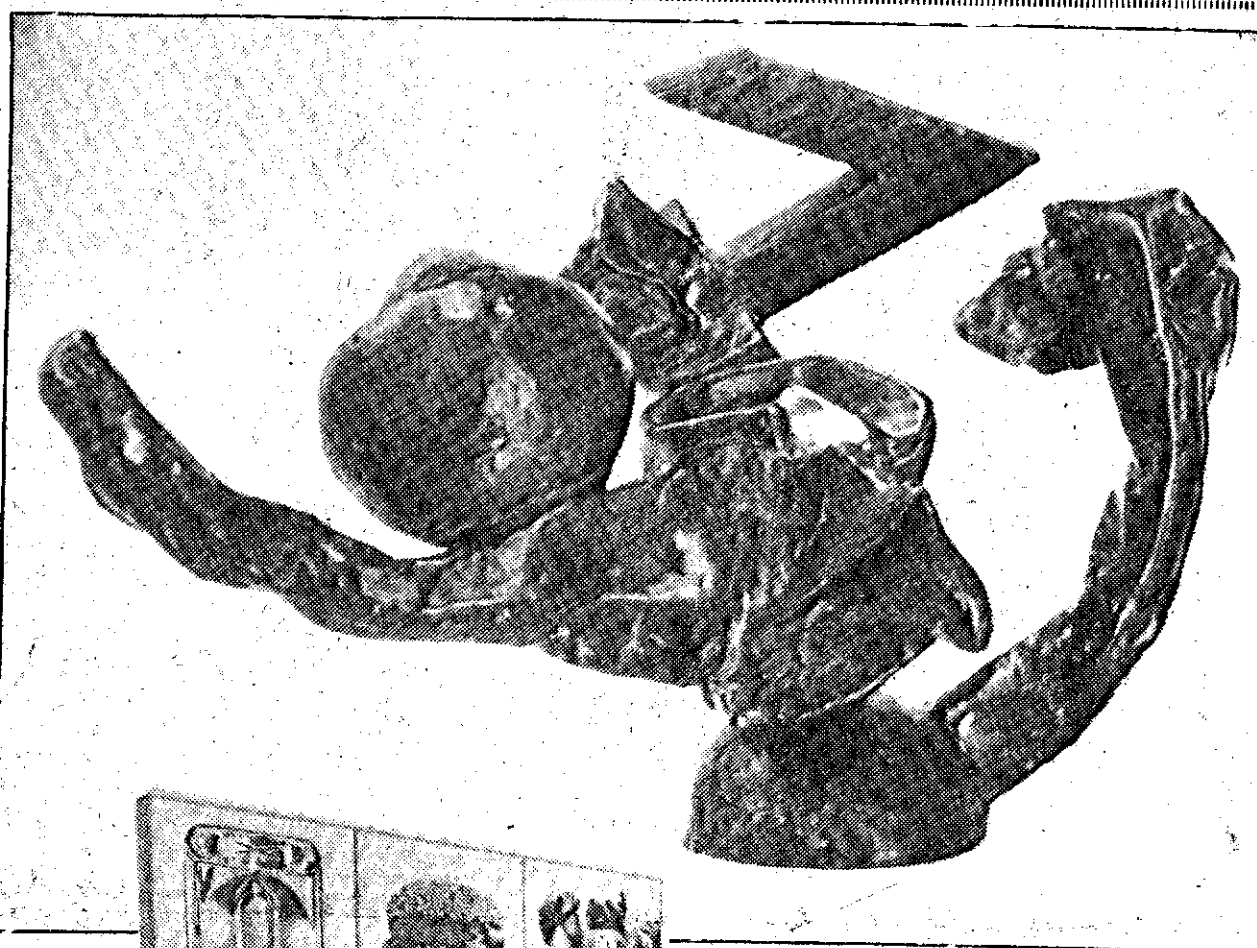


CERRITOS COLLEGE *Talon Marks*

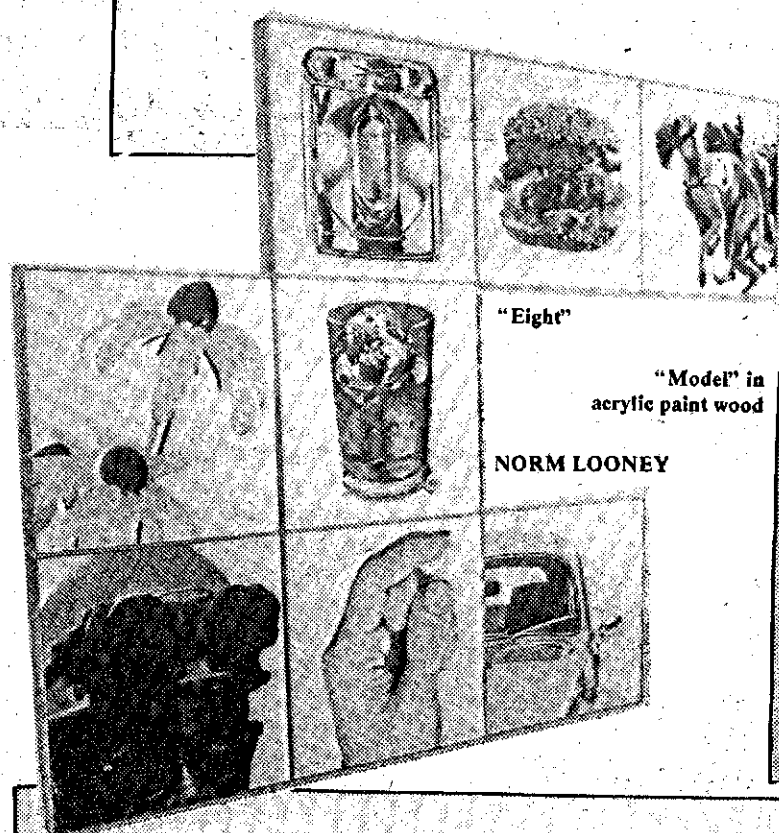
Volume 31, No. 2 • Norwalk, CA 90650 • September 9, 1987



