

### **2** Talon Marks

## EDITORIALS

Wednesday, Oct 31/90

## Snapping back after frenzied holidays, finals

Snap your fingers! Marking the tragedies of war. Parades and special services. In Arlington...the tomb of the unknown soldier.

Cerritos College will close Veterans Day, Nov. 12.

How about a field trip? Relish the extended weekend. Catch up on your reading: be productive. You don't have to read Tolstoy's <u>War and</u> <u>Peace</u>, but I recommend you study...some.

Sarah Josepha Hale promoted Thanksgiving as a national holiday in <u>Godey's Ladies Book</u>. In 1830, New York recognized it, and in 1855, Virginia joined the celebration. These two states led the nation.

In 1863, President Abraham Lincoln declared it a national holiday. Roosevelt and Congress have juggled the dates since then, pushing it back for the merchants.

Therefore, our day of giving thanks, Study. Just when you thow which evolved from the Harvest Festivals to come out of the closet. in England, is Nov. 22, Snap your fingers.

Don't spend your Thanksgiving vacation shopping or gorging yourself. What you really need to do is...

#### Snap your fingers. Finals! Don't get trapped in an

Study!

Don't get trapped in an all-night cram session. Cramming is the primary cause of "Analytical Breakdown." The symptoms are lower grades, deep

seeded rationalization that could, in extreme cases, cause amnesia,

Quick! What is your name?

Snap your fingers again. "Can you smell the chestnuts roasting

on an open fire?" Dec. 20, marks the last day of our 1990 Fall semester. Awww...now for the "sabbatical

leave." Time to ponder, reflect, read trashy novels, shop for presents, charge everything and celebrate. Before you know it, you'll be making New Year's resolutions. "I promise to

New Year's resolutions. "I promise to devote all my free time to studying." "I will never procrastinate again."

Snap your fingers once more. Jan. 14 brings the dawning of new beginnings, Spring semester. "Conjugation." Fresh aspirations, new

instructors, a date with the book store and we're off.

Start your engines! Remember the three keys to being a superior student-Study, Study and more Study. Just when you thought it was safe to come out of the closet. Snap your fingers.

> Written for the Editorial Board By Maudeen Dixon

Queen—a woman noted for her beauty and accomplishments.

Although Webster's meaning is not the first and foremost of qualities Homecoming Queens are noted for, they do stand for something—don't they?

When choosing a Homecoming candidate the average student will pardon the pun—judge a book by it's cover.

One cover is looks...your stereotype Homecoming Queen requirement...and, frankly, we don't object to traditional college America.

In another scenario the cover is clubs, organizations, fraternities, sororities, and other specialty groups

sororities, and other specialty groups that back the candidates. Although all the candidates are worthy and deserving of the prestigiou

worthy and deserving of the prestigious title "Queen," their sole achievements are not the "sole" attribute that determines the "voters choice." Many aspects are read into Homecoming, some novel, and some containing the same old plot. But the basic binding of "club

and candidates" prevail. Basically ones vote depends on the promoter—the association that the "Queen hopeful" is backed by. A spot in the Homecoming race is not only for the individual running but for their sponsors as well.

Judging cover to cover

It doesn't take an Einstein to figure out who will be the top contenders in the competition.

All one has to do is look at the size of the backer to distinguish the aspirants measure of success in the race.

Simple math. The larger the organization, the more

votes the nominee acquires. With all the "pomp and circumstance" drama that the Queen elections provoke, certain obvious things are over-looked.

The title of Homecoming Queen is a shared one by both candidate and backer—with the winners being the years best-seller.

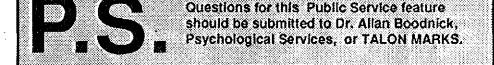
Written for the Editorial Board By Lisa Puch

### Award apps available

Nomination forms for the 1990 Fall Award Banquet will be available in Student Activities on Monday, Nov. 5. This year's banquet will be held at the Sheraton Hotel in Cerritos on Dec. 7 at

Completed nomination forms are due in the Office of Student Activities no later than 4 p.m. on Friday, Nov. 16. If you have any questions, contact Student Activities, Ext. 471.

Sheraton Hotel in Cerritos on D 7 p.m. Completed nomination forms



Q. "I've heard that being molested and then becoming a prostitute happens a lot: can this happen to me?

A. Incest is the most common form of sexual abuse suffered by teen prostitutes. One study found that one out of every three incest victims was abused from the age of seven until she ran away.

In a San Francisco study, 96 percent of runaways left home to escape abuse. Another study found that teen prostitutes had been molested by two persons each.

A small number of teenage prostitutes live at home in affluent suburban surroundings, viewing prostitution as entertainment or as an escape from boredom, "like some drug users."

This wouldn't happen to you because you are reaching out for help. Psych Services is a starting point...Please come in.

Q. "I freeze up with test and class papers. I don't know if I have panic or anxiety attacks, and what's the difference?

A: Panic and anxiety attacks effect a reported 12 million people, and probably two times as many not reported. More women than men suffer, generally in their

mid or late twenties. Depression, alcohol and drugs in families can be contributing factors.

Panic in physiologic — like losing your balance for 3-5 minutes; rapid heart beat; choking — all coming on within seconds. Panic leads to *anxiety*, which immobilizes us and feeds on itself, becoming chronic.

Biofeedback, relation exercises, counseling and medications all contribute to controlling and eliminating panic and anxiety from occurring.

Q: "I don't hear much about AIDS anymore. Is the problem over?"

A: While some cure hopefully is being developed, the problem still is very much with us. Scientists throughout the world are working on it, fueled by many fund raising benefits, as the government has not adequately supported the elimination of the AIDS scourge. Yes, cancer occurs more frequently, but all cancers do not lead to death, as does AIDS.

The single most effective route is prevention, which means abstinence or safe sex, and no IV drug use — period! More information of a personal or general nature can be found through the AIDS Hotline: (800) 342-AIDS.

## **Talon Marks**

TALON MARKS is produced weekly by Journalism and Communications majors and minors and others interested in enhancing their writing, analytical, and critical thinking proficiency — and in developing highly marketable primary and secondary skills. It alternates standard and tabloid formats.

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Offices are located in the Arts and Crafts building, Room 42 (AC-42) Cerritos College, Dr. Ernest A. Martinez, President, 11110 Alondra Blvd., Norwalk, CA 90650. Telephone (213) 860-2451, Ext. 376, 377, 378. EDITOR ..... ....Lisa Puch Managing Editor..... ....Angel Gilbert ....Angelita Moraga News Editor ..... ....Charlie Waldorf Associate Editor/Sports..... ... David Medina Sports Editor ..... Assistant News Editor ..... Dennis Pangilinan Features Editor ..... "Dodie O'Donnell **Opinion** Editor.... "Phil Miller Chief Photographer .... ...Larry Langley

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Wednesday, Oct 31/90

## **NEWS/FEATURES**

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# Vote for Queen, today and tomorrow

BY LISA PUCH TM Editor-in-Chief

Elections to determine Homecoming Queen are today and tomorrow. Voting booths will be open from 8 a.m. to 2:30 p.m. and from 6 p.m. to 9 p.m. Over 1079 votes were tallied in last weeks election for the 1990 Homecoming

\$

Court, one of the biggest voter turn-outs in recent history. The high vote count reflected the all-out

efforts in campaigning. L.D.S.S.A., Upsilon Omicron, and

Sigma Phi, all three traditional front-runners who were expected to make strong showings failed to place candidates on the Court.

