

Talon Marks

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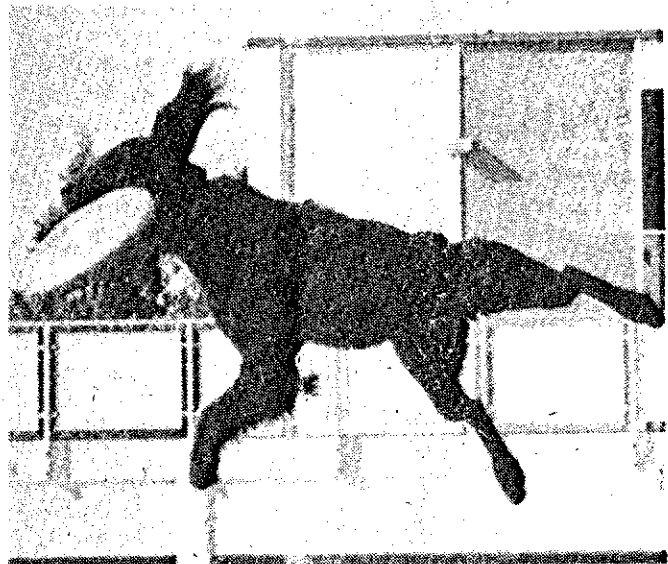
Frisbee fetcher

Colorful frisbees wafting gently about the campus are common sights at Cerritos as students relax between classes. More and more dogs are getting into the act, especially since one broke into TV commercials after being spotted making some dramatic catches on the beach.

Sativa, belongs to sophomore Ed Lecoq, is one canine whose flash and catching style will rival anybody's. Be it on surf, sand, grass or concrete, there's something special about seeing a sharp-eyed canine snap a twirling frisbee out of mid-air.

Next thing, they'll be tossing it around too—with a leap and a well-timed flick of the head.

—TM Photos by Wendy Tanaka



Hampton Hawes slated to perform at Cerritos College Friday evening

By ANDY FURILLO
TM Staff Writer

Life adolescence is supposed to be a period of life that is spent goofing off, or at least that's how some of us were brought up to believe. For others, however, it was a time to get things moving in order to keep up with the game of life.

Either by personal motivation or environmental demands, some folks were well on their way towards establishing themselves in the rat race. Some were even "making it," so to speak.

One of these types of individuals was Hampton Hawes, a jazz pianist who will be performing at Cerritos College this Friday night.

At the tender age of 17 years, Hawes was playing piano for Charlie Parker, one of the great tenor saxophonists and jazz musicians of all time.

During his career, he has played with some of the great jazz artists of all time. Among the people and groups he has played with are the Johnny Otis Band of the early 1950's (a group that included the famous female vocalists, Little Esther Phillips, Shorty Rogers, Charles Mingus, Dexter Gordon, and the Lighthouse All-Stars, just to name a few).

Now 48 years old and maybe a little bit retrospective, Hawes says that Parker was about the only musician to ever have a lasting influence on his personality and musical style.

"Everybody influences you to certain extent," Hawes said recently via a telephone interview, "but 'Bird' (Charlie Parker's renowned nickname) was the only one to have a lasting effect on me."

"Being only 17 years old at the time, it was hard for me to realize then how fortunate I was to be playing with him."

"It was a unanimous feeling between all the musicians of that time that he was the best

jazz musician of the decade (the 1940's)," Hawes said.

Since his days with the late, great Charlie Parker, Hampton Hawes has been a man of varied experiences throughout his life and times, both musically and otherwise.

Hawes' lifelong experiences are set down in a book entitled "Raise Up Off Me," which goes into detail about a battle he had with heroin addiction.

Hawes emerged the winner. The addiction story became well publicized, but it's not something that Hawes likes to deal with during the course of an interview about his music.

"I don't like to talk about it (the heroin addiction) unless I'm being interviewed about the book," Hawes said. "I try to keep interviews about the book and my music separate."

Concerning his music, Hawes describes himself as a "solo pianist rather than a band pianist." As a solo pianist performing with a trio, he has to take all the leads without any other solo help.

"When you're in a band playing piano, you basically play back-up to the horns," Hawes related, "but in a trio, I have to do it all myself without the horns."

Joining Hawes for his Friday night performance at Cerritos will be Spider Webb on drums and Chuck Rainey on bass. Both have spent plenty of time on the jazz scene.

At the Cerritos concert, Hawes will perform on both the electric and the acoustic piano. While most musicians these days started playing the Fender Rhodes electric piano for somewhat esoteric reasons, for Hawes, it was a matter of pragmatism.

"The electric piano is more consistent when you're traveling," he said. "When you play at different places, their acoustic piano could be out of tune, or the mikes could be bad, or what

have you. I'd like to carry my own sound system."

"But I also play electric to expand the sound."

Some tunes sound better on the electric piano, and vice versa.

"On my latest album (a Fantasy release entitled "Northern Windows") there are six tunes. Three of them are electric, three are acoustic."

With a new breed of pianists engulfing the jazz world, the label "jazz" (ambiguous as it is) may still never be the same. Hawes, however, has no qualms about the youth movement.

"I like all the young pianists," he said. "The music they play is good. They have lots of talent, and they can go in so many kinds of direction."

And if it wasn't for people like Hampton Hawes, who helped lay out the foundation for modern jazz, there probably wouldn't even be a youth movement.

So Hawes' feeling for the youth movement is probably mutual.

New Publicity code goes into effect at noon today

Campus publicity regulations have been changed to "make everyone equal under the law," according to Scott Swenson, assistant commissioner of Public Relations.

The change from the nine and a half page to three page code was voted in at the Nov. 27 Senate meeting.

The new code goes into effect today at noon. Reason for the changes was the difficulty in reading the old code. "The old publicity code is too long and hard to read and understand; it's also too hard to use," Swenson said.

The changes that have appeared in the new code include the cost of bonds for clubs and other organizations. It formerly cost \$5 for a bond which was returnable, if the publicity was taken down in time. However, if the club or organization did not take down the material in time, the next time a bond was needed the cost was raised by \$5.

