

CERRITOS COLLEGE *Talon Marks*

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Homecoming Saturday; final voting today

By LAURA MENDOZA
TM Features Editor

Preparations for Homecoming enter the final stages as campus organizations complete construction on floats and voters wrap up the last day of voting for Queen.

Seven candidates currently make up the Homecoming Court, of which one is destined to become Queen.

Candidates and their sponsors are: Audrey Cayson, EOPS; Marie Antoinette Garcia, Mu Omega Alpha; Susie Peppers, Theatre Arts Society; Madeline Rabin, MeCHA; Amber Shubin, Filipino Club; Tami Jenson, Sigma Phi; and Christine Groot, SNACC.

Voting booths are located at the Coffee Shop, the Social Science Building and the Health Science Building.

The Homecoming Queen will be crowned by last year's Queen, Marina Castaneda, during halftime at the Homecoming game against Fullerton on Nov. 1 at 7:30.

The traditional Homecoming dance will follow the game. Admission is free to students with an ASCC card.

The theme "Movie Classics" comes to life as float construction is underway in which twenty clubs and organizations are all working toward the coveted Amy Dozier award. Float judging will be held on Nov. 1 at 11 a.m. Awards will be presented at the Homecoming luncheon, following the judging.

Halftime activities include a parade of floats, an array of fireworks, and music by the Gahr High School band.

Alumni Association seeks new members

By SUSAN PHILLIPS
TM Editor-in-Chief

The Cerritos College Alumni Association is headed in a new direction under the guidance of Interim President Fred Regan.

The association will be headquartered in the Student Activities Office, making it more accessible to students and former students wishing to obtain membership information.

With funds approved by the Board of Trustees, the Alumni Association will hire a secretary and a part-time specialist to coordinate events and assist in recruitment of

(Continued on Page 4)

NEW SENATORS NAMED TO REPLACE ABSENTEES



SEATS FILLED—Two new ASCC Senate appointees are De Ann Ponce and Tina Adele, above. Third is Selina Pineda. Elizabeth Arcalas is up for approval today in absenteeism crackdown. (See story Page 3)

TM Photo by ELIZABETH ARCALAS

Academic needs of athletes outlined for Board

By MELISSA HERNANDEZ
TM Executive Editor

An added effort has been launched to intensify the already existing athlete counselling program for Cerritos College athletes and provide a more personalized, in-depth service to insure their academic security.

At last week's Board of Trustees session, Richard Juliano, Associate Dean HPER/Athletics, spoke to the Board concerning the special needs on the part of athletes to have the opportunity to confer with counsellors regarding such matters as meeting four-year

school entry requirements as transfer students.

According to Juliano, what he and others — including Vice President of Student Services Dr. Steven Helfgot, Supervisor of Counselling Gene B. Martin, counsellor Wally Frost and Virginia Romero — are striving for is a tighter, more up-to-the-minute contact between counsellors and athletes.

Says Juliano, "We're trying to improve what we're (already) doing."

As always, there is great communication

between the coaches and their athletes, but there is concern that all athletes do not build a rapport with a counsellor. It is of utmost importance that all athletes do so as they must be insured of signing up for the proper classes for their individual needs as well as general education requirements.

Last year, the National Collegiate Athletic Association imposed new academic standards. Under these new guidelines a high school athlete is termed either a "predictor" or a "non-predictor" based on his grade point average.

Those students who perform under 2.0 are considered "non-predictors," while the "predictors" are classified by their 2.0 and over GPA.

It is mandatory that all "non-predictors" earn an A.A. degree before going on to a four-year school.

"It's tough on them," states Juliano, "but it does make them prove themselves, which is O.K."

"Predictors" have no such restrictions. All athletes, whatever their label, must

(Continued on page 4)

● GRIDDERS RALLY/7

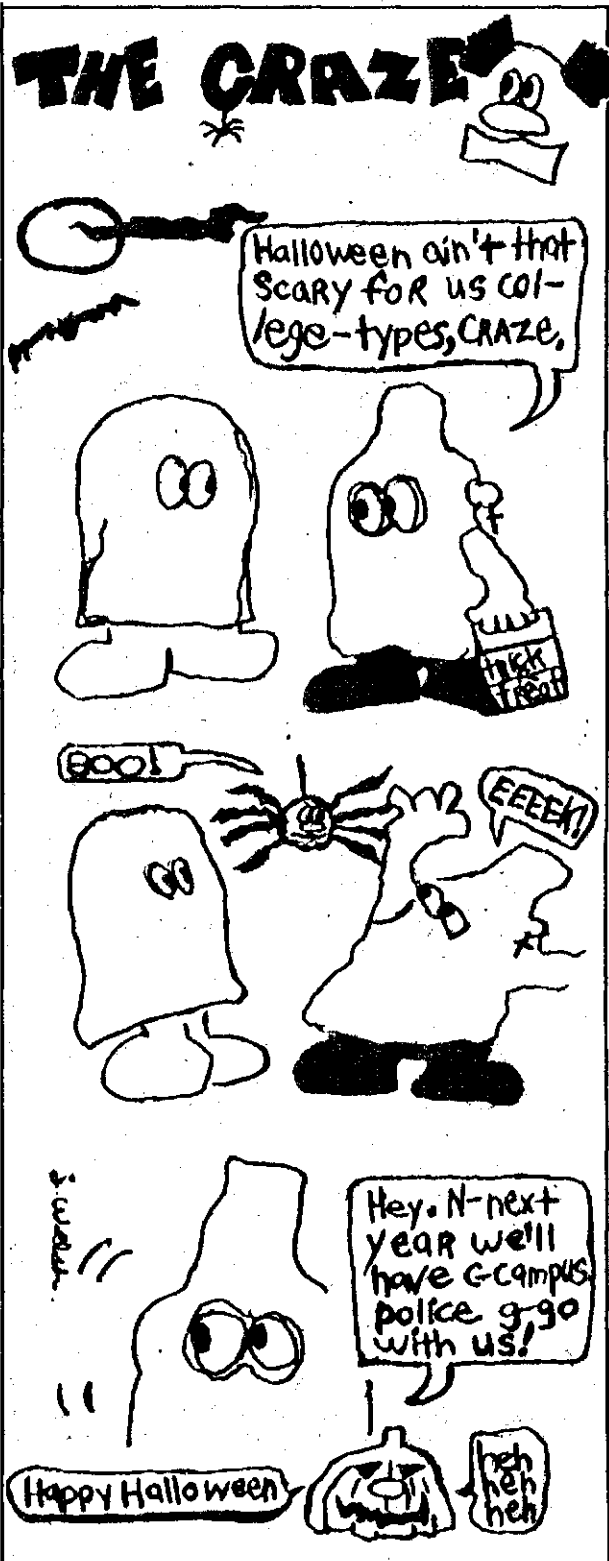
Falcons score in closing minutes to overcome stubborn Long Beach City 17-10 for piece of 2nd in conference.

