

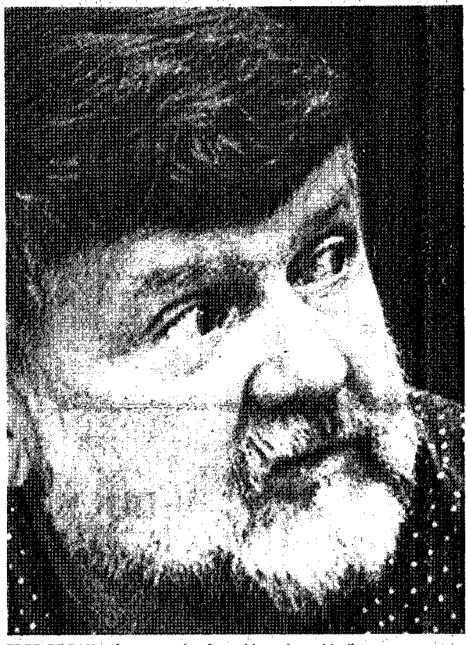
Talon Marks

Volume XXVII, No. 24

Cerritos College ☐ Norwalk, CA 90650

May 23, 1984

Runoff election ends tonight



FRED REGAN - "I am not against fraternities and sororities."

DAVID MITTELMAN - "I am a better negotiator, my record stands for itself."

Candidates battle it out

By TERRY SPENCER

TM Political Writer

ASCC Presidential hopefuls Fred Regan and David Mittleman are facing each other in a run-off election which continues today.

The polling booths will be open from 8:30 a.m. until 2 p.m. and from 6 p.m. until 9 p.m.

The voting is open to all full and part-time students who possess a current student body card.

Regan and Mittleman finished one-two in the imary election last week, outdistancing Sammi Ramirez and Craig Browning.

Regan totaled 487 votes, 45 votes shy of the majority needed to avoid a run-off, while Mittleman finished

Ramirez wound-up third with 214 tallies, while Browning polled 67 votes.

The total vote of 1063 was a sharp drop from the 1709 who voted in the Presidential Election last year.

The decrease was attributed by the candidates to a lack of emotional issues of the kind that puncuated last year's race - tuition and tutoring.

Regan, a 52-year-old vocational and supervision major, is a veteran of 26 years in the Coast Guard.

His wife Pat is a teacher in the nursing progr His running mate, Ben Pendleton, is majoring in auto collision repair.

See RUNOFF / Page 4

ON THE INSIDE

CAMPUS / Page 2

M Final Exam schedule

SPORTS / Page 3

☑ Frye & Baker on track Woes of a sports writer

FEATURES / Page 4

M Hubbell: S. American odyssey

M Memorial Day: An editorial



ROBIN'S EGG — Suraiya Patel and Sunii Narsai look over a robin's egg found in a grass patch area near KCEB in the campus quad. The egg was taken to the Biology Department for close clasroom scrutiny.

TM Photo by GERARD MOYA

Campus publicity sought

Faculty Senate calls for PR help

By MELANIE GRAY TM Staff Writer

Cerritos College needs more publicity.

The Faculty Senate passed a motion to recommend the formation of a new institutional committee to facilitate and improve

campus publicity through the Recruitment Department and the new publications manager at the meeting of May 15, 1984.

Senator Jerry Shopfner suggested, "If we want to get information to the community, we have to do it on a personal basis. Our Speakers

Bureau does not seem to be operating. We have to leave the campus and talk to the people.

In addition to this Senator Tom

Another year of in-service

workshops for employess are now

being planned and scheduled by the

Business Services Office.

agement should have the job of the present system or establish a the logistics.'

In other action, Senator Richard McGrath and the Student Personnel Committee requested the Senate to provide input on the use of sectarian invocations at the college's commencement exer-

The Student Personnel Committee did not recommend the abandonment of the practice as this would probably disturb the wishes of students and the local committee, however, they are concerning

Whitlock recommended, "Man- whether the college should retain organizing the effort and deciding rotational system among local

> The present system of utilizing faculty members having theological training or interests, had been adopted since 1977, but no specific rotation system had been estab-

Each year's committee simply selects its own choice from among the faculty, but using local clergy would allow those churches which employ professional, full-time clergy, such as Jewish or Roman Catholic, to participate.