This has now changed according to Swenson. Clubs pay a base fee of \$10, and \$1 for a clean up fee. If the publicity is not taken down in time, there is no penalty next time. All money is not refunded to the club goes into the ASCC general fund earmarked for cleanup, and is

Board on campus

Several members of the Cerritos College Board of Trustees will be on campus tomorrow, Dec. 5 to chat informally with students about anything that interests them. The sessions, held the first Thursday of every month, are designed to improve communication between the Trustees and the students of the college. The Board members will be in the Student Center from 11 a.m. to 12 noon.

Health Services here now being examined

By PAUL BRADLEY
TM Staff Writer

Should the health services program at Cerritos be for treatment, prevention or education?

This is one of the many questions being considered by a 13-member committee designed to re-evaluate Cerritos' health services program.

Reason for this re-evaluation is that "everyone seems to have a different idea of what health services is and what it should be. We want to develop a district philosophy that's

a consensus of a majority of people," said Dr. Wilford Michael.

Dr. Michael, president of the college, is acting as the committee chairman.

Two members of the Board of Trustees, Katie Nordback board president and Jan Harris, are also on the committee. Others are Don Siriani, dean of student personnel; Fran Newman, dean of student affairs; and Dr. John Randall, vice president in charge of instruction.

Other members include the school's full-time nurse, Margaret Manire; three faculty members chosen by the Faculty Senate, Rhea Gram, Betty Jones, and R. Evelyn Bibb; and two Cerritos students chosen by the ASCC Senate, Bill Robinson and Marcia Williams.

They will then attempt to draw up revisions and/or changes in the program to make it more effective. Then before sending these recommendations to the board, they will be made public to the faculty and student body for review.

One possibility under consideration is charging medical fees.

Many community colleges all across the state, as well as the nation, have a type of fee-payment program.

For a maximum cost of \$3.50 per student, (in most cases) the college can provide full-time medical services.

Some colleges use the fees for psychological services. Others for diagnostic and treatment services. And still others are able to maintain both.

Two neighboring community colleges, Fullerton and Golden West, are examples of the latter.

Fullerton, with a student population smaller than that of Cerritos, offers a nurse, three doctors, a psychiatrist and three psychologists to students for the maximum \$3.50 charge.

Golden West, who just recently raised their maximum charge (\$5.00) and increased their services, has 20 hours a week of medical services and 12 hours per week of psychiatric help (with a 24 hour emergency service) available through their health services program.

The question is, according to Dr. Michael, "Does Cerritos need this type of program?"

Another possibility is charging a fee for health insurance to make sure that all students are covered. Under this plan, all students would have to pay.

"Students with existing insurance are generally opposed to this," commented Dr. Michael.

Still another idea to be considered is directing the main thrust of health services toward prevention, rather than cure.

This would be done in connection with existing programs (such as the health classes), as well as a series of lectures and seminars to make students aware of different health problems.

The committee, which met first of Nov. will meet again at the end of December and later in January.

"By that time," said Dr. Michael, "we should have something to present."

Dr. Michael said he was hopeful of coming to some kind of conclusion before the end of the year, and of initiating it by the beginning of next year.

Handel's 'Messiah'

Cerritos College's Concert Choir and Community Chorus will present the last of three performances of Handel's Messiah. The Messiah will be presented Dec. 8 in Burnight Center.



FIX UP TIME — Margaret Manire, (right) school nurse, puts a bandaid on school secretary Joanne Colacecehi. The bandaging is

being done in the nurses office located in the lower level of the library.

—TM photo by Wendy Tanaka

Low interest loans are now available to eligible students

With the economic situation the way it is, most students could probably use some extra money to further their academic education.

The National Direct Student Loan (NDSL) is a program that provides low interest loans to qualified students in need of financial assistance to pursue a course of study. The NDSL utilizes a program of part grant, part work-study and part loan.

At the Board of Trustees meeting on Nov. 19, a question arose on the repayment of loans allotted to the NDSL program. For the Cerritos College NDSL program there is a 5 per cent deficit (or monies that are not repaid to the school.)

There are no figures available for the National picture of the deficit on the NDSL program, however there are figures for the Federally Insured Student Loans. There is a 18 per cent deficit nationally.

(Continued on Page 4)



Fran Newman

News items

Kayaks down Nile

John Goddard's expedition down the 4000-mile Nile River is dramatized in "Kayaks Down the Nile," a film scheduled to be shown tomorrow Dec. 9 at 8 p.m. in Burnight Theatre. Admission is 50¢ for students with brown I.D. card.

Veteran help

A Veteran Outreach counselor, Al Kawashima, from Cal State University, Long Beach, will be in the Office of Veterans' Affairs on Thursdays from 6 p.m. to 7 p.m. Kawashima will answer questions about Cal State Long Beach. Enrollment for the spring 1975 semester is still open for veterans.

Marine info

The Officer Information Team of the United States Marine Corps will be in the Student Center Monday, Dec. 9 and Tuesday, Dec. 10 from 9 a.m. to 3 p.m.

The team will talk with interested students about the various Officer Training Programs currently offered by the Marine Corps.

Fathers and sons

Father-son relationships is the subject of the Speech Department's Reader Theatre program Tuesday, Dec. 10 at 7:30 p.m. in the Burnight Theatre.

Tom Hooper and Greg Leach, former Cerritos students currently attending Cal State University at Fullerton, will present selections from "No Sad Songs for my Father" and "The Subject Was Roses."

Admission is free.

German Film

The German film "Das Madchen Marion," described as a "romantic tale of a new life, love, and horse-racing," will be shown Wednesday, Dec. 11 at 2 p.m. in LH-1 and 7:30 p.m. in the Burnight Theatre.

Admission is free.

'Oklahoma Crude'

"Oklahoma Crude" will be shown Tuesday, Dec. 17 at 7:30 p.m. and 9:30 p.m. at the Burnight Theatre.