Winners were announced at the pregame reception on Saturday, Oct. 20.

The seven princesses are in alphabetical order, Carla Alarcon, Students Offering

Support; Yvonne Armendariz, Alpha Gamma Sigma; Inez Lopez, Puente Club; Lisa Loya, Cosmetology; Rosie Partida, A.H.O.R.A.; Raquel Rameriz, Beta Theta



Chi; and Stacy Stensrud, Theatre Arts Society.

The Mock Rally, held last Thursday, ended in a tie between Raquel Ramirez's double Jessie Ruiz, a member from Beta Theta Chi, and Stacy Stensrud's stand in, Brett Asolas from the Theatre Arts Society.

This year's judging started a new trend with the Faculty and Staff choosing the winner, as opposed to the previous crowd cheering methods used before.

Float building began on Monday, with the annual gala parade, all entries must be completed by Homecoming Day, Nov. 3 for judging.

The 18 floats all carry the "Cartoon Capers" theme they include: "The Far Side," Upsilon Omicron; "Bugs Bunny," Kappa Psi Theta; "Jetsons Meet Flinstones," Beta Theta Chi; "Bart Simpson," Delta Phi Omega; "Roger Rabbit/Dick Tracy," L.D.S.S.A.; "Betty Boop," Iota Phi Omicron; "Popeye The Sailor Man," Students Offering Support; "The Little Mermaid," A.H.O.R.A.; "Alice

In Wonderland," Sigma Phi. Others are: "Sea Witch From The Movie Little Mermaid," Cosmetology; "Cartoon Capers With Disney Characters," Phi Rho Pi; "Scooby Doo & Shaggy Too In Their Van," Lamda Phi Sigma; "Yogie Bear & BooBoo," Alpha Gamma Sigma; "Felix The Cat," Alpha Phi Beta; "Porky Pig (As A Keystone Cop)," ACJA/LAE; "Precious Moments," Campus Crusade For



SATURDAY CONFERENCE — Drug Free Conference on campus Saturday featured wide range of speakers, including Steve Navarro campus Wellness director, chatting with Counseling's Dr. Jewel Price.

TM Photo by KOJI HARMON

# **Computers circuited shortly**

### **BY ANGEL GILBERT TM Managing Editor**

Why are surplus computers being auctioned off at Cerritos when there is such a need for them in the faculty offices?

This question seemed to resound about the room when a senator pointed out that several computers that were deemed obso-Icte by their department were being auctioned off for as low as \$150.

Apparently arrangements are in the offing.

The Board is considering several proposals for a one time \$1 million dollar expen-

diture, computers are being sought after most heavily. Why the need for computers?

To bring Cerritos College out of the dark ages and into the present.

Electronic gradebooks have been around Cerritos for a while but do not get the full utilization due to lack of knowledge about computers and the program.

Guest speaker Jack Wilson from the Microcomputer Center was on hand to discuss the advantages and specifications for a campus wide electronic gradebook.

One senator remarked that he had already started such a thing in his

department only to learn that Admissions had tossed three years worth of records out, since it wasn't the official gradesheets.

Concerns about integrating the gradebook program with the VAX, IBM and Macintoshes on campus was a steep concern. Cerritos is looking to resolve this dilemma effectively and economically with assistance from the computer center.

Wilson reviewed several programs that would assist faculty and various departments on campus.

"It's not just having a computer in the (Continued on Page 5)

Christ; "Smurfs Always Looking For The Good In Everything," EOPS; and "Los Tres Caballeros-Disney," MECHA.

The new Homecoming Queen will be named on Saturday, Nov. 3, during half time at the football game with visiting Long Beach City.

### Registration at your fingertips

Let your fingers do your registering. Touchtone registration appointments were mailed to all eligible continuing students Oct. 26.

Students who did not receive their appointment should check with Admissions. But wait, before you pick up that

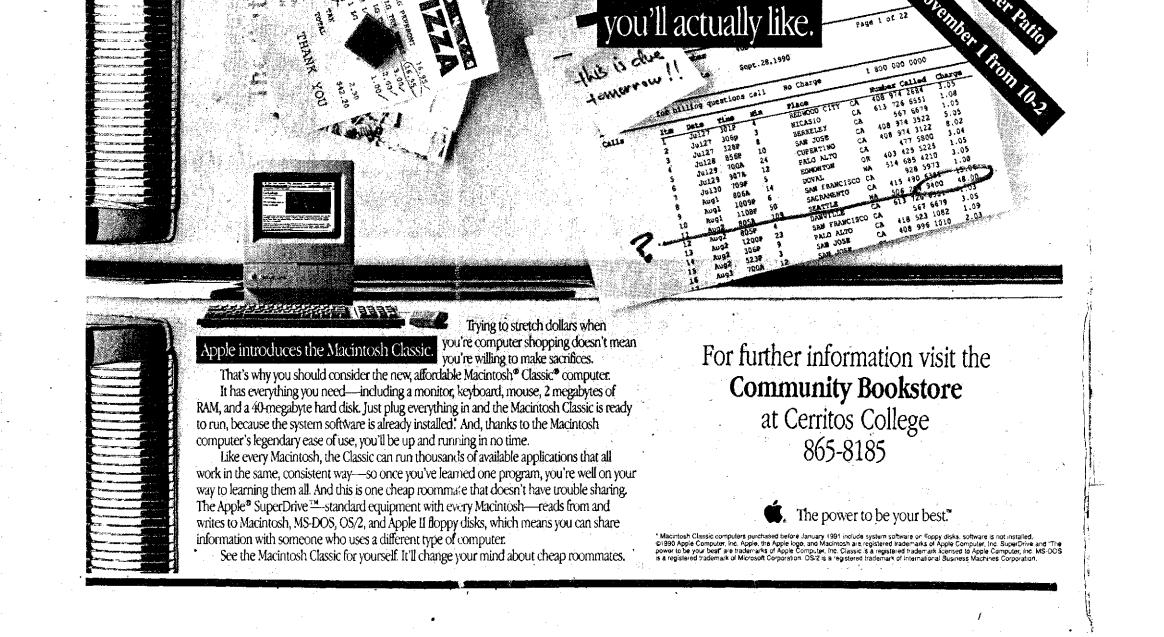
phone, the student is advised to: Begin planning your Spring '91 class program, see a counselor if needed; refer to Schedule of Classes available by mail or on campus; and list priority and alternative classes on Touch Tone worksheet.

Call on or after your appointment date and hour.

Listen and follow Touchtone spoken instructions, check off classes on worksheet as you input class tickets, and come in to pay your fees on campus within 5 working days; bring the Touchtone permit/appointment.

Make student data and information changes if necessary. If you have any questions, reach out and touch the Admissions Office, ext. 211.





### Wednesday, Oct 31/90

## **NEWS/FEATURES**

TM News Editor

may not think so.

ty college?