● STUDENT'S VP/3

New Vice-President of Student Services Dr. Steven Helfgot seen as "people person." Focuses on students.

● TRADITION.../7

Editorial suggests that, contrasted with Long Beach City, a Cerritos Homecoming is something to be seen.



Talon Marks

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EDITORIAL I

Mixing tradition and spirit

Homecoming.

It's a Fall tradition. Old friends get together to renew old acquaintances. New friends are made. And everyone cheers for the football team, hoping to win a game that may not be important as far as conference standings go, yet is felt to be the most important game of the year.

Pride is what Homecoming is really all about.

Cerritos College puts on a Homecoming celebration that is unparalleled anywhere else, with all of the pomp and circumstance found at a Stanford or a UCLA.

Spirit is what makes Homecoming so special. When the Falcons played Long Beach City College at their Homecoming last week, the reality of how special ours is really hit home.

Cerritos fans far outnumbered the Viking rooters, whose spirit was clearly lacking, even though they have one of the better football teams in the South Coast Conference.

The LBCC floats lacked wheels, precluding any half-time presentation, and the crowning of the queen was anti-climactic.

This was at a Homecoming that was supposed to be celebrating 60 years of excellence.

In contrast, a Cerritos Homecoming is full of excitement, with 20 floats on parade, a coronation that has everyone holding their breath, and a Fourth of July-type fireworks show that dazzles young and old alike.

Clearly, the pride and excellence shine at Cerritos College.

Homecoming is this Saturday. Do yourself a favor. Be a part of it all.

It's an experience you'll never forget.

EDITORIAL II

Halloween — safe or sorry?

Halloween.

Children go from house to house "trick-or-treating." Others attend parties and join in such entertainment as bobbing for the inevitable apple and telling ghost and horror stories.

Everybody laughs.

There have been many superstitions about Halloween. Some believe it to be a night on which ghosts, spirits, and witches come out to harm people. A long time ago, Americans used Halloween as a night to play harmless pranks on people....but they aren't so harmless anymore.

Real-life people have rampantly taken a sick, fiendish delight in playing harmful — even deadly — "pranks" on the "souf" leaders of America: our children.

Each year, at least three to five children die and even more are harmed and injured as a result of razor bladed imbedded in apples, and poison and other foreign objects hidden in the candy which the children so innocently collect.

Although generally speaking, parents have been alerted nationwide, all tampering attempts won't be detected. There are parents who do not utilize candy x-ray services.

Many tend to have an "It won't happen to us" attitude.

Parents are warned to be extra cautious for their child's well-being around Halloween. Children should be drilled by their parents on Halloween safety and should understand fully the consequences that may incur if they do not take heed.

To some extent, Halloween has changed from fun night to hell night. There have been many personal horror stories told about injuries and deaths as a result of treat tampering.

Nobody ought to laugh.

EDITORIAL III

'Kids' should celebrate wisely

It's that time of the year again when ghosts, goblins, and other monsters are allowed to roam freely about the streets. When fiery jack-o lanterns glare at passers-by from every doorstep. And when the stroke of midnight marks the "witching hour."

No, it's not the end of the world, and it's not a scene from a scary movie.

It's Halloween.

The Halloween we know today began over 2,000 years ago in the British Isles as a pagan feast called "Samhain," which marked the beginning of the new year for the Celtic tribes.

Centuries later, when the Celts were converted to Christianity, they kept their traditions alive by celebrating the night before All Saints' Day as All Hallows' Eve, which was eventually shortened into Halloween.

For children, Halloween represents a spooky, magical night upon which they dress up as whatever they fancy, then show off their costumes in exchange for candy and food.

To older "kids" like us, Halloween is also a night where we can be whatever we wish to be, but more importantly, Halloween often represents party time...

That doesn't have to mean foolishness.

Let's be wise and celebrate Halloween as it was meant to be celebrated.

Just don't forget to show a little "spirit."

EDITORIAL IV

Voting makes a difference

Today is the last day to vote for the 1986 Homecoming Queen.

So what? you say. What does this mean to me? Does this affect my education?

Of course not. But...

As a recent editorial stated, Homecoming is a long-standing tradition, especially revered here at Cerritos.

Your vote has impact on the outcome of these festivities.

If the Homecoming Queen candidates go to the trouble of running, the least an ASCC member can do is acknowledge the fact that there is an event in progress and show loyalty to the school by voting.

The prospective Queens and their sponsors spend time and money to promote the Homecoming affair. For the voters, it takes only time — not money — to sponsor this occasion.

Just two minutes.

Believe it or not, your vote makes a difference.

Trite, but true.

Writer finds deadline more harrowing than expected

Halloween is just around that dark corner but I don't need anything more to get me scared.

Talk about last minute.

I'm writing this with all the big-wheel editors staring down at me. The paper is on hold waiting for me to complete this column.

They look like hawks ready for the kill. But that can't be — here at Cerritos we're The Falcons, heh, heh. I sometimes even make myself laugh, heh, heh.

Anyways...

Halloween is the best time of the year. When else can you dress up, act weird and get lotsa miniature Three Musketeers bars and candy corn for free?

I love Halloween.

Sometimes I wish I wuz Eddie Munster

and my dad's name wuz Herman and I had a giant dragon named Spot under my stairs.

What should I be this time around?

I wuz thinkin' about being something like a bum from Mars. I ought to be pretty good. On Earth I have no problem.

Better start writing faster. My Editor-in-Chief is starting to look like the Wicked Witch of the West.

I tell her, however, that she resembles Elvira. That seems to calm her down a bit.

The Features Editor is getting antsy. She could easily be Darth Vader.

But I'm still undecided about what I want to be.

Nevertheless, I'll still enjoy myself as I usually do on this festive day.

I guess I just like getting scared, that's all. Scaring people isn't so bad either.



By JOHN WELSH

They don't scare me

I scared the heck outta these kids once. It wuz all in good fun. Their mother didn't think it was too funny when she couldn't get the hairs on their heads to fall down.

Well, I've been jabbering all this time and didn't even notice that everybody had left the newspaper office.

