

Talon Marks

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Cerritos College, 11110 E. Alondra Blvd. Norwalk Calif.

Wednesday Oct 9, 1974

News items

German film set

"The Three Penny Opera," a German film by Bertold Brecht, will be shown tomorrow from 2 p.m. to 4 p.m. in Lecture Hall 4 and Thursday night from 7:30 p.m. to 9:30 p.m. at the Burnight Center Auditorium.

The film contains English subtitles. Also slated to be shown alongside the film is "der Kommissar," a short criminal-detective film. It contains no subtitles.

(Note: This film replaces "The Confessions of Felix Krull," which was originally scheduled.)

'Bright' to appear

"The Bright Side," a group of 22 young men and women, each with specialized musical talent, will perform in concert at Cerritos Saturday, Oct. 12 at 8 p.m. in the Student Center.

The performers, who range in age from 12 to 19, combine music with choreography and innovative theatrics. They have appeared on television and at fairs and conventions.

Tickets are on sale at the college box office.

Personal counseling

Personal counseling is available for students on a drop-in basis. Students must inform the receptionist that they want to discuss a personal problem with the counselor on duty.

No appointment is necessary, and students will be received on a first-come, first-served policy.

Blood Drive on

Blood Drive sign-ups continue until Oct. 11 in front of the Student Center. Sign-up hours are 10 a.m. to 2 p.m.

The drive will be held October 14 and 16 from 10 a.m. to 2 p.m.

Marines on campus

"I believe it is important that each individual be fully informed of the opportunities presented by military service in a commissioned status," stated M.J. Tennes, Captain U.S. Marine Corps.

To serve this end, representatives from the Marine Corps will be in the Student Center October 21 and 22 from 9 a.m. to 3 p.m. to discuss military opportunities with students.

Calvin reps here

Calvin College Admissions Counselor Pete Harkeme will be in the Student Center Oct. 16 to talk with students.

Calvin College, a Christian liberal arts college with a student body of approximately 3400, is located in Grand Rapids, Michigan.

Karate club

Karate enthusiasts can now join the re-forming Karate Club. Interested students should go to the Student Affairs office and leave their name and phone number.

A meeting will then be called to organize and elect officers. Dr. George Jaeger will advise the club, which will stress workouts and practice in martial arts, as well as demonstrations.

Malnutrition talk

"Causes of Malnutrition in America" will be Dr. George M. Briggs' topic at his lecture Oct. 18 in the Student Center.

Dr. Briggs, Professor of Nutrition at UC Berkeley, co-authored the book Nutrition and Physical Fitness and was the co-discoverer of Vitamin B12.

Original plays

Cast in rehearsal for staging opener

BY TOM WRIGHT
TM Feature Editor

The Theatre Arts Season opener has been cast and now is in rehearsal. The production will be two original one-act avant garde works by UCLA graduate Leo Brodie. It is scheduled to open on Nov. 6.

The cast is headed by sophomore Mitch Bage who will portray Hubert in "Dummies" and Albert in "The Dictionary Show."

"Dummies," the first play, is a one-act comedy about a recluse who lives in an apartment filled with mannequins.

The second production, fully entitled "The New 1974 Abridged Collegiate Random Dictionary Show (A Play on Words)," is a musical revue. It features 60 separate characters played by 14 cast members.

Homecoming 1974 kicks off

21 coeds in running for Queen

BY ROBIN NEWGENT
TM News Editor

On a campus known for its well staged homecomings, this year's celebration looms as one of the biggest ever.

A full slate of activities is planned. Twenty one homecoming candidates will be introduced to the student body at tomorrow's rally in the Student Center at 11 a.m.

The next Tuesday and Wednesday, Oct. 15 and 16, the elections for homecoming will take place. Students will vote for seven candidates to vie for the queen's title.

Float applications are due on Oct. 18.

Oct. 21-25 is Court activity Week. Monday will feature a Roller Skating Contest. Tuesday will see a mock rally with men students doing a parody on homecoming.

A Hula Hoop and bubble blowing contest will highlight Wednesday's activities.

Thursday offers a lunch box auction. Homecoming hopefuls will each make a lunch, and clubs will pool their resources and buy their candidate's lunch. Friday, the candidates will be honored at lunch in the Student Center.

Final queen elections to decide the winner will be on Oct. 29 and 30.

Construction of the floats will begin Oct. 30, Halloween eve, and continue through Nov. 2, when they will be judged at 1:30 p.m.

During half-time of the game in which the Cerritos Falcons will host the Mt. San Antonio College Mounties, the homecoming queen will be crowned.

The homecoming dance will follow in the Student Center.



HOMECOMING CANDIDATES — A slate of 21 campus beauties are in the running for the seven-member Homecoming Court this year. A preliminary election on Oct. 15-16 will narrow the field down to the final seven court members. The Queen election on Oct. 29-30 will pick the young lady who will reign over the festivities. Candidates, shown just after the application deadline, include (seated, from

center) Mimi Carambia, HACC; Linda Cruden, football team; Jill Kuritzky, Hillel; Becky Hernandez, wrestling team; and Lauri Donovan, Circle K. Standing (count clockwise) are Lenore Hayes, Beta Phi Gamma; Karen Turner, Pep squad; Vicki Boggs, LAE; Carol Lee, P&O; Marsha Jennings, Theta Sigma; Maureen Doherty, Phi Kappa Zeta; June Fredt, Sigma Phi; Cay Cowan,

LDS; Debbie Kinne, Upsilon Omicron; Edna Rodriguez, Spanish Club; Carla Conn, Cosmetology Dept.; Cheryl Thornton, Philia; Diane Tabares, MECHA; and Cathy Martin, Vets Club. Not pictured are Susan Petros, VICA; and Terry Beauvais, Radio-Electronics Assoc. Portraits of the seven finalists will be run in the Talon Marks on election day.

—TM Photo by Rob Ott

Paramedic Building completion set for Fall 75 — work started

BY RAUL ACEDO
TM Assoc. News Editor

A three-story \$2,483,065 Paramedic Building, which will become one of the largest structures on campus, is scheduled for occupancy in the fall of 1975.

The building will provide nearly 30,000 square feet of assignable space and will consolidate the expanding Health Occupations Division.

When completed, the Paramedic Building will offer lecture, laboratory, office and conference space for Cosmetology, Mathematics and Health Occupations.

Cosmetology, Home Economics, Dental Assisting and Dental Hygiene will be moving into new labs each. One lab will be provided for Early Childhood Education, Special Education Aide, and one lab for Prosthetics and Orthotics.