Does \$100 a semester seem

too much to go to a communi-

If you were at last week's

Student Senate meeting, you

### Talon Marks • 5

### **Martinez shares** insight on how to 'Meet Challenge'

"Changing Directions and Meeting The Challenge," will be the topic of discussion as Dr. Ernest A. Martinez President-Superintendent of Cerritos College kicks off the Adult Re-Entry Day Celebration, Thursday, Nov. 8, at 11 a.m. in the Boardroom.

Also attending the celebration will be Gloria Moreno-Wyncoff, a former re-entry student who was recently featured in the nationally distributed Lear's magazine for her outstanding achievements.

Ms. Moreno-Wyncoff is Director of Project INFO of AASUL, a media campaign focusing on Latinos with alcohol abuse related problems, a board member of United Latino Fund, and also founder of Casa Victoria, a residential treatment program for teenage girls.

Other topics scheduled for the event include "Taking Charge of Your Future-Carcer Opportunities in the Year 2000," with speakers from both the business and industry.

The faculty will share insights on Re-Entry students in their discussion, "Coming Back Making Tracks."

Students will also be eligible to receive either a Re-Entry student scholarship worth \$150, or a Re-Entry student essay prize of \$100.

For more information about the essay ntest or scholarship contact the Center.

### Is \$100 JC fare fair in this 'fair' state? ASCC Advisor Phil House-BY ANGELITA MORAGA man and VP Angle Villanueva

did some homework and reported their findings to the Senators.

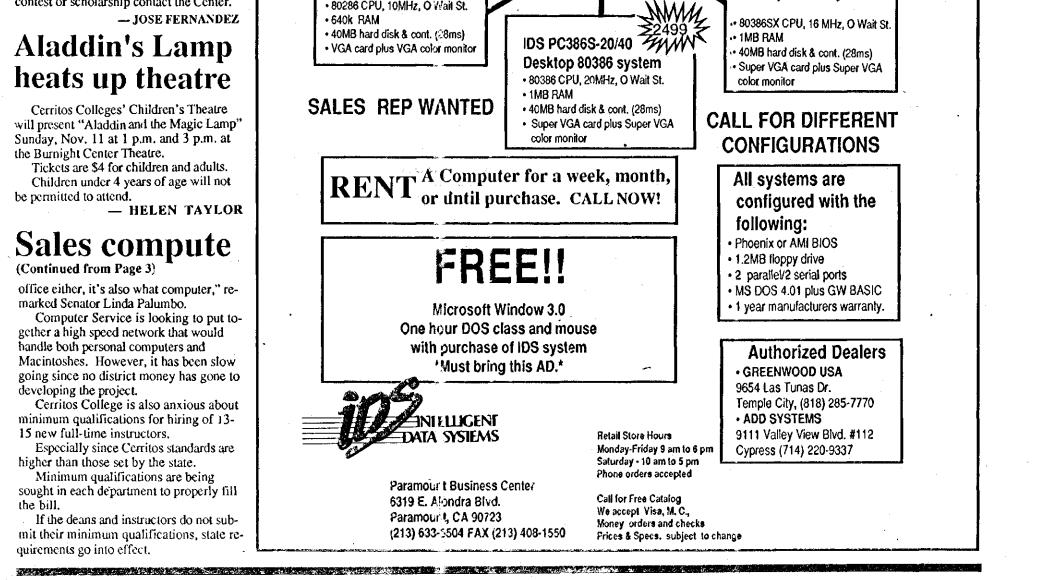
In neighboring Arizona and Nevada, the average annual tuition fee is \$720. To go to college in Colorado,

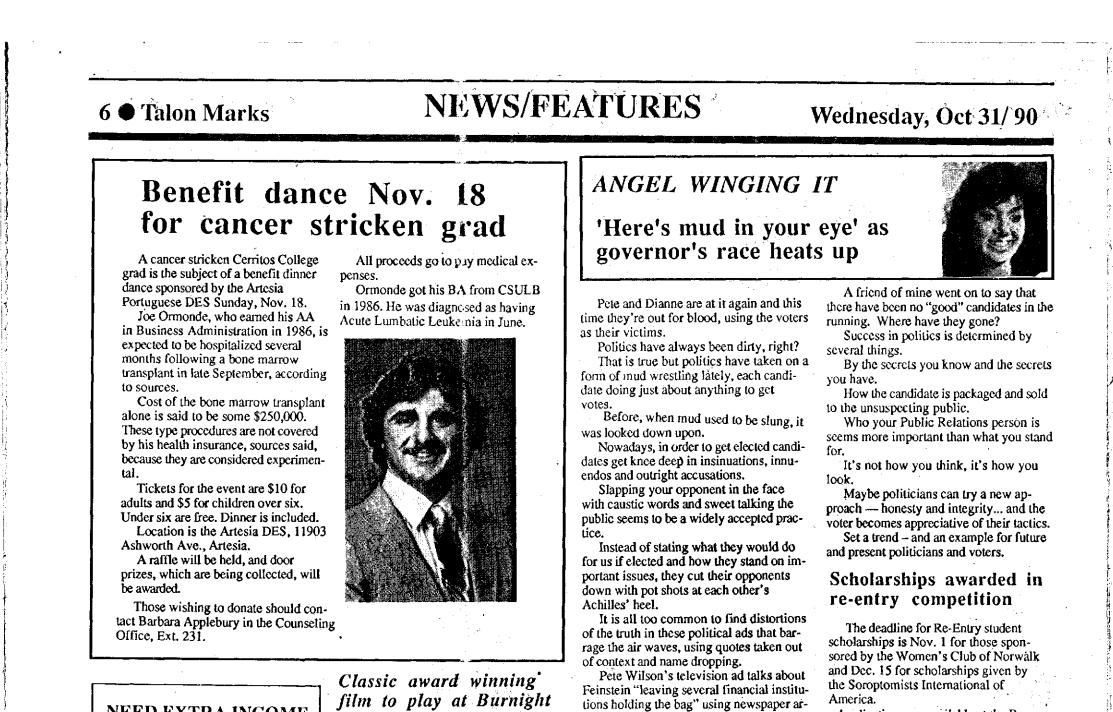
you would need to shell out \$1000 yearly. If that's not enough to make you stop and think, how would

you like to pay \$1400 to attend a JC in the "Big Apple?" California rates are now \$50

a semester. There's talk ...

90 Day Financing From ITT (no interest or payments) 90 Day On Site Service From TRW Don't you think 1990 is the year for you to become an IDS customer? IDS PC286C-12/40 Small footprint desktop MM ZINN IDS PC 386-25/80 80286 system IDS PC286S-12/40 80286 CPU, 12MHz, O Wait St. Desktop 80286 system Desktop 80386 system 640k RAM 40MB hard disk & cont. (28ms) • 80286 CPU, 12MHz, O Wait St. • 80386 CPU, 25MHz,0 Wait St. VGA card plus VGA color monitor 640k RAM • 1MB RAM, 64k cache 40MB hard disk & cont. (28ms) • 80MB hard disk & cont. (28ms) VGA card plus VGA color monitor + 1024x768 super VGA card +1024x768 super VGA monitor IDS PC286S-10/40 21099 3 Desktop 80286 System IDS PC 386SX-16/40 Desktop 80386 system 80286 CPU, 10 MHz, O Wait St.





film to play at Burnight in November

NEED EXTRA INCOME

FOR 1990? Earn \$500-

Academy award winning picture "Gone

America.