Correspondent to speak on U.S.-Soviet relations

By MARK TODD

Assoc, Çampus Editor

Robert Scheer, national correspondent for the Los Angeles Times and author of the recent best seller With Enough Shovels: Reagan, Bush, and Nuclear War, will speak on "Reaganism and Communism: U.S.-Soviet Relations in the Nuclear Age" Monday, June 4 at 4 p.m. in Moore Hall at UCLA. The event is free and open to the public.

Scheer joined the Times as a staff writer in 1976 and has long been associated with journalism and progressive politics.

In addition to his work as a journalist, Scheer has taught economics and politics at Antioch West and UC Berkeley and earlier this year served as a Regents' Lecturer at UC San Diego.

The lecture is being presented by UCLA Public Lectures. For more information call 825-4401.

SPRING SEMESTER 1984

STAFF BURNOUT CLASS Employee workshop on campus

By GERARD MOYA **TM Campus Editor**

In the office and work place of many, on the edge of health there's not much but irritation, energy withdrawals and dissatisfaction - a tight jaw whose fearsome muscles can put a squeeze on a good employee.

But Karl Kerr has managed to successfully present various workdealing with employee

Assistant Superintendent Vice President of Business Services Walter C. Magnuson along with Karl Kerr of Keenan and Associates, Torrance, have established a series of four workshops per year, dealing with employee health.

Kerr spoke on the subject of 'employee burnout,' May 17-18, on campus, which was the last session of staff in-service workshops for 1983-84.

"The theory is the more employees are aware of healthwell-ness techniques that they can use on a daily basis, it's going to reduce the cost of worker compensation claims," said Kerr.

Physical and mental overload can occur when a person has not paid attention to what is occuring aroung him/her. I hey can become less efficient at work and with personal relationships.

"To make your job work, you must have a positive mental diet. Go out and recreate this summer. Everyday you can recreate your health — do it," expressed Kerr.

The subject of healing chemicals in the mind was discussed, relating positive emotions to better health.

In a flight response, the brain perceives stress and signals the sympathetic branch of the nervous system, which regulates much of the machinery of the body. The result? Rapid heartbeat and breathing and a rush of blood away from skin, hands, feet and digestive organs toward the deep muscle tissue, carrying needed oxygen from the muscles' use in the stressful situation that has arisen.

'Healing chemicals are evident when we are praised," said Kerr. "Positive emotions will trigger the brain to release chemicals that help depressed person recover. Laughter is a geat medicine."

Cerritos College is the first to hold the complete self health and well-ness program, totaling nine sessions.

☐ TACKY THURSDAY

The date has been changed to June 7. Nominations will be taken until Friday in the Student Activities Office.

> Kristie's Demo Service **Demonstrators** Enthusiastic, Reliable, and someone who enjoys talking with people. Weekend afternoons, some Friday's. Call 714 539-8845. Ask for Kristie.

FINAL EXAM SCHEDULE

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UP, UP AND AWAY - Sophomore Shelia Frye jumps to a first place finish with an 18'10" leap in the Southern California Finals held here Friday. (At right) Stephanie Baker broke her own shotput record beating her closest competition by three feet with a toss of 44'11'4". Six Cerritos track athletes will advance to the State Finals to be held Saturday at Memorial Stadium in Bakersfield.



Six qualify for State

Frye, Baker take first

By MELANIE GRAY TM Staff Writer

Capturing Southern California track and field titles were Stephanie Baker and Shelia Frye as they now lead six Cerritos Qualifiers into Saturday's State Finals at Memorial Stadium in Bakersfield. Field events begin at 2 p.m. and running events are scheduled for 5.

Winning the long jump on the strength of her second jump, Frye's 18'10" leap was preferred over El Camino's Angela McKnight who had the same mark.

According to Coach Gene Martin, Frye stands a good chance to win the State Meet because her strongest competitor from the north, Vivian Riley of San Jose City College, won the Northern Cal Finals with a jump of only 18'4".