The building will also contain four lecture rooms for programs in Mathematics, Nursing, Psychiatric Technician, Medical Assisting, and Medical Records Technician.

Two conference rooms will be provided to

meet the needs of the entire college. Office space will be supplied for the Cosmetology instructors, for all the faculty and administration of the Health Occupations Division.

The old Dental lab in the Physical Science Building will be converted into two math classrooms. This transition is justified based on present projected growth rates.

United Way Drive

The United Way Drive will be held Sunday, Oct. 13 in the city of Cerritos. The club that raises the most money will receive a trophy from Soroptimist and a \$25 award from the ICC.

Clubs interested in joining the drive should contact the Student Activities office.

By Fall 1975, math will require two additional classrooms. Math 50, 31, 32, 23, 21, and 6 are being revised to be taught in rooms with student response systems. The lectures and homework assignments are all being taped for audio-tutorial presentation.

Three math lecture rooms in the Arts and Crafts Building will be converted into lab space for the Art Department. Cerritos has three new programs that have art as a required part of their curriculum. These include Prosthetics-Orthotics, Early Childhood Education, and Special Education Aide.

Due to the lack of space, the college has already been forced to restrict course offerings in drawing, design and sculpture. The college is presently using a lecture room

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Art's Jones recuperating at LB home

"Buy his paintings. That'll cheer up any artist."

Thus quipped a colleague of Walter Leather Jones, Cerritos art teacher who is currently at home recuperating from what authorities termed a mild heart attack.

Jones, suffered the heart attack Sept. 28 at his home in Long Beach. Paramedics arrived within two minutes, art department head Rudolph Aguirre said.

He returned home after a two week stay at St. Mary's Hospital in Long Beach.

Jones, director of tutorial services, is a 12-year member of the art faculty.

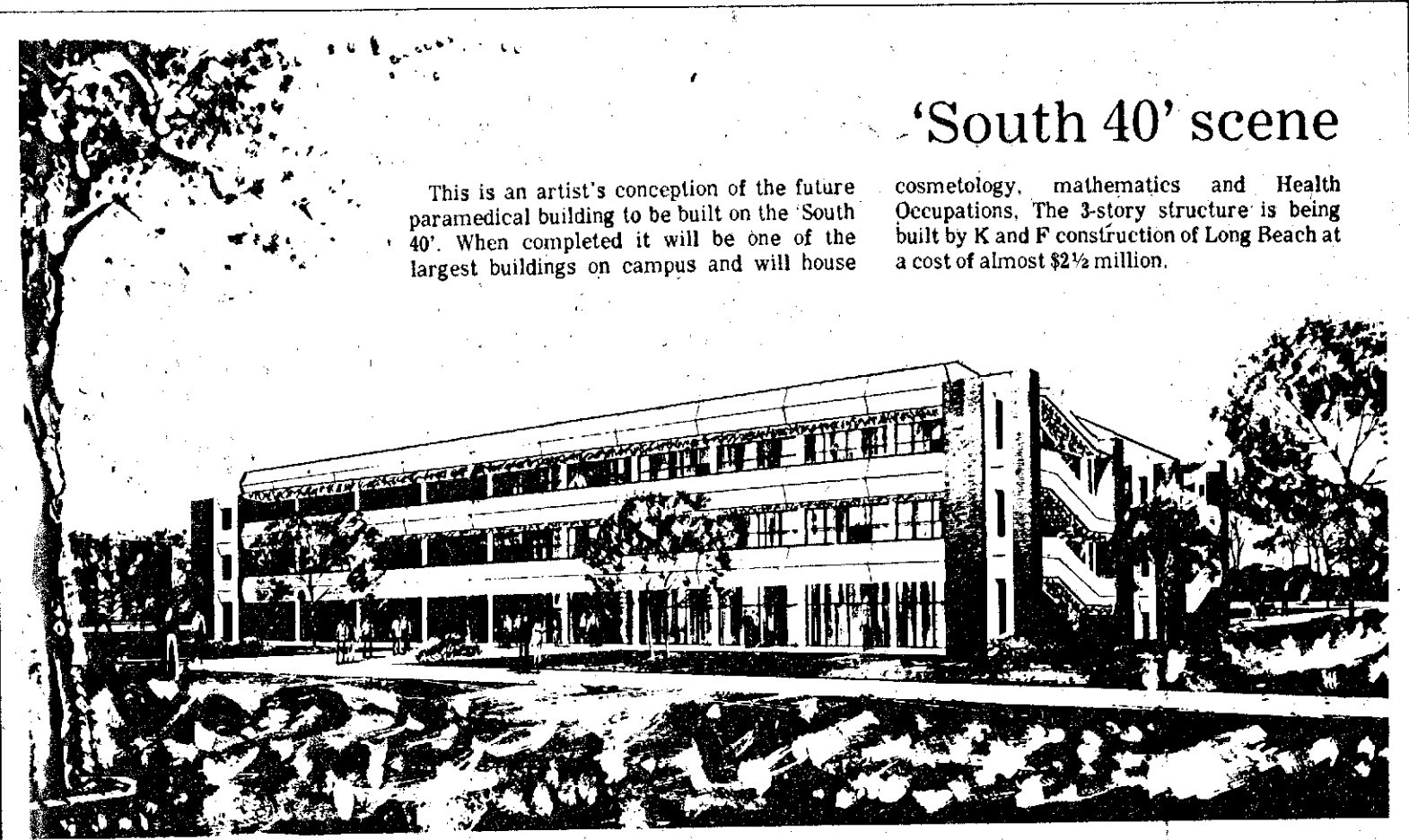
Dr. Stephen Epler, dean of academic affairs, is filling in for tutorial services, while faculty members handle his classes.

Jones, an instructor who is active in faculty affairs is expected to return to the classroom on or before next semester.

Aquirre advised students who wish to send a card to Jones to contact the Art Department.

Football at Pasadena

The Cerritos College Falcons will battle Pasadena College Saturday at Pasadena. The game will begin at 7:30 p.m.



'South 40' scene

This is an artist's conception of the future paramedic building to be built on the 'South 40'. When completed it will be one of the largest buildings on campus and will house

cosmetology, mathematics and Health Occupations. The 3-story structure is being built by K and F construction of Long Beach at a cost of almost \$2½ million.

Counselor Aids help students on registration, transfer problems

By PAULA BLAMEY
TM Assist. Campus Editor

Peer counseling is students helping students with problems ranging from registration procedures to transferring.

Four counselors are available in the Administration building. Four more recently began working at the Career Center near the new campus bookstore. They will alternate locations every other week.

