

Talon Marks

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Wednesday, Nov. 4, 1981

Court lifts Rupprecht privileges

By **KIMBERLY BEAUDRY**
and **BRENDA DOYLE**

The ASCC Supreme Court has permanently revoked all ASCC rights and privileges of AGS (Honor Society) president Roberta Rupprecht.

Rupprecht was charged with improper use of AGS club funds by Student Body President Craig Georgianna, Commissioner of Finance and Budget Linda Kleven, and Commissioner of Extended Day Ken Clapp.

An excerpt from the official Judicial report stated, "inasmuch that the defendant did not deny any charges or refute the allegations, the court could find no other alternative than to deny Rupprecht all ASCC rights, effective immediately."

When informed of the court's decision Rupprecht stated, "I don't feel it was right. I was under the impression I had denied the charges."

AGS faculty advisor Dr. Bloomfield said he was "very surprised" at the outcome of the trial. "I thought it was quite severe," Bloomfield stated, adding "I think it went beyond fairness."

ASCC Supreme Court Justice John Drasso commented that, she is not a member of the ASCC. He explained that Rupprecht will be barred from voting in school elections, participating in student government, and any type of club involvement.

"It's over unless she appeals it," says Drasso.

An appeal would be made to the Cerritos College Board of Trustees, who have the authority to render a new decision.

Rupprecht says she would like to appeal, "but as of right now I don't know."

Dr. Bloomfield says AGS financial doings are "definitely" going to be policed better in the future. Bloomfield states he will continue on as AGS advisor "as long as the students want me, I'm happy to do it."

Bloomfield says that he and Rupprecht have been "touching bases" through the entire AGS ordeal. He commented, "I think she did some imprudent things, but she's not a criminal or a crook."



QUEEN MARISSA—Filipino Club candidate Marissa Perez is all smiles after being crowned the 1981 Cerritos College Homecoming

Queen. It was the second year in a row a Filipino Club candidate won the honor. Last year's Queen, Shenley Quijano, pre-

sented the crown to Miss Perez following a fireworks display. The crowning culminated a week of Homecoming activities.

TM Photo by DEAN NAKAMURA

Marissa captures coveted royal post

2nd queen in row, top float for Filipino Club

By **C. CORI LOPEZ**

TM Assist. Features Editor

Marissa Perez was crowned 1981 Homecoming queen Saturday, during half-time activities in Falcon Stadium, marking the second straight year the Filipino Club candidate has won.

Shenley Quijano, the 25th Anniversary Homecoming queen, presented the crown to Perez following a colorful display of fireworks.

The Filipino Club not only captured the queen spot, they also took home the Amy Dozier Sweepstakes trophy for the Best Over-all Homecoming float.

The float, entitled "Music Mobile," represented what the club viewed as the "Great American Pastime," this year's 26th annual Homecoming theme.

Other float winners include Circle K, which won both the Queen's trophy and the Board of Trustees trophy for the Best Utilization of Theme, as well as the Most Creative and Original float.

Delta Gamma Nu also received two awards, the Coach's trophy and the CSEA trophy, presented for the Most Unusual and the Best Utilization of Animation.

Another group which earned two honors was LDSSA who took the Dr. Burnight trophy and the Bench trophy for the Most Inspirational float this Homecoming.

Marissa, a 1977 Gahr High School graduate, is a former Miss Harbor/Los Angeles, two-time finalist in the Miss California pageant, Miss Philippines-USA and Miss Artesia.

The 21-year-old Homecoming queen entered her first pageant while in high school. "One day my counselor called me into his office, and talked me into running for Miss Artesia," explained Marissa. Somewhat shy in high school, she waited until the very last week to tell her parents.

(Continued on Page 2)

Epple, Scotto Steenhoek win

Incumbent Hazel Scotto retained her seat in yesterday's Cerritos College Board of Trustees election and will be joined by newcomers Bob Epple and Ada Steenhoek.

Final vote counts were not available at press time. Eight candidates were in the running for three open Board seats.

Current Board President Louise Hastings and Chuck Fuentes did not seek re-election. The new members will be seated Dec. 2.

Continuing Board members are Vice-President Lou Banas, Harold Tredway, Katie Nordbak and Richard Goul.

'Womens' Center? male enrollment up

By **BARBARA EKNOIAN**

TM Staff Writer

The Cerritos College Center for Today's Women will be adding something new to its name.

In the future, you will see a slash mark used dividing the word "wo/men."

Since more men are enrolling in their classes and using their services, the Women's Advisory Committee officially approved this change at their Sept. 24 meeting.

According to Vera Eckles, Program Specialist, the Center wants to make the men feel a part of their program.

In addition, a male counselor has joined the personal counseling staff. Appointments with the counselors can

be made by coming into the Center.

Since 1975, the "Wo/men's Program" has grown and a Satellite Center at Palms Park opened in January 1980. During this year, 7,000 people have used their services either by phone or coming into the office.

Also, the Wo/men's Program just completed a successful V.E.A. project, the Helping Hands, for which they received special funding to help recruit 100 women to register at Cerritos. A total of 233 women registered.

Wo/men's Program classes are geared for the mature student. Some of the classes are only 9 weeks to help the student make the transition to college. The Center provides information, referrals and counseling to all students. Eckles said, "Our premise is that there is an answer or solution to any problem."

Beta Theta Gamma designated for the re-entry woman will hold their first meeting on Nov. 12 in the Board Room at 11 a.m. Dick Schmidt from Career Counseling will speak on the latest learning techniques.

At their second meeting, Dec. 10, an acclaimed motivational film, "You Can Surpass Yourself" will be shown.

Faculty views CC security

By **BRENDA DOYLE**

TM Campus Editor

The Cerritos College Faculty Senate Meeting held on Oct. 13 was dominated by suggestions for better overall security on campus.

The question of security is still a problem, according to the faculty. Joan Walker of the Technology Dept. brought up the question as to how security can be contacted on the week-ends when the switchboard is down. The on-campus numbers for security are extensions 291, 292 and 293.

Dottie Wilson, Cerritos College switchboard operator, explained that there is also an outside line that can be used to call the 24-hour security dispatcher. The number, which is not listed in the General Telephone book, is (213) 924-3618.

