Goals and Key Performance Indicators for the new semester.

The data shown within their presentation showcased the graduation rates of first-time fall cohorts from 2013 - 2021, steadily rising in the first two-year bar graph category.

It should be noted that the data and goals shown in the presentation do not represent the entire student population and only represent first-time degree-seeking students.

Dr. Fierro does intend on helping raise the overall graduation rate for the entire student body but says that this is one of the first milestones needed to reach that goal.

"I'm going to lose 10 pounds by December but if I do nothing between when I set my goal and December... I didn't get to the 10 pounds and there's nothing I can do at that point," said Fierro while giving an analogy of the plans to raise the graduation rate.

"Versus if I say every month I'm going to lose two pounds I'm going to lose two pounds and in order to lose two, I start eating

vegetables and walk a mile... by the end of the month I technically should've lost my two pounds which means I'm on track to meet my goal.

"So we broke out this single goal, 50% of our students, within five years, into smaller bites, that we are going to track to determine whether or not we're going to get to our goal," said Dr. Fierro.

To reach this goal one of the things students will need to do is accumulate 15 units or more by their second year, so they need to take at least four to five units per semester, even in the summer.

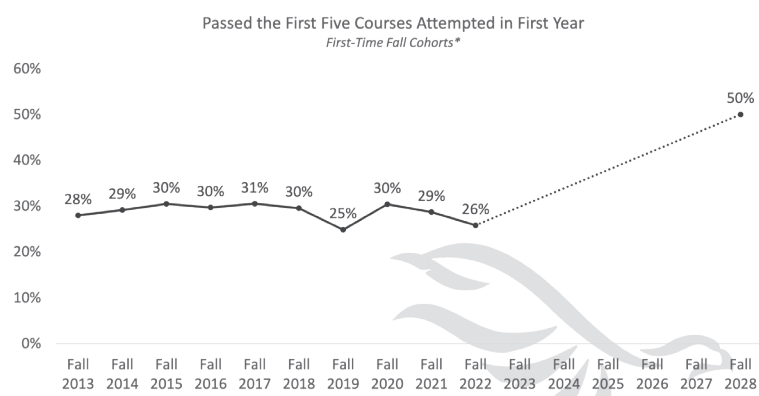
"Students are four times more likely to graduate within five years if they complete 15+ units by their second year," said Dr. Fierro about units from classes needed for students to complete their major.

The college will do what it can to provide students with the resources needed to reach this goal.

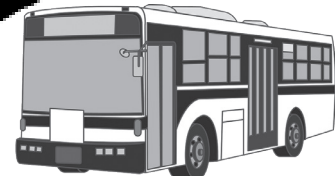
Among the other items of discussion was the recognition of the Cosmetology program at Cerritos, which was voted to be the best by 64,000 readers of the Long Beach Telegram, who voted for their favorite businesses and organizations.

Dr. Lynn Wang, Cerritos College Faculty Federation president, also welcomed 25 new full-time faculty members.

### Goal 3: Early Course Success Passing of First 5 Courses Attempted

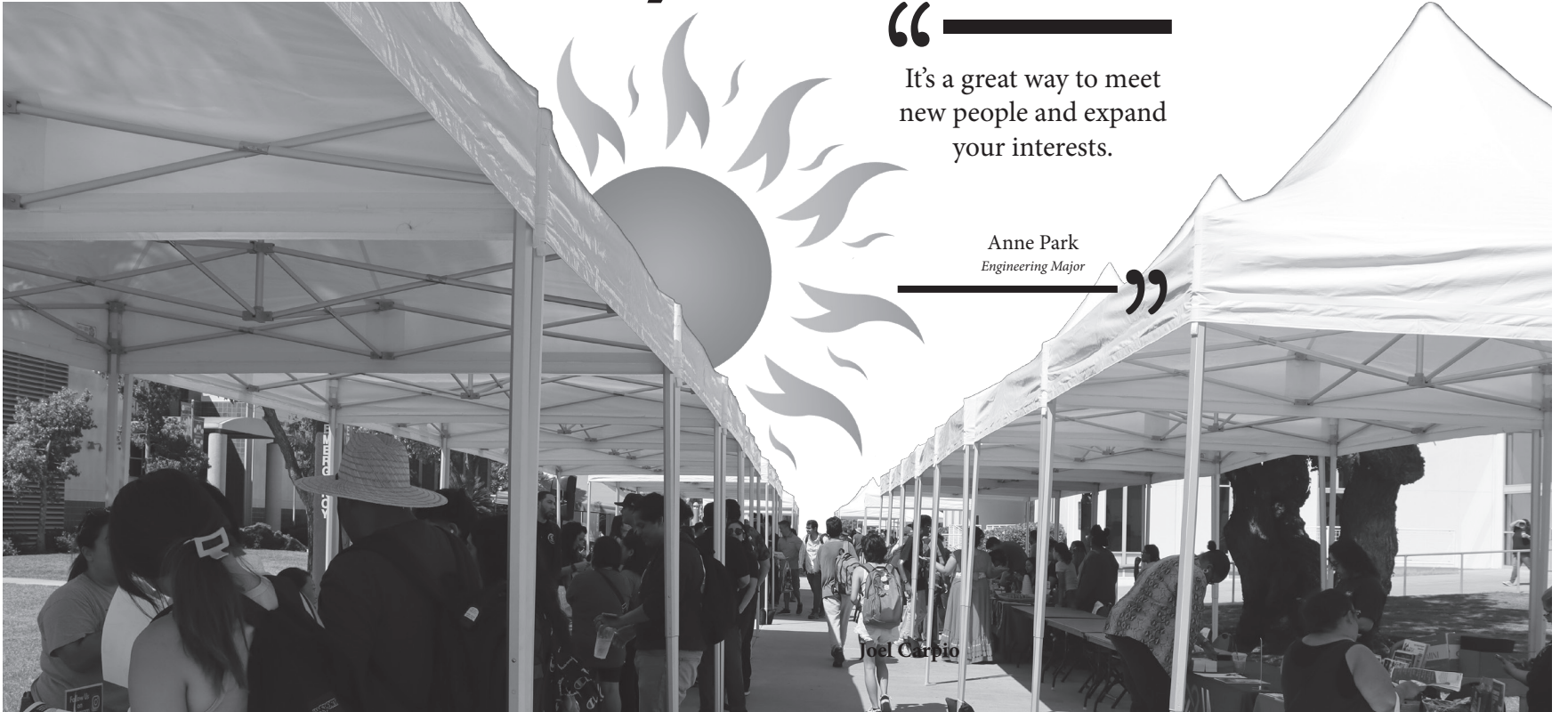


DR. AMBER HROCH, DEAN OF IERPG  
Stretch Goals and KPIs, Slide 6, first-time fall cohorts who've passed their first five courses.