POLLS STILL OPEN



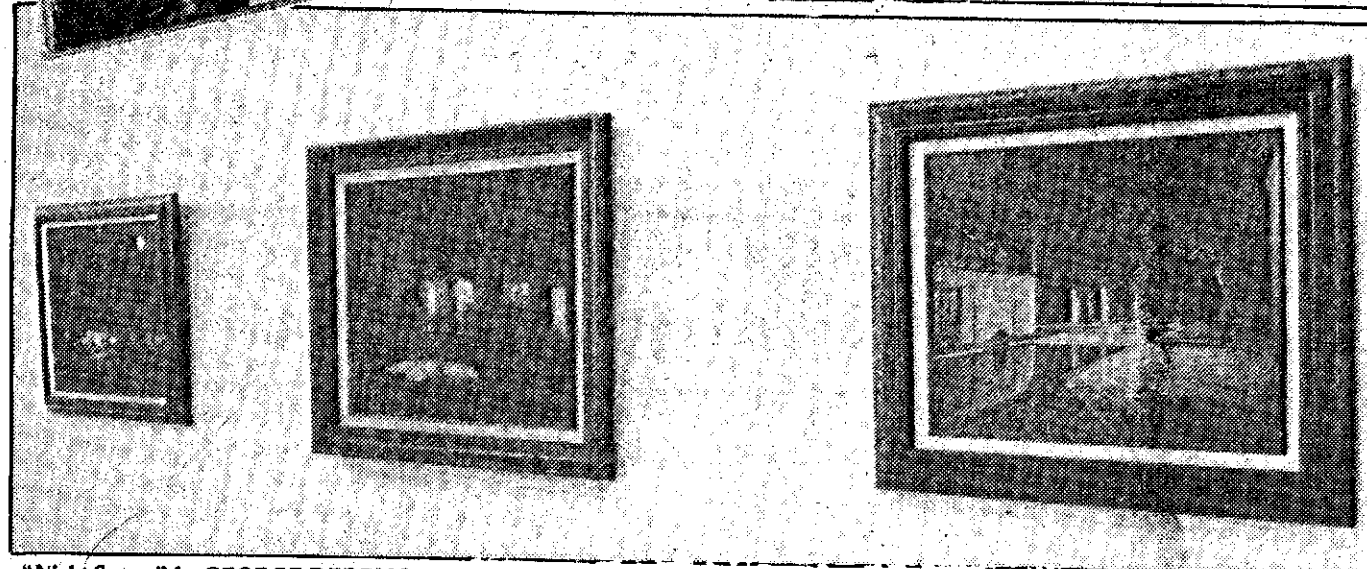
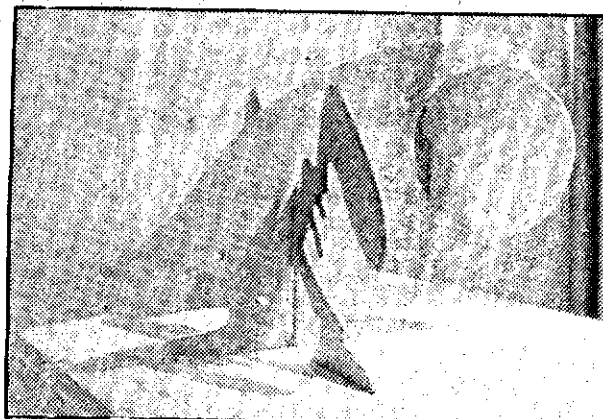
"Transformation — Man Overboard"
DAVID DI MICHELE



"Eight"

"Model" in
acrylic paint wood

NORM LOONEY



"Night Scenes" by GEORGE DEREMO

TM Photos by ELIZABETH ARCALAS

47 seek ASCC Senate seat; voting urged

By NANCY BALLARD
TM Editor-in-Chief

Only four incumbents are among the 47 hopefuls vying for the 32 ASCC Senate seats in voting which started yesterday and wraps up today.

The odds are pretty good for winning a seat.

A surprising lack of campaigning has been blamed for a slow march to the polls yesterday, but officials expect the count to pick up by shutdown time tonight.

No hot issues have stirred up any pre-election excitement this fall. However, the new Student Senate will have several major items to deal with, ranging from a new Student Lounge to special funding requests.

Group interest has been evident in the number of slates that appear on the ballot.

MEChA is leading the ballot with a slate of 10 candidates and the other Hispanic group of AHORA adds to it with four more. Cosmetology is running a close second with six hopefuls, but ASCC officials expect none of the kind of problems with partisan and special interest bickering that have occurred in the past.