Applications are available at the Re-Entry and Financial Aid Offices.

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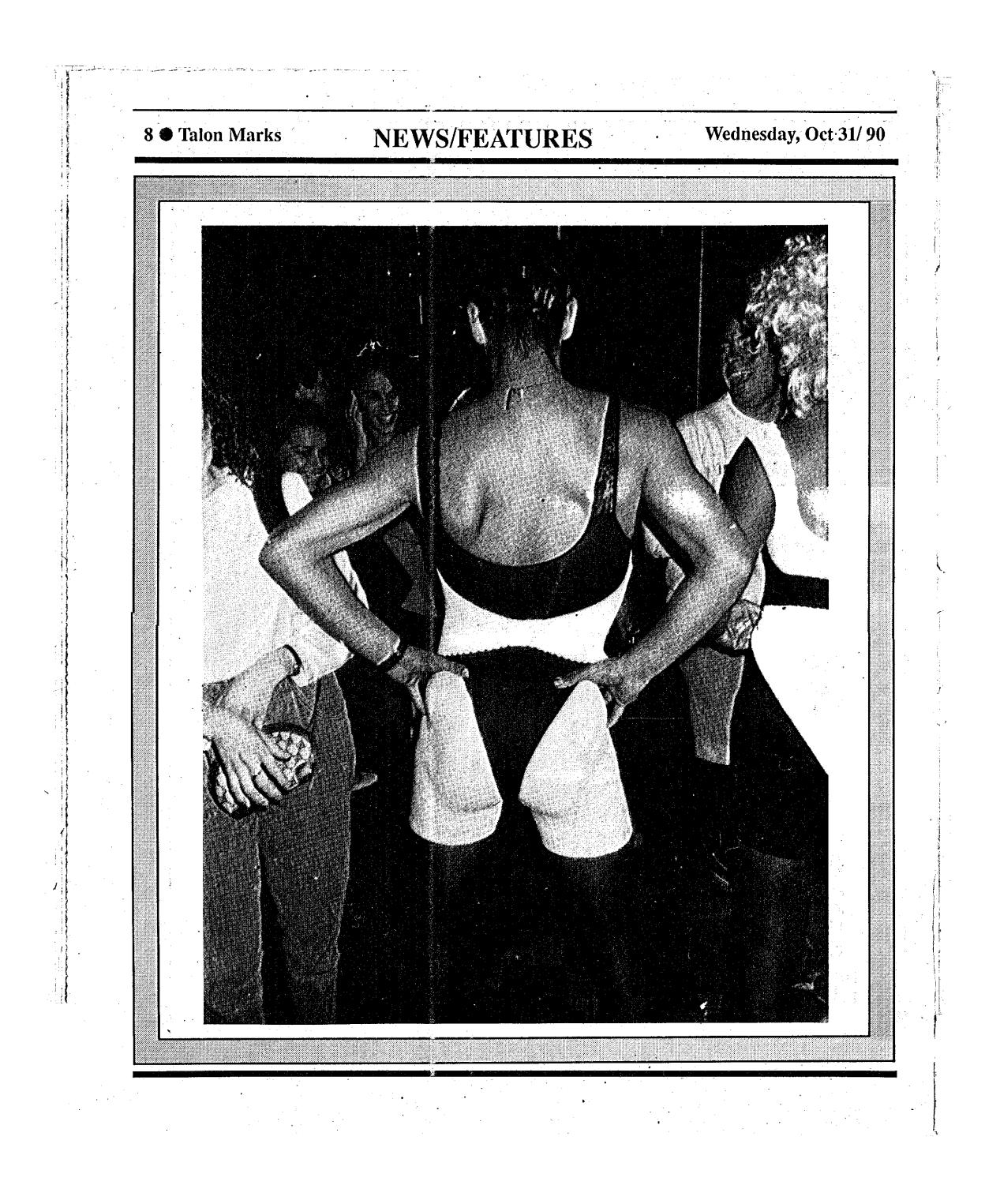
Scholarship winners will be



ticles and headlines as references.