There has been a proposed plan to install gates on all parking lots except C-2 and C-3. The purpose of this is to keep cars from using the parking lots over the week-ends. However, there would be special provisions made to accommodate persons (Continued on Page 2)

Center offers service for 'homeless' student

By **PAM MERGEN**

TM Assoc. News Editor

Student Housing Placement, a branch of the Job Placement Center, is a service that has long been overlooked at Cerritos College.

Job Placement has overseen this vital service for the past five years, which operates by placing students in need of housing in contact with landlords and persons in search of roommates.

According to Madge Hudson and Wilma Maughan of Job Placement, people with housing facilities available for rent usually come to the Center and fill out cards describing the type of housing they have to offer.

The cards list the price of rent; whether the facility is an apartment, townhouse, mobile home, small house, or room for rent; what the responsibilities and living

arrangements will entail; whether the roommate should be male or female, and the location and phone number.

The cards then must be approved by the Placement Center and dated before they are posted on a special bulletin board located outside the center's office.

Then students looking for housing check the bulletin board and contact the leaser or landlord when they find something that sounds satisfactory.

Hudson and Maughan stress that the student should investigate situations involving a roommate before making any sort of agreement "to make sure its the kind of people you want to live with and that their lifestyle will agree with yours."

Hudson also states that Cerritos College "holds no (financial) responsibility to either party."

Art exhibit debuts; talents showcased

By **C. CORI LOPEZ**

TM Assist. Feature Editor

The Cerritos College Art Gallery's "Faculty Art Show" featuring art work by college art teachers opened Monday, Nov. 2 and will continue through Friday, Nov. 13.

According to director Jeff Gates, the gallery will now be opened more often in hopes of attracting more students to the shows.

For example, the "Faculty Art Show" is now available to students Monday through Thursday, from 11 a.m. until 4 p.m. The gallery then re-opens at 6 p.m. (Monday through Thursday) and will close three hours later at 9 p.m. giving students an entire day to stop by, and view the gallery.

As usual, the visual displays are brilliant, including a rather eye-catching, back-scratching creation

by Rick Vanderuff. Vanderuff has constructed a manual-operated, back scratching chair where an "itchy" individual may sit and not (Continued on Page 2)

Frost autobiography published; autograph signing set for Dec. 1

By **BRENDA DOYLE**

TM Campus Editor

Cerritos College counselor Dr. Wally Frost will host an autograph party on Dec. 1 for his autobiography, "Yes We Can," which will be in warehouses today.

Frost was contacted 1½ years ago by Regal Publishing and asked to write a book on his life. His first inclination was to, "respectfully decline."

Frost said, "It didn't make any sense for me to write a book," he added, "I'd never written anything before except a few poems, so I said no."

When asked why Regal would be interested in his life story, Frost answered, "Basically because they were interested in me. In my unusual situation of being handicap-

ped, confined to a wheelchair. And possibly because I have a son that is a prominent sports figure." His son is David Frost, a pitcher for the California Angels.

About 6 months following their first request, Regal again asked Frost to write a book. He at this time, "agreed to send them a chapter."

The 160 page paperback book took Frost 2½ months to write. Having never written a book before Frost was positive he couldn't do it. "I'm being paid on a royalty basis. They

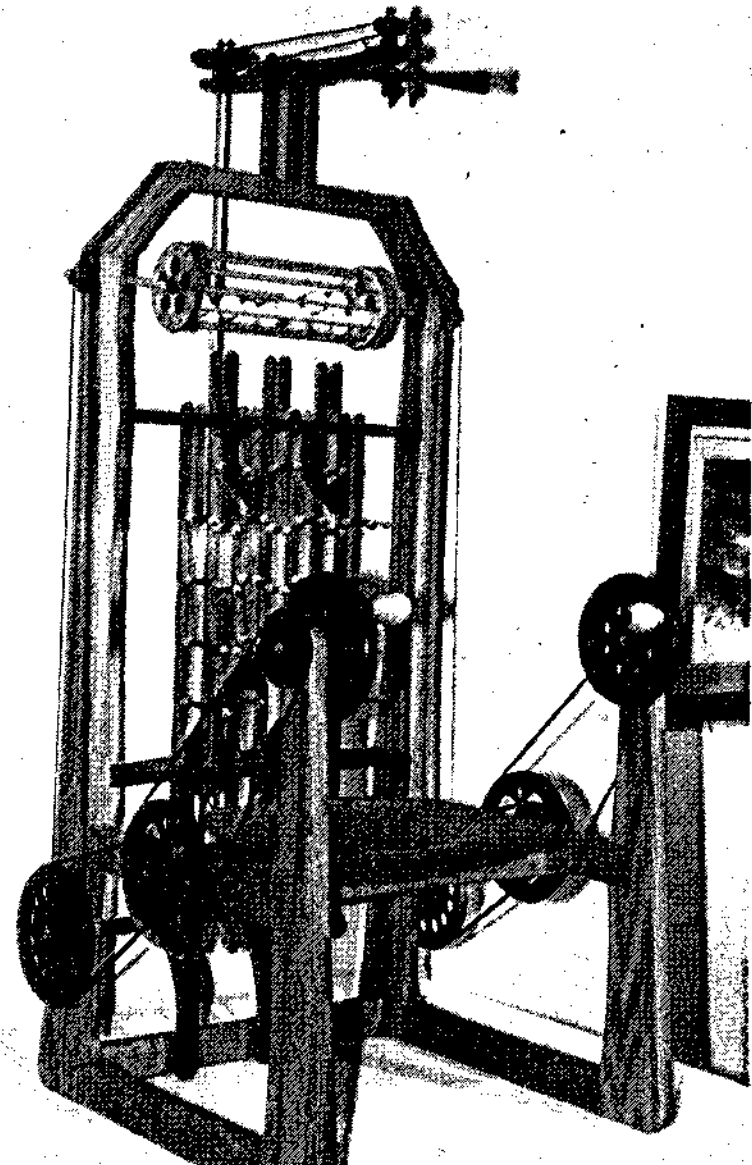
NO TALON MARKS

Because of Veterans Day on Nov. 11, the Talon marks will not be published. The next issue will come out on Nov. 18. Deadline for news items is Friday, Nov. 13.

offered me money up front but I said no thank you," stated Frost. "That shows you how confident and sure of myself I was," he added.