Candidates rely on low key campaigns; no 'hot' issues to stir up voters

New Senate arrangement assures everyone of playing an important part in governing student funds and activities, according to officials.

The low Tuesday voter turnout was said by Associate Dean of Student Activities Phil Houseman to be largely due to the three day holiday.

"Students tend to forget about voting, and without a lot of publicity to remind them, they won't bother," Houseman said.

Of the 32 seats up for grabs, approximately one third will go to Freshman. Sophomores and incumbents are fighting it out for the remainder.

The list of candidates includes:

Tiffany Hart, Cosmetology; Dianne Santamaria, Independent; Johnnie Rivera, Alpha Phi Beta; Mary Ann Monk, Cosmetology; Kerri Brown, Cosmetology; Christine Weichers, Cosmetology; Kelly Sanders, Cosmetology.

David Andrew Wood, Alpha Phi Beta; Charles M. Gorman, LDSSA; Reg Bennett, LDSSA; Blanca Perez, MEChA; Oscar J. Novelo, MEChA; Jorge Mijares, MEChA; Amir S. Durrani, MEChA; Shelley Powell, MEChA; Salvador Ramirez, MEChA; Manuel Rincon, MEChA; Alfredo Rivera, MEChA; Lea Castillo, Cosmetology; Liz Fraga, Independent; James Smith II,

(Continued on Page 2)

● 'HOOSIERS' SHOWS

The hottest basketball movie these days, "The Hoosiers," shows free by ASCC Thursday night at 7 and 9 in Burnight.

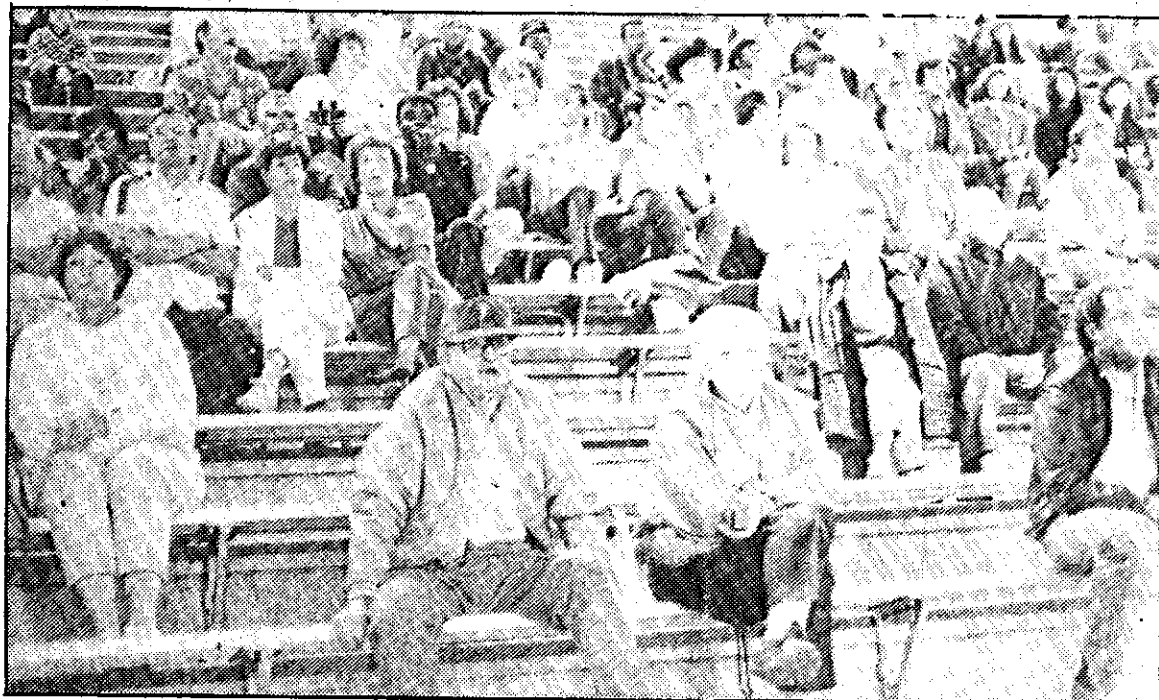
● LRC SATURDAYS

The Learning Resources Center is now open from 9 a.m. to 3 p.m. on Saturdays. It's closed Sundays.

● SOCCER WINS

The Falcon soccer squad opened yesterday with a 2-1 triumph over visiting San Diego Mesa.

TM Photo by KENNY O'LEARY



FOOTBALL: Biggest game in town

Saturday night's pre-season opener at Falcon Stadium against heralded 6-2-2 San Diego Mesa is expected to see a big turnout of enthusiastic fans. Last weekend's "scrimmage" against Glendale saw the fans quiet and speculative before the storm. Our team is expected to repeat as conference champs. It's worth a night out....

All's too quiet at the polls

It's hell.

The registrar ladies are ensconced at their respective polling places on campus.

They sit quietly for seeming hours, often with only a lone student moping by to vote a max of 10 souls into the fiery mix of the Student Senate.

It's loneliness incarnate.

It's like hell.

Ballots are infrequently slipped through the slots of the boxes that appear to be growing cobwebs.

Where have all the voters gone?

Why no motivation to make the marks?

Are they even aware that an election is taking place?

We hope.

Apparently there are better things to do, that's all. When you've got to go, you've got to go.

Wherever.