City transit faces uncertain future  
**Pg 4**

# HOT DAYS, COOL CLUBS



“It’s a great way to meet new people and expand your interests.”

Anne Park  
Engineering Major

PHOTO BY JOEL CARPIO, ILLUSTRATION BY EMANUEL GUADARRAMA

Upcoming  
Campus  
Events

Majors  
Exploration  
Fair

Sept. 6, from  
10 a.m. - 12  
p.m. on  
the Library  
Sidewalk

ASCC  
Senate  
Elections

Sept. 6 - 7, via  
Canvas

Microsoft  
Excel  
Session

Sept. 7, 2:30  
p.m. - 3:30  
p.m. in LC  
Room 62

American  
Red Cross

Sept. 11 - 12,  
from 10 a.m. -  
4 p.m., on the  
Student Stage  
Center

Emotional  
Wellbeing  
Workshops

Sept. 11 -  
Nov. 9, in  
person & in  
zoom

Suicide  
Prevention -  
Heart Wall  
Installation

Sept. 12, 11  
a.m. - 2 p.m.  
on the Library  
Sidewalk

**Joel Carpio**  
Editor in Chief

**Julio Rodriguez**  
Multimedia Editor

Cerritos College hosted its annual Club Rush event on Aug. 29 from 11 a.m. to 1 p.m. on the Library Sidewalk.

At the event, there were rows and rows of canopies set up to shade people from the scorching sun.

Many students walked along the library sidewalk talking to various leaders of different clubs and organizations.

The show out to the event was good as about 100 to 150 students showed up to meet with different clubs.

Clubs were not the only groups that came and set up canopies, organizations like the Cerritos College Transfer Center and Cerritos College

Counseling showed up.

The event also hosted Meet the Counselor Day where students could meet with a Cerritos College counselor who offered their services.

Many of the clubs at the event showed off a particular subject that students may be interested in.

Clubs such as the Econ Club or Sociology Club offer a like-minded place for students who may be interested in the same topic.

Programs such as Puente, UMOJA, and others allow students to be able to take the next step in their education path.

Claudia Quilizapa, a counselor at the event, explains what she hopes students will get out of the Club Rush event.

“The more students touch different services, groups, or a part of something, the more successful they can be.”

“In our research in student development, we learned that the more that students are involved, the more successful they’re going to be,” Claudia said.

Students had the opportunity to get free Frantone’s Pizza with a juice box provided by Cerritos College Student Life.

To get the free pizza students had to go around talking to different clubs and programs to get 3 tickets, once they did, they were able to get the free pizza.

Students also had the opportunity to win different prizes by spinning a wheel if they had extra tickets.

Anne Park, an engineering student at Cerritos College went more in-depth on how important these types of events are for students.

“A lot of students sometimes get afraid to come to these types of

mixers and events, but they shouldn’t because they can really help you,” Park explained, “It’s a great way to meet new people and expand your interests.”

Some clubs had interactive displays for students to interact with, like the Chinese Club which had the head of a Chinese dragon to showcase their club.

Chris Dela Cruz, Student Activities Coordinator for Cerritos College emphasized that it is important for students to get involved with their school.

“It’s really important to get involved, studies show that the more students are involved on campus the better they do academically,” Dela Cruz said.

For more information on campus clubs and counselor meetup sessions, visit the Cerritos College website.

## CERRITOS COLLEGE REUNITES WITH LA REGIONAL FOOD BANK TO GIVE BACK

**Joel Carpio**  
Editor in Chief

**Michael Delgado**  
Sports Editor

The Los Angeles Regional Food Bank and Cerritos College held their monthly food bank distribution.

The food bank and Falcon’s Nest were handing out food to local community members and Cerritos

College students.

Participants received a box of pantry items that included meat, a bag of carrots, grapes, oats, a box of frozen yogurt, a bag of frozen chicken, and more.

Students who missed out on the opportunity to get food are strongly recommended to check out Franco’s Market if they need access to food.

The food bank usually serves around 500 families and within those families are about

2,200 people collectively in their households which is the average amount of people per month according to Pamela Sepulveda, the Falcon’s Nest manager.

“It feels amazing to know that there is a team at this campus of students, staff, and community members who are volunteering their time to make sure we give back,” Sepulveda expressed.

Sepulveda also explained how the Cerritos College leadership has really helped them be able to continue this event for students and community members.

“The Cerritos College

leadership has been incredible advocates to make sure that we have the support, funding and the space to make sure the students have their basic needs met,” said Sepulveda.

A truckload of food was brought to parking lot one at Cerritos College which brought in droves of people waiting in long lines under the hot sun.

Sepulveda went on to say that people are really hurting right now with the economy struggling and that these food drives aren’t the only way to get help.

“The economy has really taken a hit on a lot of people,” Sepulveda explained.

“That’s why also in the Falcon’s Nest and at the food bank distribution we have our CalFresh Outreach team talking to people about how to qualify for CalFresh benefits.”

She also added that any community member and student can volunteer in the

food bank distribution.

If you are outside of the LA County area no worries, you could be from anywhere as long as you show up the program will provide you with food.

It truly is a wholesome thing to see people giving back to people who are in need of daily food items. With how grocery store prices have been at their highest as of late this is the best thing that the community has to offer.

Cerritos College students can go to the Falcon’s Nest on campus and ask for help or you can email them at falconsnest@cerritos.edu.