Hey! Where'd everybody go?

Why did the lights just go out? Who's

messin' around?

This is pretty scary.

Luckily, I don't believe in ghosts. Yep. I'm a brave soul.

What was that?

Who's rattling them chains?

Who's that howling like a wolf?

Sounds like it's coming from the darkroom. Either we've got one strange newspaper staff or I'm hearing things.

Please say I'm hearing things.

BOOOOOOOOOOOOOOOOOOOOO!!!!

Okay, that's enough for me — I'm outta here like fast.

Hey — what's this tape recorder doing here?

Oh, I get it. Heh, heh, heh. I knew it all the time. I wuz just going along with it to fake them out....



DR. STEVEN HELFGOT

New student services VP sees 'exciting stuff' in the future

By KRUZ ROBERTS
TM Staff Writer

"Keep your eyes open — exciting stuff is coming," says Dr. Steven Helfgot, Vice President of Student Services and Counseling.

Two and one-half months new to this campus, he comments that he likes to think of himself as the "student's vice president."

Helfgot was visiting friends in the Irvine area when he heard of the opening for vice-president.

Before accepting the Cerritos College position, Helfgot was a veteran counselor of 15 years at Oakton Community College in Illinois. He also served as the director of a youth group and taught graduate students.

He loves college life and served in student government during his own college

years. Helfgot earned his doctorate from Washington University in St. Louis, Missouri.

"We have the potential to make a model program in terms of student services," said Helfgot, who plans to "modernize" while leaving the traditions that are working well intact.

Helfgot has made himself visible to the student population, attending the Mock Rally and the Homecoming Court presentation. He plans to attend Saturday's game against Fullerton, too.

In his spare time, Helfgot plays third base for a Sunday morning baseball league, swims and reads mystery novels.

Although he is still loyal to the Cubs and the Bears, it can only be a matter of time before he's cheering for the home teams.

Sick, injured Senators can keep jobs under new absence policy

By VERNON MORROW
TM Associate Editor

The reins have been loosened on the ASCC Senate absentee policy that has cost Student Government good officials, in past years.

Senator Robert Hooper authored the bill that will make verified medical restrictions excused absences.

Hooper said he felt it was ludicrous that only school-related functions were excused and situations where individual illness or injury are concerned were ignored.

During the Fall '85 semester former Senator Keith Estabrook tried to pass a similar bill but was voted down.

Senator Simon Semaan was one of two senators that were forced to attend Senate meetings despite personal injuries. He shocked ASCC Vice President Raine Dooner by showing up for the session after suffering a knife wound only a few days before.

Senator Jennifer Cunard also had to appear at last week's meeting still recovering from surgery a week earlier or lose her seat in the Senate.

Hooper made it clear that a mere nurse's note would not excuse a senator — only a

doctor's certification that the senator was medically unable to be present would suffice.

The bill passed through the Senate with only one senator opposing.

This bill was written to take effect October 22 of this year. Most bills do not go into law until the semester following their approval.

This semester the Senate has lost six senators to absenteeism.

Counseling helps shape up athletes on grades

(Continued from Page 1)

meet with a counsellor in order to be set on the correct path.

This can be a long, arduous journey for the athlete because he is required to carry a minimum 12-unit load as well as maintain a 'C' average. This is in addition to a rigorous training schedule and the time his sport demands.

Counsellors have the knowledge and experience which is so vital to the athletes' success at Cerritos.

Sometimes specific problems arise

BY KENNY O'LEARY
TM Staff Writer

The Food Services Department consists of more than just the Cafeteria and Coffee Shop. The two Elbow Rooms on our campus are used by hundreds of students each day.

Located in the Liberal Arts Building and the Community Services area, the Elbow Rooms serve as a meeting place for students between classes.

Open from 6:30 a.m. to 9:30 p.m., the Elbow Rooms have added a variety of muf-

fins, cakes and sandwiches to the menu.

The Elbow Room is in the planning stages for a Halloween celebration. Each year just before Halloween, a jar of jelly beans is displayed and students venture a guess as to how many are in the jar. The winner receives dinner for two at Stuart Anderson's Black Angus.

Mary Aguilar, manager of both Elbow Rooms, invites students to stop by for a post-exam pick-me-up, a between class snack, or a quick but delicious lunch.

Smile, it's one of those days when it's mostly OK

Ever have one of those days? Not one of those days as in everything goes wrong, but the day when everything goes right?

You know the type of day when you have no trouble getting out of bed, when instead of rolling out of bed, you spring out of bed ready to begin a new day.

When instead of finding yourself rushing around at the last minute putting yourself together, you find yourself with some extra time to watch the Monkees.

Then when arriving at school, you see someone you know, greet them with a smiling hello, only to be grunted at; yet, doesn't it make you feel good knowing that you are O.K. and they aren't?

Doesn't it make your day when you go to class prepared for discussion, knowing the answers to any question the instructor may challenge you with? So what if fellow classmates get upset just because you know



By LAURA MENDOZA

Give me a break

the answer and they don't. At least you know you're O.K., and they aren't.

What is it that inspires one to have such a day? Do you realize that most college students are known as "grouches?" If you walk around this campus you will notice that this is true. At least fifty percent of the people on this campus at one time or another qualify for being "Grouch of the Day."

I admit it. I too have been known for my grouchiness. Hard to believe, but yes, it is true.

Except sometimes, I don't know if you've ever noticed, but when someone is in a good mood, and you're in a bad mood, their cheeriness seems to rub off on you. Feeling good can be contagious.

Sometimes, however, there are days when we just don't want to be in a good mood. So what if everything goes right, if you want to be in a bad mood, go ahead, but give us happy people a chance.

Sometimes, I don't know if what's not going right during our day we forget to take a look at what is going right. Sure enough, I can hear the echoes of one saying, "Nothing's going right. Life stinks."

Please! Everything can't be going wrong at the same time. Give me a break. It can't be all that bad...or can it?

needs of the athletes. So far, according to Martin, their efforts have not met with quite the success they were expecting, but it is now on the upswing.

Martin has sought the support of all coaches to strengthen and encourage the efforts that are being made to keep the athlete counselling program in top shape.

Along with his concern for athletes, Martin has expressed his belief that all students involved in extra-curricular types of activities such as student government, the speech team, and journalism, need a more directed counselling service. These "people are in a special group," Martin states. This is also the thought of Helfgot.

The item met with Board approval.