But gosh, wouldn't it be great if the students could

spend three minutes and vote.

But maybe we're asking too much.

But why even try to bang it over their heads? If they're not going to vote, they're not going to vote.

And this much enthusiasm for a student government program that holds the upwards half of a million dollars in their budget....

The ladies are waiting patiently.

Today.

Right now.

They'll attempt to help any lost souls who want to make a difference.

Now the poll areas are calm. No long lines in which to be frustrated.

Must be the heat keeping the registered voters away.

That's it.

Most semesters it's better.

But this one....

It's hell.

Talon Marks

Production and printing of *Talon Marks* is funded by the Associated Students of Cerritos College. Facilities and supervision are provided by the College. It is produced by the students enrolled in the academic Journalism program.

EDITOR-IN-CHIEF NANCY BALLARD

Associate Editor JOHN WELSH

Managing Editor KEVIN LINDSEY

News Editor KARLA HUFENBACH

Features Editor KENNY O'LEARY

Sports Editor PAULA PEARSON

City Editor MICHAEL SEDBERRY

Chief Photographer GARY APODACA

STAFF WRITERS: Armando Ayala, Richard Delaby, Mark Heustis, Linda Jones, Gabriela Martinez, John McDougal, Edward McGinn, Karibeth Myers, David Nowell, Sharon Perez, Steven Perkins, Heidi Riedman, Donovan Shull, Ramona Treman, Sylvia Vela.

Lab Technician Elizabeth Arcalas
Adviser C. Thomas Nelson

Talon Marks is published by the Department of Journalism and Student Publications, C. Thomas Nelson, Chairman. Offices are located in Arts and Crafts (AC42) Cerritos College, 11110 Alondra Blvd., Norwalk, CA 90650. Dr. Ernest A. Martinez, President. Telephone (213) 860-2451, Extension 377.

Unsigned editorials are the responsibility of the *Talon Marks* Editorial Board. Other views are solely those of the author of the article and are not to be considered opinions of the *Talon Marks* staff, the editorial board, the advisor, the Cerritos College administration, or the Board of Trustees.

VOTE IN ASCC ELECTION NOW

(Continued from Page 1)

Theatre Arts Society; Nate D'Amicom, Theatre Arts Society; Nanci Keatley, Independent.

Patricia Amiot, Independent; Kimberly Garcia, Independent; Greg Schwartz, Independent; Kelly Kafel, Lambda Alpha Epsilon; Patricia Montes, MEChA; Lisa Moody, Independent; Gail Brunsting, Independent; Eddie Perez, AHORA; Lorna I. Vargas, AHORA; Diana Ortiz, AHORA; Ivette Nunez, AHORA

Michael Negrete, Sigma Phi; Mike Zoetewey, Independent; Nabeel Bahu, Independent; Tim Morovick, Independent; Darian Schoolmeester, Independent; Kevin Walker, Independent; Karen Stufflebeam, Independent; Todd Andre, Independent;

Edward F. McGinn, Independent; Sherry A. Senf, Independent, and Norma Ortega, MEChA.

This Fall's Senate is expected to be a "year of change and renewal," according to Houseman, since last year's slate has either graduated or aren't running.

New president Alex Macksoud said he is looking forward to so many new students getting involved.

Houseman concurred, noting that the new students "will give the Senate a much needed shot in the arm."

Houseman described Macksoud as "Well organized and has clear-cut goals leading students towards the common goal of a more unified school, and he has a positive attitude towards his job that shows."

"He's established himself as a sincere, dedicated leader, and that will bring stability and confidence to the new Senate," House-

man said, emphasizing that this is important with this being the biggest turn-over in student government in years.

The new Executive Cabinet will be approved by the new Student Senate at next Wednesday's first meeting being held at 2 p.m. in BK 111/112.

The new Commissioners of the Executive Cabinet to be ratified are:

Vocational Education — Kelly Carter, Assistant Idali Serrano; Athletics — Sandie Foster, Assistant Gene Stuben; Publicity — Susie Peppers, Assistant Teri Weinstein; ICC — Wendy Harris, Assistant Diana Fay; Fine Arts-Sylvia Verdin; Activities-Al Reyes, Assistant Holly Bogdanovich; Disabled Students — Andrew Celaya; Financial Aid — Jesus Gomez; Extended Day—Allen Holland; Student Services — Brian Sailors; Records & Information—Melissa Drayer; Finance & Budget — Tina Adele; Senate Party Whip — Ed McGinn, and a new Student Center Commissioner,

Darin Manser.

Despite so many new faces, both the Senate and Cabinet are expected to get off to an enthusiastic start, according to student government watchers who say they detect a refreshing new spirit in the student activities area.

Voting today will be run from 8:30 a.m. to 2:30 p.m., and from 6 to 9 p.m. to make it possible for all students to participate in the Senate election.

Voting booths are located in the Health Sciences Building, the Student Center and the Social Science Building.

To be eligible to vote, a student must be an ASCC member. Stickers must be presented at the polling place.

Voters may choose 10 candidates, with the top 32 filling the Senate seats.

For students wishing to get more involved, several committee positions are still available. They should contact the Student Activities Office.

KARLA HUFENBACH

Re-entering the madhouse is just the ticket...

College: Madhouse. School. Prison. Society.

Funny how those particular suggestions on Mr. Roget's list sometimes seem so apropos.

Of course, college does seem a darn good place to pursue a higher education...to go to school.