Starring George C. Scott and Faye Dunaway, this academy-award winning film is about a wild Oklahoma oil town in 1913.

Admission is free to students with a current brown I.D. card.

Law careers

"Career Opportunities in Law" is the subject of the Ear Bender session tomorrow at 11 a.m. in the Career Center.

Harold Tredway, member of the Cerritos College Board of Trustees and an attorney, will present the talk. Tredway is the senior partner of Tredway, Brandmeyer & Ward.

David Callick, assistant dean of student affairs at the University of Southern California and representing the USC law school, will also talk.

Dentistry

Dr. Ray Pingle, who is involved in the medical health program in Los Angeles and is the medical director in dentistry in Orange County, will present a talk on "Career Opportunities in Dentistry" Tuesday, Dec. 10 at 11 a.m. in the Career Center.

Honor Society

Part-time students who have a grade point average of 3.0 or above and have accumulated 12 or more units have the opportunity to join Alpha Gamma Sigma, the honor society.

Interested students should get applications from the Student Activities Office, from Dr. Edward Bloomfield in SS331 or from Alta Andreason in the Administration Office.

Full-time students with a GPA of 3.0 or above have been contacted by mail to join A.G.S.

Norwalk birthday

Reservations can be made now for the 100th Birthday Dinner of the Norwalk community, slated for Tuesday evening, Dec. 17, at the Student Center.

Dinner reservations, which are \$5 per person, can be made by calling the Norwalk Chamber of Commerce, 864-7785, or the Community Promotion Department at City Hall, 868-3254, extension 248.

The program features an "old time" reception, scheduled for 6:30 p.m., followed by a buffet "historical dinner" featuring many of the delicacies and treats of past years.

"Old-time" piano playing will accompany the dinner hour. A barber shop quartet and a community sing are also to be featured.

A special pictorial tour of "old-time Norwalk" will take place with impromptu comments and anecdotes made by many of the guests present at the dinner.

Norwalk spokesmen urge interested persons to make reservations no later than Dec. 10.

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MACHINE TOUCH — Two amusement machines added to the campus selection are a computer game called "Touch Me" and a Road Rally racing game. Fifty per cent of the money earned goes into ASCC coffers. These and games such as "Pong" are popular with the students.

—TM Photo by Lenore Hayes

Speech squad sweeps Northridge tournament

The Cerritos College Speech Squad swept the California State University Northridge Speech Tournament held November 22 and 23. Competing against 30 community colleges, the squad won first place in sweepstakes.

Board of Trustees adopts adjourned meeting format

(Continued from Page 1)

plex issues in detail and become more knowledgeable in these areas such as redevelopment," said Nordbak.

While enabling the board to gain greater insight the alternative proposal eliminates the possibility of having study session scheduled but not having any pressing issues to be considered.

The adopted resolution could be used to study such complex problems as the proposed auditorium that may be acquired as a result of the new contract with the Cerritos Redevelopment Agency.

The auditorium item would be placed on the board's regular monthly agenda. The board would conduct business as usual. When they reached the auditorium item, they could either adjourn the meeting then or skip over it to conduct their business and later adjourn the meeting to another agreeable time.

The adjourned meeting would deal specifically with the special issue making use of feedback from students, staff, faculty and other groups who might be able to contribute information.

Adjourned meetings are actual legal meetings; therefore, if at least four trustees attended, the board could actually consider and pass motions just as they do in their regular business meetings.

One of the objections raised over having scheduled study sessions was the difficulty in arranging a time suitable for the Trustees to meet.

Board member Jan Harris said, "Because of my job, I have to know almost a month in advance when the meetings will be in order to find the time to attend."

Need some help?

Tutors are available in the Learning Center section of the library, on the bottom floor. The service is free.

PART TIME

Permanent position for students who are available to work between 4 a.m. and noon. (MWF) or Tues. and Thurs. and weekends.

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Full time work available January and summer months.

Basic math skills and clean cut appearance a must.

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Sandy Serrano and John Pierce captured third place in Lincoln-Douglas advocate debate. While Howard Andrews won fifth and Pat Martel won seventh in traditional L.D. debate.

In Persuasive speaking Roy Okimoto placed second in novice competition. Pat Martel placed fourth in champ competition.

Pat Martel won third place in champ Communication Analysis.

Both Reader's Theatre entries from Cerritos won a place in the final round of competition. Bill Brink, Penny Moore, and Jim Whaley won first place with their e.e. cummings production. While Denise Ducharme, Marlene Silcocks and Kathy Mullen captured third with their interpretation of The Effect of Gamma Rays on Man-in-the-Moon Marigolds.

Marlene Silcocks also won fourth in Oral Interpretation.

Sandy Serrano, John Pierce, and Eric Williams won superior awards in expository speaking, impromptu and speech to entertain respectively.

Donna Grossman and Mr. James Dighera, have coached the speech squad to other awards such as:

Third in sweepstakes at the Pasadena City College Invitational Speech Tournament. The tournament, held Nov. 18 and 17, hosted 300 competitors representing 30 community colleges.

In Persuasive speaking Roy Okimoto placed second in novice competition and also won a superior award. Pat Martel received an excellent award in junior competition.

Jim Whaley won second place and a superior award in Oral Interpretation. Excellent awards in O.I. were won by Penny Moore, Sandy Serrano, and Marlene Silcocks.

The Oxford debate team of Pat Martel and John Pierce defeated last year's California State Champions from Moorepark College in the third round of competition. In the semi-final round they were defeated on a two-one decision and brought back a third place trophy.

Casey Clarkson took first place and a superior award in novice Lincoln-Douglas debate. On the junior level Howard Andrews placed second and was given an excellent award.

Denise Deucharme received an excellent award in Expository speaking. While Jim Whaley won a superior award and Howard Andrews won an excellent award in Impromptu speaking.

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Vocabulary lecture finalizes guest series

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Talon Marks

Campus

Wednesday, December 4, 1974

By KAREN ALTMAN
TM Staff Writer

Americans should eliminate five words common to their vocabulary, Dr. Wallace C. Ellerbrook told his audience in a lecture in the Student Center Nov. 20. These words are should, must, ought to, have to, and will power, according to Ellerbrook.