Regal Publishing had much more faith in Frost as they wrote up a contract before the book was written. "I can't say it was harder to write than I had thought because I never thought of writing a book and never figured I could do it when I was asked," said Frost.

The book deals with his life story from childhood to present. Frost said, "It was an accomplishment," he continued, "It was fun to write. It caused me to go back and think of a lot of things from the past." He had no journal kept to refer back to so, "as I look back I see there are a lot of things I left out that should have been included," stated Frost. (Continued on Page 2)



TM Photo by DEAN NAKAMURA

SIT AT OWN RISK—The "Back Scratcher" is a Rick Vanderuff creation for the Cerritos College

Art Gallery's Faculty Art Show. "Scratcher" will be on display until Friday, Nov. 13.

Disabled students seek special services at Resource Center

By BARBARA ANDERSON
TM Assoc. Campus Editor

"Have you ever heard of Reagonomics?" asked Kay Jester, the Disabled Students Program Instructor and College Specialist.

The facts speak for themselves. State funded programs have experienced budget cuts and the disabled students program is no exception. However, it has doubled in enrollment.

The program was the first of its kind. It began in the fall of 1970 with six students. This semester Cerritos is serving 326 students in one of the largest programs in the state.

"The largest reason students are in school is to get skills — to get employment. One of their most important contacts is with a job place-

ment service. The job situation after college is getting better, but it has a lot of room for growth," said Jester.

It is the Resource Center's belief and goal to provide disabled students with the same opportunity to participate in all college activities and programs which are appropriate for each individual.

Numerous services are provided through the Resource Center, beginning with early registration where disabled students can register in one place. If a student cannot register at that time and needs assistance, aides are available in the center. The Disabled Students' Resource Center is located in Rooms 41-43 of the Burnight Center.

Other services provided for disabled students are taped textbooks,

lectures, notes, newsletters, notetakers for lecture classes, classroom assistants who act as hands, readers, and interpreters.

Also available for loan on a first come basis is special equipment such as calculators and tape recorders.

Students that are out of school ill merely need to contact the Center and it will notify the instructor, and if necessary collect homework assignments and send or deliver them to the student.

At the beginning of this semester, over 100 positions were open for volunteers to serve as notetakers, readers, recorders, tutors and mobility aides. Currently five positions are open.

Each semester several scholarships are given to disabled stu-

dents. The resource center has established a Ron Fournier Memorial scholarship fund which awards \$50 to each recipient.

Once a week a representative from the State Department of Rehabilitation comes to Cerritos to assist disabled students that have special needs. This service includes help with registration fees, books, supplies, transportation allowances, reader and interpreter services and counseling. If students are interested in becoming members, vocational training is also available.

The United Nations has declared 1981 to be the Year of Disabled People. The UN's goals are to expand access to education, provide greater opportunity for employment, establish broader recreation, social activi-

ties and rehabilitation, increase biomedical research, reduce incidence of disability through disease prevention and increase application of technology.

Throughout the Disabled Students Program it has held a steady staff of one instructor, two classified people, one interpreter and about 75 hourly aides.

Alice Collins is the Service Facilitator of the program. She originally attended Cerritos as a disabled student. Her job consists of coordinating tests for disabled students in the independent study programs. Collins also keeps records of taped textbooks and tapes the resource center newsletter for about 18 students.

Marcia Williams, resource center aide, began working in the program

as a student aide and has held her position for eight years.

Even though the resource center has experienced cuts, it has not dampened their vision.

Jester said, "There are some students without basic skills necessary for basic courses." She sees the development of several courses specifically designed to aide the disabled. Jester cited students who are deaf; they can communicate with sign language but have a difficult time transferring complete sentences when writing English essays.

Jester was also pleased in the way the adaptive physical education program at Cerritos has expanded and hopes to see more growth.

... homecoming

(Continued from Page 1)

"We'd only been living in Artesia for three months, so my parents didn't think I had a chance," she smiled. "My dad kept telling me I was too fat, so I tried very hard to lose the weight. Boy was he surprised when I won," laughed Marissa.

Standing five feet, seven inches, the brown-eyed brunette has hopes of becoming a nurse.

Planning to complete her nursing courses here at Cerritos College next year, Perez wants very much to be a nurse and have a family.

"Being involved in these contests has given me the chance to experience different people and life styles. I've seen how the other side lives, but I'm really looking forward to settling down and having a family," admits Marissa.

Daughter of Mr. and Mrs. Ben and Mely Perez, Marissa is a native of the Phillipine Islands. Born in Manila, she and her family moved to America when she was 13. "We lived in San Francisco for a short time, then migrated to Los Angeles, and finally ended up in Artesia," she explained.

Marissa has obtained her American citizenship and boasts, "I'm an American now, and I love this country very much."

'Heaven Can Wait' to debut Nov. 13

By DAISY WARMAN
TM Assoc. Feature Editor

"A little more respect, Mr. Pendleton, this is Mister Jordan."

"Oh, it is, eh? Well, Mister Jordan, this guy here tells me I'm dead."

On Friday, Nov. 13, the Speech Department's Readers Theatre will present "Heaven Can Wait" in the traditional style. That is, the cast will be sitting on stools when not speaking.

The admission for this three-act comedy-fantasy by Harry Segall will be free.

The play is based on the motion picture "Here Comes Mr. Jordan."

Last spring, the Readers Theatre presented Robert Anderson's, "I Never Sang for My Father."

The synopsis for the play is simple. Joe Pendleton (Jay Graves) a fighter, is taken to Heaven by Messenger 7013 (Russell Baker) sixty years too early.

Joe meets the scrupulous Mr. Jordan (Craig Philbrook) who promises to get him a new body.

Mr. Jordan gets Joe the body of millionaire Jonathan Farnsworth after he had been murdered by his

wife Julia (Liz Sides) and her lover, his secretary Tony Abbott (James Lamproe).

Others in the cast include Beth McGlothlin as Bette Logan, Robert Baker as Joe's manager Max

Levene, Elizabeth Warman as the Escort, Yvonne Enriquez as Mrs. Ames, and Phil McNear as Inspector Williams.

The director for "Heaven Can Wait" is James Dighera.