For some, the education is viewed mostly as a means to an end — good job, money, prestige, the usual.

For others, it's the challenge of the pursuit.

Admittedly, a fairly typical housewife stereotype, I can relate to the latter.

Not searching for the career or status in

the business world, But not willing to vegetate on soaps, Scouts, Brownies, little league, shopping and the PTA etc.

Once I was more in the education-motivated grind, but since a student number is good for life, you can return to school anytime.

It's nice being a re-entry student.

It's somehow easier to truly appreciate the time spent at school.

There's a lot of support here on campus, what with the likes of regular students, teachers, re-entry students, and the Resource Center.

Quality child care is available for a reasonable rate, making it possible for

parents with pre-school children and children out of school early to attend.

Arriving after 8 a.m. for the walk in from the parking lot is a great exercise opportunity if you have to give up the Fonda thing.

A good class, like the one I took about Mass Communications and society, cleans out the cob webs and gets you thinking about life and what's happening in the real world. It's good to know how to observe the obvious in a new light.

Practically any class offers a place to meet interesting people, not only the instructor, but other students as well.

As one who has led a rather sheltered

life, it's nice to see another side of things, sometimes gaining perspective from other generations.

Of course, there is practical knowledge, too.

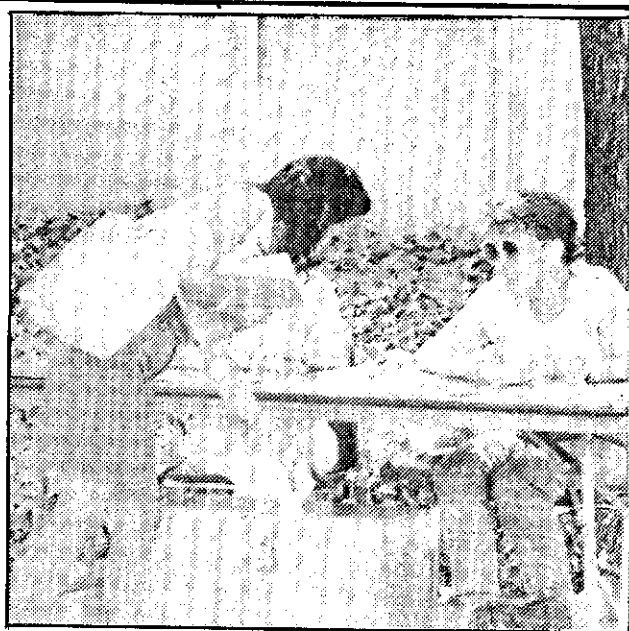
For example, I've already learned how much it costs if the campus police can't see your parking permit.

It's \$18 or a day in court.

Ahhh...learning. But that's what this mad house is all about.

At least to this slightly mad housewife.

Of course, you can pick up a hefty parking ticket lots of places not nearly so stimulating as in this society of learners imprisoned by the chains.



TM Photo by David Nowell

VOTING

Voter turns in choices during yesterday's opening balloting for fall ASCC Senate seats. Elections continue today, with polls not closing until 9 p.m. at three spots around campus. Total of 32 seats are up for grabs by 47 candidates. Voting is expected to pick up today after a slow opening.

Diverse slate of university reps at Transfer Center this month

By KARIBETH MYERS
TM Staff Writer

A diverse slate of colleges and universities will have representatives in the Transfer Center this month. Reps will be on hand to answer questions and provide information on the following schedule:

- Sept. 9 — CSU, Fullerton 9 a.m. - 1 p.m.; SCHEC 9 a.m. - 1 p.m.; UC, Riverside 1 p.m. - 4 p.m.
- Sept. 10 — Chapman College 9:30 a.m. - 12:30 p.m.
- Sept. 14 — UC, Irvine 9 a.m. - 3 p.m.; CSU, Long Beach 9 a.m. - 1 p.m.
- Sept. 15 — CSU, Fullerton 9 a.m. - 3 p.m.
- Sept. 16 — CSU, Fullerton 9 a.m. - 12 p.m.
- Sept. 17 — CSU, Dominguez Hills 9 a.m. - 1 p.m.
- Sept. 22 — UC, Irvine 11 a.m. - 6 p.m.; CSU, Fullerton 9 a.m. - 3 p.m.
- Sept. 23 — CSU, Fullerton 9 a.m. - 1 p.m.
- Sept. 24 — USC 10 a.m. - 2 p.m.
- Sept. 29 — CSU, Fullerton 2 p.m. - 7:30 p.m.; CSU, Long Beach Orientation and General Information 10:30 a.m. - 1 p.m. in HS102, (also for anyone who will attend a CSU).
- Sept. 30 — CSU, Fullerton 9 a.m. - 1 p.m.

The annual California University and College Day will be held on Thursday, Oct. 22, from 10 a.m. - 1 p.m. in front of the Student Center.

Scores of schools will have representatives on hand.

Everybody's gotta get a social security No.

RICH DELABY
TM Staff Writer

In 1986, a Tax Reform Act was passed that requires Social Security numbers for all dependents five years of age or older. The numbers are to be listed on tax returns for the year 1987.

In order to help students obtain Social Security numbers for any dependents they may have, the Business Office has requested a supply of forms from the Department of Health and Human Resources.

To pick up forms or receive assistance, contact the Personnel Office or the Department of Health and Human Resources.