"Human beings cannot do anything without wanting to," Ellerbrook stated. "Take the word will power, for example. All that means is doing the opposite of what you want."

A staff psychiatrist at Metropolitan State Hospital and instructor of psychiatry at UC Irvine, Ellerbrook was the final guest lecturer in the series co-sponsored by the Cerritos College Community Services Professions Committee and Kaiser Foundation Hospital in Bellflower.

Relating his experiences of trying to get over-weight patients to lose weight prior to their operation, Ellerbrook, a former surgeon, said the husband of one 201-pound woman threatened to divorce her is she didn't get under 200 pounds.

"I gave her all kinds of diet prescriptions and put her on a diet. She kept gaining," Ellerbrook said. "Then I got an idea. I cut a piece of venetian blind cord, tied it on her wrist, and told her not to take it off."

"She came back in a week and had lost two pounds. She had a fantastic intensity of hate for that piece of string. It was kind of gray and soapy by then. I was surprised, but thought why quit while you're ahead?"

When Ellerbrook announced that he would relate the diet he invented, many members of the audience took out paper and pencil and began to write eagerly. But as Ellerbrook progressed, they slowly put their pencils down.

"If you like hot fudge sundaes, then that's what you eat," said Ellerbrook. "On this diet, you are allowed to eat exactly what you want to eat. Until you lose weight, you are required to take larger than normal helpings. That's your training period."

"One thing to remember, though, is to never finish all of anything. Always leave just one bite or sip. When you get to the doing (the period following successful completion of the training) depending on your weight, you can only eat one, two, or three bites of anything."

Ellerbrook went on to say that dieters could order as many helpings as they wanted, but had to restrict themselves to one, two, or three bites. (The fatter you are, the greater number of bites you can have, he said.)

"The acid test of this diet is it bugs the hell out of everyone, especially Jewish mother types," said Ellerbrook. "This diet is anti-depressant. It eliminates those words I told you before, should, must, ought to, have to, and especially, will power."

IRS presents crash course

Accountants from the Internal Revenue Service will continue to teach a three part crash course in filling out tax forms December 7 and 14, in addition to the initial meeting last Saturday in the College lecture hall at 9 a.m.

The Volunteer Income Tax Assistance (VITA) program provides free tax aid to individuals who have particular problems filling out their own tax returns. Most of the people assisted by VITA are from the low-income population of our city, elderly people and persons who have difficulty understanding English.

Through the efforts of VITA volunteers during the past filing period more than one million people who could not afford to have their returns prepared by pros and who would not ordinarily request assistance from the IRS, had accurate and complete returns prepared.

As a side benefit, volunteers who take the three-session course become more adept at filing their own tax returns and also make some positive contribution to assist people in need without making monetary donations.

A chance for students to be a service to the community is now available, any interested student is asked to contact the office of Community Service here on campus and leave their name and phone number.

Publicity Code...

(Continued from Page 1) The money collected through the bonds. The money is then used to hire students to clean up.

Publicity is not to be displayed in the administration building, the bookstore building, atop the Burnight Center, in glass showcases or on bulletin boards designated for academic use only.

Class room windows facing the quad in the Arts and Crafts building can no longer be used.

Swenson wrote the new code with recommendations coming from clubs and the publicity code committee.

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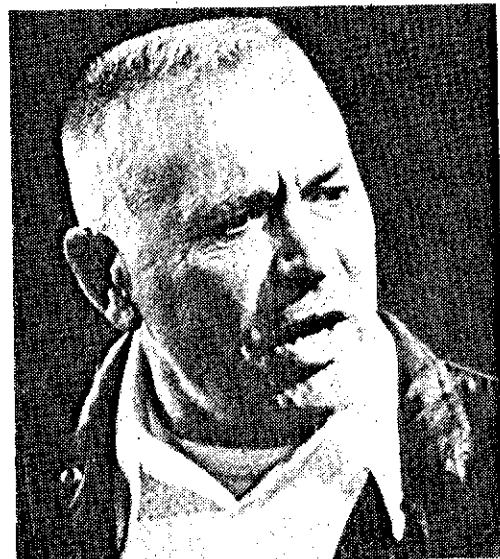
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21. Steak Sub W/PEPPER & ONIONS	1.79	.94	W/Peppers & Onions		.55
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Some Bench members should re-evaluate their purpose



ERNIE JOHNSON

By ANDY FURILLO
TM Sports Editor

Like most every other college in the country, the Cerritos College athletic program is supported by a booster club. Here at Cerritos, the boosters are known as "The Bench."

And like booster clubs on other campuses in the country, The Bench is supposed to remain loyal to its teams through the bad times as well as the good.

But certain members of The Bench appear to have forgotten what their purpose is. Towards the latter stages of the Nov. 23 Cerritos-Orange Coast football game, a game in which Cerritos was destined to lose (see game story), some members of The Bench chose to take the frustrations of a losing season out on the head football coach, Ernie Johnson.

Among other remarks directed towards

Johnson, it was suggested that he resign.

It is suggested here that instead of these members of The Bench asking for Johnson's resignation, that those members make a serious re-evaluation of their own purpose of taking part in the club.

They should consider resigning themselves.

Sure, it's a good idea to have a bunch of so-called "loyalists" hanging around to make sure that the coaches aren't botching their jobs, but in rapping Johnson for the losing season, it seems like it would be a good idea to have somebody question the loyalists.

In blaming Johnson for Cerritos' losing season, The Bench should be benched.

Was it Johnson's fault that he didn't have a running back this year who could run with any speed?

Was it Johnson's fault that his players fumbled

ed punts in the end zone and 23 times on the season?

Was it Johnson's fault that his center had a tendency to hike the ball over the punter's head in a key situation?

No, it isn't Johnson's fault.

Now this is not to put the blame on the team itself, because unfortunate mistakes such as these happen to all teams.