"Raggedy Man" very good when it's good

By PAUL SIMON
TM Managing Editor

"Raggedy Man," playing at selected theatres throughout the southland, marks Sissy Spacek's first performance since capturing last year's best actress oscar for her portrayal of country music star Loretta Lynn in "Coal Miners Daughter."

This time Spacek plays Nita, an abandoned mother of two young boys who works as a telephone operator in a small Texas town during World War two.

Spacek, who has never looked more beautiful, once again gives a stunning performance and proves even further that she is the best young actress around today.

"Raggedy Man," however, is not quite as good as Spacek's acting; there are some soft spots.

But there are some great and touching moments, and when the movie is good, it is very good.

One of the bright spots is Teddy, skillfully played by Eric Roberts, a sailor on a four-day liberty who virtually washes into Nita's life in the middle of the night during a down-pour.

A long distance phone call reveals that the girl he was going to see is now married and that he suddenly has nowhere to go. In one of the film's most touching moments, the two are drinking coffee and waiting out the storm when the power is knocked out, forcing them to become friends without the aid of visual contact. Both play the scene beautifully.

The romance that you know will eventually follow takes time, but the rumors spread fast throughout the small town. Teddy not only wins the love of Nita, but also of her two boys, ages six and nine, played by newcomers Henry Thomas and Carey Hollis Jr.

The two seem intent on keeping Teddy for a father, and when he eventually leaves, after a fight with two town rednecks who also have their eye on Nita, they put the blame on their mother. Exit Teddy, enter soft spots.

Dialogue is the problem here. Nine-year-old Harry suddenly sounds like an adult when he says at the dinner table, "I want to go live with daddy" and "You're not a mother, you're a telephone operator." This totally goes against Harry's child-like character and is the film's low point. However, "Man" picks up quickly again and the scene is nearly forgotten, but not forgiven.

It is here that Nita decides a change

is needed. She buys three bus tickets and quits her job, much to the dislike of Mr. Rigby — R.G. Armstrong — Nita's boss whose threats of "you're frozen here" and "there is a war on" have kept her at bay in the past but not any more.

However, her last night in the grim little town proves to be anything but peaceful as she survives a rape attempt from the two rednecks, only because of the help from the Raggedy Man, who reveals his terrible, but predictable secret.

Raggedy Man (Sam Shepard), or Bailey as the town folk call him, is seen throughout the film only from the distance. He is a gardener with a hideously scarred face who has a curious interest in Nita and her two boys.

Overall the film is very enjoyable, even with a few flaws, and shouldn't be missed.

Involvement a priority for disabled students

By BARBARA ANDERSON
TM Assoc. Campus Editor

Involved is the only word to describe the Handicapped Students of Cerritos College Club.

Approximately 50 students are actively involved in the club this semester, according to Linda Klevin the club president.

This semester the club has sponsored one bake sale and actively participated in campaigning for the blood drive recently held at Cerritos. Also, this year the Handicapped Students' homecoming candidate, Dagne Ervin, made the homecoming court.

"We try to have a bake sale every month, we didn't have one in October because we were so busy with the homecoming events. One night we had about 23 people working on the float which was really good and it promoted a lot of club spirit," said Klevin.

She also pointed out that the Handicapped Club is an open door club, meaning anyone is welcome to join. They meet at 11 a.m. every second and fourth Tuesday of the month in Rooms 41-43 of the Burnight Center.

An upcoming event involves the Wheelchair Sports Club. This Sun-

day, Nov. 8, they will be playing against an independent team sponsored by the California Association for Physically Handicapped. The game will begin at 2:00 p.m. in the Cerritos gym and there is a two dollar donation. The half time show will be a game against the Maywood Police Department.

Other activities that the club participates in is the ASCC canned food drive usually held at Christmas and other service projects. The club also donates \$100 per semester to the Disabled Students Resource Center which gives out scholarships.

The money made by the club pays for supplies and group outings. This past Saturday the club went on their first outing to Catalina, they rode on the glass bottom boat and took a scenic tour of the island.

Klevin currently serves as a paid tutor, notetaker and next semester will serve as an interpreter. Her interest in the Disabled Students program began when her sister Sandy Klevin, a past president of the club took her on a couple of the club outings.

She is currently an undeclared major at Cerritos and hopes to continue somewhere in the medical field.

Frost authors 'Yes We Can' autographs copies on Dec. 1

(Continued from Page 1)

Frost has no formal education in writing. He is a graduate of Long Beach City College and received his Bachelor and Master degrees in Education from Long Beach State University. Frost has been featured in several newspapers including The L.A. Times for public speeches he has done. "I suppose that is one of the reasons Regal asked me to write this," said Frost.

"Yes We Can" will be available at

the college bookstore on Dec. 1 for \$8.95. Frost will be there signing autographs when the books arrive from 11-1 p.m.

When asked if he felt the book was successful Frost replied, "I don't know yet. The jury is still out I guess. I guess we'll have to see how many books are sold."

... art exhibit

(Continued from Page 1)

only have his back scratched, but also be entirely comforted as well.

Operated correctly, the controls should activate a fan for cooling as well as a cylinder filled with ping-pong balls for soothing sounds to relax.

The Show also displays ceramics, oil paintings and water colors to please art lovers of all kinds.

"We want the students to come in and see what their teachers have done," explains Gates.

... security

(Continued from Page 1)

should there be special field trips.

It was agreed that should these gates be installed they should be opened at 6 a.m. for faculty and students.

The Cerritos College Faculty Senate meets weekly on Tuesdays at 11 a.m. in the College Board Room.

NEWS BRIEFS

FUNERAL SERVICES TODAY
Funeral services will be held today at 3 p.m. for the mother-in-law of college president Dr. Wilfred Michael at Todd's Memorial Chapel, 570 N. Garey St., Pomona. Mrs. Hattie Hensley passed away early Sunday morning.

BETA THETA GAMMA
Beta Theta Gamma, the organization for reentry women will hold their first scheduled meeting, November 12 at 11:00 A.M. in the Boardroom, Administration Building.

Dick Schmidt, Career Counselor at Cerritos College will speak about study skills and learning styles.

BAPTIST STUDENT UNION
The Baptist Student Union will present Mikel Williams, a Christian comic, tomorrow at 11 a.m. in SS 139.

He's a fresh new face on the comedy scene that mixes humor while also offering some very serious spiritual truths.