In other Board business, the application deadline for the new Vice President of Instructional Services/Assistant Superintendent position has been extended to December 31. This constitutes a two-month extension. As of now, some 82 applications have been received.

Oct. 18 was the deadline for applications for President/Superintendent. The Board was notified that 32 applications were submitted. However, no action was taken on this item.

Salary and fringe benefit proposals have been submitted by the management and faculty employee groups for the 1987 calendar year. The faculty would like to see increased life insurance benefits as well as a 5.77 percent pay raise, in addition to other suggestions. Among other wishes, management has voiced a desire to receive a 6 percent hike in pay and a quality vision care insurance plan.

Loose lips can sink friendships; hasty words cannot be recalled



By DIANE MARIL

Harshness of gossip keeps ears ringing

By DIANE MARIL

There's a song lyric that says, "you always hurt the one...with a hasty word you can't recall."

No words can be recalled, hasty or not.

It's more what is said than what is done that is responsible for at least 90% of the world's troubles today, from war between nations to family dissension.

Some actions may cause hurt or problems for someone else, but usually the situation can be rectified or completely reversed. However, once a word leaves the mouth, it can never be unsaid.

Just as bad is the fact that very rarely do words spoken in public (and sometimes private) places remain between the speaker and the listener. Idle talk has a way of reaching the ears of anyone nearby. That "accidental eavesdropper," in all probability, has no idea of the subject of the conversation or who or what is behind it.

He has simply picked up on some loose words that reached his ears. The important question is, will he (or you, if you happen to be the nearby listener) ignore what he has

heard, or pass it on under different circumstances?

There's a parlor game called "Loose Talk." A number of people line up, then someone whispers something into the ear of the first person in line. Each person in turn whispers what he has heard into the ear of the next person, on down to the last person in line. That person then says aloud what was whispered into his ear. Almost invariably, what the last person quotes has little or no resemblance to what was said by the original speaker.

So it's a safe bet that no matter what we say originally, if it goes beyond where it's supposed to, it will "bounce" back to us in a very different form and with a completely different meaning.

If you find it necessary to repeat gossip — for that is exactly what "loose talk" is — gossip — better have a tape recorder handy, it may be your only defense later on.

On the other hand, if it's just something you want (or need) to get off your chest, write it down and then destroy the paper. Words spoken in silence go nowhere — unless the paper is allowed to reach the eyes of someone other than the writer.

It's not only what blows, but where it blows to. And the spoken word is really nothing more than a breath of air forced over our vocal cords and made to come out in sounds designed by our mouths.

It's been said that the best orator is one who stands up, speaks up and then shuts up. To paraphrase, the best people are those who begin with the third part and wait until the second part is necessary. The trouble they save (especially me) will undoubtedly be their own.



KING QUEEN — Mock Rally winner Keith Estabrook's imitation of Sigma Phi Homecoming queen candidate Tami Jensen captivated the judges.

KIIS-FM COMMANDER CHUCK TO EMCEE

'Liberty Week' on tap at Bellflower

By GEORGE ZALDIVAR
TM Staff Writer

The City of Bellflower will commemorate its 29th year of incorporation with its annual Liberty Week celebration from Oct. 31 through Nov. 9.

Scheduled events include a Halloween Carnival at all Bellflower parks on Friday, Oct. 31 from 6:30-9:30 p.m. Games and activities for all ages as well as a costume parade and magic show are slated for the week of celebration.

The 1986-87 Miss Bellflower Pageant will be held Nov. 1 at the Bellflower Civic Center Auditorium at 7 p.m.

Commander Chuck Street of KIIS-FM will be the Master of Ceremonies.

A patriotic variety show is slated for the Civic Center on Nov. 4.

On Saturday, Nov. 8, the city will host its annual Liberty Day Parade. The parade will travel along Bellflower Blvd. from Maple Street and north to Jefferson beginning at 11 a.m.

The sixth annual Liberty Week 5 and

10K run will take place Saturday, Nov. 1. The race is co-sponsored by the city of Bellflower and Rockview Dairies. Starting time is 8 a.m. at T. Mayne Thompson Park.

CAR WASH

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At the Chevron station on the corner of Artesia Blvd. and Bloomfield Ave.

Nov. 1, 11 a.m. to 4 p.m.

(Sponsored by the Asian/Indian Club)

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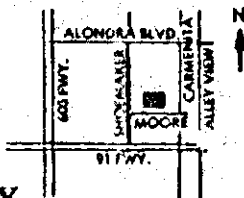
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AFTER GAME DANCE

November 1st at 10 p.m.

Student Center

ASCC members admitted free with one guest. Free refreshments and door prizes.

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FLEXIBLE HOURS (M-F)
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Proof of full-time student status
Good verbal communication skills

Valid California drivers license and vehicle

Proof of negative intradermal TB test
Good telephone etiquette

CONTACT: Tom Caracash (213) 922-6872

CAMPUS QUERY

Should Halloween Trick-or-Treating be banned?

Interviews by NANCY BALLARD
TM Photos by ELIZABETH ARCALAS**Kathy Gonzales**
Age 21
Student
Student Activities Secretary

No, cuz I liked Trick-or-Treating and all the candy that I got. I think it should be like a block party for little kids.

**Phil Houseman**
Dean of Student Activities

No. I don't think it should be banned. There should be more parental control over the kids.

**John Van Gaston**
Age 23
Journalism

I never had any problems with it when I was a kid. I enjoyed it. You go out and meet new kids and walk around. It was fun.

**John Feeney**
Professor of Music

I think it should be banned. I was always bothered by little kids coming around and begging for candy. Actually, I'm really ambivalent about it. If it's carefully controlled then kids get a lot out of it. They bring home all this stuff and nutritionally, it's not good for them. I think it would be better to have organized parties instead of all the carousing around.

**Raine Dooner**
ASCC Vice President

No, not if the city facilitates a program for the youngsters. Then it's fine.

**Linda Reising**
Nursing

No. Well, I've got five kids and I don't want them to miss the fun that I had when I was a kid. I think it has to be monitored and that parents have to take part nowadays rather than have the kids go off by themselves. I think it's a part of Halloween that we should keep.