NEEDED! — Children's Dental Building needs dental assistant and/or secretary. Fantastic opportunity for pre-med, pre-dent, nursing. Evening/Sat., Sun., flexible hours. Five minutes from campus. Call 924-4401.

INSURANCE WAR! We'll beat anyone's prices or don't want your business. Sports cars, multiple tickets, good driver discounts. Request "Cerritos Plan." (213) 873-3303 or (818) 992-6966

Beach Blanket Peep Show kicks off theatre season

By KARLA HUFENBACH
TM News Editor

Kicking off the Theatre Department's 1987-88 six-show season will be Beach Blanket Peep Show. The Generic Improvisational Peep Show, star's in this spoof of the 60s beach blanket movies.

The comedy/improv show will run in the Burnight Studio Theatre for six performances; Sept. 24-26 and Oct. 1-3. Show time is 8 p.m.

Although some skits are integrated into the performance, the Peep Show is mostly improvisation.

The audience provides suggestions and hilarious scenes, and vignettes will materialize.

The generic Improvisational Peep Show was founded by director Kevin Hoggard. They have been performing locally and regionally for over two years. The actors have gone through rigorous training in improvisation techniques to prepare for the show.

Hoggard has been involved with a number of improv groups, most notably the Burpee's Seedy Theatrical Company and the National Biscuit Company, both of which still tour the country.

Members of the Generic Improvisational Peep Show are: Jana Bowdish, Joe Harris, Sherry Hodge, Kevin Hoggard, Ray Martinez, Marabeth Mudge, Eric J. Dicky, Paulette Taormina and Sal Velazquez.

Open auditions for the upcoming comedy "A Flea in Her Ear" will take place on Wednesday, Sept. 30 at 6:30 p.m. in the Burnight Center Theatre.

'Speaking Up For Yourself' set as Re-Entry Center workshop

By KARIBETH MYERS
TM Staff Writer

The Re-Entry Resource Center is offering three free workshops in the month of September.

"Speaking Up For Yourself," an assertion training workshop, meets Wednesday, Sept. 9, 6:30 p.m. - 8:30 p.m., in the Assessment Center.

Participants will learn ways to give and receive criticism constructively, and to express themselves more openly.

"Open Your Own Doors" is a two-part workshop, offered in two separate series, designed to help identify skills and aptitudes that can lead into well-paying, non-traditional jobs.

"Series One" will be held on Sept. 19, 9 a.m. - noon, and Sept. 28, 6 p.m. - 9 p.m. at John S. Simms Park, Bellflower. The registration deadline is Sept. 16. "Series Two"

There are roles available for five women and nine men, ranging in age from 19-60. Auditions will consist of cold readings and improvisation. Essential for hopefuls is comic timing and a strong sense of character.

Cookbook spices Foundation funds

By PAULA PEARSON
TM Sports Editor

The Cerritos College Foundation's newest fundraising idea is a cookbook.

These recipes will be submitted by foundation donors, alumni, staff, faculty, students, local restaurants, local fire departments and any other interested person from the Cerritos College district.

The cookbook will have 10 food categories from appetizers to main courses to desserts.

The best 250 recipes submitted will be featured in the cookbook.

The cookbook is also having a title contest. Suggestions and ideas should be sent to Community Services along with the recipe form.

Forms for both contests can be picked up in Community Services.

All proceeds will go to the Cerritos College Foundation. These funds will be used to establish specialized accounts for each division on the campus such as the Liberal Arts or Mathematics Divisions.

will be held on Sept. 28, 9 a.m. - noon, and Sept. 30, 9 a.m. - noon, at Cabrillo Lane School, Cerritos. The registration deadline is Sept. 23.

The "Math Without Fear" workshop, an evening of math games, puzzles, and fun, will be held Sept. 23, 6:30 p.m. - 8:30 p.m., in the Assessment Center.

There is also a Re-entry Students Support Group meeting on Wednesdays at 11 a.m. - noon, in the Assessment Center.

For more information call the Re-Entry Resource Center at 860-2451, Ext. 530, or stop by the Assessment Center.

'81 Jetta, 5 speed, sun roof, am/fm cassette, new engine under warranty, assumable dealers warranty, 2 door, new clutch and in excellent condition, call 860-3475 before 8 a.m. or after 5 p.m.

Word process training

DONOVAN SHULL
TM Staff Writer

Free, open entry job training is now available for word processors.

A minimum nine week session of daily classes from 9 a.m. to 1 p.m. offers individual counseling, job placement help, free tuition, books, bus fare, and child support to "economically disadvantaged" persons who reside in Cerritos or surrounding cities.

A typing test is also required.

For more information, contact Betsy Stewart at 860-2451 Ext. 332 from 8 a.m. to 3 p.m.

GOVERNMENT HOMES for \$1.00 (U Repair) BUY DIRECT! Reps & Tax SEIZED properties. Call TODAY for FACTS! 1-518-459-3546 EXT 42955 (TOLL - Refundable) 24 HOURS

FASTCOPY

XEROX 4¢ PER COPY

Typing \$2 per page

- Self or full service
- Single color copying
- Enlargement or reduction
- Collating & stapling
- Instant passport photos
- Bindery
- Typing service
- Resume service

(213) 860-4408

(Cerritos Triangle Across from Cerritos Mall, upstairs)

11383 E. 183rd Street
Cerritos, CA 90701

HOURS: M-F 9 a.m. to 6 p.m.
Sat & Sun 11 a.m. to 3 p.m.