If you eliminate the mistakes on the season, you might have seen an undefeated football team. Every game that the Falcons lost had a couple of "what ifs" involved.

Lacking speed, Cerritos was a team that couldn't afford to make any mistakes if it wanted to win the South Coast Conference, but as it turned out, they made entirely too many.

And before members of The Bench begin screaming for Johnson's head, they should examine his past performance chart.

At El Rancho High School, Johnson was one of the premier high school football coaches in Southern California.

There is no reason to believe that he can't become a premier junior college football coach, either. All he needs is a little bit of speed to work with.

The Falcons seemed to be a step slower than the opposition all season long.

Not that they didn't perform admirably, because they did. The talent that they did have, especially on defense, was utilized to the utmost. Mistakes, however, killed them.

And in the end, so did a faction of The Bench.

Football team closes season losing to OCC

The Cerritos College football team ended its 1974 season on a losing note, dropping a 20-10 decision to the Orange Coast Pirates on Nov. 23. The loss dropped the Falcons' record to a losing 4-5 mark on the season and made their final South Coast Conference record 2-3.

Orange Coast, finishing the season with a 4-1 conference mark, will go to the state playoffs. The Pirates tied Fullerton, a 36-7 winner over Santa Ana in its conference finale, for the conference championships.

The loss ended a frustrating season for the Falcons, as they lost their three conference games by a total of 14 points.

Throw out the Bakersfield game (which Cerritos lost by a 28-7 score) and the Falcons' other four losses on the season came out to only an 18-point total.

Falcons hopes were slim going into the OCC game, as they were forced to perform without Duane Matthews, the total offense leader of the SCC. Matthews was out with a bruised shoulder.

He did manage to see some action, though, and in less than two quarters of play, he completed five of eight passes for 42 yards.

Steve Norman got the start calling signals for the Falcons.

Offensively, Cerritos couldn't get too much going in the game. The Falcons moved for only 151 yards against the tough Orange Coast defense. They managed only three first downs.

Cerritos' defense was respectable, however, as Orange Coast only gained 271 yards in the game.

The Falcons offensive figure was their lowest output of the season.

Yet Cerritos was in the game until late in the third quarter. Dave Carson opened the game's scoring with a 25-yard field goal for Cerritos midway in the second period, and it looked as if it was going to hold up for a halftime lead.

But Cerritos' Gary Witteman fumbled a punt in the end zone and Orange Coast recovered for a touchdown late in the half. Needless to say, this had to damage the Falcons emotionally.

Rick Brown scored two third period touchdowns for Orange Coast to put the Pirates into the playoffs. His runs came from one and four yards out.

Trini Gardea, a freshman quarterback who might start for Cerritos next season, saw his first action of the '74 season late in the fourth quarter. He threw only one pass in the game, and it was good for a 13-yard touchdown pass to Gary Grund.

Football banquet tickets on sale

Tickets to the Dec. 11 Cerritos College Bench Football Banquet, featuring guest speaker Dick Vermeil of UCLA, are still available at the student center box office.

To be held at the Royal Inn in Anaheim, tickets for the event honoring the 1974 Cerritos football team are priced at \$8.



JUST ABOUT THAT TIME — Winter is right around the corner, which means that it's time to break out the skis. For those wishing to compare skiing plans with a group, there is a ski

club right here at Cerritos. The club meets every Tuesday from 11-12 in LH 1 to further the interest in skiing. Ski films are shown at the meetings, and the club has two trips planned

for Christmas vacation. President of the club, Mickey Mehalick, encourages new members to join.

—TM Photos by Pat Pregre

Sports briefs

Four Falcons on SCC first team

Four members of the 1974 Cerritos Falcon football team were chosen to the first team All-South Coast Conference roster last Wednesday following balloting by the six SCC coaches.

Sophomores Ron Vander Sluis (guard), Jesse Janke (tackle) and freshman Bill Vincent (wide receiver) were selected to the offensive unit. Sophomore defensive back Steve Eades was selected to the defensive unit.

Sophomore quarterback Duane Matthews, the South Coast Conference's total offense leader, and running back Hector Acevedo were chosen to the second team offensive unit. Middle guard Don Holmes, only a freshman, was voted to the second team defense.

Guard Vander Sluis is a graduate of Gahr High School; tackle Janke is a graduate of La Mirada High School; receiver Vincent is a graduate of Cerritos High School and defensive back Eades is a graduate of Bellflower High School.

Matthews is a grad of El Rancho High School; Acevedo of Artesia High School and Holmes of El Rancho High School.

Women's basketball

Cerritos' women's varsity basketball team overcame a 20-point deficit with only 19 minutes remaining in the game on Nov. 20 to post a 43-41 victory over East Los Angeles. It was the team's second victory of the year.

Down 29-16 at halftime due to the sharp-shooting East L.A. team, Cerritos was then

outscored 12-5 at the outset of the second half. Ten minutes into the period, the Falcons trailed 41-21.

Tenacious defense held East L.A. scoreless the rest of the way, however, and Cerritos' Kris Larson then proceeded to get hot. She scored five straight baskets at one stretch of the second half and scored 14 of Cerritos' 22 points in the comeback. Larson finished the game with 20 points.

Cerritos caught the Huskies with four minutes remaining in the game, and with only 2:37 left to play, Cathy Martin put the winning hoop through for Cerritos.

Also playing big roles in Cerritos' comeback victory were Connie Vandenberg, who scored 12 points; Lanye Bensneider, who passed off for seven assists; Robin Roy, who controlled the boards at both ends of the court; and Diane Schenk, one of the quickest guards in the Southern League.

The undefeated jayvee team didn't play against East L.A. Against Rio Hondo on Nov. 25, the varsity lost by 21 points, while the jayvees again didn't play.

Both teams were scheduled to play at Long Beach City on Monday, but the results were unavailable at prestime.

Intramurals

Basketball: Women's athletic director Rhea Grant reports that the basketball program is going smoothly, but that space problems are

occurring in the gym with the volleyball program still going on.

Of the nine teams organized in the league, there is a tie for first between the Combo and Ratsass.