PHOTO BY JOEL CARPIO, ILLUSTRATION BY EMANUEL GUADARRAMA



# COMMUNITY REWIND-AUGUST

## ICE CREAM WITH A DEPUTY AT CRAZY DELIGHTS LA MICHUACANA



PHOTO BY LUKAS LUNA-ARELLANO

On Aug. 25, the city of Lakewood hosted an event at Crazy Delights La Michoacana for guests to mingle with deputies of the Lakewood Sheriff Department as well as Lakewood Public Safety staff members.

## THE BEACH FLEA MARKET: SANRIO DAY AT LBCC



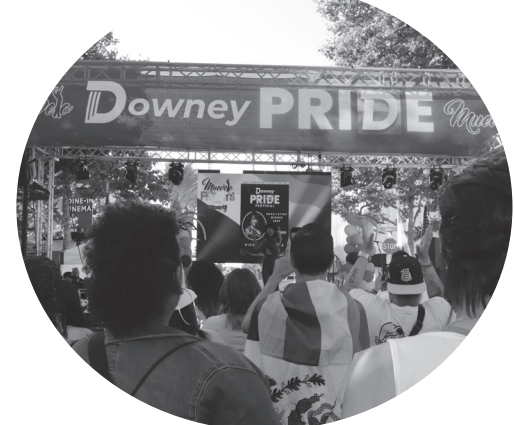
Pop up for Jasmine Torres' small business called Latino Enough (left) and Sadonna Liu's booth selling Sanrio inspired crochet creations (bottom)



PHOTOS BY EMILY MACIEL

On Aug. 27, The Beach Flea Market at Long Beach City College set up Sanrio Day, a pop up event catering to Sanrio and Y2K enthusiasts. The event also allowed independent business to open up shop alongside the SanrioFest.

## DOWNTOWN DOWNEY PRIDE FESTIVAL 2023



PHOTOS BY LAYLA HERNANDEZ

Guests flock to the stage as Vicky Chavarria, 2022 Drag Latina winner, performs tribute to famed singer Selena Quintanilla (above)



Downey Mayor Pro Tem Mario Trujillo presenting Lucas Hallare with a sash and plaque, recognizing and celebrating the 2023 Pride Prince. (Left)

A vibrant, rainbow archway made of balloons welcomed guests in Downtown Downey as the city's third annual Pride Festival took place on Aug. 26.

**Upcoming Events:**

**Strangelove:**  
Depeche Mode Tribute Band at The Downey Theatre

**Friday, Sept. 8 at 8-9p.m.**

Bellflower Farmers Market

Every Monday at 3-7p.m.

Norwalk Farmer's Market

Every Tuesday at 9 a.m.-1 p.m.

Downtown Downey Night Market

Every 2nd and 4th Thursday evening

Moompetam American Indian Festival at Long Beach Aquarium

Sept. 9-10 at 9 a.m-5 p.m.

International Food & Music Festival

Saturday, Sept. 9 at 4-10 p.m.

# CITY TRANSIT FACES UNCERTAIN FUTURE

# community



JOEL CARPIO

The potential cuts to the Cerritos On Wheels program was discussed during a series of workshops on Aug. 29 and 30.

**Lukas Luna-Arellano**  
Co-Community Editor

The city of Cerritos held a series of workshops on Aug. 29 & 30 to consider public opinion on the future of the Cerritos on Wheels and Dial-a-Ride services. Ways forward proposed by the city at these workshops include cutting either one or both of these programs or maintaining them with some modifications. The potential changes could include the increase of riders fares, a further reduction in operation hours, further coverage of operations costs by the city, or making the service exclusive to weekdays. The meetings, as well as the online survey on the matter, were conducted by Moore & Associates consulting, who will compile the overall results of the

meetings in a report that will be submitted to the city council at a yet undisclosed time during late winter that is intended to result in official action. The Cerritos on wheels bus (COW) is a fixed route transit service which advertises a 9 to 5 route, but saw those times paired down to 10 to 2 as a result of the Coronavirus pandemic and has yet to return to a pre covid schedule. It currently charges \$0.50 for a fare and runs every day except Sunday. Dial-a-ride is a senior minded service that acts as a personalized Uber or lyft for the elderly of Cerritos. It currently charges \$1.00 for a ride. Plans to alter these programs come as a result of the sharp downturn in ridership that has not significantly increased since the days of stay at home ordinances. Workshop leader Jim Moore

had proposed alternatives to residents who could potentially be affected by the potential changes. "Citizens could take advantage of the other transit systems serving Cerritos such as Access Services, or long beach transit, OCTA" Said Moore "Overall Cerritos is a very transit rich community." While many Cerritos residents have been frustrated by the shortcomings of the Cerritos on wheels, they are still hesitant to see it go. Resident Pamela Szyblewsky, one of Cerritos College's older students, has already seen obstacles to obtaining her computer science degree raised by current COW shortcomings. "I had to drop a class that would be at five o'clock because I would have no way of getting around." Said Szyblewsky "Except a bike, which is just not reasonable in this heat." Others are not as hesitant to

alter the service, as resident David Pileman believes that COW funds could better serve the city if they were invested elsewhere. "The bridge on Del Amo avenue [...]and cleaning up Del Amo" Said Pileman "We could spend the money on that." Any progress is still a ways away. Moore and Associates is currently cataloging the public opinion of the workshops and intends to make those feelings known to the city council in the coming months. "Right now we are cultivating public feelings on the matter..." Said Mariel Angeles, an analyst for Moore and Associates "we will then provide a report on our findings to the city [...] we will continue to be transparent." The council will receive the report and make a decision on the programs in late winter.