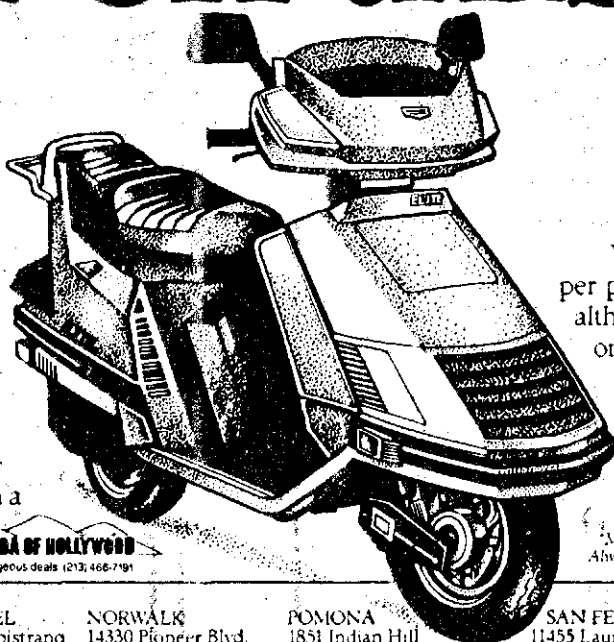
If you know your buns, you could put them on this baby.

Win a Honda Elite™ 150 Deluxe Scooter from In-N-Out Burger.

Introducing the absolute easiest quiz you'll take all year. And the only one that gives you a chance to win a totally cool, red Honda Elite 150 Deluxe Scooter for getting the right answer.

So, think hard. *How many sesame seeds on an In-N-Out Double-Double bun?*

If you don't know, feel free to cheat. (Cramming is allowed at any In-N-Out Burger location.) Just put your answer on the entry form below, (or print all the info on a plain piece of paper) and drop it off at any In-N-Out Burger before midnight, November 17.



You can enter as often as you like but there's just one prize per person. And you don't even have to buy anything, although your stomach will be very happy if you do. Then, on Friday, November 21, we'll draw 6 winning entries from among all the entries with the right answer to our question. And those 6 incredibly lucky college types will be cruising through the In-N-Out Drive-Thru on their very own red Honda Elite 150 Deluxe Scooter. Outrageousness!

Maximum load capacity 330 lbs.
Always wear a helmet and eye protection.

ENTER AT THESE LOCATIONS:

ANAHEIM
600 S. Brookhurst
At Orange

ARCADIA
420 N. Santa Anita Ave.
At Colorado Blvd.

AZUSA
324 S. Azusa Ave.
South of 210 Frwy.

BALDWIN PARK
13766 Francisquito
At San Bernardino Frwy.

BUENA PARK
7926 Valley View
At La Palma

CAMARILLO
1316 Ventura Blvd.
At the Carmen Offramp

CORONA
114 Serfas Club Dr.
Off 91 Frwy.

COSTA MESA
594 W. 19th St.
At Anaheim St.

COVINA
1371 Grand Ave.
At Arrow Hwy.

DIAMOND BAR
21133 Golden Springs Rd.
Pomona Frwy. &
Brea Canyon Cutoff

FONTANA
9855 Sierra Ave.
Off San Bernardino Frwy.

GARDEN GROVE
9032 Trask Ave.
Garden Grove Frwy. &
Magnolia

HACIENDA HEIGHTS
14620 E. Gale
Pomona Frwy. & 7th St.

HESPERIA
13704 Main Street
Off 15 Frwy.

LAGUNA NIGUEL
28782 Camino Capistrano
At Avery Parkway

LA HABRA
2030 E. Lambert Rd.
Corner of Palm

LAKEWOOD
5820 N. Bellflower
At South Street

LA PUENTE
15259 E. Amar Rd.
1 blk. W of Hacienda

LA VERNE
2098 Foothill Blvd.
Corner of "D" St.

NORTH HOLLYWOOD
5864 Lankershim
Btwn. Oxnard & Burbank

NORTHridge
9858 Balboa Blvd.
At Lassen

NORWALK
14330 Pioneer Blvd.
South of Rosecrans

ONTARIO
1891 E. "G" St.
Vineyard at 10 Frwy.

ONTARIO
2235 Mountain Ave.
Off Pomona Frwy.

PANORAMA CITY
13651 Roscoe Blvd.
East of Woodman

PASADENA
2114 E. Foothill Blvd.
West of Craig

PEDLEY
6634 Clay St.
At Van Buren

PLACENTIA
825 W. Chapin
At Placentia Blvd.

POMONA
1851 Indian Hill
At San Bernardino Frwy.

POMONA
2505 S. Garv Ave.
Next to Corona
Expressway

RANCHO
CUCAMONGA
8955 Foothill Blvd.
At Vineyard

ROSEMEAD
4242 N. Rosemead Blvd.
At Mission

SAN BERNARDINO
1944 S. Tippecanoe
Off San Bernardino Frwy.

SAN BERNARDINO
190 "H" Street
At 2nd Street & 215 Frwy.

SANTA ANA
815 North Bristol
North of Civic Center Dr.

SAN FERNANDO
11455 Laurel Canyon Blvd.
Golden St. Frwy. &
San Fernando Mission Rd.

TEMPLE CITY
10601 E. Lower Azusa Rd.
Btwn. Santa Anita &
Baldwin

TORRANCE
730 W. Carson
Carson Offramp

TUJUNGA
6225 Foothill Blvd.
At Lowell St.