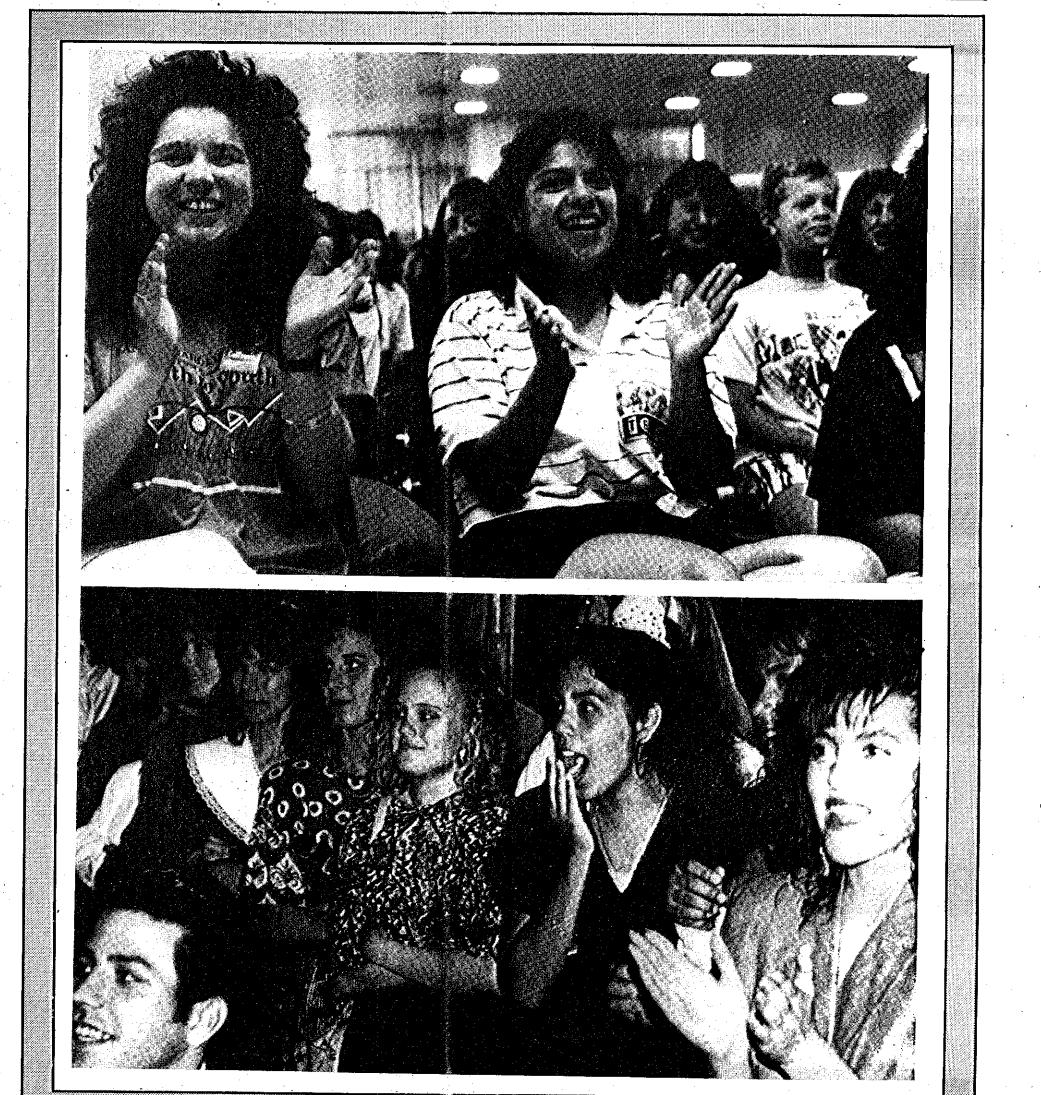
Dianne Feinstein remarks on Pete



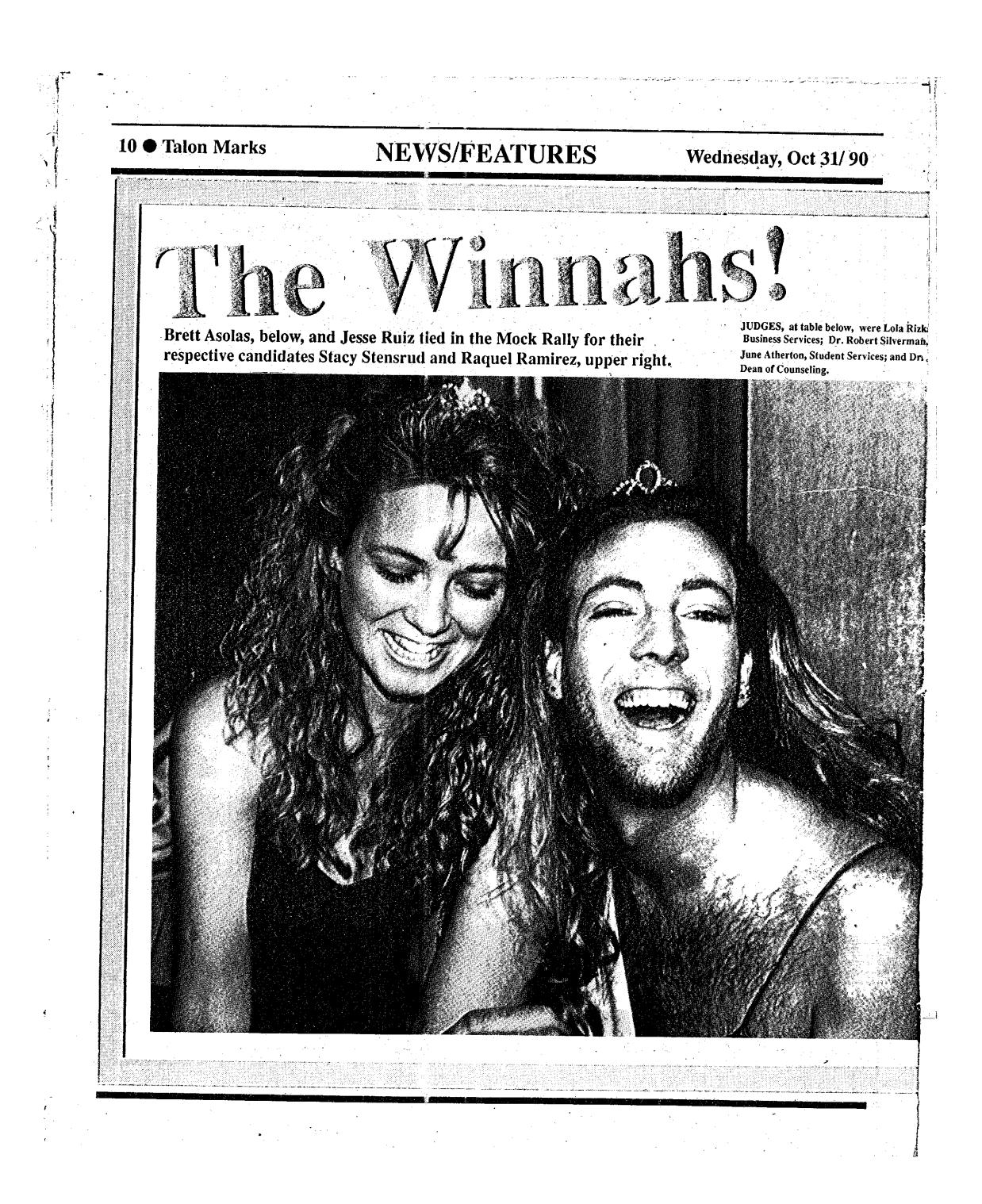


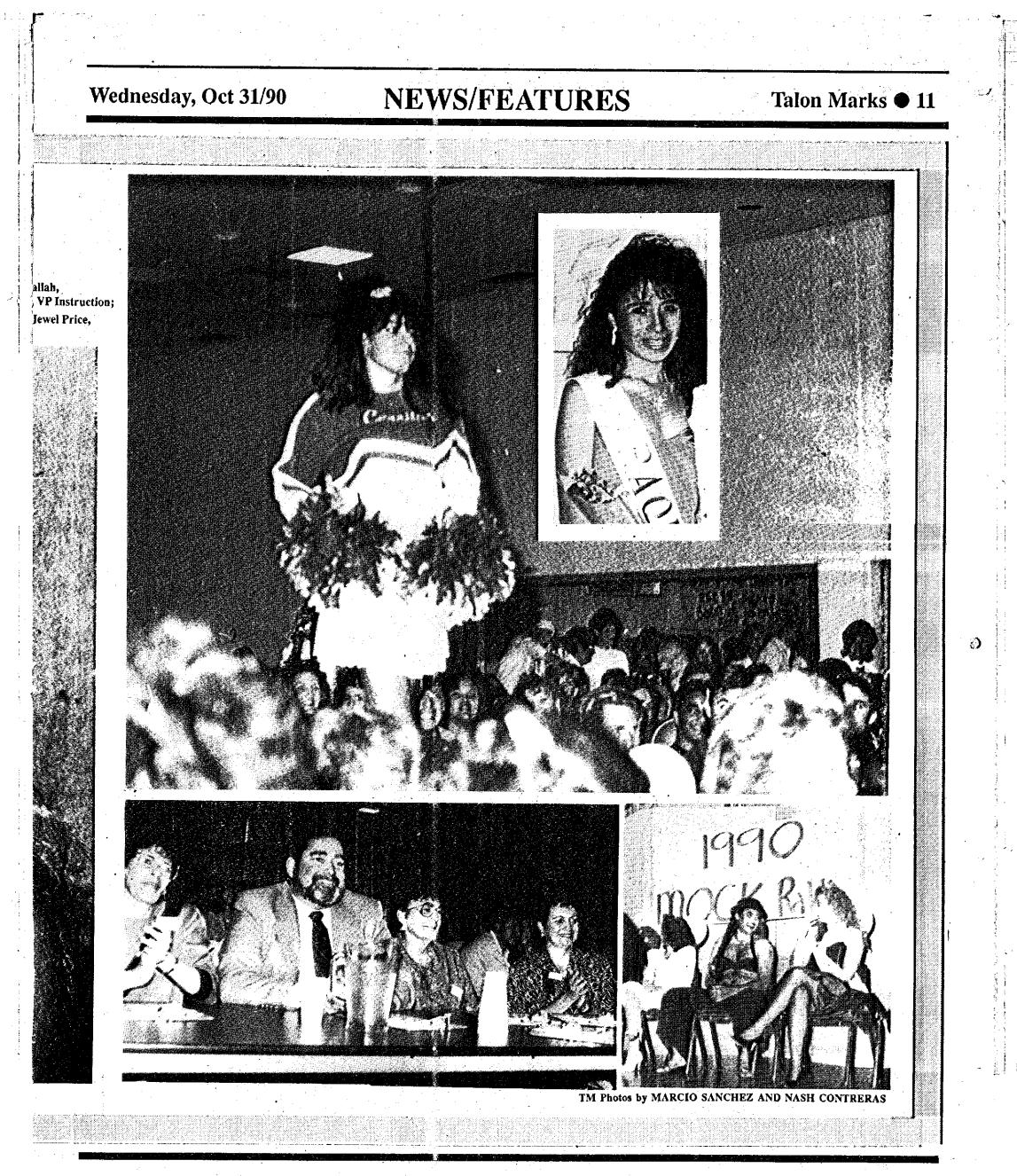
# Wednesday, Oct 31/90 NEWS/FEATURES Talon Marks • 9