OPEN HOUSE SET
The Cerritos College Community Services Center will hold an Open House on Thursday, Nov. 12 from 3:30 p.m. to 6 p.m.

It is located south of the Health Sciences Bldg. off Studebaker Road. Refreshments will be served following a tour.

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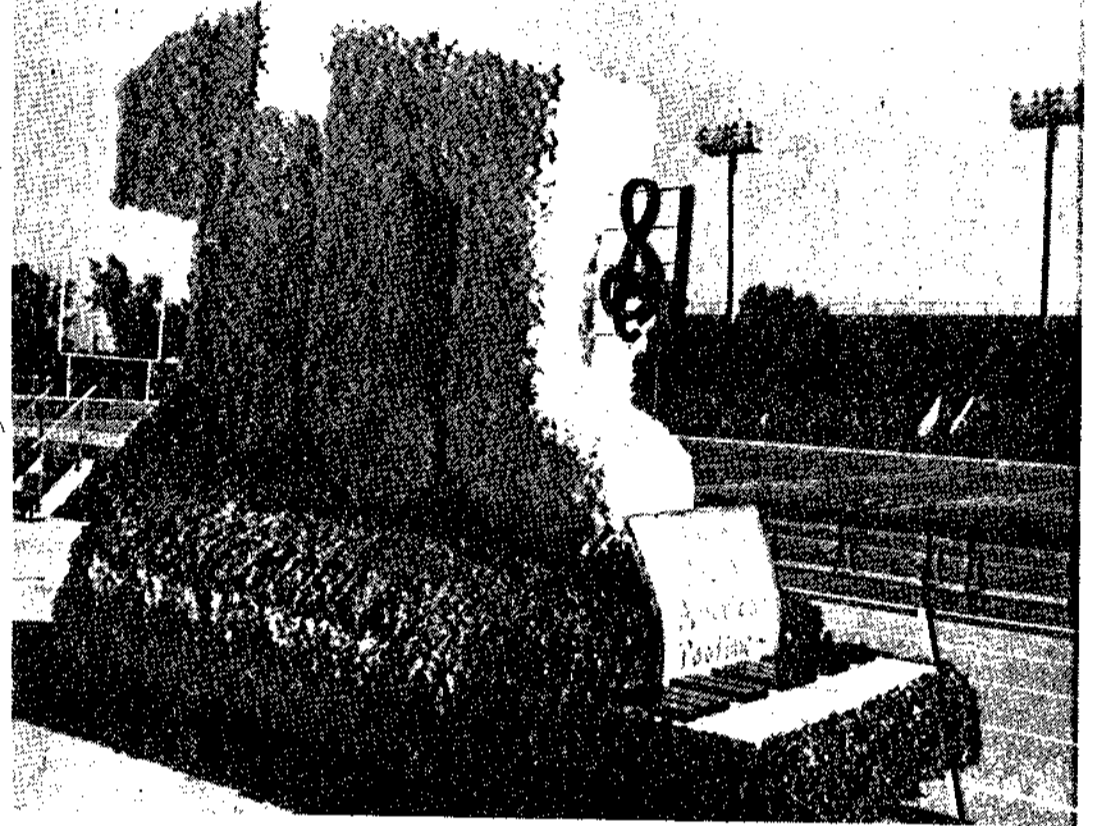
HOMECOMING 1981



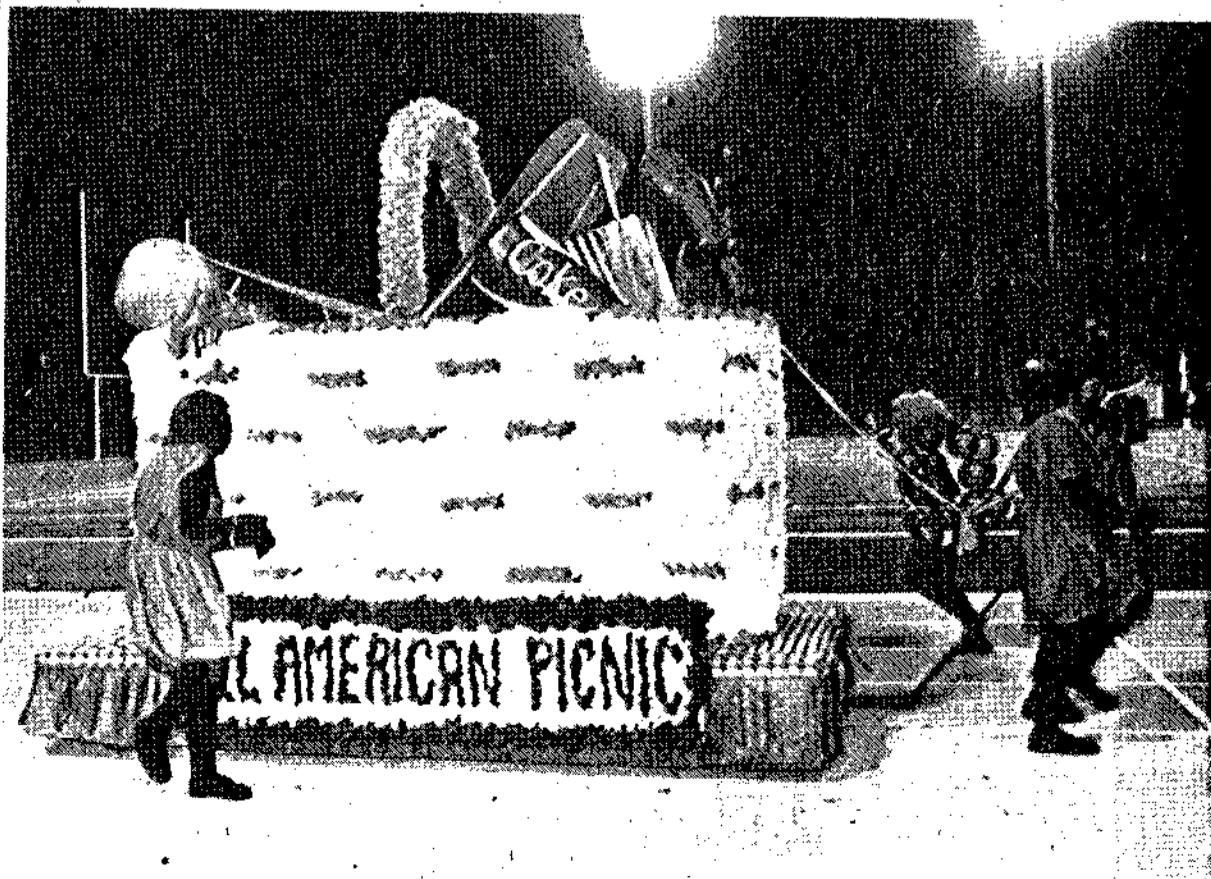
Below left, '80 Queen Schenley Quijano shares spotlight with '81 winner

Marissa Perez, Filipino Club float, below, won Sweepstakes Trophy. Below right,

champion Dodgers star Dusty Baker was on hand to see nephew play for Mesa.