WEST COVINA
15610 San Bernardino Rd.
At Orange

WESTMINSTER
6292 Westminster Blvd.
At Willow

WOODLAND HILLS
19920 Ventura Blvd.
East of Winnetka

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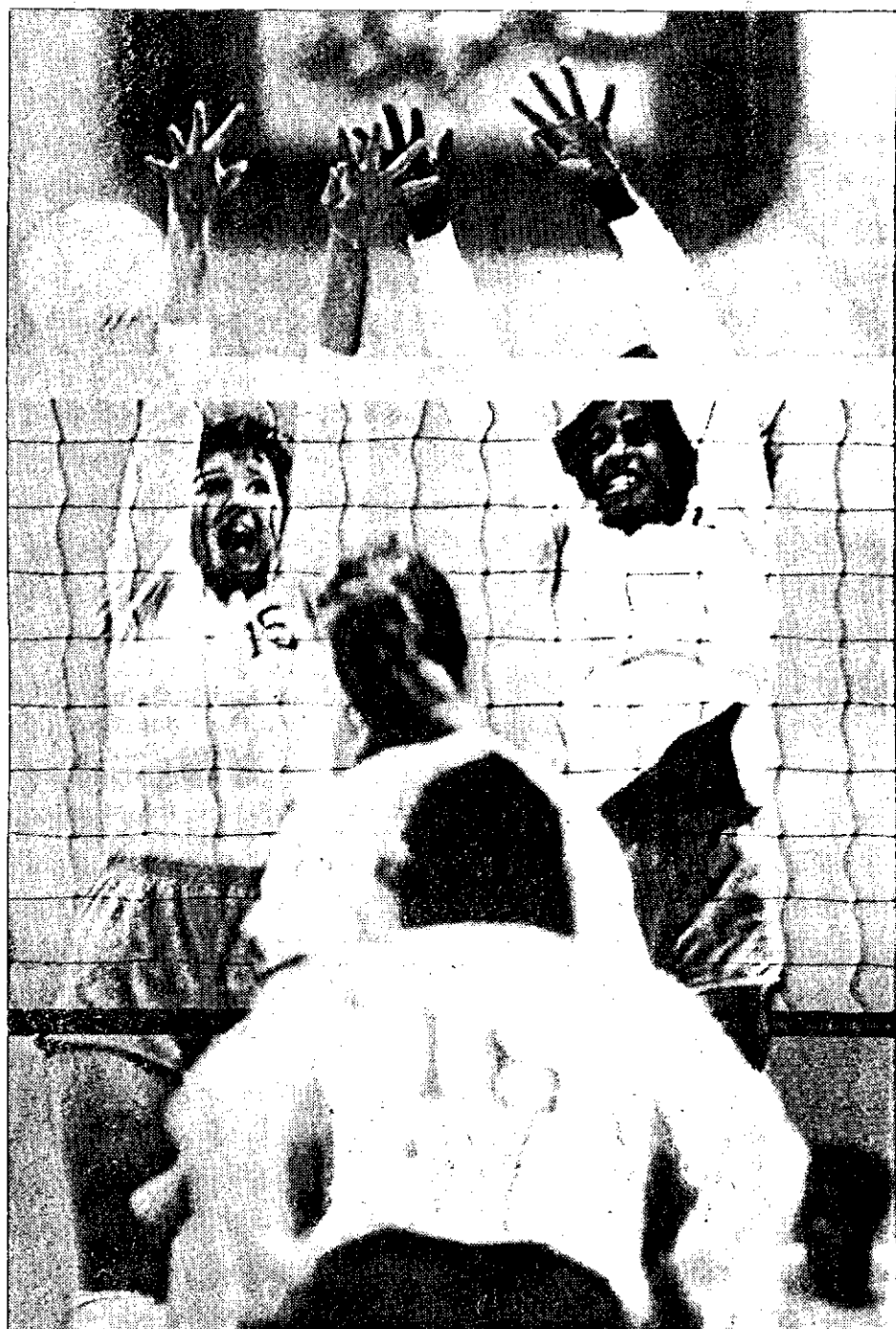
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ENTRY

1000



TM Photo by SEAN DECKER

HOVERING HANDS — Lady volleyballers Bonnie Knox and Carla Bass get together on defense in hot net action against Golden West. Locals moved into conference tie. At Fullerton today, Birds host Pasadena Friday.

Normura gets 4 aces in 9 straight points serving

By TONI BRADLEY
TM Staff Writer

The Falcon's volleyball team overpowered Golden West Friday night at the Cerritos gym.

This week's matches are at Fullerton today and at home Friday against Pasadena.

In the first of Friday's games, Cerritos trailed 12-2 but came back to win the game 18 to 16.

In the second game the win went to Golden West 14-16.

Cerritos took the momentum from game two into games three and four where they played almost errorless volleyball.

In the fourth and final game, Mickey

Normura served for nine straight points, including four aces to clinch the win.

Coach Jeanine Prindle stated "This was the greatest win of the season so far. We defeated Golden West who is the number 1 ranked team in California."

Leading hitters for the match were Heidi Angevine (the top hitter in conference) with 16 kills, Carla Bass with 12 kills, and Christine Duffy and Karen Sutherland with 10 kills.

Outstanding defensive efforts were turned in by Rocky Norcia and Bonnie Knox.

This important win for Cerritos puts them in a tie for second place with Golden West, Fullerton and Pasadena.

Men's Cross Country looking for wild card spot in play-offs

By KENNY O'LEARY
TM Staff Writer

The men's cross country team had a victory over Compton because the team never showed up. Only two of the Compton runners made it to the meet.

The Cerritos runners also chalked up a loss to Long Beach, 35-20.

The men's team will compete at the South Coast Conference Finals, hosted by Golden West, on Oct. 31. Starting time is 3 p.m.

Aurelio Trujillo was the top runner for the men, finishing second overall with a time of 20:37, his best time this season.

Mario Zamarripa finished second for the Falcons, also his best performance of the season. He placed sixth overall with a time of 21:25.

Third place finisher for the Falcons and eighth overall with a time of 21:35, was Scott Gray.

Fourth over the line for Cerritos and ninth overall, was Mike Valdez with a time of 21:37.

Fifth at 21:42 and tenth overall was Jose Bibian.

John Perez, who was not able to run last week due to an injury, placed twelfth overall with a time of 22:09.

Wrestlers battle injuries; tangle with Palomar today

By KEVIN LINDSEY
TM Staff Writer

After a week off, thanks to San Diego City and L.A. Pierce cancelling, the Cerritos wrestlers are taking on their long-awaited and most difficult match of the year against Palomar.

For the season, the Falcons have a 4-2 record in the overall standings, but are 0-1 in South Coast Conference play.

Their first conference loss was the first one in over a year after going 8-0 last year, with a 12-0 overall record.

One of the biggest stumbling blocks they have encountered over the season is the loss

of freshman Brad Clagg to a broken ankle. He could be back wrestling in the 142 weight class before the end of the year.

According to coach Jeff Smith, "He doesn't want to red-shirt. He wants to get back out there, but he isn't ready. It's tough because all of our matches have been decided by that weight class."

Without Clagg, everyone has had to move up in weight class. Levi Chin, a sophomore, has moved up to take Clagg's place, but usually wrestles at the 134 weight.

With some tough wins and losses behind them, the team hopes to have a total commitment to beat Palomar this Wednesday.

Soccer squad members play with pain; take on Fullerton Friday

By CEDRIC WHITE
TM Staff Writer

Injury-plagued kickers lost to Mt. Sac 3-1 Friday at home. Currently sporting a record of 11-4-2 this season, the Falcons are

finding it difficult to win consistently.

The soccer team met El Camino yesterday on home turf (score unavailable at press time), and will take on Fullerton Friday.