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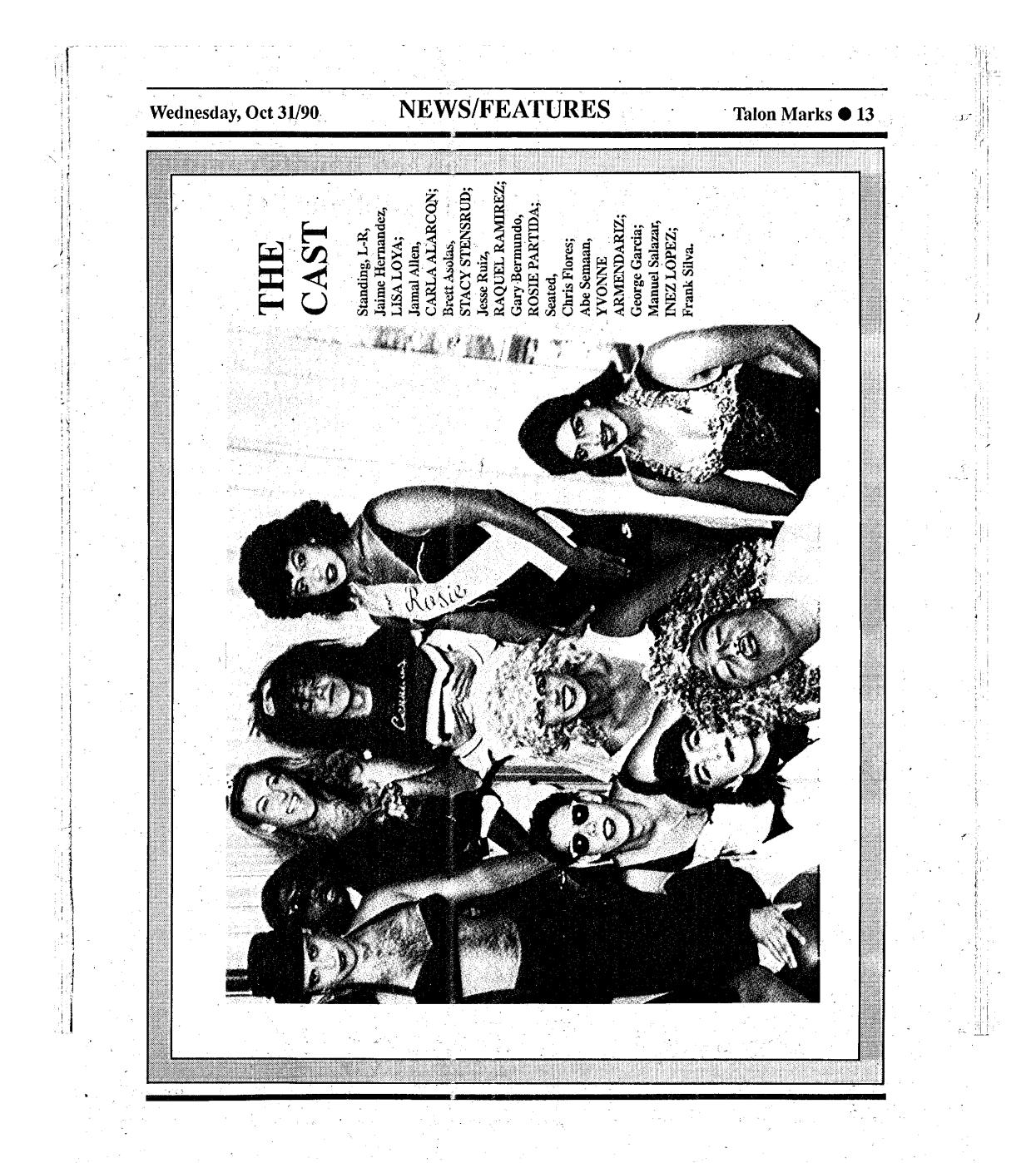


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BITE 'O BAKE SALE - Bake sales flourish around campus these days, with something for every body.

### 'Work' shop to help those in need of

### Between jobs?

That's one of the job and career related issues that is being dealt with in a wide slate of workshops on tap in upcoming weeks at the Career Center.

Major local employers will participate in the workshop, "In Between Jobs Survival Tactics," scheduled for Saturday, Dec. 1 from 9:30 a.m. to 12:00 p.m. "These employment work shops are important in that they help students prepare to enter the working world in terms of writing a resume, learning how to interview, and how to develop a job search strategy," states Stephanie Rodriguez, Student Placement Specialist. For further details contact the Job Placement/Career Center.

Don Jergler

hit, so to speak, for some time. But so did Mike Tyson. Wham, bam, whatever happened to the Rams?

The LA Rams reached a long-time low when they were buffeted by the now 4-4 Pittsburgh Steelers 41-10 on national TV Monday night.

**Douglas rolling in rings** 

Everybody's still buzzing — and doubt-less will be for some time — about the comfort and ease with which Buster Dou-

He picked it up by not getting up in the

third round after an hard left from Evander

of easy, easy money

glas won some \$20 mill plus.

They're now 2-5, and the boo birds are out. It's tough for a proud team to come down after being so high for so long.