Baker, a sophomore out of Cerritos High, will face some tougher competition at State as she earned her trip there by breaking her own school shotput record by tossing it 44'11'4", beating her closest competitor by over three

However, Baker will be taking on last year's State Champ, Modesto's Dorothy Jones, in Saturday's state meet. Jones won it last year with a throw of 5114" and took first in last week's Northern Cal Finals with a put of 46'1012", nearly two feet farther than Baker's best

Other Cerritos women making the trip will by Tami Ortiz, Denise Gonzales and Carol Dye.

The athletes qualified for State by having fine showings in last week's So Cal Prelims. Only the top four linishers in each running event and the best six of each field event are allowed to progress to Saturday's finals.

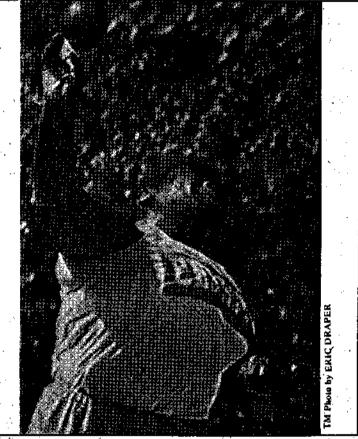
The only male representative will be triple jumper Andre Cobb. He qualified with a jump of 5011%". 🎋

Top Falcon sprinter, Keith McCoy, suffered a hamstring

injury in last week's prelims and was unable to place in the 100 meter run and refrained participating in the 200.

McCoy had the fastest time (10.37) of the nine qualifiers at last week's prelims.

"He's (McCoy) our high point man, to go the whole year and then something like this happen is very disappointing," said Coach Dave Kamanski.



Calling 'em as we see 'em

By MIKE HEINRICH

How easy can it be to write a simple sports story?

Throw a few statistics around, toss in a few quotes, add a few colorful adjectives and voilal

Well sports fans and critics, it's not that easy.

My colleagues and I have not only had a rough time getting information for certain stories but also took a lot of undeserved flak and come up on the short end of cooperation from more than one hot and cold party.

Ahhh! But that's the way the

ball bounces.

We would, however, like to apologize to the people who have gone out of their way to help the sports writers get the right information — the true scoop if you will.

This little outburst is basically directed at the sarcastic know-italls and the inconvenience-ridden people who put a damper on an

otherwise successful learning experience.

It sure is funny how some coaches móan and groan when their team gets little or no recognition in the school paper - when if they were a little more concerned about making the information accessible that only they have, then we'd all perhaps be a lot happier.

It is the job of the reporter to obtain the facts and any information that enhances the story for the discriminating readers and fans.

The end result can be a good story that not only informs the reader but serves as a vital source of publicity for the team as a whole and the individual stand outs in particular.

Another small, but pesky annoyance we have encountered in our journalistic endeavors is the self-appointed rude road blocks that try to give you a hard time.

For example, after one basketball game earlier in the year, the

coach routinely asked a certain individual to get the stats that we were quickly jotting down.

Not only did this personage bark bitingly at me, as I was shaking with fright, but he decided not only to out on his tough-guy image but to throw barbs at the No. 1 rag in Southern California.

After reporting this escapade to fellow journalists, I was almost horrified to hear that he was no less than a duly elected member of the ASCC Senate.

Despite all the heavy problems that go with the territory, writing sports may not be all that simple, but it sure is an intriguing challenge.

This commentary is not intended to burn anyone, but to let people know that you've got to have accurate information — and to help those coaches who, sooner or later, want and need the publicity to show a better understanding of the demanding field of Journalism.

EDITORIAL -Pause and remember

At the end of every May the flag of our Republic flies at half-mast.

To honor those who have fallen in the defense of their country's ideals.

For 364 days of the year we take their sacrifice for granted — yet it was at Concord, Lexington and Bunker Hill that the first of them fell in order to establish a government "of the people, for the people and by the people."

As Americans, we often forget in our daily lives the great lattitude of freedoms we retain, and despite our grumblings about our government (which, too, is a right we have), without much obligation on our part.

Sure, we may pay taxes, we have jury duty to perform if we are called, and the male population must register for a now-inactive draft.

A small price to pay for the right to live — within the mores of society — pretty much as we choose.

Memorial Day, too, gives us more advantage than imposition — it is a federal holiday and schools will close because of it, and most of us will not be working, or if so, will receive extra pay because of it.