The program has been designed to give the peer counselors experience through helping in the office with clerical work, ordering various career occupation pamphlets and keeping the catalog room organized. They also help to orient in-coming freshmen or any new students and most important answer any questions they can to help the students.

Although peer counselors are not trained to aid in personal counseling they are qualified to give you information such as what are transferable units, graduation requirements and transcript procedures. They also assist during registration.

Each counselor has experienced his own difficulties registering — which makes it easy for him to understand the individual needs of those discovering what a ticket number is for the first time.

Qualifications to become a peer counselor are not difficult, but because of the budget the openings are limited.

Eight positions have been filled in which the counselor is expected to work ten hours a week at \$2.87 per hour. Peer counselors are also required to carry at least twelve units without

dropping any classes while maintaining a 2.0 grade point average.

The unique counseling program began in the Spring of 1973. The peer counselors offer time which is impossible for regular counselors to give.

Peer counselors Cheryl Johnson and Frank Smeltz urge anyone in need of help to stop by and see them.

"It's a great program and we'd like to see it stay in," they said.



COUNSELING SESSION — Counselor Pat Cook, center, discusses the duties of peer counselors (now called counselor aides). Frank Smeltz and Cheryl Johnson talk to

interested students who are from left to center, Dora Macias, Peggy Moons and Craig Biddick. Other peer counselors on duty in the Administration Building and the Career

File petition

Experimental courses available to students on credit no-credit

Students are encouraged to experiment in subject areas unfamiliar to them on a credit no-credit basis.

Petitions for credit no-credit must be filed with a counselor within the first four weeks of the semester. The deadline is October 10.

A list of approved credit no-credit classes available is in the Cerritos Fall Schedule.

A grade of "C" is necessary to receive the unit value, but the grade is not used in computing the Grade Point average.

Conversely, students possessing knowledge gained in any other manner than in an accredited institution may petition to receive credit through examination. However, credit earned by exam is recorded on the student's record on the A to F grading scale.

Divisions from which the courses in either program are chosen are the same though the courses available are different except that all courses in physical education activity may be petitioned for credit no-credit.

Business, health occupations, humanities, social science, technology and some math and science courses are on the list which is included in the Cerritos Fall Schedule and also is available in the admissions offices.

Students petitioning for either of the options must hold a minimum overall grade point average of at least 2.0.

No more than 12 units of exam credit may be taken and exams will not be given for any particular subject more than once. Credit may not be given for courses duplicated in another school or for a course that is less advanced than a course previously completed successfully.

One course per semester and no more than 15 total units of credit no-credit courses may be completed at Cerritos College.

Further details are listed in the Cerritos Catalog and on the petitions which can be obtained from counselors or at the desk of Margaret Weiss in the admissions offices.

One other source of credit not listed in the catalog is the four units offered by Cerritos College to veteran students for time in service.

A minimum of 12 units must have been earned at Cerritos and a petition, available at the Vets desk, filed together with a copy of the vet student's form 214 at admissions.

A representative from the Vets desk stressed that it is up to the school to determine whether or not the vet is eligible to receive credit. The mere fact that a vet has a discharge other than honorable does not necessarily disqualify him from receiving the four units offered.

Music lessons available at conservatory

The 10th Annual Cerritos College Music Conservatory for children and students from kindergarten through community college level will begin Thursday, Oct. 10.

The conservatory, sponsored by the Office of Community Services, will offer instruction to all ages in piano, guitar, flute, percussion, clarinet, saxophone, trumpet and trombone.

The conservatory will also offer classes in the Suzuki method for violin to students as young as three years of age.

Instruments and lesson books must be supplied by the student. There is a \$5 registration fee per student.

In nine years of operation, more than 1300 students, 300 last year alone, have attended classes.

For further information, contact the Office of Community Services.

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Campus

Wednesday

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Large campus building to be finished fall of '75

(Continued from front page)

as a temporary lab, but it is badly overcrowded (30 stations in a room designed for 17 stations).

The department also lacks a room for three-dimensional design and adequate storage space for students. Part of the existing space is a temporary lab that is very over-crowded. It has 30 drawing tables in a room that provides only 29 sq. ft. per student, far below the standards for art (65 sq. ft. per student).

Nursing labs and classrooms located in the Arts and Crafts Building will be utilized by the Business Department. This reassignment will require no alteration of facilities.

Justification of the new business classrooms is centered around the fact that business

education is the fastest growing department on campus and is already short on lab space. Cerritos is also beginning a new curriculum in Supermarket management.

Two labs vacated by Cosmetology will be converted into a Child Development Center and a Learning Lab for the handicapped. It was originally planned that the \$21 million Student Union Center would provide housing for student health services and a child development center. However, due to the lack of adequate funds the project was reduced in scope by 66 per cent to \$866,000.

The Board of trustees passed a unanimous motion requiring the administration to designate a permanent location for the development center. These two rooms seem to be the only suitable location on campus, observers say.

Atkins, diet revolutionist explains carbohydrate-excluding diet

By RAUL ACEDO
TM Assoc News Editor

Dr. Robert C. Atkins, author and self-proclaimed diet revolutionist expressed his sometimes radical views before a crowded Student Center last Wednesday.

Atkins, originator and staunch defender of his "ketogenic reducing diet," explained the bases and theories behind the carbohydrate-excluding diet.

The elimination of sugar ridden foods from the diet was emphasized by Atkins.

"The key to good nutrition may be the avoidance of certain foods," he said, such as bleached white flour, soft drinks and sugars.

It is Atkins' conclusion that a multitude of our so-called "twentieth century diseases" such as heart attack, obesity and diabetes are directly related to our increased consumption of refined carbohydrates. He said the "politics of nutrition" allows the food industries to produce nutritionally deficient foods.

Dr. Atkins opposes the Food and Drug Administration control of vitamins and

believes that food companies should have nutritional advisors.

According to Atkins, the American Medical Association has tried to discredit him and diet through "one-sided magazine articles and press releases."

Atkins said that all of us are in the midst of a "battlefield." The AMA, the American Cancer Society and governmental industries, "a very entrenched establishment," are on one side, and Dr. Shute (vitamin E research), Dr.