## PUBLIC TRANSPORTATION IS TOO EXPENSIVE

**Mel Ayala**  
Managing Editor

With the prices of gasoline increasing each and every day, lots of people have resorted to taking public transit to save money. For those living in a low-income area, public transit is oftentimes the only option for commuting to work or school. In the case of the younger generation, many are unable to drive or do not have a car, so they rely on public transit. College students commonly use public transportation to commute to campus. During the pandemic, LA Metro buses and railways allowed riders to ride free of charge

which as a result increased the amount of people using the service. As of January 2022, fares have resumed, a concerning development. Although fares are still under two dollars, which may seem affordable, it is still expensive in the long run. Gone is the convenience of getting a free ride to work or school. Now, riders of LA Metro have to pay \$1.75 per ride. Other lines in the area such as Norwalk Transit and Long Beach Transit charge a little less at \$1.25 per ride. For someone who relies solely on public transit to get somewhere, be it school or work, they would need to pay for two trips daily. If the customer is paying \$1.75 for one trip and again for the trip back, that adds up to \$3.50. That may not seem like much but consider this: oftentimes someones commute to work

is not as simple as taking just one bus. Depending on the location, oftentimes riders have to take multiple routes to get to their destination. Now, multiply that amount by the amount of days a week someone works. For example, someone is working five days a week, they take two buses to get to work and back home, and they pay \$1.75 on one bus and \$1.25 on another. They pay three dollars on that first trip and another three dollars on the trip back. Multiply the \$6 by the amount of days they work: that's \$30 a week on public transit expenses. Over the course of one month, that adds up to \$120-\$150 a month. The community would benefit more if fares were lower or free of charge. Although the transit lines have proposed many options for those who come from low income households, such as LA Metro's Low Income Is Easy program

(LIFE), they require applicants to submit proof of household income in order to qualify for 20 free rides or purchase a discounted pass. A survey conducted by Strategic Actions For a Just Economy states that over seventy percent of public transit users make under \$15,000 annually. Sixty-seven percent of the people surveyed also reported that they use public transportation daily. Ninety-three percent of the people surveyed stated that they would ride the bus more if the fare was free. Ridership increased when fares were not being charged. That being said, it would allow for economic equity by allowing people to spend their money on essentials. Transit lines should implement a lower fare system or a fareless system to aid the community and improve quality of living for the people in the LA County area.

## How can public transit improve?



**Adaline Lopez,**  
Undecided

"Maybe more routes. There's certain routes but there's not enough routes to get to a place or destination."



**Stephanie Ebarra,**  
Nursing Major

"Better scheduling and more transit routes. I feel like there should be more buses to take you to pacific locations, like for example schools."



**Chalie Hernandez,**  
Former Cerritos College Student

"Trying to stay on time. Yes, they do put whether their traffic incidents on the street, but even so some bus drivers take their time. Others are too quick."



**Albert Martinez,**  
Mechanical Major

"I don't think it should be improve on. Right now it's good. I don't think they should add anymore [transit routes]."

# Voice of the people

### Upcoming Events

Oktoberfest in Downtown Downey

Saturday, Sept. 16 at 3 p.m to 9 p.m

Long Beach Antique Market

Sunday, Sept. 17

Havana Nights in Downey

Friday, Sept. 29 at 4 p.m to 10 p.m

Beyond the Book Festival in Downey

Saturday, Sept. 30 at 10 a.m to 4 p.m

Hello Gorgeous: Downey's Tribute to Barbara Streisand

Sunday, Oct. 1 at 3 p.m to 5 p.m

UPCOMING A&E RELEASES

MOVIES

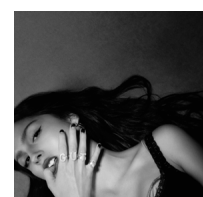


THE NUN II  
SEPT. 8

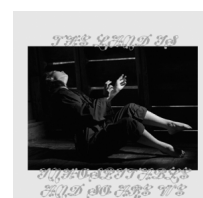


SPY KIDS:  
ARMAGEDDON  
SEPT. 22

ALBUMS



OLIVIA RODRIGO  
GUTS



MITSKI  
THE LAND IS  
INHOSPITABLE AND SO  
ARE WE  
SEPT. 15



JORJA SMITH  
FALLING OR FLYING  
SEPT. 29



SUSAN ROMERO

After the meeting, those who wanted to audition for their upcoming plays *The Miser* and *A Street Car Named Desire* were welcome to stay.

# JOIN THE BACKSTAGE

Susan Romero  
A & E Editor

The theater arts faculty and staff hosted a welcome meeting for those interested in becoming a part of a production team on Aug. 16 from 6 p.m. – 7 p.m.

This is the first time they held a meeting for students, hoping to inform them a little more about the productions and activities they will have all year long.

Students were introduced to the staff, Jason Dunk, CTE entertainment tech program instructor, Brandt Reiter, voice instructor, Bradley Lock, costume supervisor, Jerry Prell, director of the miser, Holly Sneed, intermediate-acting teacher, Dr. Andrew Maz, chair of music department and David Ward, production coordinator.

For those interested in joining their production, Dunk recommended that all students take their courses TH133 and TH134. Both classes are stage crew courses where students get to learn the ropes of backstage work including building costumes, working on hair and makeup, hanging lights, etc.

Dunk also recommended

students ask their counselors to take his two-year CTE tech program that allows students to receive a certification along with their Associate's degree.

These classes will not only aid students in getting their AA degree but will also increase the chances of being hired as a stage crew due to experience.

The faculty has been working on forming amazing opportunities with PRG, a company that turns creative visions into actual production. They've had many students in the past go on to work with them and join the tour as the production team.

The entire team needs help with the productions and a lot of stagehands. However, there must be a strong commitment to running a full position in the show like being there for the technical rehearsals, dress rehearsals, and every run because it's not possible otherwise. Actors will be scheduled Monday through Thursday from 7 p.m. – 10 p.m. and everyone in tech will practice during performance weeks so two and a half weeks of



SUSAN ROMERO

Previous stage manager, Sarah Bell (left) and new stage manager for this fall, Diane Lozano (right).

6 p.m. – 11 p.m.

Dunk went on to introduce the stage manager from the previous shows, Sarah Bell, and the new stage manager who will be managing "The Miser," Dianne Lozano Ortiz.

Bell, who has been stage manager for two years, said, "It's a lot of fun, it's definitely a lot of workload but it's definitely great because you get to meet a lot of new people."

"Just make really good connections with your crew," said Bell, "They can really guide you as to your next classes and what you really want to take to progress here at Cerritos."