CHAMPS HOST SD MESA

Falcons open here Saturday night

By JOHN WELSH
TM Associate Editor

The Defending South Coast Conference Champion Cerritos College Falcons will open up their challenging non-conference schedule this Saturday night in Falcon Stadium for a 7:30 kickoff with San Diego Mesa.

It will be the 18th meeting between the two schools, with the Falcons dominating the series 12-4-1. The tie occurred last season at Mesa's Merrill Douglas Stadium when Cerritos came back from a 21-0 third quarter deficit to knot the contest 21-21.

The Falcons finished with a 7-3-1 slate last season.

Cerritos has never lost to Mesa in Falcon Stadium in nine prior contests. San Diego Mesa, a 6-2-2 finisher last year, has not beat the Falcons since 1982.

Falcon running back Andre Wooten will be the player in the spotlight in Saturday's contest.

Wooten, touted as simply the best running back in Cerritos College history, has the stats to back up this claim.

Despite missing two-and-a-half games due to an ankle injury, the All-American broke the school's longest standing individual record in rushing for 1,184 yards on 208 carries.

Sophomore quarterback Don Sabella will be the Falcons' top gun at that position. Last season he played back-up to Stuart Betty, although starting in two games.

Sabella threw only one interception in the regular season while completing 22 of 60 passes for 260 yards.

Cerritos is 18-11-1 in its season openers and is undefeated in openers for the past three seasons.

Mazzotta sports a 57-32-2 career mark with the Falcons. He opposes Mesa's Len Smorin who is 68-41-2 in 11 seasons with the Olympians.

PREVIEW

The non-conference schedule is one Mazzotta views as some fierce competition.

Mazzotta, in his 10th year at the helm, looks at the four teams (including last week's scrimmage with Glendale) as four of the best in California.

San Diego Mesa, Sacramento City and Taft bring in a combination of a 25-5-3 record from each of the school's respective campaigns from last season.

"Outstanding," said Frank Mazzotta on Saturday's scrimmage with Glendale. "We're a little better defensively than people anticipated."

Last year saw Sac City and Taft both receive bowl bids, with the Falcons coincidentally meeting up with Taft in the Potato Bowl.

Cerritos went a combined 1-2-1 last season against its three non-conference opponents.