Injuries played a significant role in the loss to Mt. Sac. Team leading scorer Dardo Acuna missed his second game in a row due to strained ligaments in his left knee. The injury occurred during the win at Long Beach Tuesday. Acuna is expected to return to action in two weeks.

Other injuries include defenseman Jim Cleary with a deep bruise, and Oscar Garcia who played with a separated shoulder and scored the only goal in the loss to Mt. Sac.

The game was very aggressive from the outset with both squads scoring early. Cerritos scored when Willie Ayala fed an assist to Garcia for the goal. The half ended in a 1-1 deadlock.

The kickers regrouped at half time when head coach Bob Flores instructed his team "to continue their strong defense and to challenge the Keepers."

The second half started with both teams needing a quick goal but 21 minutes into the final period, Sac scored, taking a 2-1 advantage.

From that point on, Coach Flores made numerous player substitutions which seemed to spark intensity until a penalty kick failed.

Although defense held tough, Mt. Sac scored again with only two minutes remaining.

Women outrun Long Beach City 21-34

By KENNY O'LEARY
TM Staff Writer

The women's cross country team was victorious over Long Beach and Compton for a double win. The Falcon women beat Long Beach by a 21-34 mark. Since the Compton women didn't show, the ladies picked up an easy entry in the win column.

The Compton coaches were waiting for the teams in the parking lot, but only two of their runners materialized.

On Oct. 31 the women will compete at the South Coast Conference Finals at Golden West. Starting time is 3 p.m.

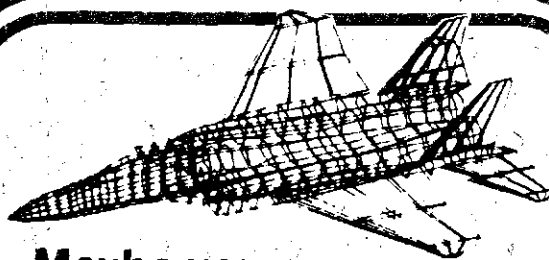
Lea Mac Farlane was first over the line with a time of 20:29.

Second place finisher was Ana Covarrubias with a time of 21:17.

Third for the Falcons and fifth overall was Rochelle Barron with a time of 22:43.

Laura Vazquez was fourth for the team and sixth overall with a time of 22:50.

Placing fifth for Cerritos and seventh overall was Kim Lynk with a time of 22:56.



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Birds home after spoiler

By JOHN WELSH
TM Sports Editor

From one Homecoming to the next.

The Cerritos footballers came from behind a down-and-out 10-0 third quarter deficit, came to life, and left Veterans Stadium last Saturday night as the spoilers of Long Beach's Homecoming.

Cerritos' 17-10 victory, their seventh straight in the two schools 28th meeting, boosted their overall record to 3-2-1 and 2-1 in the SCC, where they find themselves in a four-way tie for second.

Fullerton, who happens to be one of the four in the tie, visits Falcon Stadium this Saturday evening in Cerritos' Homecoming. Game time is 7:30.

Long Beach, after winning their first four, dropped to 4-2 overall and 1-2 in conference.

With 2:10 left in the contest, and up by a 10-9 margin, Long Beach needed only to eat up the rest of the clock to pick up the victory.

However, on third down and seven on their own 29-yard line, the Vikings opted to pass.

What was tragedy for Long Beach resulted in triumph for the Falcons.

Cerritos defensive back Mark Birch intercepted a Jeffery Morgan pass, and suddenly the Birds were in position for the win.

On the first play from scrimmage, tailback Dan Briones, carrying the ball for the first time this season, broke away for a 34-yard game winning touchdown.

Cerritos quarterback Don Sabella, in his first start as a Falcon, found teammate Rodney Bowman by himself in the end zone as he successfully completed the two point conversion.

Sabella, who has been used as a backup to Stuart Betty this season, finished the night with 97 yards on 10 passes in 31 attempts.

The freshman quarterback earned the praises of head coach Frank Mazzotta.

"Donnie played a very smart game. He got up in front of the rush faster than Stuart had been and it made a difference in the outcome," said Mazzotta.

"There was a whole different attitude out there," he added. "The kids were very responsive to Donnie. I felt comfortable and confident putting him in there."

DEAD THAN ALIVE

Before the Falcon heroics, however, Cerritos was a team going nowhere fast.

Long Beach displayed their number one ranked defense in holding the Birds scoreless through almost three entire quarters of play.

The only difference in the first half was a 39-yard field goal by Stan Lambert, giving the Vikings a 3-0 lead with 1:02 remaining.

Long Beach built up their advantage when Stephen Shaw swept in for the score from the 16 yards out. Lambert added the conversion kick and the Vikes were on top, 10-0, with 5:59 left to play in the third.

Finally, after showing no previous signs of offense, the Falcons got moving from their own 24-yard line.

The drive was initiated on a 23 yarder from Sabella to Andre Guidry.

Fale Manu put the Birds on the board for the first time on the night, jumping over the top from the one.

Todd Waymier provided the extra point with 2:05 left in the third period and Cerritos trailed, 10-7.

Long Beach was held back deep within their own territory early in the final quarter, having to punt from their own two-yard line.

The Vikings called a time out. Then, when play resumed, took the safety and Cerritos was then down by only one, 10-9.

In the contest, Cerritos punter Gary Overgauw punted 11 times, accumulating 395 yards.

TM Photo by SEAN DECKER



THE WINNING TOUCHDOWN — Tailback Dan Briones broke away for a 34-yard game-winning TD at Long Beach Saturday. Falcons, now 2-1, are in four-

way tie for second. Fullerton, 2-1, comes to town for Homecoming in Falcon Stadium at 7:30 p.m. Golden West leads conference at 3-0. Birds eye title run.

Saturday game heckuva Homecoming with Hornets

By JOHN WELSH
TM Sports Editor

The team I picked to win at the start of the 1986 baseball campaign did do just that.

I wore my red sox, er, I mean red socks yesterday just to rub it in to the TM Editor-in-Chief.

You see, all during the World Series she told everyone that after the Red Sox take the championship she'll be sure to wear her appropriately colored attire for her feeties.

Not this time Susan babes. She bugged the heck out of me when the Celtics beat the

Lakers in the NBA World Championship. I sure am enjoying getting my revenge.

Well, now that baseball season is officially over, we can get into some heavy football action.

Such as this weekend. This Saturday night in Falcon Stadium there will be the annual clash between Cerritos and Fullerton.

They've played each other every season since 1969. This season's confrontation will be their 21st overall.