After being an assistant stage manager in the past, Lozano was given the chance to be stage manager for the first time on the upcoming show, "The Miser."

They both took the TH133 and TH134 courses and genuinely recommend anyone interested in any type of stage production to take those courses too.

"Take crew, backstage is where it's at," said Bell.

If any of this sounded appealing, be sure to check out their courses and definitely keep a reminder of their upcoming opening day show for "The Miser" on Friday, Oct. 6.

## ART OF ENTERTAINMENT: THE LAST VOYAGE OF B-MOVIE



TEATROLABAITA

One of the many Dracula's within the movie industry.

Lukas Luna-Arellano  
Co-Community Editor

After two decades in development hell, Andre Ovredal's *The Last Voyage of The Demeter* has arrived in theaters to deafening indifference from an audience that could not seem to care less.

While this reaction may initially seem puzzling, as the film is equipped both with name-brand recognition (being adapted from a chapter in Bram Stoker's *Dracula*) and a popcorn-ready premise (Alien but on an old-world sailing ship), the capsizing of

this particular vessel was, in truth, a foregone conclusion.

Consider the B-movie: once the lifeblood of the theater industry, they were often trashy and lurid, with little pretense about being anything else.

They were cheap, no-frills affairs that played the hits to a faithful audience and were practically designed in a lab to make back their cheap production budgets.

But in the modern day, these low-brow flicks exist in something like limbo, simultaneously ruling the box office while having seemingly vanished from memory.

How does such a contradiction persist? Well, consider the average hit movie. While period pieces and Oscar bait still have their place,

audiences have proven time and again that franchises rule the roost.

Therein lies the contradiction, though. The franchises that dominate theaters today are largely identified by adapting comic books, a form of media arguably more B-movie than B-movies themselves.

At their inception, funny books were meant as broad stories that a young readership could latch onto so that their publishers might continue overcharging the toy and candy advertisers that resided in their pages.

Nevertheless, when presented in a streamlined and modernized form by major studios, audiences ate up these stories, making them

the blockbusters of the century.

But success often proves a double-edged sword and this proved no different. Suddenly, these stories turned from disposable entertainment to the pop culture mythology of the new millennium.

You see, the true B-movie has been banished to arguably even more obscurity. Simple, no-frills fun that wants to do nothing more than entertain.

And what about our dear Demeter and her titular last voyage. Well, as is to be expected, it went completely under the radar, ignored by all but the *Dracula* devotees.

Does an escape for those who prefer flicks with a lack of pomp and circumstance? Of course, but it's available for those willing to dig.



PHOTO ILLUSTRATION BY: JOEL CARPIO

Money and pills representing hollywood addiction to nostalgia.

# ADDICTED TO NOSTALGIA

Michael Delgado  
Sports Editor

Reboots are a waste of time, but why do they keep making them money? Hollywood's obsession with reboots is out of control and completely overdone. Every month or so you always hear about Disney recreating a movie from 20 years ago just thinking to yourself, "why?" In the past 5-6 years we have seen reboots of classic Disney movies like "Lion King", "Aladdin", "Beauty and the Beast", "The Little Mermaid" and more still to come. We have also gotten some other reboots from TV series like "iCarly", "That 90s Show" and now soon-to-come "Zoey 102". The worst part of it all the reboots don't ever do justice to the original. It comes off as laziness from these corporations. It feels like they lost the magic in making great films so

they just take things from the past and ruin what made these films amazing. Instead of writing brand-new stories with new characters they just take what was already made because it's the easiest way for them to make money. Regardless of what of our opinions we will always watch these reboots because we are curious to see if it's good or not. Most of the time they are bad, but there have been some occasions where a reboot was actually done properly. One that comes to mind is the more recent "Teenage Mutant Ninja Turtles: Mutant Mayhem" movie and "Cobra Kai" a Netflix series based on the 1984 film "The Karate Kid". This is a reboot of a classic film that understood the assignment and understands the culture behind this franchise.

With these two reboots, they didn't just copy and paste the plot of the original films they instead decided to create their own story with new characters while still showing love to its original characters without being too dependent on nostalgia. Many of these reboots have been rejected by the fans mainly because there really is no point in making these movies. According to Deseret News, "Reboots are like the college freshman who returns to his high school over Thanksgiving break just to say hi: they've already peaked and it's time to move on. Reboots hope to regain the same authenticity they had during their prime, but the reboot graduated. Audiences change. Culture changes. The past cannot be recreated. "Try as they might, Reboots rarely live up to the expectations set by an original series..." Why would I want to watch the same movie from years ago?

# ASTROLOGY: PSYCHOLOGY'S DISTANT PSEUDO COUSIN

Ifeoma Utom  
Staff Writer

Whether you're an indecisive Libra, a moody Cancer, or a self-loving Leo everyone is curious about their sign. Astrology has become so mainstream, and people are using it to give a reason as to who they are and why they do some of the things they do. Astrology was considered a true academic discipline, giving influence to the rise of astronomy and connected to alchemy, meteorology and traditional medicine until the 17th century. The efforts that human beings made to understand lunar cycles and phases, orbital directions of planets and their influence on Earth and its inhabitants led to their search for answers in the sky. Now, can it replace psychology and be recognized as a true science today? The short answer is no, however, there are many key attributes that astrology has



Astrology signs going around as the book opens shining.


that are believed to actually give some level of reasoning or better yet insight into human behavior. If you think about it carefully, the moon has the power to control the tides of the oceans here on Earth. Humans have that level of energy and magnitude inside of us. Reading your horoscope tells you "Libra's should

leave today open for fun and spontaneous acts and let the wind take you by the hand, you might think "Well, that could work for anyone." That's true but let's go deeper. It includes your houses one through 12 and also what planets your sign was on the very day you were born. Whether reading a horoscope or a friend just asking "What's your sign?"

knowing and understanding your zodiac sign is just as important as knowing what makes you, you. According to a poll conducted by Harper's BAZAAR "62% of Gen Z and 63% of millennials say their zodiac sign accurately represents their personality traits." Three steps you can take to begin the journey into astrology:


1. Start by looking up what zodiac sign you fall under  
All you need is the day you were born and that will tell you exactly which of the 12 zodiac signs belong to you.
2. Gain your moon and rising sign  
You will find this out by knowing the time and city you were born, which can be found directly on your birth certificate, or by asking your parents. The time you were born is used to find your rising sign and where you were born is used to find your moon sign.
3. Download an astrology app  
Once you have all this information at hand you will need to plug it into a good astrology app to help you gain your moon and rising sign as well as get a deeper introspection into your astrological aspects. Allow your curiosity to guide you through this journey of astrology. Remember to relax and open up your mind.