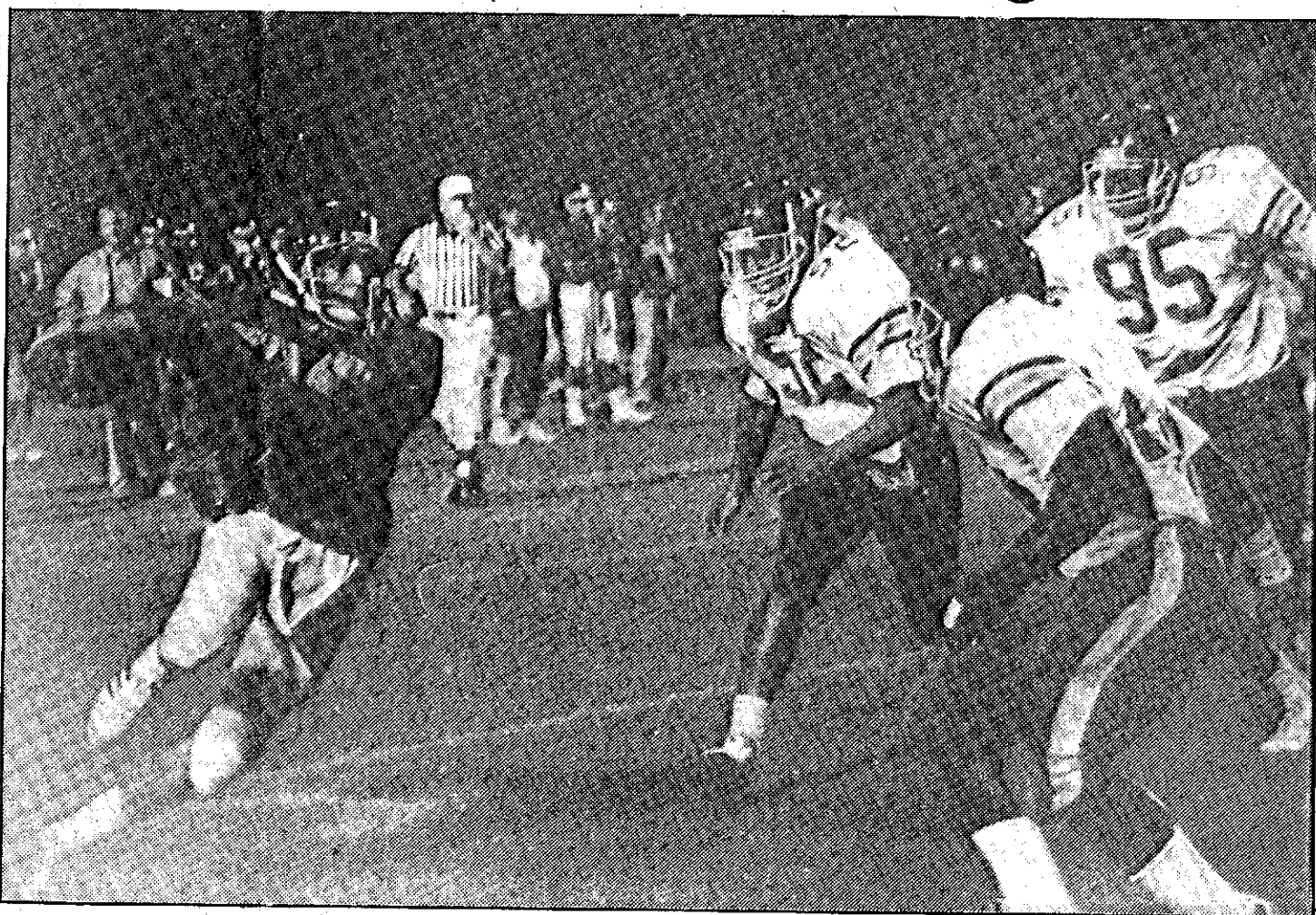
TEAM MAKEUP

With an exceptionally large offensive line (Dubbed the "300 Club" said Mazzotta, "And if you're 280, you don't get in"), a returning and respected quarterback in the name of Don Sabella, and the ever so dynamic Andre Wooten showcasing the running back spot, the Falcons are looking tough when they have their talons on the ball.

But the defense is something Mazzotta hopes will be able to come around.

"We just need time," said Mazzotta. "All teams rely on the defense."

But it's not all no go with the defense. Lawrence Hubley, Eddie Stokes, Marc Birch, Keith Sparks and All-American Junior Monarrez are expected to provide the necessary pressure on opposing offenses.



TM Photo by DONOVAN SHULL

TRIO OF TALONS — A Falcon triangle of tenacious defenders swoop in on Glendale ball carrier in last Saturday's scrimmage. Cerritos head coach Frank Mazzotta

feels optimistic on team's outlook. A tough non-conference schedule awaits. Falcons play host to San Diego Mesa this Saturday at 7:30 p.m.

Falcon runners gear up for Fresno Invitational

By PAULA PEARSON
TM Sports Editor

This Saturday the men's and women's cross country teams will meet at the Fresno Invitational at Woodward Park.

Last year the Falcons placed sixth in the South Coast Conference. They ended with a 4-3 team dual meet record.

Coach Kamanski was a bit disappointed because the Falcons previously had been in better form at the other meets.

Aurelio Trujillo is the runner to watch. Trujillo was the Falcons number one man on last season's 4-3 team. He placed seventh in the South Coast Conference, 28th in the Southern California Championships, and 48th in the State Championships last year.

Returning to the fall line up are lettermen: Jose Bibian, John Perez, Jim Belle, Chris White, Pete Hirezi, and Andy Nogal.

Nogal was held out last season due to injuries. But that didn't stop him to come back and join the track team ending with an outstanding season.

The Falcons picked up Ron Jensen. Jensen ran for the Falcons track team last spring. According to Coach Kamanski, "Jensen is a very strong and capable distance runner who will be an asset to the team in the first line up."

Freshman "Nacho" Lopez from Norwalk High is also joining the Falcons. Kamanski says that he looks great in the

workouts.

The first team so far includes: Trujillo, Nogal, Jensen, and Lopez. The final spot will probably go to Perez. Perez finished sixth in last year's season.

Other new members on the team include: Al Castillo, Hector Contreras, Ivan Guillory, Fernando Reza, David Sharp, William Clark, Anthony Guayado, Eddie Perez, and Jose Villalobos.

Returning on the women's team will be Esther Cuellar, Veronica Ortega, and Anita Brown.

New to the line up are: Katie Jackson, Rosa Manjarrez, Colette South, Maria Chaney, Jill Glassey, and Barbara Guterac.

Flag intramural football league formed

By JOHN WELSH
TM Associate Editor

Men! Grab your cut-off T-shirts! Put on your athletic shorts! Wear your most rad sneakers!

Dead hour on Tuesdays and Thursdays beginning next week will feature a new program that will allow you to participate in a sport ritual that is almost synonymous with fall.

It's not the NFL, but the Men's Flag Football League is sure to offer an exciting extracurricular activity for clubs, students, faculty and employees.

The MFFL is one of four sports that will be offered throughout the school year in the intramural program headed by Jerry Hernandez.

A mandatory meeting for all team managers will be held tomorrow at 11 a.m. in BK 111/112.

Three-on-three basketball is the next sport on the agenda, with volleyball and softball to follow next semester.

All sports, with the exception of flag football, will be co-ed.

Each team is required to post a \$25 forfeit fee with their entry which is returned to them at the end of the season if no games were forfeited by that particular team.

Inter-collegiate athletes may participate in the program but not in the sport they compete in.



JERRY HERNANDEZ

"There is going to be a point standing that will be posted in the Student Activities Office," said Hernandez, the assistant coach for the men's basketball the past two seasons who now has moved over to the women's program.

"The point system will be based primarily on participation," Hernandez added.

Members on the first place team will receive T-shirts signifying their "Intramural Championship" in the respective sport.

Some of the rules governing the MFFL will be non-contact, no hurdling and no flag guarding.

All necessary equipment will be provided by Student Activities at the site of the game.

The season should last approximately six weeks with each team playing once a week.

If you find yourself short of a team, or a couple players short, go ahead and leave your name with the Student Activities Office and the Activities Coordinator will place you on a team.