(Continued on page 4)

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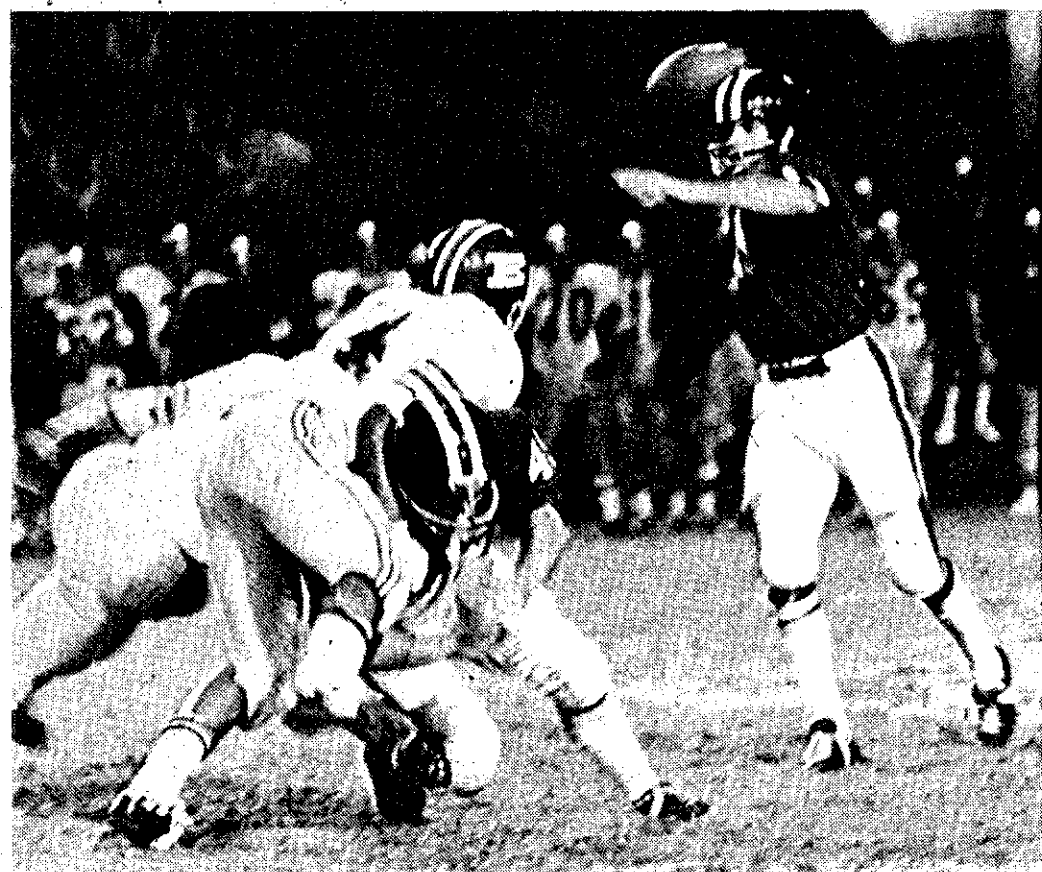
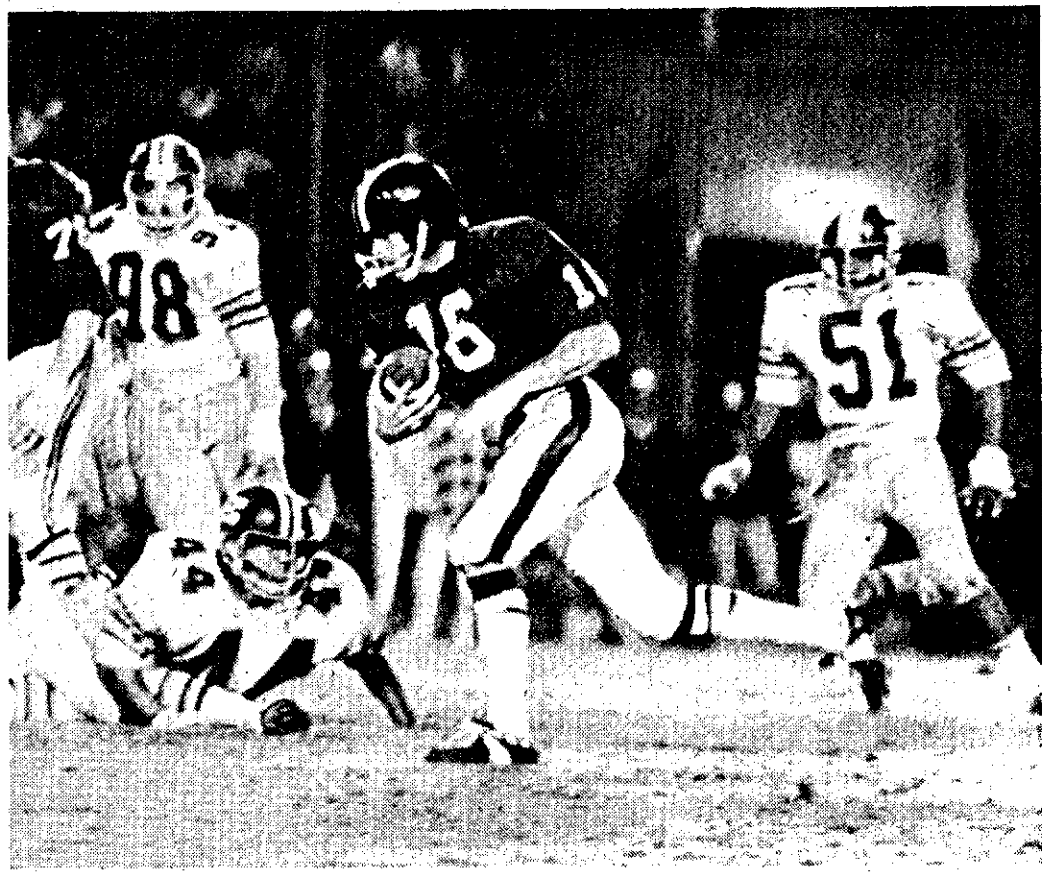
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BY LAND OR AIR - Duane Matthews has been the spearhead of the Cerritos offensive attack for 1974. Among the South Coast Conference total offense leaders, Matthews unveiled a new talent last Saturday vs. East L.A.: his running ability. He netted 59 yards on the ground against the Huskies, and he

shows his form in top photo as Hector Acevedo (36) looks on. Excluding sacks in the East L.A. game, Matthews ran for 80 yards. In the bottom photo, Duane rolls to his left and spots a receiver. Doug McCulloch (49) makes it possible with a nice block on the play.

— TM photos by Bob Ott and Bob Long.

Killer schedule to continue

Pasadena next as Falcons beat Huskies, 9-7

By ANDY FURILLO
TM Sports Editor

Whoever made out the schedule for the 1974 junior college football season this year must not have liked Cerritos.

For openers, the Falcons had to wrestle with Bakersfield, now the top-ranked school in the state.

A respite followed the next week as Cerritos beat an inexperienced Long Beach City team, but it was back to the toughies last Saturday against East Los Angeles in a game that Cerritos won, 9-7.