Volleyball: Despite a conflict with the basketball program, nine teams are still playing volleyball in the gym on Tuesdays and Thursdays.

Three teams are tied for first in the league. They are the Weinies, French Fries and Bayous, all with six wins. The Hot Dogs and Losers trail with three wins apiece.

Other: Sign-ups are still being taken for racquetball, handball, tennis, karate and weightlifting.

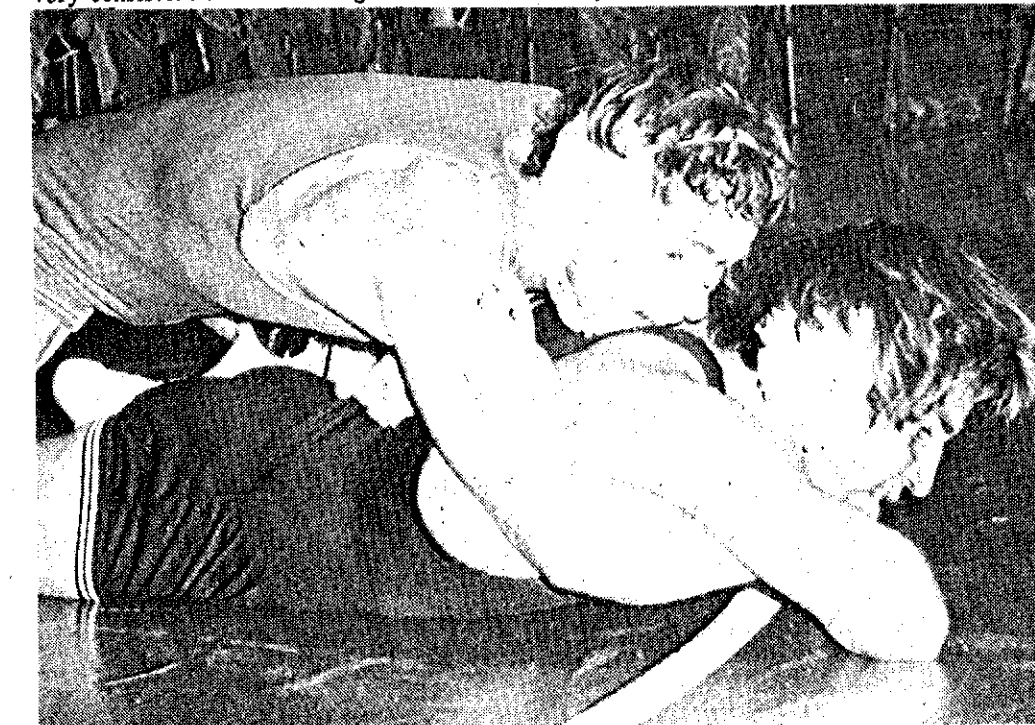
The tennis program, currently involved in singles play, will shift into doubles shortly.

Morales honored

Dennis Morales, Cerritos College water polo star, was selected for the second consecutive season to the South Coast Conference First Team roster.

A sophomore from Downey High School, Morales was also selected to the first team last year. He was chosen at the annual conference water polo coaches meeting held two weeks ago.

"Morales really did a good job for us this year," said Falcons coach Pat Tyne. "He was very consistent all season long."



TAKING UP WHERE HE LEFT OFF — Cerritos wrestling star Mike Salcido is shown in a familiar position... on top of an opposing wrestler. Salcido was a state champion in the 1974-75 season, and coach Hal Simonek is ex-

pecting more of the same this season. Salcido weighs in at 134 pounds. Falcons wrestlers will participate Friday and Saturday in Southwestern A Tournament, their biggest of the year.

—TM photo by Dan Cobe

Wrestlers Stomp Rio Hondo, but drop matches against Palomar and El Camino

By PAUL BRADLEY
TM Staff Writer

The Cerritos wrestling team suffered a surprising 31-3 defeat last Saturday night to Palomar in their third dual match of the season.

However, the tables were reversed in their season opener two weeks ago against Rio Hondo in a 41-0 romp.

The only Falcon wrestler to come out victorious against Palomar was co-captain Mike Salcido, last year's MVP wrestler for Cerritos.

Salcido, a defending state champion, handed his opponent an easy 16-8 defeat at the 134 lb. weight class.

That win, by a simple decision, gave Cerritos its only three team points.

In the Rio Hondo episode the Falcon squad made a clean sweep of the Roadrunners, winning all ten bouts.

Four highlight matches were a pair of superior decision wins by Mario Gardea at 126

lb. (12-1) and Salcido at 134 (12-2), and a couple of pins by Jerry Plunkett at 150 lb. (2:17 into the third period) and Gary White at 177 (1:39 into the second).

Rio Hondo gave up only one weight by forfeit. That bye went to Steve Hart in the 190 lb. weight class.

Out of nine matches wrestled, Cerritos held the upper hand in seven in first period takedowns (only one Falcon was actually taken down in the first period).

Last Wednesday Cerritos met and lost to a strong El Camino squad, ranked second in the state, 17-18.

The first bout of that match was a 15-8 win by freshman Richard Okimoto. That 118 lb. victory started Cerritos off in the lead, 3-0.

The second bout at 126 lb. was even more decisive as Gardea, also a freshman, pinned his opponent after only one 1:35 had elapsed in the first period.

Salcido then lost an unexpected contest to a freshman, Jim Zeller. Zeller was a CIF

champion from Redondo Beach High School last year.

After a superior decision loss at the next weight class (150 lb.), Cerritos lost three close bouts at 158, 167, and 177 lb. to lose the lead, 11-18.

Then Hart came back to score an 8-5 win in the 190 lb. weight class, closing the gap at 14-18.

Veteran heavyweight Ed Kempema then went out into the last bout of the evening, knowing that Cerritos needed a superior decision win to tie and a pin to win.

Kempema courageously fought his opponent, who had a definite weight advantage, edging him out 6-5.

That win put Cerritos within one point of a tie with El Camino, as the match ended 17-18.