**Who faces more peer pressure? guys or girls?**




**DANTE ROJAS**  
Art & Design major

"I feel like guys, cause they're more stressed and get easily weakened while girls are more confident and intelligent all while boys stress out, I stress."



**ASHLEE BECERRA**  
Education major

"Guys because they're supposed to seem more tough than girls are and if they don't do something they look weak."



**ISAAK VILLALOBOS**  
Graphic Designs major

"I think girls, I would say because of the toxic masculinity culture in... society as well as peer pressure from stuff like celebrities and social media".

Compiled by: Vanesa Molina & Emily Maciel

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# MLB ALL-STAR WANDER FRANCO ACCUSED OF GROOMING MINOR

Emily Maciel  
Staff Writer

Yahoo Sports has reported that there is a third victim that has been added to the Franco case

On Aug. 13 several allegations against 22-year-old Dominican-born shortstop Wander Franco came out saying he was in a relationship with a 14-year-old girl.

The young shortstop is only in his third season of his young baseball career and just attended his first All-Star Game this season.

The allegations first surfaced on social media in the Dominican Republic and Major League Baseball has now decided to do an investigation surrounding the allegations.

Franco is being investigated by Dominican authorities and a division that specializes in cases involving minors.

Additionally, the judge overlooking the Franco allegations specializes in child abuse cases.

Franco played on Aug. 12 but did not play the following day due to the allegations going mainstream.

Franco went on Instagram live before the start of the game on Aug. 13 and said he was not in relations with the minor.

The Rays were finishing up their series against the Cleveland Guardians at home and were getting ready to fly out to San Francisco for a three-game series against the Giants.

Franco was not on the plane with the rest of the team to San Francisco and the Rays declined all comments when asked why.

Rays manager Kevin Cash says the reason for Franco not playing on Aug. 13 was that it was his routine day off.

On Aug. 14, Franco was then placed on the restricted list during the San Francisco road trip after a mutual decision was reached between Franco and

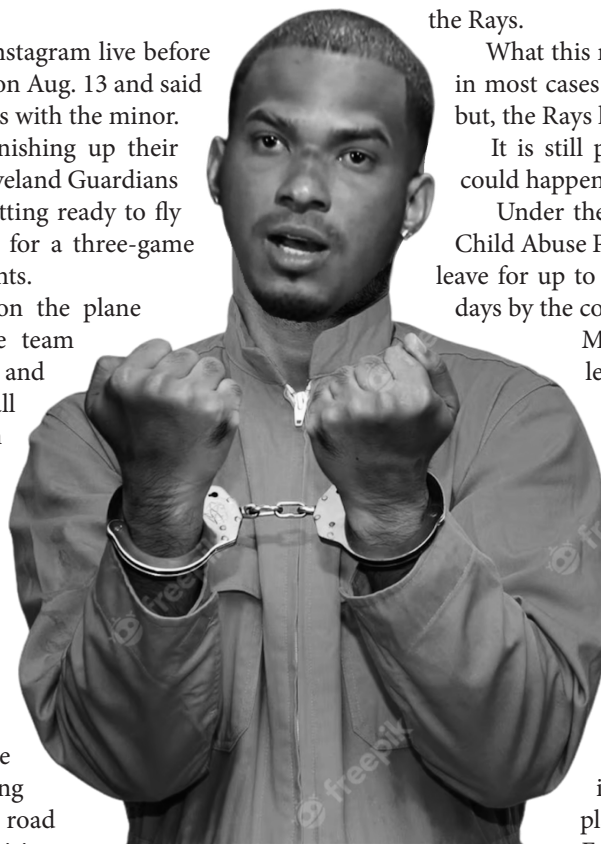


ILLUSTRATION BY JOEL CARPIO

the Rays.

What this means for Franco is that he is off the roster and in most cases would not get paid while on the restricted list but, the Rays have opted to continue to pay Franco.

It is still pretty early in the investigation to know what could happen but there are a few ways this could go.

Under the Joint Domestic Violence, Sexual Assault, and Child Abuse Policy, Franco could be placed on administrative leave for up to seven days which could be extended up to 14 days by the commissioner of the MLB, Rob Manfred.

Manfred could put Franco on administrative leave indefinitely or until the investigation is concluded.

Being placed on administrative leave is not considered a disciplinary act but one could come later in the investigation process, such as a suspension.

Franco and the Rays have already discussed that if he were to go on administrative leave, he would receive both pay and service time.

The best outcome for Franco is that he is proven innocent and gets to go back out on the field sometime this season, but an MLB insider said it is "very unlikely" Franco ever plays in the MLB again.

Franco has an 11-year contract with the Rays until 2033, these allegations could cost him the rest

# FALCONS TAKE DOWN ANTELOPE VALLEY

Michael Delgado  
Sports Editor

The Cerritos Falcons defeated Antelope Valley 40-6 in a completely one-sided matchup.

Winning a season opener is something the Falcons have become accustomed to as they have now won five straight season-opening games.

Antelope Valley looked like they were going to give Cerritos a fight in this game after a convincing 4th down stop on the first possession of the game.

The Marauders soon realized that the Falcon's defense was going to be too much for them to handle all game.

This was a game where the Falcon's defense showcased their dominance from the start with an interception on Antelope Valley's first drive of the game.

The defense would only allow 138 yards of total offense and forced multiple turnovers throughout the game.

"We knew our defense was gonna play like that because we're a little bit older on defense and our defense is really good."