Shades of USC academia!

education before football USC football coach Larry Smith sent shock waves through the college sports world when he suspended his star quarter-

back for a week...one game. He started a sub who starred. The old starter was allowed back on the second team after he got his book act together.

ered forth a rumbling of resentment from the minority communities of this state. . Dianne Feinstein and Pete Wilson are

tackling issues important to minority voters, from crime to education to leadership. According to a wide range of community leaders, from Asians to Latinos to blacks the candidates' messages are being

greeted by voters with dispirited shrugs and complaints. Ed Vierra

### Holyfield...who looks like he may be a big Actor McCrea dies

Veteran actor Joel McCrea who starred in various comedies, dramas and primarily westerns died from lung complications Oct. 20 at the Motion Picture and Television fund hospital.

McCrea, 84, appeared in over 87 films, including "Dead End," "Buffalo Bill," and "Ride The High Country."

- PHIL MILLER

### Lessons in class labor

STORK TRAINING —While chatting with a stork friend of mine the other day, it was brought to my attention that instructor Pat Berry is considering taking lessons in stork deliveries.

It seems, so far this semester, Pat has had two students go into labor in her classroom.

When Ms. Berry got a little rattled and asked a colleague what to do, it was suggested she boil some water.

Dodie O'Donnell

Dr. De Bono to teach 'Creativity' "The Art of Creative Thinking" — a

video-conference will be presented by Cerritos College Staff Development and Philosophy Department. This event is offered on Nov. 15, from

10 a.m. to noon in the Boardroom. This conference will be directed by Dr. Edward De Bono, the world's leading authority in the teaching of thinking skills and serious creativity.

In this program, Dr. De Bono will demonstrate mind-training concepts and methods designed for corporate and educational systems.

ties for telephone interaction with partici-

This event will also include opportunipants.

For more information, contact Dr. Ed Bloomfield, or Staff Development. Deborah Nevarez



PIN UP GIRL—Carla Alarcon presented "Red Ribbons" to each member of the Cerritos College Board of Trustee's in recognition of Drug Free Week.

Out on the streets animated figures weaved in and out of the light streaming from the porches, while the ever present. echo of ... "Trick-Or-Treat?" floated through the night air.

After gathering a bountiful supply of M&M's, Hershey's miniatures, Snickers,

Although these options are all well intended and are almost the only way to celebrate Hallowcen anymore, it can't take the place for true Trick-O-Treater Alumni's who will fondly recall their Halloween days

in the second second

by saying ... "Back in the days of the Trick-Ör-Treat" ....

### **Assertion Skills** Workshop Be there.....Or else!

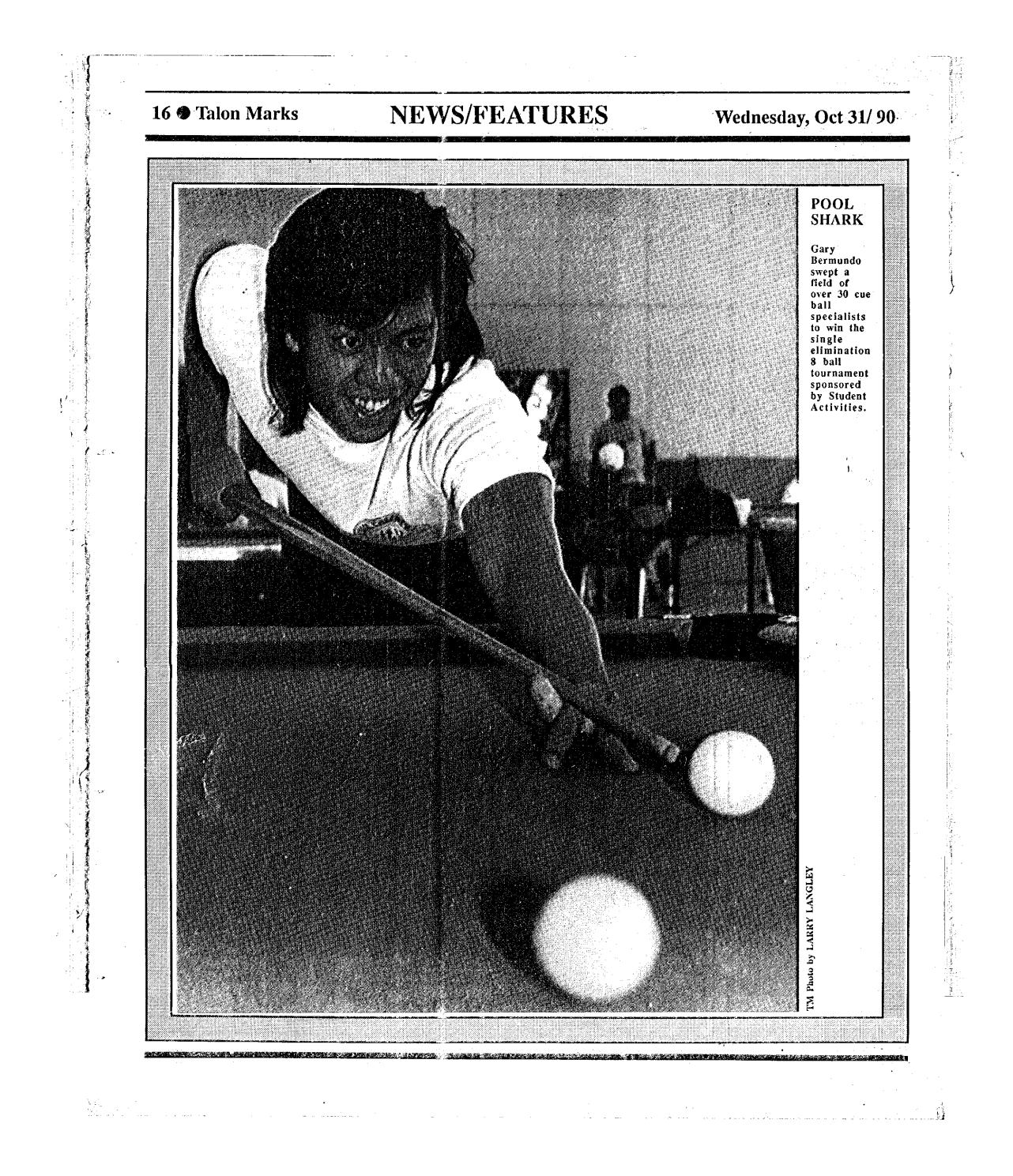
Learning assertive skills can help you to communicate with your family and friends, according to the Re-Entry Center who is sponsoring a free "Assertion Skills" workshop on Tuesday, Nov. 6, from 7-8:30 p.m. in SS214.

The workshop teaches communication techniques, defines personal rights, and identifies the difference between assertive and aggressive behavior.

Seating is limited and reservations are advised, said Maureen May, Re-Entry Resource Specialist. Information and reservations are

available at Ext. 530. You do not have to be in the Re-Entry program to attend, May stressed.





Wednesday, Oct 31/90

## SPORTS

## **5-2 Falcons up for Saturday's Homecoming**

### **BY DAVID MEDINA** TM Sports Editor

The Falcons were in a down mood after a 36-18 loss to El Camino last week, but the spirits lifted significantly Saturday when they beat Grossmont 24-17 in a nonconference game to run their record to 5-2. They play their final home game

Saturday in the annual Homecoming clash against cross-town rival Long Beach at 7 p.m.