TM photos by DEAN NAKAMURA, CHRISTINA PERSON, DAN TAIT, HART PONDER, DEBBIE WALTMAN



Cerritos College joins the craze; opens Falcon Fitness Academy

By KAREN da SILVA
TM Sports Editor

The physical fitness craze has been sweeping across the country over the last decade, growing in numbers with each passing year.

Within the last five years, America's obsession with grunting and groaning itself into physical perfection has reached the community college level in the forms of "par courses" — a half to mile-long run with various exercise stations throughout, and physical fitness labs designed for the student to discover his fitness level and improve on it in a gym situation.

Cerritos College joined the fitness bandwagon three years ago when Richard Juliano took over as head of the Physical Education department.

Juliano brought with him plans to revitalize a then lagging PE department. His plans became a reality this fall with the installment of a nine par Vita course and the fitness lab situated at the end of the women's locker room.

The equipment involved in the class includes ergometers (stationary bikes), a weighing tank and a highly advanced electrocardio gram unit.

It took Juliano almost two years to sell the administration on the class. The format of the 16 week session

is to first, obtain a medical history and to discover the student's fitness level, then, to advise him on a personalized program for improvement, and finally, to test for this improvement.

The physical fitness class itself, PE 30, is available for one unit (two hours), or two units (four hours) with flexible hours.

Part of the curricula of the course is an hour lecture once a week on nutrition and other helpful fitness guidelines given by trainer Steve Navarro.

Cerritos' physical fitness class is the most expensive in the area charging \$15, other junior colleges charge \$10.

The reason behind Cerritos' high prices — although private testing of this caliber cost upwards of \$200 — is the advanced electrocardio gram unit with doctor surveillance.

With a push of a button and connection of the phonogram, the student's heartbeat is recorded and wired to a group of medical doctors in San Francisco where a doctor analyzes it before sending it back to the patient via the postman.

Juliano claims the \$9 (taken out of the original \$15 fee) required for the consultation is "well worth the price."

According to Juliano, a 69 year old

woman student discovered as a result of the ECG she was over exerting herself and heading for heart trouble.

Since the doctor's discovery, she has curtailed her exercise and consequently adjusted her heart beat.

Although Cerritos' fitness lab is still in its infant stages, it is almost at the same level of those established at other community colleges a couple of years ago.

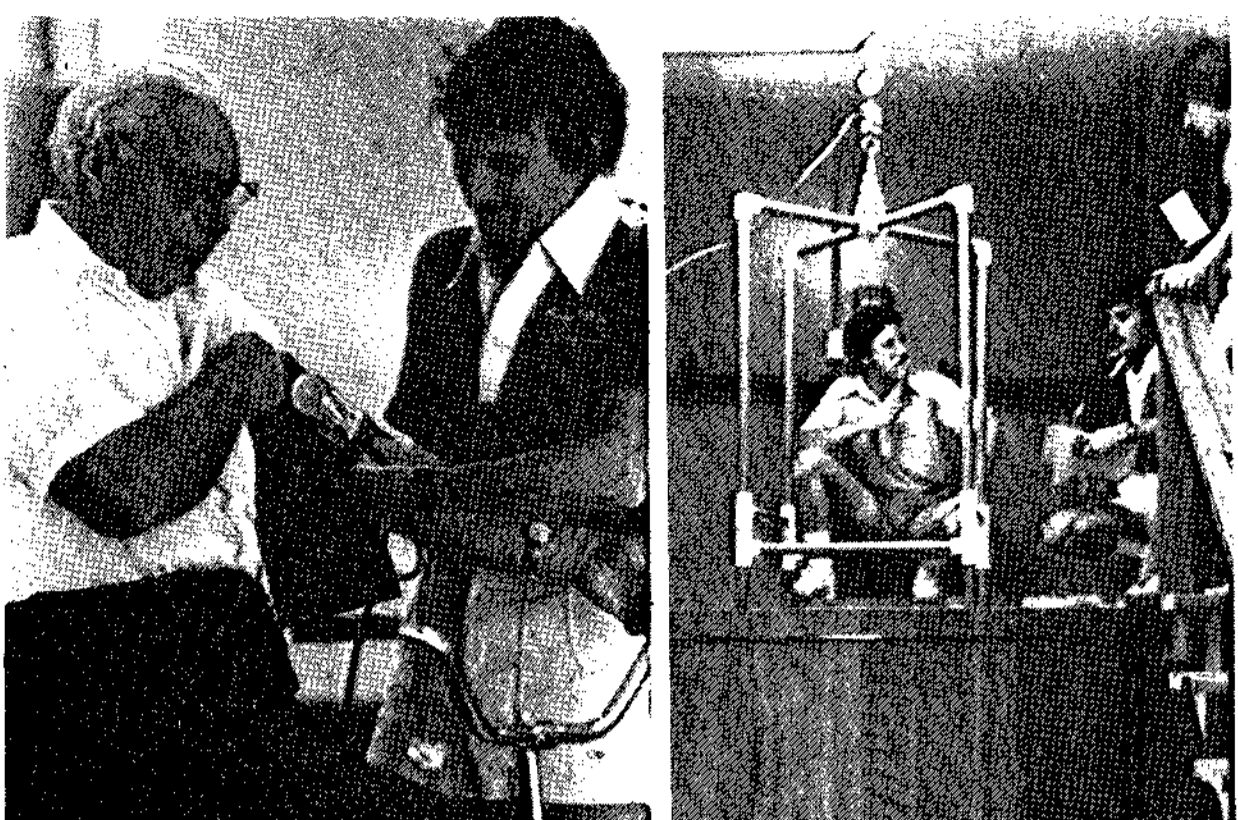
Department head Juliano feels Cerritos' progress is due to the observation and avoidance of other schools' mistakes.