"They fly around, and they'll smack ya and they'll set the tone, and they'll continue to do that for us," Head Coach Dean Grosfeld explains.

It was an all-around team effort that gave the Falcons the win including the special teams.

They were able to recover a fumble in the end zone after Antelope Valley snapped the ball too high for the punter resulting in six points onto the scoreboard for the Falcons.

The offense for the most part was



MICHAEL DELGADO

Cerritos and Antelope Valley line-up at the line of scrimmage for the extra point attempt before the end of the first half.

serviceable, racking up a solid 357 total yards.

The running game was very productive a total of 128 yards in the game led by the leading rusher of the game Cheo Medina.

They lost momentum on offense for a second in the third quarter not scoring once but found themselves in the fourth and were able to score two more touchdowns.

A 31-yard rushing touchdown by Marcus Minor and a touchdown bomb to Michael Bruner put the nail in the coffin for Antelope Valley.

Grosfeld had mentioned that this offense is still very young and has a lot more to learn so with a whole season left to go they will be just fine especially since the defense takes much

of the pressure off of them.

Grosfeld stated, "Our offense is really young we don't have a lot of guys that have played but our offense is gonna get better and better because we have a lot of guys that are really talented."

For the opposing side saying it was a rough night is an understatement to say the very least.

For most of the game, they looked lifeless on offense failing to gain any type of momentum all game.

All we can say is that the drive back home to Lancaster was a long and rough one after this loss.

"We have three goals every year, and it's to win the opener, win the conference, and win our postseason games." Grosfeld expressed when

talking about how important the season opener win is for this team.

he Falcons looked great on that field and hope to ride with this momentum after a huge win to kick the season off.

This season for the Falcons is one to look forward to.

The expectations are high as always this season given the fact they have won the last four Western State Bowl.

The new young offense is one to be optimistic about but give them time because as the season goes on the better they'll get but it is still something to look out for this season and the defense seems destined to be dominant given the fact they have more experience.

Cerritos College's next game is at home on Sept. 9 against San Diego Mesa.

Upcoming games

Volleyball:  
Cerritos vs. San Bernadino Valley on  
**Sept. 8 at 5 p.m.**

Football: Cerritos vs. San Diego Mesa on  
**Sept. 9 at 6 p.m.**

Mens Soccer:  
Cerritos vs. Imperial Valley on  
**Sept. 6 at 4 p.m.**

Womens Soccer:  
Cerritos @ Saddleback on  
**Sept. 15 at 6 p.m.**

Football: Cerritos @ Ventura on  
**Sept. 16 at 6 p.m.**

Volleyball:  
Cerritos @ Long Beach City on  
**Sept. 20 at 6 p.m.**

Volleyball:  
Cerritos vs. Ventura on  
**Sept. 19 at 2 p.m.**

Volleyball:  
Cerritos vs. Pasadena City on  
**Sept. 22 at 6 p.m.**

Football: Cerritos vs. Orange Coast on  
**Sept. 23 at 6 p.m.**

Football: Cerritos @ Long Beach City on  
**Sept. 30 at 6 p.m.**

# FALCONS BRING THE BROOMS OUT AGAINST GOLDEN WEST RUSTLERS

*Lady Falcons go 3-0 in sets against the Rustlers in a close matchup during their season opener*

**Vanesa Molina**  
Staff Writer

**Emily Maciel**  
Staff Writer

Every set was a close one with the Falcons winning by two points each time, but they were able to come out on top for the win on Aug 25.

Outside hitter Jayda Harris-Amete played hard and with high energy the entire game.

“When I get mad, when I mess up I usually get in my head and I learned early on to find something that helps you cool down and that’s gum for me” stated Harris-Amete when asked what she does to help her keep that intensity level up.

Head coach Kari Hemmerling guided the team to a great win and says the more the team gets live match experience the more they will improve as the season goes on.

“We have 12 freshmen on the roster,” Hemmerling says. “It’s just reps, and reps and reps, and we can practice a ton but it’s the real-life competition that you learn the most.”

She says the team has discussed the goals they have in place for this season and they are hoping to win their conference and make it to the state tournament.

The first set started quite slowly as each teammate started working with each other to detect their opponent’s patterns on how they play.

As the game progressed there was no doubt both teams were very good. And as the first set ended, the Falcons won 27-25.

The Falcons trailed the Rustlers by six points at the beginning of the second set but they put up a strong fight and tied it up with Golden West at 17 a piece in the set. They went on to win the set 25-23.

As the third set began you could tell the team was determined to win. They were feeling the pressure as they had already won the previous two sets.

The game was intense but the Falcons were ahead of Golden West by nine.

By the time the Falcons had 20 points, Golden West started catching up and the pressure kept intensifying.

Though they would tie, Falcons managed to stay a few points ahead eventually leading the team to a 25-23 victory.