Last year's 24-0 Falcon victory marked Cerritos' first win over the Hornets since

1960. Quite a long time to go without a win, eh?

The triumph for the Birds snapped a Fullerton 12-game winning streak and a 17-game unbeaten streak.

Fullerton dominates the series 16-3-1. This year got off a little slow for Hal Sherbeck's Hornets.

The head coach for Fullerton witnessed his squad come out of the gate at 0-2 until finally compiling his 100th career victory when the Hornets edged Bakersfield 17-13.

Now at 3-3 overall and 2-1 in the South Coast Conference, the Hornets will be attempting to hang on in defense of their SCC title.

A year ago Fullerton chalked up a 7-1 conference mark, only losing to the Falcons.

This Saturday's game is the Falcons Homecoming. Just another added feature in the Fullerton-Cerritos tradition.

"It's always been a good football game," said Sherbek.

"Cerritos is as usual big and tough," he added. "Very consistent."

SCC SCOREBOARD

FALCONS 17, Long Beach 10
Fullerton 33, El Camino 31
Golden West 45, Compton 21
Pasadena 41, Mt. SAC 26

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Fullerton at FALCONS
Compton at El Camino
Long Beach at Pasadena
Golden West vs. Mt. SAC

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Alumni kicks off membership drive

(Continued from page 1)

members. The funds will also go toward printing newsletters, postage and newspaper advertising.

Regan had been operating out of the back of his pick-up truck prior to the awarding of the funds.

Regan will kick off the association's membership drive this weekend at the Homecoming game against Fullerton.

"I'm going to have my motor home sitting right outside the gate at Homecoming Saturday night. We'll have membership forms and we'll be offering complimentary tickets to those who join," said Regan.

On Nov. 14 the association will co-sponsor an Art Exhibition and Auction with Upsilon Omicron Fraternity. The event will be held in the Student Center from 7 p.m. to midnight.

Volunteers are needed to assist with the auction. Those interested can contact Regan at Student Activities, ext. 471.

Regan would like to see the Alumni Association resurrect the social activities

once associated with the group.

The organization has been quiet since its beginnings in 1981, said Regan. "We don't want to be quiet anymore. We want to get out and do things," he added.

"It seems to me that everybody is separating from each other," said Regan. "It's not the closeness I once knew when my wife and I first came here. The secretaries and faculty used to put on shows and give out trophies...they don't do that anymore. I'd like to get people back together because this

is one hell of a nice school."

Regan is also interested in seeing the association establish scholarships for students as well as honoring alumni for their accomplishments.

The first such award will be presented at the Fall Awards Banquet on Dec. 5.

Regan is open to suggestions for events the Alumni Association could sponsor. Anyone with ideas is encouraged to call Regan at the Student Activities Office.

Debaters speak out with winners

By LAURA MENDOZA
TM Features Editor

Four "rookie" debaters took top-ten slots in the Aztec invitational held in San Diego on Oct. 17 and 18.

Recognized as top-ten speakers were: Robert Hooper, taking ninth; Gerard Reyes, fifth; Doug Bailey, third; and Bob Pence, second.

Several students placed at the Biola

Tournament Oct. 27 and 28.

Peggy Ochoa place fourth in Novice Informative, while Melissa Drayer came in fifth.

In Open Impromptu, Hose Martinez took fourth place. Tracy David placed fourth in Novice Persuasive.

Kim Garcia received a second place trophy in Novice Split-Duo, and Paul Villalobos placed fifth in Open Split-Duo.

Seminars offer self-help and fun courses

By MONICA MERTZ
TM Staff Writer

Community Services has workshops for everyone. All workshops require a fee and no credits are awarded, but they are helpful in many areas.

On Monday, Nov. 5, professional flower designer Bill Morgan will demonstrate wreath building and discuss table centerpieces and various ways to reuse materials. The workshop will be held in Community Services Room D. The fee is \$25 plus materials costs.

"Replacing Insecurity With Financial Security" is the topic of a workshop scheduled for Nov. 8. Certified financial planner Douglas Baker will discuss planning processes, identification of resources and constraints and estate planning. A \$12 fee is required.

A Lamaze childbirth course will be offered for seven Mondays beginning on Nov. 3. Lynne Williams, R.P.T., will lead the class. Bring two pillows and a blanket or mat. Cost of the course is \$60.

With an emphasis on fun and learning for both parent and child, the "Teaching Your Baby To Read" workshop will be presented on Nov. 2 and 15 from 9 a.m. to noon in Community Services Room B. Bonnie Helberg, M.A. will instruct. The fee for the two-session workshop is \$24.

"Reading and Speaking Aloud With Clout" will help unlock self-confidence that will be beneficial to social and career advancement. Walter Matthews will instruct in Social Science Room 214. The fee is \$20.

Maralys Willis, a professional novelist, will emphasize lively characterization through dialogue, designing plots and compelling stories in the "Improving Your Novel" workshop set for Nov. 11 from 7-10 p.m. The workshop will continue for four consecutive Tuesdays.

Joy through movement, "T'ai Chi Chih" is a form of moving meditation based on Chinese healing principles. It involves no physical contact, just self-awareness. The workshop will run for five consecutive Mondays starting Nov. 3 from 6:15-8:45 p.m.

How to breathe again, deep relaxation, humor, and time management are the highlights of a "Stress Management for the 80s" workshop presented by Patricia Crane. Beginning Nov. 3 and running for four consecutive Mondays, the class requires a \$40 fee.

Judy Albert will tell how to help others through depression and how to live through a depression most effectively in a workshop scheduled for Nov. 8. "Overcoming Depression" will meet in Health Sciences Room 105. A \$25 fee is required.

Community Services has a variety of karate, tennis and ballet workshops scheduled for those who are seeking a more physical approach to things.

Karate classes for teens, adults and beginners will be conducted by Mike Olivia, holder of a First Degree Black Belt.

The musically inclined can attend "The Guitar Workshop," scheduled for six consecutive Saturdays beginning Nov. 8 from 1-3 p.m. Peter Kraus, a UCLA instructor, will teach basic strums and lead guitar techniques using the rapid learning method. Offered to those aged 13 and up, the six sessions will cost \$30.

"Update of VA, FHA and Cal-Vet Financing" is a workshop that deals with updating the latest changes in qualifying for loans. Charles Barger, President of Trent Financial, Inc., will conduct the workshop at Cabrillo Lane School on Nov. 4 and 6 from 3-6 p.m. Pre-registration fee is \$30, registration at the door is \$35.

For information on these and many other workshops, contact Community Services at ext. 521.

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