In planning for the lab, Juliano traveled to other successful fitness programs, among them Orange Coast College, one of the first in the area.

OCC's fitness lab, established in the fall of 1978, boasts the latest equipment and the largest enrollment yet this past semester.

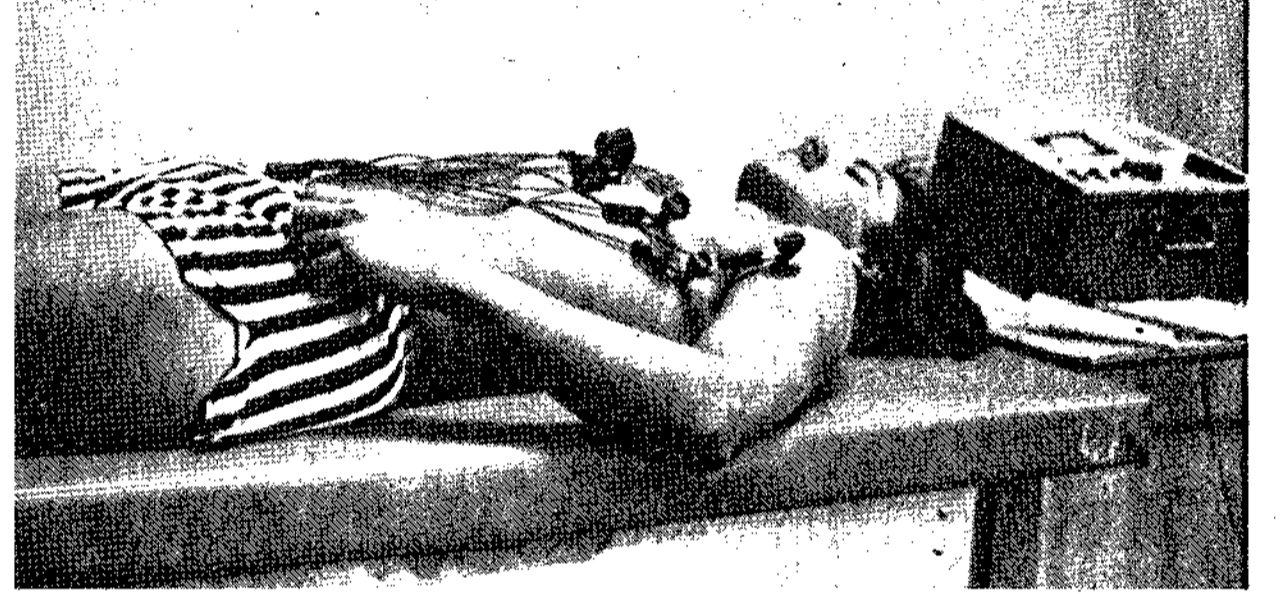
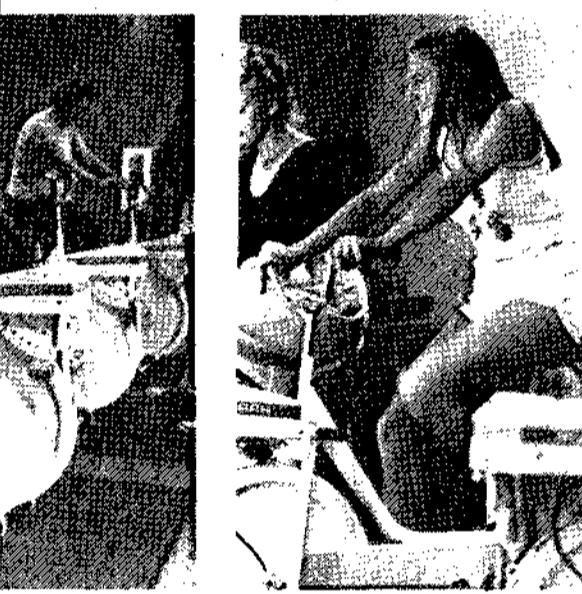
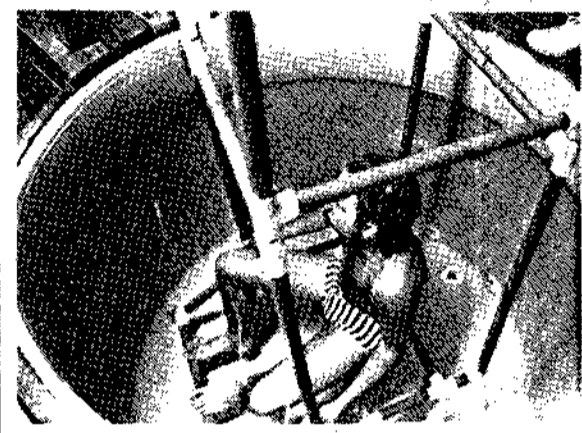
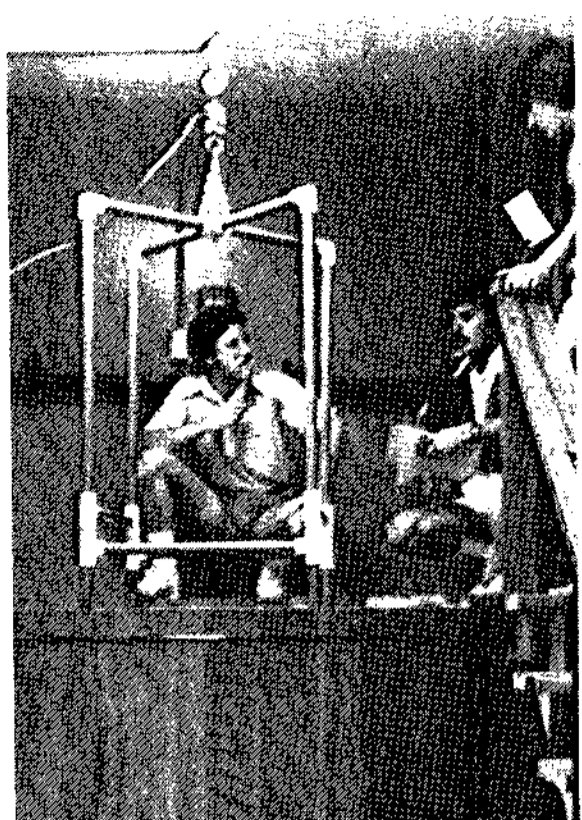
Student interest has been so great that last December OCC moved its fitness lab to a bigger facility to accommodate the growing registration.