Cerritos scored in its first possession against Grossmont when running back Shawn Jones scampered in from 17-yards.

He opened the drive with a 41-yard run. But Grossmont came back quickly and tied the score when option quarterback David Harris squirted through the Cerritos defense for a 29-yard touchdown scamper.

Grossmont took the lead midway through the first quarter when Jon Rice connected on a 32-yard field goal giving them a 10-7 lead.

Cerritos came back and scored late in the first quarter when Jones, who rushed for 93 yards, scored again on a 5-yard run putting the Falcons up 13-10.

The extra point attempt was blocked. A 26-yard D.J. Barker field goal in the second quarter put the gridders up going into halftime leading 16-10.

In the third quarter with the Falcons clinging onto that six point lead, Grossmont was going in for the go-ahead touchdown, when free safety Casey Mazzotta intercepted a pass by Harris at the one-yard line and returned it to the 12-yard line.

"I thought Casey's interception was one of the turning points in the game, " said Head Coach Frank Mazzotta. "He told me he thought the quarterback was going to throw the ball, so he just waited until the right moment. It was good instinct on his

part." After the interception, Cerritos moved. the ball 88 yards culminating the drive with a 7-yard touchdown pass from Peter Montera to Robert Johnson.

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The two-point conversion from Montera to Cliff Parks worked, giving Cerritos a comfortable 24-10 lead going into the fourth quarter.

Grossmont made the game interesting last in the fourth when second-string quarterback Corey White hit Freddie Brown with a 65-yard touchdown pass to tighten the game at 24-17.

But time ran out and Grossmont couldn't come back.

## **3rd puts water** polo into bid

When the water polo season started, who would have thought that the Falcons would have gone as far as they did without a true goaltender.

Jason Kaiser took the position and helped Cerritos to a 5-2 conference record, and a 10-6 overall mark.

The third place finish in the South Coast Conference propelled them into this weekend's SCC Tournament at the Belmont Plaza in Long Beach.

An opponent for the Falcons isn't yet known. Either Pasadena, El Camino or Fullerton will be their next adversary.

"We just have to wait and see who we

East LA College played like pizza last Friday against the Lady Spikers.

**BY DENNIS PANGILINAN** 

Their offensive and defensive moves were a little Shakey and cheesy, as Cerritos (6-0) routed them in three straight games. Who delivers?

The Falcons!

TM Staff Writer

They are looking for their third state playoff appearance and were among the top four in Southern California, last week. Indeed, the team took longer getting there than beating East LA, soundly,

within the span of 45 minutes. The battle of undefeated Cerritos and the

most defeated East LA did not change the determined demeanor of the Falcons. "We try to play perfect volleyball.

Cerritos took an early lead in all three games capitalizing on eight of Renee Bailey's and Danielle Jones kills. Setter Rayna Vanderlip chalked up 29

ball goes over the net, we hit it back,

Jeanine Prindle.

regardless who sent it," replied co-coach

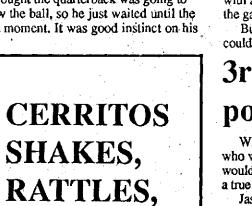
assists with five serving aces, all of which were executed in game three. Tonight, the women will go around the block again as they play previously, but

not easily, defeated Pasadena here at 7:30 p.m. They'll continue at Mt. SAC this

Friday at 7 p.m. The Southern California Regionals

begin on Nov. 20th with second round beginning on the 27th. With only four games left in SCC

competition, the spikers are hungry for all they can beat.



## Kickers stumble after 5 straight; Harbor Tuesday

### **BY CHARLIE WALDORF** TM Associate Editor

All things must come to an end. Beginning South Coast Conference play at 0-3, the young soccer kickers probably wondered if it would ever stop. It did. They discovered that they could

win in the SCC. In fact, they went on to win five in a

row. After a Friday bye, they'll fight for either their 6th or 7th SCC win under the SCC skies versus the L.A. Harbor Seahawks here Nov. 6.

Results from yesterday's rematch billed

Wrestlers undefeated; tied for first at 3-0

as "The Game for Second Place" against the El Camino Warriors were unavailable at press time.

With the Warriors, in an earlier meet, they started the roll at 3-2, over the team they hadn't beat in four years.

Proceeding to kick by Harbor, and Victor Valley, and sneaking through Long Beach City and Mt. SAC, the Falcons had turned their season around.

Next up was East Los Angeles could they make it six straight?

The winning streak came to a screeching halt in a 7-0 loss to the state champs. "I honestly believe that El Camino is

in a must-win situation. Granted, this is a

very important game for us. I feel they stand to lose more in the event of a tie game, so the pressure is on them, " said Coach Vladimir Nieto.

ROLLS

TIME...

IN 'PIZZA'

Heading into the final two games of the season, the Falcons are 5-4 in the SCC and 6-5-2 overall prior to yesterday's match.

Either El Camino or Cerritos could move into sole possession of third place with a win or a tie behind second place Vikings of LBCC.

play. I feel we need a good showing in the tournament to help our chances of reaching the Southern California Playoffs." said coach Pat Tyne.

While as of last week, the Falcons had made it into the top 10 in the state.

"The fact we are in the top 10 right now doesn't mean that much. We lost two one-goal games to Saddleback, and we played poorly against Long Beach City. Nothing is solid for us right now." said coach Pat Tyne.

As in the game against El Camino, won by Cerritos 17-9, the Birds will be led by Gabe Martinez, Bill Swearingen, and Alex Redkowsky heading into the all-important playoffs.

## Cross country finishes 5th, awaits regionals berth

### **BY DON JERGLER** TM Staff Writer

A fifth place conference finish for the Falcons puts five runners waiting for upcoming Cross Country regionals.

Conference rules state that the top 12 teams in Southern California qualify, with the top five runners from each conference in non-qualifying schools also getting the nod.

El Camino, Mt. SAC and Long Beach have already qualified. Pasadena is waiting on their petition. If Pasadena qualifies,

Cerritos would be the only non-qualifying team in the conference.

Fernando Chavez placed first for the Falcons the conference championships with a time of 21: 54, 34th; Chris Bilek 23:12, 40th; Eric Wilson 23:43, 45th; Mike Brown 24:08, 46th; Art Rodriquez 24:55, 51st; Fred Santos 24:51, 52nd; and Dan Cuellar 25:39, 53rd.

For the women, Maria Roman joined the college's all-time top ten list with at time of 20:32 over a distance of three miles. Maria, along with Leticia Flores, has qualified for the regionals.

**BY IAN HUMBURGER** TM Staff Writer

The Cerritos College grapplers have 'pinned" an impressive 3-0 record in the South Coast Conference which has them "locked up" in a first place tie with Palomar.

This week, Cerritos'will enter the challenging Lassen Tournament, to be held in Reno, Nevada Friday and Saturday. The Falcons have had impressive wins

Bernardino and took second place in the Cerritos College Tournament. Orlando Montero, the defending state champion at 134, has yet to lose this sea-

over Golden West, Rancho Santiago, San

son, while Lemans Wells' winning streak continues to grow with a recent championship at the always tough West Valley Tournament.

With Regionals and State Championships right around the corner, the Falcons have a "hold" on taking it all.