The Falcon squad will be traveling to the Southwestern Tournament this weekend for two days of competition (December 6 and 7) with most of the top community college teams from Southern California.

Opinion

Editorials • Letters • Columns • Features • Etc.

Unsigned editorials are the responsibility of the Talon Marks Editorial Board. Other views are solely those of the author of the article and are not to be considered opinions of the Talon Marks staff, the editorial board, the advisor, the Cerritos College administration, or the Board of Trustees.

1 TALON MARKS

December 4, 1974

Parking isn't difficult

There is no parking problem at Cerritos. Perhaps the problem is a student problem.

We have a utopia here compared to other schools. All one has to do is ask someone who goes to Cal-State Long Beach Fullerton Junior College or UCLA (University of California at Los Angeles) and they will tell you what real parking hassles are.

Students here complain about crowded lots, long walks and reserved parking privileges.

The parking lots are not crowded, at least not in the daytime. There are more than 4,000 parking stalls marked on campus, more than enough for one space for each daytime student, at any given time.

The problems arise when a majority of the students try to park close to their classes on the north or west side of the campus, while the 'south forty' parking remains almost devoid of cars.

The 10 to 15 minutes that some students now spend cruising for a good space could easily be used to make the hike to class from the 'south forty,' and in plenty of time.

Some students even go as far as running the risk of having their car hauled away from the parking lots of the adjacent business concerns, just to save a few extra feet of walking.

Another common student complaint is the reserved parking privileges. These privileges are granted to administration and faculty per-

sonel, handicapped students, members of student government and to students who have a temporary medical disability.

Administration and faculty both have an obligation to be prompt and efficient in discharging their duties to the student. The handicapped student needs a close place to park to facilitate his or her getting to class on time. It is the permits issued to the student government and to those students with a temporary disability, such as a broken leg, that are abused the most.

Though a disability may only last six to nine weeks or a student government member's duties and term only one semester, a parking permit is issued for a one year period.

This system provides too much opportunity for abuse of the reserved parking privileges, while other key student personnel serving the campus community are not granted these privileges at all.

If students park in a reserved stall without a permit, or in a wheelchair stall without a special sticker, it will cost them a five dollar bill each time.

It's time to stop looking a gift horse in the mouth where parking is concerned at Cerritos. If students have any comments on how to improve the parking situation, we will be glad to pass them along to the proper people.



PLENITY OF ROOM UP HERE — A view of the parking "problem" from another angle. There are over 4,000 parking spots on the Cerritos campus but many are never used. The

most anyone would have to walk would be about one-quarter of a mile from the last spot in C-10 to the Social Science Building. A much healthier solution than fees and fines. Streets

running across photo are Alondra at top and 166th at bottom. Studebaker runs to the left of photo.

—TM Staff Photo



Edson Follet

WIN, try with this — many parts are edible

By PAT MARTEL

TM Staff Writer

Euell Gibbons, move over. Cerritos College's own, Edson Follet, has been plant eating for many years.

"I've been interested in plants and the nutrition they provide since I was in high school," said botany instructor Follet. "My mother was a florist and had grown flowers during most of my younger years. Naturally, I became interested because I used to do a lot of gardening."

His knowledge of edible plants and wilderness survival stems also from extensive research of the Southwestern Indians.

"The Indians survived indefinitely on herbs and plants. This is particularly true of the Southwestern Indians. In the east, the Indians had forests full of wild animals and food, but this wasn't true for the plain Indians," said Follet.

"The problem of wilderness survival is psychological, according to Follet. 'I chew on plants most of the places I go. However, most people would have a psychological barrier to overcome before they could eat certain plants or animals. This holds true if you consider eating rats or snakes which are edible if cooked properly and sometimes become necessary for survival.'"

While many women do participate in wilderness survival training, most of the participants are male. This is due primarily to this psychological barrier.

"Both men and women suffer from this barrier. It's just a question of whether or not you can overcome it in order to survive. Once women have overcome the initial reaction they can survive just as well as men," said Follet.

With the onslaught of "naturalism" these days, it is no wonder that Follet's Botany classes are always immediately filled. There are no prerequisites for any Botany classes and this serves to draw students.

Botany 11 or Field Botany is a must for students longing for the outdoors and a "taste" of wilderness survival. Under Follet's guidance students visit near-by tide pools, canyons, the desert, and there is a three day Sierra trip.

Last Spring, Mr. Follet took a group of students on a wilderness survival trip.

"The thing that worried the students a great deal was the small amount of food we were able to gather. We shelled seeds for three hours and the result was one cup of seeds," reflected Follet.

He explained further that "agriculture has developed large fruits and plants. In nature, edible plants and fruits are smaller, so you need more."

For this reason it is easier to survive with a small group. It is next to impossible to find the necessary food to feed a large group.

Calling upon his knowledge of the Indians Follet stated, "The Indians of the Southwest lived in small groups merely to survive. If their units were too large they would have been unable to gather enough food. That's why I limit the number of people I take on wilderness trips."

Possessing a license to guide, which is required in California, Follet hires out as a mule pack guide in the Sierras at least once a year. He charges for the cost of the animals and his time. Usually he allows a week for a group and the larger the group the less expensive.

While Euell Gibbons and Edson Follet share a mutual enjoyment of natural foods, their philosophies differ.

"He makes errors in advertising that could be dangerous to viewers. People see him chewing on Cow Parsley and could mistake it for Water Hemlock which is poisonous. He also talks about eating prickly Pear but does not warn that you must wear gloves when you handle it, nor does he explain clearly which part to eat. Not being a trained botanist he is probably unaware of the dangers he is advocating," stated Follet.

The ability to survive on natural foods will become increasingly necessary in the future, warned Follet.

"There is going to be a shortage of either food or the money with which to buy it. It may be a created shortage, but it will come. A result of this will be that many people will turn to natural foods."

At this point, natural foods would last a long time because a lot of people don't know enough about them to survive.

The question remaining in my mind is whether or not I'll be able to eat dandelions, Yucca plants, Minor's lettuce, chestnuts, acorns, mustards, or cactus stems. And if I can for how long?