Coming up next for the Falcons is a Saturday night game with Pasadena City College at Pasadena. The Lancers are currently the third-ranked JC football team in the state.

While games against the higher rated teams doesn't do too much for the won-loss record (even though Cerritos owns a respectable 2-1 mark), Falcon football coach Ernie Johnson prefers the tougher competition.

"If they don't (physically) hurt us, I think it's good for the team," said Johnson. "I believe in a tough practice schedule. It's hard to maintain a good won-loss record, but when we get into the league, it will help us."

"We won't be surprised when we face tough opposition while the rest of the league will be," Johnson said.

In facing Bakersfield, Long Beach City, East Los Angeles and Pasadena, it could be said that Cerritos is playing the most difficult pre-season schedule out of any team in the South Coast Conference.

Saturday's game with Pasadena will be the Falcons' final non-conference game of the season, and Johnson and his staff will have their work cut out for them in preparing for the Lancers.

"They may be the fastest team in the state," Johnson said. "They're very tough defensively and very fast offensively."

Talking about preparation, Johnson was again upset with himself for his team's readiness to play, or apparent lack of it, last Saturday against ELAC. Although the Falcons beat the Huskies in the Battle of the Stats as well as on the scoreboard, Johnson was anything but pleased.

In fact, Cerritos' fourth-year head coach related as if his team had lost the game.

"We didn't feel that we performed particularly well," Johnson moaned, "but the teams only play like they're prepared."

Johnson was unhappy with three Falcon fumbles, an intercepted pass, what he termed "poor tackling" on defense and a defensive mixup on ELAC's only touchdown of the game.

However, it should be pointed out that East L.A. has a pretty good football team, and possibly their best in recent years. The Huskies own a victory over the previous No. 1 team in the state, Fresno, and a tie with undefeated L.A. Valley.

But Johnson continued to go hard on himself. "I apologized to the team after the game," he said. "I can't seem to be able to get them ready to play. Team morale is the coach's responsibility."

"The Long Beach game was the closest we've come to an emotional pitch, but I don't really go the rah-rah stuff and all that yelling. We just want to have guys who can do the job, who are ready to play."

"It bothers me when we're not ready, but I'll keep trying."

One thing that Johnson was happy about was the fact that his defense, despite their "poor tackling" managed to keep ELAC down to only seven points. It was the Huskies lowest point total of the season.

Led again by Duane Matthews, who passed for 138 yards and netted 59 on the ground, Cerritos outgained the visitors 331 yards to 312 and out-first downed them 19-15. This is pretty much indicative of the 9-7 score.

Matthews' passing set up a Dave Carson field goal with only 29 seconds remaining in the first half to provide the margin of victory for the Falcons. He also culminated a 58-yard Falcon drive to open the second half with a 2-yard run around right end for a touchdown.

Marring Duane's performance, though, were fumbles at the ELAC 34 and 2-yard lines

that prevented Cerritos from avoiding the anxiety of a close game.

Also keeping the game close was the outstanding running of East Los Angeles' Lynn Cain, who carried 30 times for 154 yards. He was most effective on draw flays.

It was a nine-yard run by Cain on a third-and-six play that eventually led to the Huskies' only touchdown, a seven yard pass from Dave Ramos to Rudy Mungia with 13:23 left to play.

"They didn't play the TD pass very sharp," Johnson said. "That was the coach's fault."

East L.A. had a chance to win the game in the fourth quarter by stopping Cerritos with a little over a minute to play. However, the Huskies inexplicably didn't use any of their remaining time outs and the clock ran out on them while they were on the Cerritos 40-yard line.

Scoring summary

ELAC 0 0 0 7-7
Cerritos 0 3 6 0-9

How they scored:

Cerritos: Carson 38-yard field goal at 14:31 of second quarter. Capped 53-yard drive in eight plays. Key plays: Doug McCulloch 10-yard run, Don Murvin 11-yard pass from Matthews. Score: Cerritos 3, ELAC 0.

Cerritos: Matthews 2-yard run at 3:00 of third quarter. Capped 58-yard drive in nine plays. Key plays: Glen Ford 10-yard run, Jeff Handy 10-yard run, Matthews 2-yard runs on two third-and-one situations. PAT: kick failed. Score: Cerritos 9, ELAC 0.

ELAC: Mungia 7-yard pass from Ramos at 1:37 of fourth quarter. Capped 80-yard drive in 15 plays. Key plays: Cain 9-yard run on third-and-six situation, Cain 9, 6, and 5-yard runs, Alvin Fike 13 yard run. PAT: Ramos kick. Final score: Cerritos 9, ELAC 7.

Yell leaders ask students for understanding, participation

By DEBBIE BOLTEN
TM Managing Editor

A cheerleader's life is not an easy one... writing skits, developing routines, practicing almost daily for hours at a time — not that they're complaining, because they're the ones who asked for it.

Understanding and participation is all they need, they say. This seems to be too much for the Cerritos student body. The response at football games has been mostly dull roars to nil, according to head yell leader Rey Lozano, a 20-year-old speech major.

"We go on the assumption that people don't remember the things we tell them," said

Lozano, "so we try to stick with short, one-word cheers. These get the most feedback."

The yell leaders must remember the reason they are there is to aid the football team. Harassment from the audience sometimes occurs — and they have to be prepared for it. Lozano said he realizes that the cheers annoy some people.

The yell leaders consist of seven people: Rey Lozano, Tracy Hannon, Jeri Butler, Kathi Goff, Diane Padelford, Cindy Martinez, and Debi Rogers.

There are also seven song leaders: Cheryl Stinnett (head song leader), Lori Van Pelt,

Carol Lee, Sherrie Yeats, Karen Turner, Vicki Marlora and Marilyn Brown.

Both groups co-ordinate their routines with each other.

Responsibilities for the yell start with rehearsals. They must practice everyday, except Sunday and Monday. It gets hectic because the girls have jobs, and getting together to do things is a problem.

Pep rallies are staged every Thursday. This means the yell and song teams must create a skit every week that will be funny and keep the audiences entertained.

Clubs are now sponsoring the rallies. A front table is reserved in the Student Center for the club that week. In return, the yell leaders recognize the club, giving them publicity and support.

On Saturdays they arrive two hours before the game begins, to they will be fully prepared in advance by practicing what they want to do.

This year, instead of one person carrying the burden of getting things set up, each one had been assigned a certain responsibility.

Try outs start in March. More people are urged to join the squad. No one is returning from the old squad, so seven new openings are available. Yell and song are judged by the Dean of Student Affairs and the senators. They look for personality, audience appeal and coordination, but mostly just the willingness to try.