“We’re

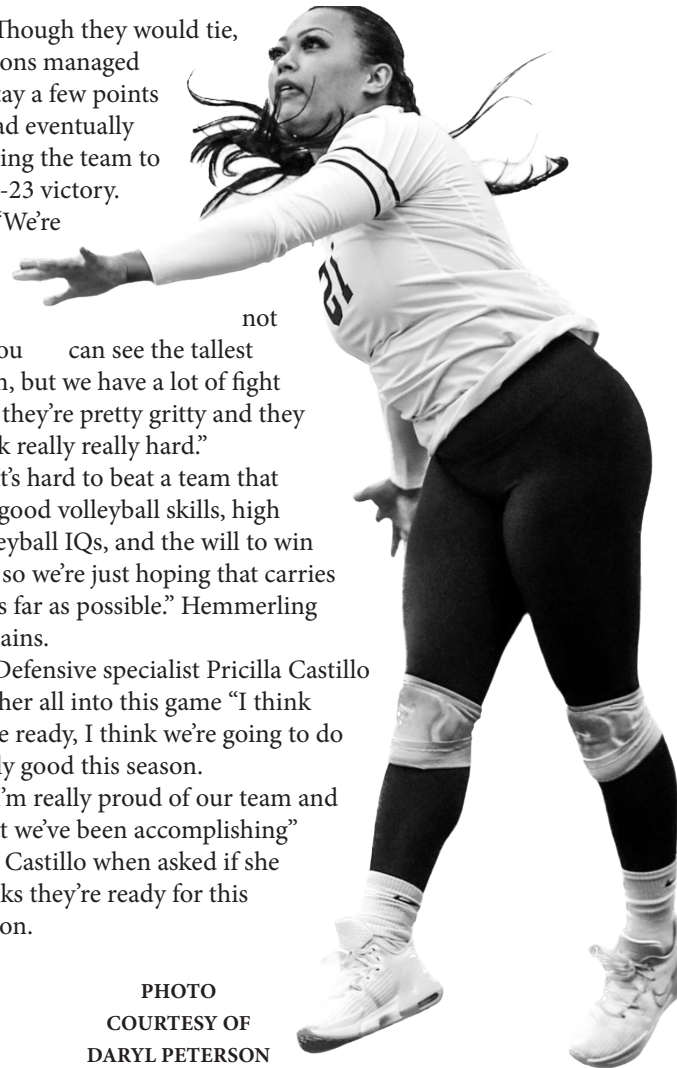
not as you can see the tallest team, but we have a lot of fight and they’re pretty gritty and they work really really hard.”

It’s hard to beat a team that has good volleyball skills, high volleyball IQs, and the will to win and so we’re just hoping that carries us as far as possible.” Hemmerling explains.

Defensive specialist Pricilla Castillo put her all into this game “I think we’re ready, I think we’re going to do really good this season.

I’m really proud of our team and what we’ve been accomplishing” said Castillo when asked if she thinks they’re ready for this season.

PHOTO COURTESY OF DARYL PETERSON



Jayda Harris-Amete going up for the ball to avoid the opposing side from scoring.

## FIVE NFL CONTENDERS AND PRETENDERS RANKED

**Michael Delgado**  
Sports Editor  
Contenders

### 1. Kansas City Chiefs

Yes, as expected the defending champs are no doubt contenders regardless of what you think.

The duo between Patrick Mahomes and Travis Kelce has proven to be unstoppable.

### 2. Philadelphia Eagles

The Eagles are arguably the most complete team in the entire NFL.

This team’s ceiling is no doubt a Super Bowl

### 3. Cincinnati Bengals

The Bengals were one stop away from making it to the Super Bowl back-to-back years and it’s not surprising at all.

They fixed the issue on the offensive line and now have another great shot at the Super Bowl this year.

### 4. San Francisco 49ers

The Niners are such a talented group with weapons all over the offensive side of the ball and great defensive players.

The one thing that is truly holding them back and has been for the past years is the quarterback position.

### 5. Buffalo Bills

The Bills are such a confusing team because they have the pieces to win it all

but can never reach that level.

They have the offense and defense but every year they fall short of their goal in the playoffs..

### Pretenders

#### 1. Dallas Cowboys

Are we even surprised? Every year we hear the hype about the Cowboys and like always they fall flat.

They have the talent no question but with this team, they seem to always find a way to screw things up in the playoffs.

#### 2. Los Angeles Chargers

The Chargers are like the Clippers of the NFL; they are always expected to be great because of how good the roster is but always fail because of one thing and that is health.

#### 3. Baltimore Ravens

The Ravens are just going to be the Ravens; Great defense but lack offensive fire power.

#### 4. Minnesota Vikings

With the amount of talent, they lost this off-season I wouldn’t be surprised if they miss the playoffs. Even if they do make it, expect a first-round exit.

#### 5. New York Jets

I am not buying into the hype of the Jets this season This team reminds me of the 2022-2023 Broncos, trading for a star quarterback with an elite defense that just fails to meet expectations.

Playoff team? Yes, but a Super Bowl Contender? Yeah, I think I’ll pass on that one.



PHOTO ILLUSTRATION: JOEL CARPIO

## CERRITOS STRUGGLES IN SCRIMMAGE VS. SAN JANCITO EAGLES

**William Duarte**  
Staff Writer

**Emily Maciel**  
Staff Writer

Many miscues that included multiple dropped passes, holding and false start penalties that really hurt the Falcons.

Head coach Dean Grosfeld feels confident that the offense will be ready for the season, “We’re ready,” Grosfeld says.

Our offense is really young but we’re really talented,” Grosfeld said and assured the new players will be able to pick it up quickly.

“It’s hard in a scrimmage because we only play a quarter and then it’s just situations and stuff but like I told them, any time your defense can shut somebody out and not score on you, you’ll always have a chance,” Grosfeld added.

Last season the Falcons had an 8-3 record and went to the playoffs.

The Cerritos Falcons matched up against the Mt. San Jancito Eagles at home during a scrimmage to prepare themselves for the upcoming season.

Thursday night was a tough outing for the Falcons on the offensive side of the ball, but their defense was without a doubt, a bright spot.

After this first drive, the Falcons struggled to gain any type of momentum on the offensive side of the ball for the rest of the scrimmage not scoring one touchdown.



EMILY MACIEL

Isaiah Blevins runs down field for a couple yards before being tackled.

### Score Results:

Men’s Soccer:  
Norco defeats  
Cerritos 3-0 on  
Aug. 29

Volleyball:  
Cerritos defeats  
Santa Ana Dons  
3-0 on  
Aug. 30

Volleyball:  
Cerritos defeats  
Southernwestern  
3-0 on Sept. 1

Men’s Soccer:  
Fresno City defeats  
Cerritos 4-1  
on Sept. 1

Men’s Soccer:  
Hartnel defeats  
Cerritos 2-0 on  
Sept. 2

Waterpolo:  
Claremont Mudd  
Scripps defeats  
Cerritos 13-8 on

### Sept. 3

UCLA defeats  
Costal 27-13  
on Sept. 2

USC defeats  
Nevada 66-14  
on Sept. 2

Inter Miami  
defeats LAFC 3-1  
on Sept. 3

News  
Travis Kelce hyper  
extended knee  
could miss opener

Julio Urias  
arrested amd  
charged for  
domestic violence