Cerritos figures for a big success also, and Juliano has already hired a student technician to assist himself and Navarro for the second nine week session of the semester to begin Nov. 16. Registration for the course is Nov. 10 through Nov. 16.



FITNESS TESTING — (left to right) In Cerritos College's new physical fitness lab trainer Steve Navarro takes Leonard Schmidt's blood pressure. Lab tech Kevin LeDuff explains the purpose of the immersion tank. Kevin Kochemo is emersed for body fat test. Women students take a bike ride to record their stress level. Kochemo connects for ECG.

TM Photos by GABRIEL WURZLER



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FRESHMAN X-COUNTRY STAR

Miller rewrites Falcon record books

By KAREN da SILVA
TM Sports Editor

Freshman Penny Miller put on her Nikes in mid September and did what no one else has ever done in the history of Cerritos College — she ran past every Falcon cross country record in the books.

Miller, a Downey High graduate, didn't really know what to expect of the competition at the junior college level, and for awhile it looked like she wouldn't expect anything.

"After last year in high school, I just wanted to give it up," she said in reference to her third place finish in the CIF X-country finals where she felt she could have done better.

But with persuasion from her father, Penny came to Cerritos College.

Women's x-country coach Gary Gaudet who had followed Miller's career at Downey said he had little doubt in her capabilities. "I knew she was good and knew what she could do," he said.

Miller's college debut was at the Fresno Invationals where she placed fourth overall out of a field of over 100 and established herself as a dominating force in the South Coast Conference.

Next came the league opener on the toughest course in the conference, the mountains of Mt. San Antonio. The switchbacks, hills and smog proved a hard but surmountable obstacle as Miller set her first of four school records.

And on she ran to Falcon record times at La Mirada (Cerritos' home turf), Santa Ana and Fullerton before a strain in her knee sidelined her from post-season competition at the Mt. SAC Invationals over a week ago.

The question now is, is her knee sufficiently healed for her to run well in the conference championships?

Miller and Gaudet say it is.

She is back to her regular workouts of 75 miles per week.

Miller is not limited to cross country though. She also plans on running 1500 and 3000 meters in track.

"It's hard to say where she'll fit in. Based on this (x-country) she'll be one of the better ones," stated Gaudet who also coaches the track team.

Gaudet credits Miller's success, which he feels is the best in Cerritos College history to three things.

First, he points out that her background was in a good high school program.

Second, "Her technique is good," said Gaudet. "She knows when to press and when to run hard."

Finally he commends Miller herself. "Penny's not afraid to work by

any stretch of the imagination."

But if Miller is so good, why is she running at a junior college?

"I just felt I wasn't ready to compete at that level," she admits, but plans to run at a university after



PENNY MILLER

completing her two years at Cerritos.

"I needed the experience."

When asked how much Miller can improve for next year after her record-breaking season this fall, Gaudet replied, "I think she has the potential to be a world class runner. She's just learning what it's all about. She only ran x-country two years in high school, a relatively short time for a long distance runner. Barring any injury, she'll run better."

Although the life of Penny Miller currently revolves around running, she is not interested in a career as a professional runner — a new and alluring field.

Miller's career goals are to be a physical therapist and possibly coach on the side.

If scholarship opportunities arise at the end of her years at Cerritos, as they are likely to, her decision will rest on how good of a physical therapy program the school offers as opposed to their running program. "It's more important to me," commented Miller.

But for now Miller is content with the life of a runner.

Gridders roll in homecoming

(Continued from Page 4) statistically. This fact was evident as the Olympians scored with quickness and ease on two drives in the first half.

Mesa's second TD came after they retained possession on an apparent fumble recovery by the Falcon's Kirk Jellerson. Officials gave the Olympians the ball at the Cerritos 43. The drive only took seven plays with quarterback Paul Berner keeping for the final yard and the touchdown.

Cerritos tied the game at 14 with time running out in the first half. Tailback Johnson capped the 56 yard drive as he broke outside for a five yard score.

The Falcons took the lead for the first time on their first march of the second half. Using a wide variety of perfectly timed passes, Cerritos moved 79 yards on 16 plays. It was Johnson again romping 12 yards on a draw play for his second TD and a 21-14 Falcon advantage.

The seesaw battle was tied for the third time at 21 when Berner dove for the TD with 1:26 remaining in the third quarter.

Cerritos scored what would prove to be the game winner early in the fourth period. The key play of this possession came when Corwin hit Hill for 39 yards. Johnson's third

touchdown, a one yard sweep, proved to be too much for the visiting Olympians.

Cerritos added an insurance touchdown late in the game when Corwin slipped a tackle and raced 12 yards making the score and the final 33-21.

Corwin finished his brilliant night with 18 completions in 29 attempts for 298 yards and two touchdowns on the ground. Kemp and Johnson rushed for 79 and 72 yards respectively.

FALCON YARDSTICK

CERRITOS 33, SAN DIEGO MESA 21

MESA	7	7	0-21
CERRITOS	0	14	7 12-33

SCORING

MESA — Aumououlougo 8 yard run (Ritcher kick)
CERR — Corwin 1 yard run (Saavedra kick)
MESA — Berner 1 yard run (Ritcher kick)
CERR — Johnson 3 yard run (Saavedra kick)
CERR — Johnson 12 yard run (Saavedra kick)
MESA — Berner 1 yard run (Ritcher kick)
CERR — Johnson 1 yard run (kick failed)
CERR — Corwin 13 yard run (kick failed)

TEAM STATISTICS		SD	CERR
First downs		17	28
Rushes-yards		34-128	56-229
Passes-completions		37-17	29-18
Passing yards		281	298
Total offense		409	527
Punts-avg.		5-39	3-37
Penalties-yards		11-107	7-60