Lozano warns high school cheerleaders that college is a big change. There's no drill team to back up yells. Doing "cutsie" routines is out.

Personally, he says he has found it hard to be accepted as the only male cheerleader. It would be easier if more men did try out; then people would go along with it more readily.

Most people mistake the yell leaders as being snobbish or stuck up, according to Lozano, but it's mostly just embarrassment on their part. "They're expected to be friendly and talk to everyone," he says. "This can be difficult even when you're extroverted, as most of them are."

There have been no arguments so far between them although quarrels are frequent within a squad. Both song and yell have gotten along exceptionally well, they say.

The awards they have won include the district championship. They are now competing for national competition to be held in Dallas.

The song leaders are the grand champions of the district.

Why do students want to become yell or song leaders? School involvement, going to the games, feeling of competition. The movement, the choreography is a personal creation — an experience that will be remembered for years.



YELL LEADERS - The Cerritos College yell leaders are shown demonstrating one of their many routines. They can be seen at all of the home football games doing their thing down on the field. However, they have been disappointed by the lack of response by the

Cerritos student body. Supporting the squad in this pose is head yell leader Rey Lozano, who says he has found in somewhat hard to be accepted as the only male yell leader.

— TM photo by Lenore Hayes.

Poloists beat Palomar in non-conference upset

This Friday afternoon Cerritos travels to Orange Coast College to battle the Pirates for their second South Coast Conference match of the year.

Yesterday the Falcon poloists met the Santa Ana Dons in their opening conference match. That match, of which the results were not available at press time, was also the first Cerritos home meet.

Coach Pat Tyne was optimistic of their match with the Dons, saying that "it should be a very close game." Tyne went on further to say that Cerritos and Orange Coast would be very close in competition this year and should finish within one place of each other.

The Falcons went into the game with an even 3-3 record after meeting two strong teams, Palomar and Grossmont, last week. On Tuesday of last week, they challenged Palomar in Palomar's water. The Falcons edged by with a 5-4 win, scoring three of their five goals in the third period.

Dennis Morales, an All-Southern California player last year, started the Falcon scoring in the first quarter. Then returning to the pool after a halftime tie of 1-1, Mike Fewell came in to score two goals for the Falcons. With another goal for Cerritos by Jay DeBoom and one for Palomar, the score going into the final period was 4-2.

Palomar managed to score twice in that quarter, but a goal by the Falcon's Tim Hooper kept Cerritos in front for a 5-4 win.

The next day (last Wednesday) the Falcons confronted Grossmont in the Griffins pool. The tables were reversed this time as it was

Cerritos who was edged out by a score of 10-12.

Hooper scored Cerritos' only point in the first half as the Griffins built up a nine point spread with ten goals in the first two quarters. But the Falcons came to life in the third period by accumulating six points and holding Grossmont scoreless.

It was Jack Parmelly who brought them to life as he made three separate goals for Cerritos. The other three points were scored by Fewell, Hooper, and Morales.

This put the Falcons within three points of a tie as they were down 7-10. And though they scored those three points in the last quarter, another two goals by Grossmont put the game out of reach.

Tyne said later that the main problem was still passing. "We have to learn to pass good under pressure."

He also said that he felt Cerritos played best in the last quarter when the Falcons outscored the Griffins 3-2.

Only two players started in all six pre-conference games this year.

One, Morales, was a star player for the Falcons last year. By popular vote of his team mates, he was runner-up for the team's MVP (Philip Dodd, last year's goalie, won the award).

The other player, Fewell, is also the leading scorer for Cerritos so far this year. He is credited with nine of the Falcon's 36 points scored this year.

Following close behind are Hooper with six goals and DeBoom with five.

Tennis meeting tomorrow

Intramurals to expand

The Intramural sports program here at Cerritos will expand into tennis competition tomorrow, as Intramural Chief Rhea Gram, has scheduled a sign-up program for 11 a.m. in the tennis bleachers.

Actual participation is scheduled for next week, when round robin and dual play will commence.

Whoever signs up for the tennis program will be assured of a tennis court every Tuesday and Thursday from 11 to 12 noon.

Handball and racquetball sign-ups will also take place.

Gram also reports that the weight room has now been opened on Tuesdays and Thursdays at the same 11-12 time. An instructor will be present at those hours to help people out with their weight programs.

Intramural football got under way last week with the announcing of the team names being the highlight. The Beef, presumably a bunch of vegetarians, won its first game, beating the Munch-a-Bunch, 21-0.

In other games, the Stinson Beach Chargers tamed the Mad Dogs, 14-0, and the Ineligibles shut out the No-Names, 28-0. No identities were available at press time for the latter team.

The Rutt Fakes drew a bye, and they were reported to have been searching for a new name for their team in the meantime.

The standings for the co-ed volleyball

program are as follows: Beach Bums, 2-0; Michelobs, Primos, Nomads, Falcons, Belley Buttons and Bombers, 1-1. The Islanders have yet to get their feet wet. They're 0-2.

Harriers lose

The Cerritos Falcons cross country team suffered their second South Coast Conference loss last Friday by losing 24-35 to Santa Ana at La Mirada Park. Their next meet will be against Mt. SAC Friday at La Mirada.

The Falcons competed against Santa Ana without the services of Jeff English and Davey Crockett both of whom were sidelined with injuries.

Coach Dave Kamanski said his team probably would have beaten Santa Ana had English and Crockett participated in the meet. Actually, the Falcons did well against Santa Ana as Carlos Ponce finished third, Dave Lizardi took fourth, and Jesse Quesada finished fifth.

Ponce's impressive 20:36 time was an improvement of 2:14 under his last recorded time against Orange Coast. Quesada's 20:49 finish was 1:43 faster than his last recorded time also against Orange.

Dave Lizardi, who didn't finish in the top twelve against Orange Coast, surprised everyone by completing the four-mile course at a 20:47 time.

Opinion

Editorials • Letters • Columns • Features • Etc.

Unsigned editorials are the responsibility of the Talon Marks Editorial Board. Other views are solely those of the author of the article and are not to be considered opinions of the Talon Marks staff, the editorial board, the advisor, the Cerritos College administration, or the Board of Trustees.

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Wednesday Oct 9, 1974

Your thoughts ...

Talon Marks is a community college newspaper as well as an academic endeavor. We are here to serve the community while learning to become professional journalists.

Whether we are succeeding in our role as a college newspaper depends upon how well we accomplish what we are attempting to do.

Our advisor is the one who will assign grades, but you the public will also judge our performance. How well you are served is the best yardstick by which we may measure ourselves.