What of our obligation to spend a day of remembrance for Americans who gave their lives to preserve our heritage?

We would hope that everyone gives at least a little time contemplating and honoring them ...

We really owe them that much.

Dance Concert opens May 31

This year's Faculty Dance · Concert will be in the Burnight Center May 31 through June 2, with all show times at 8 p.m.

According to co-choreographer, Virginia Romero, "This concert should be very entertaining, because most of the routines are 'up, lively and exciting.'

Guest artists dancing to the Michael Jackson Thriller album'

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Hubbell talks class reality

By GERARD MOYA **IM Campus Editor**

When Professor of Spanish Silvia Hubbell teaches a class, she also brings to her students the understanding of reality as perceived by the Spanish speaker.

Economic disaster, devastating floods, civil unrest, strikes, bombs, tear gas and watching abandoned children roaming streets in search of food, have all been part of Prolessor Hubbell's experience on her recent visit to South America as part of a sabbatical leave designed to "get in touch with the reality" she wants to put across to her classes. Hubbell claims the trip was a pleasure, despite having her purse stolen. She was able to achieve that important contact with the people, their culture and the beauty of the unspoiled landscape.

Born in Argentina, Hubbell received a scholarship to study language in France, England, and the United States.

She attended the University of Vermont as an exchange student to study English, where she met her husband, John L. Hubbell. John lived in Ganado, Arizona, on the Hubbell Trading Post, which is one of the oldest trading posts in America. It is now a museum and part of the National Park system.

"It's funny because he was at one time an exchange student in Argentina studying Spanish," recalls Hubbell

She received her MA in English at the University of Vermont then lived in Washington for



Spanish Prof. Hubbell

TM Photo by GERARD MOYA

a year as the secretary interpreter to the Argentine delegate at the Inter-American Deference Board Washington. She decided to come to California because of the climate, teaching at Marshall High School in Los Angeles.

- She received her MA in Spanish and also received her MBA at the University of Southern California, with her specialty being Latin American Literature and Argentine poetry.

On her trip to South America, Hubbell said, "For one thing, these children."

terrible floods were devastating in the northeastern part of Argentina. It was also a moment of political uncertainty, because they had a military junta that was governing as they were preparing for elections.

"There had been a lot of guerrilla warfare in the previous years and all these young boys (college age) were (aken away and just disappeared. So there were mothers going once a month to the main square and parading around asking about the fate of their

Prexy runoff continues through today

RUNOFF / From Page 1 Mittleman Is a 21 year old businėss administration major who has been active in the Latter-Day Saints Students Assoc-

will be Ray Rodriguez, Darren

The show has a total of 55 dan-

Ticket prices are: \$3 for

cers and will last approximately

Brown and Alex Patino.

students and \$4 for others.

90 minutes.

Mittleman's Vice Presidential Candidate is. Lillette Cubas, who is a supported bills that have cosmetology major.

ASCC Senators

Both candidates have well as academics!: stressed their communication abilities and that Regan has neglected what they perceive to be other groups in order to. their strengths of bringing - fight for his department. people together.

tion in the Senate places him apart from Regan.

I'm a better negotiator. My record stands by itself by the bills that I have authored and the things that I have accomplished in the Senate.

"I have authored and supported the student All four hopefuls are body as a whole." Mittle serving as man said, specifically athletics, vocational, as

Mittleman charged

: "I am not against Mittleman feels that fraternities and soroithis record of communications feet said Regan. "They are an important part of caropus life.

Eve always been a part of them — my wife has been an advisor for a socority for gine-years. Would they keep inviting me to their installation dinners if I was against

According to Mittleman, the big issue of this election is whether Regan could successfully communicate with the majority of the students with the students who are

"I think that either ing the assignments."

But I could serve the students better because

most students who par-Ucapate in ASCC sponsored events are young people 18-25," sald Mittleman, "I can communieate with this group better. because we grew up in the 70's together and we think the same."

Regan sald that the ages of he and his partner would play a big part in ; their ability to get more particapation from the older students.

Ben is Mittleman's age: I'm in the older age Fred or myself could do a . . bracket. This way we can good job as fair as fullfille 💸 span a broader spectrum of views.