Mr. Follet's response is heartening. "If it's the difference between surviving or not, you could learn to like it. Besides, chestnuts, Yucca plants, and snakes are really quite good if you know how to cook them properly and if you don't think about it too much."

Loan program...

(Continued from Page 1)

Presently, the school is trying to get back the money that has not been paid.

"We feel that we can do something about the money, we are looking into collection agencies," said Fran Newman, of the Financial Aids office.

The qualifications for the NDSL program is financial need (family income under \$10,000 suggested), capable of maintaining good standing, US citizen or student intends to become a permanent resident.

There is only 3 per cent interest rate for the loan, and the student does not have to start paying back the loan for nine months after they are out of school.

There is a period of ten years that is allowed for the payment of the loan. And if the student either goes into the military, or teaching the loan can be cancelled up to 50 per cent of the total loan.

The school is asking for \$99,982 for next year. The Federal government will be paying 90 per cent of the sum, with 10 per cent or \$10,000 being paid by the district.

When the money comes back from the loans it goes back into a revolving fund which is used for more loans.

Ethnic scholarships

Six semi finalists and twelve honorable mention positions are being reserved for the Upper Division Scholarship program.

The student must be Black American, Chicano, Puerto Rican or American Indian. They must have a grade point average of 2.5 show financial need and be completing a transfer program during the 1974-75 academic year.

Applications are available in the Student Affairs Office and should be returned no later than December 10, 1974.

WRIGHT ON

Laziness is real problem

By TOM WRIGHT

TM Feature Editor

"Boy this parking problem is awful I had to park fifteen feet away from my class today." CC's complaint is only a slight overstatement of the attitudes of most students concerning parking at Cerritos. A Californian walking is like a Mongol without his horse, a fate worse than death.

The so-called problem materialized when an art student received a ticket for parking illegally. The student, Robert Zimmerman, attempted to fight the ticket in a two-fold manner. One he claimed that in the parking lot where he was ticketed there wasn't a loading zone. Two, he claimed that the concept of parking privileges was unfair.

The judge told him that his arguments were good and should be taken before the Board of Trustees but that Zimmerman still had to pay the fine.

The Board of Trustees referred Zimmerman to the Traffic and Safety Committee. The results of this was a temporary parking zone was reestablished in the C-9 parking lot.

Yet despite the fact that the questions and the challenges by Zimmerman were based on

an unfair principle of privileges there still appears to exist in the minds of Cerritos that there is a parking problem.

Cerritos has approximately 4,000 parking spots on campus and does not charge any parking fee. Long Beach State charges \$15.00 a semester for the privilege of looking for a parking spot, the fee doesn't guarantee that there is a spot, it just gives the student the right to look.

East Los Angeles City College charges \$60.00 a semester to use a covered garage across from the school or else the student has to rush out after each class to put another quarter in the parking meter.

Cerritos has it lucky when it comes to parking if a student has to walk a little bit he should accept it. After all it is healthy.

No matter what a student may think, changing the privileges will only mean that someone will still have to walk and there is no guarantee that those who walk now will be any better off.



Editor:

Speaking as a sophomore student, and as a future Doctor of Chiropractic, my travels take me from one end of the campus to the other, different buildings, different classrooms, different students. The majority of students have a genuine concern for themselves, as far as their mode of dress, speech and personal hygiene.

During this past summer, one of my classes, Personal Health, first semester, most of the students were neatly dressed, and comfortable for the warm weather, others fair, but a few were partly dressed, actually obscene. One young lady (broad) had on a pair of cut off Levis that were so short you could see her name, address, and phone number when she went to talk to the teacher. Also a hideous sore of some nature on the back of her left thigh, uncovered, open and barefooted.

One young man wore no shoes the entire semester, and kept his smelly feet propped up on the back of the chair in front of him. Now

the class was personal health, tell me, what did these students learn. The college's fault, partially. The teacher's fault, partially. The students fault, directly.

When you have sex with your wife, girl friend, or boyfriend, whatever your choice may be, you want that person to be clean, as body odors can turn a person on, as well as off. Now what is this letter and personal opinion leading up to. You're right, the restrooms, their odors and abuse. Some students use the restroom privileges as they would their own home, neat clean, and hands washed. Some do a fair job. Others use the restrooms as a personal city dump.

Granted some of the writings on the walls are funny. Others are derogatory, attacking the other person's intelligence, color, race, creed, and the other person's religion. If God did not want some of us to be what we are, we would not be here.

To the students who come to Cerritos for the express reason to educate themselves, to these students, you should be commended,

recommended and applauded. To the others, your intelligence is extremely inane and vacuous.

Perhaps you people could start your own newspaper on campus and title it: JOURNAL FOR ILLITERATES.

—Name Withheld

Editor,

It is difficult for me to understand the thinking that has been evidenced by a majority of the ASCC Senators. These Senators have appropriated money for a television set to be placed in the student lounge for the benefit of an infinitesimal portion of the student body; while the Student Activities Office urges students and campus organizations to try to top last years donation to the United Way of \$132. (United Way-one gift works Many wonders)

This seems to me to reflect a warped sense of values.

Casey Clarkson
H3821

Editor,

I would like to make a public notice of the establishment of a new Publicity Code. It was passed by the Student Senate and signed into law by President Dale Ford. The new Publicity Code will become effective DECEMBER 4, 1974 at noon.

The new Publicity Code is easier to read; shorter; and makes all clubs, organizations and institutional agencies equal under the law.

Scott Swenson
Assistant Commissioner of
Public Relations

Leadership Awards

Nominations are now being accepted for fall service and leadership awards. The nomination forms will be accepted Dec. 4-12 and can be picked up in the student affairs or student activities office.

Any student, club or faculty member may nominate a student who has 10 or more units and is an ASCC member.

Gold, silver and bronze falcons as well as service certificates will be awarded at the Fall Awards Banquet Jan. 17. They are designed to recognize service to the college during the fall semester.

Talon Marks

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