Your constructive criticism is not only desired but appreciated. Talon Marks encourages the college community to respond by writing "letters to the editor."

Letters should be relatively short about 250 words; must be signed; and the student number must be included. You may bring letters to AC-34 personally, or leave them in the Talon Marks mail-drop or put them in the Talon Marks box located in the Student Activities office.

EARTH BLOOD

GAP - pitch in

By AL BENTON

TM Assoc. Feature Editor

The seemingly inexhaustible natural resources of the United States has spawned a disposable society.

The planned obsolescence, no deposit no return, throw away everything we can buy more type of thinking is resource suicide.

The United States accounts for about 4.5 per cent of the world's population, yet we consume more than 50 per cent of its resources.

The solution to this is recycling. Through re-use of "wastes" we can save money, resources and the quality of the environment.

To recycle glass and aluminum takes only five per cent of the energy used originally to produce it. Sewage can be turned into fertilizer and natural gas. Re-use of industrial waste water saves money as well as the water environment.

Mine dumps and old oil wells frequently produce as much as new mines and wells. Recycling paper saves energy and trees while reforestation rebuilds and preserves the forest life.

This all costs money, much more than the original cost. However, the initial investment in re-use and recycling will be returned, at a profit.

Another benefit of recycling is the bolstering of the economy and the lowering of the tax burden. New jobs will be created, old ones re-activated, productivity will be increased, all stimulants to a sagging economy.

The time for recycling is now and on a mass scale. There is a need and we have the technology to accomplish it. The key lies in the individual and his involvement.

Consider this: If you drink two aluminum cans of beer per day and fail to recycle the cans, according to "Conservation News" you alone will waste more energy than each of a billion people will use in a poorer land. That is a lot of energy down the drain as well as a lot of metal.

At Cerritos College we have a great opportunity to help the ecology, industry and students who need money for school expenses. The campus GAP drive will accept glass, aluminum and paper to be recycled. The money collected will be used to aid students via the ASCC Breadth scholarships and short term loans.

Drop out of the throw away society and drop off your cans at the GAP center.

-PITCH IN

Hail ... the fifties?

By ANDY FURILLO

TM Sports Editor

In choosing a theme for the 1974 homecoming celebration here at Cerritos, a special committee decided to honor a decade.

Nothing is really too harmful in this. In fact, it will probably turn out to be great fun for all involved.

But the symbolism in the theme is enough to make the progressive, forward-looking mind shudder.

The committee decided to honor that era in American history where apathy, neuroses, and anti-intellectualism were running rampant.

We, the Cerritos College student body, will be honoring the 1950's.

Paying tribute to the 50's appears to be the thing to do these days — or at least it was when the theme was chosen. Why would anyone want to honor such a despicable decade?

Sure, there were some highlights to the 50's. The Rams won their only NFL championship in Los Angeles, the Dodgers moved out here to the Coast, and Miles Davis was hot as a match with John Coltrane, Cannonball Adderly, and Bill Evans in forming possibly the greatest jazz band in history.

Once we get beyond these and a very few other happenings of the 50's, though, the decade becomes rather rotten.

The music that most people associate with the 50's is essentially hideous. The same dull beat with some no-talent bum singing about his platinum blonde girlfriend who has difficulty counting to ten sitting in his hot rod at the ice cream parlor.

I never did like Dion and the Belmonts.

Internationally, the 50's got off to a beautiful start with the Korean War. Things only got better from there, as the Soviet Union threatened to blow us out of existence — while we returned the compliment.

The threat of a nuclear war does wonders for the populace's nerves, and the United States responded in the 50's by producing an unproportionately high number of neurotics. Lovely.

Politically, Dwight D. Eisenhower, was elected president. His attitude more or less reflected the opinion of the U.S. citizenry of the 50's — don't do anything. Under Ike's administration, the United States became interested in "preserving democracy" in Indochina. And we all remember who Eisenhower's vice-president was, don't we?

Racially, Dr. Martin Luther King exposed the psychosis of the South in their view of human relations. They responded by throwing him in jail at every available opportunity.

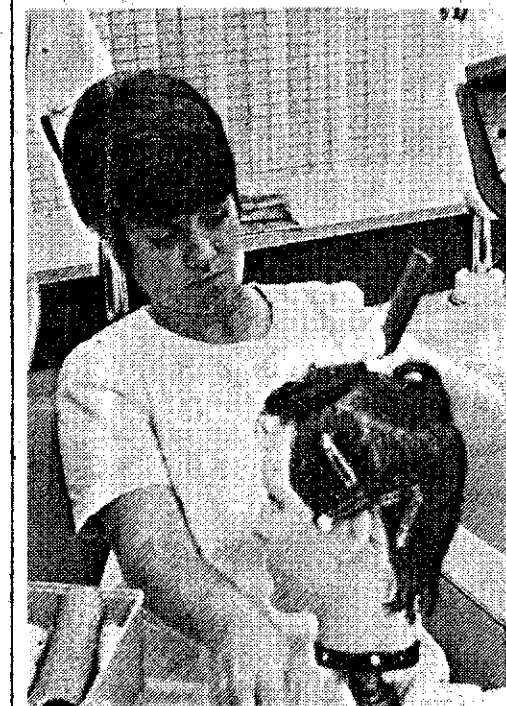
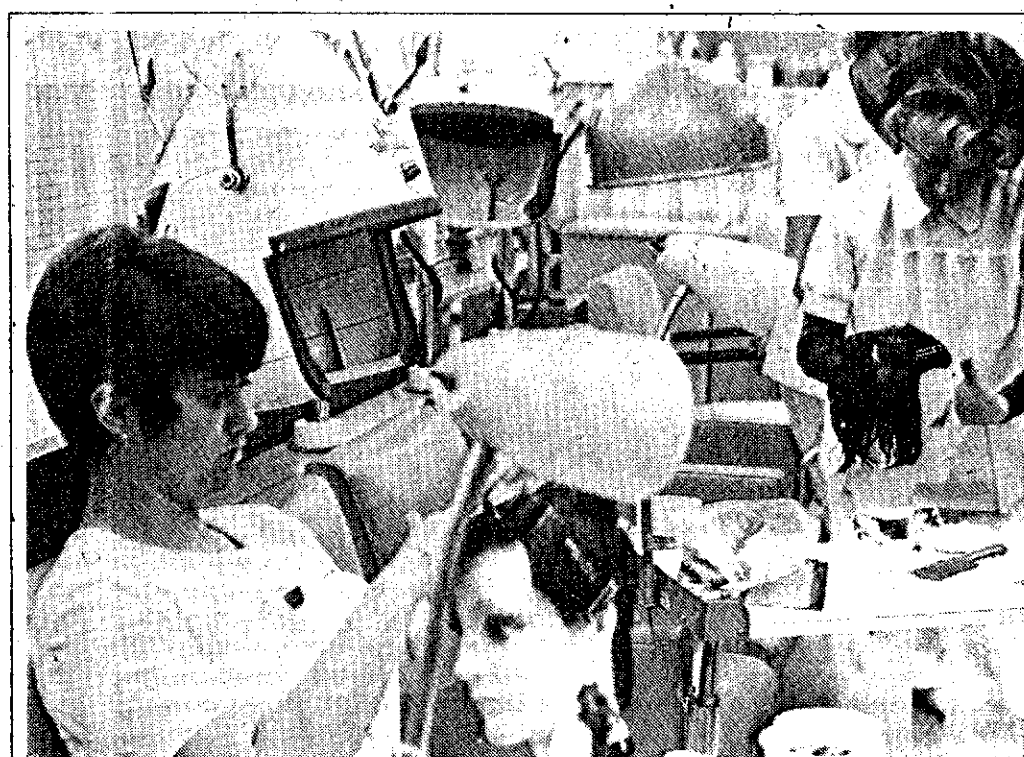
I'm sure that I'm missing some other aspects of the 50's that deserve notice, such as the McCarthy witch hunts of the early portion of the decade, the launching of Sputnik I and II, and the Peruvian soccer riots.

But to every cloud, some cliché-maker said, there is a silver lining — and out of the apathy of the 50's sprang the questioning attitude that developed in the 60's. And out of the turbulence of the 60's came the relatively calm, introspective mode that we are experiencing today.

Maybe the Student Activities office would have been a little wiser in honoring the here and now of the matter.

That is, 1974.

Stylishness marks program



Students within the Cosmetology program develop skills on each other and dummies. From left to right Glenda Cummins, Maria Kidd, and Vickie Ponce.
— TM Photos by Wendy Tanaka

Cosmetology program innovative

BY SANDY GIMPELSON
TM Assoc. Campus Editor

The Cosmetology Department of Cerritos has continued to show the consistency to place at various tournaments and competitions. This is proven true by the most recent honors.

Ladonna Hunt recently won second place in national hairdressing competition. A newly enrolled student won 4th place in a tournament at the Disneyland hotel.

Most of the success can be attributed to the well structured Cosmetology department. Approximately 200 enrolled take a wide variety of classes in order to be prepared to tackle any aspect of beauty salon surroundings. One of these include working with a curling iron, straightening hair, and making false nails. Peticuring is a required class.

A new addition to the program, states instructor, Lois Barkley, is a chemistry lab specially formulated for the Cosmetology major.

"The class makes bacteria slides, such as taking scrapings from under the finger nail. The stress throughout the lab course is the importance of sanitation," she said.

Barkley added this is the only such lab in the United States. The book used in class is written by Wanda Sterner, a chemistry instructor at Cerritos.

A recent innovation is the use of a closed circuit television for teaching purposes.

For a mere \$1.50 patrons can walk into Room 2 of the Technical Building and receive a hair cut. Many other services are offered, including anything from a shampoo-set to scalp treatments and facials.

The salon is open Monday, Wednesday and Friday 10-5, and Tuesday and Thursday 12-5. It is also open at nights on Wednesday, Thursday and Friday 6-10. An appointment is recommended and appreciated.

In one year, students completing 42 units in the Cosmetology program can receive a license in Cosmetology. In two years they can receive their AA degree.

Licensed barbers who want to keep up with the latest trends in hair design can get practical learning experience by attending two special classes at Cerritos.

The main objective of the classes is to offer refresher work in hair, chemistry, hair analysis and current styling techniques.

The class offered Tuesday night gives free styling analysis and complete styling to interested patrons.

The other class on Thursday night covers hair coloring, body processing or straightening.

Dick Dyer, a barber for twenty years and long time owner of beauty salons is the instructor of the classes. Besides teaching the current trends in hair fashion, Dyer wants to help build confidence in the barber and improve his skills.

Patrons interested in these services may come to the Cosmetology department between 7:15-8:00 p.m. on Tuesdays or Thursdays.

On the border

Entertainment — new mini concerts

BY LENORE HAYES

TM Entertainment Editor

After a semester of mediocre noon concerts, a cancelled evening rock concert and the Dan Plante nightclub, the outlook looks good for better campus entertainment this year.

There will still be noon concerts in the Student Center once a week, although none have been set to date. Evening concerts are being planned with some pretty heavy acts in mind.

Mini-concerts have been introduced by the new Commissioner of Student Activities, Coleman Mobley. Mini-concerts are meant to achieve a close rapport between the audience and the performers.

On Oct. 18, the first mini-concert on the Cerritos campus will make its debut in Burnight Center. Highlighting the event will be the comedy mime troupe, Hello People, and the song team of Batdorf & Rodney, plus singer-guitarist Casey Anderson. Sounds good.

Steppenwolf is back - on Friday Oct. 11 at UCLA Pauley Pavillion with Dalton & Dubarri and UFO. Tickets are on sale now for \$4, will be \$5 the night of the concert. Available at all of the usual places and at the UCLA ticket office. For more info call, 825-0611.

Glitter and Gaiety - The New York Dolls will be at the Hollywood Palladium on Friday Oct. 11 at 8 p.m. with their usual array of flashy friends, Rodney Ringenheimer, Kim Fowley, Iggy Pop and more. There will also be a pop star pie fight. Advance tickets are \$25.50 at Ticketron, Liberty and Mutual agencies.

Joe Cocker will be at the Santa Monica Civic on Oct. 13 at 7:30 p.m. Special guest star is Focus. Tickets on sale at Ticketron, the Civic and all Liberty and Mutual agencies.

Elvin Bishop will be at the Long Beach Auditorium on Sunday Oct. 20, along with Brian Auger and Oblivion Express. Advance tickets are \$5.50 at the arena box office, Ticketron and all the usual places.

Harriet Schock of "Hollywood Town" fame will be at the Ice House thru Oct. 13, along with a new act Davey and the Corvettes. The Ice House is located at 24 N. Mentor Ave. in Pasadena. For further info call 681 9942.

Diet Revolution

(Continued from page 2)

Pauling (vitamin C research) and others on the opposing side, he said.

It was Atkins' surmise that powerful groups continue to suppress cures and research in cancer and other deadly diseases and in so doing reap certain benefits for themselves. He concluded by saying that he was proud to be referred to as a "quack" in the same tradition of other so-called "quacks" such as Dr. Shute and Dr. Pauling.

Talon Marks

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